# The Different Central Hemodynamics in Patients With Bicuspid Aortic Valve and its Association With Ascending Aorta Dilation

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#### **Background (I)**

- A reduced elasticity and dilatation of the proximal aorta are highly prevalent in patients with BAV even in the absence of significant valvular dysfunction.
- Recently, intrinsic pathology of the aortic wall has been reported.
- Patients with normally functioning BAV demonstrated impairment in aortic elasticity.



### **Background (II)**

- The exact mechanisms leading to dilation are not fully understood, but pulsatile stress probably plays an important role.
- However, the characteristics of central hemodynamics and their association with aortic dimension in patients with BAV are unknown.

#### **Purpose**

 To evaluate central hemodynamics in patients with BAV comparing to controls and its association with ascending aorta dilatation.



#### Methods

30 BAV patients with no or mild AV dysfunction
 30 age-, gender-matched controls

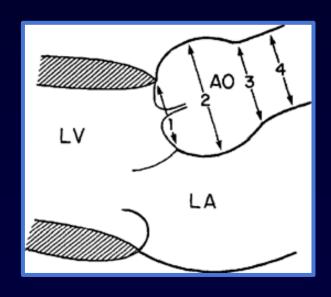
Between June. 2009 and Jan. 2010

- 2D TTE : aortic root and ascending aorta diameters
  LV function and structure
- Radial artery tonometry



#### **Echocardiography**

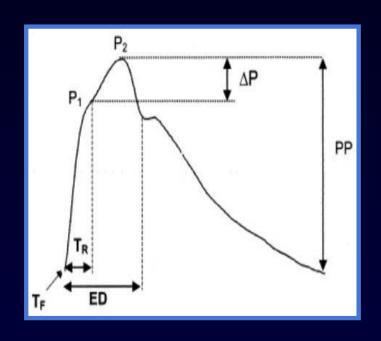
- Standard 2D and Doppler echo
- Measurement of Aortic diameter



- 1: Annulus
- 2: Sinus of Valsalva
- 3: Sinotubular junction
- 4: Proximal ascending aorta 1cm above the sinotubular junction
- ; normalized by BSA



#### **Radial Artery Tonometry**



#### **Central Hemodynamic Parameters**

- Central BP
- Central PP
- Augmentation Pressure (AP)

: P2 - P1 (△P)

Augmentation Index (Alx)

: AP/central PP

- Alx@75: Alx normalized for heart rate 75 /min
- PP amplification: peripheral PP / central PP
- SphygmoCor®, AtCor Medical, Sydney, Australia



#### **Clinical Characteristics**

	Controls (n = 30)	BAV (n = 30)	P value
Age (year)	55±13	55±14	0.760
Male (%)	25 (83.3)	25(83.3)	0.999
Height (cm)	168±8	167±9	0.405
BMI (kg/m²)	24.2±3.3	24.2±3.4	0.952
Hypertension (%)	17 (56.7)	13 (43.3)	0.302
DM (%)	6 (20.0)	4 (13.3)	0.448
Dyslipidemia (%)	6 (20.0)	6 (20.0)	0.999
CAD (%)	2 (6.7)	4 (13.3)	0.389
Medications			
Diuretics (%)	5 (16.7)	7 (23.3)	0.519
Beta blocker (%)	4 (13.3)	8 (26.7)	0.197
ACEi /ARB (%)	12 (40.0)	14 (46.7)	0.602
CCB (%)	7 (23.3)	9 (30.0)	0.559

#### **Echocardiographic Parameters**

	Controls (n = 30)	BAV (n = 30)	P value
Aortic diameter			
Annulus (mm/m²)	12.0±1.3	13.4±2.2	< 0.001
Sinus of Valsalva (mm/m²)	18.8±2.0	20.5±3.7	0.012
ST junction (mm/m <sup>2</sup> )	16.8±2.1	18.5±3.4	0.021
Ascending aorta (mm/m²)	17.3±2.4	20.7±3.7	< 0.001
LVEDD (mm)	48 ± 4	51±3	0.011
LVESD (mm)	<b>32</b> ± <b>4</b>	33±3	0.075
LV EF (%)	67± 5	67± 6	0.661
LVMI (g/m²)	92 ±19	100± 22	0.123
LAVI (ml/m <sup>2</sup> )	<b>22</b> ± <b>5</b>	25±10	0.083
E (cm/sec)	58 ± 18	67 ±13	0.019
DT (msec)	199 ±34	204 ±46	0.592
E' (cm/sec)	$7.2\pm2.9$	6.3± 2.1	0.077
E/E'	$\textbf{8.5} \pm \textbf{2.5}$	11.6± 3.9	< 0.001

#### **Hemodynamic Parameters**

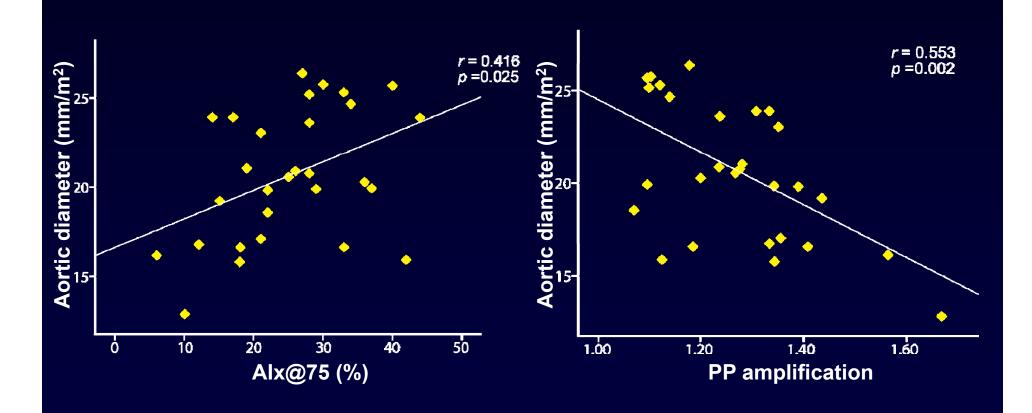
	Controls (n = 30)	BAV (n = 30)	P value
Brachial SBP (mm Hg)	117 ±11	119 ±16	0.435
Brachial DBP (mm Hg)	73 ± 11	75 ±11	0.459
Brachial PP (mm Hg)	44 ± 6	45 ±11	0.727
Central SBP (mm Hg)	106 ±12	111 ±15	0.101
Central DPB (mm Hg)	74 ±11	76 ±11	0.422
Central PP (mm Hg)	32 ± 5	35 ±9	0.015
Heart rate (bpm)	70 ± 11	65 ±9	0.076
AP (mm Hg)	$6.6 \pm 4.8$	$\textbf{10.9} \pm \textbf{5.6}$	0.003
Alx (%)	19.6 ± 9.1	$30.0 \pm 11.0$	< 0.001
Alx@75 (%)	16.7 ± 10.1	$24.8 \pm 9.9$	0.003
PP amplification	$1.40 \pm 0.11$	$1.28 \pm 0.15$	< 0.001

#### **BAV & Central Aortic Stiffness**

Variable	Standardized coefficient	Standard error	P value
Alx@75			
Presence of BAV	0.258	2.636	0.041
Age	0.188	0.100	0.132
Height	-0.210	0.146	0.040
AsAo diameter	0.265	0.457	0.084
PP amplification			
Presence of BAV	-0.253	0.035	0.048
Age	-0.124	0.001	0.324
Height	0.099	0.002	0.408
AsAo diameter	-0.395	0.006	0.012



## Aortic Diameter & Central Aortic Stiffness in BAV



#### **Summary (I)**

- Patients with BAVs have increased ascending aortic diameter, higher Alx@75 and lower PP amplification compared with control subjects.
- The diameter of ascending aorta was positively correlated with Alx@75 and negatively with PP amplification in patients with BAV.

### Summary (II)

 Both PP amplification and Alx@75 were independently associated with the presence of BAV, despite after adjusting age, height and ascending aorta diameter.



### Conclusion (I)

In patients with BAV even in the absence of significant valvular dysfunction, central hemodynamics are significantly different from controls with tricuspid aortic valves.

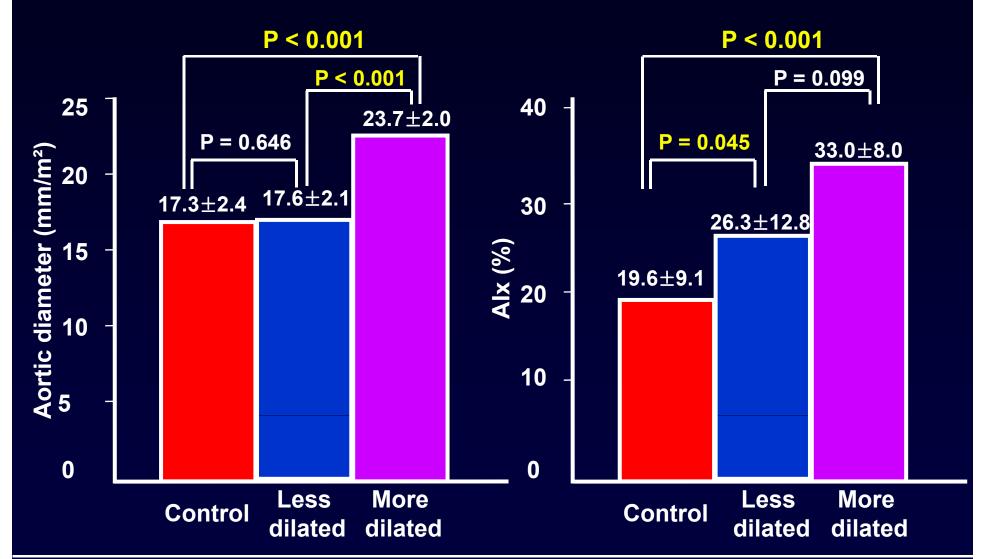
 Increased central aortic stiffness was associated with ascending aorta dilatation.

#### Conclusion (II)

• Measurement of aortic stiffness including PP amplification and Alx, could be useful for evaluating the risk for subsequent aortic dilation in patients with BAV. Thank you for your attention.



#### **Dilation of Aorta in BAV**





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