

**QUANTIFICATION OF LV VOLUME  
BY REAL-TIME 3D ECHOCARDIOGRAPHY  
WITH SINGLE BEAT CAPTURE  
VALIDATION STUDY WITH CARDIAC MRI**

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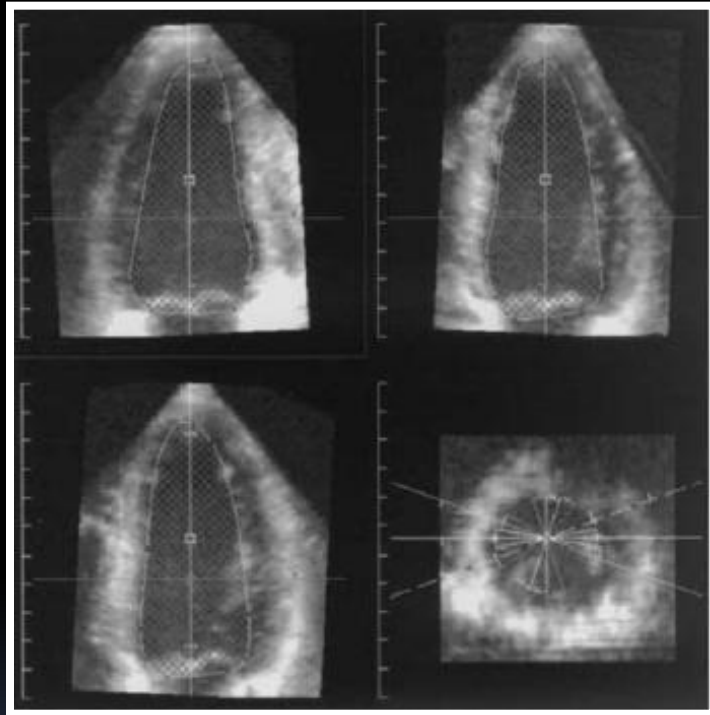
성균관대의대 삼성서울병원

심장혈관센터

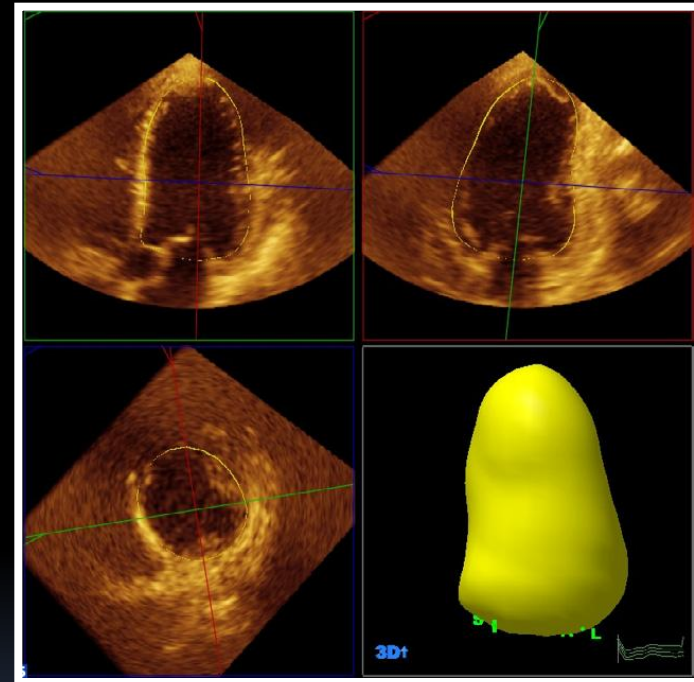
# Why 3D in LV Volume Measurement ?

- Real cardiac structure is 3D!
- Measurement of LV volume by 2D echoCG includes “geometrical assumption”
- Missing true apex or foreshortening by 2D echoCG image

# Technical development of 3D Echocardiography



**Reconstructed 3D echoCG**  
**12 beats breath hold x 8 series**  
Mannaerts et al. JASE 2003



**Real time 3D echoCG (RT3D)**  
**4 beats breath hold**  
Mor-Avi V. et al. JACC Imaging 2008

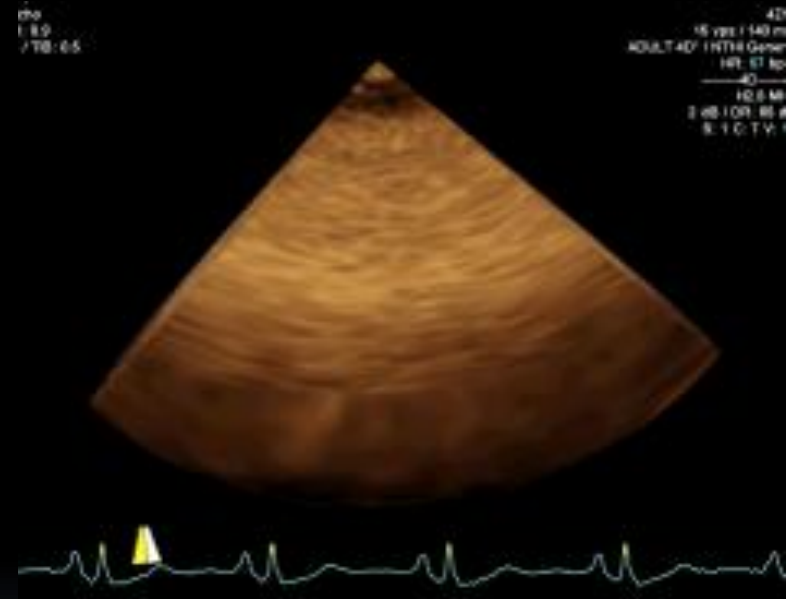
# 3D echoCG in Real Clinical Practice

3D echoCG still stands on between bench to bedside,  
because...

- Longer acquisition and analysis time than 2D echoCG
- Limited image quality
- More training time

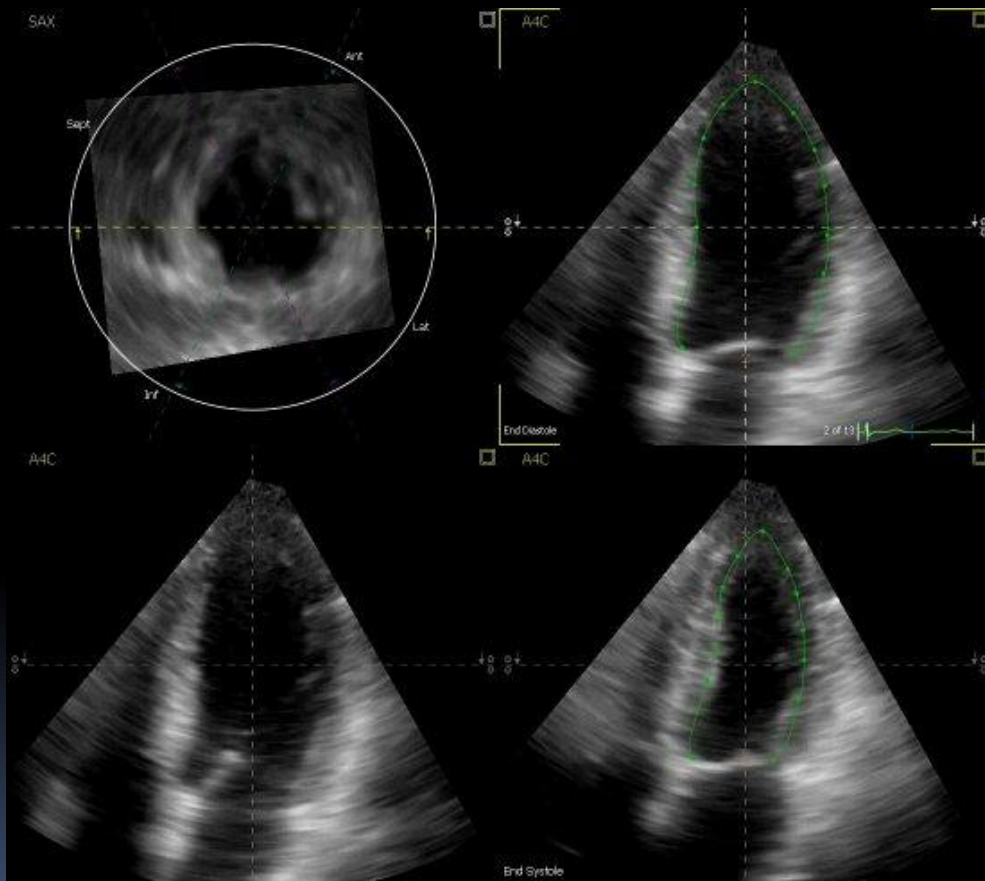
# New Technique in RT-3DE

- Acouson SC 2000 system (Siemens Medical Solutions USA)
- New 3D probe : 4Z1c
- No stitching artifacts
- Reduced impact of respiration
- Reduced impact of arrhythmia



- Volume acquisition, 90x90 degree @ 20 vol/sec minimum
- Entire heart in one cardiac cycle rather than four cycles

# Auto Volume Contouring



- Auto traces the volume and displays the contours on multiple planes
- Eliminates manual tracing
- Enhances reproducibility
- Accelerates workflow

# **Aim of the Study**

**Feasibility and Validation Study for the  
Measurement of LV Volume by Single Beat RT3DE  
in Real Clinical Practice**

**- compared with volume measurement by CMR**

# Study Population

## Inclusion Criteria

- Patients who are successfully finished the CMR and scheduled for echocardiography at the same day

## Exclusion Criteria

- Uncontrolled arrhythmia
- Poor echo window in 2D echoCG



# Cardiac MRI

**Cine MRI :**

**1.5-T scanner (Siemens Medical Solution USA)**

**6mm thickness with gap of 4mm**

**Temporal resolution 25-30 frames /sec**

**LV volume analysis by a single investigator**

# **Image Acquisition : Echocardiography**

**Acouson SC2000 machine with 4Z1c probe**

**Single experienced sonographer**

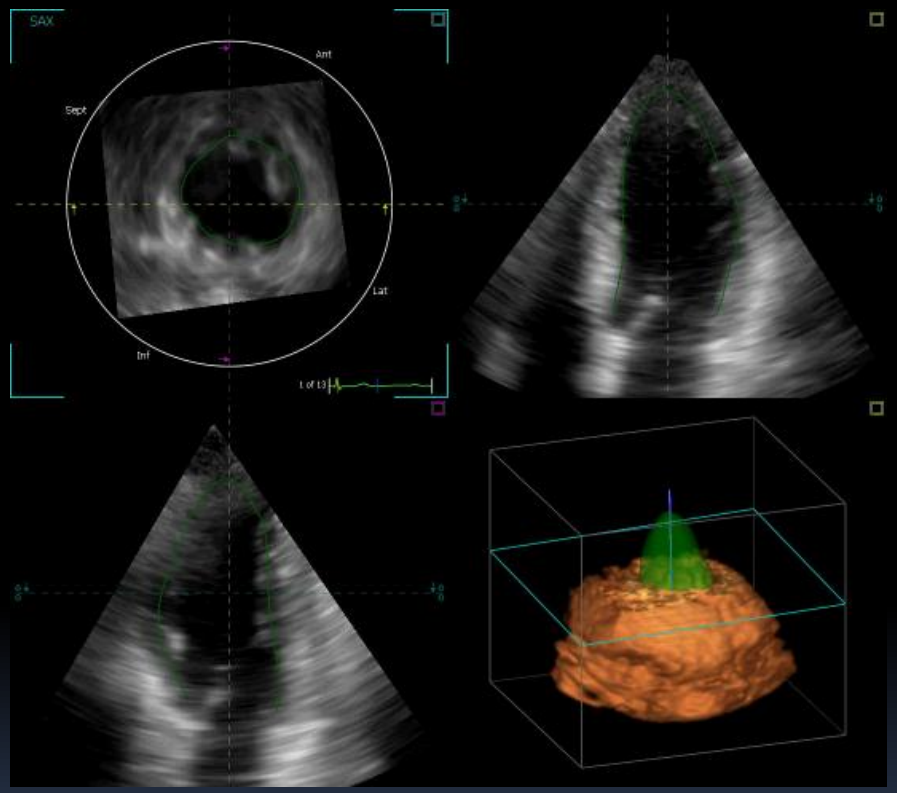
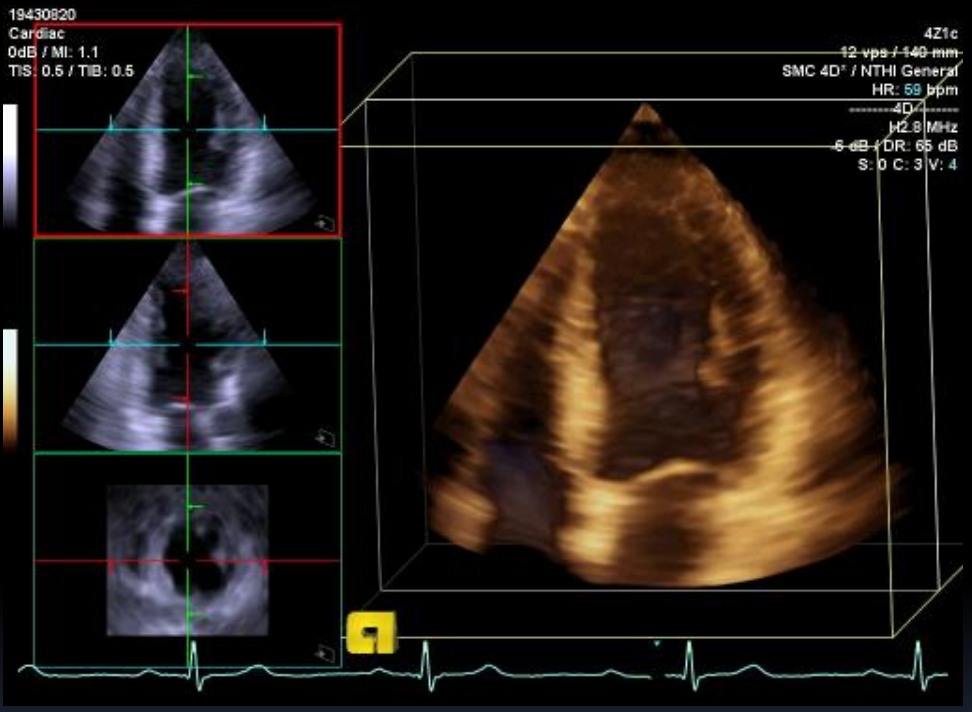
**Optimization of volume angle with frame rate 12-15/sec**

**Acquisition of RT<sub>3</sub>DE using single beat capture**

## **Analysis of RT<sub>3</sub>DE image**

**By 2 experienced investigators**

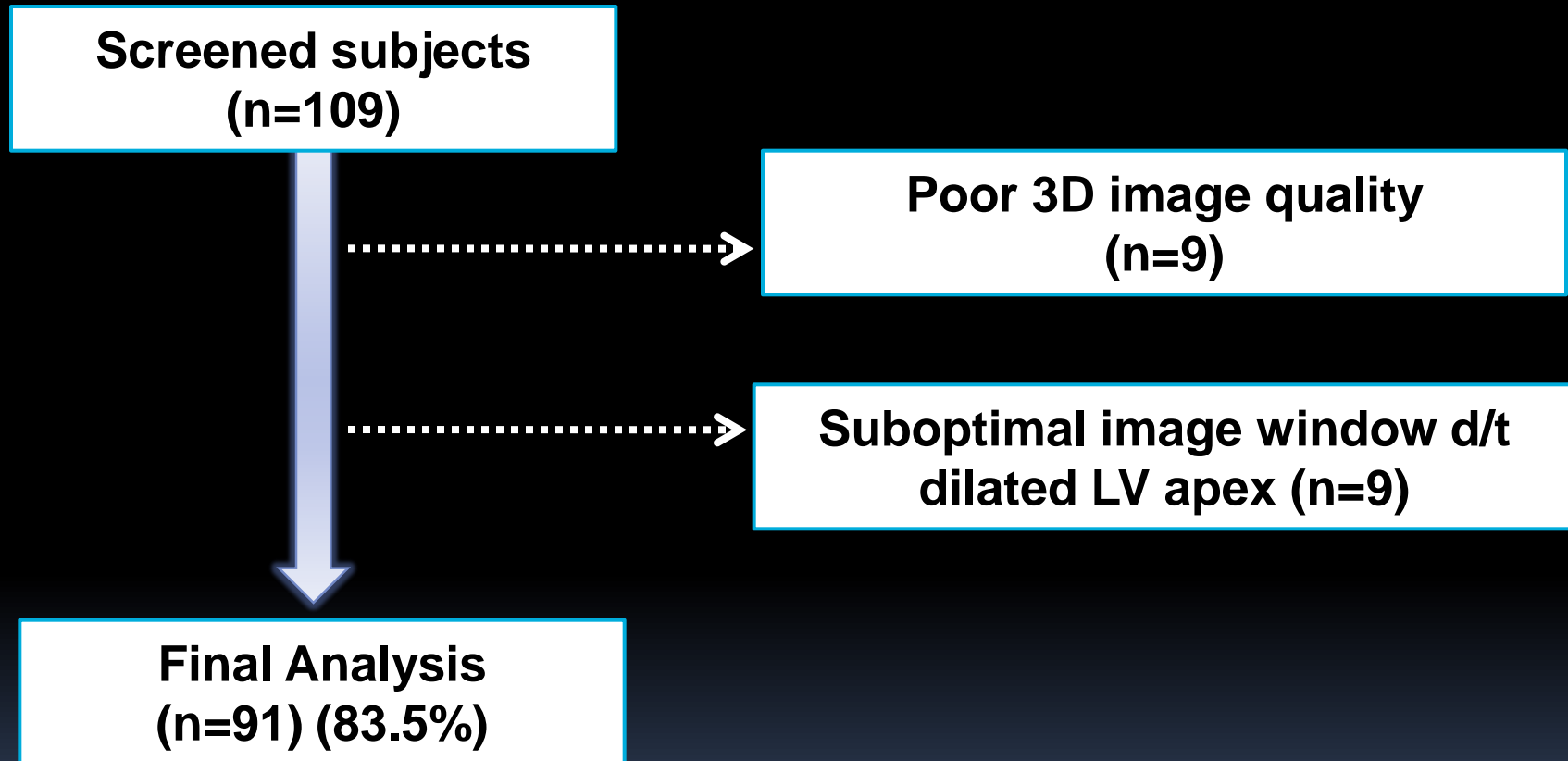
**Software was offered on the SC2000 machine**



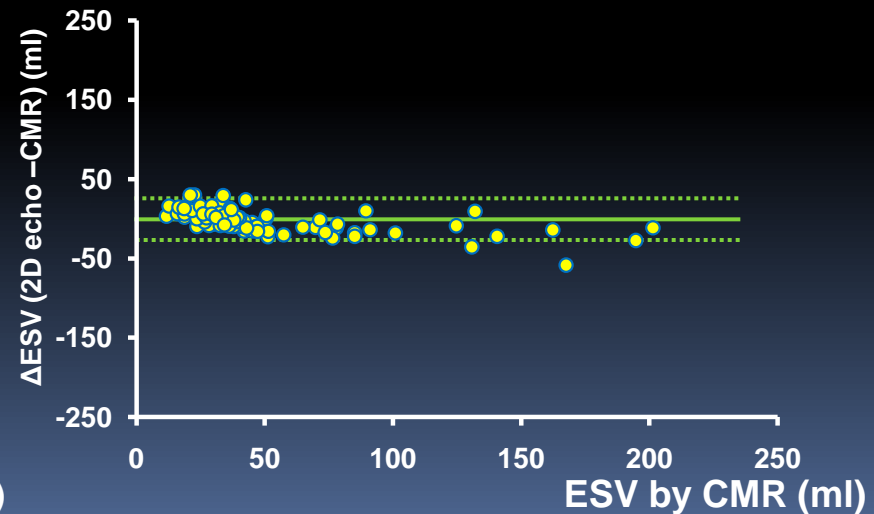
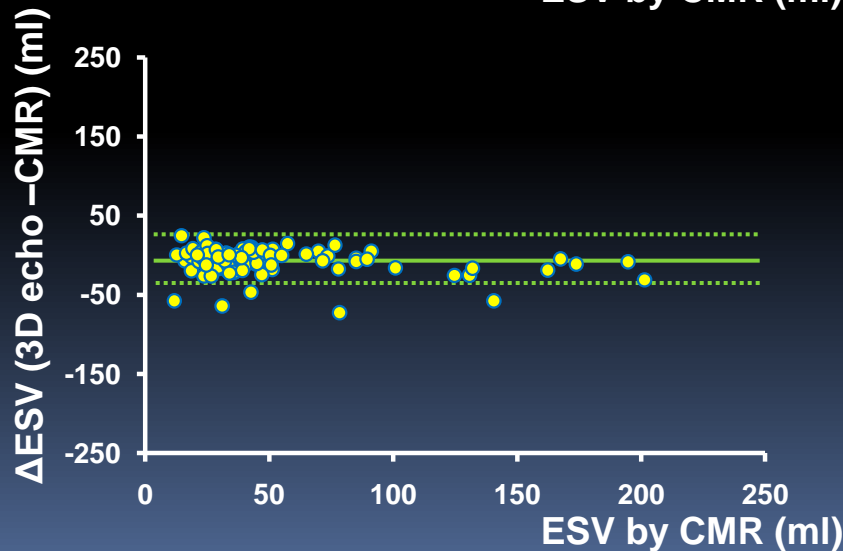
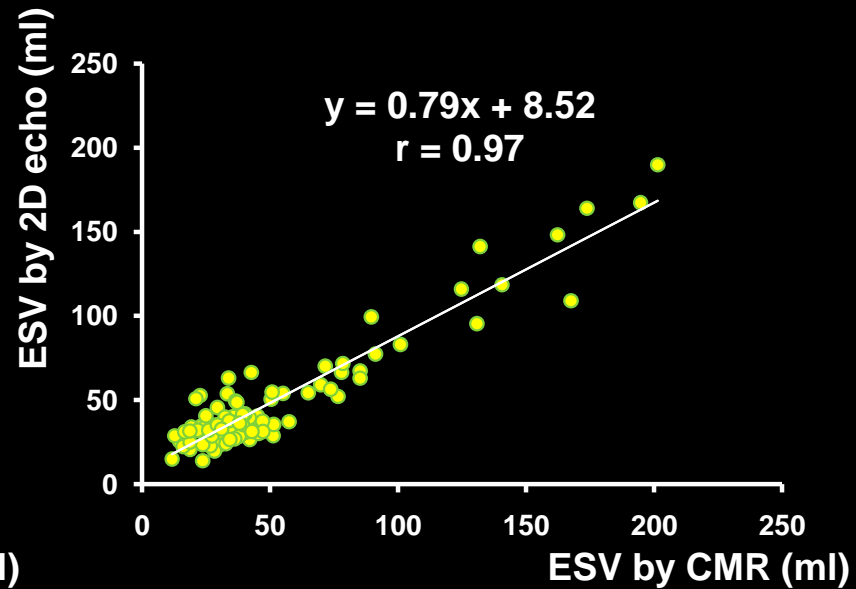
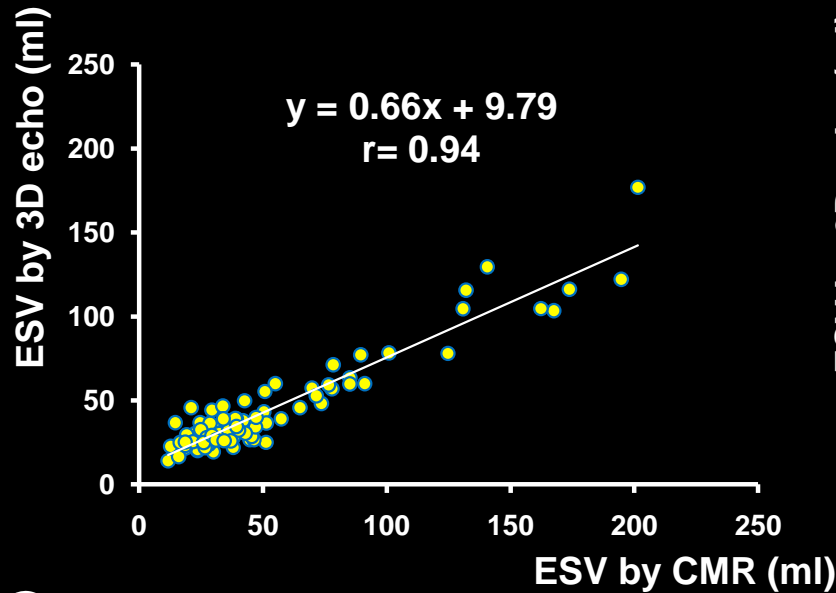
# Characteristics of Patients

N=109	
<b>Age</b>	<b>53.4 ± 13.9</b>
<b>Male</b>	<b>78 (71.6)</b>
<b>Presumptive diagnosis</b>	
<b>No significant heart disease</b>	<b>42 (38.5%)</b>
<b>Ischemic cardiomyopathy</b>	<b>32 (29.4%)</b>
<b>Non-ischemic cardiomyopathy</b>	<b>21 (19.3%)</b>
<b>Hypertrophic cardiomyopathy</b>	<b>8 (7.3%)</b>
<b>Others</b>	<b>6 (5.5%)</b>
<b>LV ESV (ml) by CMR</b>	<b>62.4 ± 58.1</b>
<b>LV EDV (ml) by CMR</b>	<b>150.8 ± 58.6</b>
<b>LV EF (%) by CMR</b>	<b>63.9 ± 17.3</b>

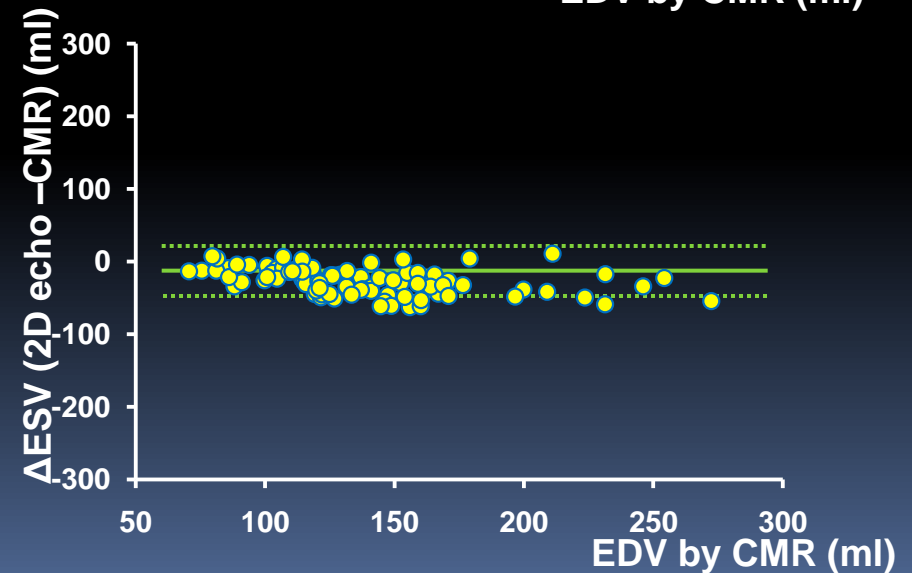
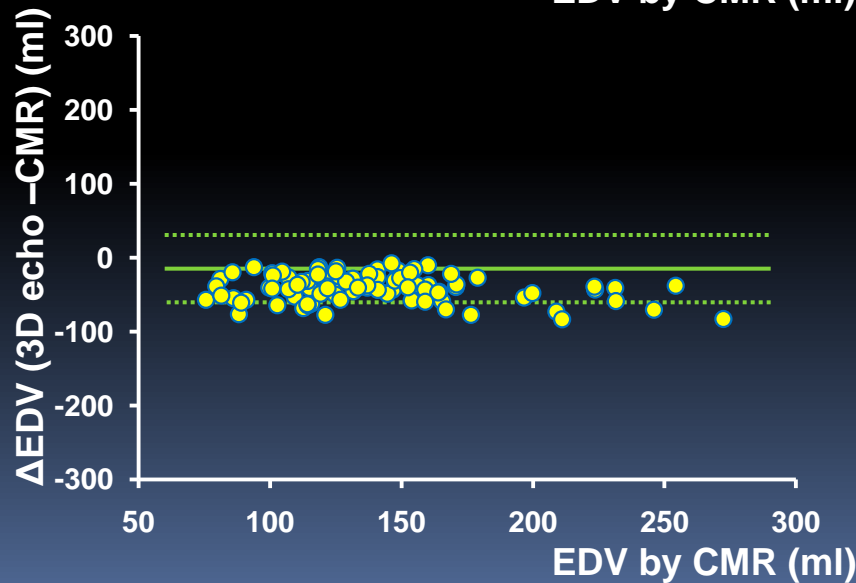
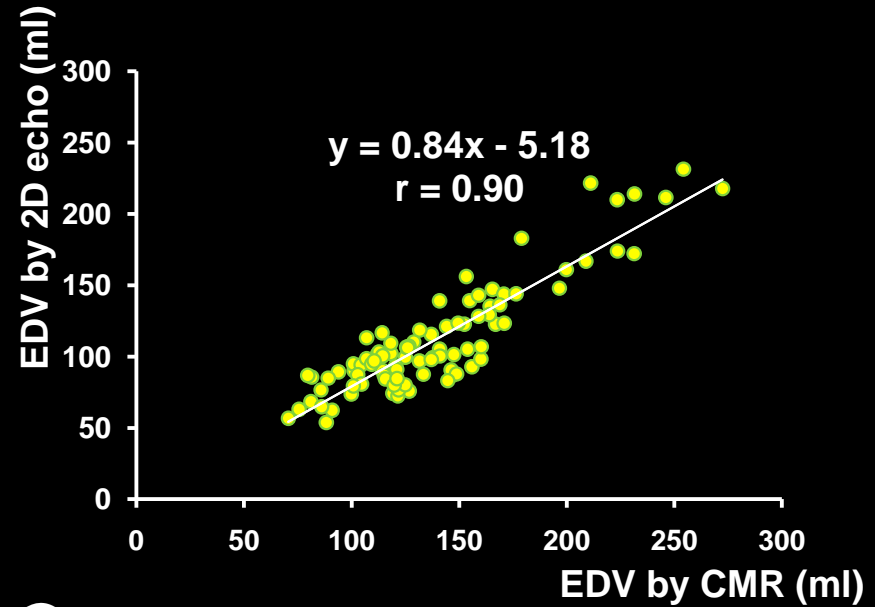
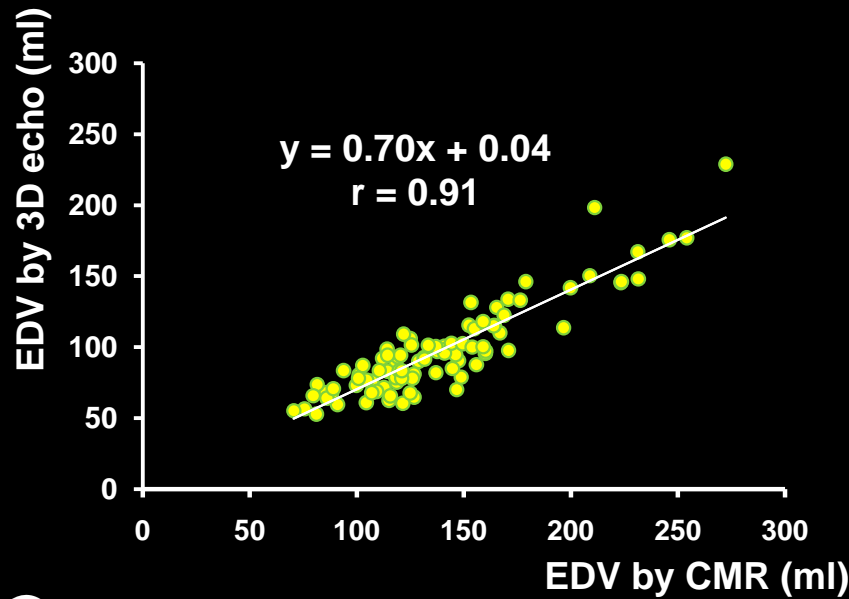
# Feasibility of single beat capture RT<sub>3</sub>DE



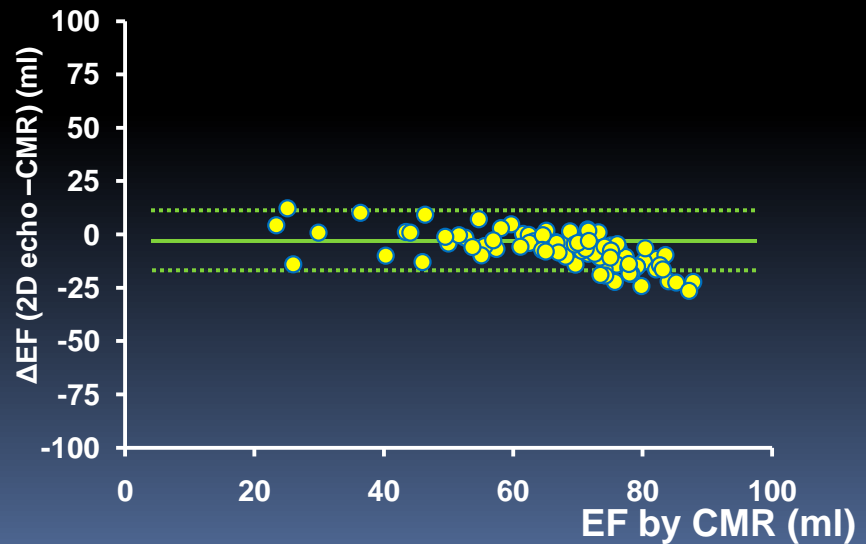
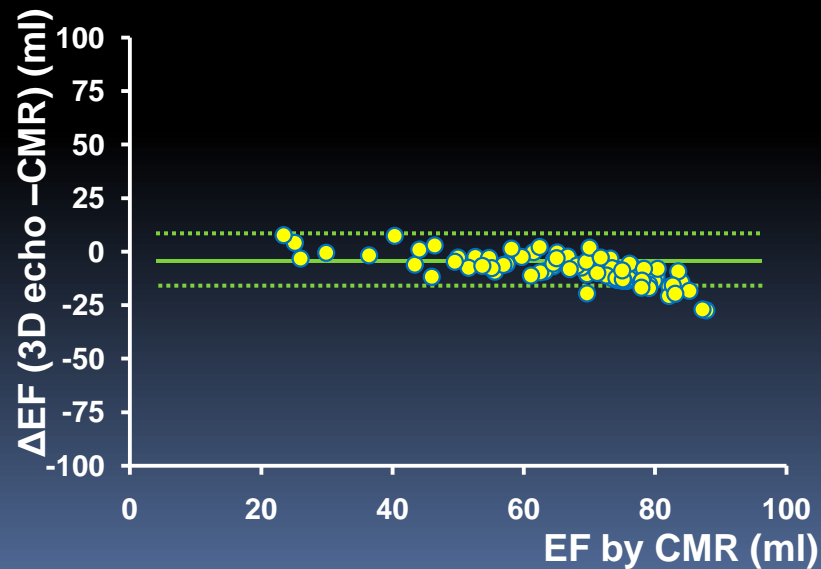
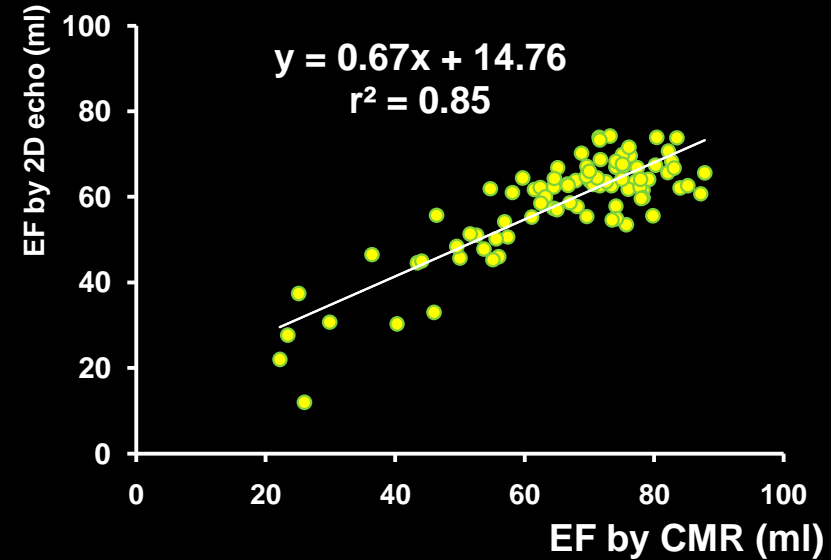
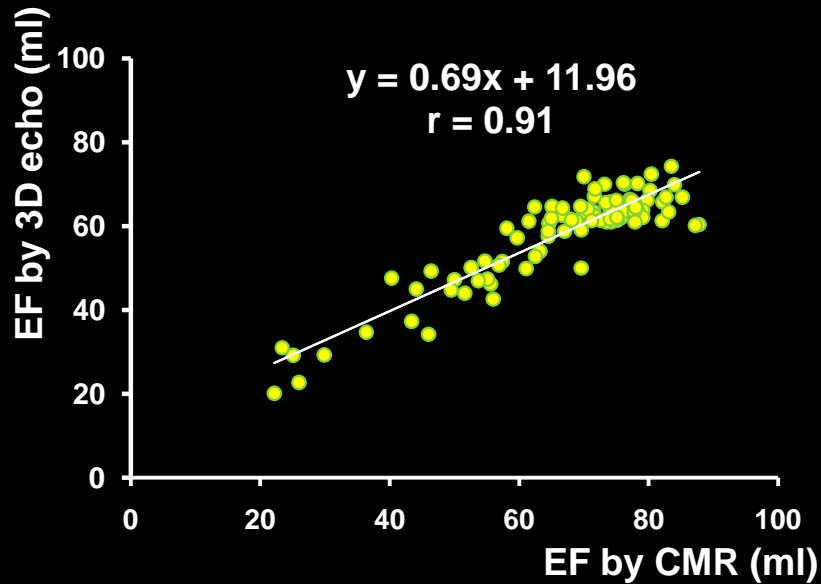
# Measurement of LV ESV by RT3DE and CMR



# Measurement of LV EDV by RT3DE and CMR



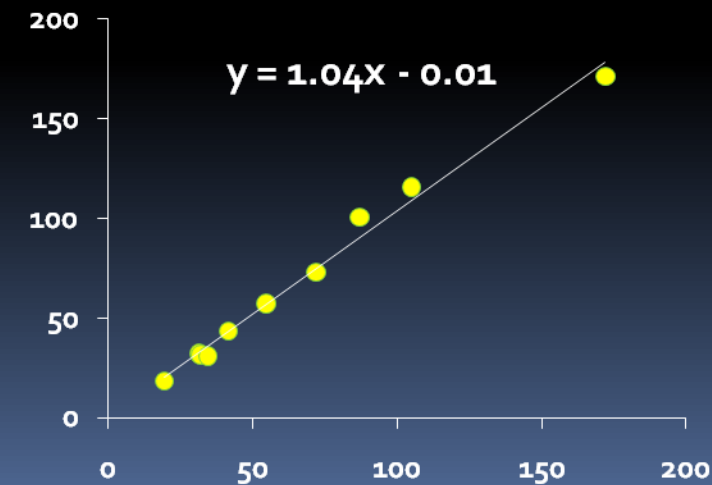
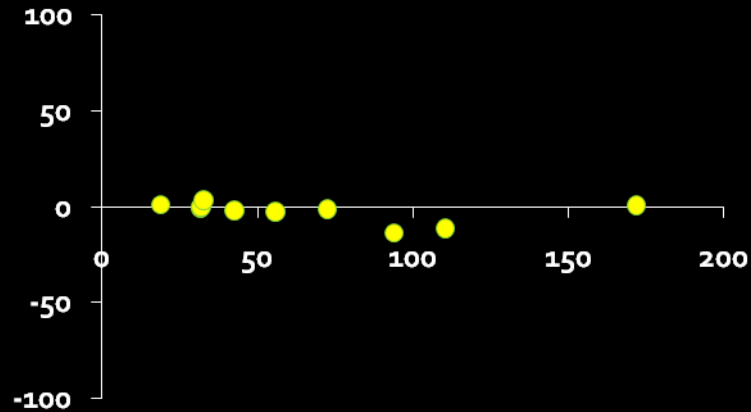
# Measurement of LV EF by RT3DE and CMR



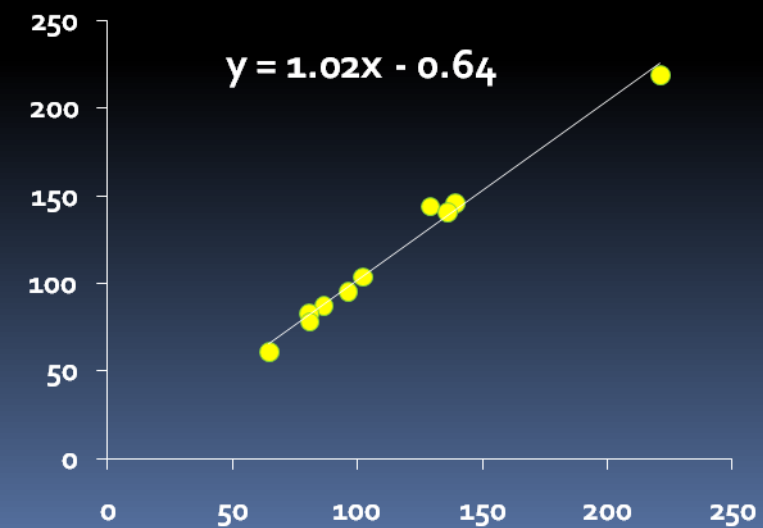
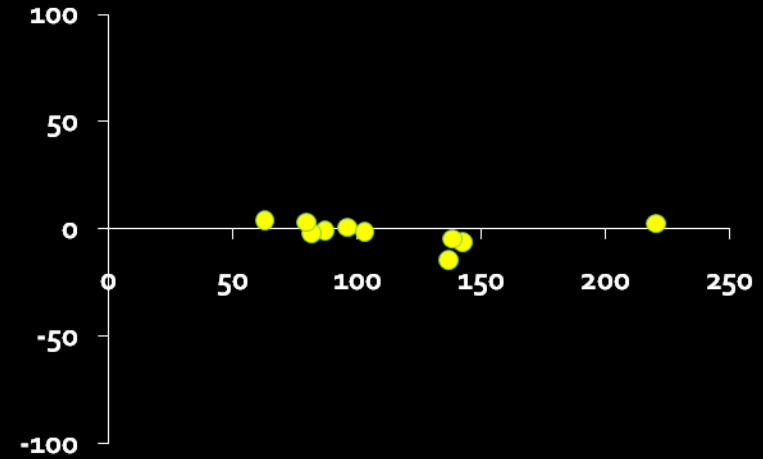


# Intra-observer variability

## ESV

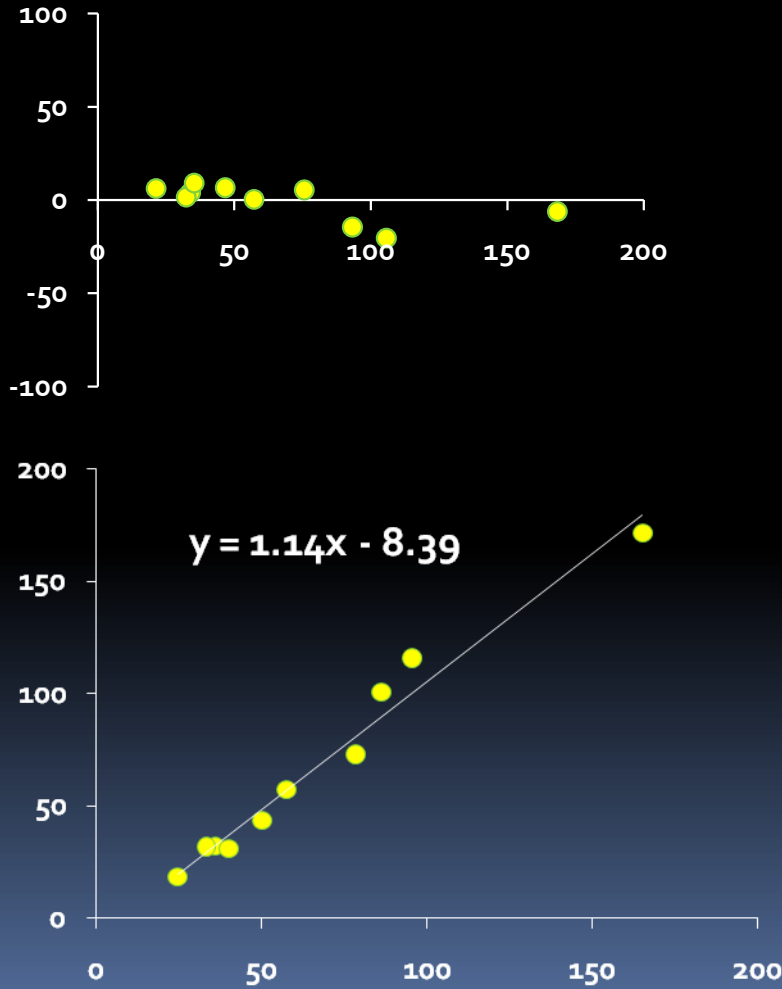


## EDV

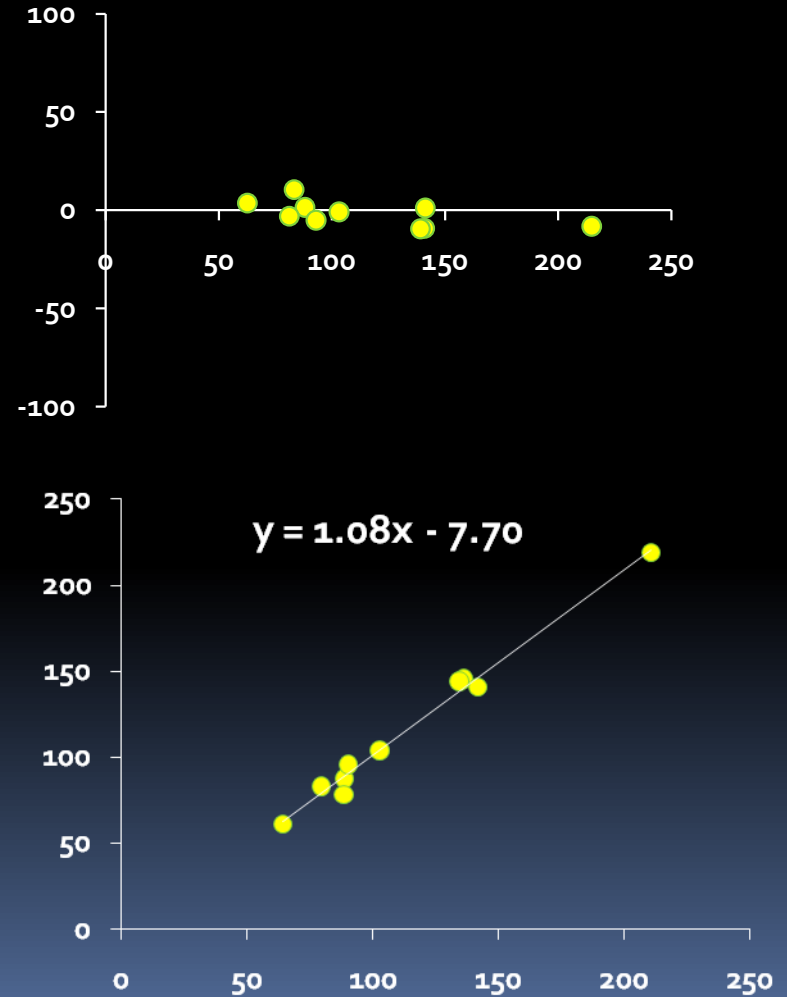


# Inter-observer variability

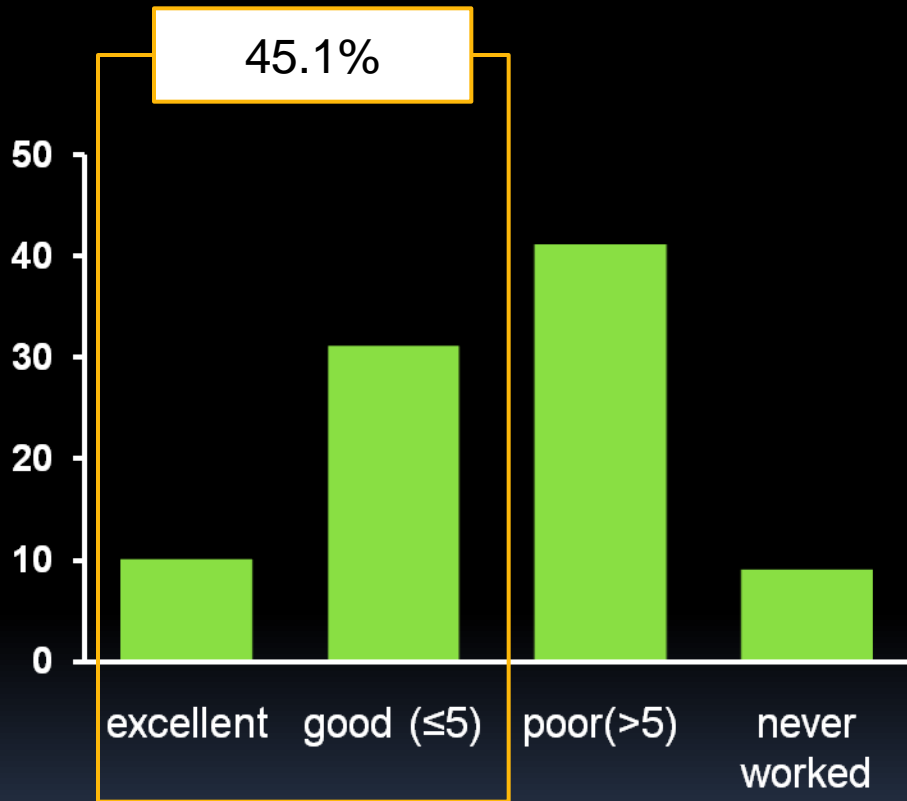
## ESV



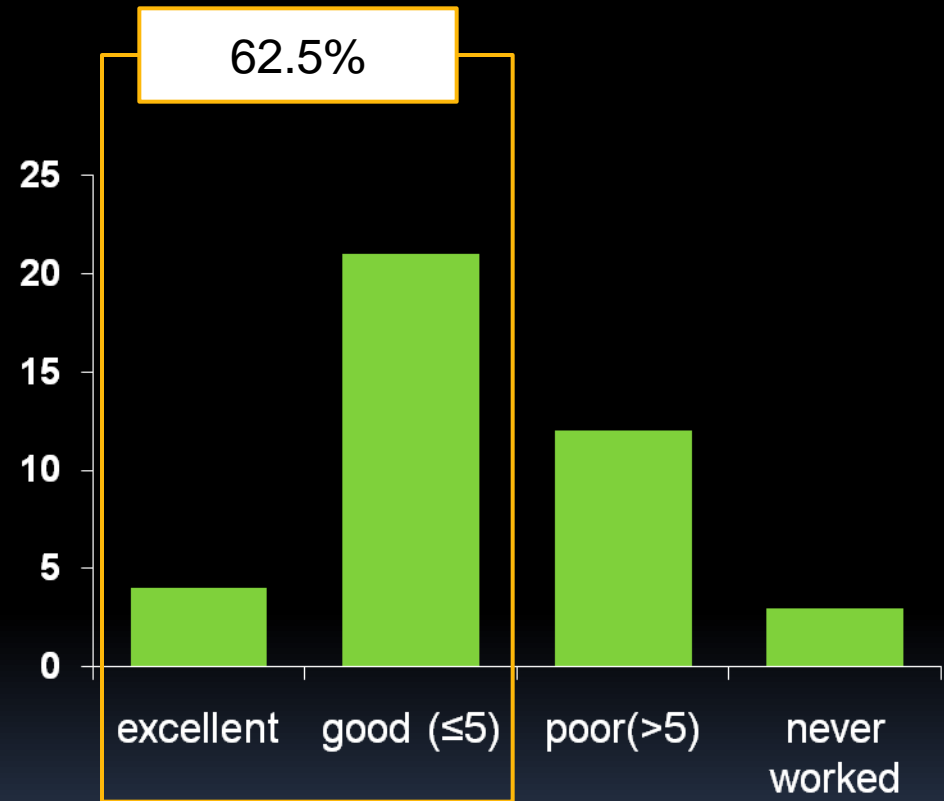
## EDV



# Application of Auto-contouring Algorithm



**Overall study subjects (n=91)**



**Apparently normal heart (n=40)**

# SUMMARY

- RT<sub>3</sub>DE with single beat capture is feasible and correct method in patients with good echocardiographic window
- RT<sub>3</sub>DE with single beat capture was limited in some cases with dilated LV
- Automated border detection is easy and quick method but still limited in half of the cases

**Thank You for Your Attention**