## **Molecular Mechanism of Vascular Calcification**

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## Vascular calcification : clinical significance !

- Clinical consequences in atherosclerosis
- Diabetes, and end-stage renal disease
- Prognostic indicator of future adverse cardiovascular events
  - Increased CAC correlates severity of CAD Paolo R et al, Circulation 2000;101:850-855
  - Increased rate of progression of CAC
     correlates adverse cardiac event
     Schmermund A et al, Cardiol Clin 2003;21(4):521-34



#### Vascular calcification : current concept

# Passive consequence of aging

#### Actively regulated process

- resembling the mineralization
- of endochondral and membranous bone

## **Future therapeutic strategy !**



#### Vascular calcification: type



#### (A) Atherosclerotic calcification

- intimal and subintimal calcification
- (B) Medial calcification
  - diabetes, ESRD, non-atherosclerotic?
- (C) Valvular calcification
- (D) Calciphylaxis
  - calcific uremic arteriopathy

## **Vascular calcification : type**

#### A. Atherosclerotic Calcification

- focal coronary calcification : plaque rupture, coronary dissection under PCI

#### B. <u>Medial Artery Calcification</u>

- increased arterial stiffness, PWV, Pulse pressure
- strong correlation with CAD, future CV event in CKD/DM, future amputation

#### C. Cardiac Valve Calcification

- main mechanism of valve failure
- correlate with stroke, atrial fibrillation ,CV event

#### D. Calciphylaxis

- 1 % of hemodialysis patient
- grave prognosis, high mortality due to tissue necrosis



- Introduction and clinical significance
- Type of vascular calcification
- Cellular determinants
- Molecular determinants and inducers
- Osteoporosis and vascular calcification
- **Treatment of vascular calcification**



Origin of osteoblastic or osteogenic cells in vasculature is a great topic of debate.

- vascular smooth muscle cell (VSMC): contractile → proliferative, synthetic form
- calcifying vascular cell (CVC): may be a certain clone or subpopulation of VSMC
- pericyte: a kind of mesenchymal progenitors
- mesenchymal stem cell (circulating or resident), adventitial myofibroblast (resident ?) and fibrocyte (circulating)
- calcifying vascular progenitor cells (circulating, resident)

## **Cellular determinants – origin of calcifying cells**



Cbfa1, Osterix, Msx: transcription factor / ALP, Osteocalcin: functional phenotypic marker BMP 2/4: osteogenic cytokine

Johnson RC et al . Circ Res. 2006

## Cellular determinants – origin of calcifying cells



Von Kossa stain

Calcification media : DMEM, 15% FCS, CaCl2 6mM, β-glycerophosphate 10mM

Yoon YE et al . Unpublished data

## Molecular determinants and inducers (or inhibitors)

- 1) Inflammatory signal: Oxidized LDL, TNF- $\alpha$  and oxidative stress, etc.
- 2) BMP-2
- 3) Msx2
- 4) Runx2/Cbfa1 (core binding factor α1)
- 5) Osteoclacin
- 6) Alkaline phosphatase (ALP)
- 7) RANK/RANKL/Osteoprotegerin (OPG)
- 8) Osteopontin (OPN)
- \*Angiotensin II

## Inflammatory signal and chronic inflammation



Abedin M. et al ATVB. 2004

## Inflammatory signal and chronic inflammation

Inflammation → plaque macrophage-derived proteinases [MMP-2/9, Cathepsin B/S etc.]



1. Release of biologically active, soluble elastin-derived peptides: promote osteogenic differentiation of VSMCs

2. Degraded medial elastin: favors calcification through an increase of elastin polarity that in turn enhances elastin affinity for calcium

Simionescu A et al BBRC 2005 / Aikawa E. et al Circulation 2009

- $\clubsuit$  the largest subclass of the TGF-β superfamily
- ✤ a well-known inducer for bone and cartilage formation
- expressed by a variety of cells in atherosclerotic lesions, including endothelial cells, foam cells, and VSMCs.
- BMP-2 and BMP-4: both mineralization and local induction of inflammation
- ♦ BMP-7: induce osteogenic potential, but retard vascular calcification.

#### Msx2

#### ✤ a BMP-2-inducible transcription factor

- ✤ a controller of craniofacial mineralization
- BMP-2/Msx/Wnt signaling cascade is upregulated in the context of type 2 diabetes, obesity and hypercholesterolemia
- plays a key role in early stages of medial calcification.





Expression of Msx2 in adventitial cells

Shao JS *et al .* JCI. 2005 Shao JS et al ATVB. 2006

## Runx2/Cbfa1 (core binding factor α1), Osx (osterix)

- master regulator of osteoblastic differentiation
- a key transcription factor of various osteogenic and osteoblastic differentiation related genes (osteoclacin, type I collagen, bone sialoprotein, alkaline phosphatase)
- the full effect of Runx2/Cbfa1 is required activation of a downstream transcription factor, Osterix.
- Runx2/Cbfa1 expression in VSMCs serves as an early, definitive marker of osteoblastic differentiation and the initial step in vascular calcification.



BSP (bone sialoprotein), OPG (osteoprotegerin), OPN (osteopontin), OCN (osteocalcin)

#### **Osteoclacin:**

- 1) most osteoblast specific gene. noncollagenous protein
- 2) secreted by osteoblast
- 3) clinically used as biomarker for the bone formation process

#### Alkaline phosphatase (ALP):

- 1) a functional phenotypic marker of osteoblasts
- 2) enzyme that induces tissue biomineralization.
- 3) ALP degrades inorganic pyrophosphate as a necessary step of calcification and ALP activity is crucial to hydroxyapatite formation.
- 4) ALP activity is often used as a molecular marker for vascular calcification, as it is an early indicator of ECM deposition.

#### The NEW ENGLAND JOURNAL of MEDICINE

#### Circulating Osteoblast-Lineage Cells in Humans

Guiti Z. Eghbali-Fatourechi, M.D., Jesse Lamsam, M.S., Daniel Fraser, Ph.D., David Nagel, A.B., B. Lawrence Riggs, M.D., and Sundeep Khosla, M.D.

N Engl J Med 2005;352:1959-66.



histologic sections



Calcifying progenitor cell in the vasculature

Cho HJ et al . Unpublished data



Charcoal stripped FBS 10%

#### Calcifying progenitor cell in the vasculature

Cho HJ et al . Unpublished data

## **Osteopontin (OPN)**

- highly expressed at sites with atherosclerotic plaques, especially those associated with macrophages and foam cells.
- pro-inflammatory and pro-atherogenic molecule ??, Feedback mechanism?
- A negative regulator in vascular calcification: an inhibitor of calcification and an active inducer of decalcification.

OPN-TG mice: atherogenic OPN-KO mice: less atherogenic, high vascular calcification

→ OPN expression, function, and regulation are not clearly understood in the context of atherosclerosis and vascular pathophysiology.



#### Key regulator of bone metabolism

- Receptor Activator of Nuclear factor-κB (RANK): expressed on osteoclast
- RANK ligand (RANKL): from osteoblast, osteoclastogenesis stimulatory factor
- Osteoprotegerin (OPG): 1) a member of TNF receptor superfamily
   2) produced by various cells (EC, VSMC, osteoblast, dendritic cell)
   3) soluble receptor: competing with RANK, neutralizing RANKL, preventing

RANKL-RANK interaction  $\rightarrow$  osteoclastogenesis inhibitory activity

4) autocrine EC survival factor

- OPG-TG / RANKL-KO / RANKL-KO mice: osteopetrosis
- OPG –KO mice: osteoporosis, arterial calcification
- $\rightarrow$  OPG: protective factor for bone and vascular system: mechanism ??
- Elevated serum OPG: high cardiovascular mortality, high osteoporosis

#### **RANK/RANKL/Osteoprotegerin**



#### **Molecular determinants and inducers - summary**

- 1) Inflammatory signal: pro-calcific environment
- 2) BMP-2: strong inducer for bone formation
- 3) Msx2: BMP-2-inducible transcription factor in medial calcification
- 4) Runx2/Cbfa: osteoblast-specific transcription factor
- 5) Osteocalcin: osteoblast-specific marker
- 6) Alkaline phosphatase (ALP): functional osteoblast phenotypic marker
- 7) RANK/RANKL/Osteoprotegerin (OPG): balancing factors in osteoblast and osteoclast & osteoporosis and arterial calcification
  8) Osteopontin (OPN): pro-inflammatory and pro-atherogenic, but anti-calcific and decalcific factor ?

## **Osteoporosis and vascular calcification**

- Osteoporosis is frequently associated with vascular calcification, and there is a positive association between the severity of aortic calcification and bone loss
- Denosumab (RANKL monoclonal Ab) reduction of osteoporosis and vascular calcification
- Mechanism is a conundrum !

#### **Hypothesis**

- vascular calcification promotes bone loss
- bone loss promotes vascular calcification
- a common etiology

(estrogen deficiency?, LDL? OPG/RANKL)

#### **Angiotensin II and vascular calcification**



Jaffe, Demer et al. Arterioscler Thromb Vasc Biol. 2007;27:799

## Angiotensin II stimulates VSMCs calcification



ALP: Alkaline phosphatase

#### Angiotensin II stimulates VSMCs calcification



## Angiotensin II stimulates VSMCs calcification through AT1 receptor signaling



# Angiotensin II stimulates VSMCs calcification through AT1 receptor signaling



6wks mVSMCs #4, D3

ALP: Alkaline phosphatase

#### **Treatment of vascular calcification**

	Potential target		Therapeutic effects	Current or prospective	Complication	
	Process	Compounds/factors		treatment <sup>a</sup>		
1.	Mineral balance	Hyperphosphatemia hypercalcemia Ca × P FGF-23/Klotho Vitamin D Parathyroid hormone	<ol> <li>Maintains Ca and P serum levels</li> <li>Inhibition of initialization and growth of the calcium apatite crystal</li> <li>Prevention of VSMC osteo/ chondrogenic transition</li> <li>Prevention of VSMC apoptosis</li> </ol>	Bisphosphonates Sevelamer Calcimimetics Thyroidectomy Pit-1↓ FGF-23/Klotho ? 1alpha-hydroxylase↓	Crosstalk with bone metabolism; dialysis protocols	
2.	Inflammation	TNF-alpha IL-6 LDL Glucocorticoid receptor	<ol> <li>To prevent inflammation</li> <li>Prevention of oste/</li> <li>chondrogenic transition</li> <li>Increase VSMC survival and viability</li> </ol>	<b>Statins</b> Inflammatory cytokines ↓ PPAR-gamma agonists ↑ HDL ↑	Crosstalk with immune system and tissue remodeling	
3.	Regulatory proteins/ enzymes	ALK NPP1 ANK MGP Fetuin-A OPG OPN BMP-7 Transglutaminase2	<ol> <li>Maintenance of PPi level</li> <li>Maintains CaP salts in circulation and local level</li> <li>a soluble state</li> <li>Increase VSMC survival and viability</li> </ol>	ALK↓ NPP1, ANK↑ MGP↑ Fetuin-A↑ OPG↑ OPN? BMP-7? Transglutaminase2?	Multiple effects and crosstalk with bone metabolism	

<sup>a</sup> Possible drugs/approaches in bold type have been proven in clinical trials and are currently used; suggestions in small type are hypothetical. NPP/ ANK, key regulators of pyrophosphate metabolism; NPP1, nucleotide pyrophosphatase phosphodiesterase 1 (generates PPi from nucleoside triphosphates); ANK, ankylosis protein (multiple-pass transmembrane protein that mediates intracellular to extracellular channeling of PPi); OPN, osteopontin; †, increasing levels maybe effective; ↓, decreasing levels maybe effective; ?, effect unknown.

#### **Treatment of vascular calcification**

	Potential target		Therapeutic effects	Current or prospective	Complication	
	Process	Compounds/factors		treatment"		
4.	Apoptosis and vesicle release	Gas6-Axl signaling Akt Apoptotic bodies Matrix vesicles	<ol> <li>Increase VSMC survival and viability</li> <li>Modifying vesicle release and VSMC adaptation to prevent mineralization?</li> </ol>	Statins FGF-23/Klotho ↑ Matrix vesicles ? Ca Channel blockers	Crosstalk with immune system, tissue remodeling carcinogenesis; unknown biological role of matrix vesicles	
5.	Osteo/chondrogenic differentiation	Cbfa1/Runx2 Osterix Msx2 Wnt signaling	1. To prevent osteo/chondrogenic conversion of VSMC	c Cbfa1/Runx2 ↓ Osterix ↓ Msx ↓ Wnt signaling ↓	Crosstalk with bone metabolism	
6.	Mineral resorption	'Osteoclastic' Macrophages/monocytes Carbonic anhydrase II	Induction of calcium deposit resorption	Pi↓ Carbonic anhydrase II ↑	Crosstalk with bone metabolism	

<sup>a</sup> Possible drugs/approaches in bold type have been proven in clinical trials and are currently used; suggestions in small type are hypothetical. NPP/ ANK, key regulators of pyrophosphate metabolism; NPP1, nucleotide pyrophosphatase phosphodiesterase 1 (generates PPi from nucleoside triphosphates); ANK, ankylosis protein (multiple-pass transmembrane protein that mediates intracellular to extracellular channeling of PPi); OPN, osteopontin; ↑, increasing levels maybe effective; ↓, decreasing levels maybe effective; ?, effect unknown.

### **Treatment of vascular calcification – clinical trials**

#### Coronary artery calcium (CAC) and/or abdominal aortic calcium (AAC)

Effect of *Simvastatin* (80 mg) on Coronary and Abdominal Aortic Arterial Calcium (from the Coronary Artery Calcification Treatment with Zocor [CATZ] Study)

James G. Terry, MS<sup>a,\*</sup>, J. Jeffrey Carr, MD, MS<sup>b,d</sup>, Ethel O. Kouba, PhD<sup>a</sup>, Donna H. Davis, BS<sup>a</sup>, Lata Menon, MS, RN<sup>a</sup>, Kathryn Bender, PharmD<sup>c</sup>, E. Ted Chandler, MD<sup>a</sup>, Timothy Morgan, PhD<sup>d</sup>, and John R. Crouse III, MD<sup>a,d</sup>

(Am J Cardiol 2007;99:1714-1717)

#### Effect of Intensive Versus Standard Lipid-Lowering Treatment With Atorvastatin on the Progression of Calcified Coronary Atherosclerosis Over 12 Months A Multicenter, Randomized, Double-Blind Trial

Axel Schmermund, MD; Stephan Achenbach, MD; Thomas Budde, MD; Yuri Buziashvili, MD; Andreas Förster, MD; Guy Friedrich, MD; Michael Henein, MD; Gert Kerkhoff, MD;
Friedrich Knollmann, MD; Valery Kukharchuk, MD; Avijit Lahiri, MD; Roman Leischik, MD; Werner Moshage, MD; Michael Schartl, MD; Winfried Siffert, MD; Elisabeth Steinhagen-Thiessen, MD; Valentin Sinitsyn, MD; Anja Vogt, MD; Burkhard Wiedeking, MD; Raimund Erbel, MD

(Circulation. 2006;113:427-437.)

Although the target reduction in LDL was achieved, there was no treatment effect on the rate of calcified plaque progression  $\rightarrow$  Statin could not attenuate CAC progression

## **Treatment of valvular calcification – clinical trials**

N Engl J Med 2008;359:1343-56.

#### Aortic valve calcification: aortic stenosis

#### Intensive Lipid Lowering with Simvastatin and Ezetimibe in Aortic Stenosis





#### **Aortic-Valve Events**



- [가설] lipid-lowering treatment might prevent progression of aortic-valve stenosis and thus reduce the need for aortic-valve replacement.
- [결과] Simvastatin and ezetimibe did not reduce the composite outcome of combined aortic valve events and ischemic events in patients with aortic stenosis.

#### **Treatment of vascular calcification – new target**



Doherty TM et al. PNAS. 2003

Origin of osteoblastic or osteogenic cells in vasculature is a great topic of debate.

- vascular smooth muscle cell (VSMC): contractile → proliferative, synthetic form
- calcifying vascular cell (CVC): may be a certain clone or subpopulation of VSMC
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- mesenchymal stem cell (circulating or resident), adventitial myofibroblast (resident ?) and fibrocyte (circulating)
- calcifying vascular progenitor cells (circulating, resident)

#### **Treatment of vascular calcification – new cellular target**



#### Vascular calcifying progenitor cells



#### Osteoblastic differentiation of calcifying progenitor cells

A. FBS 10% only



**B.** FBS 10% + TNF-α





#### Osteoclastic differentiation of calcifying progenitor cells



TRAP staining (FBS + RANKL + M-CSF)





# PPARγ activation suppresses osteoblastic differentiation and promotes osteoclastic differentiation

R 25µM



ALP staining

**Osteoblast-related genes** 

Sca-1+/PDGFR $\alpha$ -

TNF TNF TNF TNF

+R1 +R10 +R25

GFP+ Sca-1+ /PDGFRa+ GFP+ Sca-1+ /PDGFRa-





#### **TRAP** staining



#### **Osteoclast-related genes**

R=Rosiglitazone (PPARγ agonist)

Sca-1+/PDGFR $\alpha$ +

TNF TNF TNF TNF

CBFA

BMP2

OPG

RANKL

GAPDH

+R1 +R10 +R25





- Introduction and clinical significance
- Type of vascular calcification
- Cellular determinants
- Molecular determinants and inducers (or inhibitors)
- Osteoporosis and vascular calcification
- Treatment of vascular calcification



#### Conclusions

- Vascular calcification is an important feature of progressive atherosclerosis, a poor prognostic factor of future adverse cardiovascular events.
- 2. Recent studies have shown that the pathophysiologic process of vascular calcification is tightly-regulated, active process .
- Recent advances in understanding molecular and cellular mechanisms of vascular calcification may lead to the development of new therapeutic strategies for cardiovascular diseases.
- Eventually, we hope that vascular calcification, once considered irreversible process, would be regressed and reserved through decalcifying therapy in the future.

## Acknowledgements



Seoul National University Cardiovascular Research Lab

# Thank you for your attention !!

#### **Treatment of vascular calcification - hypothesis**



Cho HJ et al . Unpublished data

Mechanism of osteogenesis, showing the major genes, growth factors, and signaling pathways culminating in fully mature chondrocytes, osteoblasts, and osteoclasts



Doherty T M et al. PNAS 2003;100:11201-11206



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#### **Vascular calcification : clinical significance ?**



#### 정기 검진상 우연히 발견된 High calcium score (CAC score = 3609)

CAC score: coronary artery calcium score









**Heavy calcification** 

→ not just a marker of severe disease, but an enemy of treatment

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#### **Vascular calcification : clinical significance**

Table 2         Frequency of Revascularization Procedures and Cardiac Events During Follow-Up Results in the CAC Cohort							
	CAC Grouping						
Groups	0	1–9	10–99	100-399	400–999	≥1000	p Value*
All CAC patients (n = $1,153$ )							
Patients (n)	252	52	205	274	230	140	
% ischemia	1.2%	1.9%	1.5%	4.0%	7.8%	20.0%	<0.0001
lschemic (n = 64)							
lschemic patients (n)	3	1	3	11	18	28	
Early cath (<60 days)	1 (33%)	1(100%)	1 (33%)	6 (55%)	11 (61%)	13 (46%)	0.99
Revascularized <60 days	0 (0%)	0 (0%)	0 (0%)	5 (46%)	9 (50%)	13 (46%)	0.06
Revascularized $\geq$ 60 days	0 (0%)	0 (0%)	0 (0%)	1 (9.1%)	1 (5.6%)	3 (10.7%)	0.41
CD/MI*	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (7.1%)	0.23
Annualized CD/MI rate	0%/yr	O%∕yr	O%∕yr	O%∕yr	O%∕yr	2.7%/ yr	0.88
Nonischemic ( $n = 1,089$ )							
Nonischemic patients (n)	249	51	202	263	212	112	
Early cath (<60 days)	2 (0.8%)	1 (2.0%)	0 (0%)	5 (1.9%)	3 (1.4%)	6 (5.4%)	0.01
Revascularized <60 days	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	3 (2.7%)	0.007
Revascularized ≥60 days	2 (0.8%)	0 (0%)	6 (3.0%)	6 (2.3%)	11 (5.2%)	7 (6.3%)	0.001
CD/MI*	1 (0.4%)	0 (0%)	0 (0%)	2 (0.8%)	6 (2.8%)	2 (1.8%)	0.02
Annualized CD/MI rate	0.2%/yr	0%/yr	0%/yr	0.3%/yr	1.0%/yr	0.6%/ yr	0.10



Survival according to baseline CAC score

Shaw et al, Radiology, 2003



LaMonte et al, Am J Epidemiol 2005

#### **Vascular calcification : clinical significance**



mLAD 70%, dLCx 50%, mRCA 50% with calcification



Naghavi et al, Am J Cardiolgoy, 2006