

2011년 순환기관련학회 춘계통합학술대회

~ Controversies of PCI in Complex Lesions ~

Non-Left Main  
True Bifurcation Lesion

One Stent  
Technique

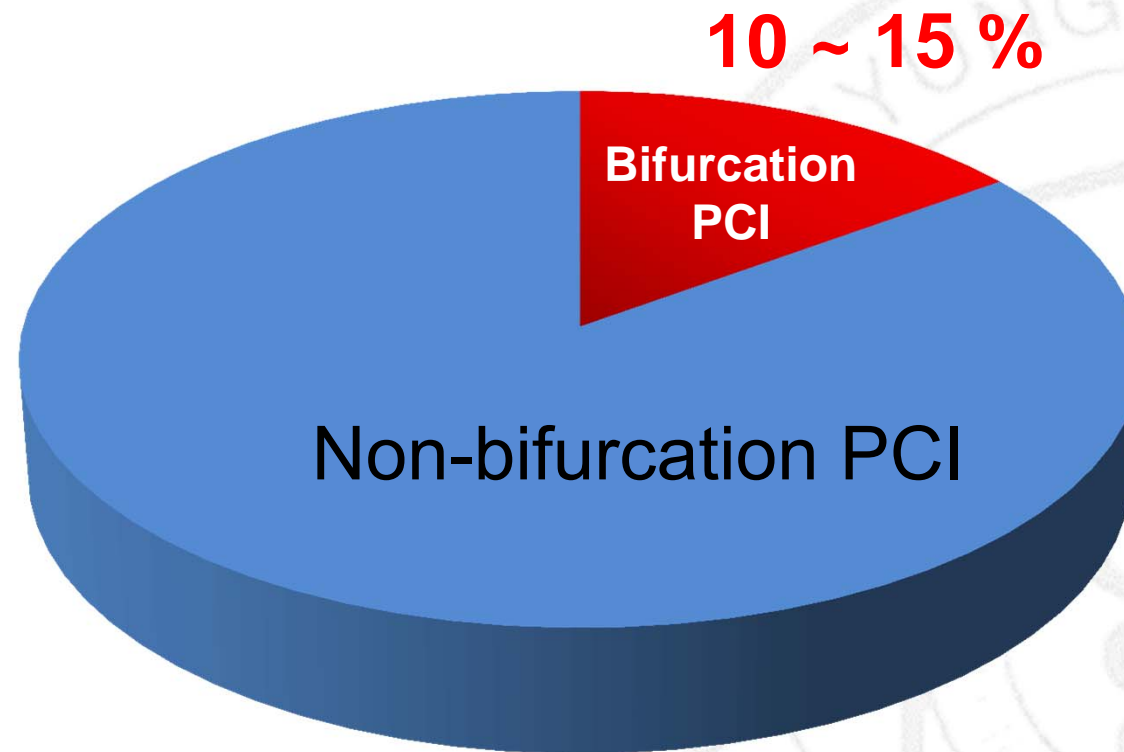


계명대의대 동산의료원

심장내과

허 승 호

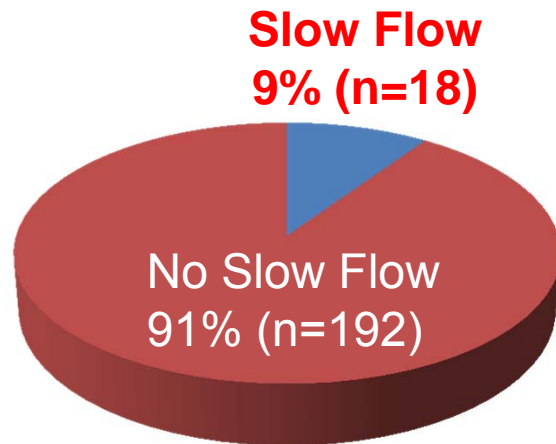
# Prevalence of Bifurcation PCI



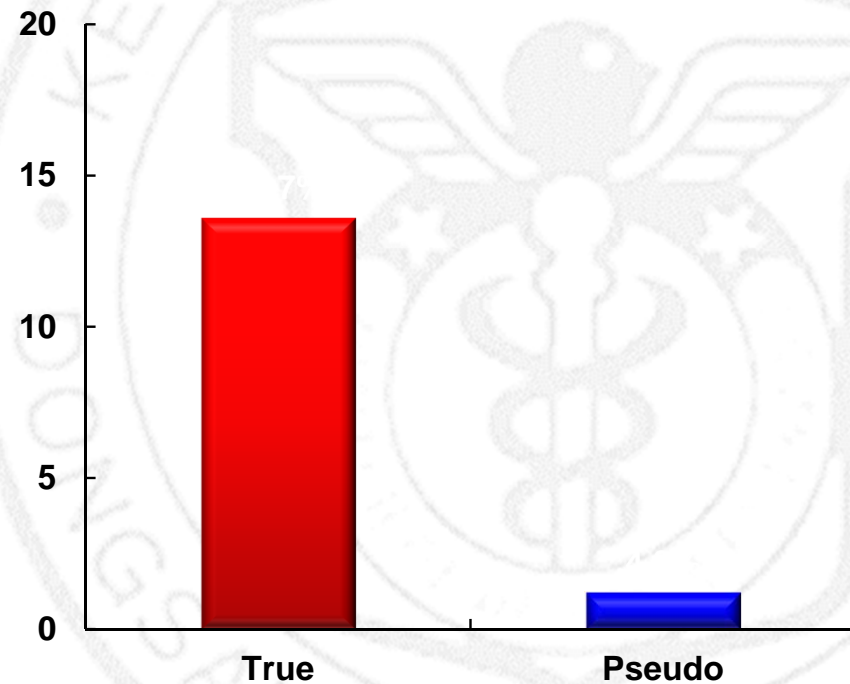
Garot P, et al. J Am Coll Cardiol. 2005;46:606-612  
Al Suwaidi J et al. Am J Cardiol. 2001;87:1139-1144

# SB Slow Flow after PCI

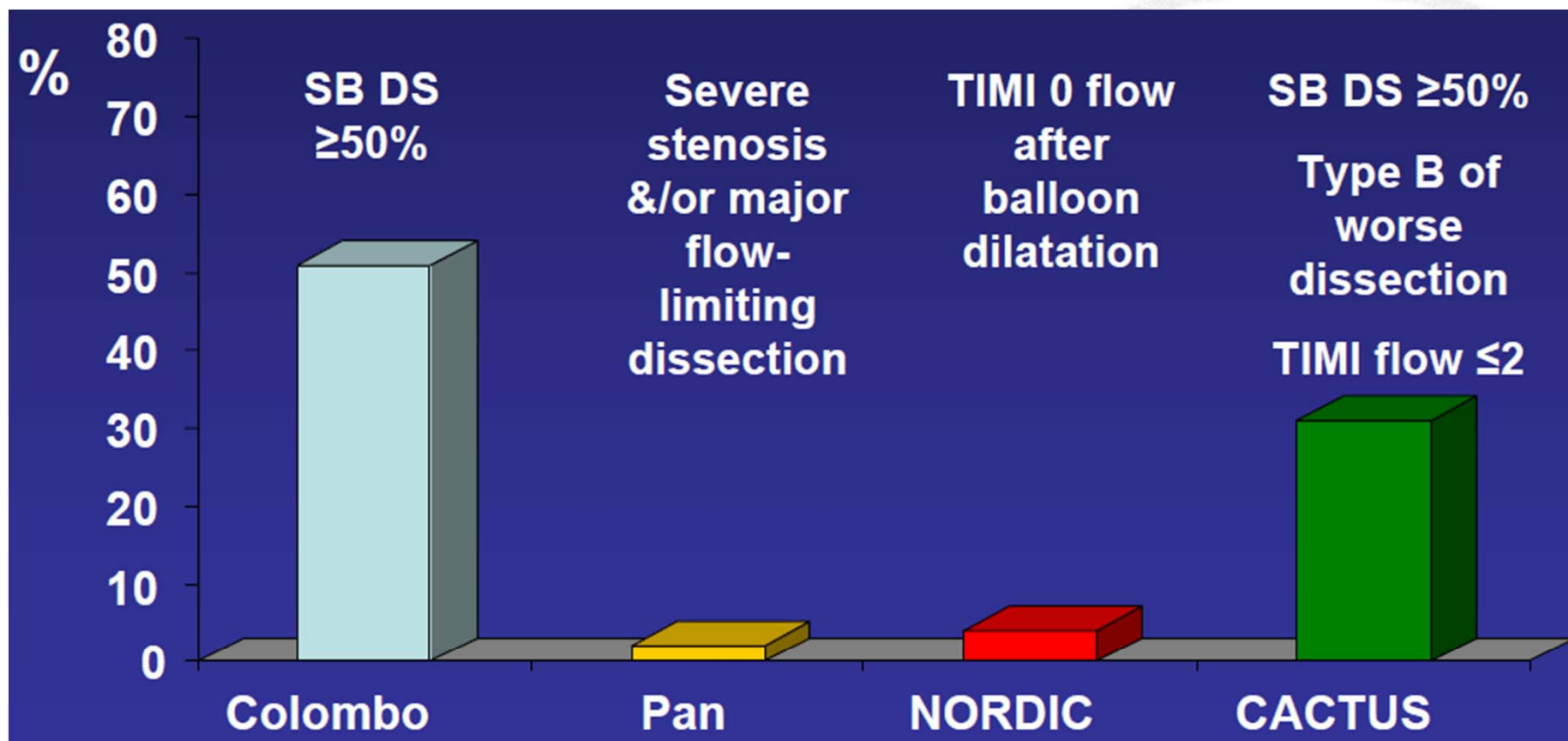
Side branch slow flow after main branch DES implantation



SB slow flow according to bifurcation type



# Various Criteria for SB Stenting



Crossover to a 2<sup>nd</sup> stent in the provisional stenting group of RCT

Colombo A, et al. Circulation 2004  
Pan M, et al. Am Heart J 2004  
Steigen TK, et al, Circulation 2006



## Reasons for One Stent Preference in Bifurcation Lesion

1

- **Presence of Oculo-stenotic Reflex**

2

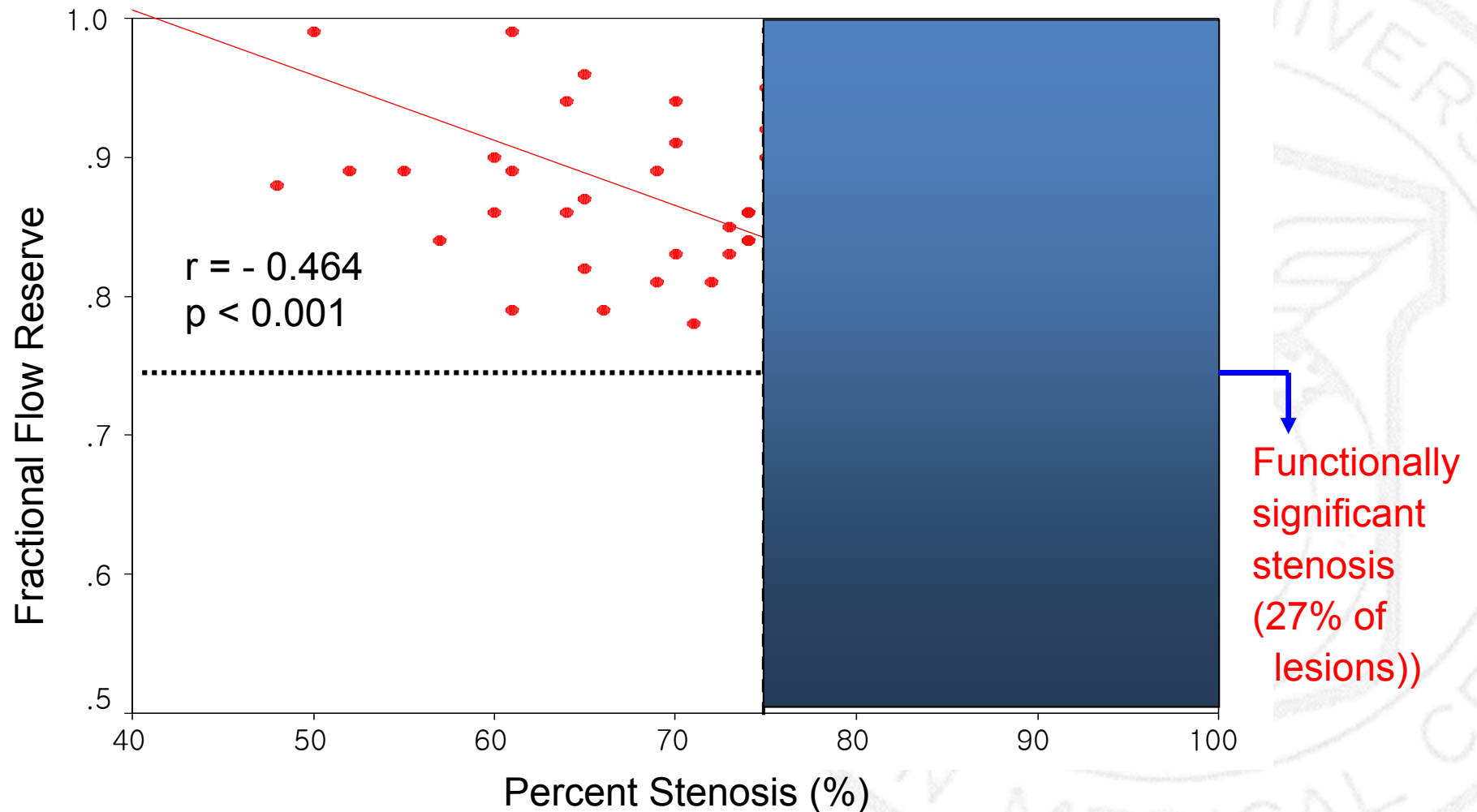
3

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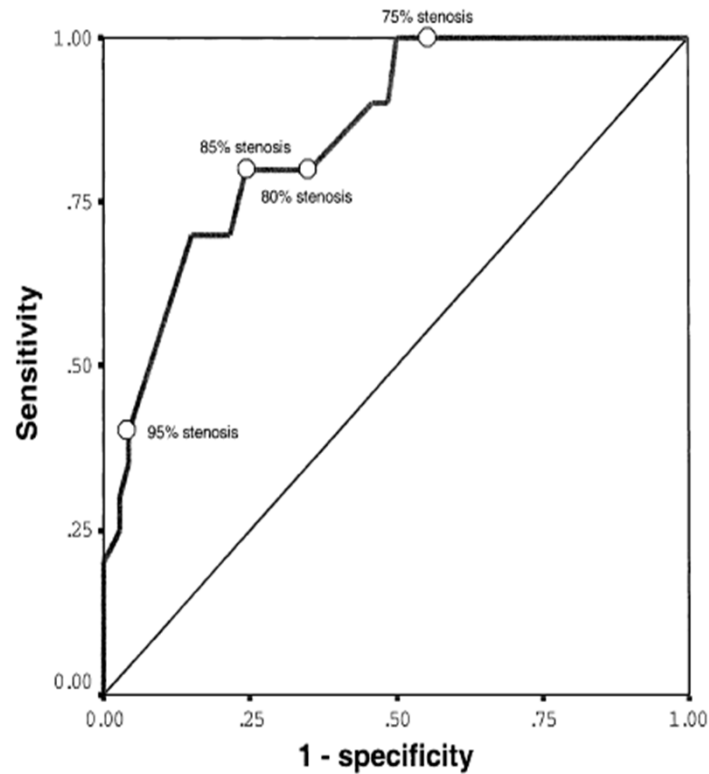
# Ostium SB Stenosis is Overestimated by Angio

QCA vs. FFR  
in Jailed side branch lesions (n=94)



# FFR Guided Provisional SB PCI

QCA vs. FFR  
in Jailed SB lesions (n=94)



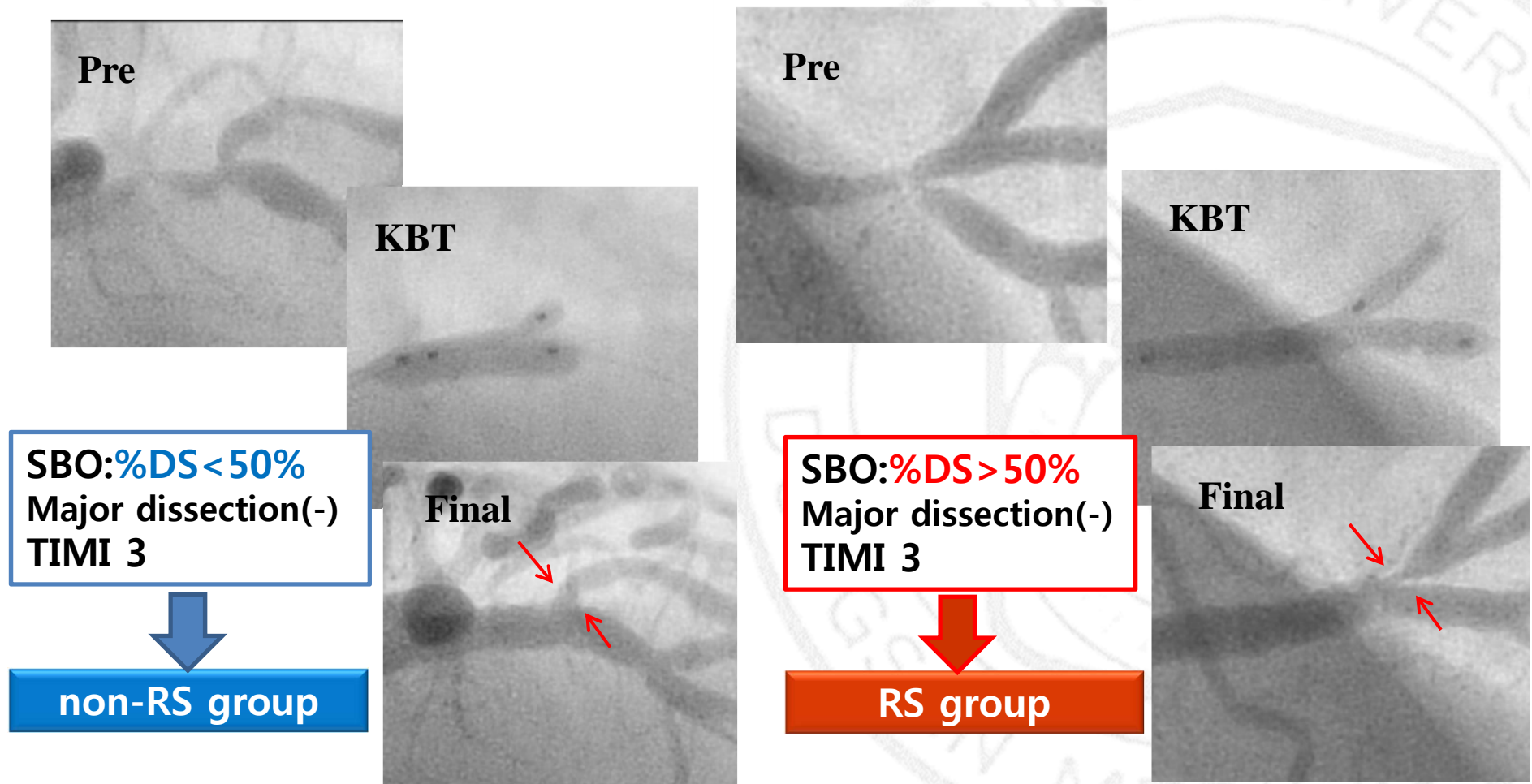
AUC: 0.85 (95% CI: 0.76 - 0.94)

% DS	Sensitivity	Specificity
75%	1.0	0.39
<b>85%</b>	<b>0.8</b>	<b>0.77</b>

Best Cut-off Value

# Impact of Residual Side Branch Stenosis on Clinical Outcome after Single DES w/ FKB Inflation

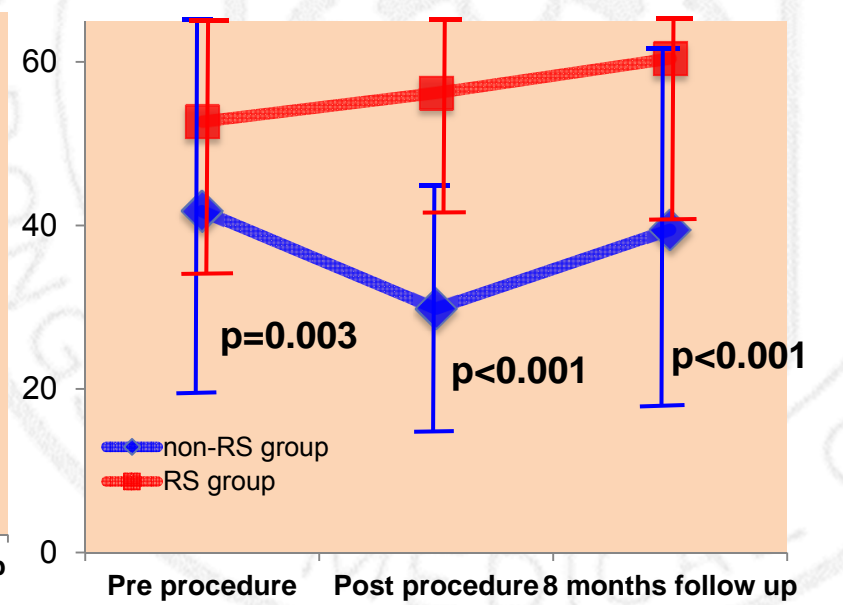
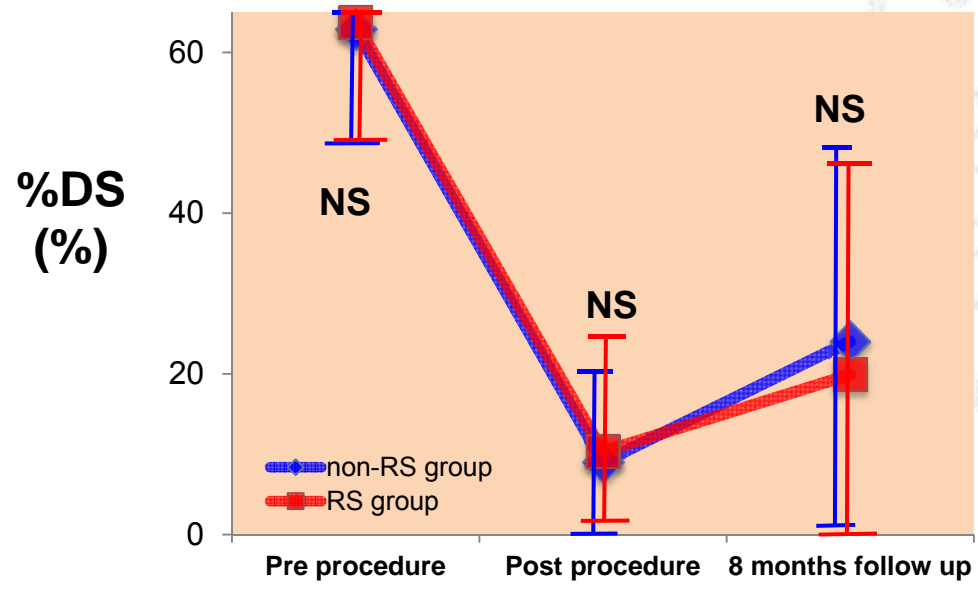
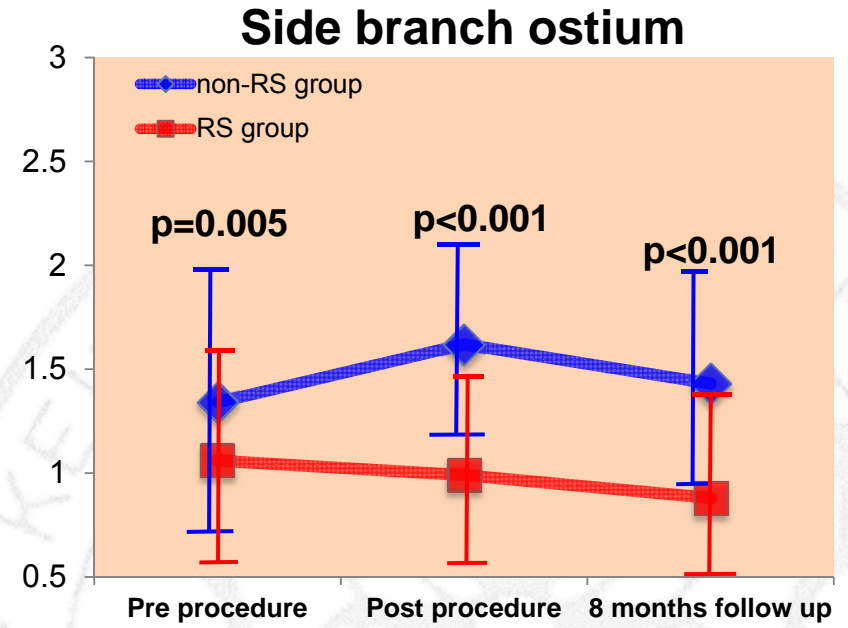
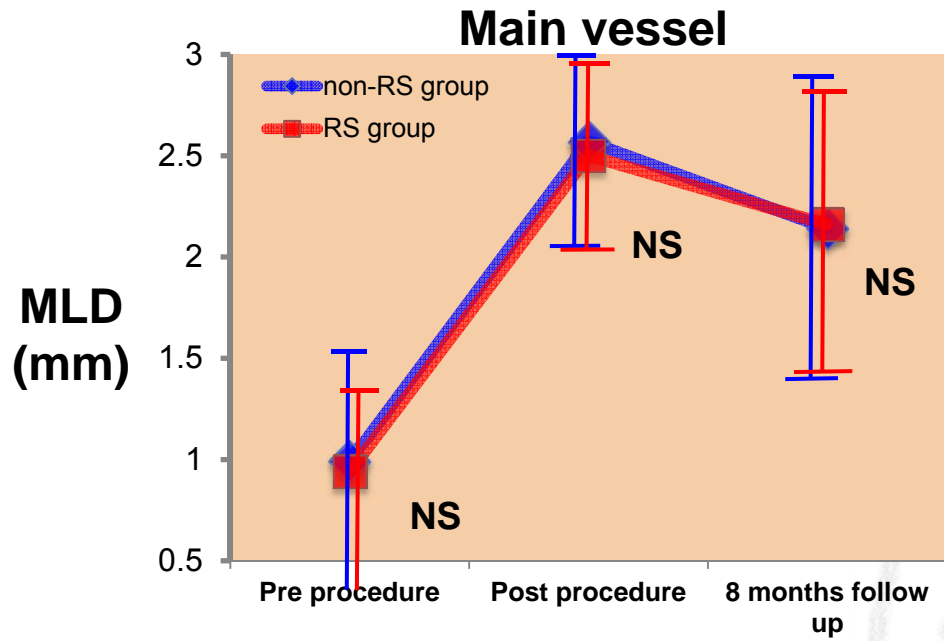
**Residual Stenosis at SBO: %DS>50%** in visually, or major dissection (NHLBI type C, D or E). But, at least maintained TIMI 3 flow.



# Strategy of PCI

n (lesions)	Non-RS group 116	RS group 47	p value
<b>Main Vessel</b>			
Pre dilatation (%)	75 (64.7)	32 (68.1)	NS
Direct stent (%)	40 (34.5)	15 (31.9)	NS
Scoring device usage (%)	2 (1.7)	2 (4.3)	NS
IVUS usage (%)	85 (69.8)	37 (78.7)	NS
<b>Stent variety</b>			
Cypher (%)	42 (36.2)	17 (36.2)	NS
TAXUS Express 2 (%)	74 (63.8)	30 (63.8)	NS
Stent diameter (mm)	3.02±0.37	3.05±0.31	NS
Stent length (mm)	21.6±5.3	22.6±5.9	NS
<b>Side Branch</b>			
KBT balloon diameter (mm)	2.30±0.32	2.19±0.29	NS
Max. inflation pressure (atm)	9.4±3.2	9.9±3.5	NS

# QCA Result





# Clinical Outcomes @ 12 Months

	Non-RS group	RS group	p value
<b>n (patients)</b>	<b>107</b>	<b>47</b>	
Cardiac death (%)	1 (0.9)	2 (4.3)	NS
Stent thrombosis (%)	1 (0.9)	0 (0)	NS
Myocardial infarction (%)	1 (0.9)	0 (0)	NS
Target lesion revascularization (%)	10 (8.6)	4 (8.5)	NS
Main vessel (lesion)	10	4	NS
Side branch (lesion)	0	0	NS
CABG (%)	0 (0)	1 (2.1)	NS
MACE (%)	11 (9.5)	7 (14.9)	NS

## Reasons for One Stent Preference in Bifurcation Lesion

1

• Presence of Oculo-stenotic Reflex

2

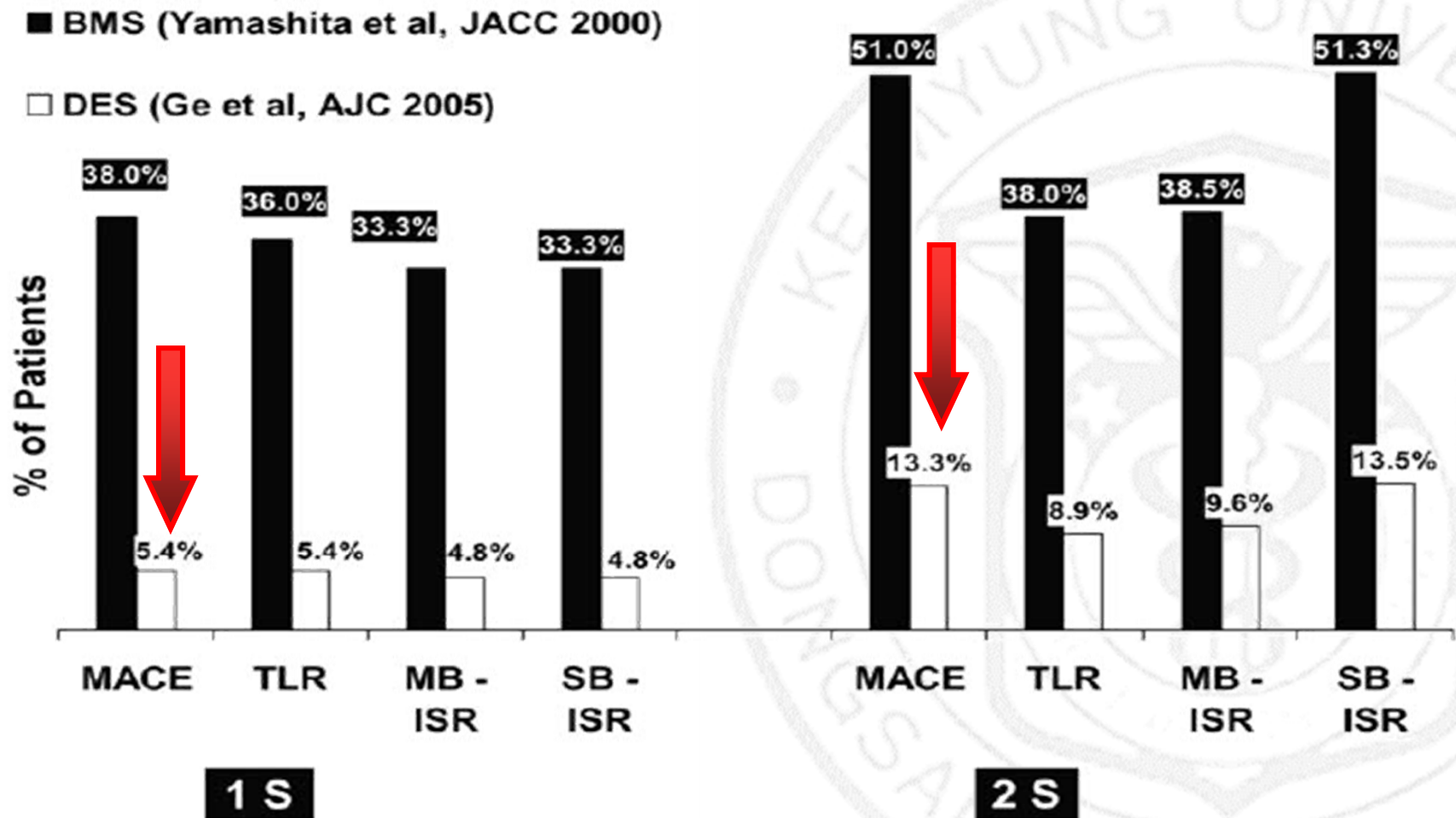
• Equal or Better Clinical Outcomes

3

4

5



# Effects of DES on Clinical Outcomes from 2 Registry Studies



# One-Stent Preferred to Two-Stent

~in the DES era~

Systemic 2 stenting vs. Provisional SB intervention

Author	n	Stent	TLR rate	
			 2 stents	 1 stent
Colombo, <i>Circulation</i> 2004	85	Cypher	9.5%	4.5%
Ge, <i>AJC</i> 2005	127	Cypher	8.8%	5.4%
Pen, <i>AHJ</i> 2004	91	Cypher	5%	2%
Steigen, <i>Circulation</i> 2006	413	Cypher	2%	1.4%

# More Recent Randomized Trials

## **NORDIC**

- Two arm
- SB Prov. T vs. 2 stents  
(Crush or Culottes)
- 6 Mo clinical FU
- 8 Mo angio FU

Steigen TK et al. Circulation. 2006;114:1955-1961

## **BBK**

- Two arm
- SB Prov. T vs. 2 stents  
(routine T)
- 12 Mo clinical FU
- 9 Mo angio FU

Ferenc M et al. Eur Heart J 2008; 29: 2859–2867

## **CACTUS**

- Two arm
- Crush vs. Prov. T
- 9 Mo clinical FU
- 9 Mo angio FU

Colombo A et al. Circulation. 2009;119:71–78

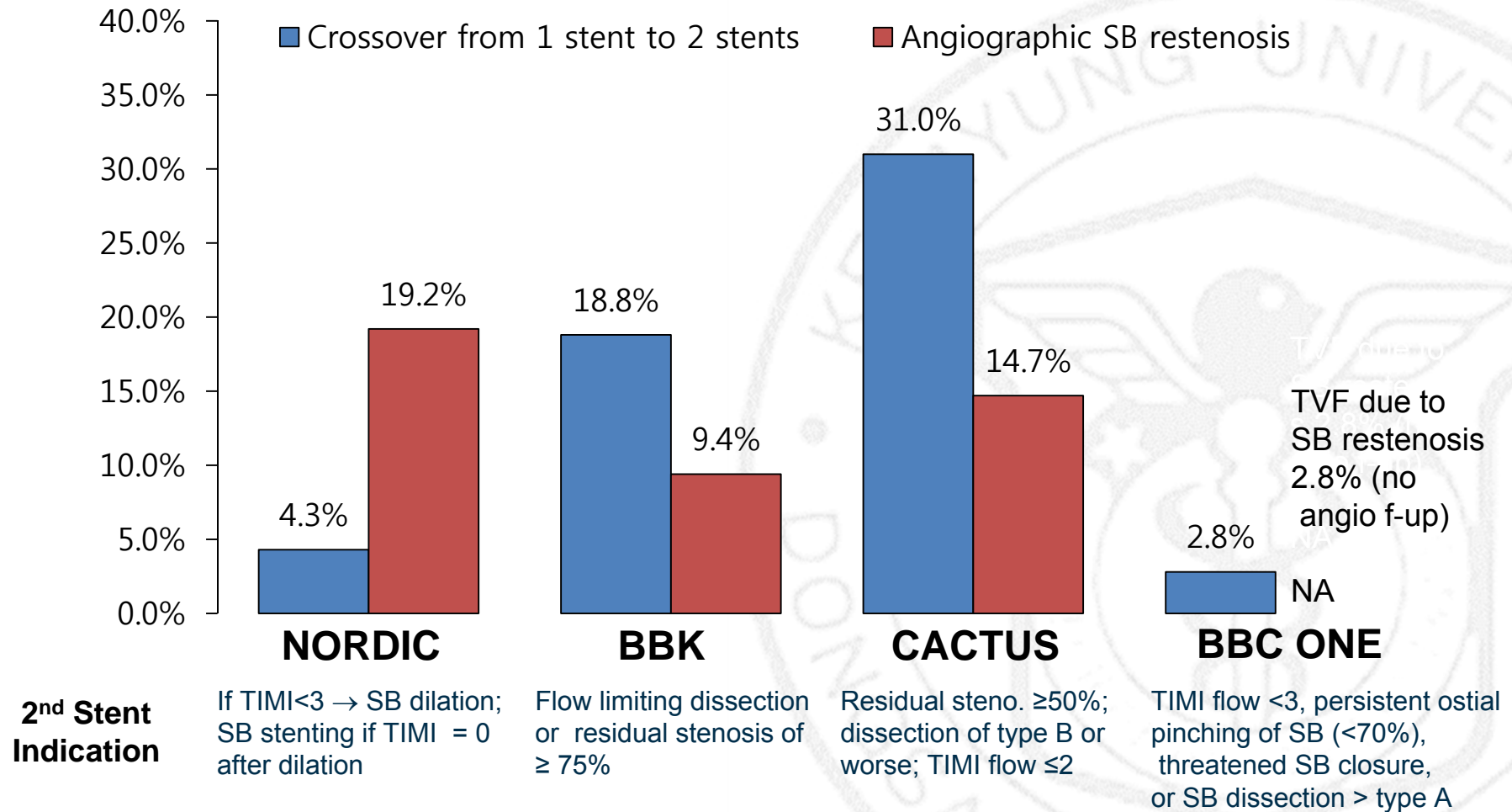
## **BBC ONE**

- Two arm
- SB Prov. T vs. 2 stents  
(Crush, Culottes)
- 9 Mo clinical FU
- No angio FU

Hildick-Smith D et al. Circulation. 2010;121:1235-1243

# How Often We Need 2nd Stent after MV Stent?

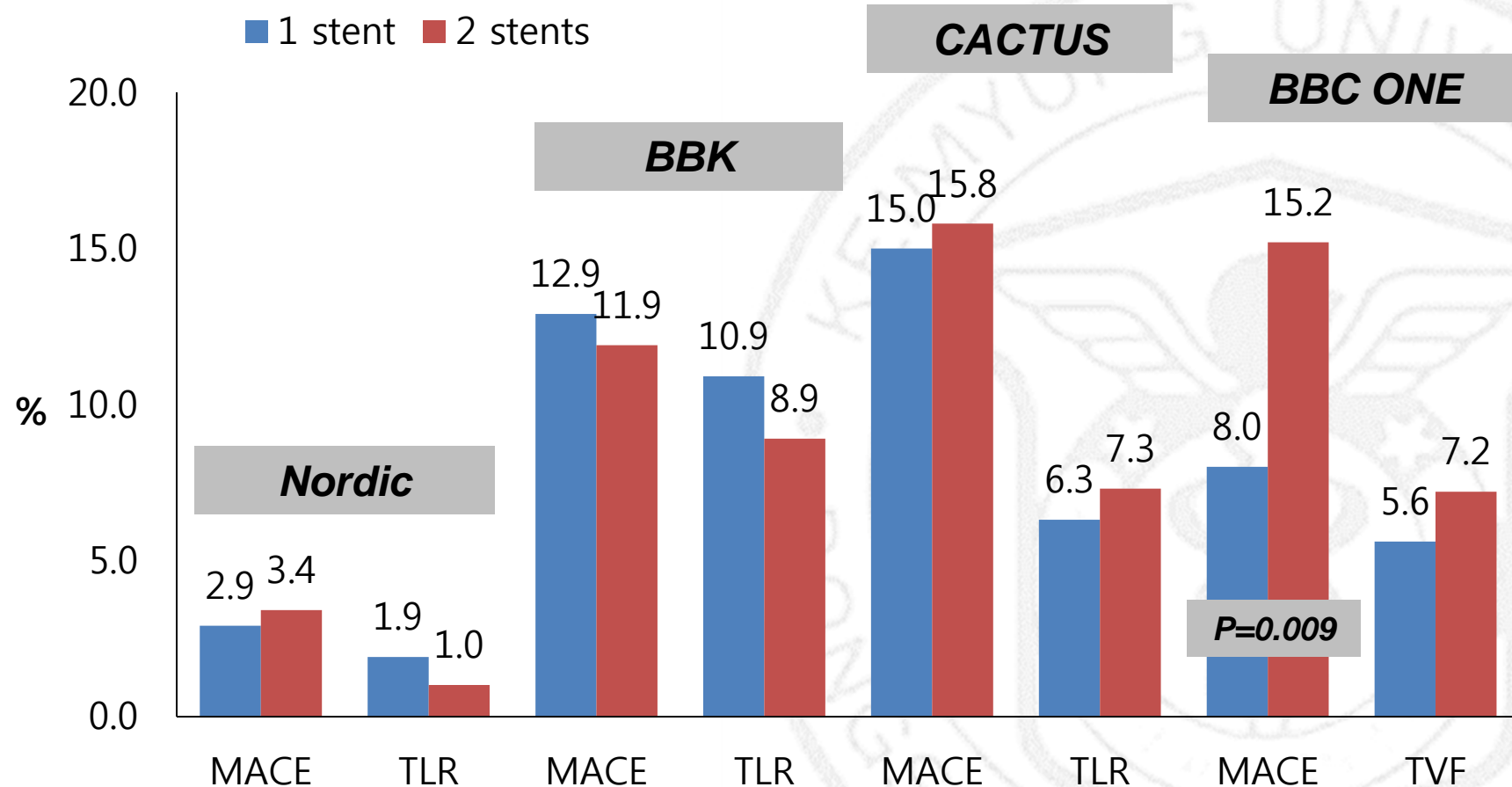
## Crossover from 1 Stent to 2 Stents



Steigen TK et al. Circulation. 2006;114:1955-1961 Ferenc M et al. Eur Heart J 2008; 29: 2859-2867 Colombo A et al. Circulation. 2009;119:71-78 Hildick-Smith D et al. Circulation. 2010;121:1235-1243



# MACE and TLR in Bifurcation Studies



Steigen TK et al. Circulation. 2006;114:1955-1961, Ferenc M et al. Eur Heart J 2008; 29: 2859–2867 Colombo A et al. Circulation. 2009;119:71–78 Hildick-Smith D et al. Circulation. 2010;121:1235-1243

## Reasons for One Stent Preference in Bifurcation Lesion

1

• Presence of Oculo-stenotic Reflex

2

• Equal or Better Clinical Outcomes

3

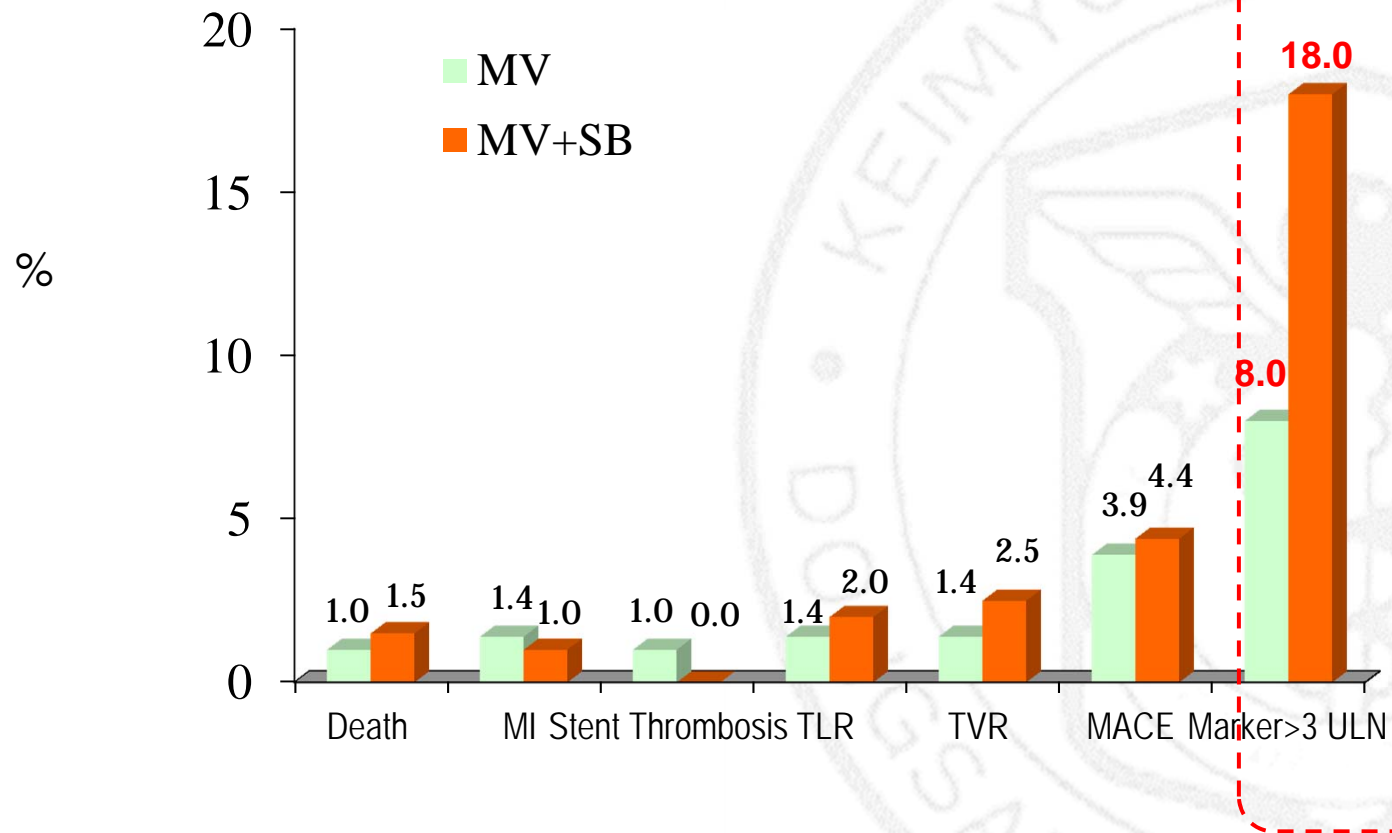
• **Less Complications**

4

5

# NORDIC Bifurcation Study

## Clinical outcomes



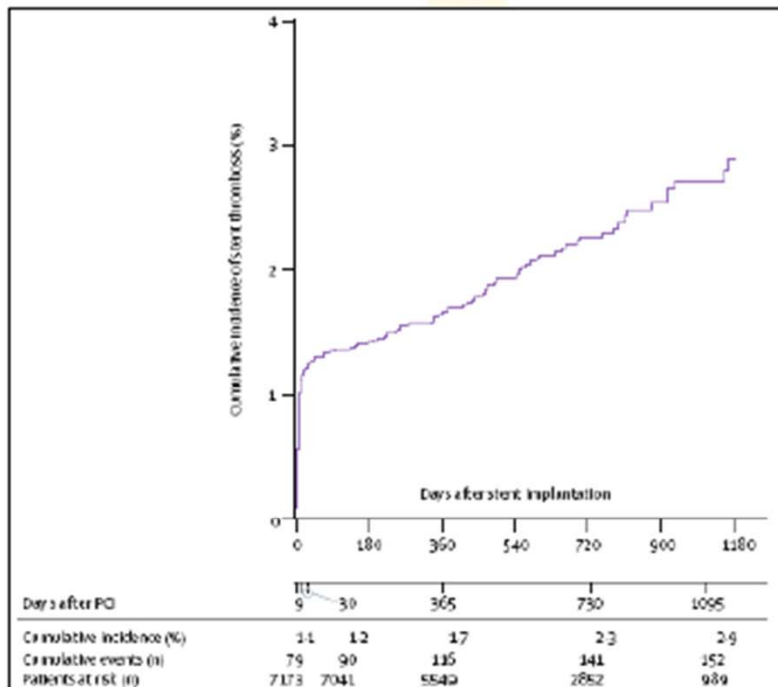
Left main stem lesion : 2%

# Bifurcation as a Potent, Independent Risk Factor for Stent Thrombosis

	n	RR	95% CI	FU
Iakovou et al JAMA 2005	2229	<b>5.96</b>	1.90-18.68	Subacute
Ong et al JACC 2005	2229	<b>8.11</b>	2.50-26.26	Late
Kuchulakanti et al Circulation 2006	1017	<b>3.00</b>	1.30-6.80	6 Mo
Hwang + Koo TCT 2006	2974	<b>4.40</b>	4.40-21.92	Late

# Bifurcation as a Potent, Independent Risk Factor for Stent Thrombosis

**Bern-Rotterdam registry  
(n=8146 patients)**

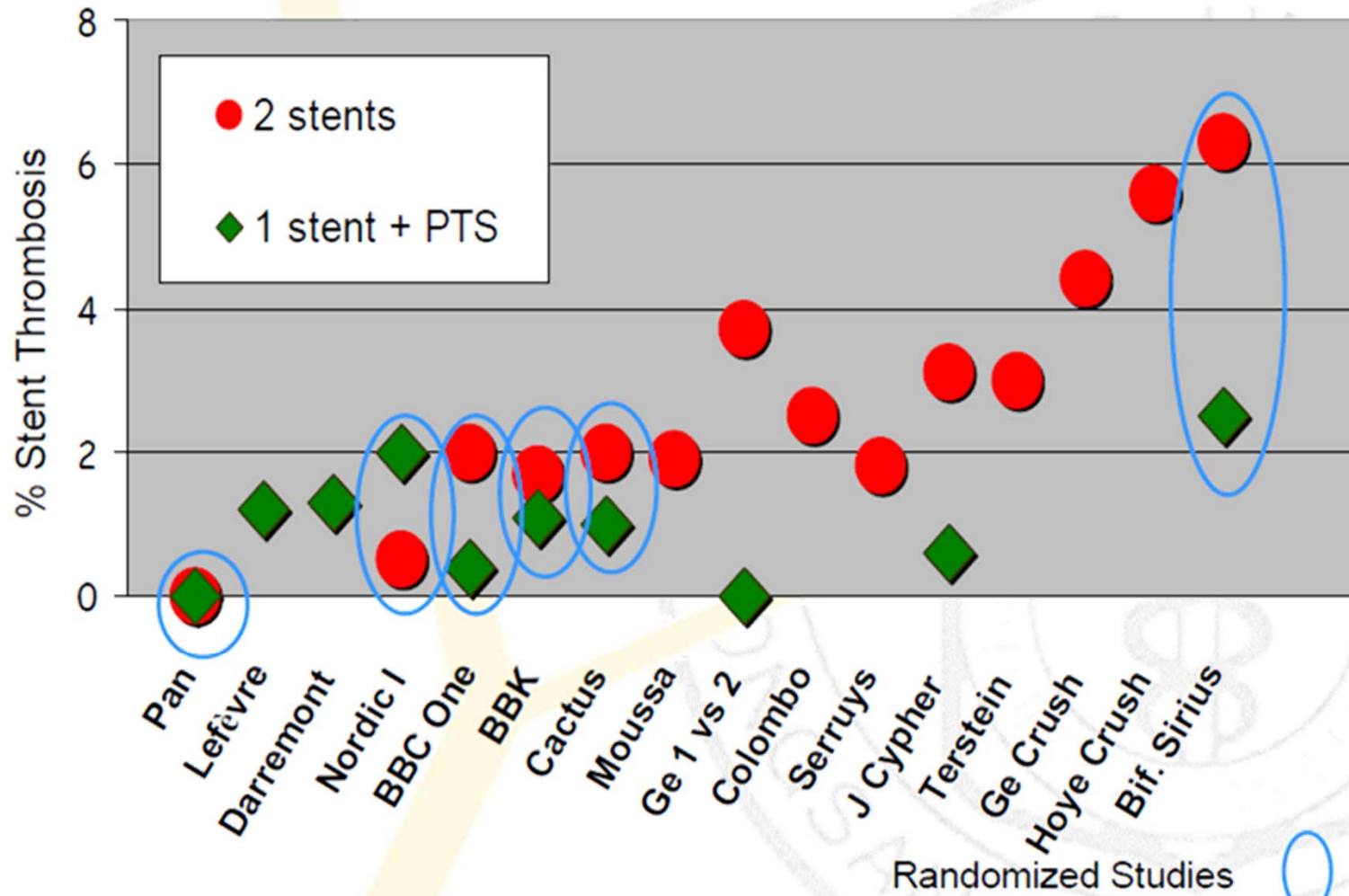


Multivariate Cox proportional hazards model to identify the presence of a bifurcation lesion as an independent predictor of stent thrombosis

<b>Early ST</b>	<b>2.52</b>	(1.26-5.02)
Late ST	0.22	(0.03-1.71)
Overall ST	1.47	(0.79-2.72)

*Daemen et al, Lancet 2007*

# Bifurcation as a Potent, Independent Risk Factor for Stent Thrombosis





# Predictors of LST / VLST

## Multivariable analysis

LST / VLST in 67 lesions among 16,801 lesions treated exclusively by Cypher

Factors	R.R.	95%C.I.	P Value
Hemodialysis	1.91	(1.29 - 2.65)	0.002
ESRD (e-GFR < 30/Non-HD)	1.81	(1.2 - 2.65)	0.007
<b>Two stents</b> for bifurcation	1.81	(1.17 - 2.59)	0.01

# Meta-Analysis

## Double Versus Single Stenting for Coronary Bifurcation Lesions A Meta-Analysis

Demosthenes G. Katritsis, MD, PhD, FRCP; George C.M. Siontis, MD; John P.A. Ioannidis, MD

**Background**—Several trials have addressed whether bifurcation lesions require stenting of both the main vessel and side branch, but uncertainty remains on the benefits of such double versus single stenting of the main vessel only.

**Methods and Results**—We have conducted a meta-analysis of randomized trials including patients with coronary bifurcation lesions who were randomly selected to undergo percutaneous coronary intervention by either double or single stenting. Six studies (n=1642 patients) were eligible. There was increased risk of myocardial infarction with double stenting (risk ratio, 1.78;  $P=0.001$  by fixed effects; risk ratio, 1.49 with Bayesian meta-analysis). The summary point estimate suggested also an increased risk of stent thrombosis with double stenting, but the difference was not nominally significant given the sparse data (risk ratio, 1.85;  $P=0.19$ ). No obvious difference was seen for death (risk ratio, 0.81;  $P=0.66$ ) and target lesion revascularization (risk ratio, 1.09;  $P=0.67$ ).

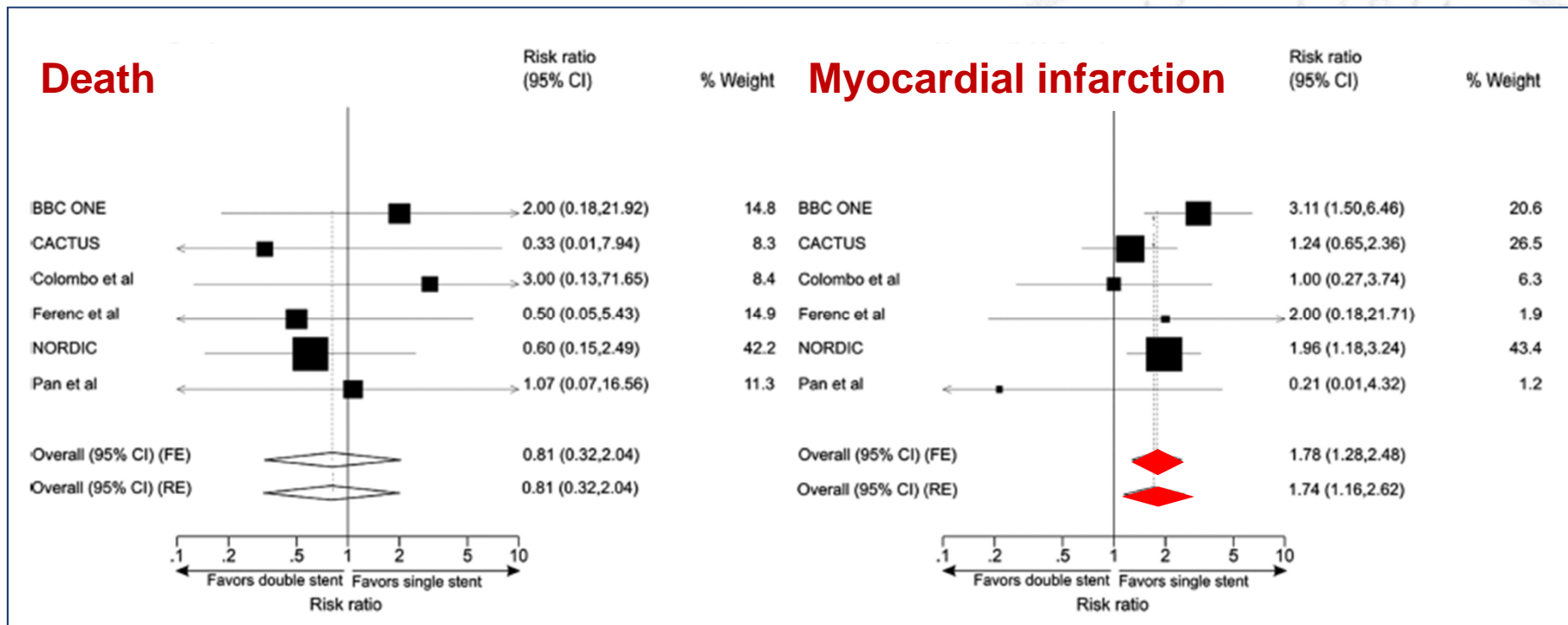
**Conclusions**—Stenting of both the main vessel and side branch in bifurcation lesions may increase myocardial infarction and stent thrombosis risk compared with stenting of the main vessel only. (*Circ Cardiovasc Intervent.* 2009;2:409-415.)

**Key Words:** angioplasty ■ coronary bifurcation ■ PCI ■ stents ■ meta-analysis

MEDICAL

# Two vs. One Stenting Meta-Analysis

N=1642 patients

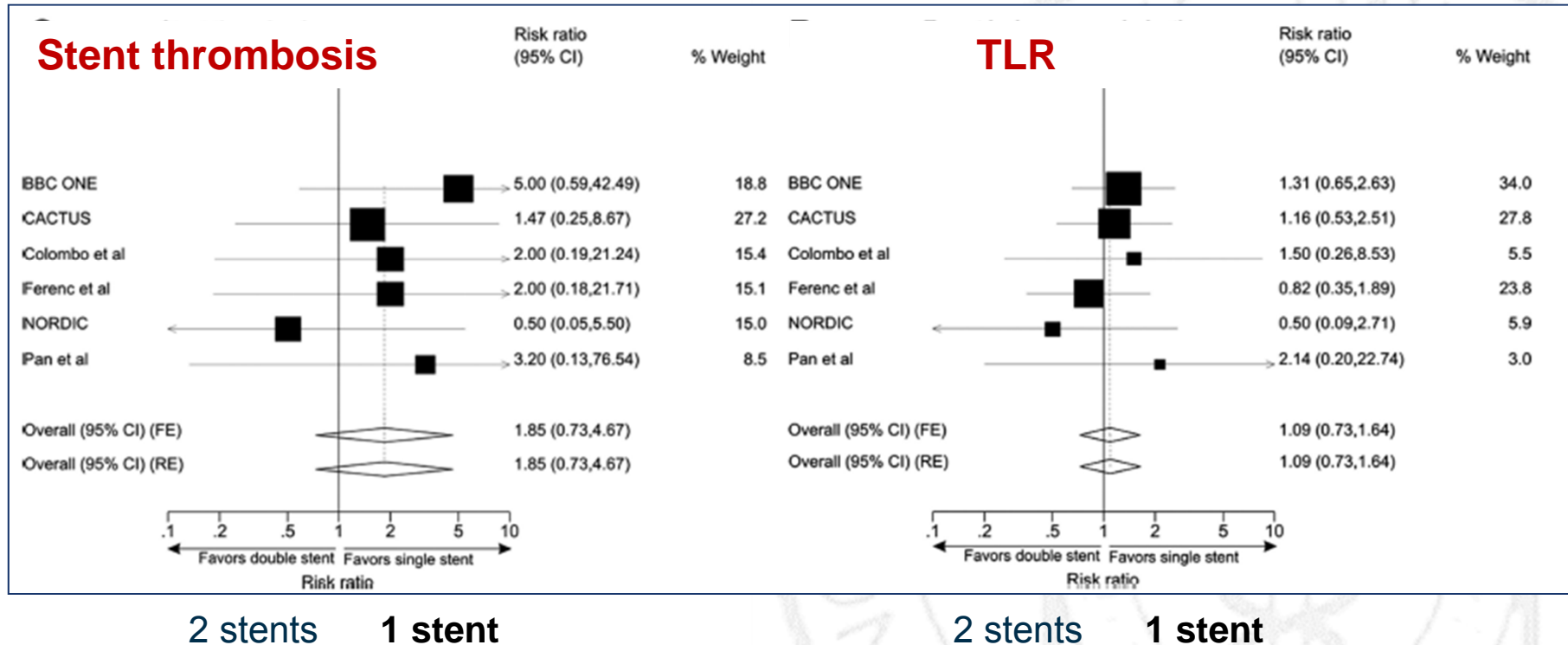


2 stents      1 stent

2 stents      1 stent

# Two vs. One Stenting Meta-Analysis

N=1642 patients



**Conclusion:** Compared w/ single stenting, **double** stenting in bifurcation lesions may increase **MI** and **ST** risk

## Reasons for One Stent Preference in Bifurcation Lesion

1

• Presence of Oculo-stenotic Reflex

2

• Equal or Better Clinical Outcomes

3

• Less Complications

4

• **Simple Technique**

5



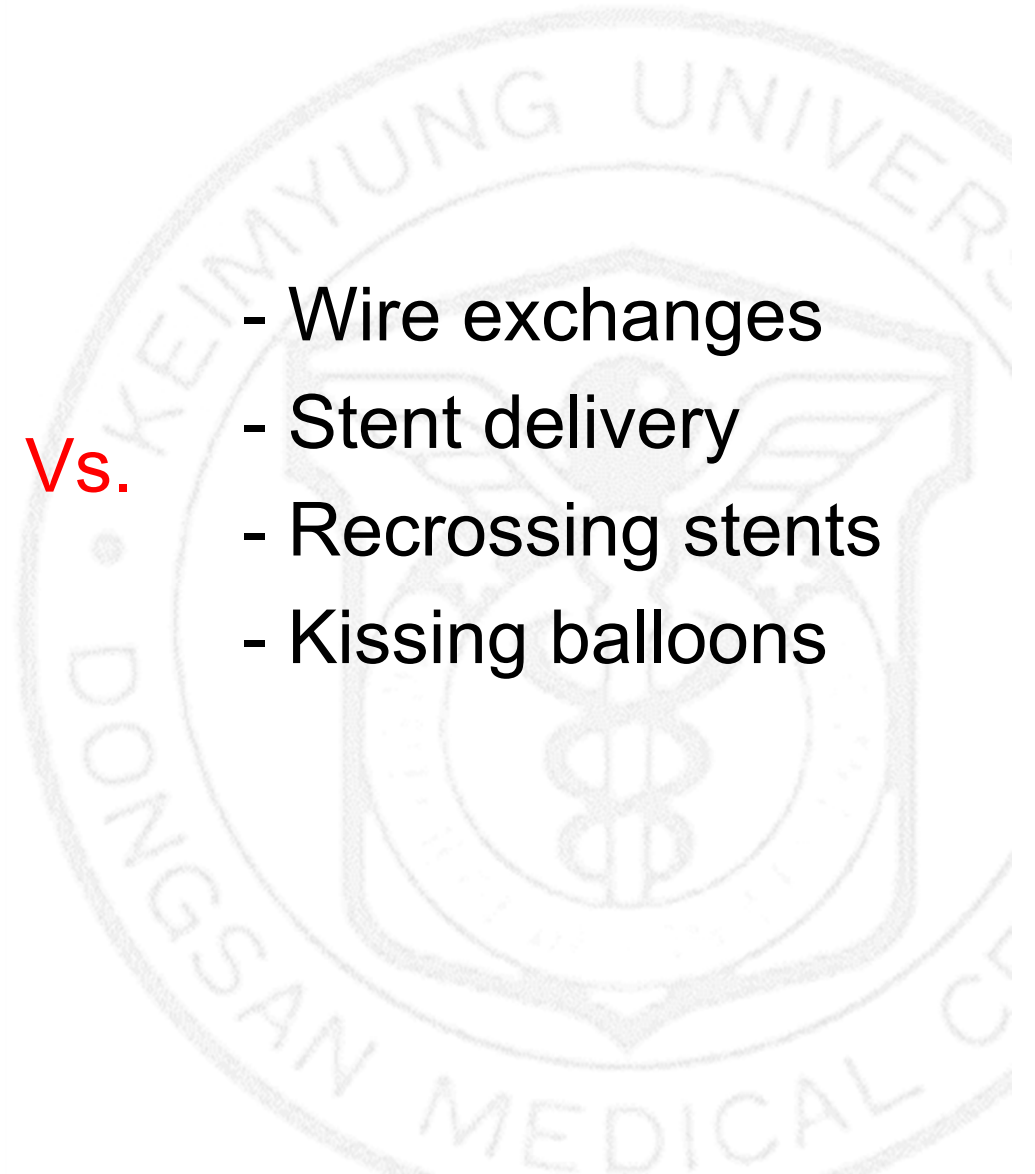
# One Stent Technique is Simple

JUST STENT IT



Vs.

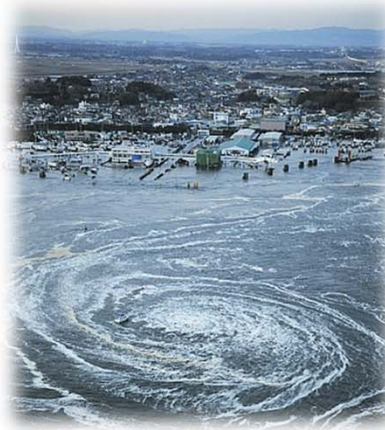
- Wire exchanges
- Stent delivery
- Recrossing stents
- Kissing balloons





# Down Side of Two Stents

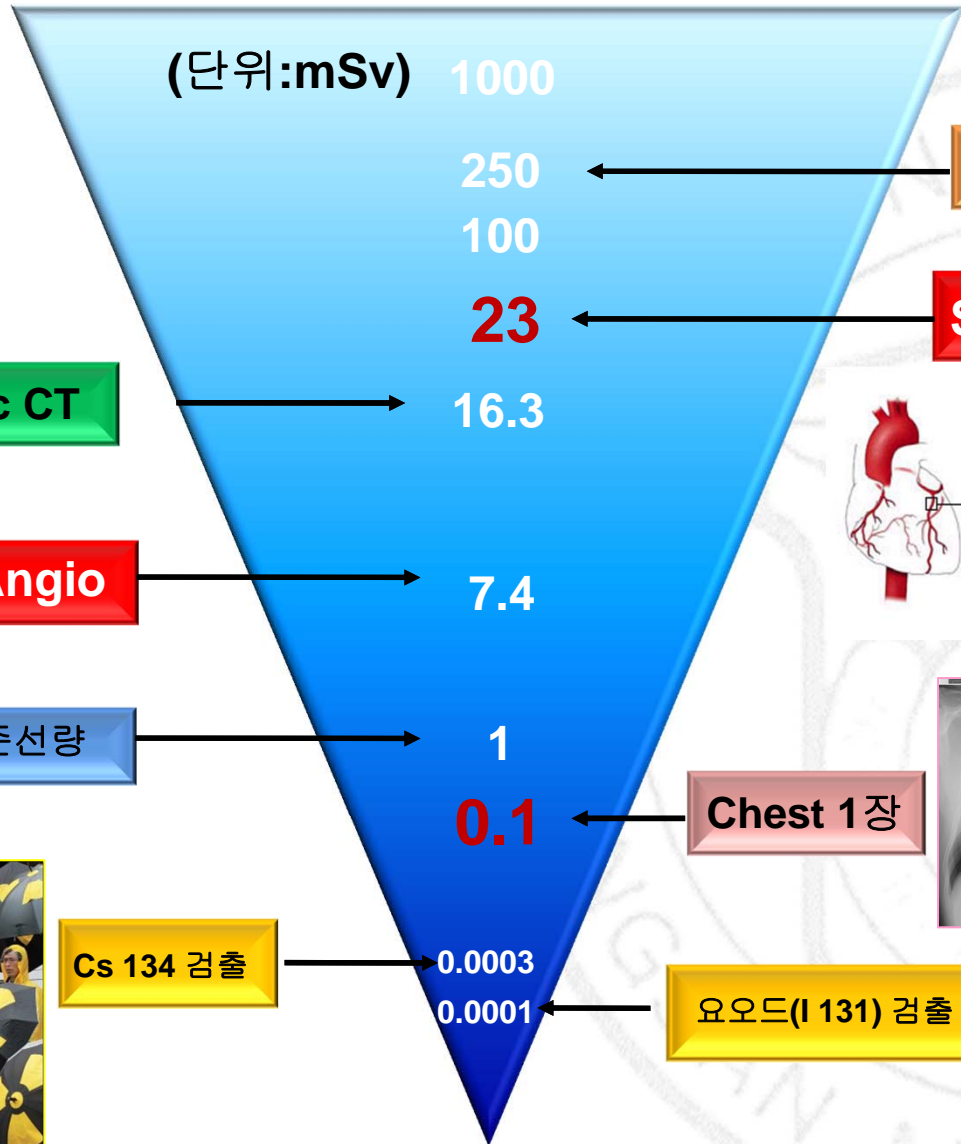




공기중 방사능 수치  
I 131: 0.000140mSv  
Cs134: 0.000313mSv  
Cs137: 0.0000646mSv



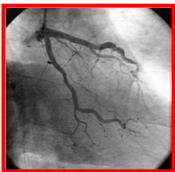
# Where Are We?



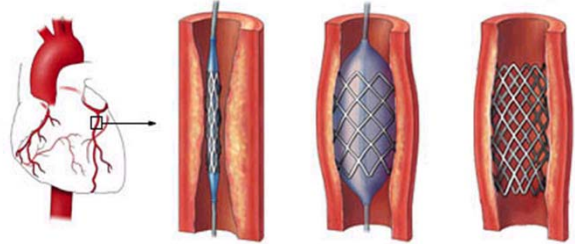
연간 피폭한도 제한

Single PTCA

Cardiac CT



Angio



연간 방사선 기준선량

Chest 1장



Cs 134 검출

요오드(I 131) 검출

PTCA 230장  
Angio 74장

한국원자력안전기술원(KINS)

# NORDIC Bifurcation Study

## Procedure data

	<b>MV+SB</b> (n=206)	MV (n=207)	P-value
Procedure time (min)	74 ± 30	59 ± 30	< 0.0001
Fluoro time (min)	21 ± 10	15 ± 9	< 0.0001
Contrast (ml)	283 ± 117	233 ± 93	< 0.0001

# BBC ONE

	<b>Complex</b>	Simple	P value
Procedure time (mins; mean, SE)	78 (1.9)	57 (1.6)	<0.001
Fluoroscopy time (min; mean, SE)	22 (0.8)	15 (0.7)	<0.001
Diamentor (cGy.cm <sup>2</sup> ) (mean, SE)	7900 (350)	6140 (300)	<0.001
No. guidewires used (mean, SE)	3.11 (0.08)	2.21 (0.06)	<0.001
No. balloons used (mean, SE)	3.97 (0.11)	2.26 (0.09)	<0.001
No. stents used (mean, SE)	2.21 (0.07)	1.17 (0.04)	<0.001

## Reasons for One Stent Preference in Bifurcation Lesion

1

- Presence of Oculo-stenotic Reflex

2

- Equal or Better Clinical Outcomes

3

- Less Complications

4

- Simple Technique

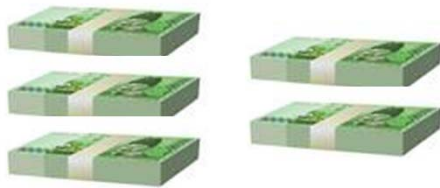
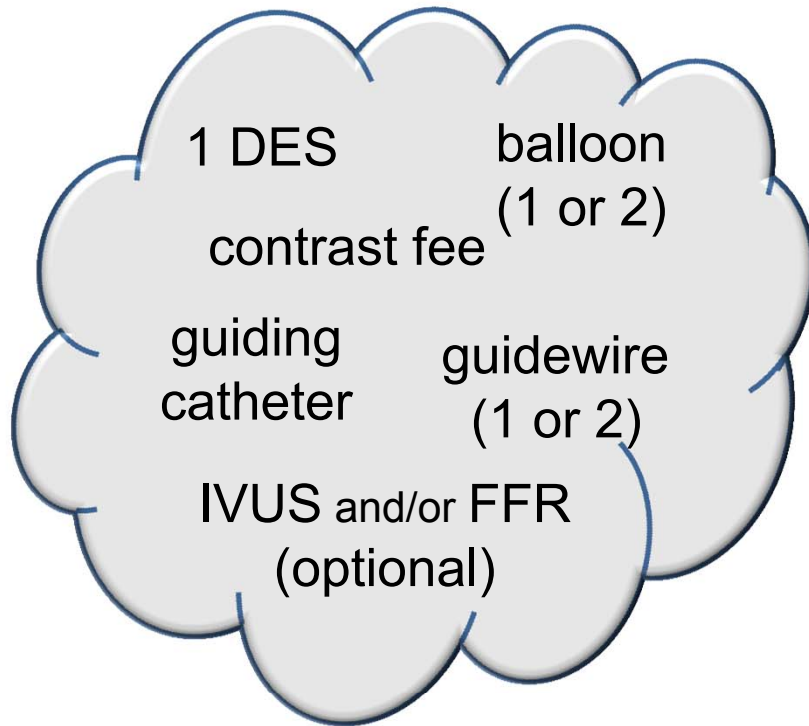
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- **Cost Effectiveness**

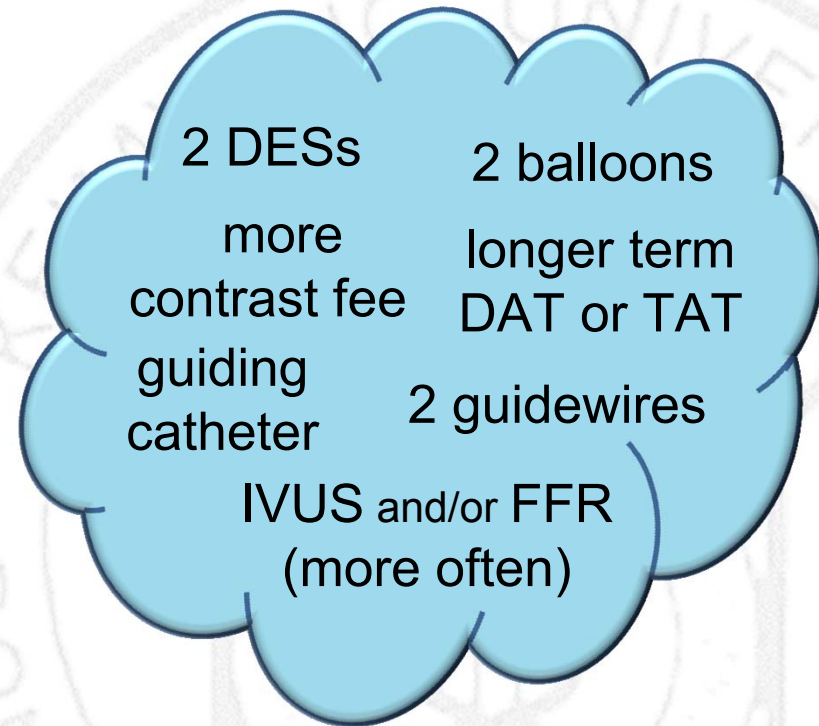


# Total Cost

## One Stent



## Two Stents



# ONE STENT PREFERENCE

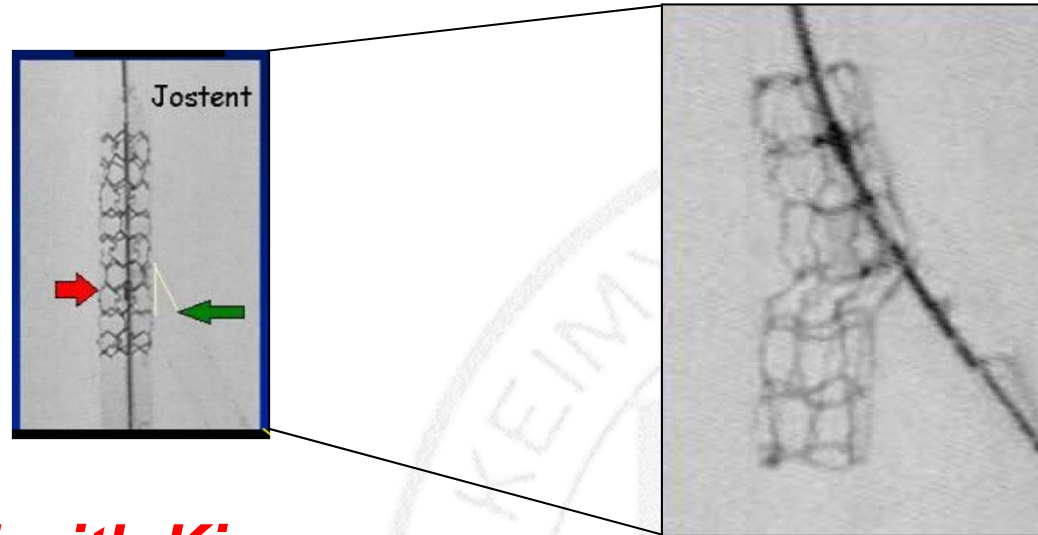
**BUT**

**We keep in mind  
the fact that.....**

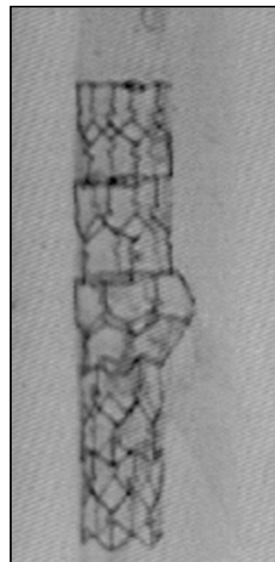


# When POBA through MB Stent ...

Provisional  
T-stent



***Absolutely End with Kiss***



- Must be performed optimally
  - After dilatation of SB, kissing Balloon dilatation is essential to correct the MV stent deformation

# Keep It Open (KIO)

When the **SB** has **ostial** or **diffuse** disease  
+ the SB is **not suitable** (**too small**) for stenting  
or clinically not relevant

*6 Fr guiding catheter*

1. Wire both branches
2. Dilate MB if needed
3. Stent MB and **leave wire** in the **SB**
4. Perform post-dilatation of the MB with **Jailed wire** in the SB

➔ Do not re-wire SB or postdilate or predilate SB



# One Stent Approach for Bifurcation Lesions



KIO

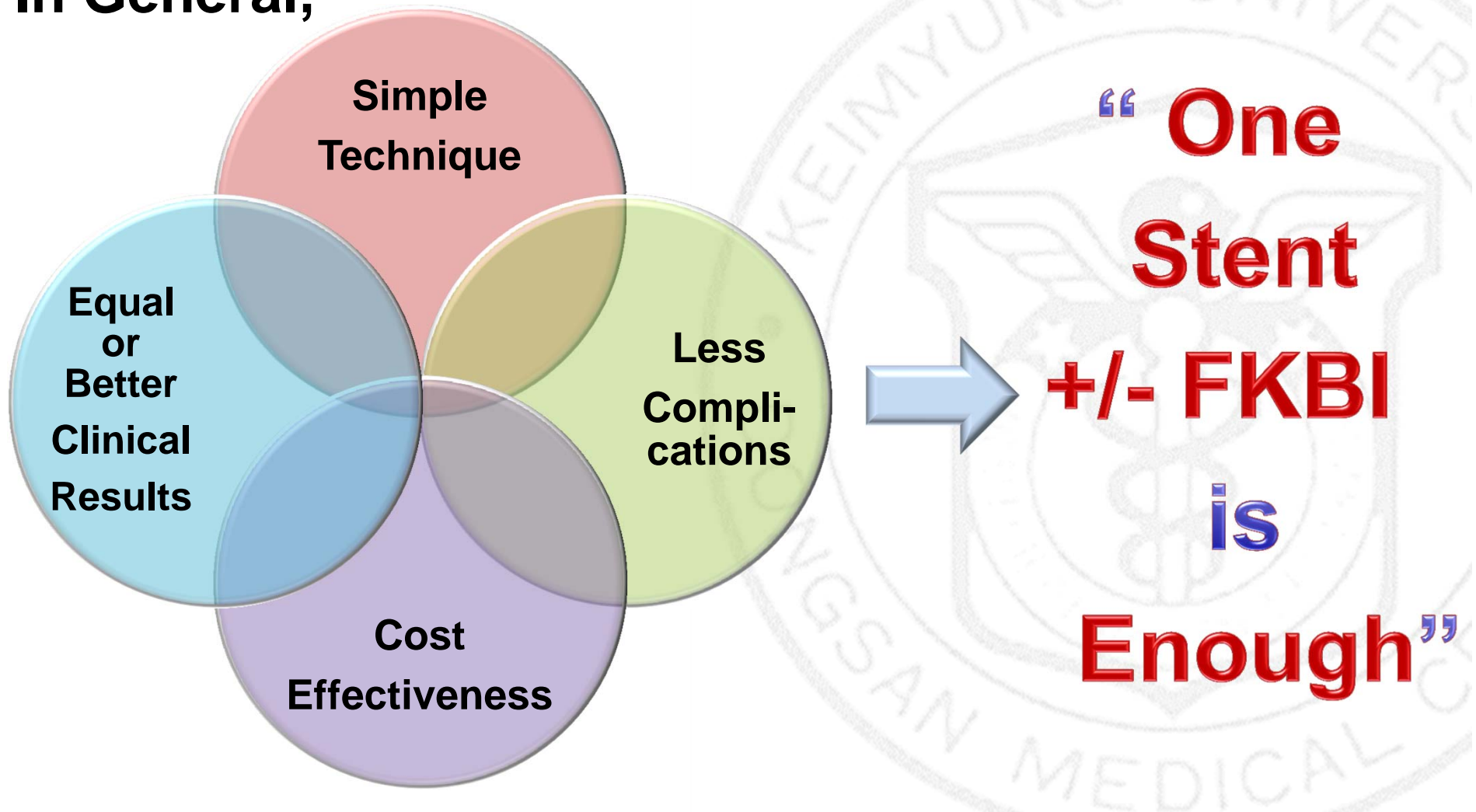
Provisional  
Stent Strategy



# CONCLUSION

## Stent Technique for Bifurcation Lesion

In General,







**THANK YOU FOR YOUR ATTENTION**