

# **Safety and Efficacy of Enoxaparin versus Unfractionated Heparin in Acute Coronary Syndrome**

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## 2. Clinical Data from Western Countries & KAMIR

- **1) UA/NSTEMI**

- : ESSENCE, Meta-analysis, STEEPLE

- **2) STEMI**

- : ExTract TIMI 25, FINESSE, **ATOLL**

- **Global registry (FAST-MI, ACOS, **KAMIR**)**

## 3. Summary & Conclusion

# Need for new anti-coagulants ? Yes ! Because of limitations of UFH in PCI

## 1. Current recommendations for ACT have become obsolete

Chew DP, et al. *Circulation*. 2001;103:961-966.

Tolleson TR, et al. *J Am Coll Cardiol*. 2003;41:386-393.

Brener, SJ, et al. *Circulation*. 2004;110:994-998.

## 2. Anticoagulation with UFH is unpredictable

In STEEPLE, only 20% of patients were in the “official” target range

## 3. Frequent medical errors with UFH

LaPointe NM, Jollis JG. *Arch Intern Med*. 2003;163:1461-1466.

## 4. Safety of UFH recently put into question d/t anaphylaxis

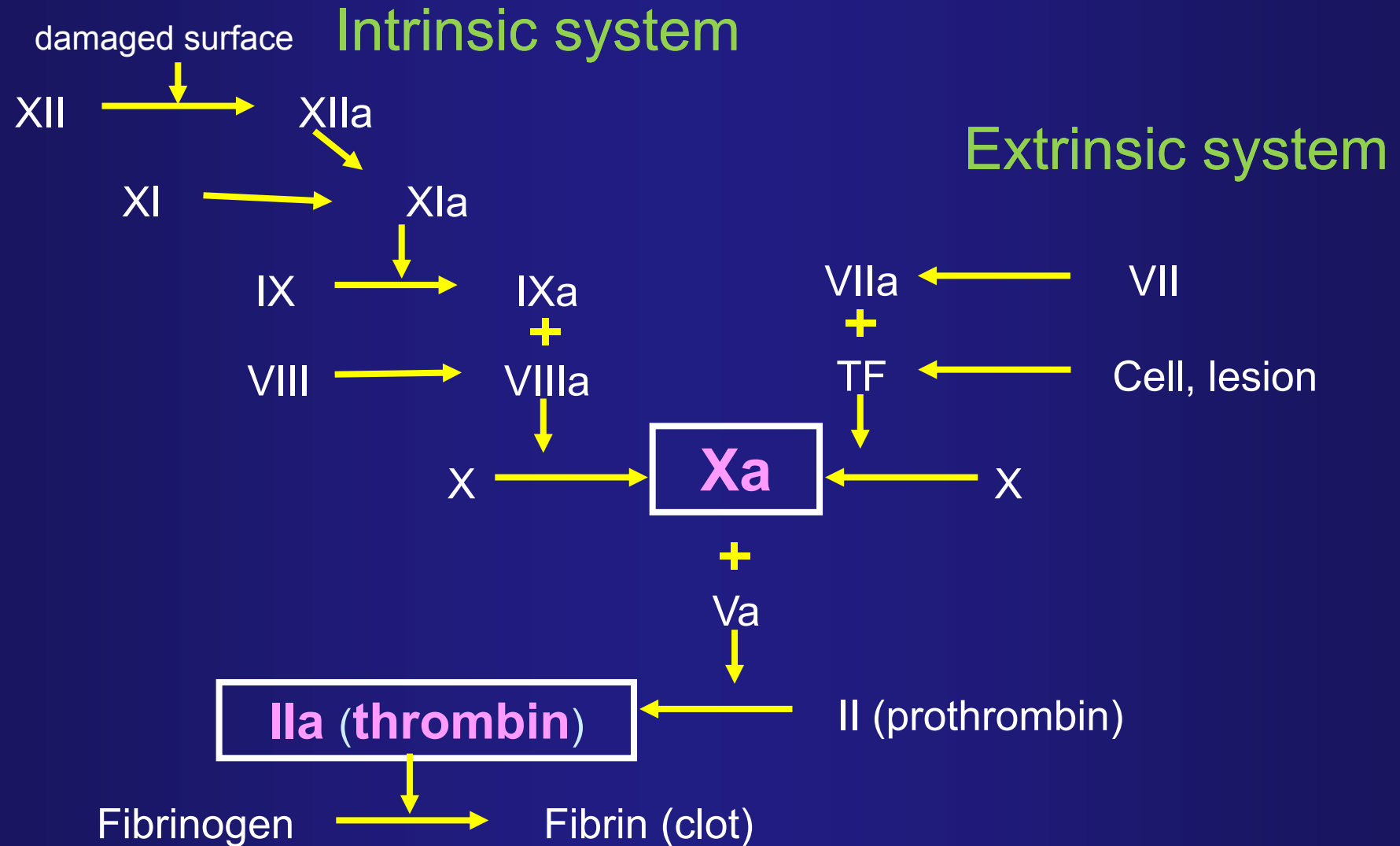
## 5. New alternatives are available, which are safer, more effective and easier to use

# **Comparison of LMWH vs. UFH:**

**mode of action, advantages and  
disadvantages**

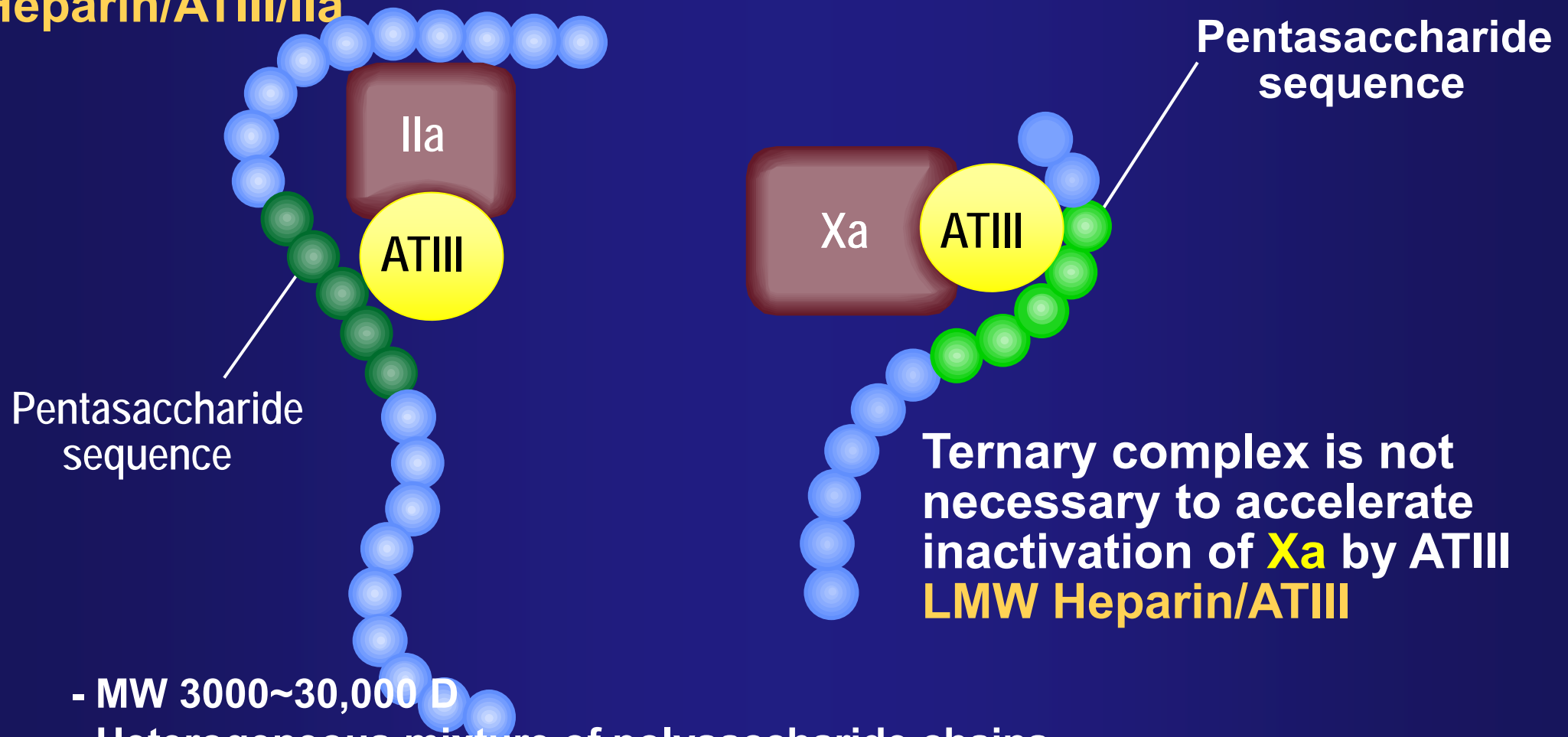


# Coagulation Cascade



# Different mechanism in inactivation of **Ila** & **Xa**

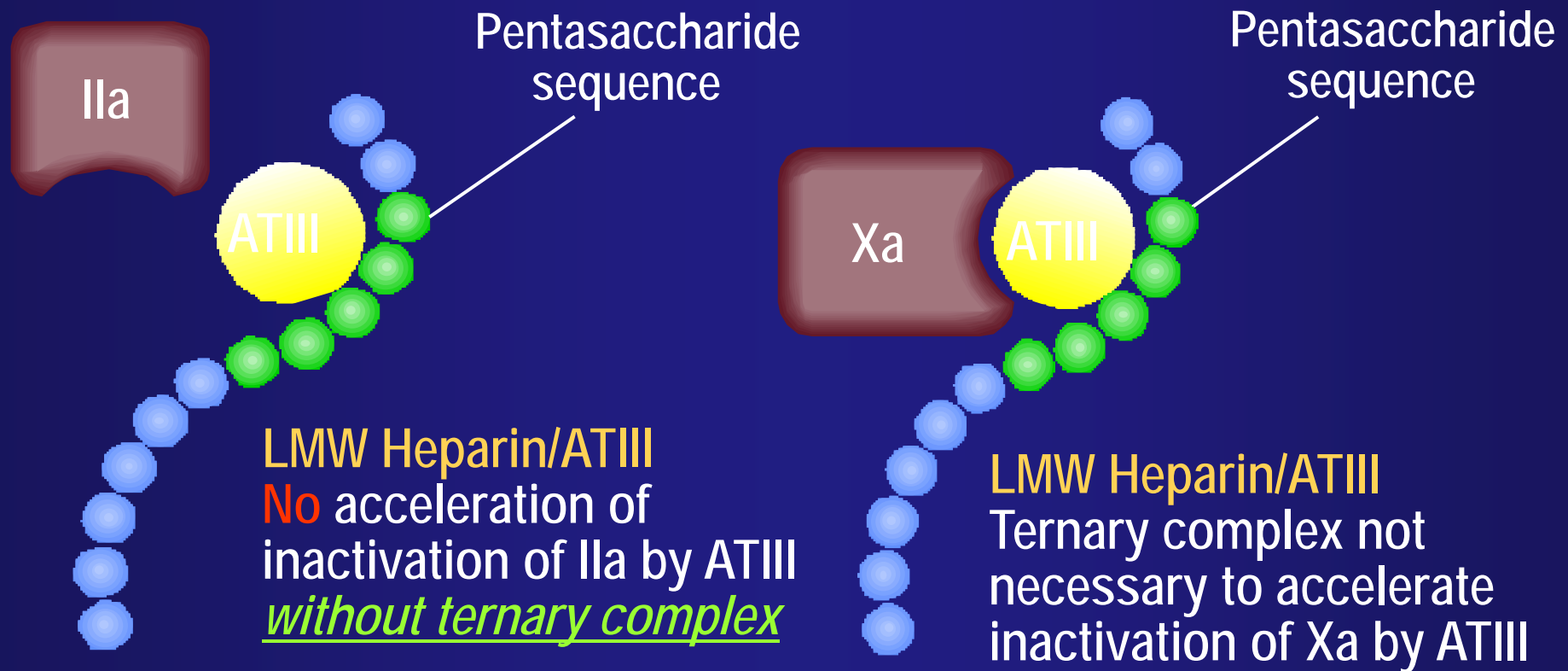
Ternary complex accelerates inactivation of **Ila** by ATIII  
**Heparin/ATIII/Ila**



Ternary complex is not necessary to accelerate inactivation of **Xa** by ATIII  
**LMW Heparin/ATIII**

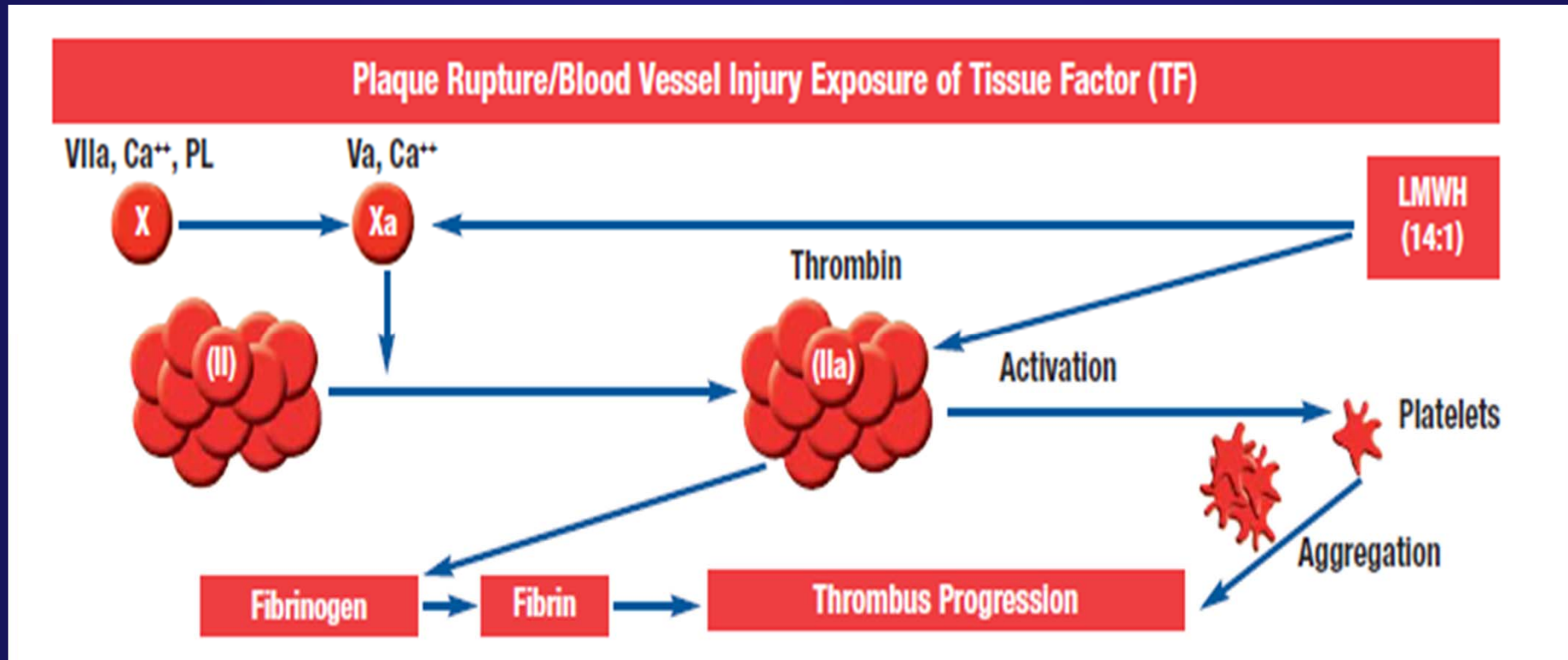
- MW 3000~30,000 D
- Heterogeneous mixture of polysaccharide chains
- Anticoagulation activity by catalyzing antithrombin

# LMWH : Inactivation of Xa >> IIa



- MW 4,500~6,000 D
- Isolated antithrombotic effect from unfractionated heparin
- Anti Xa activity greater than antithrombin activity

# LMWH offers greater Xa activity for greater antithrombotic effect



1. LMWH acts on 2 sites of the coagulation cascade, factors Xa and IIa (thrombin), reducing thrombin generation and inhibiting fibrin clot formation
2. The earlier the inhibition, the greater the anticoagulation effect
3. One factor Xa molecule generates ~100 molecules of thrombin in 1 second. Thus, by limiting factor Xa, Enoxaparin inhibits the subsequent step—the explosive generation of thrombin

# Unfractionated Heparin

## Advantages

- Long history of clinical use
- Multiple sites of action in coagulation cascade
- Immediate anticoagulation

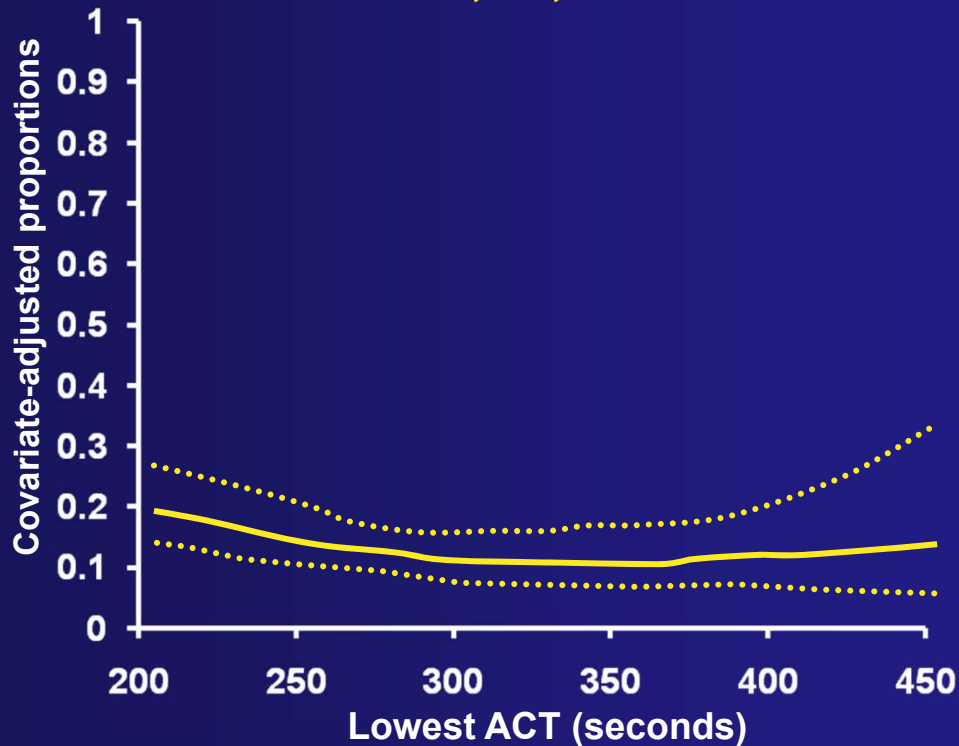
## Disadvantages

- Nonspecific binding to:
  - Serine proteases
  - Endothelial cells  
(can lead to variability in level of anticoagulation)
- Not consistent half life (30min ~ 2.5h)
- Nonlinear pharmacokinetics
- Reduced effect in ACS
  - Inhibited by PF-4
- Causes platelet aggregation
- Risk of HIT

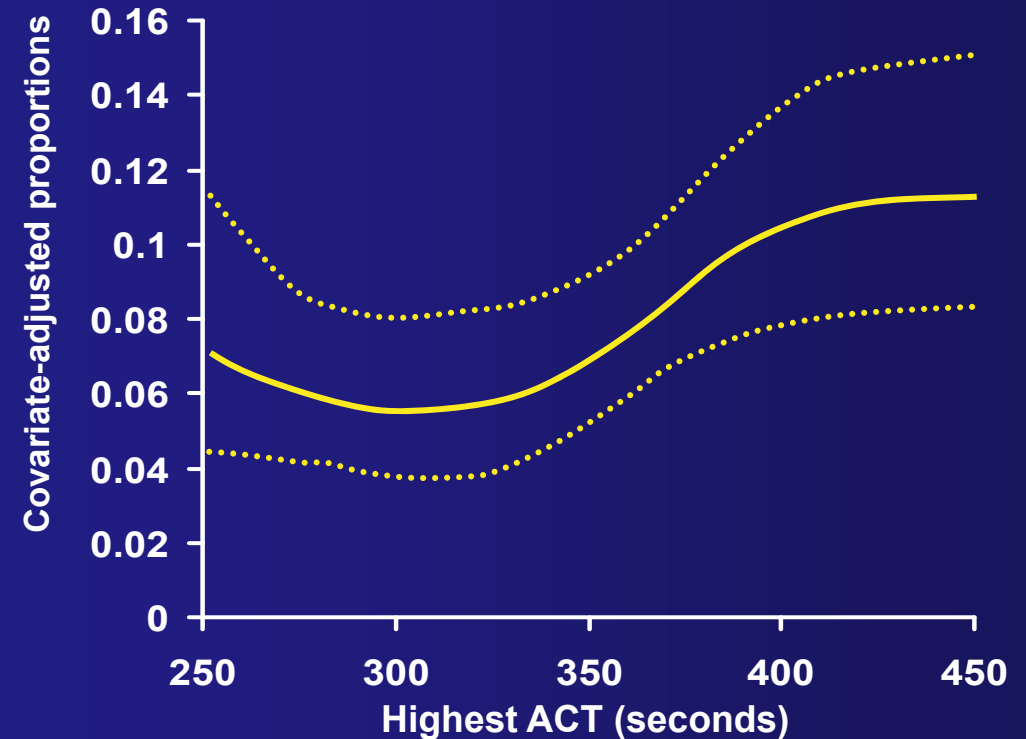
# UFH: Relationship between ACT levels and outcomes

N = 1,230

Death, MI, or UTVR



Non-CABG bleeding



**ACT > 325 seconds → independent predictor of bleeding  
(OR 1.6, 95% CI 1.1–2.2 per 100 units; p = 0.049)**

CI = confidence interval; MI = myocardial infarction; UTVR = urgent target-vessel revascularization; OR = odds ratio.

Montalescot G et al. *Eur Heart J*, 2008.

# Low-Molecular-Weight Heparin

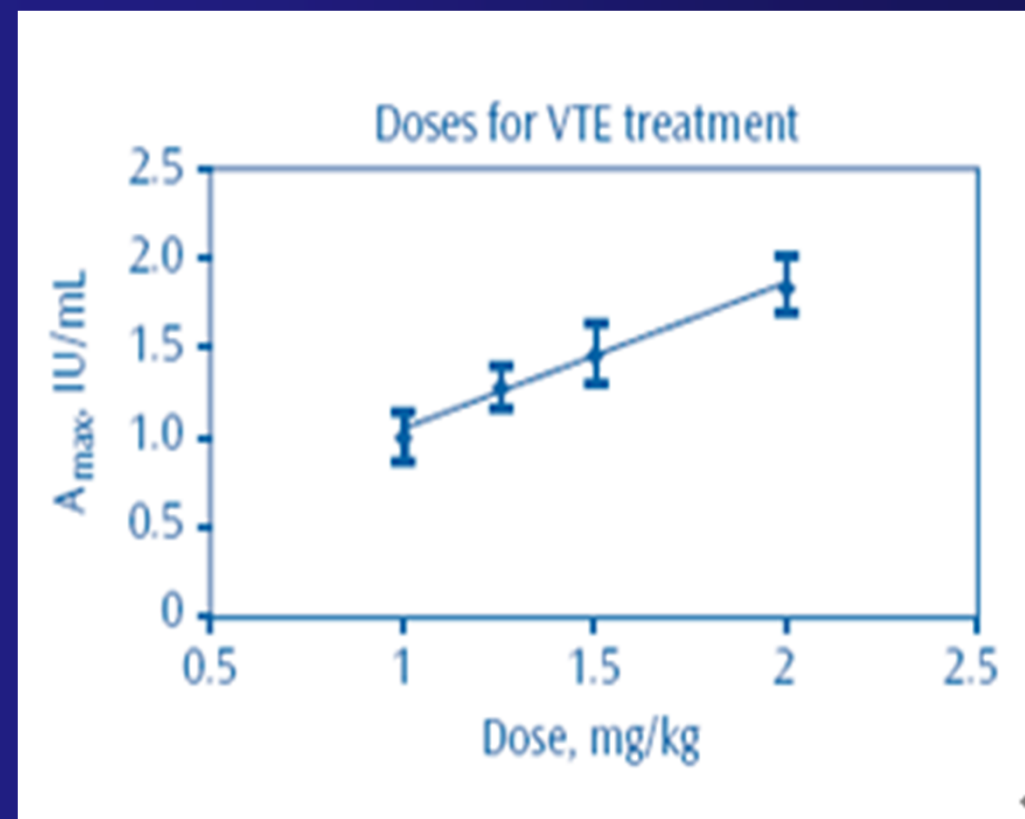
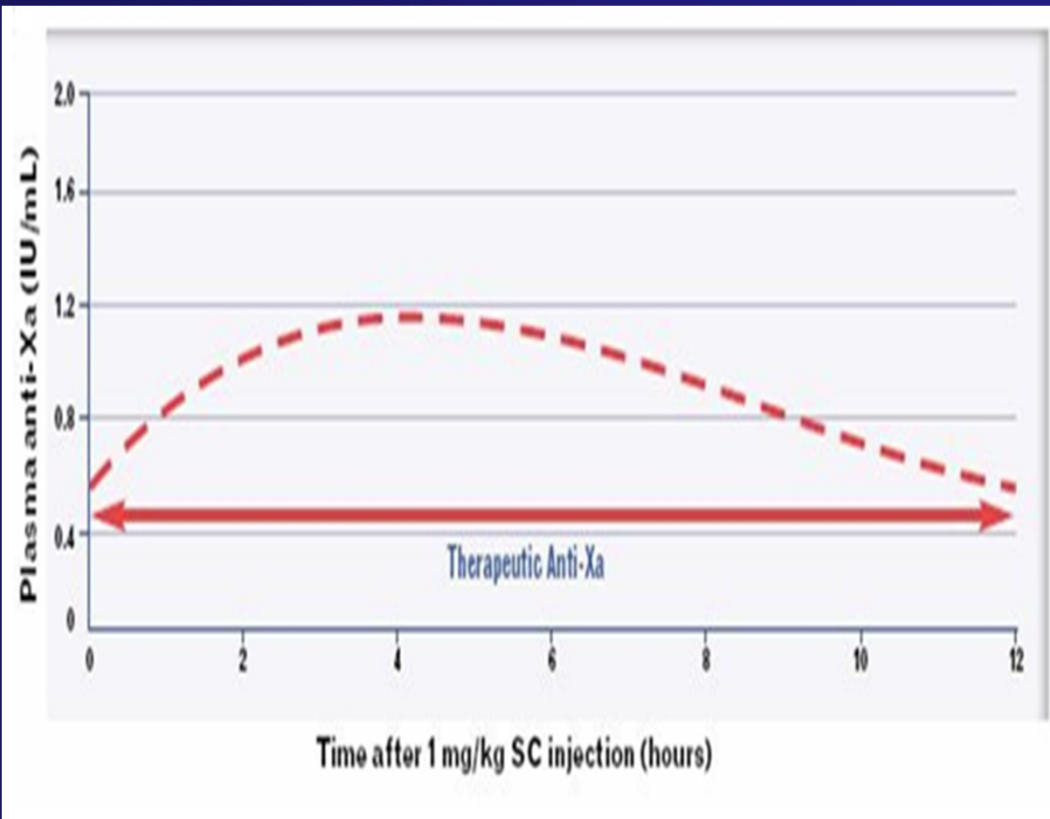
## Advantages

- Increased anti-Xa to anti-IIa activity  
→ inhibits thrombin generation more effectively
- Induces ↑ release of TFPI vs UFH
- Not neutralized by platelet factor 4
- Less binding to plasma proteins (eg, acute-phase reactant proteins)  
→ Predictable anticoagulation with high bioavailability
- Lower rate of HIT vs UFH
- Long history of clinical studies and experience, FDA-approved indications
- Monitoring typically unnecessary
- Easier to use, less resource utilization

## Disadvantages

- Difficult to monitor, but monitoring is typically unnecessary (no aPTT or ACT)

# Predictable Anti-Xa activity with Enoxaparin → No Monitoring



Data on file. sanofi-aventis, Bridgewater, NJ.

Frydman AM et al. *J Clin Pharmacol.* 1988;28:609-618 *Thromb Haemost.* 1995;73:971



# Review of Guidelines and Clinical Data

## 1. UA/NSTEMI

- 1) ACC/AHA updated guideline
- 2) Medical Treatment: **ESSENCE**
- 3) **Meta-analysis**
- 4) Elective PCI: **STEEPLE**

## 2. STEMI

- 1) ACC/AHA updated guideline
- 2) Medical Treatment: **ExTract TIMI 25**
- 3) PCI: **ExTract TIMI 25 PCI sub-analysis**
- 4) Primary PCI: **FINESSE, ATOLL**
- 5) **Global registry; FAST-MI, ACOS, KAMIR**

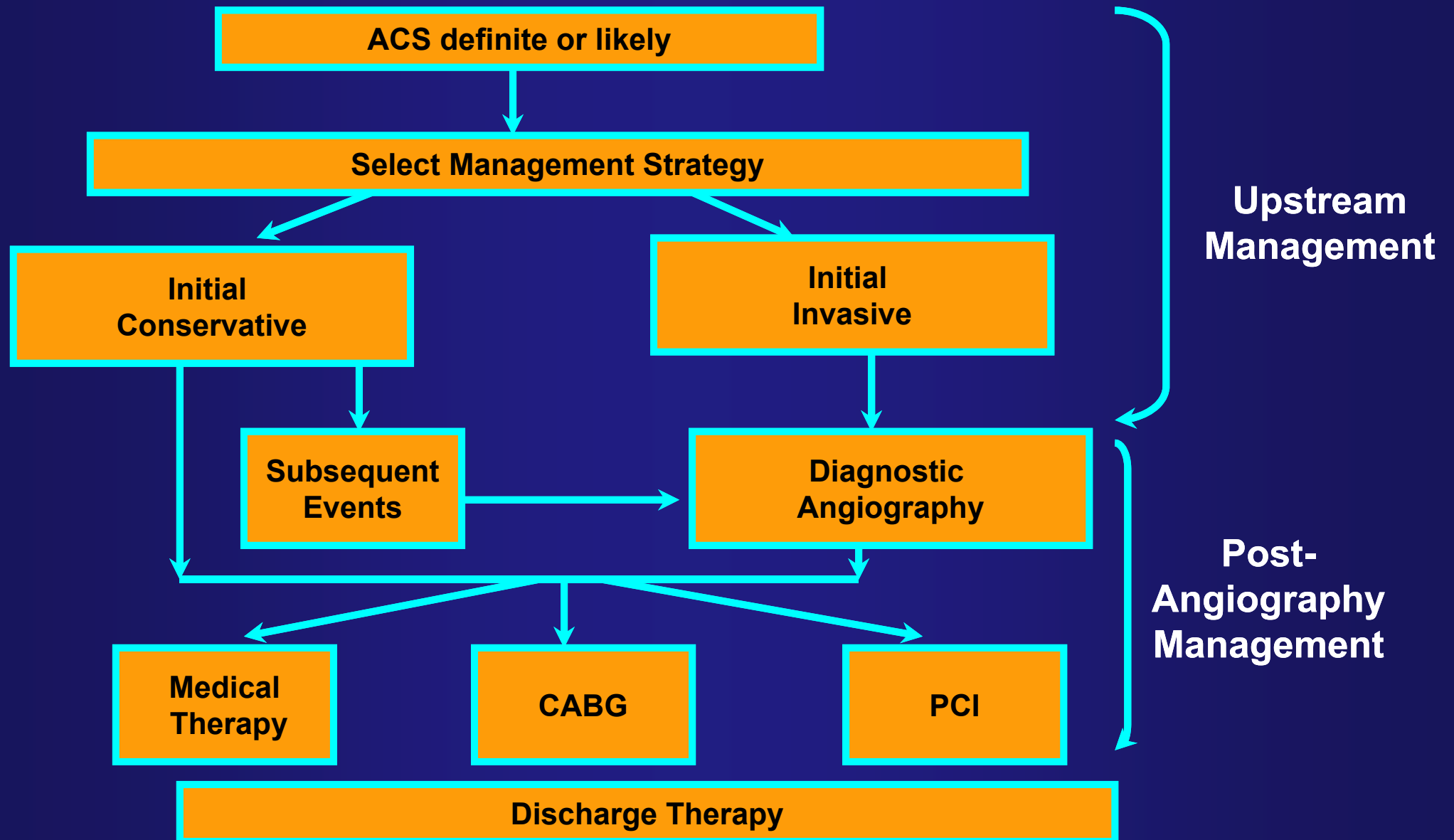
# **2007 ACC/AHA Guidelines for the Management of Patients with Unstable Angina / Non-ST-Segment Elevation MI**

*Journal of the American College of Cardiology  
and Circulation*

*Released August, 2007*

Anderson et al. JACC 2007;50(7):652-726 or at [www.acc.org](http://www.acc.org)

# ACS Management Algorithm



# Upstream Hospital Care: Initial Invasive Strategy: Initial Anti-thrombin Tx

I	IIa	IIb	III	
<b>A</b>				<b>Enoxaparin or UFH</b>
<b>B</b>				<b>Fondaparinux or Bivalirudin with antiplatelet agents</b>
	<b>B</b>			<b>Bivalirudin instead of GP IIb IIIa inhibitor/Antithrombin upstream only if Clopidogrel is used &gt;6 hrs prior to PCI</b>

# Upstream Hospital Care Initial Conservative Strategy

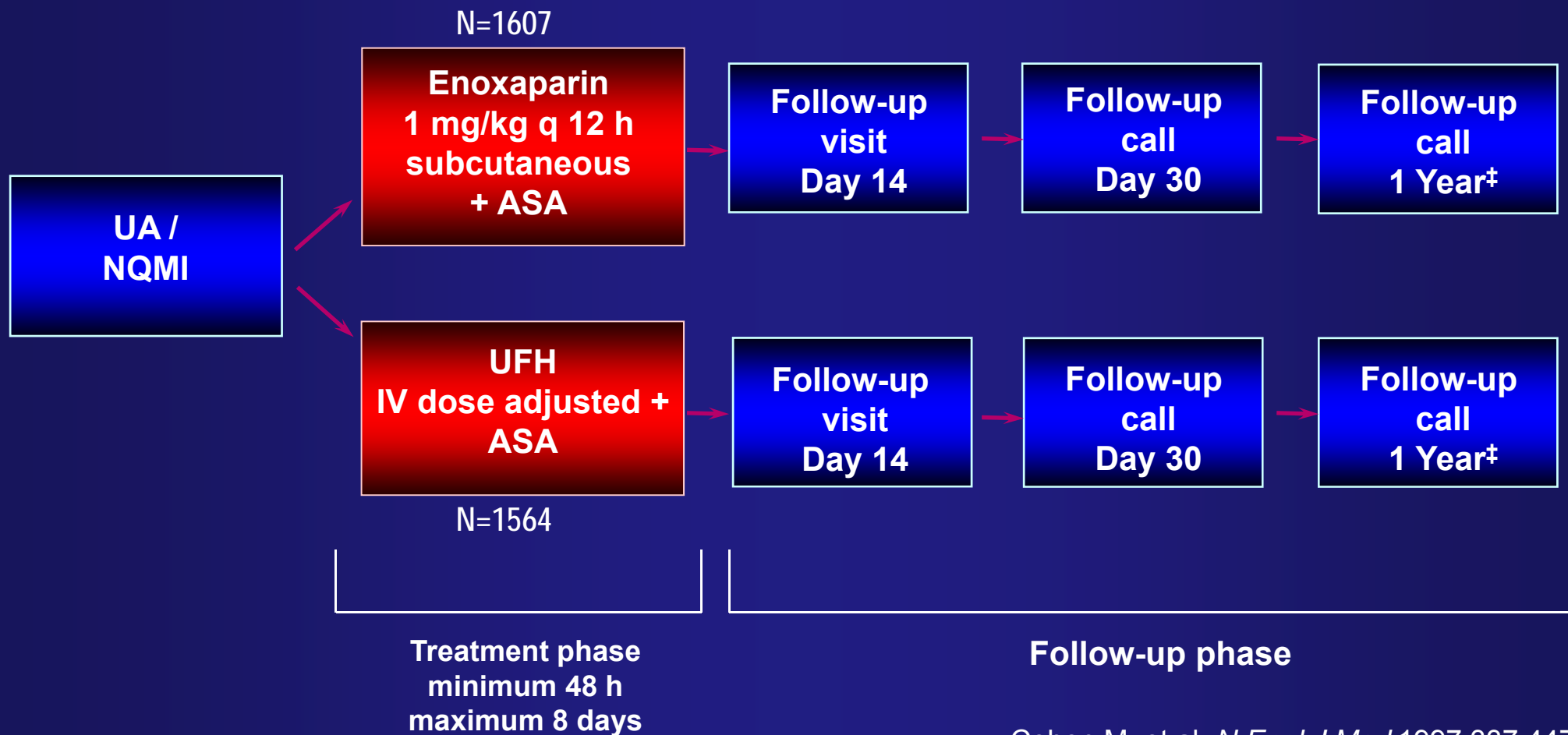
I	IIa	IIb	III	
A				Clopidogrel with aspirin for at least 1 month
B				Clopidogrel with aspirin ideally up to 1 year
A				<u>Enoxaparin or UFH</u>
B				Fondaparinux
	B			Enoxaparin or Fondaparinux preferred over UFH unless CABG planned <24 hr

# The ESSENCE Study:

*The Efficacy and Safety of Subcutaneous  
Enoxaparin in Non-Q-wave Coronary Events  
(unstable angina and non-Q-wave  
myocardial infarction)*

# ESSENCE

## The Efficacy and Safety of Subcutaneous Enoxaparin in Non Q wave Coronary Events

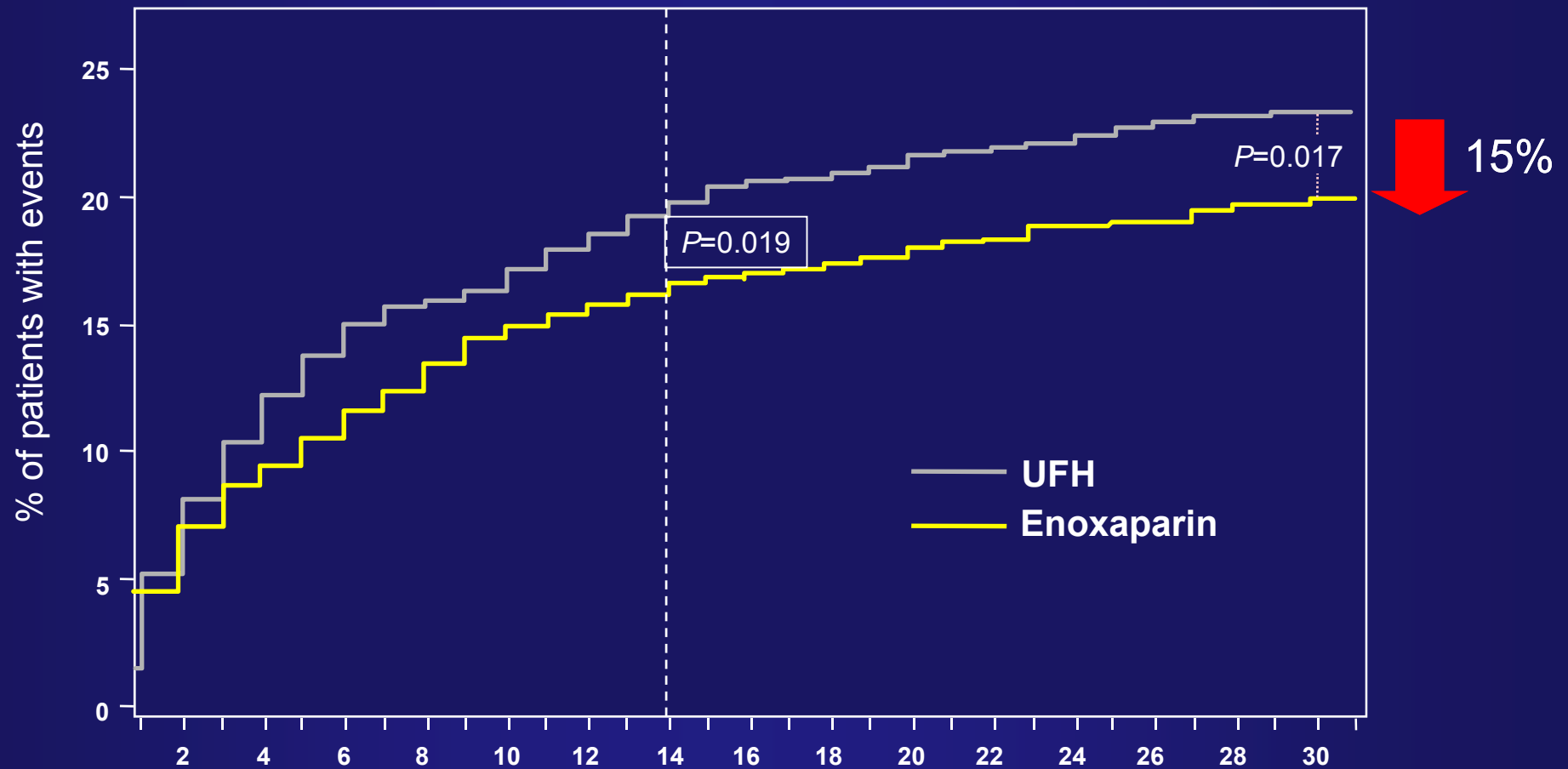


Cohen M, et al. *N Engl J Med* 1997;337:447-52

‡Goodman SG, et al. *J Am Coll Cardiol* 2000

# ESSENCE

Time to First Event over 30 Days: Death, MI, RA  
Superior efficacy of enoxaparin was maintained to 30 days

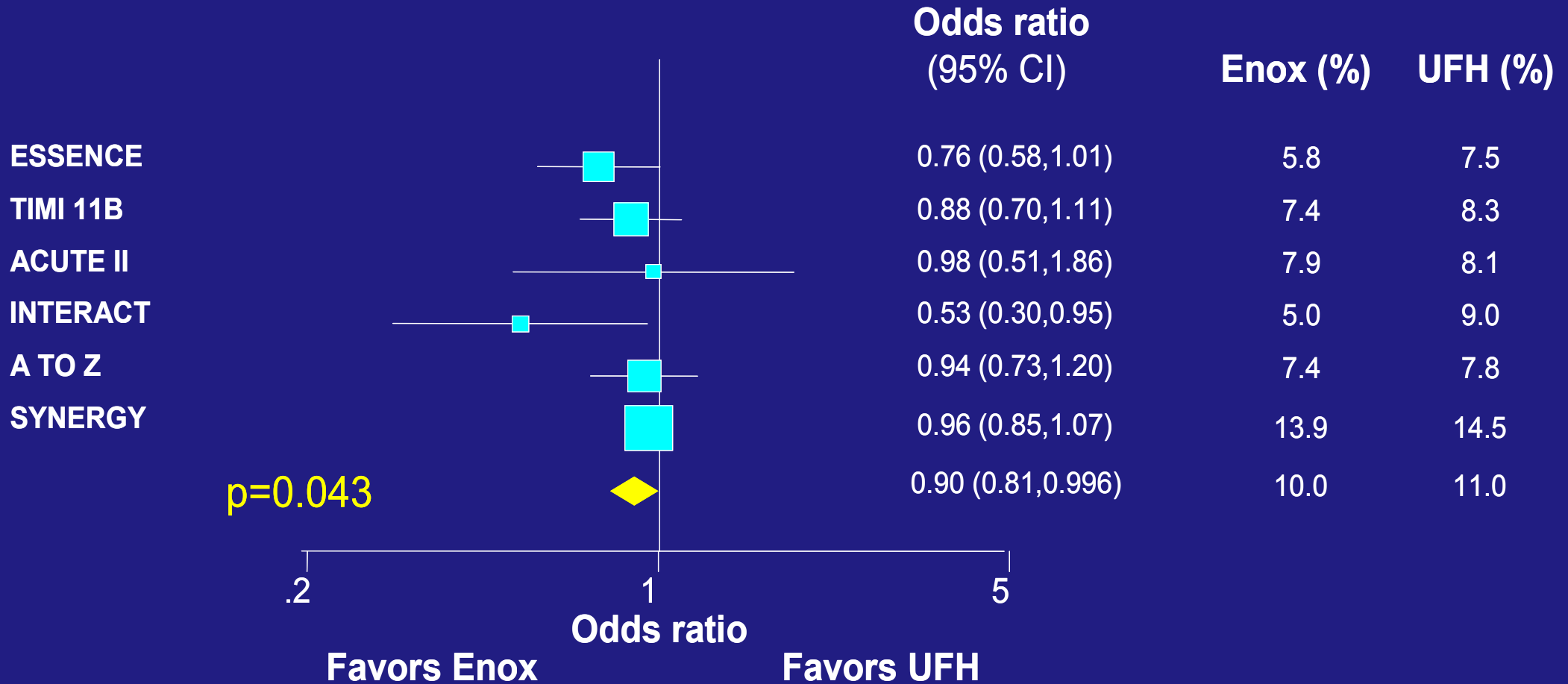




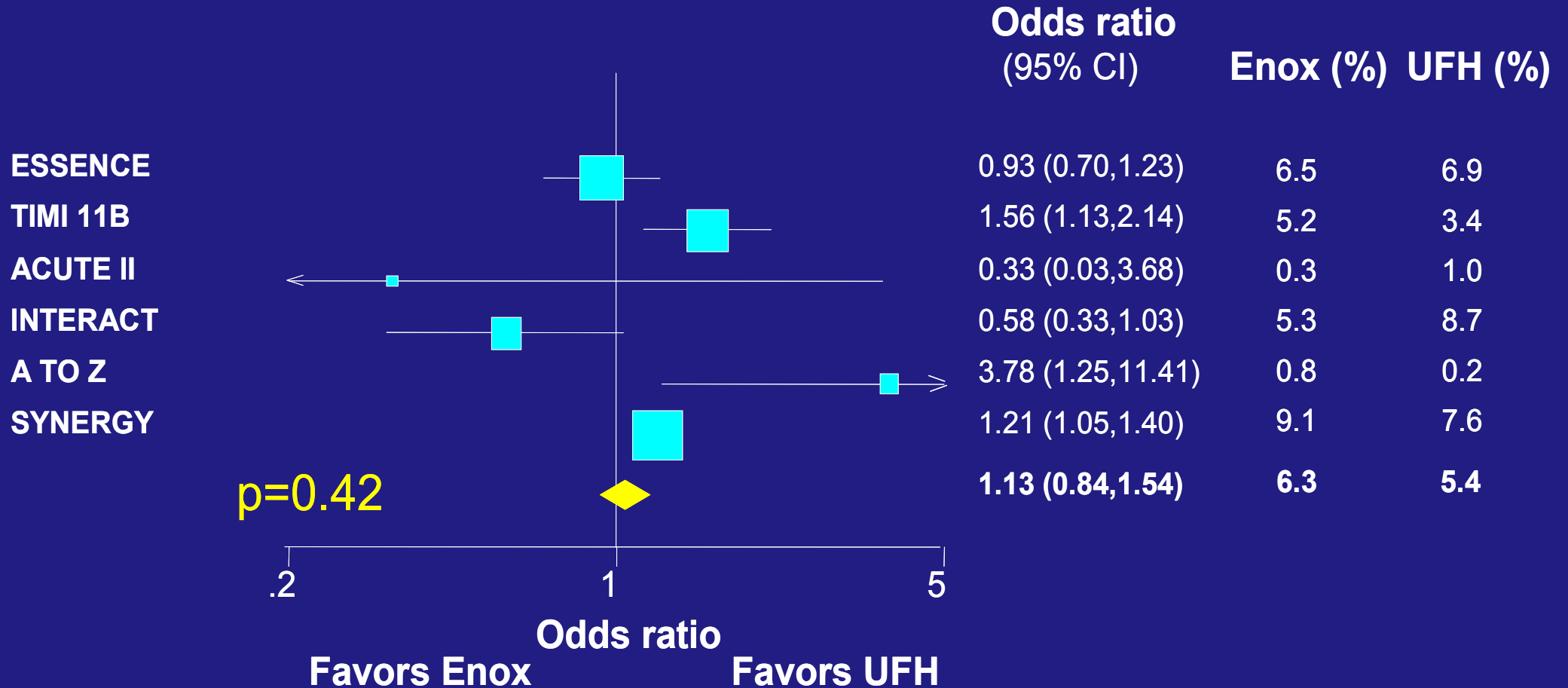
**Meta analysis**  
***UA/NSTEMI***

# Metaanalysis in NSTEMI-ACS:

## Death or Reinfarction



# Major Bleeding

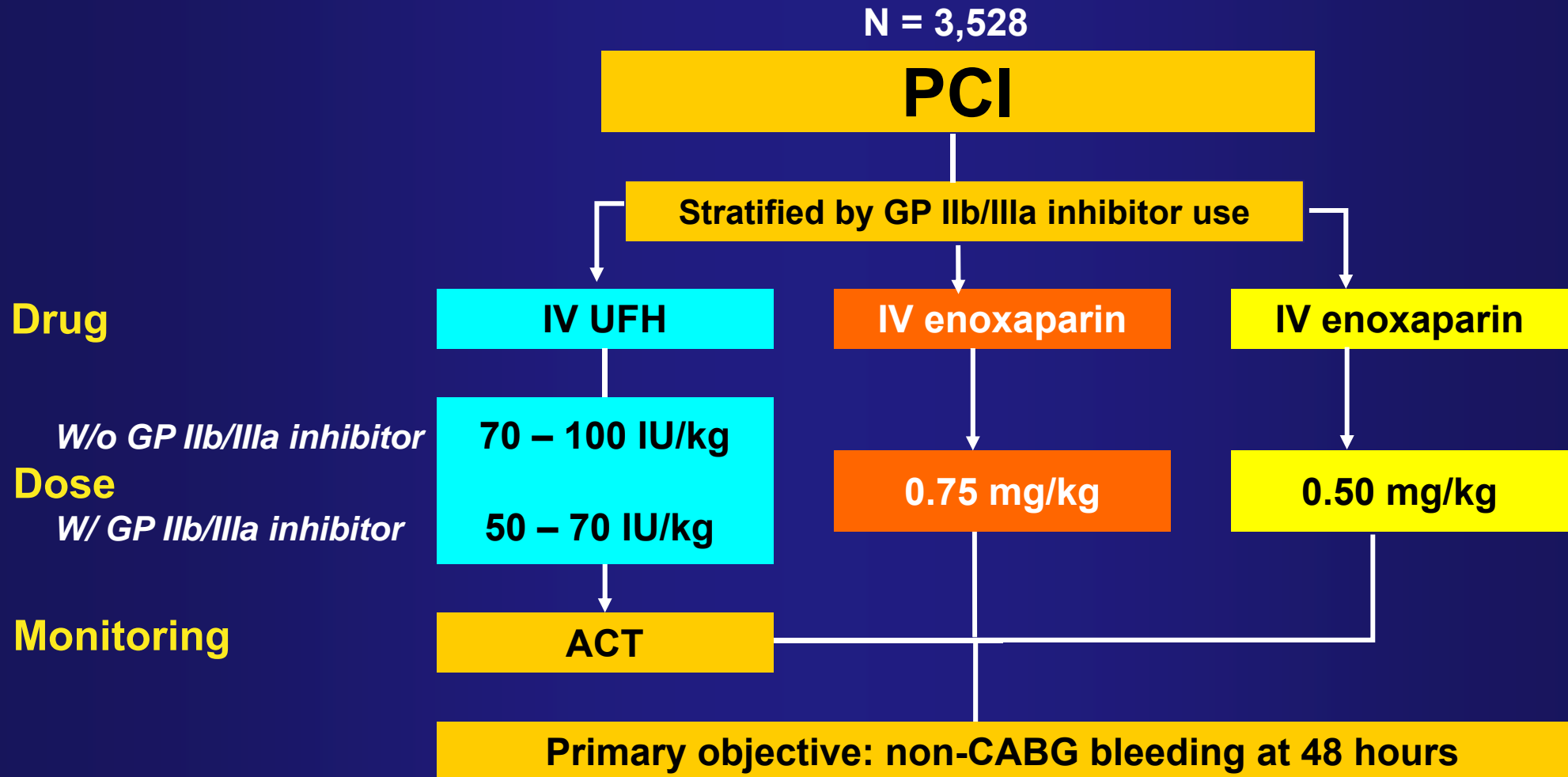


**Elective (Scheduled) PCI**

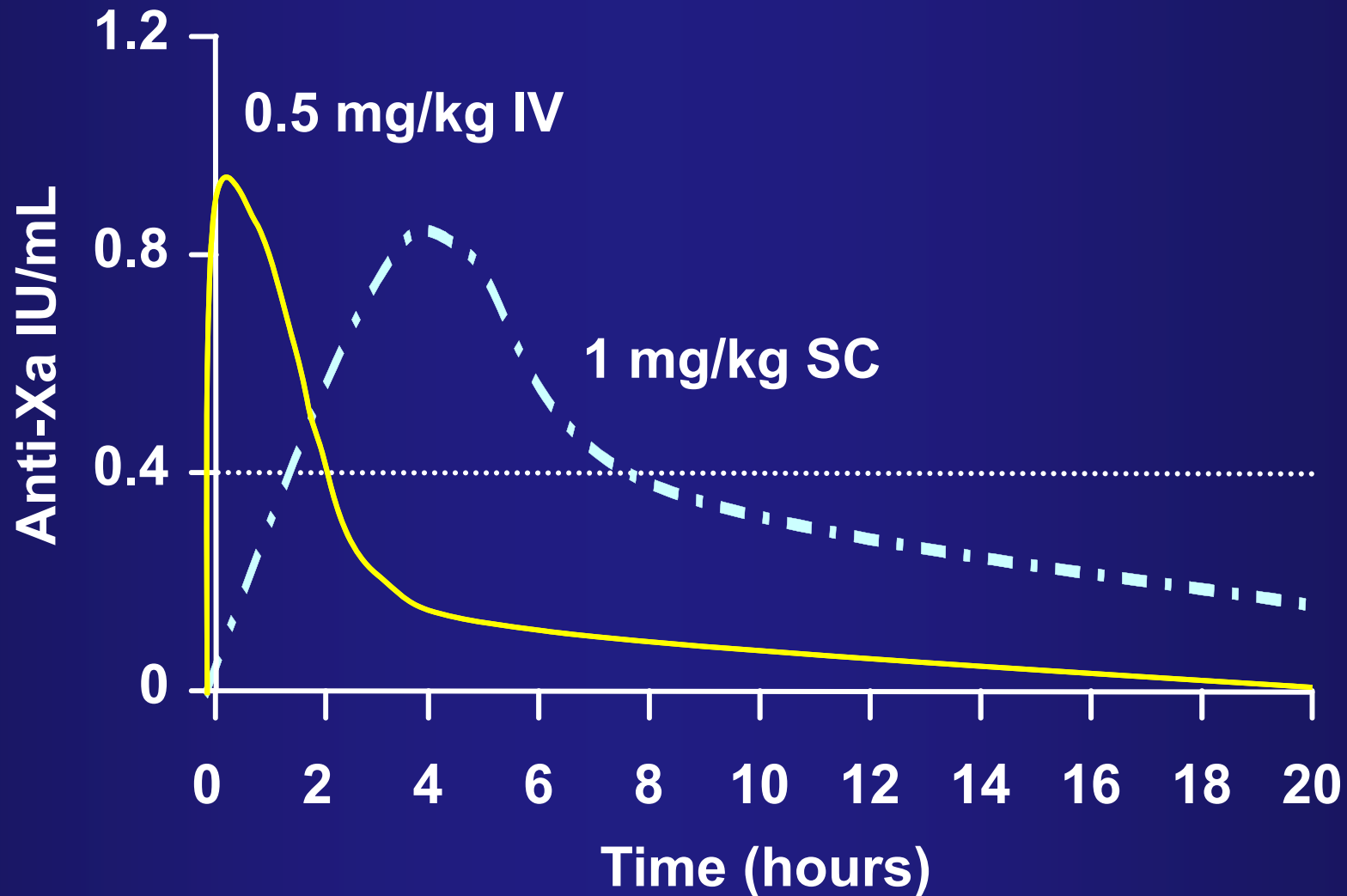
**STEEPLE :**

**Safety and Efficacy of Exoxaparin  
in Percutaneous Coronary Intervention (PCI)  
: an International Randomized Evaluation**

# STEEPLE: Study design



# Enoxaparin: Anticoagulation with a single IV injection

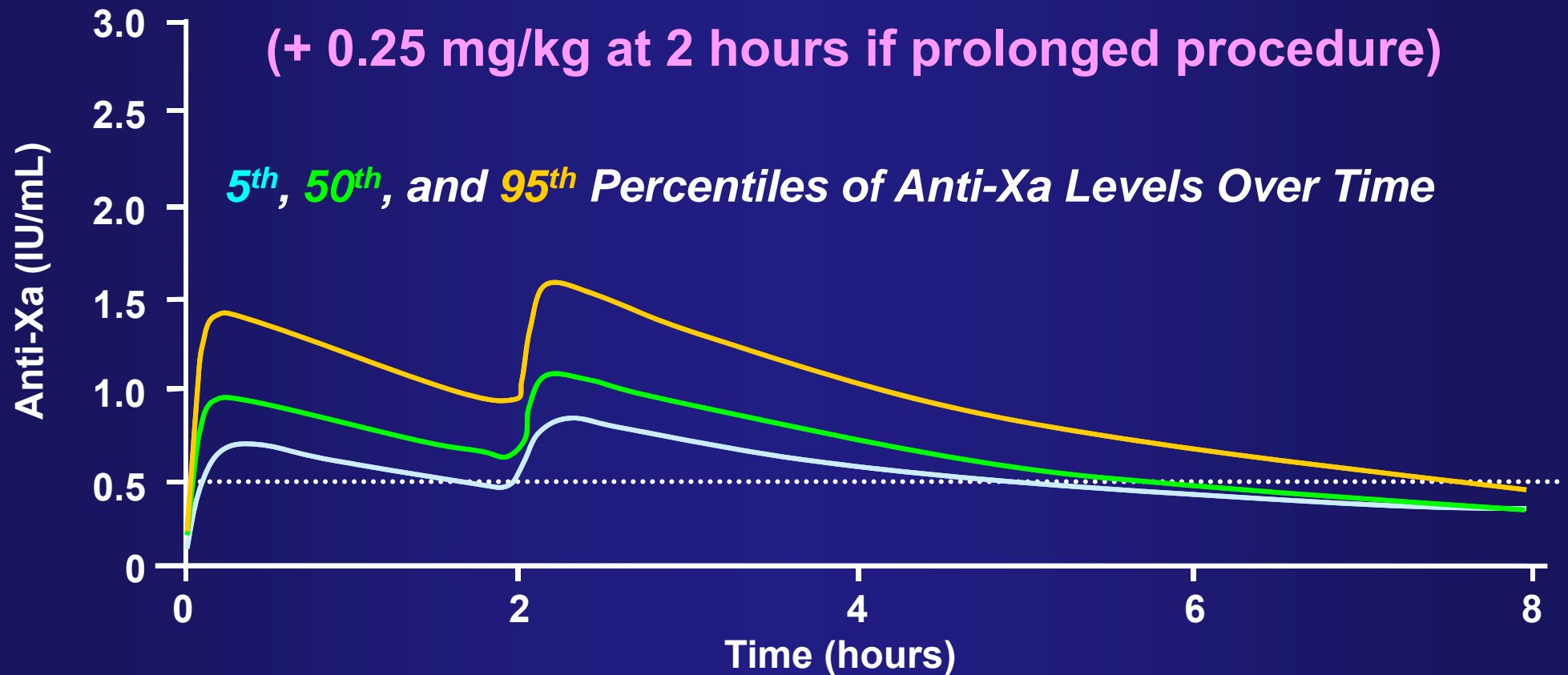


Sanchez-Pena P, et al. *Br J Clin Pharmacol.* 2005;60:364-373.

# Enoxaparin: Anticoagulation with additional IV injection after single IV injection

Enoxaparin 0.5 mg/kg IV

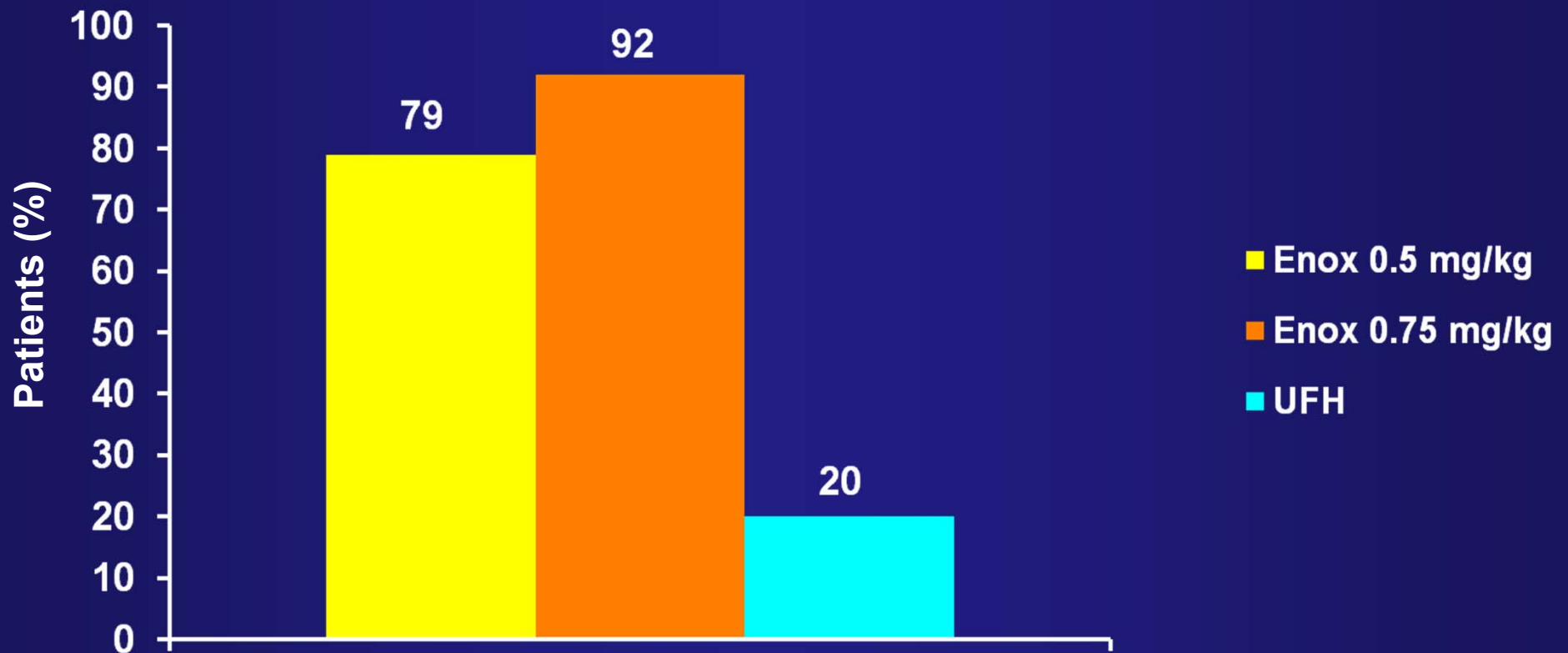
(+ 0.25 mg/kg at 2 hours if prolonged procedure)



Sanchez-Pena P, et al. *Br J Clin Pharmacol.* 2005;60:364-373.



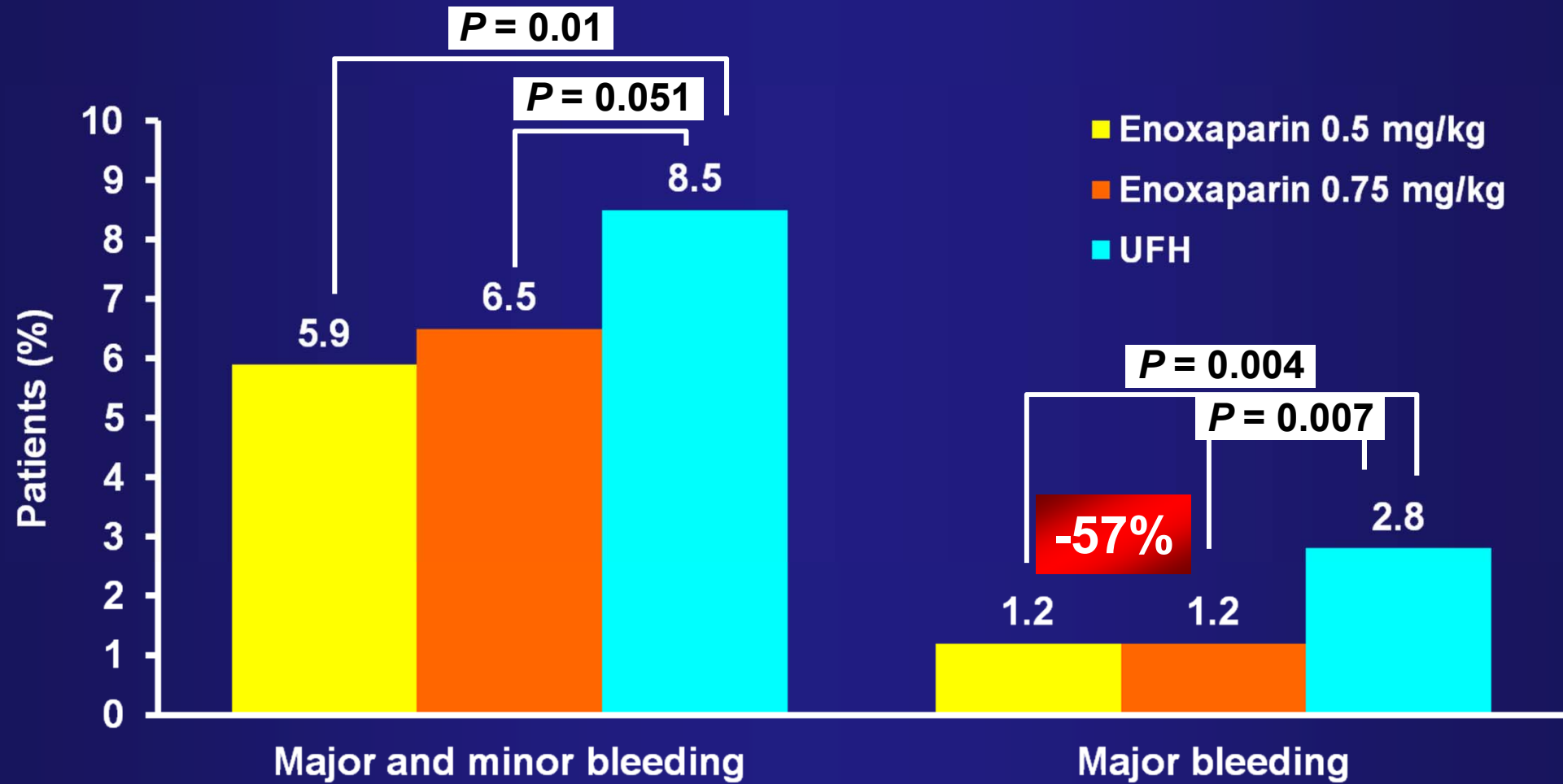
# Target anticoagulation levels reached in STEEPLE



Target anticoagulation levels were pre-specified:

- Enoxaparin: anti-Xa levels 0.5-1.8 IU/ml
- UFH: ACT 200-300 sec if a GP IIb/IIIa inhibitor was used
- or 300-350 sec in the absence of a GP IIb/IIIa inhibitor

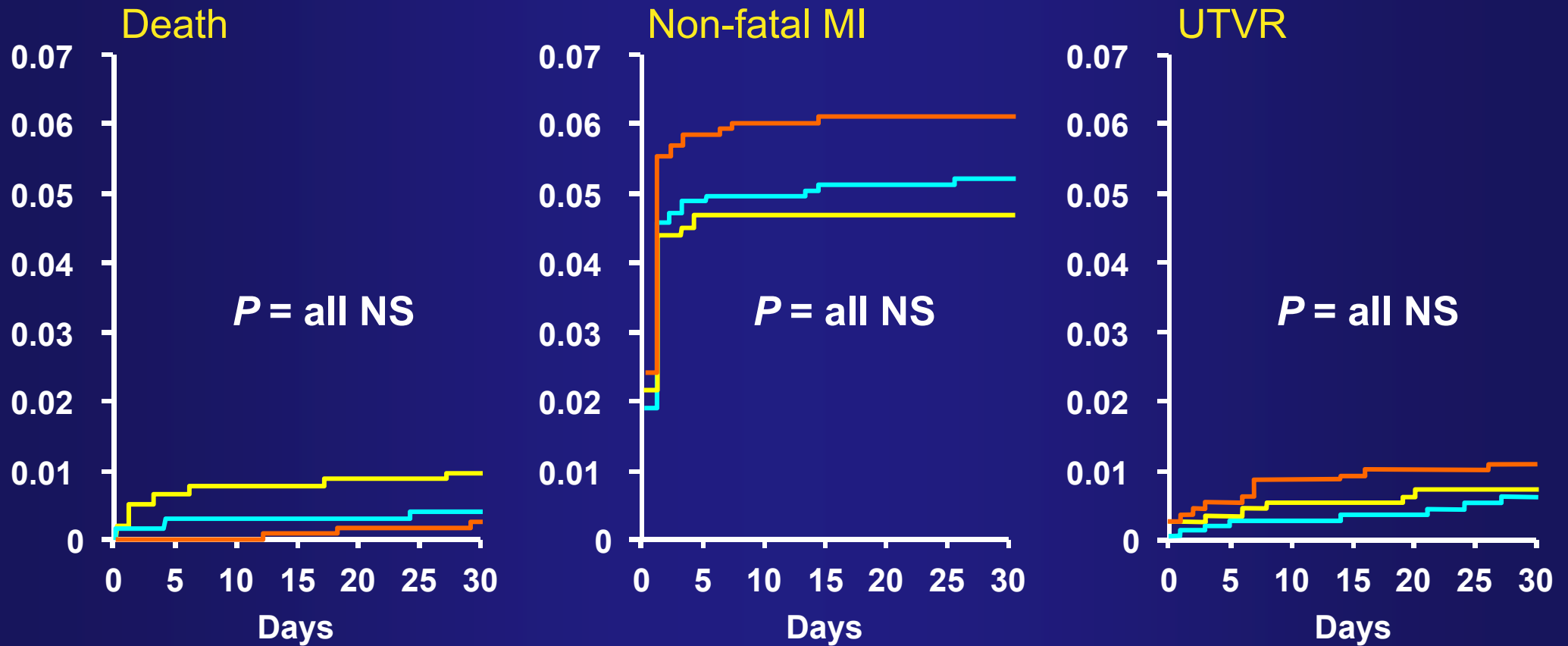
# STEEPLE: Non-CABG-related bleeding\*



\*Primary endpoint.

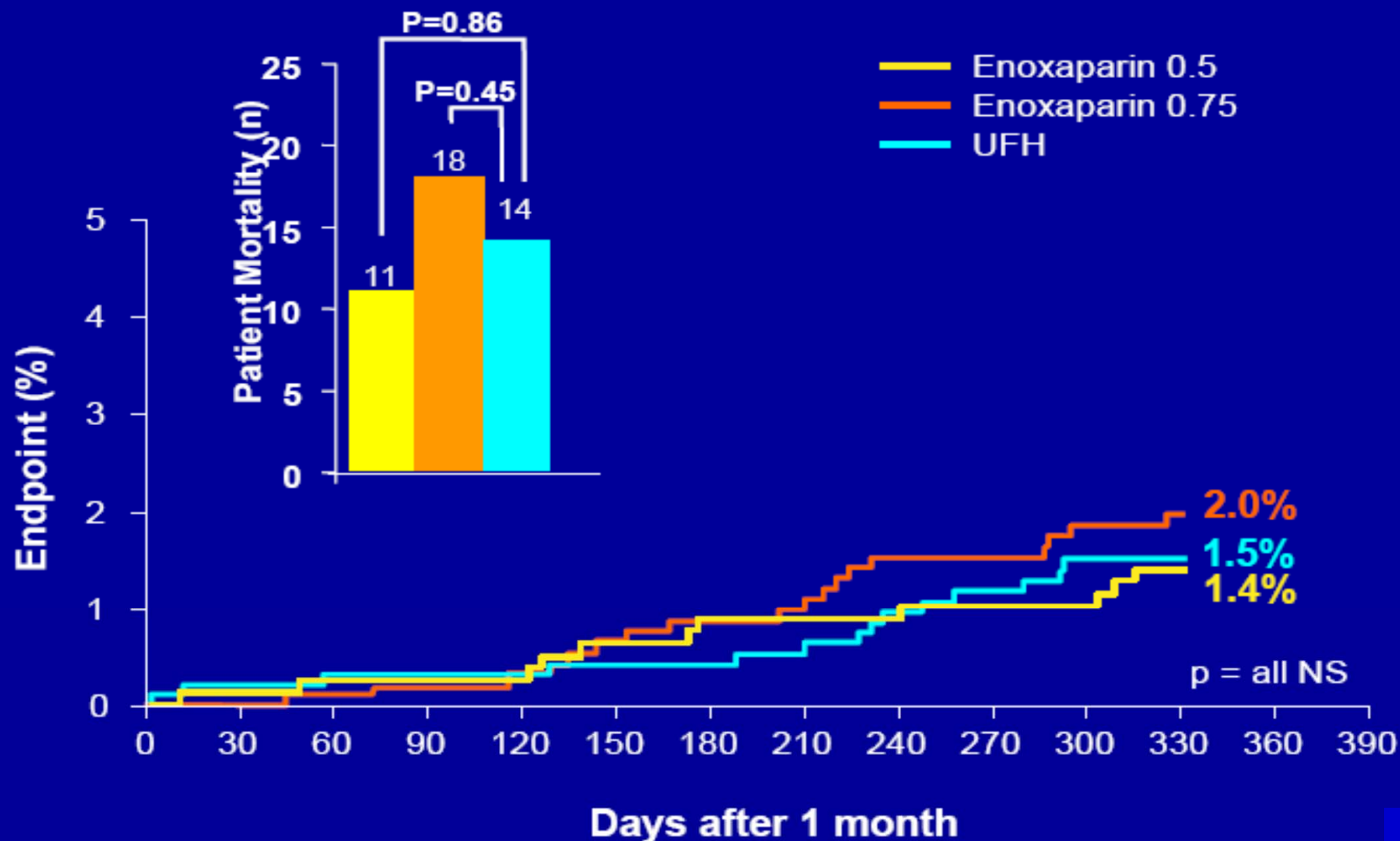
# STEEPLE: Individual ischemic endpoints at 30 Days

— Enoxaparin 0.5 mg/kg    — Enoxaparin 0.75 mg/kg    — UFH

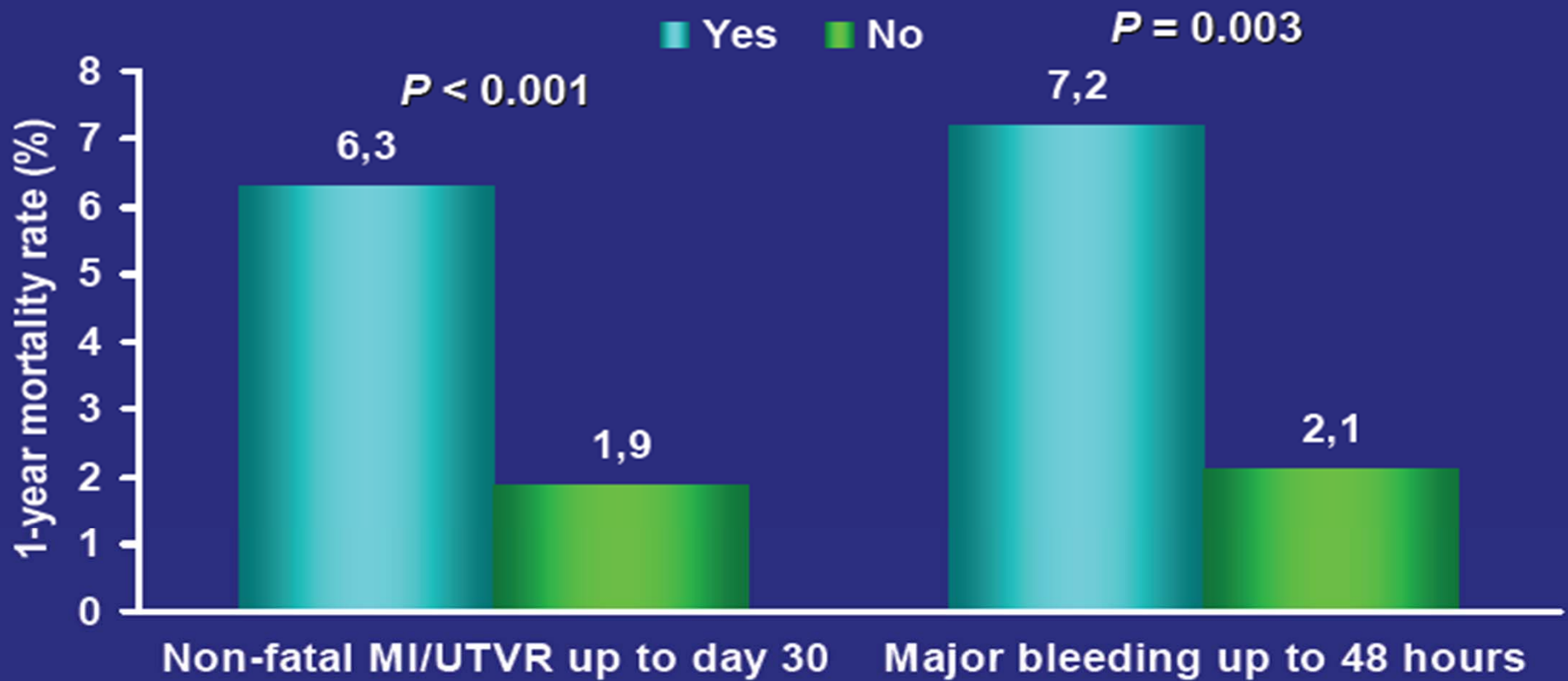


# STEEPLE

## Mortality: 1 month to 1 year

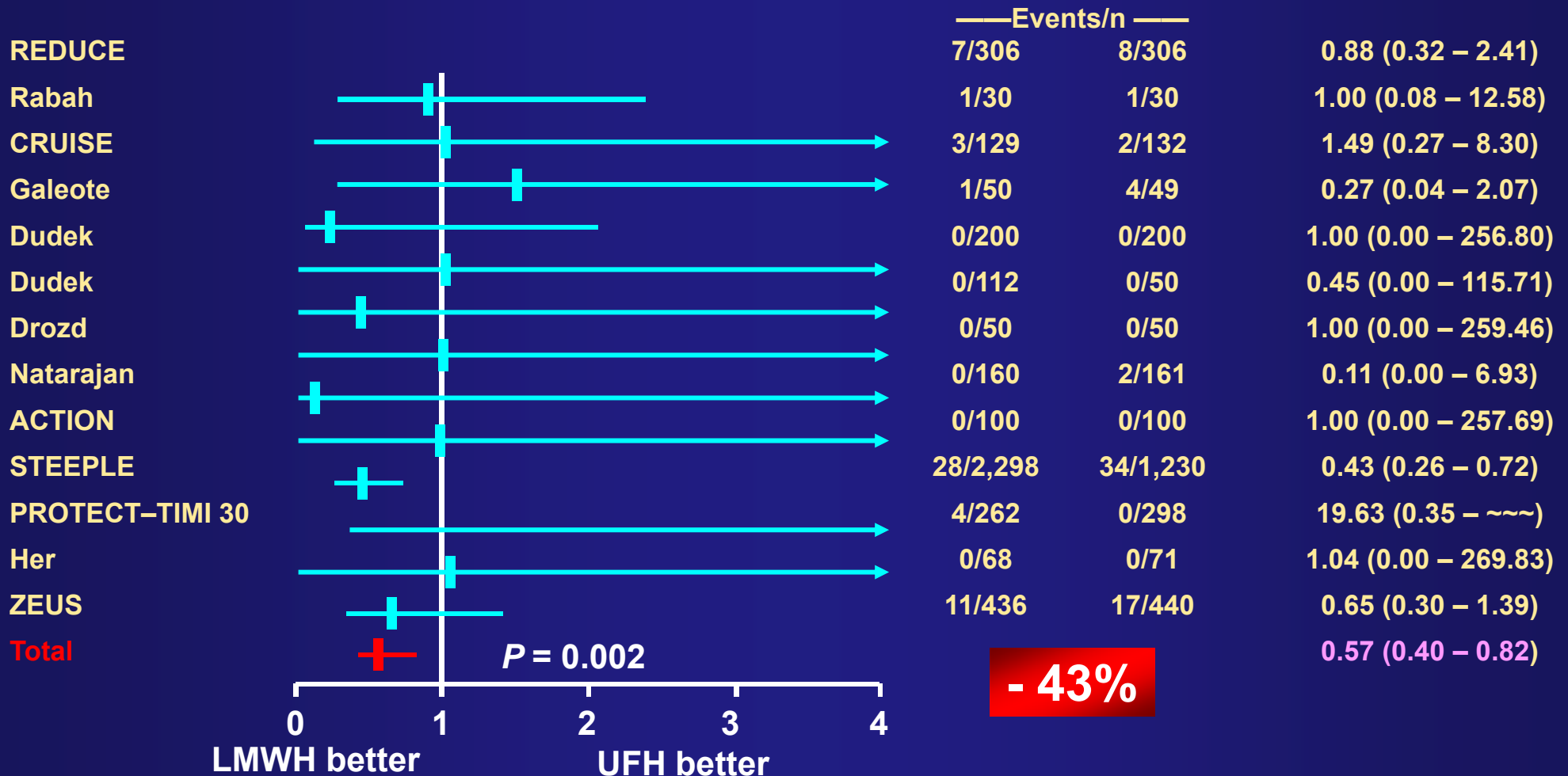


# Effects of Initial Ischemic Events & Major Bleeding on 1-Year Mortality



# Meta-Analysis: IV LMWH in PCI (N = 7,318; 13 Studies)

OR (95% CI) major bleeding



# STEEPLE: Conclusions

(1) IV enoxaparin in patients to undergo elective PCI

- less bleeding and similar efficacy compared with UFH.

(2) enoxaparin - superior ease of use compared with UFH

- Single IV bolus before the start of PCI
- Similar dose with or without GP IIb/IIIa inhibitors
- No anticoagulation monitoring
- Possibility of immediate sheath pull after PCI with

Enoxaparin 0.5 mg/kg

# Review of Guidelines and Clinical Data

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- 3) Meta-analysis
- 4) Elective PCI: STEEPLE

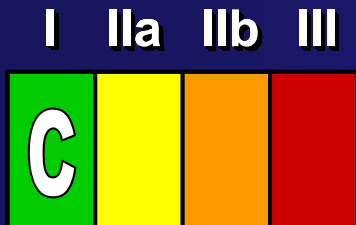
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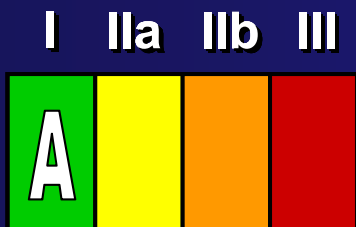


**ACC/AHA 2009 STEMI Guidelines**  
**Focused Update**

# ACC/AHA – Anticoagulants for STEMI



Patients undergoing reperfusion with fibrinolytics should receive anticoagulant therapy for a minimum of 48 hours (*Level of Evidence: C*) and preferably for the duration of the index hospitalization, up to 8 days



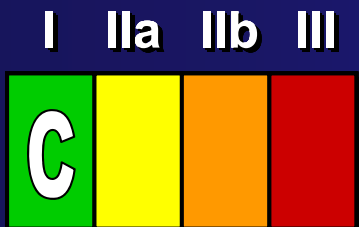
(regimens other than unfractionated heparin [UFH] are recommended if anticoagulant therapy is given for more than 48 hours because of the risk of heparin-induced thrombocytopenia with prolonged UFH treatment). (*Level of Evidence: A*)

Anticoagulant regimens with established efficacy include:

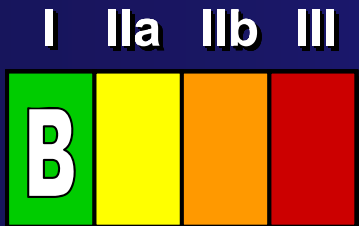
- ♥ UFH (*LOE: C*)
- ♥ Enoxaparin (*LOE:A*)
- ♥ Fondaparinux (*LOE:B*)

# ACC/AHA – Anticoagulants for STEMI

For patients proceeding to primary PCI who have been treated with ASA and a thienopyridine, recommended supportive anticoagulant regimens include the following

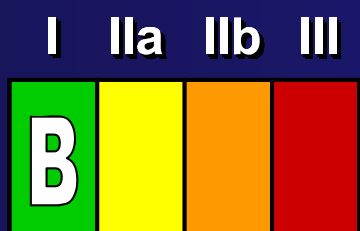


For prior treatment with **UFH**, additional boluses of UFH should be administered as needed to maintain therapeutic activated clotting time levels, taking into account whether GP IIb/IIIa receptor antagonists have been administered. (Level of Evidence: **C**)

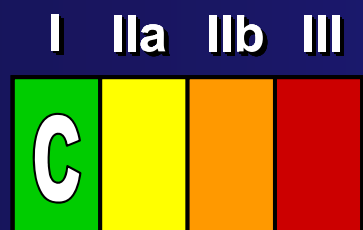


**Bivalirudin** is useful as a supportive measure for primary PCI with or without prior treatment with UFH (Level of Evidence: **B**)

# ACC/AHA – Anticoagulants for STEMI



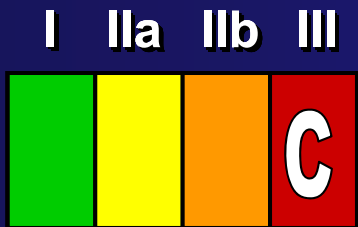
For prior treatment with **Enoxaparin**:  
if the last SC dose was administered within the prior 8 hours, no additional enoxaparin should be given;  
if the last SC dose was administered at least 8 to 12 hours earlier, an IV dose of 0.3 mg/kg of enoxaparin should be given. (Level of Evidence: **B**)



For prior treatment with **Fondaparinux**:  
administer additional intravenous treatment with an anticoagulant possessing anti-IIa activity taking into account whether GP IIb/IIIa receptor antagonists have been administered. (Level of Evidence: **C**)

# ACC/AHA – Anticoagulants for STEMI

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Because of the risk of catheter thrombosis, fondaparinux should not be used as the sole anticoagulant to support PCI. An additional anticoagulant with anti-IIa activity should be administered. (Level of Evidence: **C**)

**Enoxaparin and Thrombolysis Reperfusion  
for Acute Myocardial Infarction**

***ExTRACT-TIMI 25***

# Background

- Advantages of ENOX over UFH

Greater anti Xa: anti IIa activity

Reliable A/C without monitoring

Convenient sc administration

- Prior trials suggest

**ENOX** may be superior to **UFH**

- Pharmacologic reperfusion remains the most common treatment for STEMI

Definitive evaluation of **ENOX** vs. **UFH** needed

# Protocol Design

**N = 20,506**  
**674 sites**  
**48 countries**

**STEMI < 6 h**  
**Lytic eligible**

ASA

Lytic choice by MD  
(TNK, tPA, rPA, SK)

Double-blind, double-dummy

## ENOX

**< 75 y: 30 mg IV bolus**  
**SC 1.0 mg / kg q 12 h (Hosp DC)**  
**≥ 75 y: No bolus**  
**SC 0.75 mg / kg q 12 h (Hosp DC)**  
**CrCl ≤ 30: 1.0 mg / kg q 24 h**

## UFH

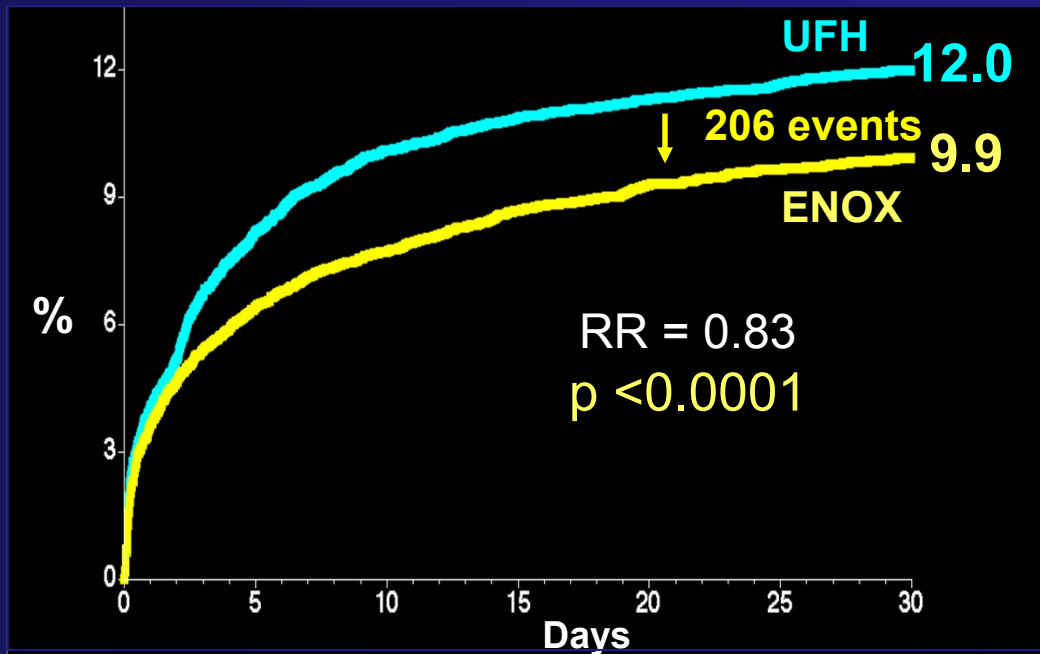
**60 U / kg bolus (4000 U)**  
**Inf 12 U / kg / h (1000 U / h)**  
**Duration: at least 48 h**  
**Cont'd at MD discretion**

**1° Efficacy Endpoint: Death or Nonfatal MI at 30 days**  
**Additional F/U at 6 mo and 1 yr**

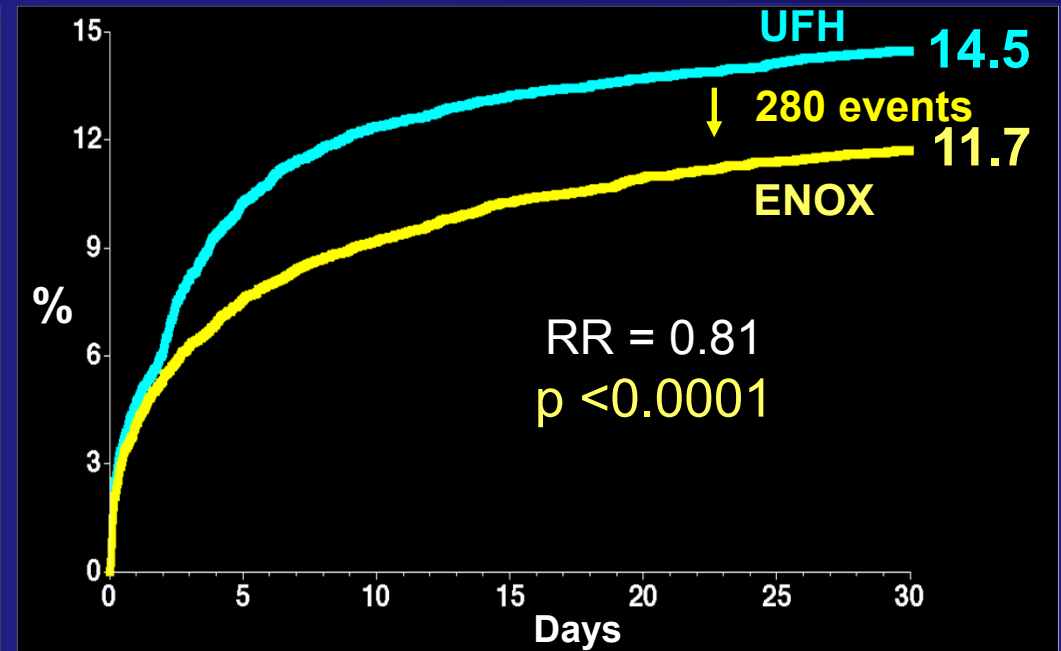


# Main Results - 30 days

**Primary Endpoint:  
Death or non-fatal re-MI by 30 days**



**Main Secondary Endpoint:  
Death, non-fatal re-MI, urgent  
revascularization by 30 days**

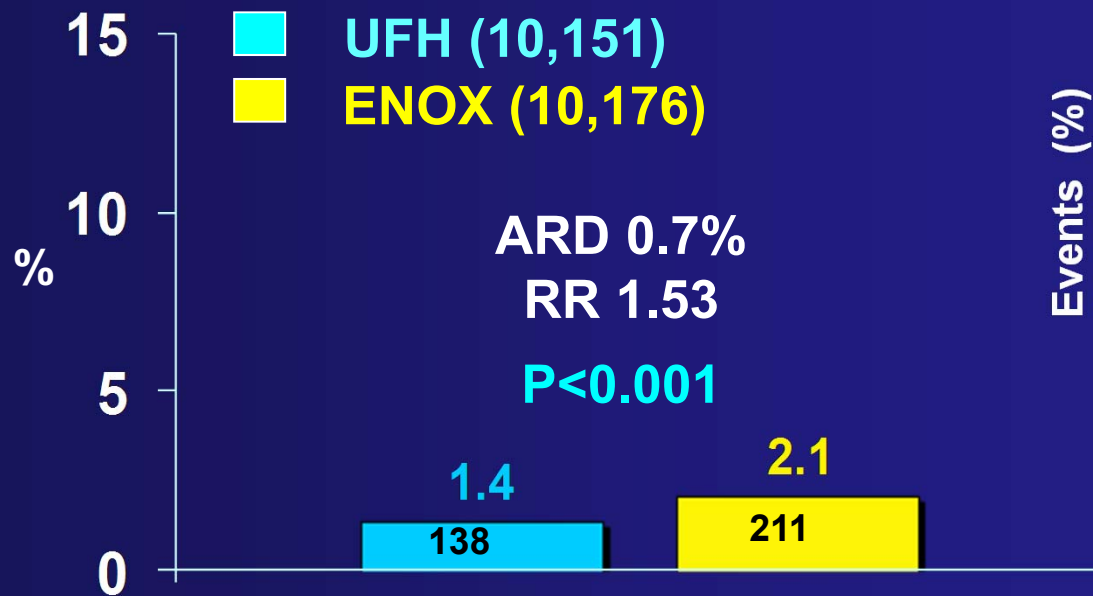


33% RRR in reMI by 48 h (P=0.002)  
19% RRR in Death/MI by 72 h (P<0.001)

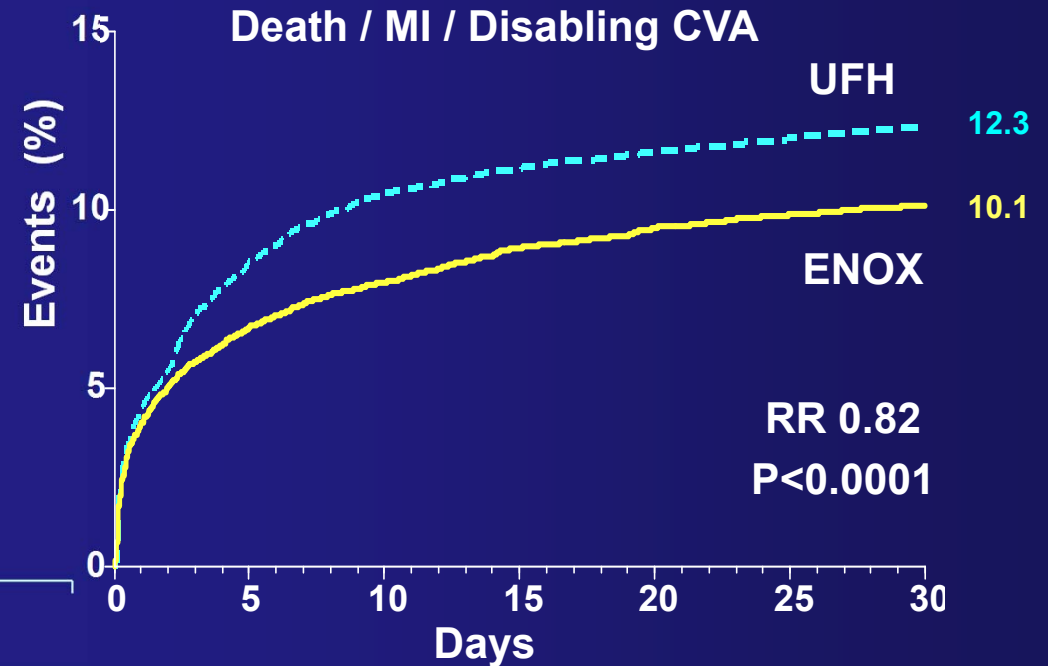
12% RRR in by 48 h (P=0.02)

# 30 days: Major Bleeds and Net Clinical Benefit

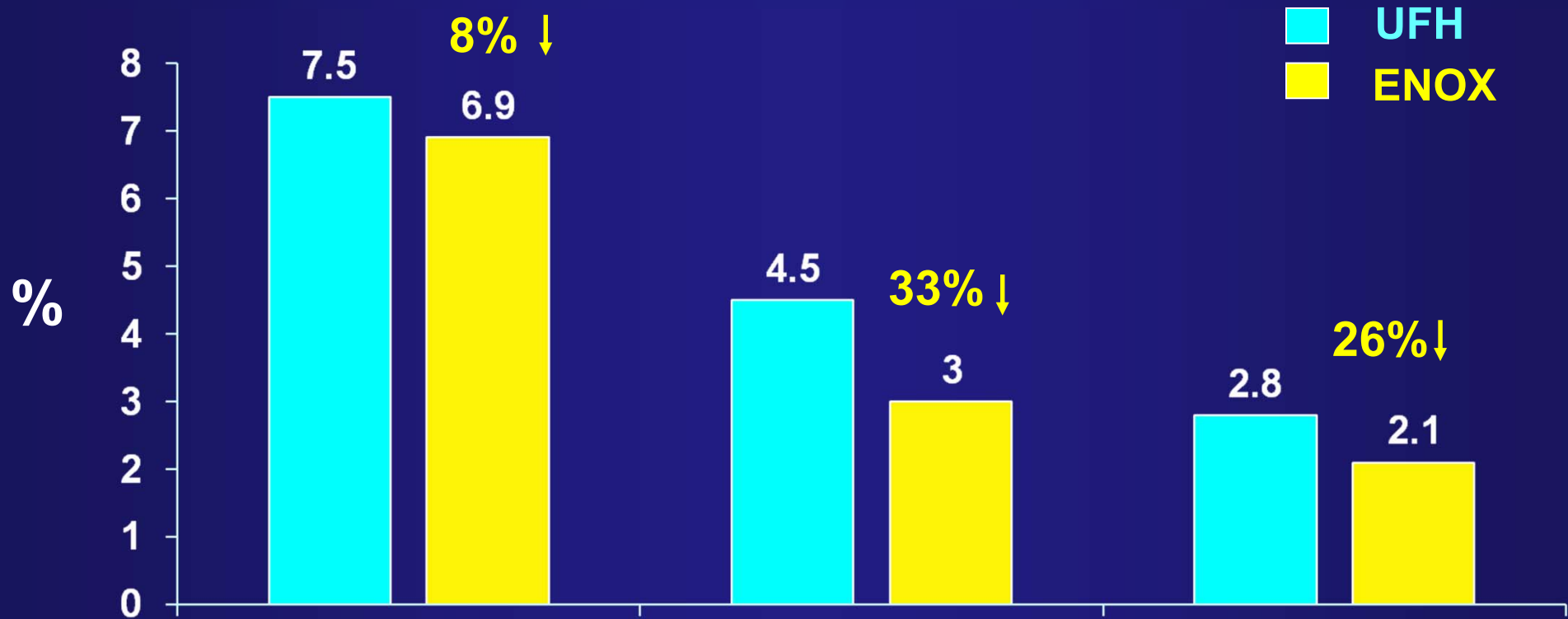
## Major Bleeds (TIMI)



## Net Clinical Benefit

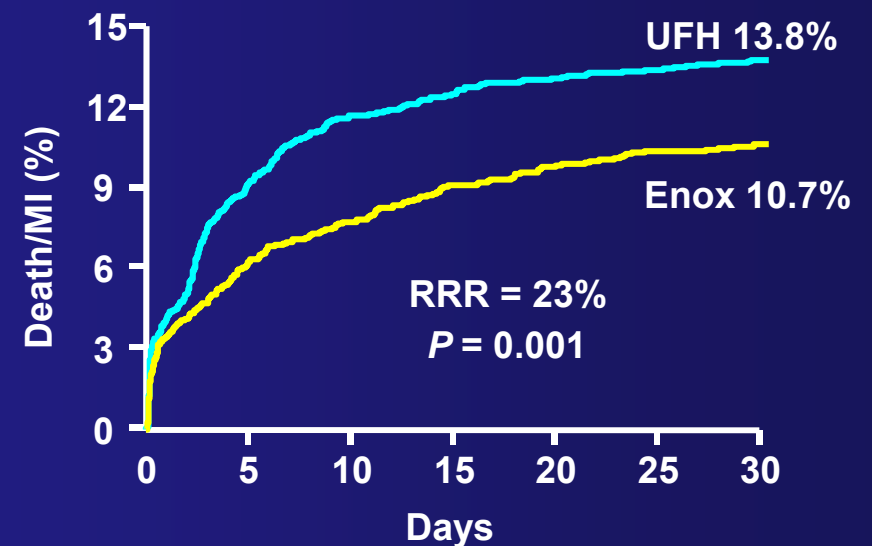
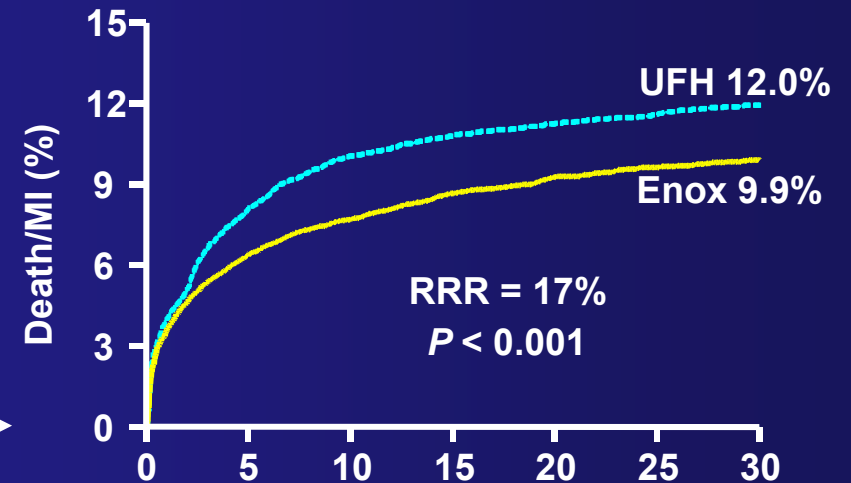
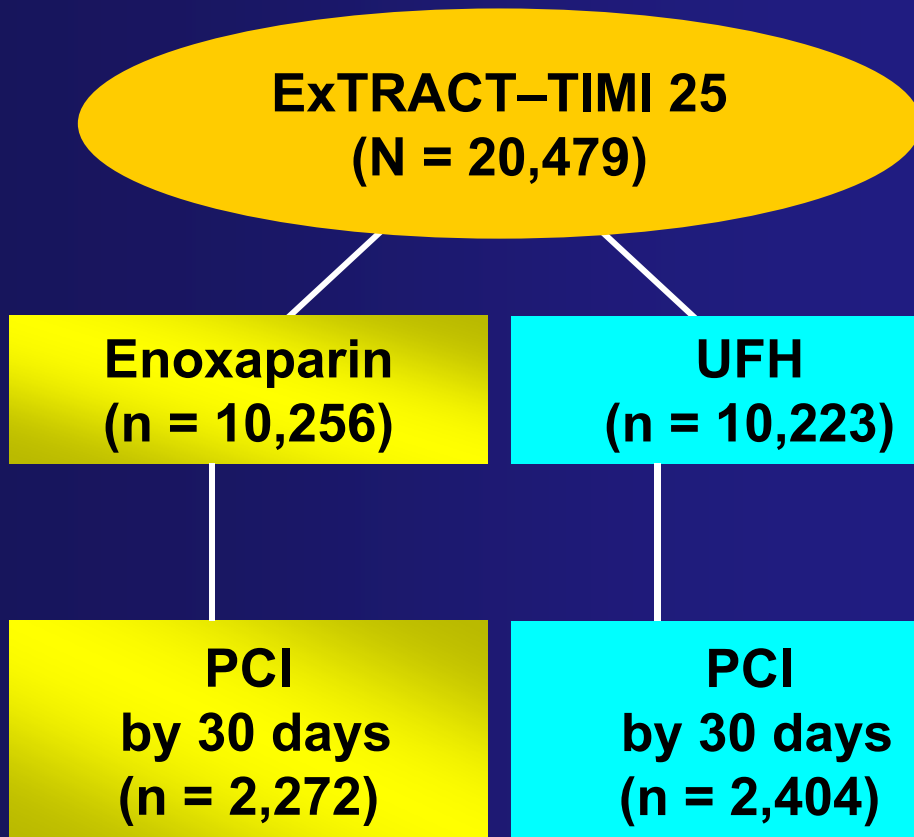


# Outcomes at 30 Days (ITT)

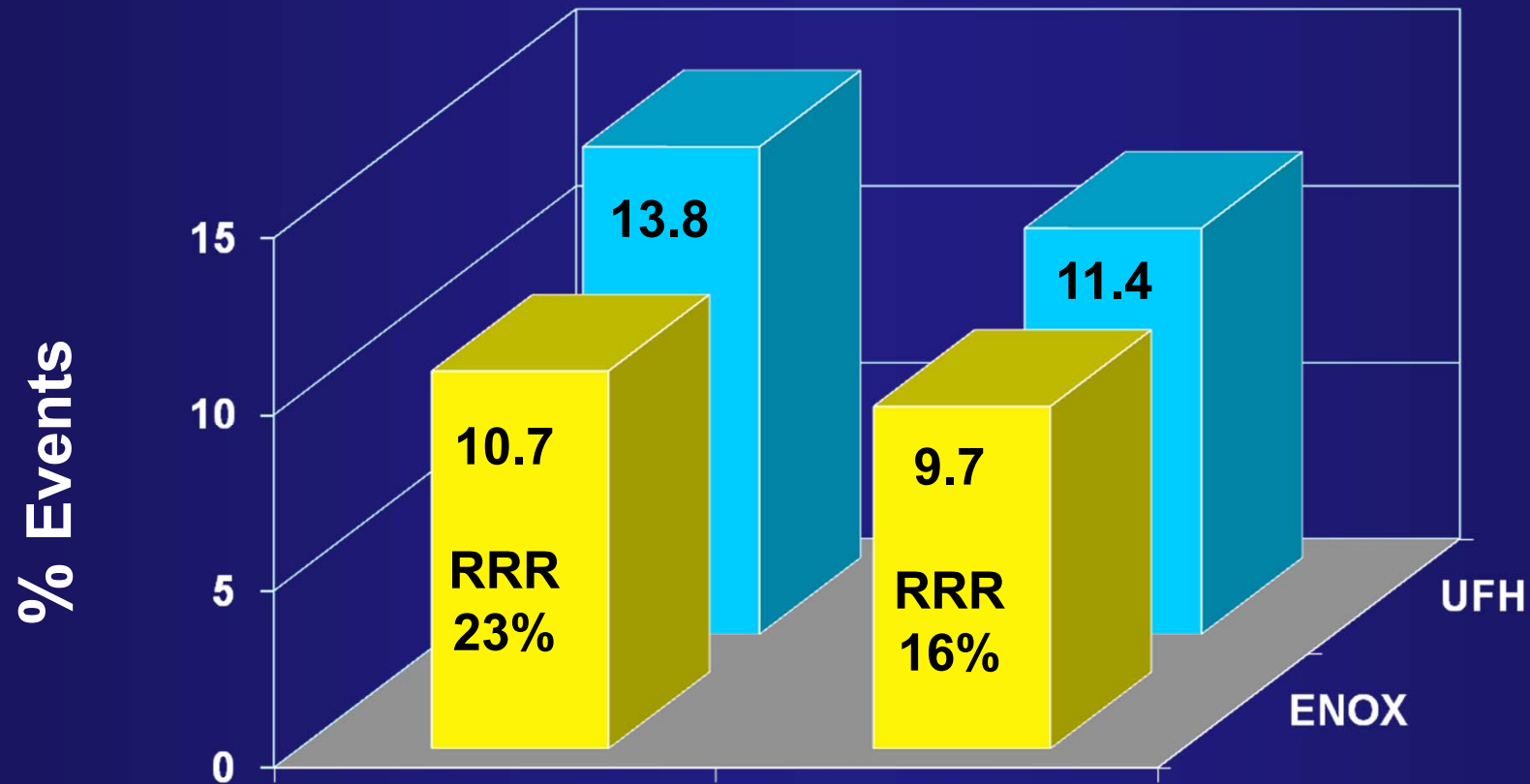


	Death	Nonfatal MI	Urg Revasc
RR	0.92	0.67	0.74
P value	0.11	<0.0001	0.0008

# ExTRACT-TIMI 25: whole & PCI subgroup



# Death or Nonfatal MI - Day 30 Medical Rx vs Any PCI



**Any PCI**  
**N = 4,676 (23%)**

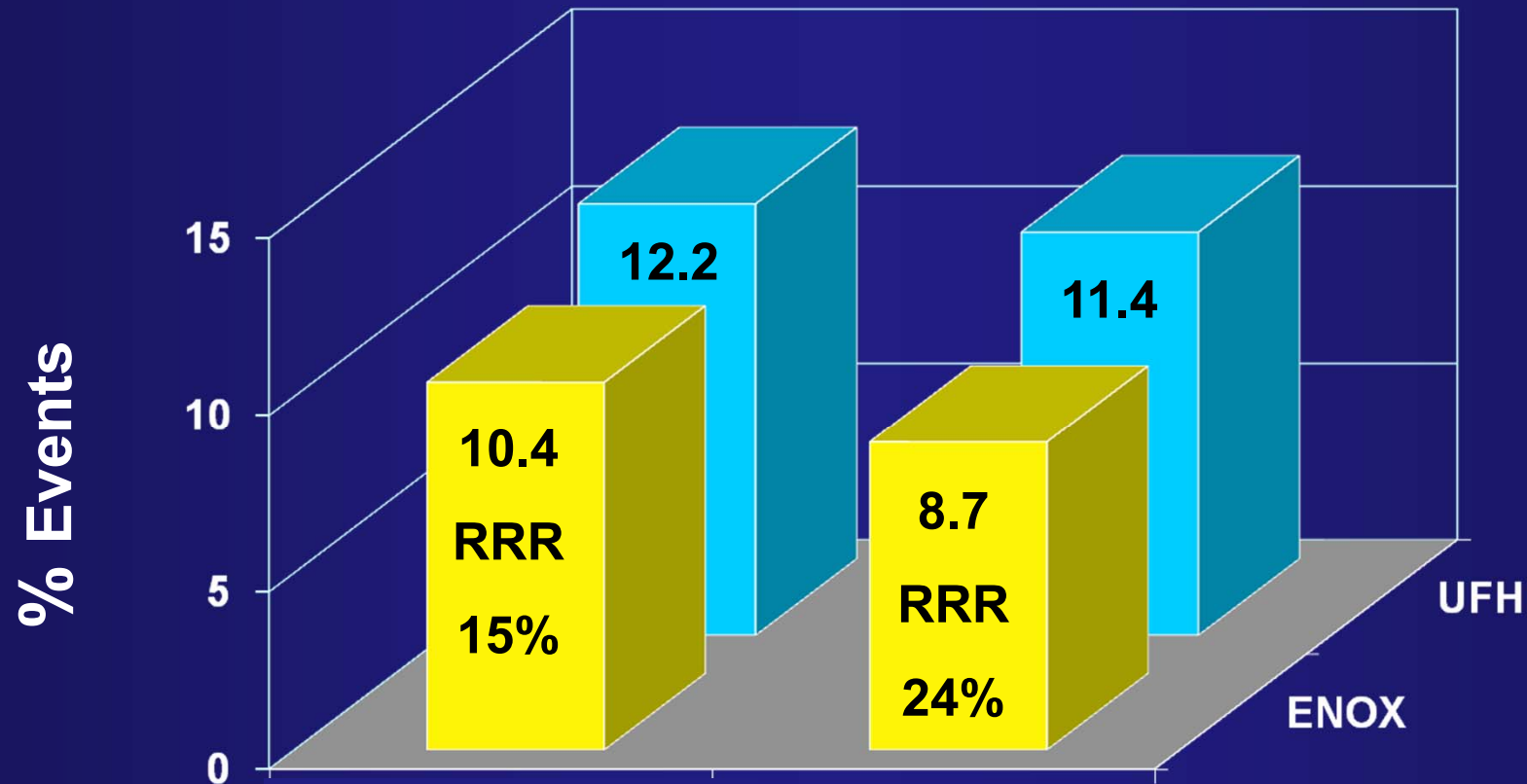
**Medical Rx**  
**N = 15,223 (75%)**

**P Value**

**0.001**

**0.0004**

# Death or Nonfatal MI - Day 30 depending on Clopidogrel Use



No Clopidogrel  
N = 14,752 (78%)

Clopidogrel Used\*  
N = 5,727 (28%)

P Value

0.0005

0.0006

\* 2546 clopidogrel treated patients did not undergo PCI

## ExTRACT-TIMI 25: Conclusions

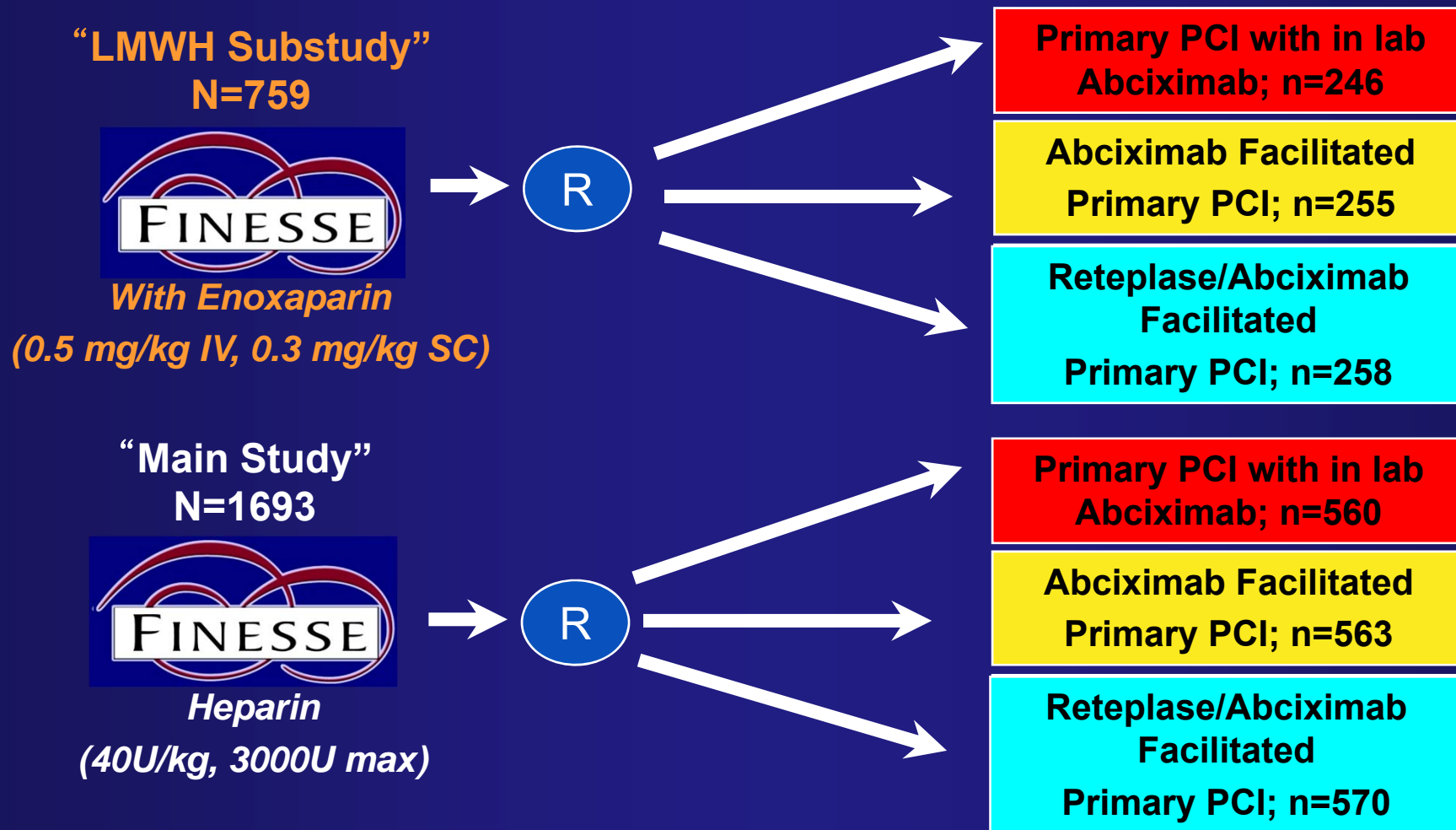
- In > 20,000 STEMI patients,
- Enoxaparin : reduction of death / MI at 30 days by 17%  
vs. IV UFH (9.9% vs. 12.0%,  $p=0.0001$ ).
- This effect is seen early (48 hours) and is consistent  
across all subgroups.

# **Primary / Facilitated PCI**



# FINESSE: LMWH substudy

To compare safety and efficacy between LMWH and UFH



# FINESSE LMWH substudy: Bleeding results

Outcome	Enoxaparin (%)	Heparin (%)	Adjusted OR	p
Major bleeding	2.6	4.4	0.55	0.0451
Minor bleeding	9.5	5.4	1.68	0.009
Major or minor bleeding	12.0	9.9	1.17	0.334

# FINESSE- LMWH substudy ; efficacy

Outcome	Enoxaparin (%)	Heparin (%)	Adjusted OR	p
Death, MI, urgent revascularization, refractory ischemia through 30 d	5.3	8.0	0.47	0.0005
All cause mortality at 90 d	3.8	5.6	0.59	0.0462
Death/MI at 30 d	4.0	5.6	0.58	0.0356

## Net adverse clinical outcome

Enoxaparin (%)	Heparin (%)	Adjusted OR	Adjusted p
8.2	11.7	0.64	0.0134

1. Enoxaparin was associated with a 30% lower relative risk of death or MI through 30 days.
2. Intravenous enoxaparin over UFH was associated with a lower risk of both major TIMI bleeding and ischemic events in primary PCI of STEMI."

# ATOLL

*An international randomized study  
comparing IV enoxaparin to IV UFH in primary PCI*

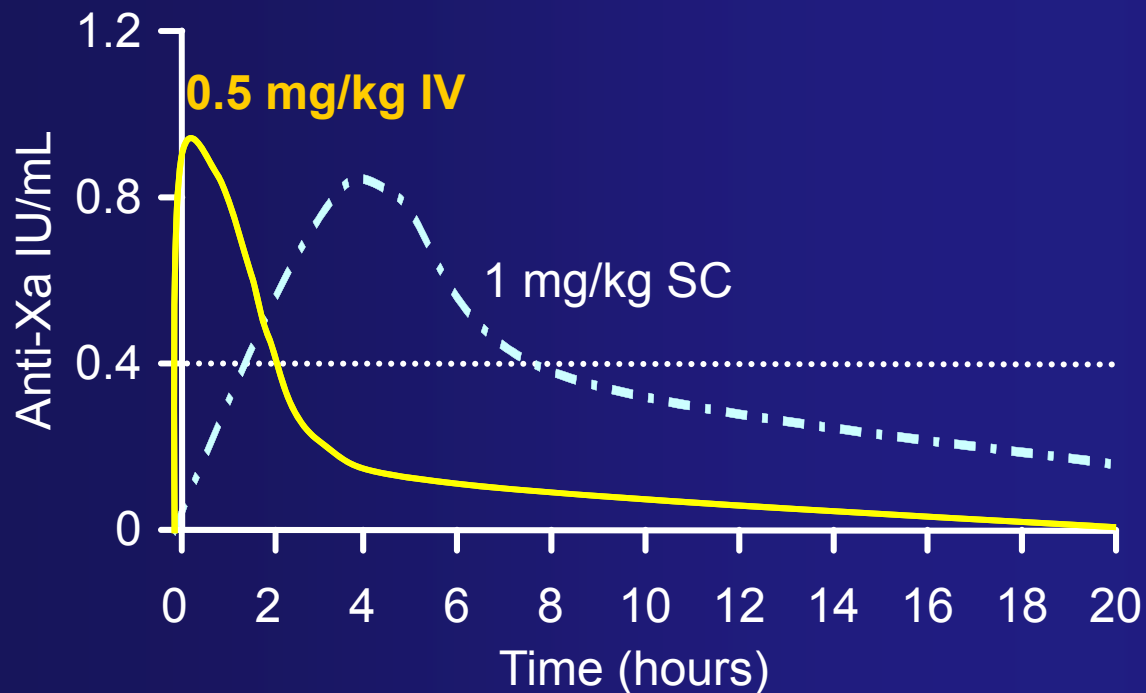
*G. Montalescot, M. Cohen, P. Goldstein,  
K. Huber, C. Pollack, U. Zeymer, E. Vicaut  
for the ATOLL investigators*

**ATOLL:** Acute STEMI Treated with primary PCI and intravenous enoxaparin Or UFH to Lower ischemic and bleeding events at short- and Long-term follow-up (Investigator-driven study)

**G. MONTALESCOT, DISCLOSURE:** **Research Grants (to the Institution)** from Abbott Vascular, Bristol Myers Squibb, Boston Scientific, Centcor, Cordis, Eli-Lilly, Fédération Française de Cardiologie, Fondation de France, Guerbet Medical, INSERM, Medtronic, Pfizer, Sanofi-Aventis Group, Société Française de Cardiologie; **Consulting or Lecture Fees** from Accumetrics, Astra-Zeneca, Bayer, Biotronik, Boehringer-Ingelheim, Bristol-Myers Squibb, Daichi-Sankyo, Eisai, Eli-Lilly, Menarini, MSD, Novartis, Portola, Sanofi-Aventis Group, Schering-Plough, Servier and The Medicines Company.

# Intravenous 0.5mg/kg Enoxaparin

## PD experience



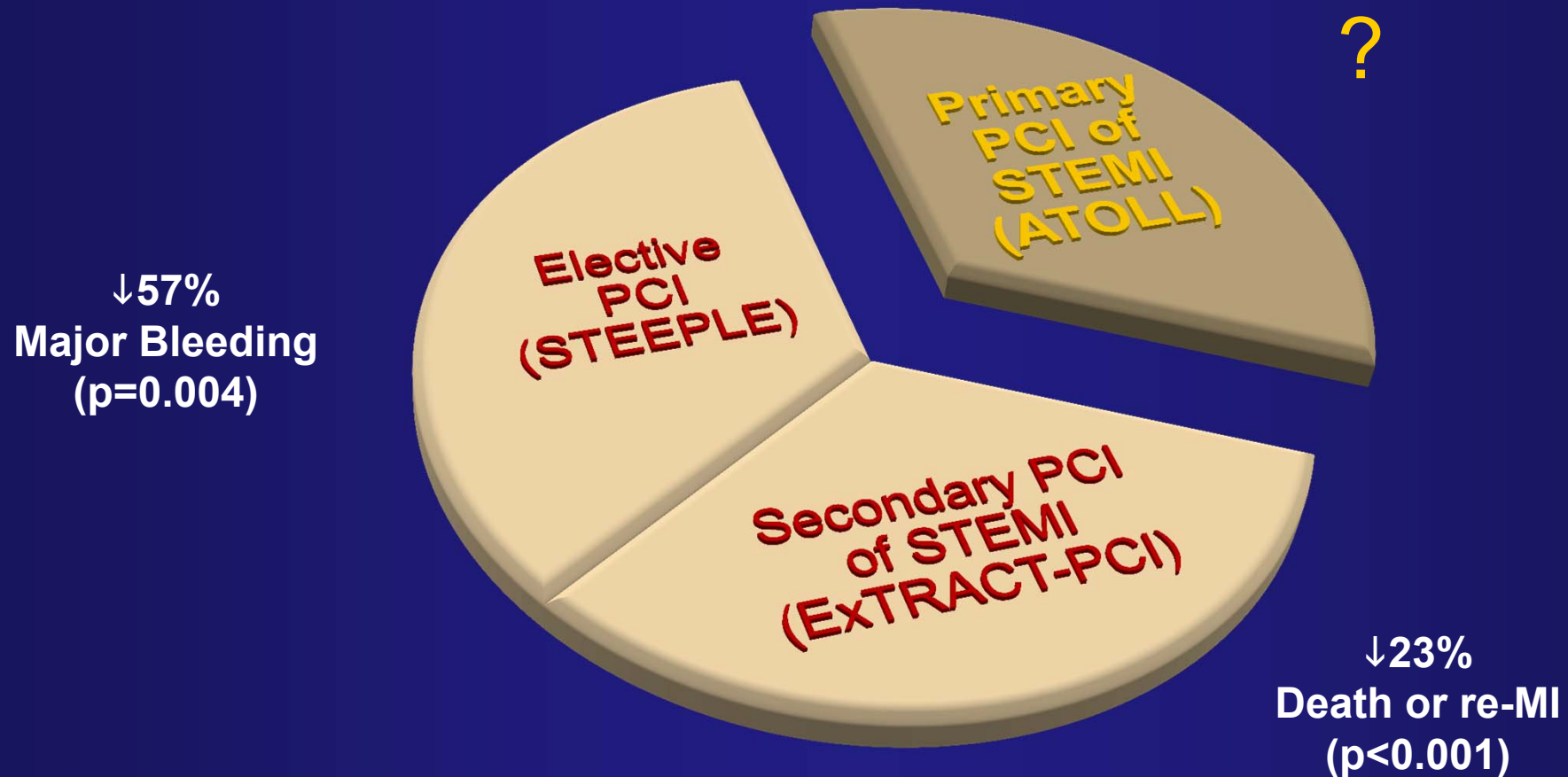
Sanchez-Pena P. Br J Clin Pharmacol. 2005;60:364-73.

## Clinical experience

- Choussat et al (elective PCI)
- Miller et al (ACS-PCI)
- Carnendran et al (elective PCI)
- STEEPLE (elective PCI)
- PROTECT –TIMI30 (ACS-PCI)
- Silvain et al (elective PCI)
- FINESSE (primary PCI)
- Brieger et al. (Primary PCI)

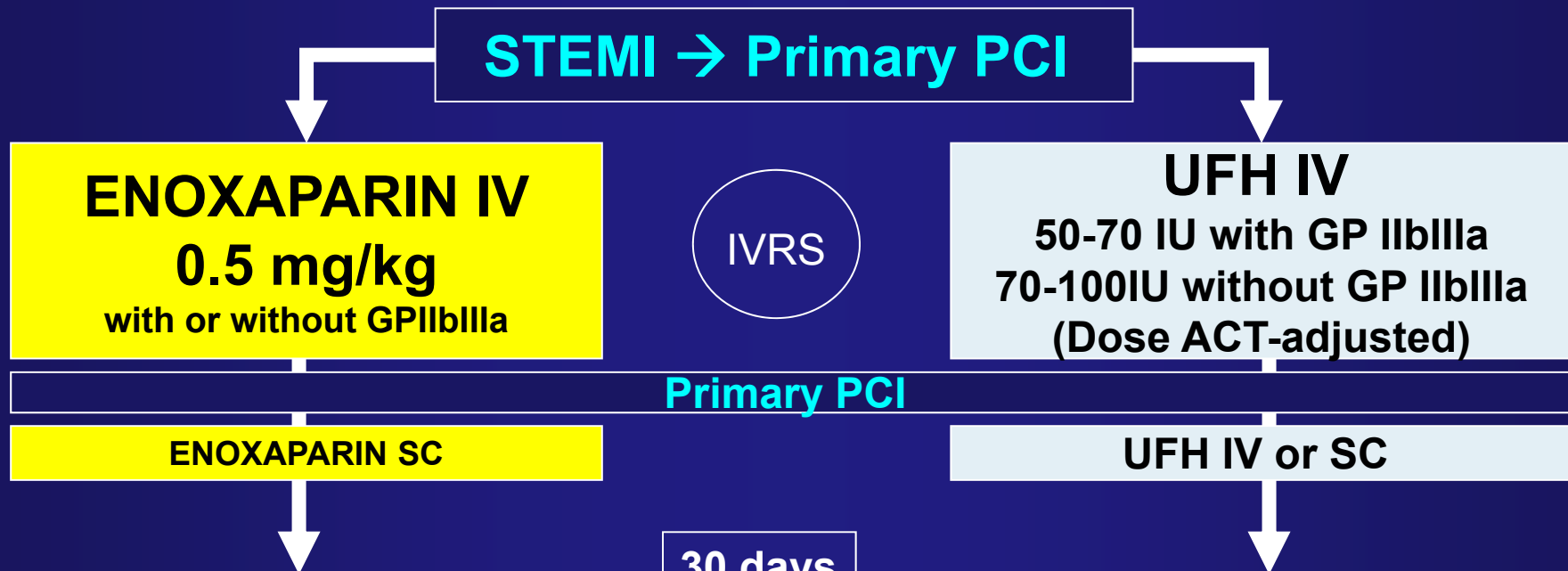
Choussat et al. JACC. 2002;40:1943-50.  
Miller L. J Invasive Cardiol. 2002;14:247-50  
Carnendran et al. J Invasive Cardiol. 2003;15:235-8.  
Montalescot et al. N Engl J Med. 2006;355:1006-17.  
Gibson et al. JACC. 2006;47:2364-2373  
Silvain et al. JACC. 2010;55:617-25  
Montalescot et al. JACC Cardiovasc Interv. 2010;3:203-12  
Brieger et al. Catheter Cardiovasc Interv. 2010 [in press]

# Intravenous enoxaparin vs. UFH in PCI



# ATOLL Trial design

Randomization as *early* as possible (MICU +++)  
*Real life* population (shock, cardiac arrest included)  
**No anticoagulation** and no lytic before Rx  
**Similar antiplatelet** therapy in both groups



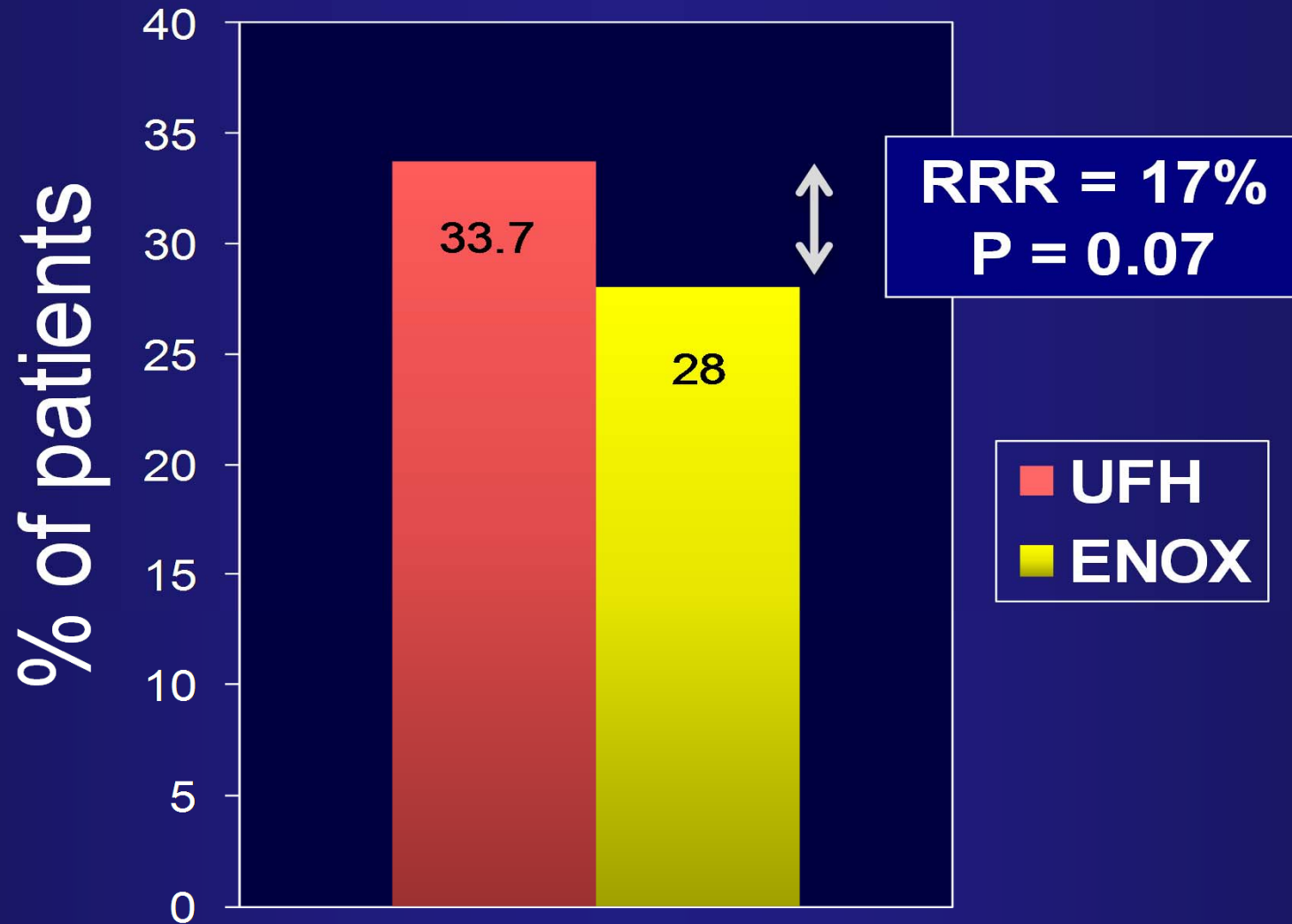
1° EP: Death, Complication of MI, Procedure Failure, Major Bleeding

Main 2° EP: Death, recurrent MI/ACS, Urgent Revascularization



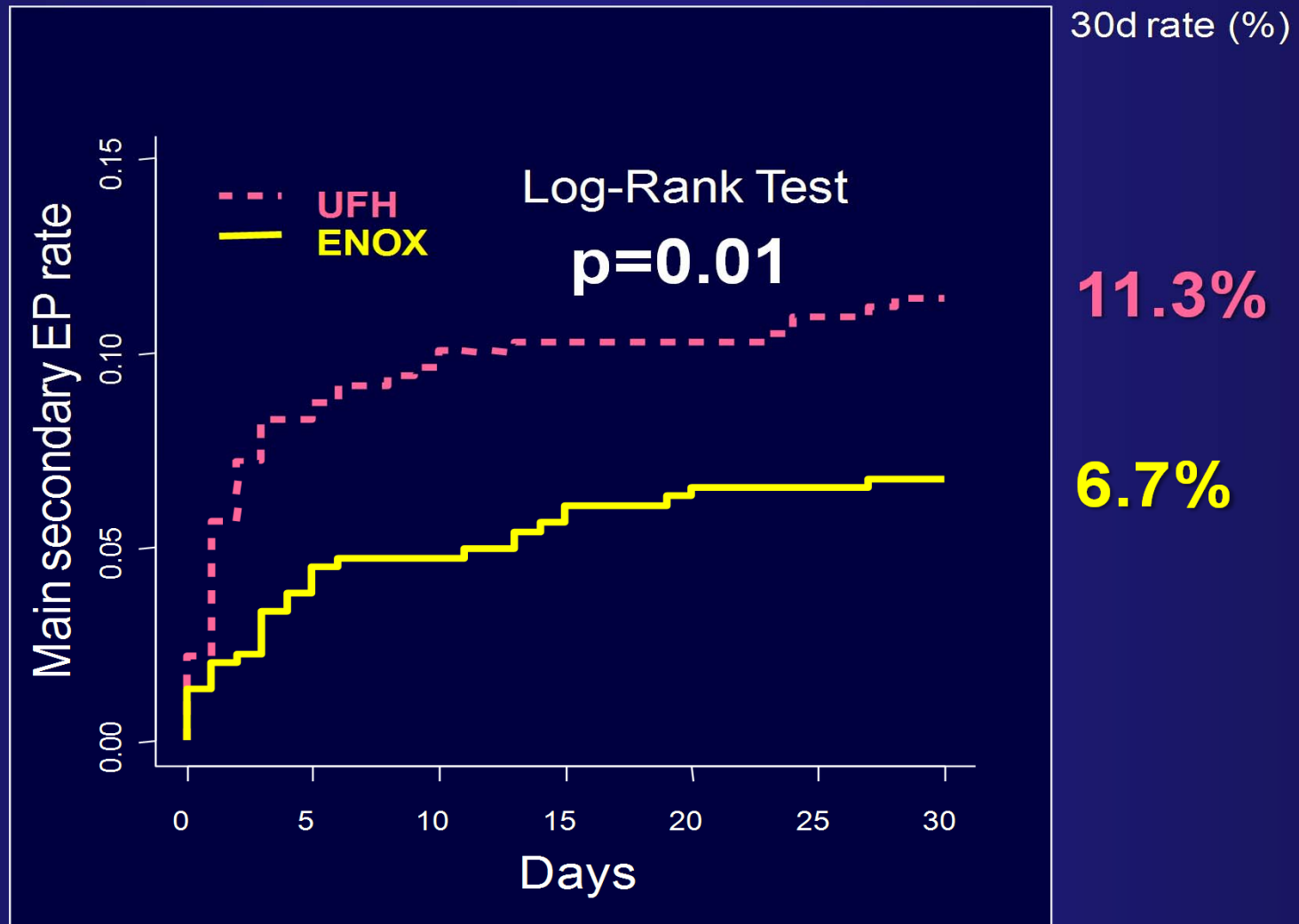
# Primary Endpoint

Death, Complication of MI, Procedure Failure or Major Bleeding



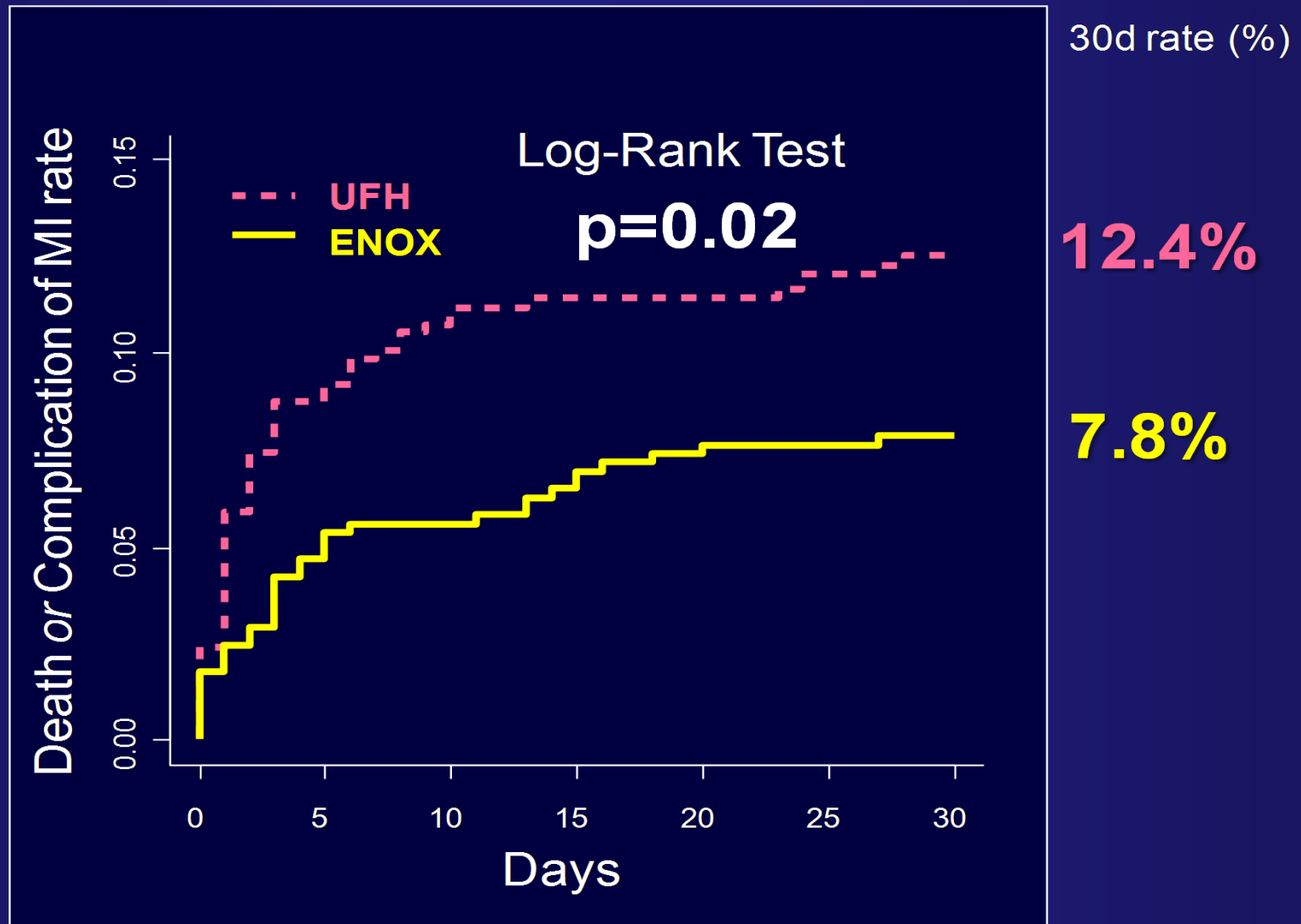
# Main Secondary Endpoint (ischemic)

Death, Recurrent MI/ACS or Urgent Revascularization



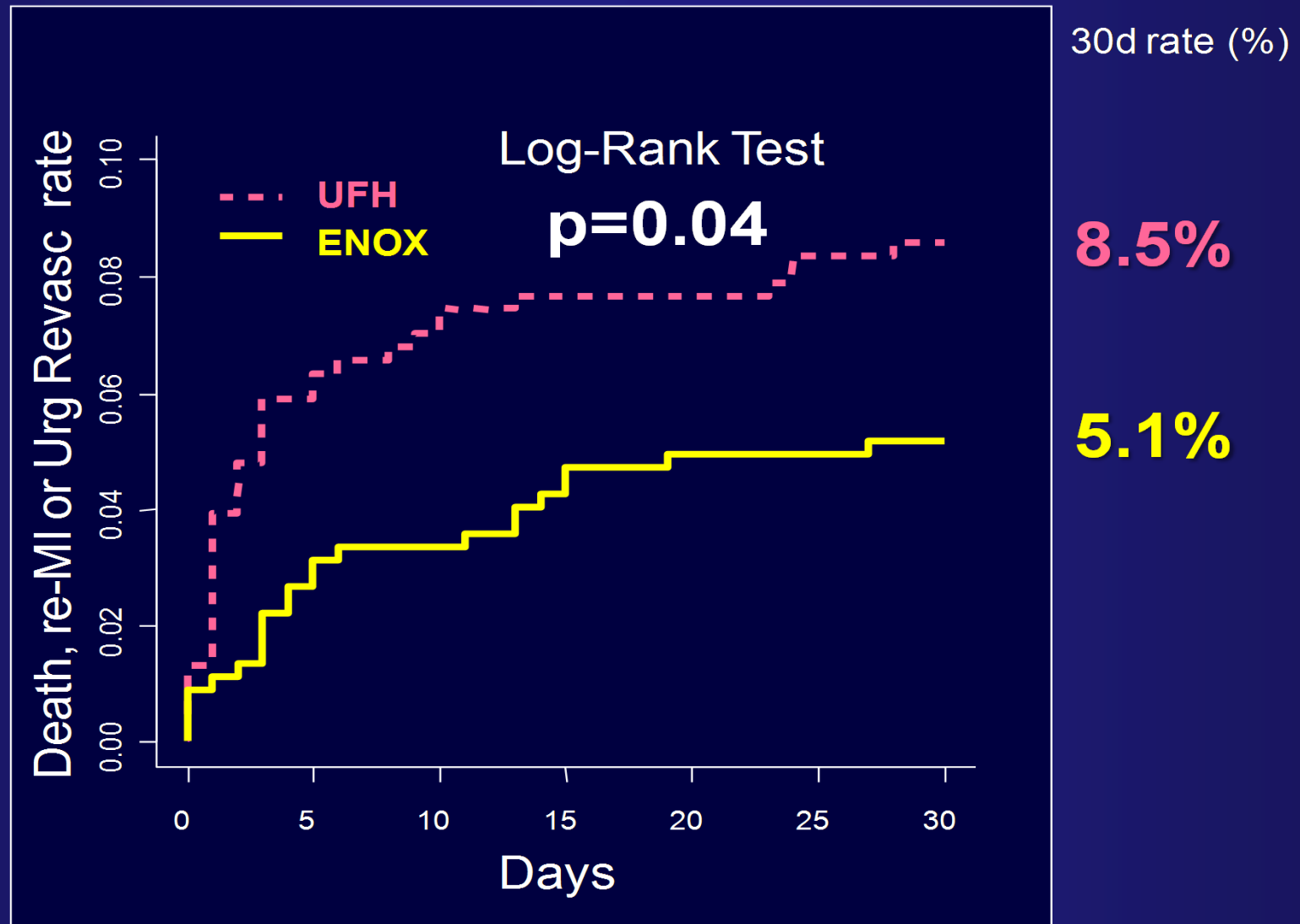
# Death or Complication of MI

Death, resuscitated cardiac arrest, recurrent MI/ACS, Urg Revasc, stroke, peripheral or pulmonary embolism



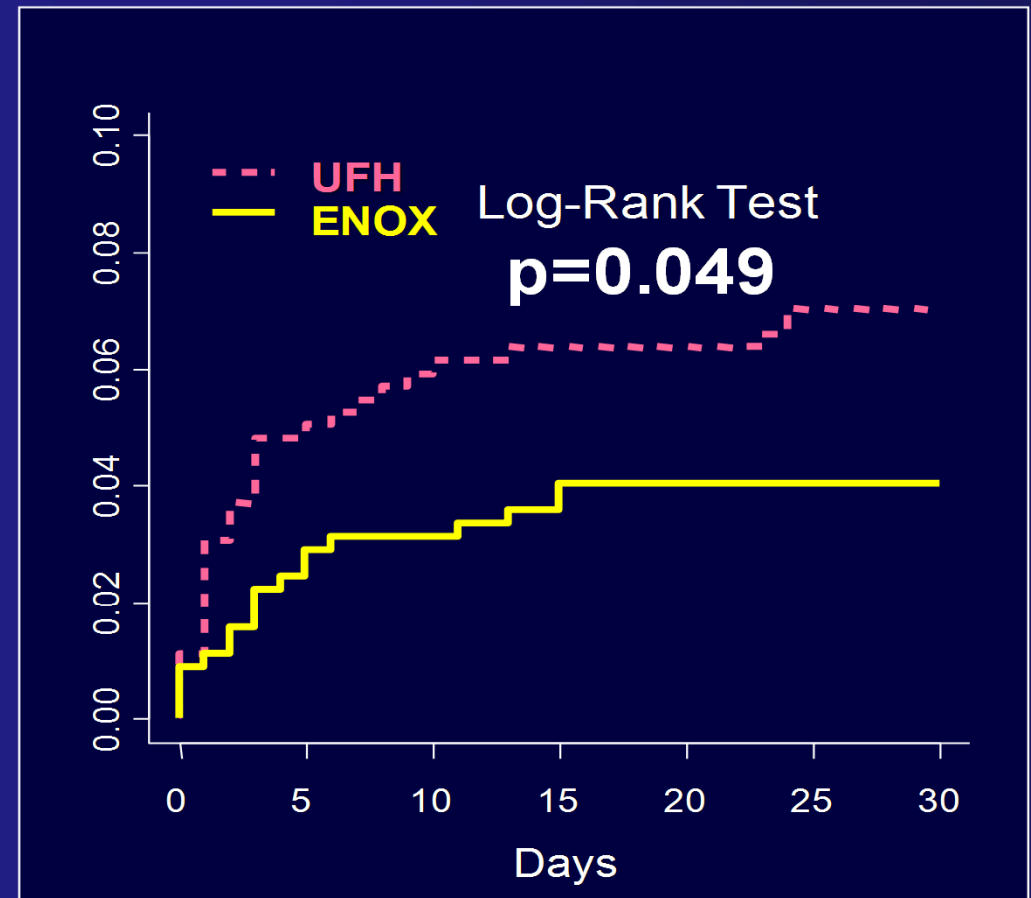
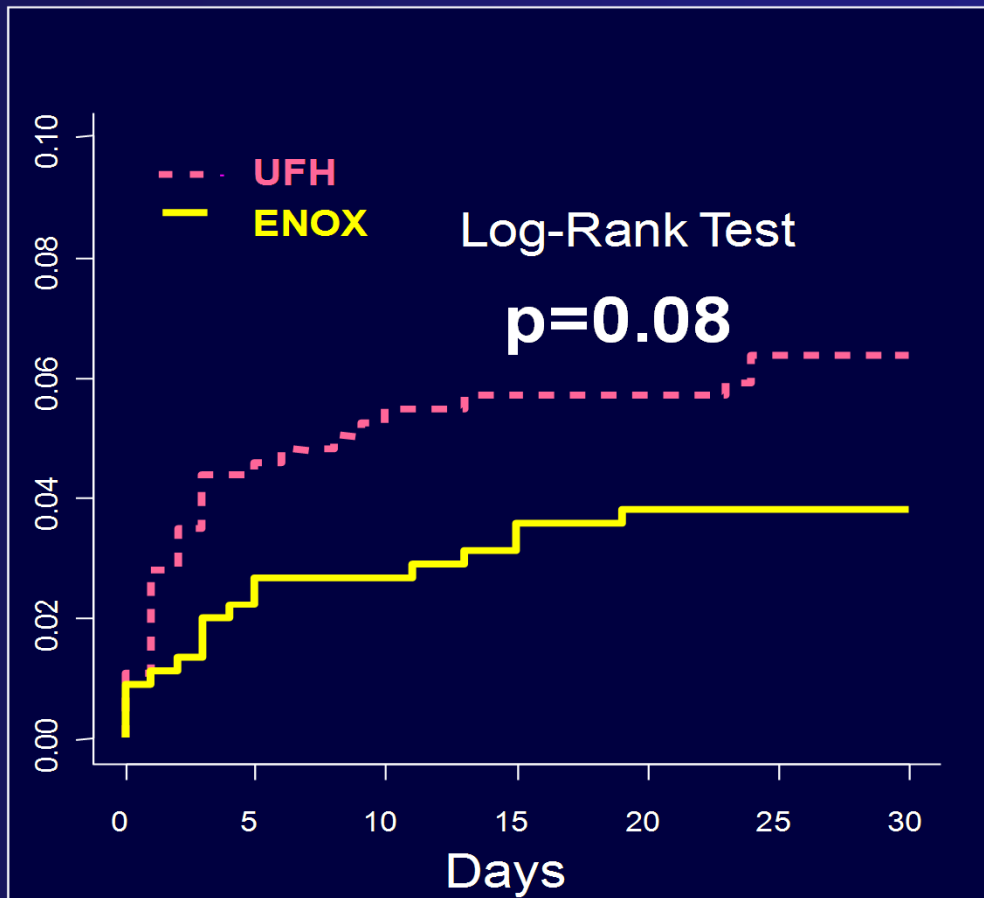
# Triple Ischemic Endpoint

Death, re-MI or Urgent Revascularization



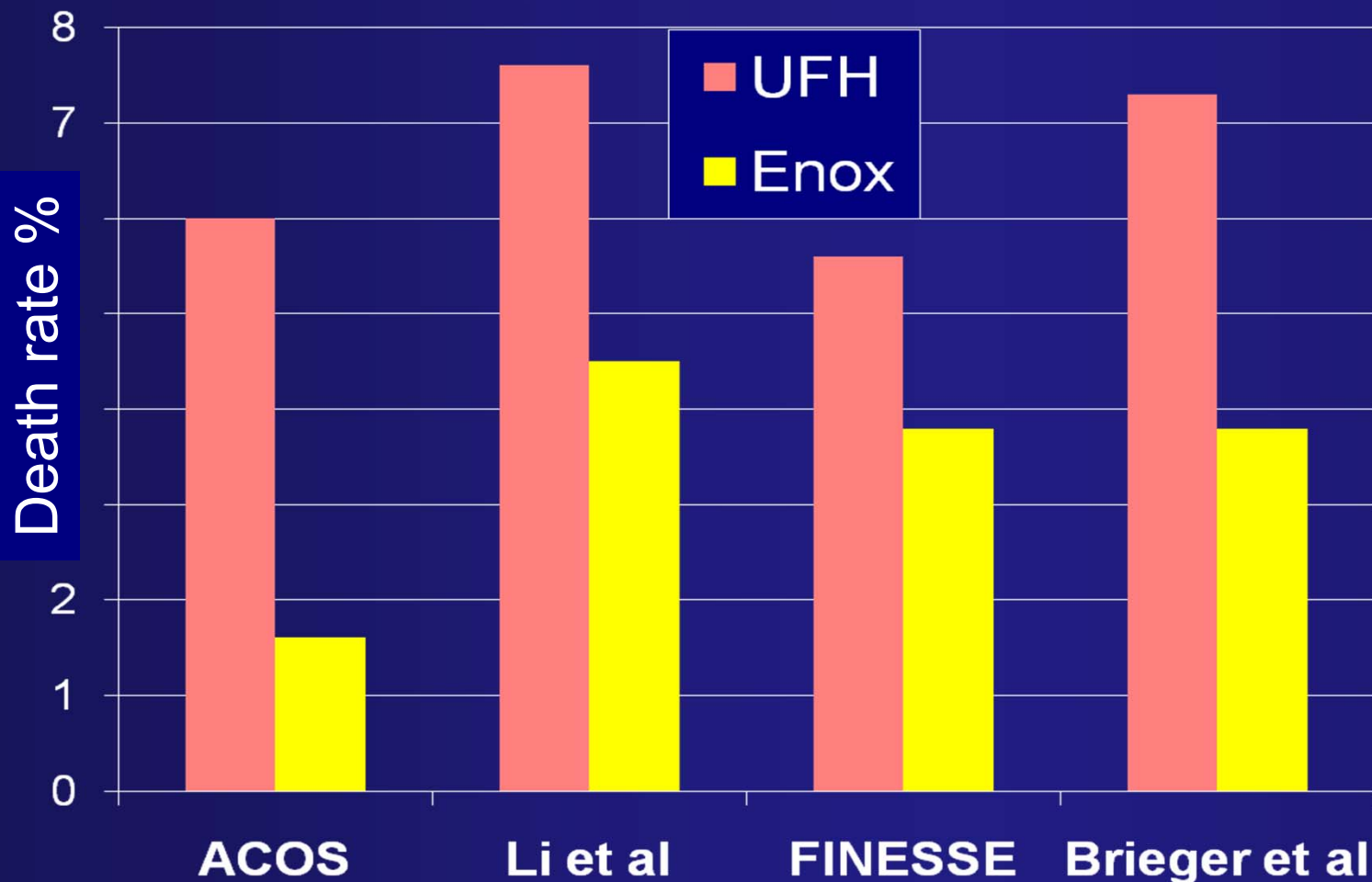
## Death (any)

## Death or resuscitated cardiac arrest

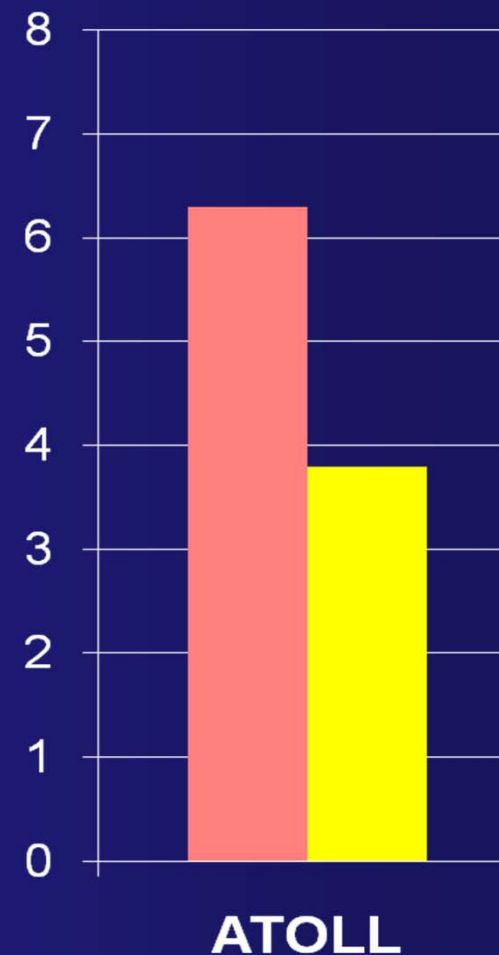


# Death finding → Chance finding?

## REGISTRIES



## RANDOMIZED

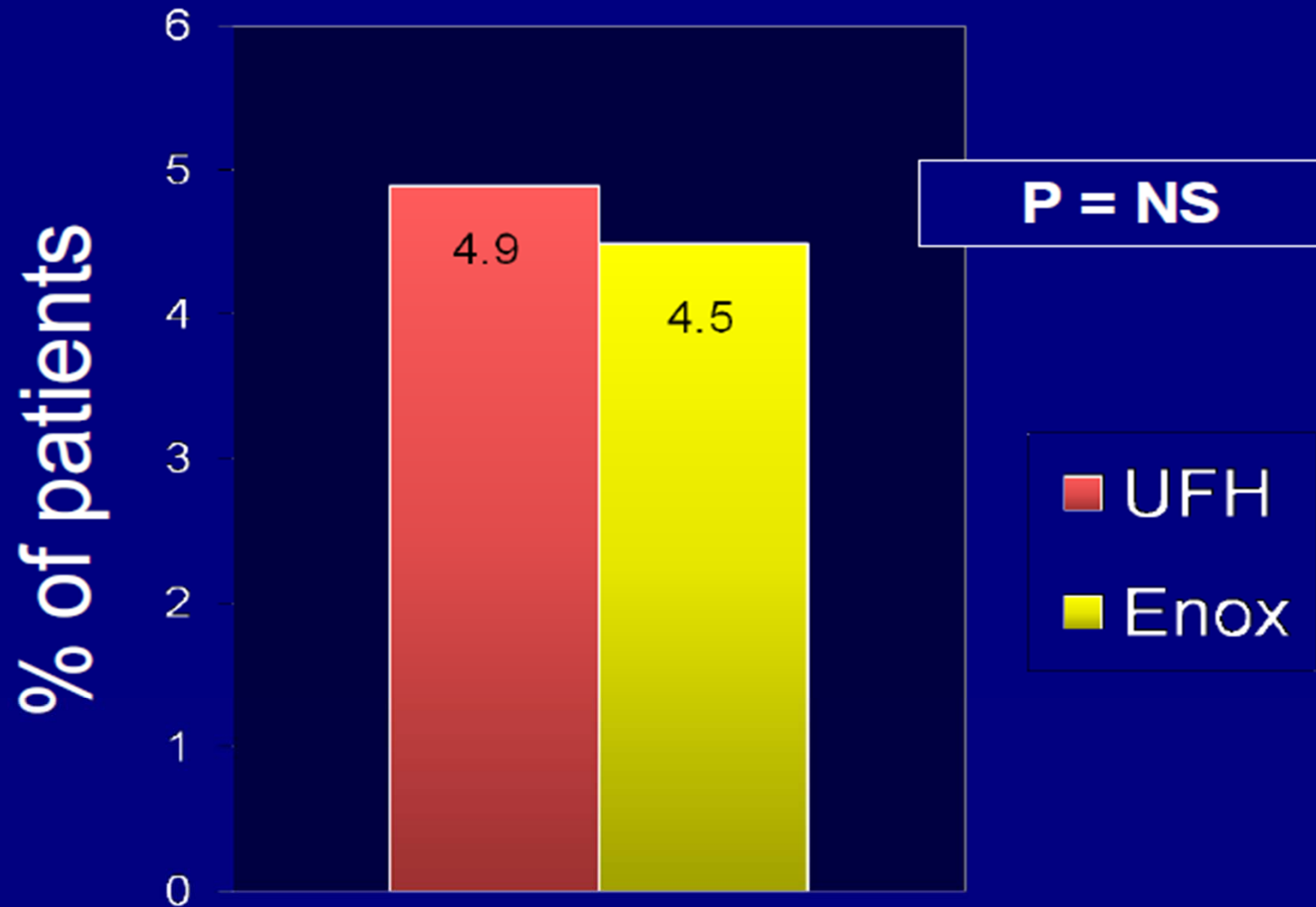


Zeymer et al. *Eurointervention* 2009;4:524-8. Li YJ, Rha SW et al. *Am Heart J* 2010;159:684-90.  
Montalescot et al. *JACC CI* 2010;3:203-12. Brieger et al. *CCI* 2010 (in press)



# Main Safety Endpoint

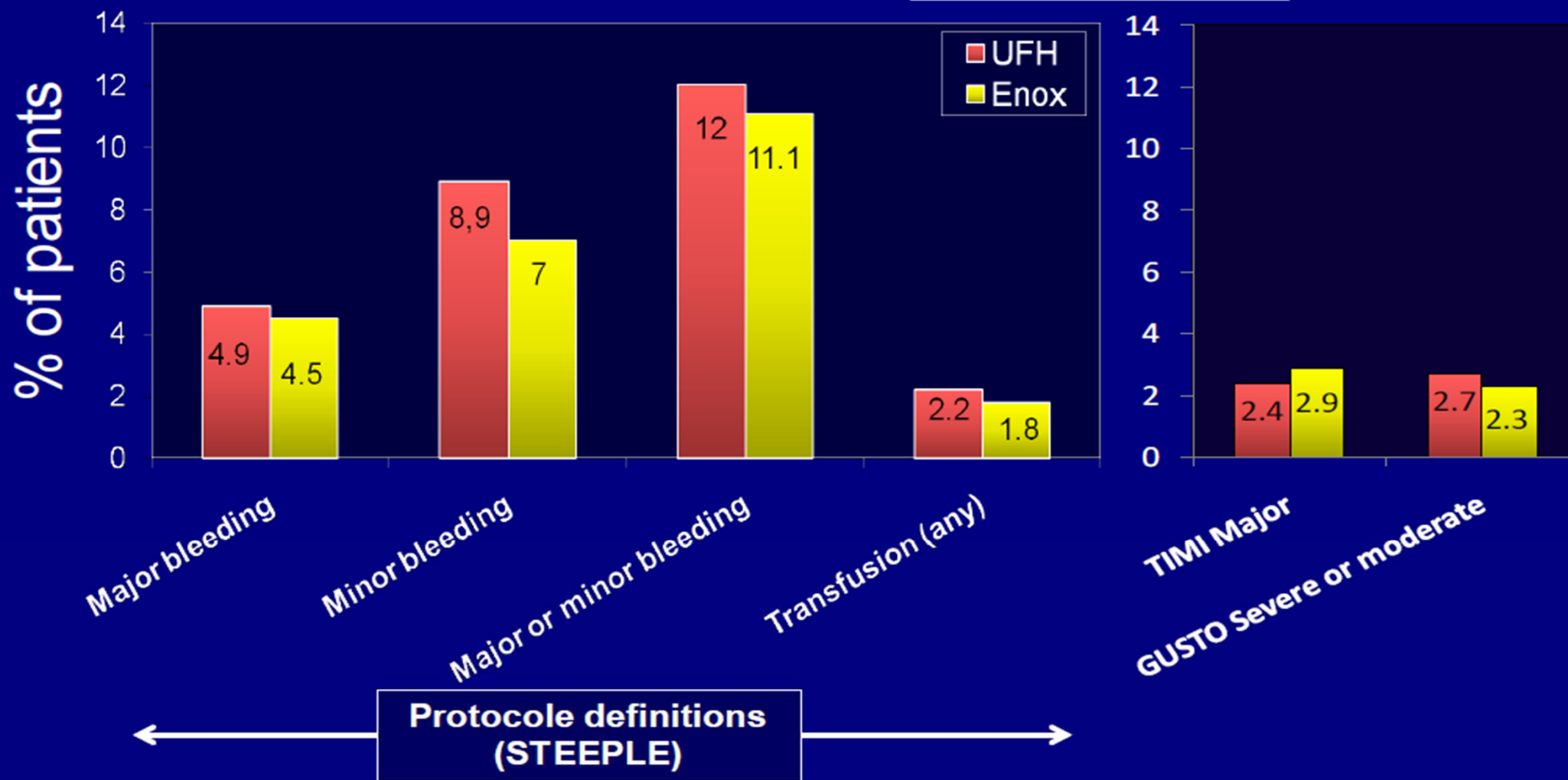
Non-CABG Major Bleeding (STEEPLE definition)





# All Safety Endpoints

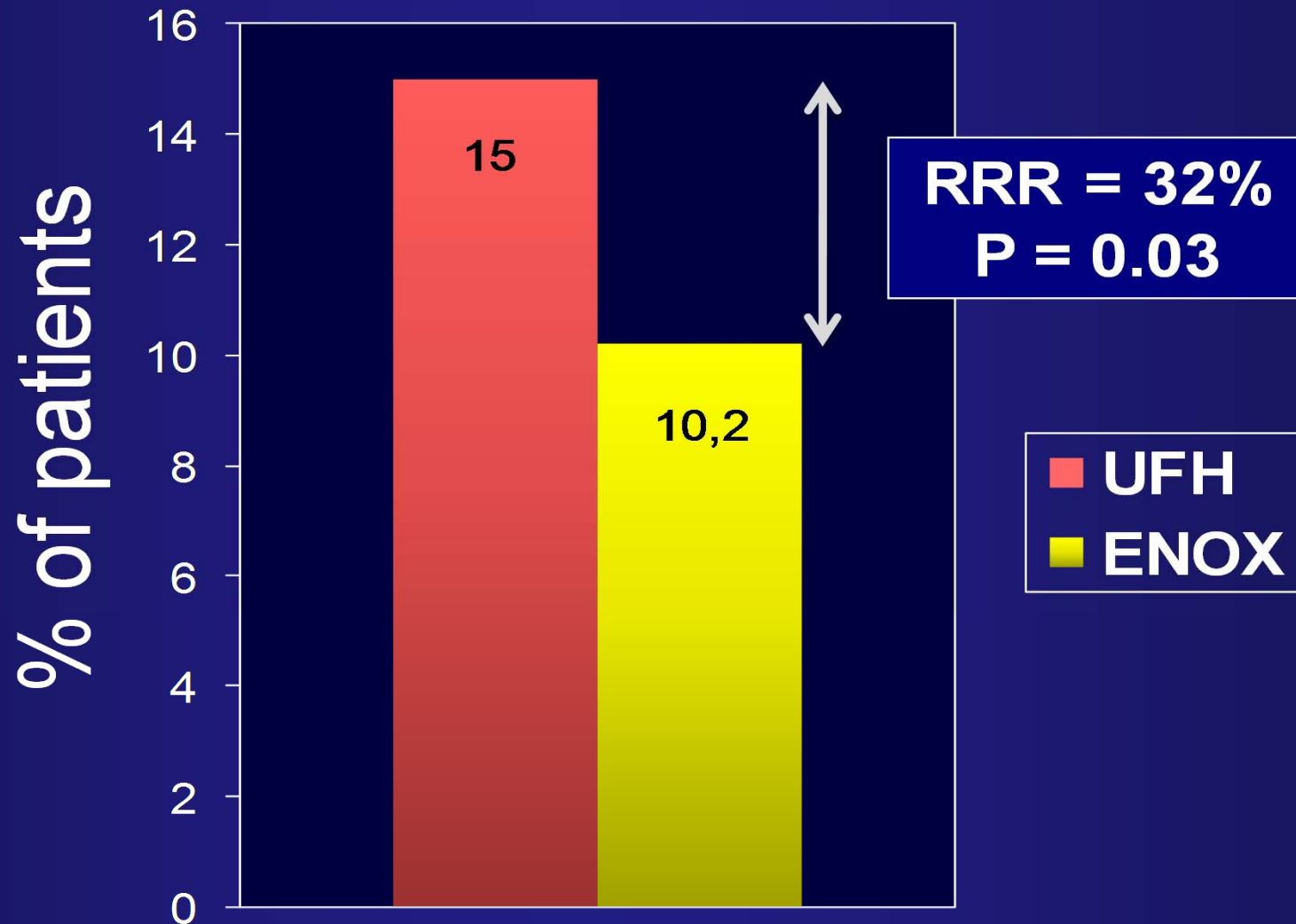
P = NS for all





# Death, Complication of MI or Major bleeding

## Net clinical benefit



# Conclusions

**In this 1st pure head-to-head comparison between 2 anticoagulants in primary PCI, i.v. enoxaparin:**

- **Did not reduce procedural failure, in particular low TIMI flow and non ST-segment resolution**
- **Reduced serious ischemic events on top of intense antiplatelet therapy**
- **Had a good safety profile with a superior net clinical benefit**

The Lancet  
Manuscript Draft

Manuscript Number: THELANCET-D-11-02305

Title: Intravenous Enoxaparin or Unfractionated Heparin in Primary Percutaneous Coronary Intervention for ST-Elevation Myocardial Infarction

Article Type: Fast Track (Randomised Controlled Trial)

**Intravenous Enoxaparin or Unfractionated Heparin in Primary Percutaneous  
Coronary Intervention for ST-Elevation Myocardial Infarction**

Gilles Montalescot, MD, PhD, Uwe Zeymer, MD, PhD, Johanne Silvain, MD, PhD,  
Bertrand Boulanger, MD, Marc Cohen, MD, Patrick Goldstein, MD, Patrick Ecollan,  
MD, Xavier Combes, MD, Kurt Huber, MD, PhD, Charles Pollack Jr., MD, Jean-  
François Bénézet, MD, Olivier Sibbe, MD, Emmanuelle Filippi, MD, Emmanuel  
Teiger, MD, PhD, Guillaume Cayla, MD, Simon Elhadad, MD, Frédéric Adnet, MD,  
Tahar Chouihed, MD, Sébastien Gallula, MD, Agnès Greffet, MD, Mounir Aout,  
PhD, Jean-Philippe Collet, MD, PhD, Eric Vicaut, MD, PhD for the ATOLL  
Investigators

**ATOLL: Acute STEMI Treated with primary angioplasty and intravenous enoxaparin  
Or UFH to Lower ischemic and bleeding events at short- and Long-term follow-up**

[ClinicalTrials.gov: NCT00718471](https://clinicaltrials.gov/ct2/show/study/NCT00718471)

# Reviewer's (Dr Rha) Comments (1)

**Dr Montalescot and his co-workers report the results from Acute STEMI Treated with primary angioplasty and intravenous enoxaparin Or UFH to Lower ischemic and bleeding events at short- and Long-term follow-up (ATOLL) study.**

**In ATOLL study, Dr Montalescot and his co-workers compared enoxaparin and UHF in patients undergoing primary PCI, predominantly performed with a radial artery access. The authors found that anticoagulation with enoxaparin resulted in a lower rate of the primary end point that was not statistically significant, and in a significantly lower rate of the main secondary end point. Death or complication of MI was also reduced with enoxaparin. The incidence of bleeding events was not different between groups. They concluded that intravenous enoxaparin as compared with unfractionated heparin did reduce ischemic end points although the reduction of the primary end point failed to reach statistical significance. The good ischemic and safety profile of enoxaparin led to an improved net clinical benefit. Notably, in this study, they enrolled a broad risk, real world population managed with current, guidelines supported drugs and techniques.**

# Reviewer's (Dr Rha) Comments (2)

## Major comment:

We congratulate Dr. Montalescot and his coworkers on this elegant study because the ATOLL study has been nicely designed and well preformed. This manuscript also has been nicely written and the statistics analysis was properly conducted. The conclusions were proper and strongly supported by the results.

## Minor comments:

1. Intravenous bolus of 0.5mg/kg of enoxaparin was used before primary PCI, and subcutaneous enoxaparin 40mg was given once a day, subsequently. Actually, the superior effects from enoxaparin come from this composite drug use regime. Therefore, we suggest the authors should mention this in the methods section of the abstract.
2. The reference 22 was wrongly edited in the text with double occurring numbers on page 17-18. And the reference 16 should be superscript on page 18.

**THELANCET-D-11-02305**

**“Intravenous Enoxaparin or Unfractionated Heparin in Primary Percutaneous Coronary Intervention for ST-Elevation Myocardial Infarction”**

**Original Submission**

**Seung Woon Rha (Reviewer 5)**

**Reviewer Recommendation Term: Accept with Minor Revision**

Manuscript Rating Question(s):	Scale	Rating
The subject addressed in this article is worthy of investigation?	[1-5]	5
The hypothesis is clearly stated?	[1-5]	5
The most important previous studies are cited as far as I know?	[1-5]	4
The data presented are new (or deserved to be replicated )?	[1-5]	4
The research design is suitable?	[1-5]	5
The methods are described specifically enough to be evaluated?	[1-5]	4
The discussion addresses sources of systematic and random error?	[1-5]	4
The conclusions are supported by the data?	[1-5]	4
The summary accurately reflects the content of the paper?	[1-5]	4
Overall Score	[1-5]	4

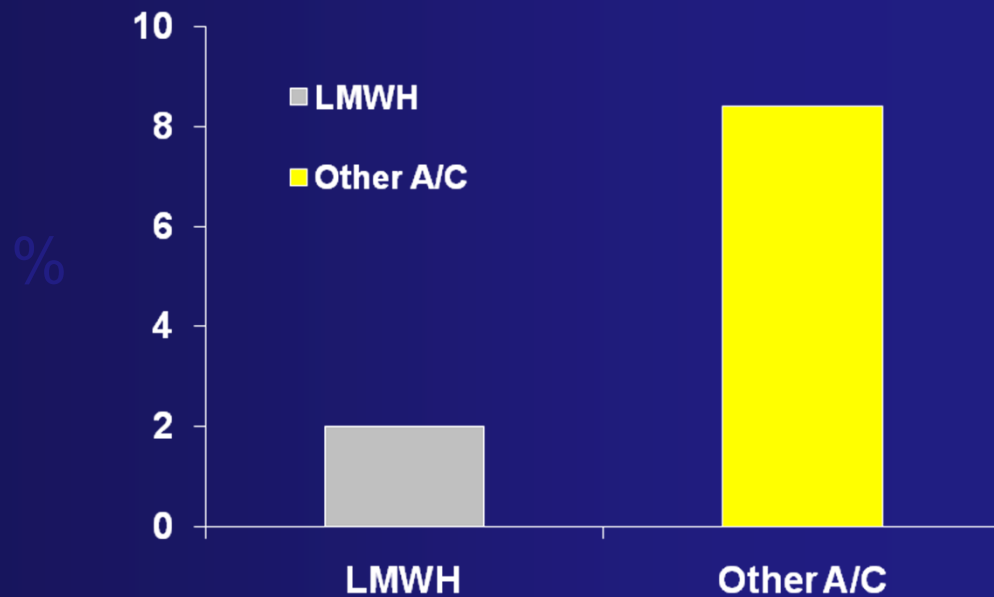
# Global Registry

# FAST-MI (STEMI) registry

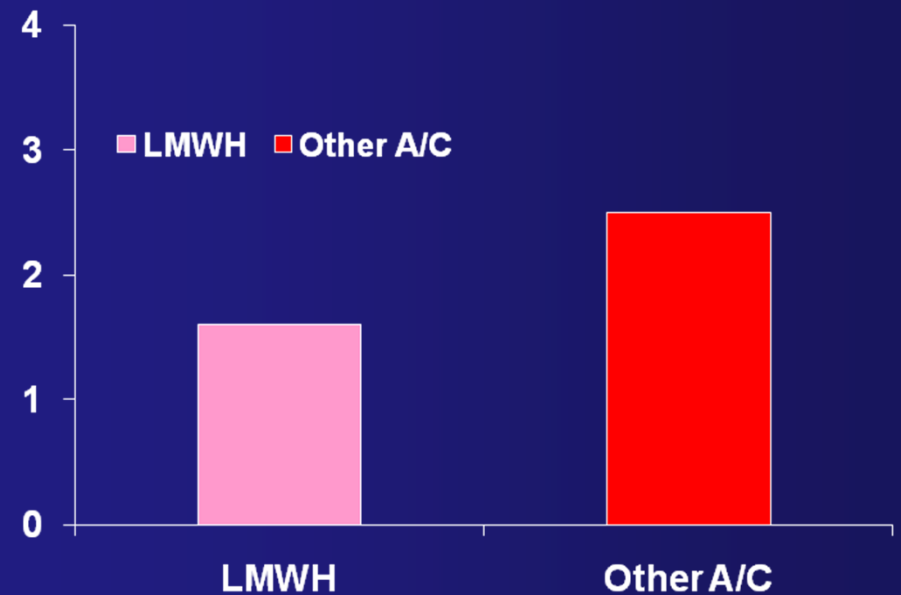
1711 STEMI patients: 1025 with reperfusion

45% lysis  
55% 1° PCI

## DEATH



## MAJOR BLEED



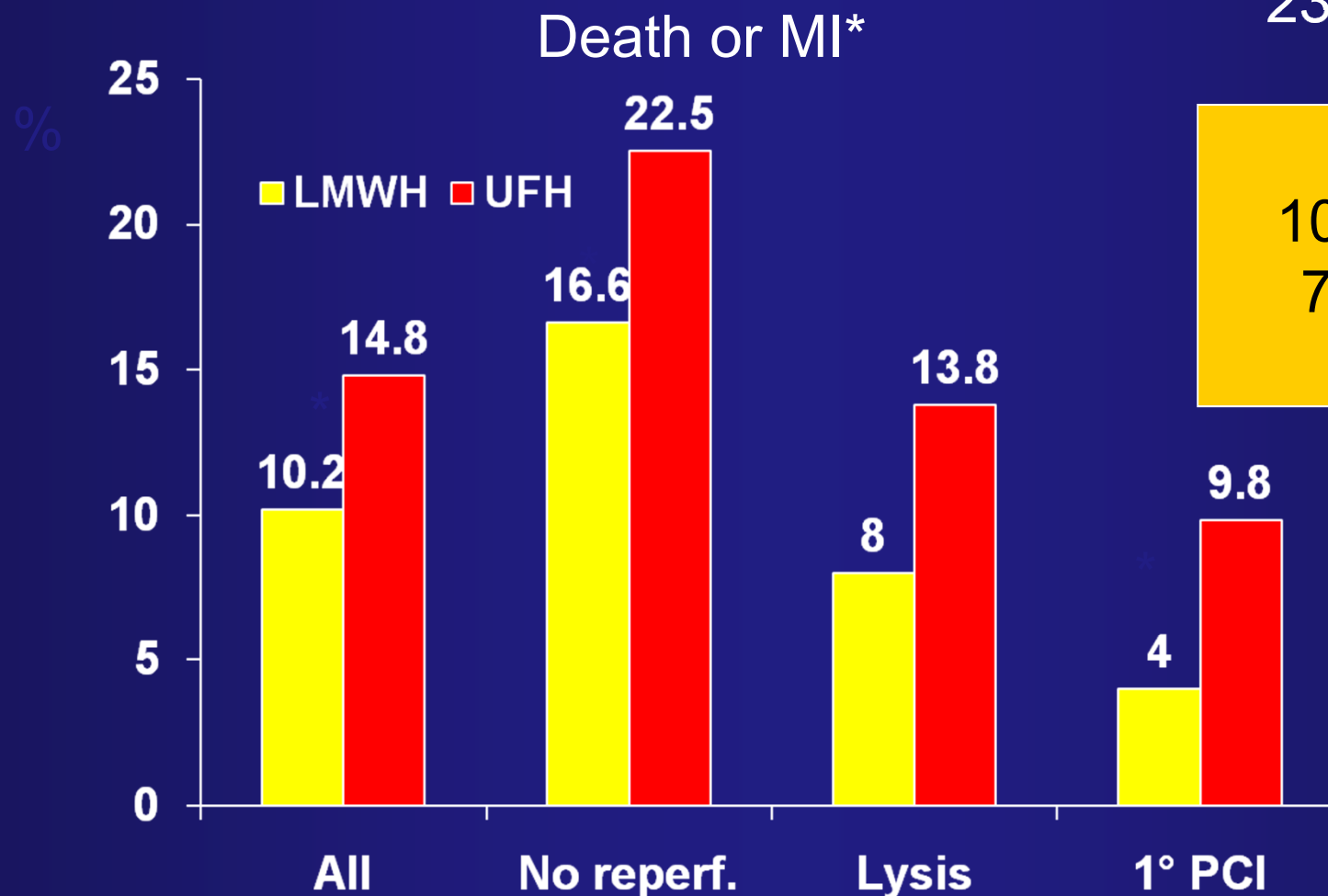
Multivariate analysis: LMWH predicts survival



# ACOS (STEMI) Registry

6299 STEMI patients:

2683 No Rx  
2021 lysis  
2371 1° PCI



Death  
10.0% UFH vs.  
7.2% LMWH,  
p<0.05

# Low Molecular Weight Heparin versus Unfractionated Heparin in Acute ST-Segment Elevation Myocardial Infarction Patients undergoing Primary PCI with Drug-eluting Stents

Kang-Yin Chen, *Seung-Woon Rha*, Yong-Jian Li, Kanhaiya L. Poddar, Jae Hyung Park, Jin Oh Na, Cheol Ung Choi, Hong Euy Lim, Jin Won Kim, Eung Ju Kim, Chang Gyu Park, Hong Seog Seo, Dong Joo Oh, Young Keun Ahn\*, Myung Ho Jeong\*

Cardiovascular Center,  
Korea University Guro Hospital, Seoul, Korea  
\*Chonnam National University Hospital, Gwangju, Korea

# Low-molecular-weight heparin versus unfractionated heparin in acute ST-segment elevation myocardial infarction patients undergoing primary percutaneous coronary intervention with drug-eluting stents

Yong-Jian Li, MD,<sup>a,b</sup> Seung-Woon Rha, MD,<sup>a</sup> Kang-Yin Chen, MD,<sup>c</sup> Kanhaiya L. Poddar, MD,<sup>a</sup> Zhe Jin, MD,<sup>b</sup> Yoshiyasu Minami, MD,<sup>a</sup> Lin Wang, MD,<sup>a</sup> Qun Dang, MD,<sup>b</sup> Guang-Ping Li, MD,<sup>c</sup> Sureshkumar Ramasamy, MD,<sup>a</sup> Ji-Young Park, MD,<sup>a</sup> Chol Ung Choi, MD,<sup>a</sup> Jin-Won Kim, MD,<sup>a</sup> Eung Ju Kim, MD,<sup>a</sup> Chang Gyu Park, MD,<sup>a</sup> Hong Seog Seo, MD,<sup>a</sup> Dong Joo Oh, MD,<sup>a</sup> Myung Ho Jeong, MD,<sup>d</sup> Young Keun Ahn, MD,<sup>d</sup> Taek Jong Hong, MD,<sup>c</sup> Jong-Seon Park, MD,<sup>f</sup> Young Jo Kim, MD,<sup>f</sup> Seung Ho Hur, MD,<sup>g</sup> In Whan Seong, MD,<sup>h</sup> Jei Keon Chae, MD,<sup>i</sup> Myeong Chan Cho, MD,<sup>j</sup> Jang Ho Bae, MD,<sup>k</sup> Dong Hoon Choi, MD,<sup>l</sup> Yang Soo Jang, MD,<sup>l</sup> In Ho Chae, MD,<sup>m</sup> Hyo Soo Kim, MD,<sup>n</sup> Chong Jin Kim, MD,<sup>o</sup> Jung Han Yoon, MD,<sup>p</sup> Tae Hoon Ahn, MD,<sup>q</sup> Seung-Jea Tahk, MD,<sup>r</sup> Wook Sung Chung, MD,<sup>s</sup> Ki Bae Seung, MD,<sup>s</sup> and Seung Jung Park, MD,<sup>t</sup> other Korea Acute Myocardial Infarction Registry Investigators<sup>u</sup> *Seoul, Gwangju, Pusan, Daegu, Daejeon, Jeonju, Chongju, Bundang, Wonju, Korea; and Tianjin, China*

**Background** Whether low-molecular-weight heparin (LMWH) is superior to unfractionated heparin (UFH) in acute ST-segment elevation myocardial infarction (STEMI) patients undergoing primary percutaneous coronary intervention (PCI) with drug-eluting stents (DESs) remains unclear.

**Methods** A total of 3,372 STEMI patients who underwent primary PCI with DESs received either LMWH ( $n = 1,531$  patients, subcutaneous enoxaparin 1 mg/kg, bid for 3-5 days plus reduced dose of UFH [50 U/kg] during PCI) or UFH alone ( $n = 1,841$  patients, intravenous bolus injection of 5,000 U, followed by 24,000 U/d infusion for at least 48 hours). The bleeding events and clinical outcomes during in-hospital and at 8 months were compared.

**Results** The incidences of major and minor bleeding events were similar between the 2 groups. Multivariable Cox regression analysis showed that LMWH group had lower incidences of cardiac death (adjusted odds ratio [OR] 0.55, 95% CI 0.39-0.77,  $P < .001$ ), total death (adjusted OR 0.50, 95% CI 0.37-0.68,  $P < .001$ ), and total major adverse cardiac events (adjusted OR 0.77, 95% CI 0.62-0.95,  $P = .017$ ) at 8 months as compared with UFH group. Similar results were obtained across different subgroups including different DESs, age, and sex.

**Conclusions** The LMWH enoxaparin combined with reduced dose of UFH (50 U/kg) administration as an adjunctive antithrombotic therapy in STEMI patients undergoing primary PCI with DESs seems to be safe and efficacious. However, randomized clinical trials are needed to confirm this conclusion. (*Am Heart J* 2010;159:684-690.e1.)

**Table IV.** Cumulative clinical outcomes up to 8 months

<b>Variables, n (%)</b>	<b>UFH (n = 1841)</b>	<b>Enoxaparin (n = 1531)</b>	<b>P</b>
<b>In-hospital outcomes</b>			
Cardiac death	87 (4.7)	34 (2.2)	<.001
Total death	116 (6.3)	45 (2.9)	<.001
Recurrent MI	8 (0.4)	2 (0.1)	.106
Major bleeding events	11 (0.6)	8 (0.5)	.772
Minor bleeding events	21 (1.1)	16 (1.0)	.790
<b>Outcomes at 8 m</b>			
Cardiac death	103 (5.6)	55 (3.6)	.006
Total death	140 (7.6)	69 (4.5)	<.001
Recurrent MI	11 (0.6)	5 (0.3)	.254
CABG	2 (0.1)	1 (0.1)	1.000
TLR	26 (1.4)	27 (1.8)	.414
Re-PCI	60 (3.3)	73 (4.8)	.025
Total MACE	213 (11.6)	149 (9.7)	.086

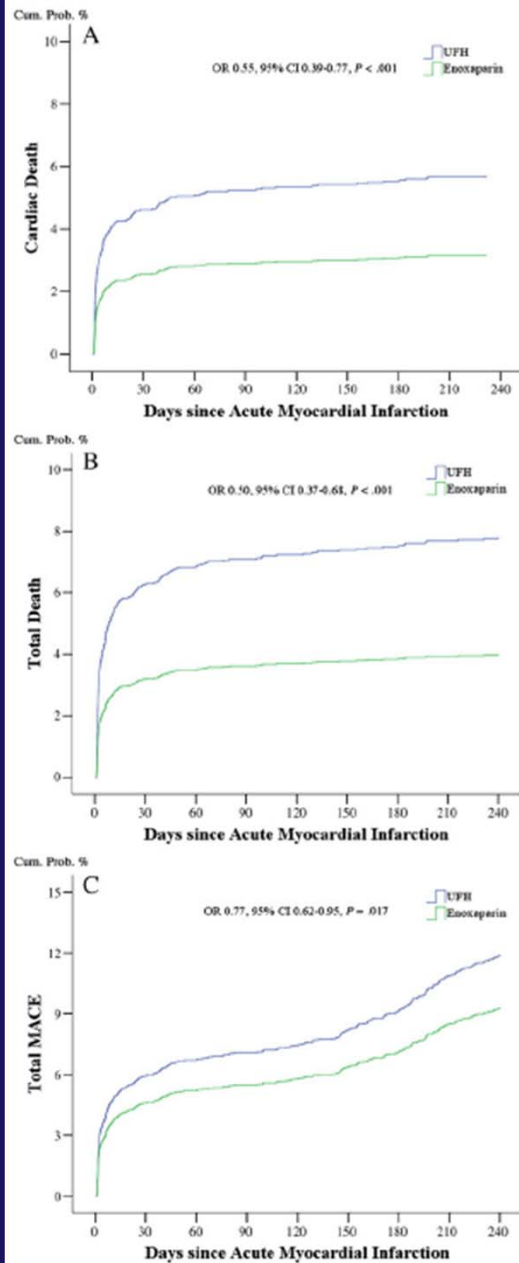
CABG, Coronary artery bypass grafting; re-PCI, repeated percutaneous coronary intervention.



**Table V.** Adjusted cumulative clinical outcomes up to 8 months of enoxaparin as compared with UFH (Cox regression analysis using propensity score)

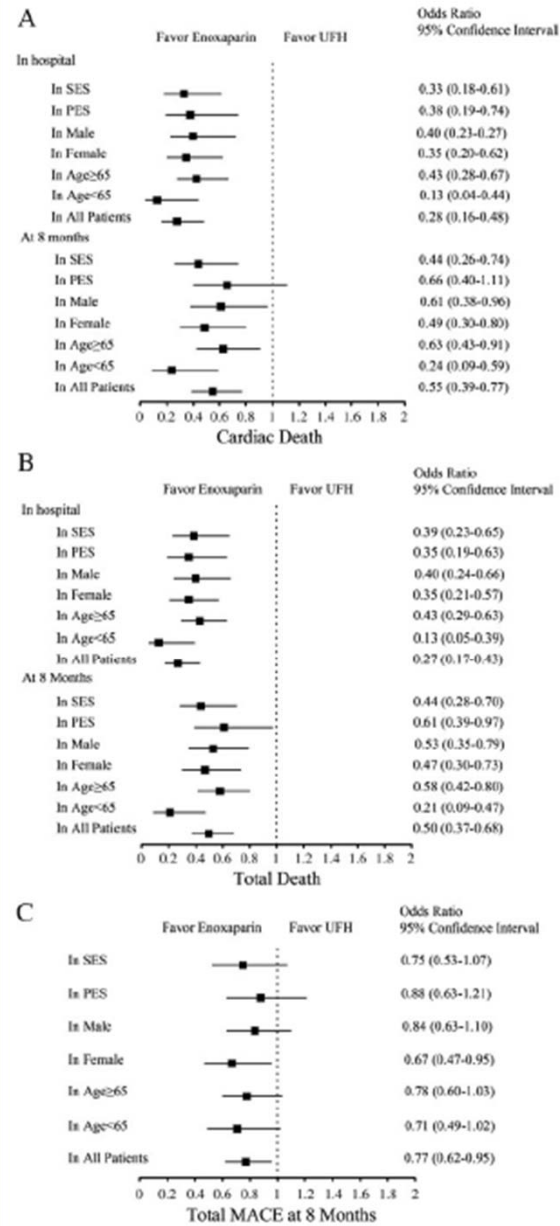
<b>Variables</b>	<b>Unadjusted OR (95% CI)</b>	<b>P</b>	<b>Adjusted OR (95% CI)</b>	<b>P</b>
<b>In-hospital outcomes</b>				
Cardiac death	0.46 (0.31-0.68)	<.001	0.28 (0.16-0.48)	<.001
Total death	0.45 (0.32-0.64)	<.001	0.27 (0.17-0.43)	<.001
Recurrent MI	0.30 (0.06-1.41)	.128	0.28 (0.06-1.38)	.117
<b>Outcomes at 8 m</b>				
Cardiac death	0.63 (0.45-0.88)	.007	0.55 (0.39-0.77)	<.001
Total death	0.57 (0.43-0.77)	<.001	0.50 (0.37-0.68)	<.001
Recurrent MI	0.54 (0.19-1.57)	.262	0.66 (0.22-1.95)	.452
CABG	0.60 (0.05-6.63)	.678	0.36 (0.03-4.23)	.417
Re-PCI	1.49 (1.05-2.11)	.026	1.47 (1.03-2.09)	.033
TLR	1.25 (0.73-2.16)	.415	1.27 (0.73-2.22)	.392
Total MACE	0.82 (0.66-1.03)	.086	0.77 (0.62-0.95)	.017

Figure 1



Adjusted cumulative incidences in patients received enoxaparin or UFH of cardiac death (A), total death (B), and total MACE (C) at 8 months. Cum prob, cumulative probability; OR, odds ratio.

Figure 2



Adjusted odds ratios for incidences of cardiac death (A), total death (B), and total MACE (C) associated with enoxaparin therapy in all study population and various subgroups of patients according to different stents, sex, and age.

1. Early Divergence

2. Same results among different subgroups

# Low Molecular Weight Heparin versus Unfractionated Heparin in the Off-Label Use of Drug-Eluting Stents in Acute Non-ST-Segment Elevation Myocardial Infarction

Kang-Yin Chen, *Seung-Woon Rha*, Yong-Jian Li, Kanhaiya L. Poddar, Jae Hyoung Park, Jin Oh Na, Cheol Ung Choi, Hong Euy Lim, Jin Won Kim, Eung Ju Kim, Chang Gyu Park, Hong Seog Seo, Dong Joo Oh, Young Keun Ahn\*, Myung Ho Jeong\*

Cardiovascular Center,  
Korea University Guro Hospital, Seoul, Korea  
\*Chonnam National University Hospital, Gwangju, Korea

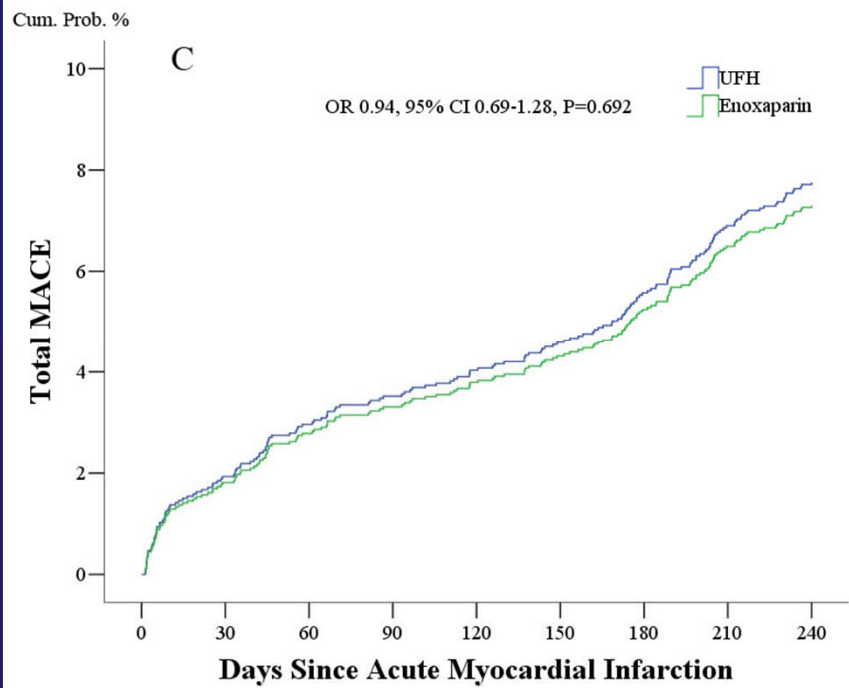
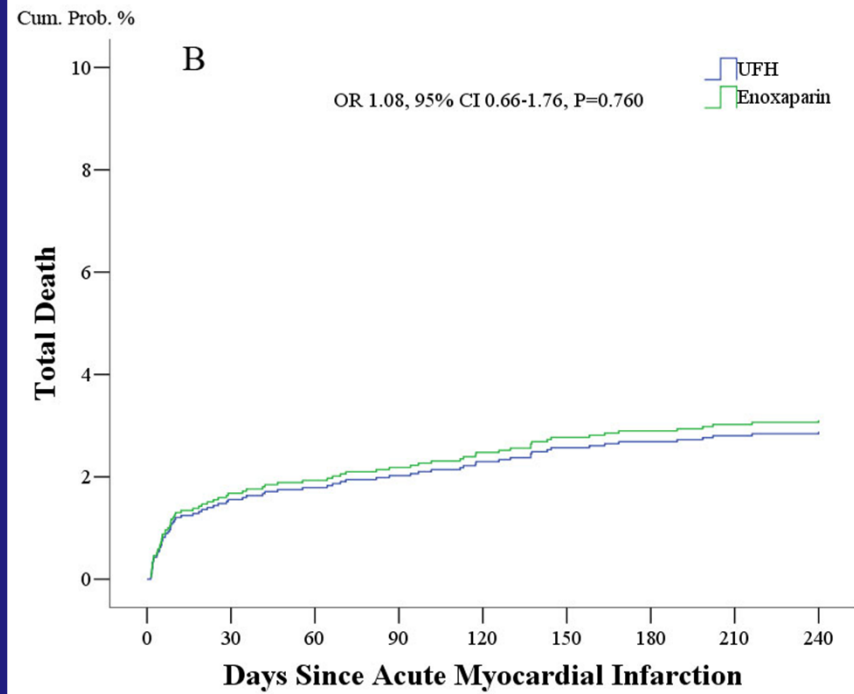
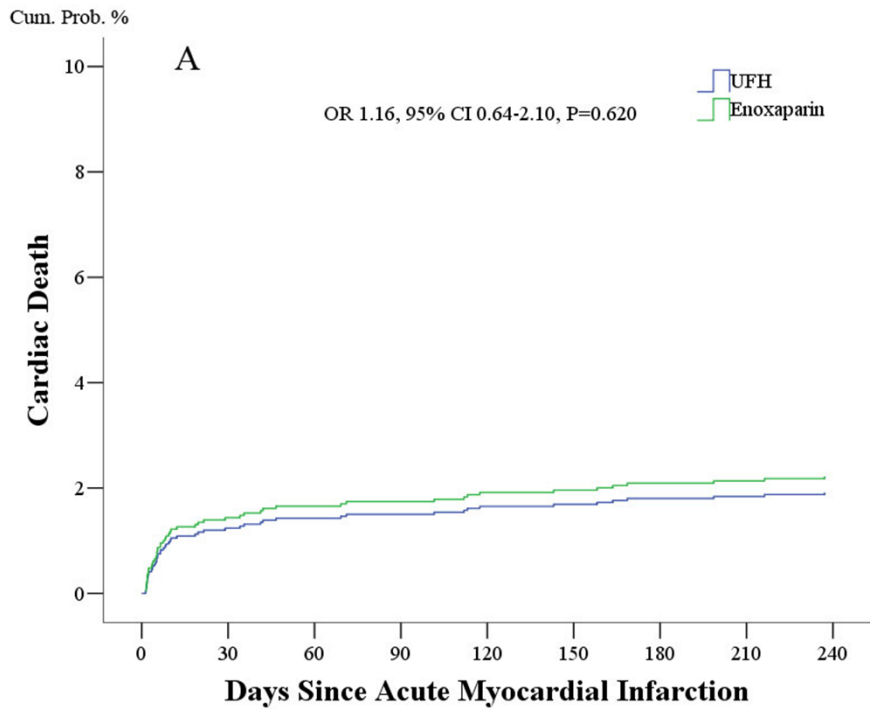
# Cumulative Clinical Outcomes up to 8 Months

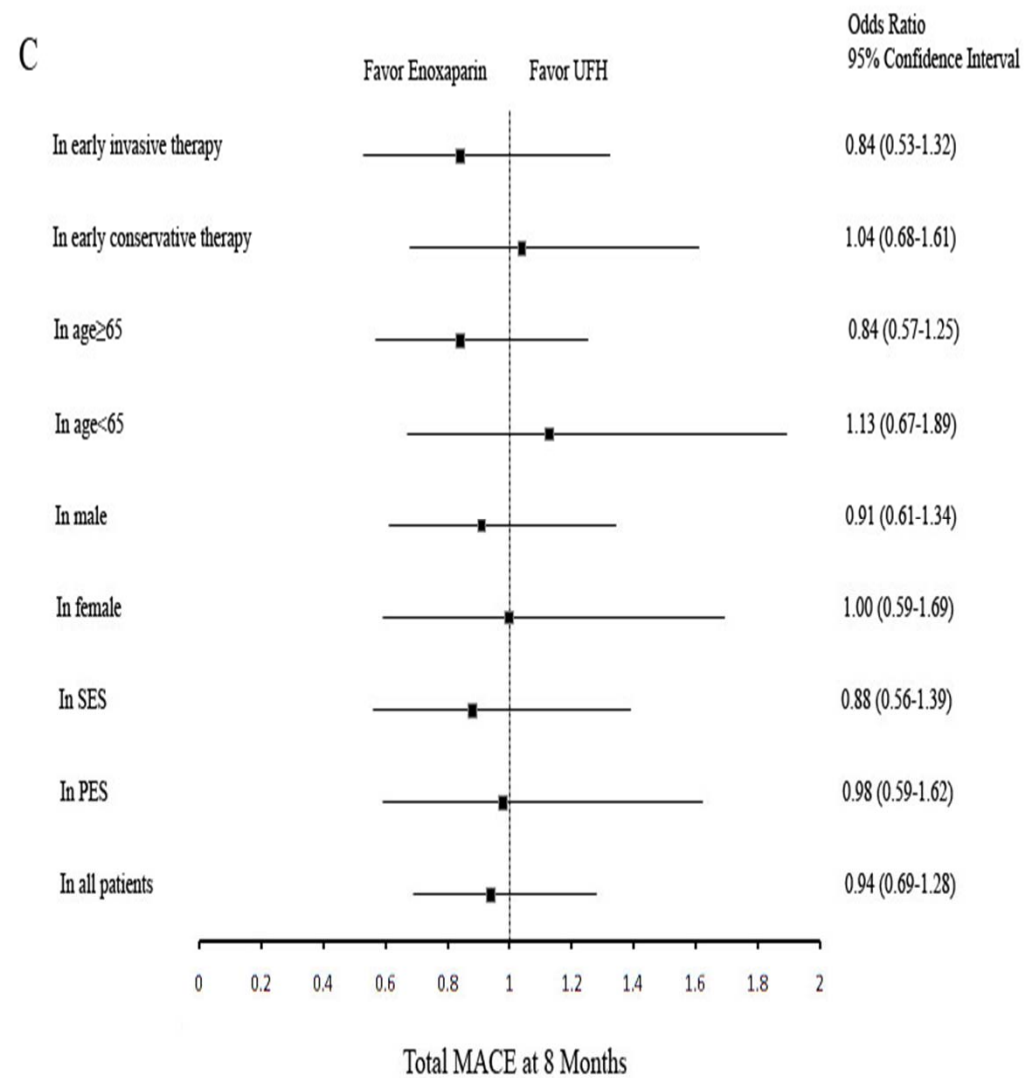
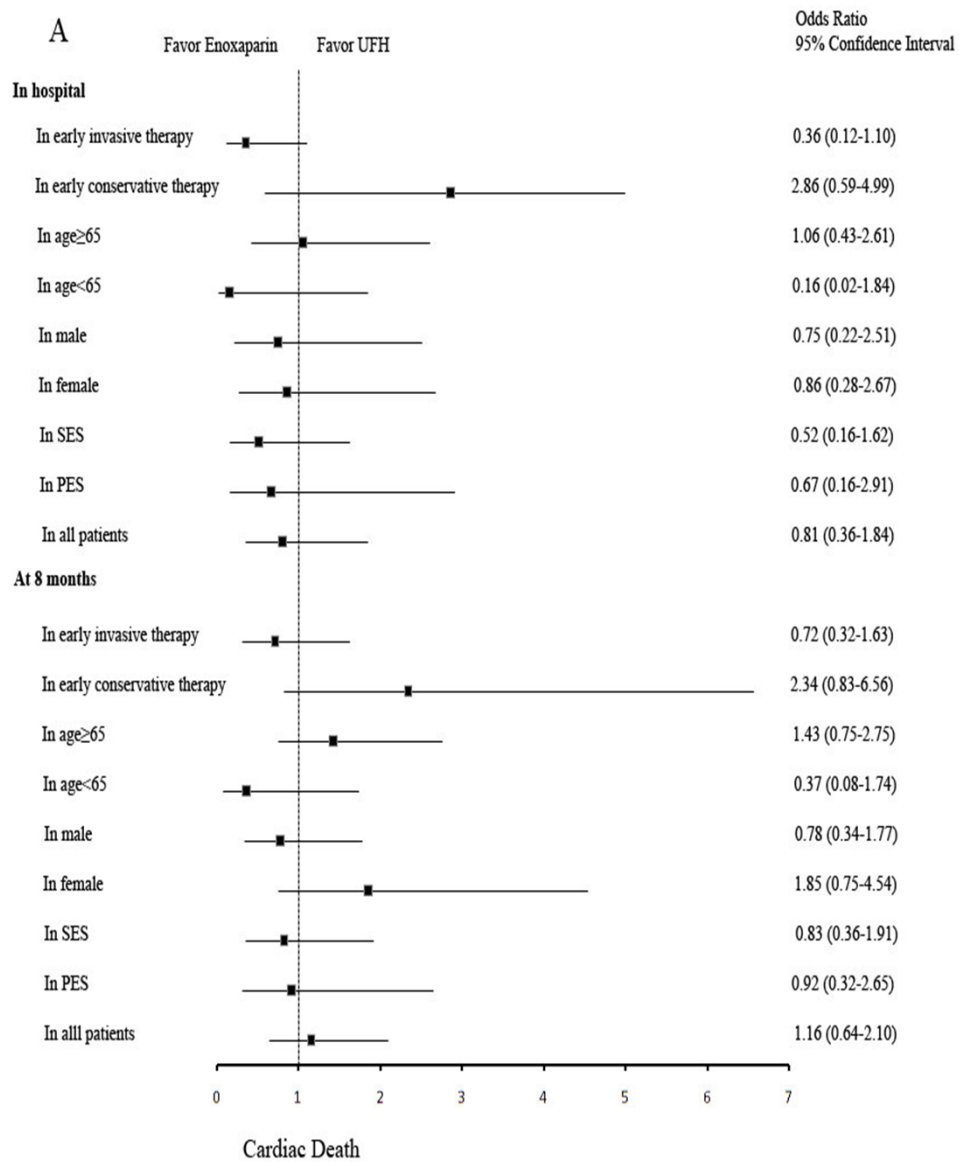
Variables, n (%)	UFH (n=1,219)	Enoxaparin (n=1,178)	<i>P</i> value
In-hospital outcomes			
Cardiac death	12 (1.0)	15 (1.3)	0.503
Total death	16 (1.3)	20 (1.7)	0.438
Recurrent MI	0 (0)	2 (0.2)	0.150
Major bleeding events	3 (0.2)	4 (0.3)	0.672
Minor bleeding events	11 (0.9)	13 (1.1)	0.621
Outcomes at 8 months			
Cardiac death	22 (1.8)	29 (2.5)	0.265
Total death	33 (2.7)	41 (3.5)	0.274
Recurrent MI	12 (1.0)	3 (0.3)	0.024
CABG	3 (0.2)	3 (0.3)	1.000
Repeated PCI	43 (3.5)	42 (3.6)	0.960
TLR	25 (2.1)	10 (0.8)	0.014



# Adjusted Cumulative Clinical Outcomes up to 8 Months of Enoxaparin as Compared with Unfractionated Heparin (Cox Regression Analysis Using Propensity Score)

Variables	Unadjusted OR (95% CI)	<i>P</i> value	Adjusted OR* (95% CI)	<i>P</i> value
In-hospital outcomes				
Cardiac death	1.30 (0.61-2.78)	0.504	0.81 (0.36-1.84)	0.614
Total death	1.30 (0.67-2.52)	0.439	0.84 (0.41-1.71)	0.631
Outcomes at 8 months				
Cardiac death	1.37 (0.78-2.40)	0.267	1.16 (0.64-2.10)	0.620
Total death	1.30 (0.81-2.06)	0.275	1.08 (0.66-1.76)	0.760
Recurrent MI	0.26 (0.07-0.91)	0.036	0.33 (0.09-1.22)	0.096
CABG	1.03 (0.21-5.14)	0.967	0.61 (0.11-3.46)	0.578
Re-PCI	1.01 (0.66-1.56)	0.960	1.04 (0.66-1.64)	0.872
TLR	0.41 (0.20-0.85)	0.018	0.45 (0.21-0.99)	0.046
Total MACE	1.00 (0.74-1.36)	0.994	0.94 (0.69-1.28)	0.692





# **KAMIR-NSTEMI Conclusion**

**Enoxaparin combined with UFH as an adjunctive antithrombotic therapy in NSTEMI patients undergoing PCI with DES was safe and showed comparable clinical outcomes at 8 months as compared with UFH alone.**

# Research Fellow 2008



At e-CTO Live



Dr Yong-Jian Li from Tianjin Medical Universtiy



# At Teacher's Day 2008



# Research Fellow 2008





# Research Fellow 2011



Amro Elnagar, Benha University Hospital, Egypt



# Conclusions: enoxaparin in the cath-lab

Antman EM, et al. N Engl J Med. 2006  
Harrington RA et al. Chest 2008  
Hulot JS, et al. Ther Drug Monit. 2004  
King SB 3rd , et al. Circulation. 2008

**30mg IV bolus  
+ 1 mg/kg s.c. every 12h\***

## CATH LAB

**PCI  
Last SC < 8 H:  
No additional LMWH**

**PCI  
Last SC > 8 H:  
0.3mg/kg IV bolus**

**\* 30mg IV bolus: Optional by patients  
75 yo or older; No bolus, Enoxaparin 0.75mg/kg SC every 12h  
Crcl < 30ml/min: Enoxaparin 1mg/kg every 24h**

# Summary & Conclusion

1. Introduction; LMWH in ACS

2. Clinical Data from Western Countries & KAMIR

- **1) UA/NSTEMI**

- : ESSENCE, Meta-analysis, STEEPLE

- **2) STEMI**

- : ExTract TIMI 25, FINESSE, **ATOLL**

- **Global registry (FAST-MI, ACOS, **KAMIR**)**

3. Summary & Conclusion

# Conclusion

- 1. LMWH enoxaparin (Clexane) is a suitable substitute for UFH in across the spectrum of ACS in all treatment settings/strategies.**
- 2. Given the wealth of prior data showing the benefits in the management of UA/NSTEMI & STEMI patients, its newly demonstrated benefits in Primary PCI and convenience of use, enoxaparin should be considered a treatment of choice across the spectrum of Acute Coronary Syndrome (ACS) patients.**