


# Endovascular Treatment of Symptomatic Abdominal Aortic Aneurysms



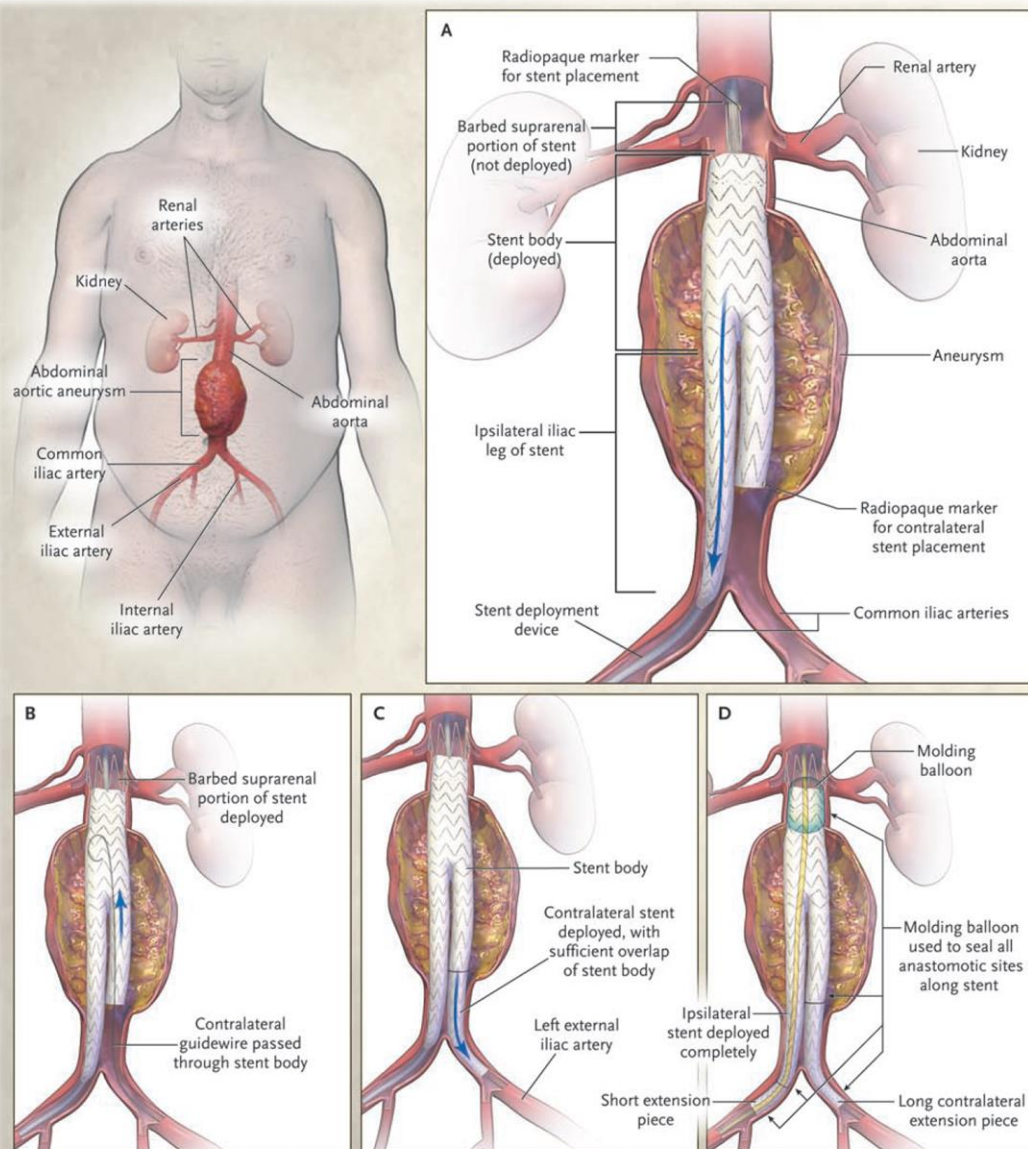
**Seung-Hyuk Choi**  
**Division of Cardiology**  
**Samsung Medical Center**  
**SungKyunKwan Univ.**

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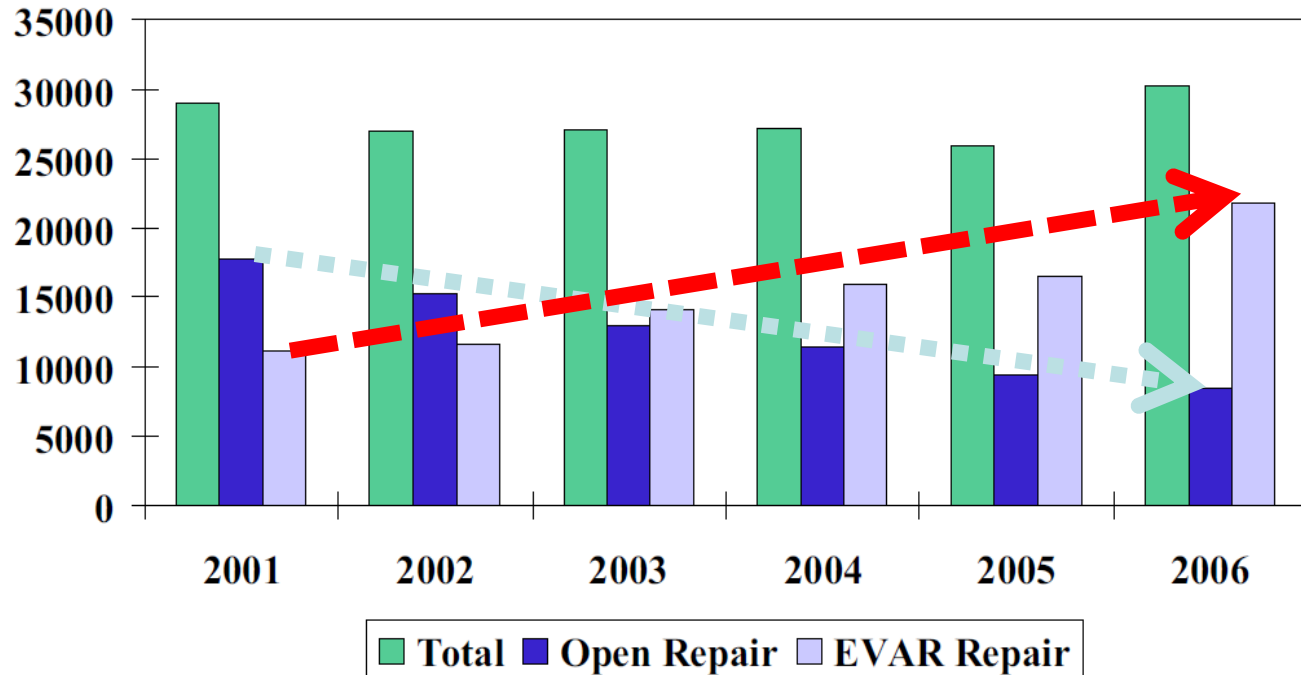
# Endovascular Repair of AAA



*Greenhalgh RM &  
Powell JT. NEJM  
2008;358:494*

# Treatment Modality

- **Surgical open repair – standard of care**
- **EVAR, since early 1990's, has received widespread acceptance for elective Tx of AAA**



# EVAR vs. Open repair



- **4 RCT's**

	Country	Numb of Patients		Median F/U	Publication
		EVAR	OR		
<b>EVAR-1</b>	UK	626	626	6.0 y	NEJM 2010
<b>DREAM</b>	Dutch	173	178	6.4 y	NEJM 2010
<b>OVER</b>	USA	444	437	5.2 y	NEJM 2012
<b>ACE</b>	France	150	149	3.0 y	J Vasc Surg 2011

# In-hospital Mortality



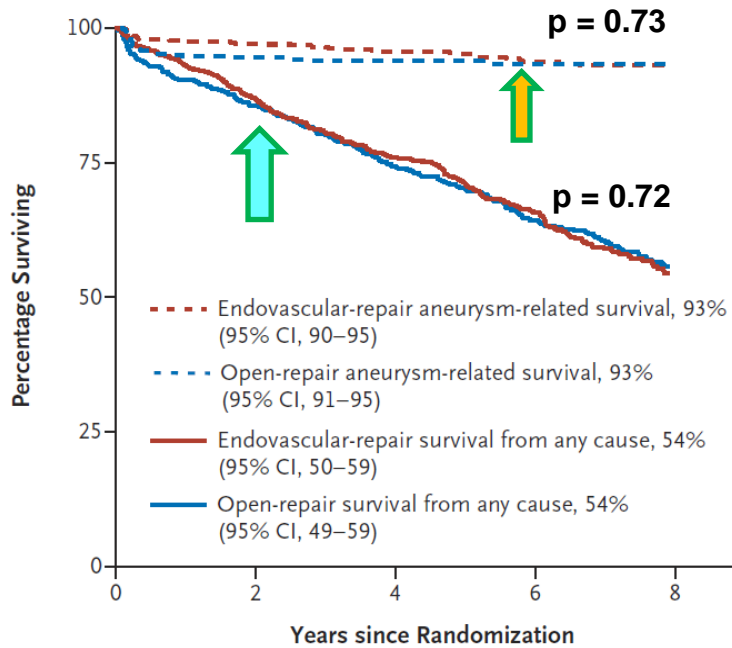
<b>In-hospital Mortality</b>	<b>EVAR</b>	<b>Open Repair</b>
<b>EVAR-1</b>	2.1%	6.2%
<b>DREAM</b>	1.2%	4.6%
<b>OVER</b>	0.5%	3%
<b>ACE</b>	1.3%	0.6%

**EVAR is better than OR**

# No Survival difference

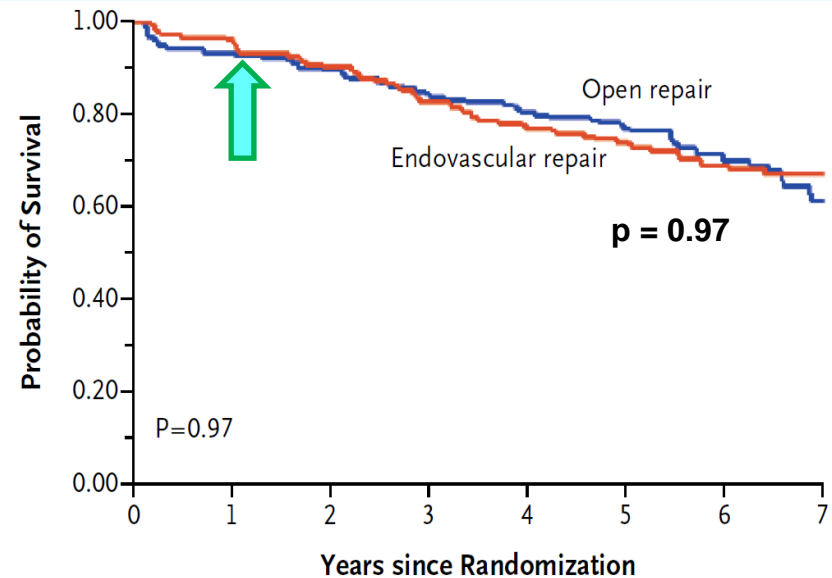


## EVAR-1



No. at Risk		0	2	4	6	8
Endovascular repair	626	543	472	312	101	
Open repair	626	534	461	301	109	

## DREAM



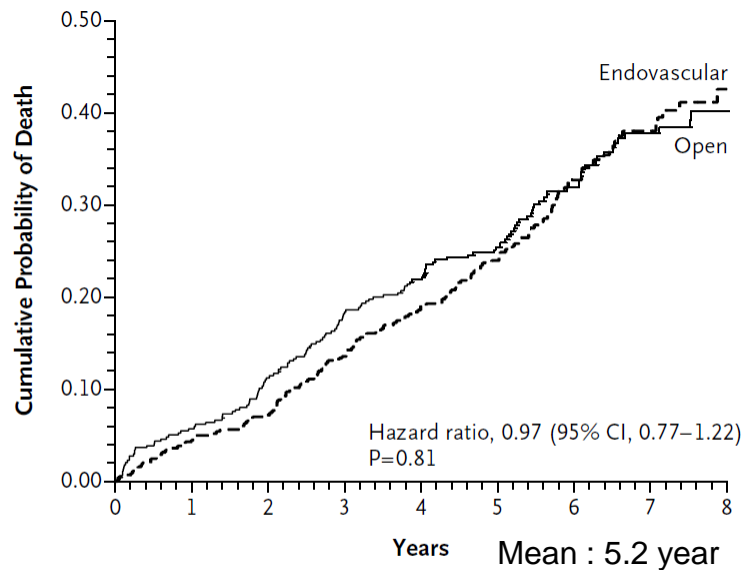
No. at Risk		0	1	2	3	4	5	6	7
Open repair	178	166	159	150	143	137	88	36	
Endovascular repair	173	166	156	143	133	128	83	39	

*De Bruin JL, et al. NEJM 2010;362:1881*  
*UK EVAR investigators. NEJM 2010;362:1863*

# No Survival difference

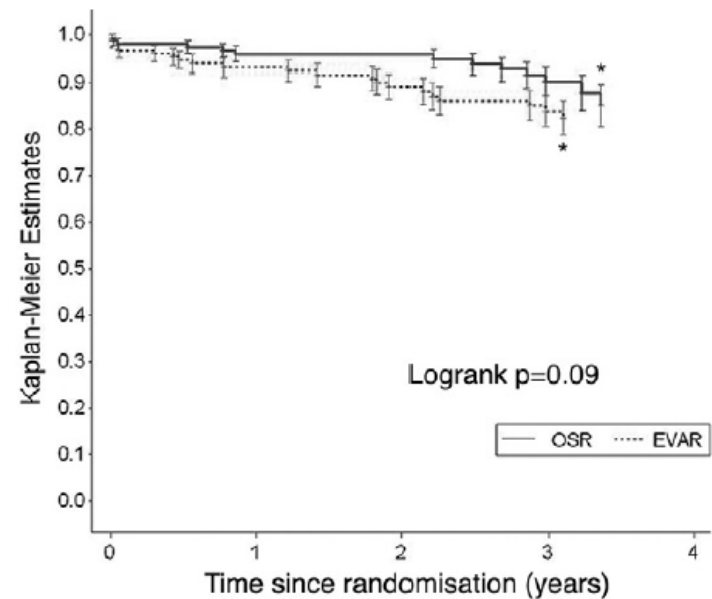


## OVER



No. at Risk	0	1	2	3	4	5	6	7	8
Open	437	410	386	354	329	266	169	102	35
Endovascular	444	423	410	381	347	265	159	94	34

## ACE



Number at risk	0	1	2	3	4
OSR	149	132	116	68	19
EVAR	150	129	103	71	26

*Lederle FA, et al. NEJM 2012;367:1988*

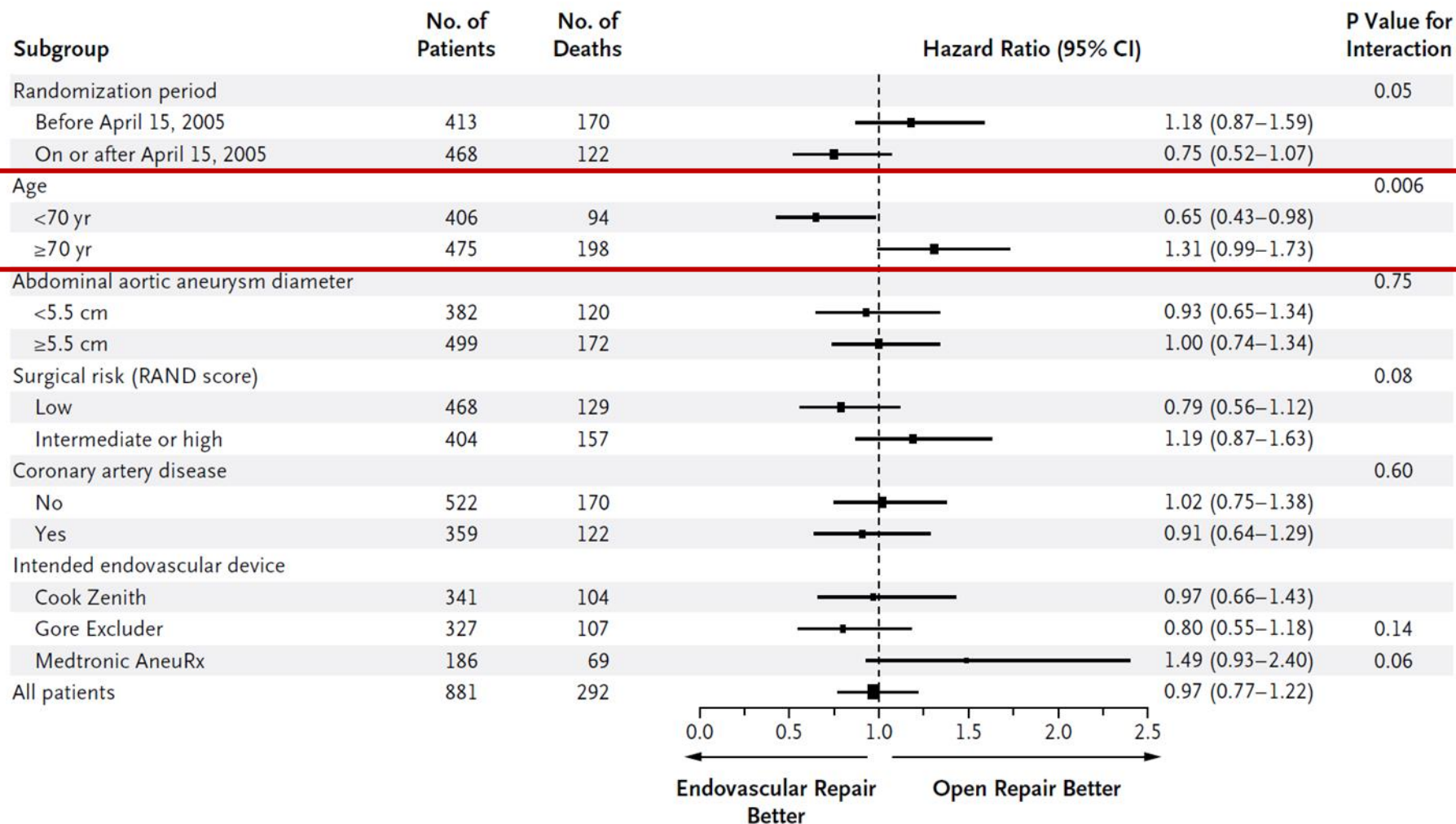
*Becquemin J, et al. J Vasc Surg 2011;53:1167*



# Hazard ratio for death



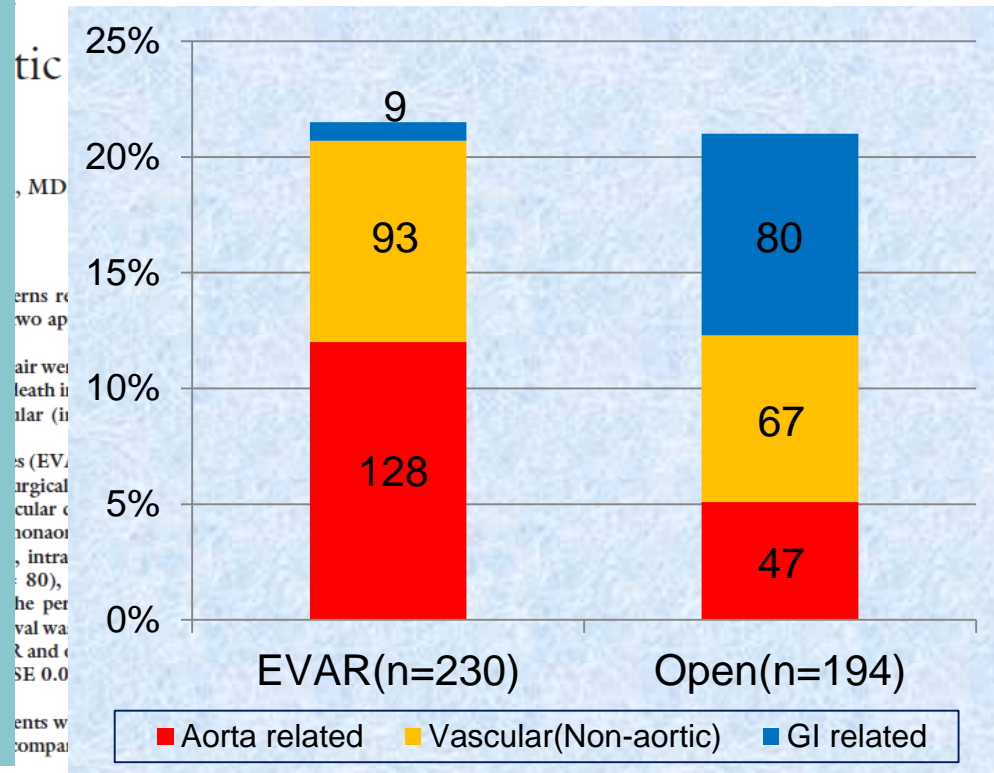
## OVER



# Analysis for Re-Interventions



- 1986 procedures in 1908 patients
  - 1066 EVAR 1999-2009
  - 920 Open repair 1985-2009
- Mean F/U 27 months
- Secondary intervention
  - ✓ Vascular
    - Aorta and Non-aorta
  - ✓ Non vascular
    - GI related (incisional hernia)
- 21.3% Secondary intervention
  - 21.9% in EVAR
  - 21.2% in OR



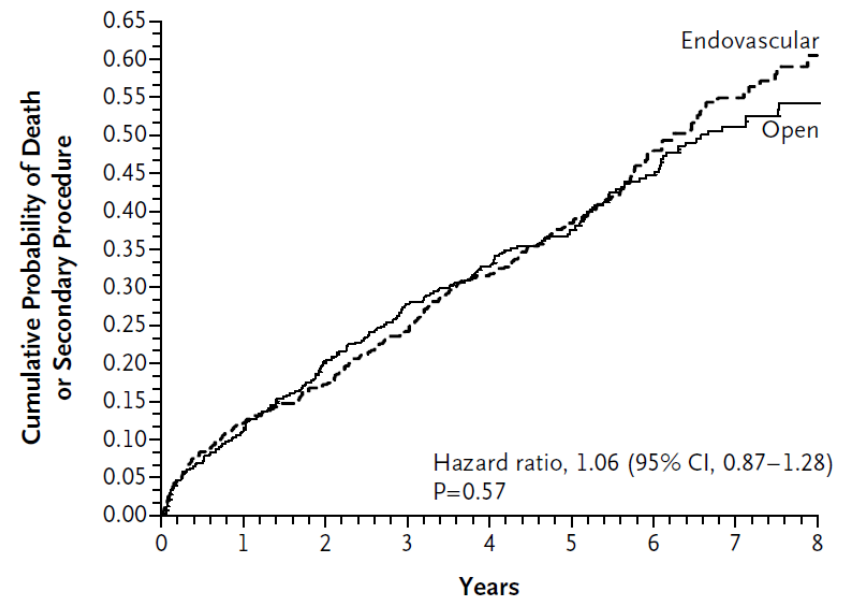
repair in this selected patient group. (J Vasc Surg 2011;54:1592-8.)

# Re-Interventions



Outcome	Endovascular Repair (N=444)	Open Repair (N=437)	P Value
All deaths — no. of patients (%)	146 (32.9)	146 (33.4)	0.81
Cause of death — no. of patients (%)			
Aneurysm-related cause	10 (2.3)	16 (3.7)	0.22
During hospitalization or within 30 days after repair	2 (0.5)	13 (3.0)	0.004
Cardiovascular cause not related to aneurysm	39 (8.8)	29 (6.6)	0.23
Cancer	39 (8.8)	48 (11.0)	0.27
Pneumonia or other infection	15 (3.4)	12 (2.8)	0.59
Chronic obstructive lung disease	5 (1.1)	13 (3.0)	0.05
Accident, homicide, or suicide	10 (2.3)	4 (0.9)	0.18
Other cause	15 (3.4)	9 (2.1)	0.23
Unknown cause	13 (2.9)	15 (3.4)	0.67
Aneurysm rupture	6 (1.4)	0	0.03
New or worsened claudication — no. of patients (%)	23 (5.2)	15 (3.4)	0.20
Secondary therapeutic procedures			
No. of patients (%)	98 (22.1)	78 (17.8)	0.12
No. of procedures	148	105	0.26
Hospitalizations after repair			
Total no. of hospitalizations	954	1040	0.08
Total no. of patients with one or more hospitalizations (%)	325 (73.2)	314 (71.9)	0.66
Hospitalizations related to aneurysm			
No. of hospitalizations	171	117	0.12
No. of patients (%)	95 (21.4)	78 (17.8)	0.19

## OVER



No. at Risk	0	1	2	3	4	5	6	7	8
Open	437	385	347	314	284	222	133	79	28
Endovascular	444	389	366	334	292	217	123	69	23

Secondary therapeutic procedure included  
 Incisional hernia repair  
 laparotomy for bowel obstructions

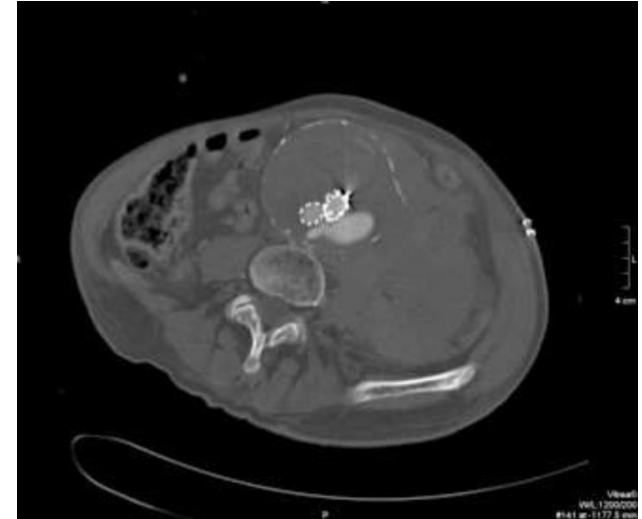
# Risk of aneurysmal rupture

- **Achilles' heel of EVAR**



EVAR-1 : 4.6% at 6 year f/u  
DREAM : 1.7% at 6.4 year f/u  
OVER : 1.4% at 5.2 year f/u  
ACE : 2% at 3 year f/u

Higher mortality rate in ruptured patients



- Causes of rupture were identified by radiologists before ruptures in many of the patients
- Annual imaging follow up after EVAR is important to reduce the rupture

# Data from EVAR trials



EVAR 1 & 2 trial :  
 EVAR group : 848 patients  
 OR group : 594 patients

## Follow up data

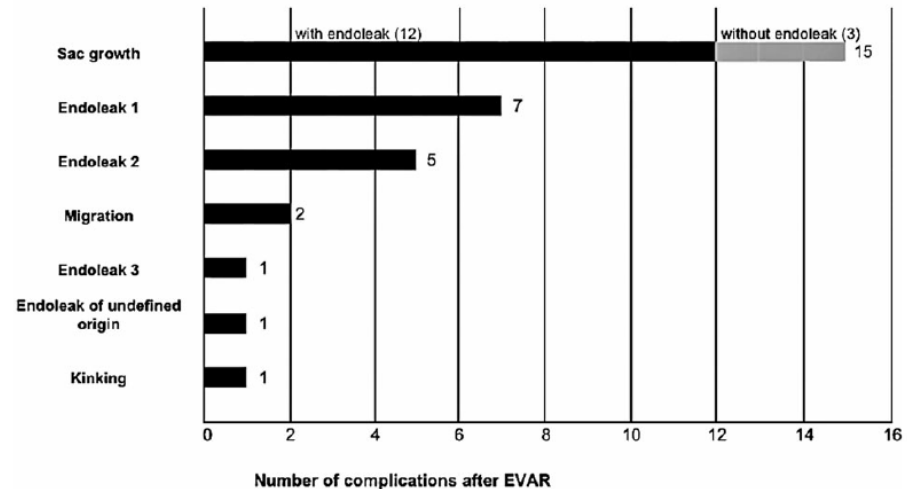
OR → 0 rupture

EVAR → 27 ruptures

5(18.5%) : perioperative ruptures  
 5(18.5%) : late rupture without prior complications  
 17(63%) : late rupture with prior complications

18(67%) died within 30 days of rupture

- 12 urgent procedure  
     7 OR → 2 died  
     5 EVAR modification → 1 died
- 15 died before intervention



# EVAR vs. Open Repair



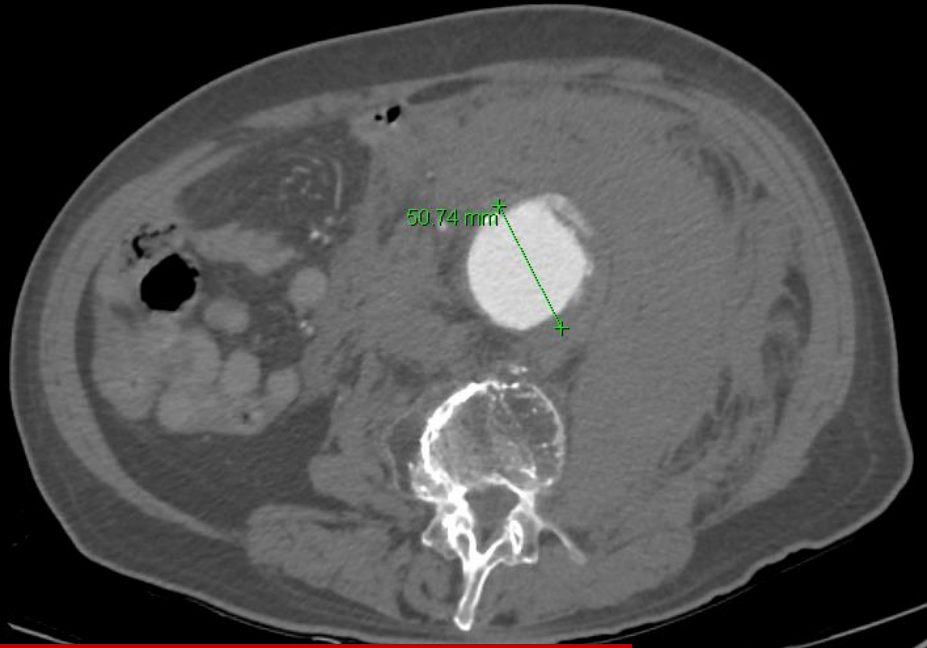
## ***Early survival benefit in EVAR & late equivalence in both group***

### **Pros.**

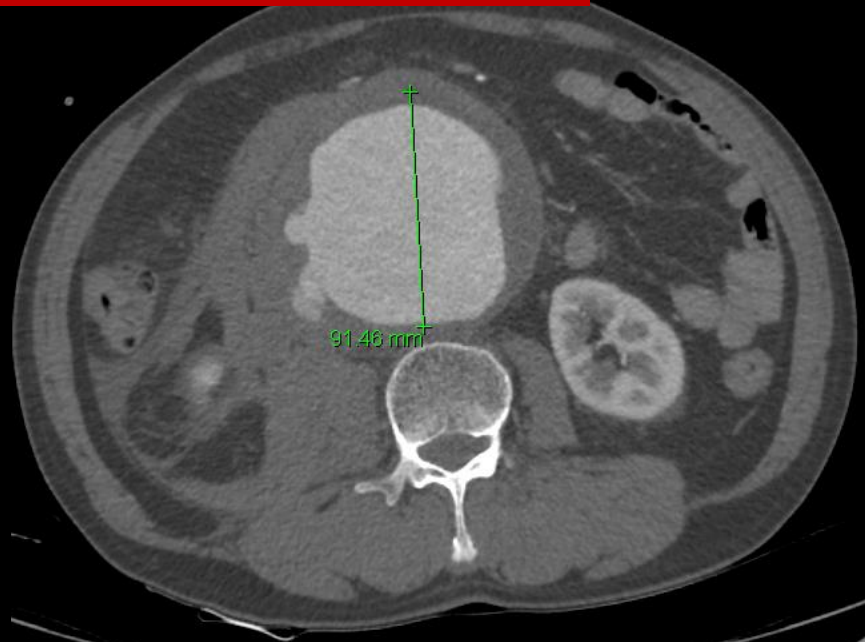
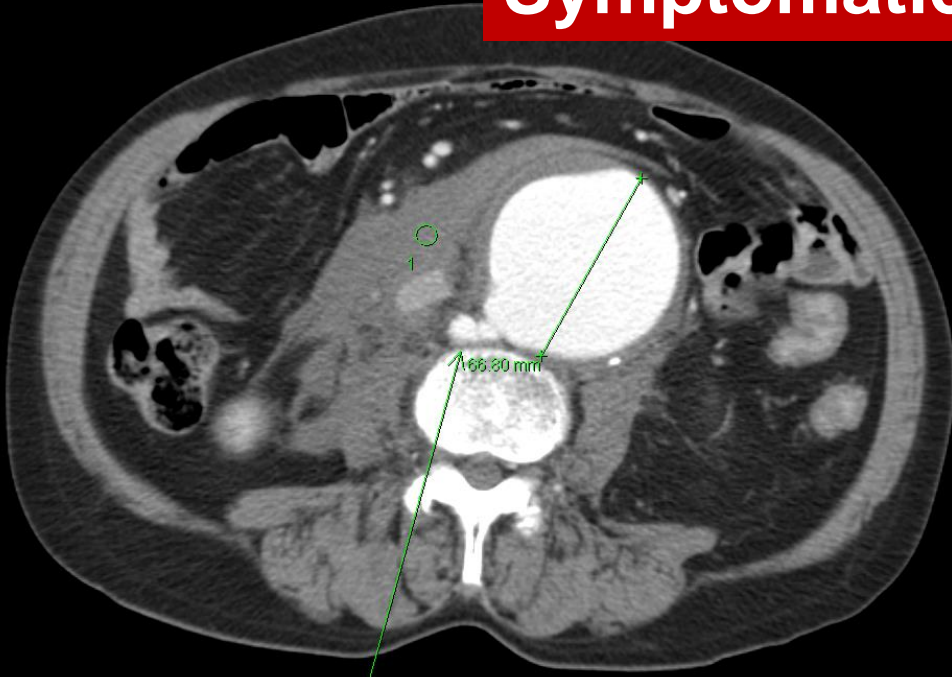
- **Less invasive**
- **Short procedure time**
- **Short ICU & hospital stay**
- **Less blood loss & transfusion**
- **Less GI related complications**

### **Cons.**

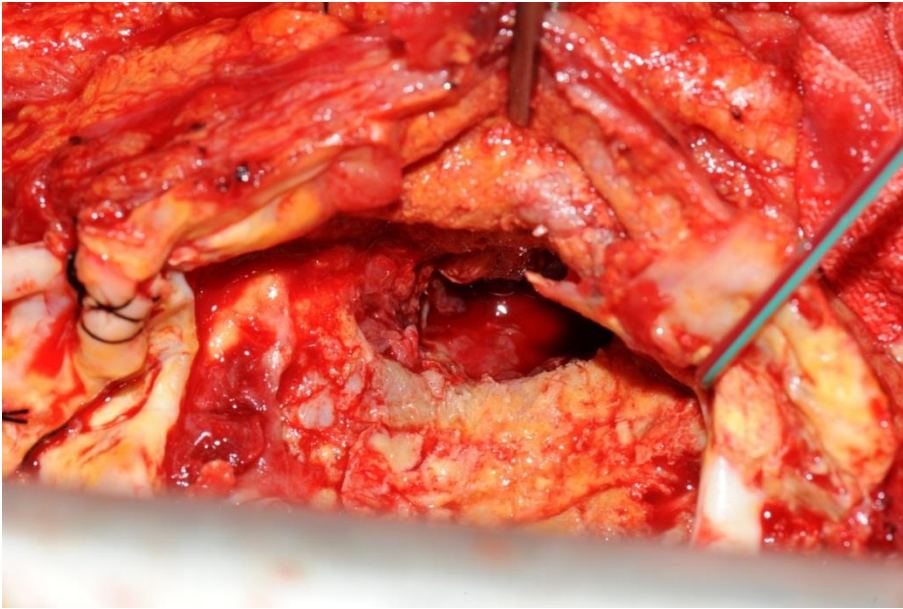
- **Require long-term monitoring (contrast, radiation,...)**
- **Higher reintervention rate**
- **Higher rupture rate**
- **Higher cost**



**Symptomatic (ruptured) AAA**



# Open repair for ruptured AAA



- **Perioperative mortality**
  - ✓ 32 -53% in R-AAA repair
  - ✓ 9.5-26% in S-AAA repair
  - ✓ 3.5- 5% in E-AAA repair
- **Symptomatic AAA without rupture**  
: abdominal / back pain associated with aneurysmal tenderness  
→ impending rupture



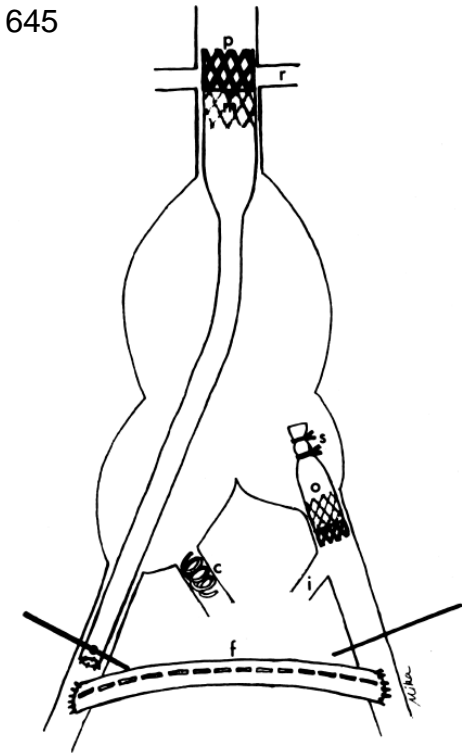
# EVAR for ruptured AAA



- **S.W. Yusuf 1994**
  - **First case of successful EVAR of a ruptured AAA**

Lancet 1994;344:1645

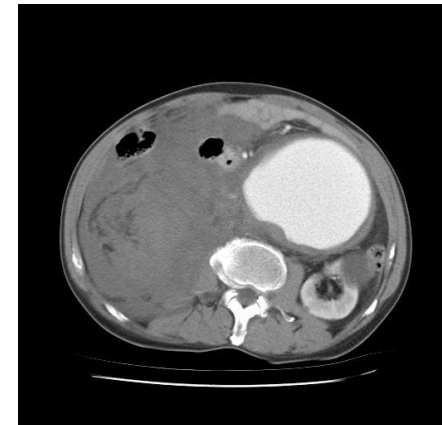
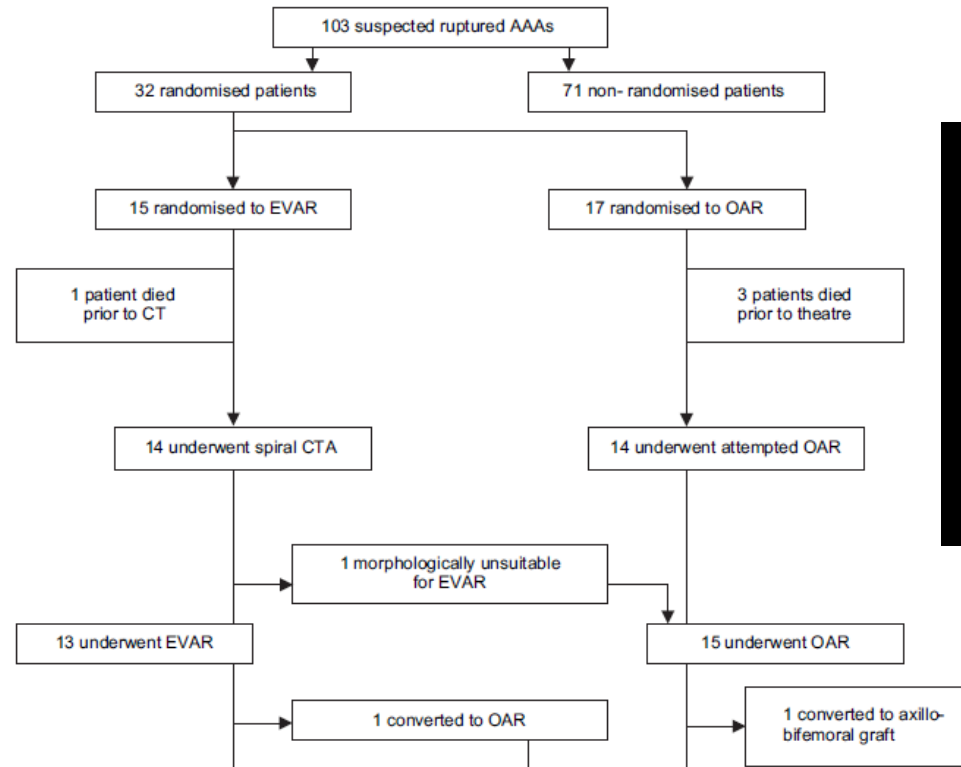
- **T. Ohki, FJ Veith 1999**
  - **12 ruptured AAA**
  - **Aorto-uniliac (AUI) stent graft**
  - **16% mortality**



J Am Coll Surg 1999;189:102

# EVAR vs. Open repair for r-AAA

Sep 2002-Dec 2004

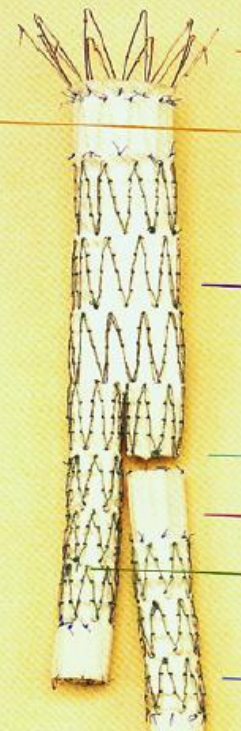


	<b>EVAR(n=11)</b>	<b>OR(n=12)</b>
<b>30day mortality</b>	<b>53%</b>	<b>53%</b>
<b>Complications</b>	<b>77%</b>	<b>80%</b>

# FDA approved Endovascular Grafts



**Excluder  
Gore**



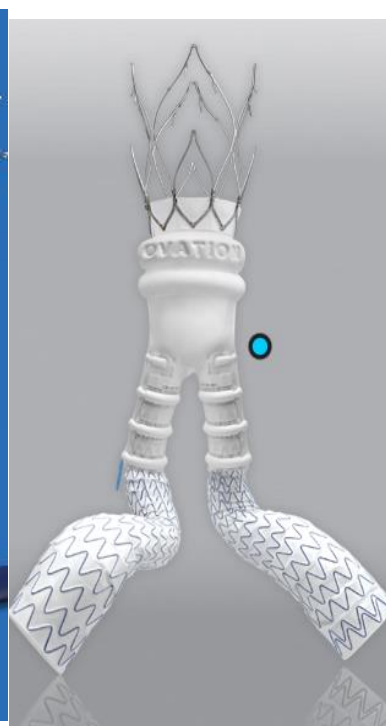
**Zenith  
Cook**



**Endurant  
Medtronic**



**PowerLink  
Endologix**



**Ovitation  
Trivascular**



**Aortix  
Lombard**

# EVAR vs. Open repair for r-AAA

Surgeon(s) City	No. RAAAs Treated by EVAR (+No. Not in Table 1)	EVAR Deaths/30-d EVAR Mortality (No./%)	No. RAAAs Treated by OR	OR Deaths/30-d OR Mortality (No./%)
Lachat, Mayer Zurich	111 (+61)	15/13.5	110	36/32.4
Malina, Holst Malmo, Sweden	111 (+56)	34/30.6	102	34/33.3
Mehta, Darling Albany	92 (+65)	16/17.4	84	34/40.5
Larzon Örebro, Sweden	62	8/12.9	52	21/40.4
Coppi, Gennai Modena, Italy*	56	18/32.1	101	44/43.6
Verhoeven Groningen	53 (+22)	9/17.0	135	39/28.9
Veith, Lipsitz, Gargiulo New York	45 (+7)	6/13.3	12	1/8.3
Van der Vliet, Blankensteijn Nijmegen	41 (+26)	7/17.1	59	31/52.5
Buth Eindhoven†	41 (+17)	12/29.3	27	12/44.4
Lee Gainesville, US	29 (+29)	3/10.3	43	7/16.3
Biasi, Deleo Milan	21 (+10)	5/23.8	33	16/48.5
Kasirajan Atlanta	11 (+11)	1/9.1	—	—
Cayne New York	7 (+7)	0/0	5	2/40
Total	680 (+311)	134/19.7%	763	277/36.3%

EVAR mean mortality = 17.4% ± 8.9%\*\*

**Vs.**

OR mean mortality = 35.8% ± 12.4%\*\*

# Changes in Abdominal Aortic Aneurysm Rupture and Short-Term Mortality, 1995–2008

## A Retrospective Observational Study

Marc L. Schermerhorn, MD,\* Rodney P. Bensley, MD,\* Kristina A. Giles, MD,\* Rob Hurks, MD,\*  
A. James O'Malley, PhD,† Philip Cotterill, PhD,‡ Elliot Chaikof, MD,\* and Bruce E. Landon, MD, MBA†§

338,278 patients : intact AAA  
69,653 patients : ruptured AAA

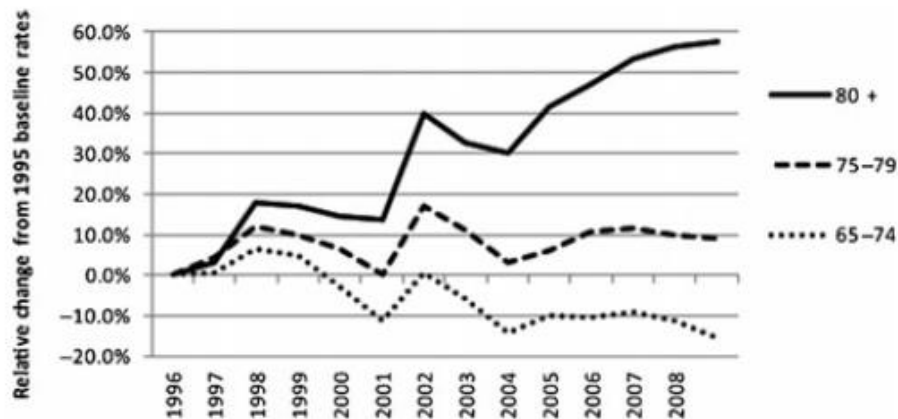


FIGURE 1. Changes in intact AAA repair rates subsequent to 1995 by age and year (sex adjusted).

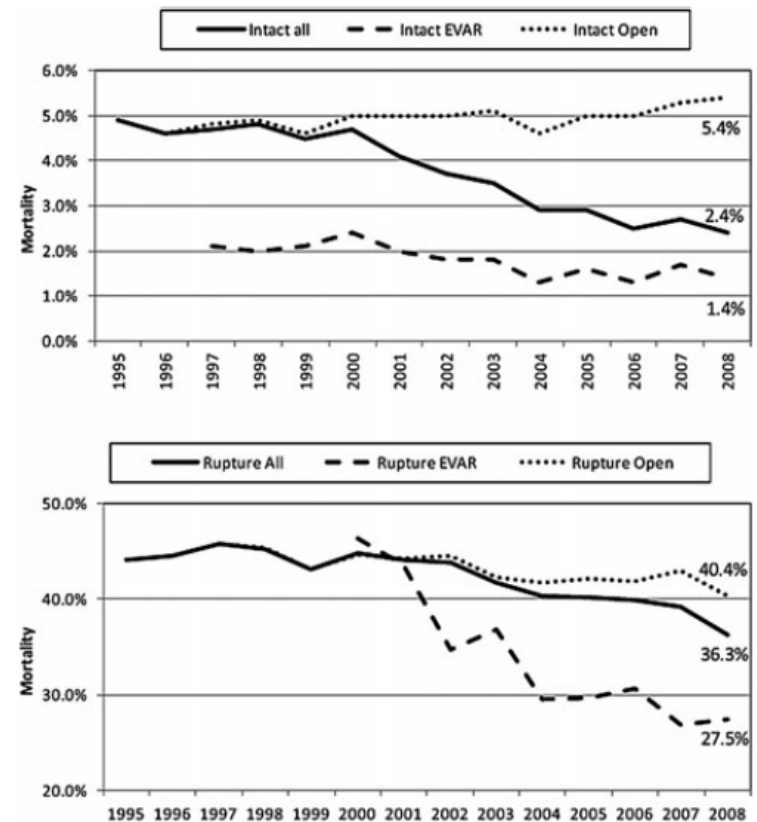
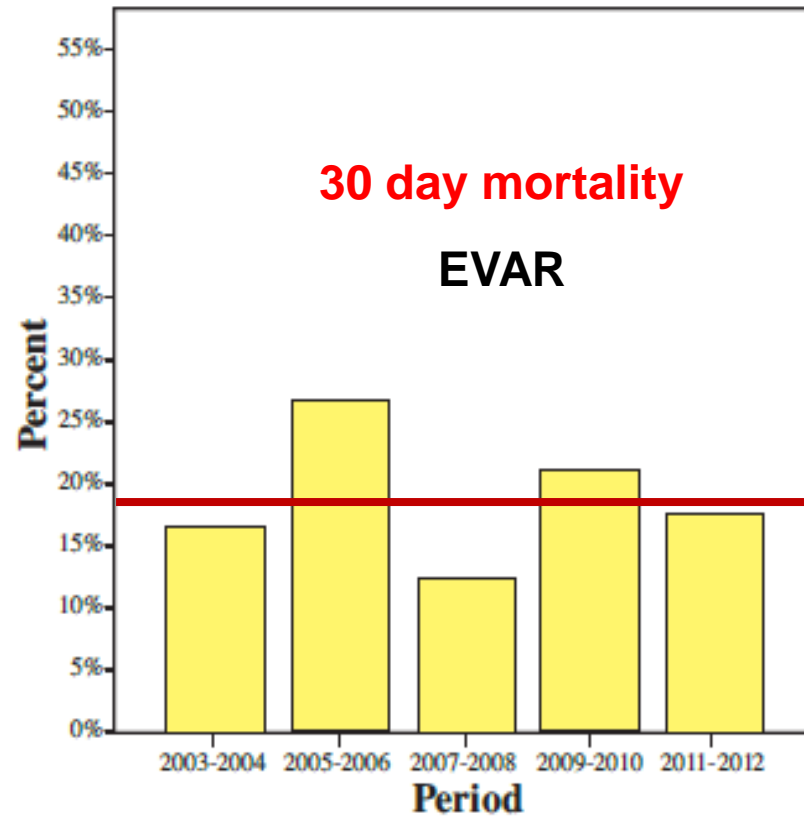
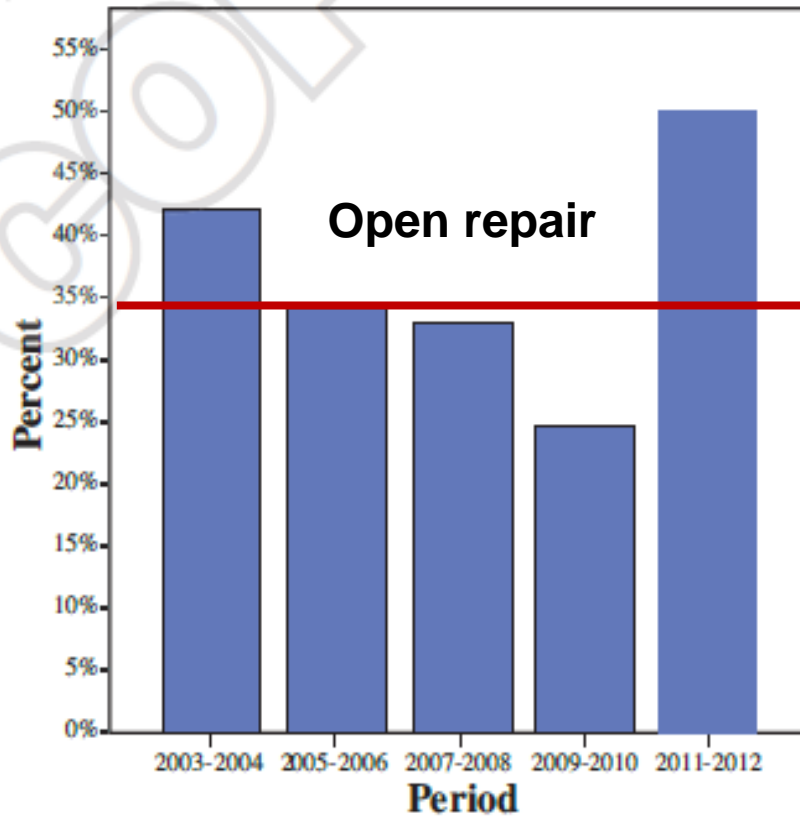


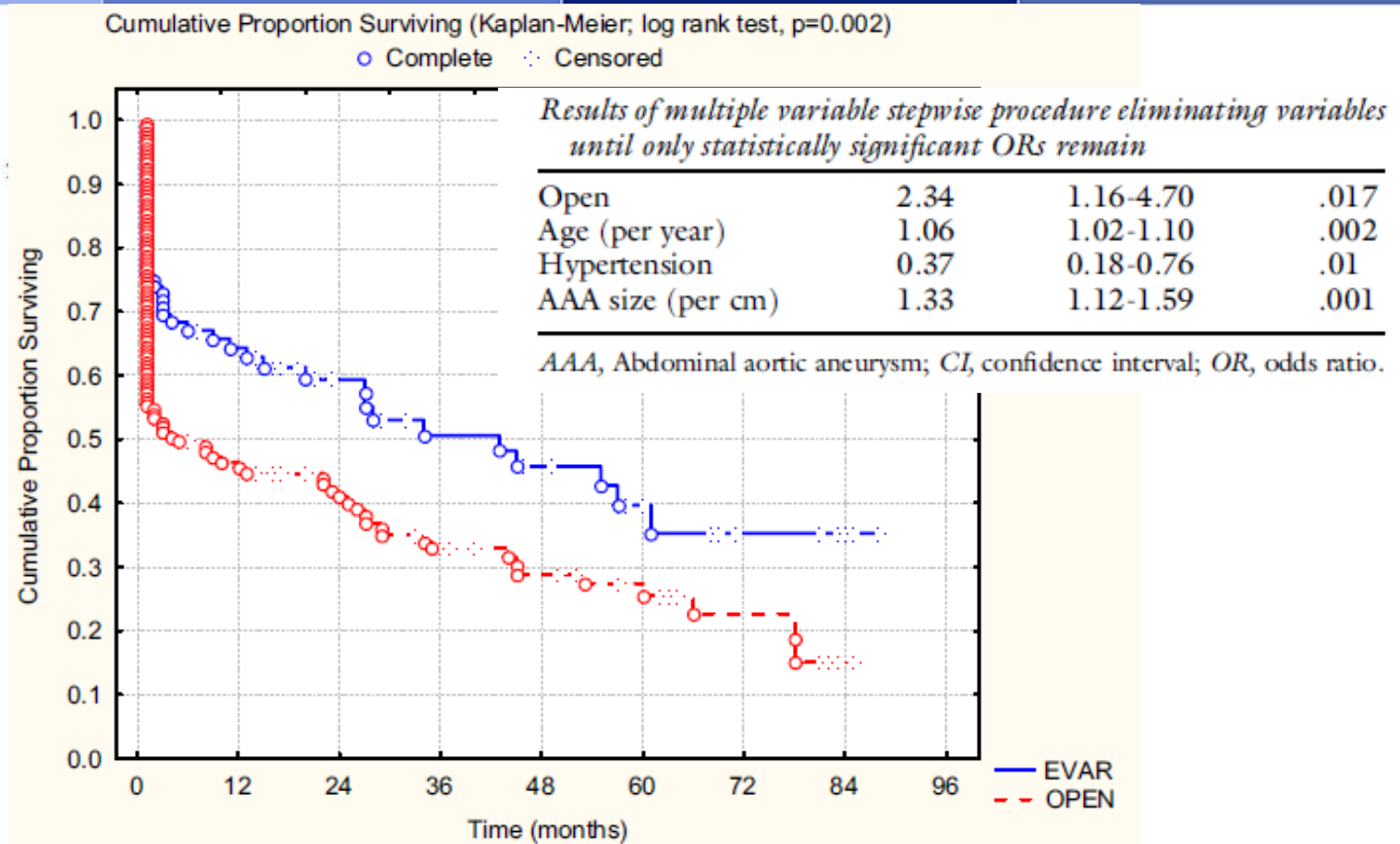
FIGURE 2. Operative mortality for EVAR, open repair, and total AAA repairs for US Medicare beneficiaries, 1995–2008. A, Intact AAA. B, Ruptured AAA.

# Trend of management for r-AAA



78 EVAR  
236 OR  
Netherlands

# Trend of management for r-AAA



120 EVAR  
167 OR  
Albany, NY



# Hemodynamic status impacts outcomes of endovascular abdominal aortic aneurysm repair for rupture

Manish Mehta, MD, MPH, Philip S. K. Paty, MD, John Byrne, MCh, FRCSI(Gen), Sean P. Roddy, MD, John B. Taggart, MD, Yaron Sternbach, MD, Kathleen J. Ozsvath, MD, and R. Clement Darling III, MD, Albany, New York

Table II. Perioperative variables in hemodynamically (*Hd*) stable vs unstable patients

<i>Variable</i> <sup>a</sup>	<i>Hd-stable</i>	<i>Hd-unstable</i>	P
Patients	92 (68.0)	44 (32.0)	
Preoperative CT available	92 (100)	29.0 (64.0)	<.05
Aortic occlusion balloon	5.0 (5.0)	18.0 (41.0)	<.05
Blood loss $\pm$ SD, mL	363.0 $\pm$ 320 (50-2000)	744.0 $\pm$ 692 (50-2500)	<.01
ACS	4.0 (4.0)	13.0 (29.0)	<.01
Conversion to surgical repair	3.0 (3.0)	3.0 (7.0)	.21
Nonfatal complications	35.0 (38.0)	19.0 (42.0)	.13
Secondary interventions	23.0 (25.0)	10.0 (22.0)	.16

Table III. Abdominal compartment syndrome (ACS) and mortality difference in hemodynamically (*Hd*) stable vs unstable patients

<i>Variable</i>	<i>Hd-stable,</i> <i>No. (%)</i>	<i>Hd-unstable,</i> <i>No. (%)</i>	P
Patients	91 (67.0)	45 (33.0)	
ACS	4 (4.0)	13 (29.0)	<.01
30-day mortality	17 (18.0)	15 (33.0)	<.05

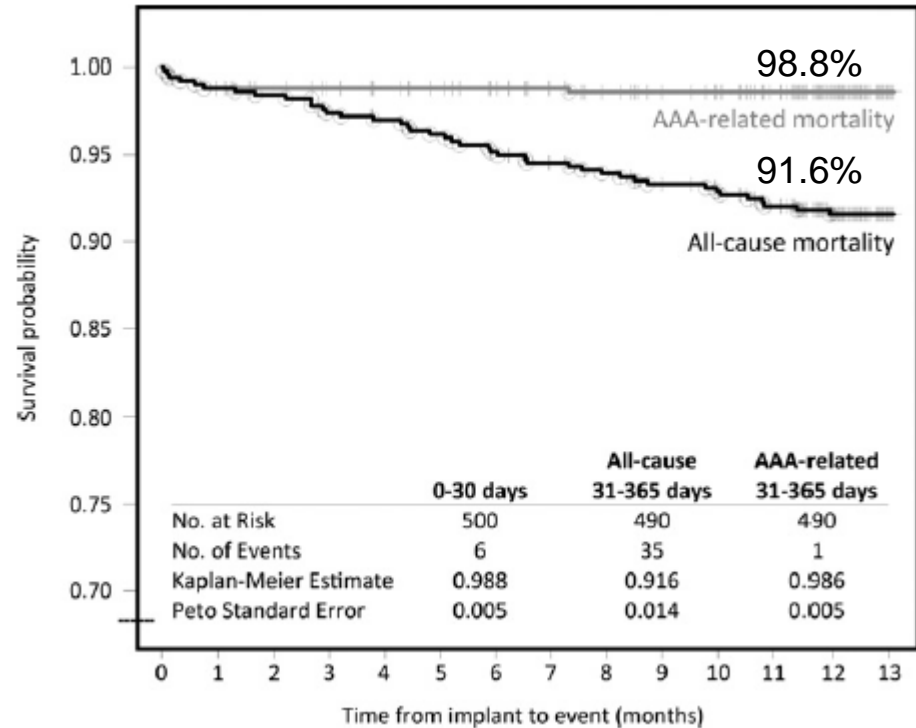
From 2001 to 2011  
136 patients with r-AAA underwent EVAR



# ENGAGE registry



- 2009-2011
- 79 sites in 30 countries
- 1200 AAA patients
- Endurant
- 17.9% treated outside of IFU
- All patients at 30 day f/u
- 500 patients at 1 year f/u
  
- 1.4% type 1 Endoleak
- 9.9% type II Endoleak
- 0% Migration
- 0% Rupture
- 0.6% surgical conversion
- 4.9% secondary procedure



# No Differences in Perioperative Outcome between Symptomatic and Asymptomatic AAAs after EVAR: An Analysis from the ENGAGE Registry

R.A. Stokmans<sup>a,b</sup>, J.A.W. Teijink<sup>a,b,\*</sup>, P.W.M. Cuypers<sup>a</sup>, V. Riambau<sup>c</sup>, M.R.H.M. van Sambeek<sup>a</sup>

<sup>a</sup>Department of Vascular Surgery, Catharina Hospital, Michelangelolaan 2, P.O. Box 1350, 5602 ZA Eindhoven, The Netherlands

<sup>b</sup>Department of Epidemiology, Caphri Research School, Maastricht University, Maastricht, The Netherlands

<sup>c</sup>Division of Vascular Surgery, Thorax Institute, Hospital Clinic, University of Barcelona, Barcelona, Spain

## Initial procedural data and evaluation (ITT analysis).

Variable	Asymptomatic AAA <sup>a</sup> N = 1015	Symptomatic AAA <sup>a</sup> N = 185	P-value	Adjusted P-value <sup>b</sup>
Duration of implant procedure (mins)	100.9 ± 45.3	95.0 ± 42.5	.097	.323
Type of anaesthesia				
General	64.5% (654/1014)	51.4% (95/185)	.001	.003
Spinal/Epidural	25.7% (261/1014)	34.6% (64/185)		
Local	9.8% (99/1014)	14.1% (26/185)		
Volume of contrast (mL)	130.2 ± 71.0	132.2 ± 66.3	.738	.858
Post-operative stay (days)	4.83 ± 5.29	4.37 ± 3.49	.253	.360
Time in ICU <sup>c</sup> (hours)	10.0 ± 45.9	10.6 ± 27.8	.861	.872
Admission to ICU <sup>c</sup>	33.4% (339/1015)	35.7% (66/185)	.547	.479
Evaluation				
Intra-operative mortality	0.0% (0/1015)	0.0% (0/185)	–	–
Technical success	98.9% (1004/1015)	100.0% (185/185)	.155	.163
Clinical success	97.3% (988/1015)	99.5% (184/185)	.079	.085

## Major adverse events within 30 days (ITT analysis).

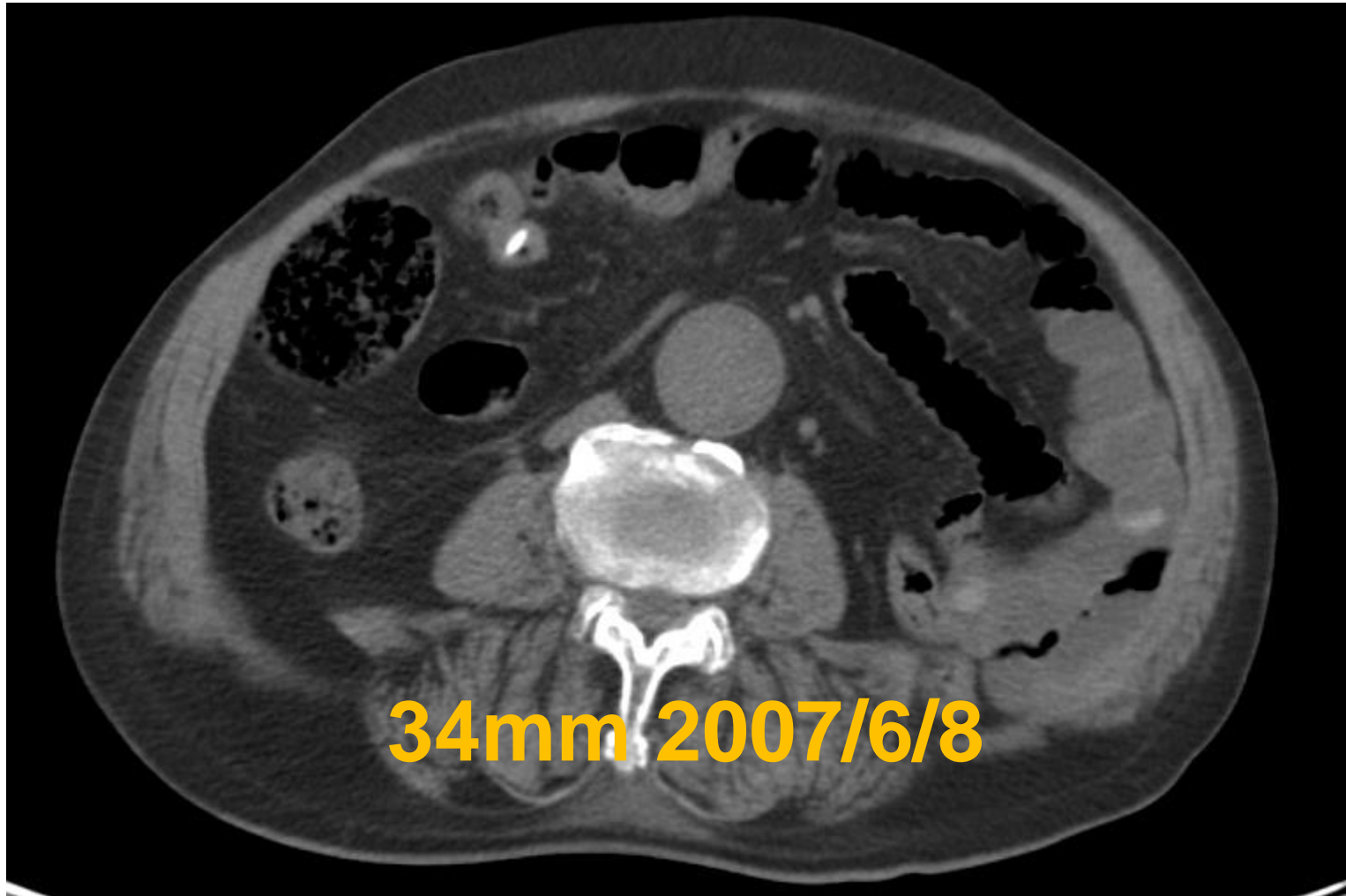
Variable	Asymptomatic AAA <sup>a</sup> N = 1015	Symptomatic AAA <sup>a</sup> N = 185	P-value	Adjusted P-value <sup>b</sup>
One or more (MAEs)	4.2% (43/1015)	3.2% (6/185)	.530	.572
All-cause Mortality	1.5% (15/1015)	0.5% (1/185)	.307	.316
Bowel ischemia	0.2% (2/1015)	0.5% (1/185)	.390	.378
Myocardial infarction	1.2% (12/1015)	1.1% (2/185)	.906	.975
Paraplegia	0.0% (0/1015)	0.0% (0/185)	–	–
Renal failure	0.3% (3/1015)	0.5% (1/185)	.068	.066
Respiratory failure	0.0% (0/1015)	0.0% (0/185)	.595	.484
Stroke	0.1% (1/1015)	0.5% (1/185)	–	–
Procedural blood loss ≥1000 mL	1.8% (18/1015)	0.0% (0/185)	.175	.191

# Case



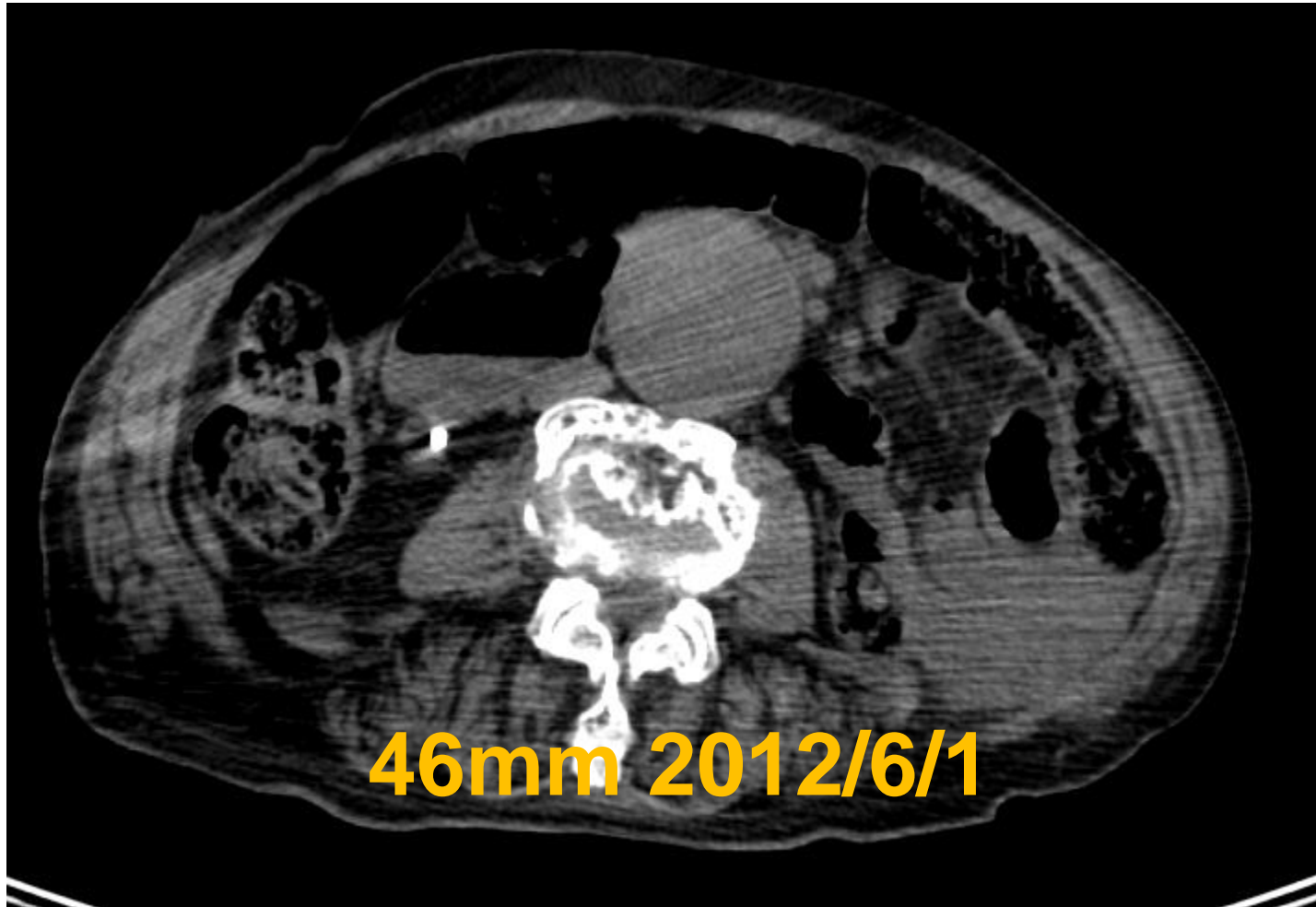
- **M/82**
- **C.C : Abdominal pain, nausea, vomiting  
for 8 hours**
- **PHx.**
  - Hypertension for 20 years
  - nephrectomy d/t malignancy of renal pelvis, Lt  
in April 2006
  - Hemodialysis since 2011.2
  - NSTEMI, stenting at m-RCA in July 2012
- **BP : 120/77mmHg, HR 76min/min**

# Previous CT



34mm 2007/6/8

# Previous CT



46mm 2012/6/1

# Previous CT

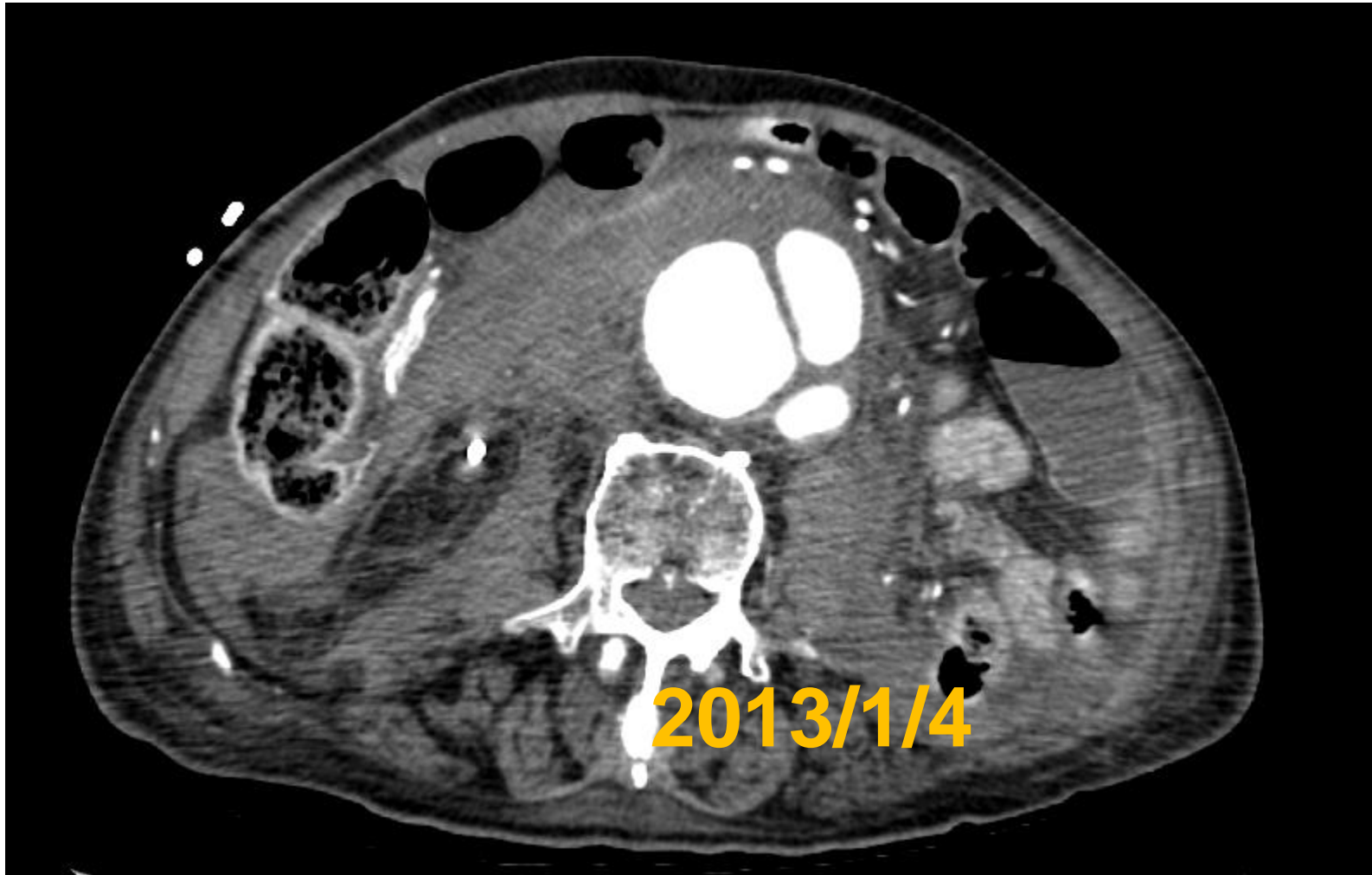


52mm 2012/11/19

# Ruptured AAA



# Ruptured AAA





# Emergency EVAR



**Baseline Angiogram**

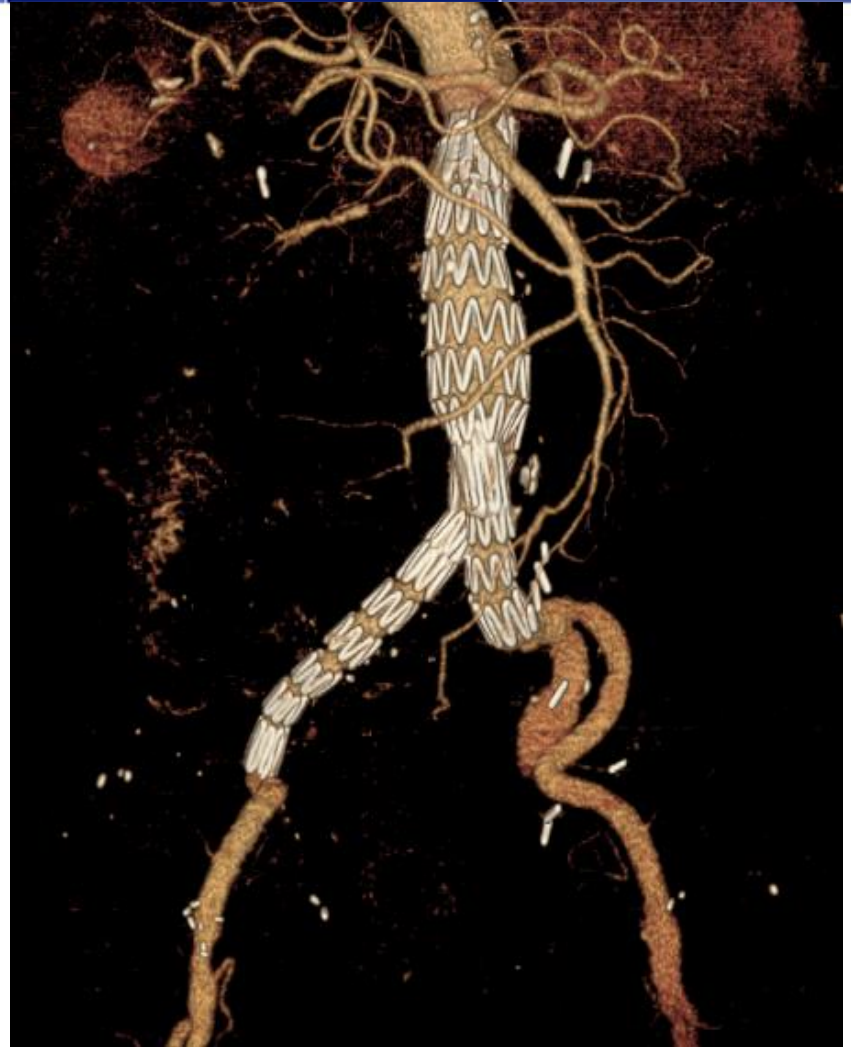


**Post-EVAR**

# 1 week F/U CTA



**No endoleak**



# AJAX trial (preliminary data)

- **April 2004 –Feb 2011**
- **520 ruptured AAA**
  - **395 evaluated with CT**
  - **155 suitable anatomy for EVAR**  
**(AUI with fem fem bypass)**
  - **116 randomized**
    - : **57 EVAR vs. 59 OR**
  - **30 day mortality**
    - : **21% EVAR vs. 25% OR**

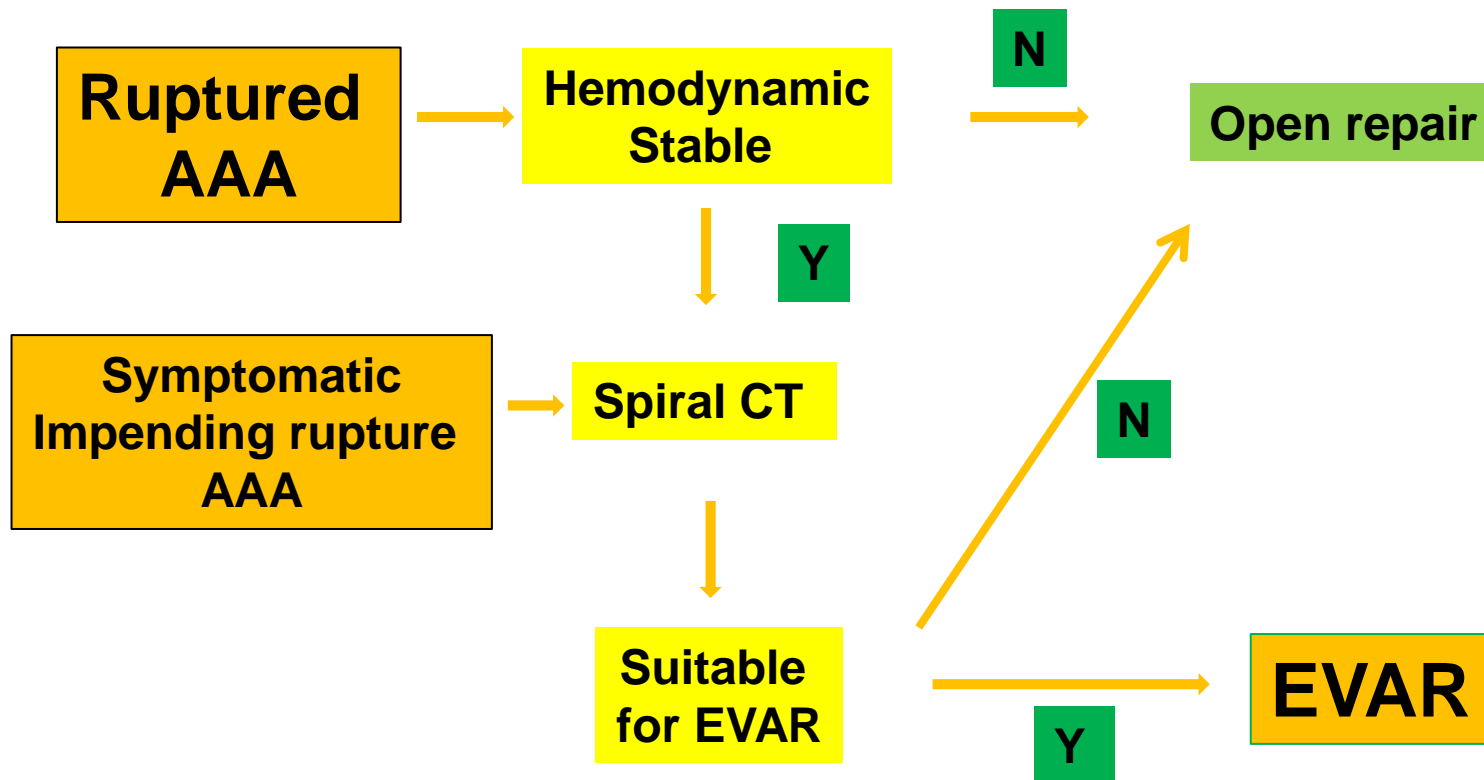
# Ongoing RCT's for r-AAA



## **EVAR vs. open repair**

- **ESCAR trial :**
  - started at Jan 2008**
  - total 160 patients**
- **IMPROVE trial :**
  - start at Oct 2009**
  - total 600 patients**

# Management Algorithm for Rupture AAA





경청해주셔서 감사합니다