

# CIED Treatment in HF patients : At the view point of HF physicians

**Seok-Min Kang, MD, Ph D.**

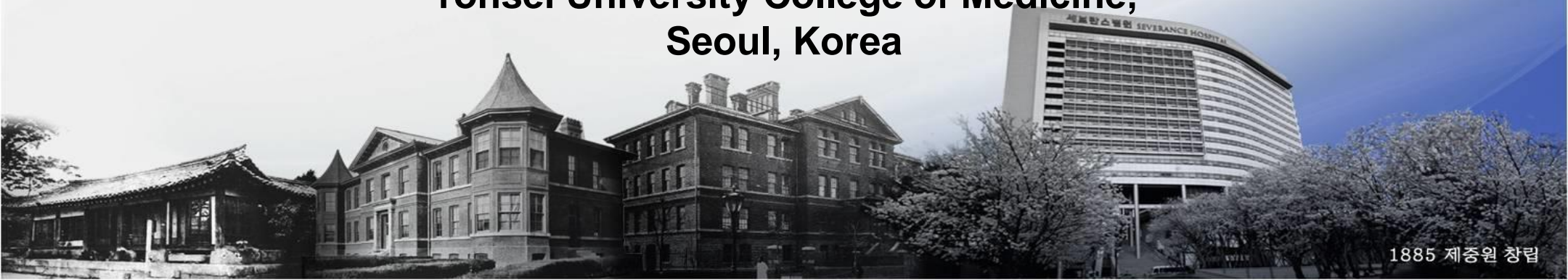
**Director, Heart Failure & Cardiac Wellness Center,  
Professor, Division of Cardiology,  
Severance Cardiovascular Hospital,  
Yonsei University College of Medicine,  
Seoul, Korea**

1885 제증원 창립

1904 세브란스병원

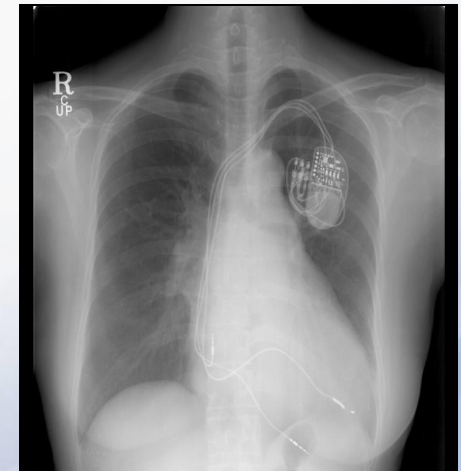
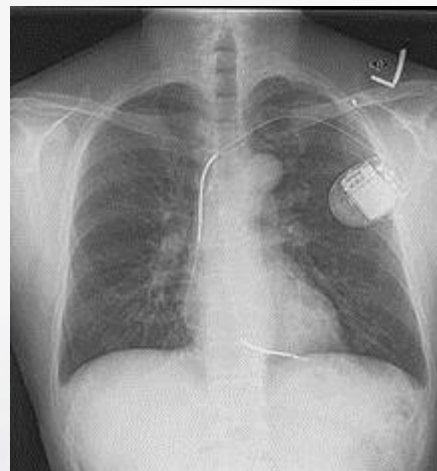
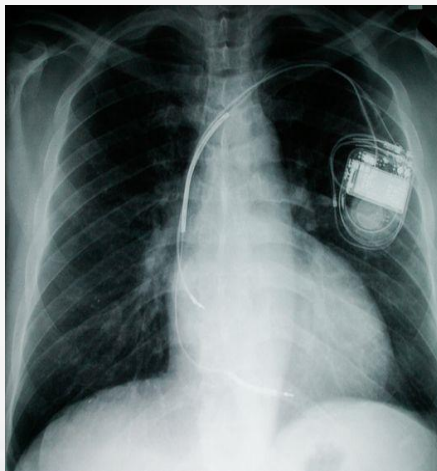
1913 세브란스의학교

2005 세브란스병원

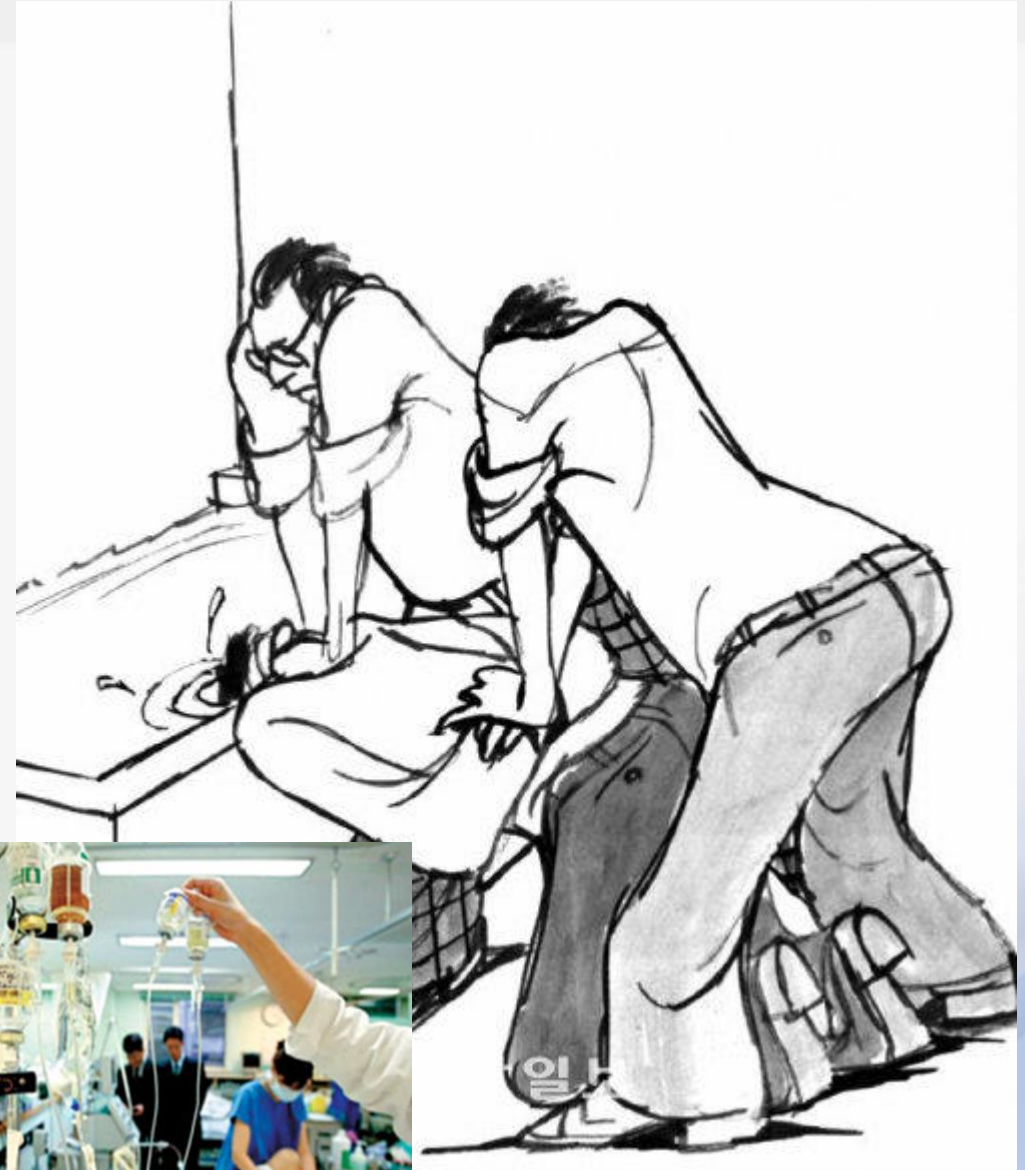


# CIED

- Pacemaker
- Implantable cardioverter-defibrillator (ICD)
- Cardiac resynchronization device (CRT)
- Implantable cardiovascular monitor (ICM)
- Implantable loop recorder (ILR)



# HF specialists

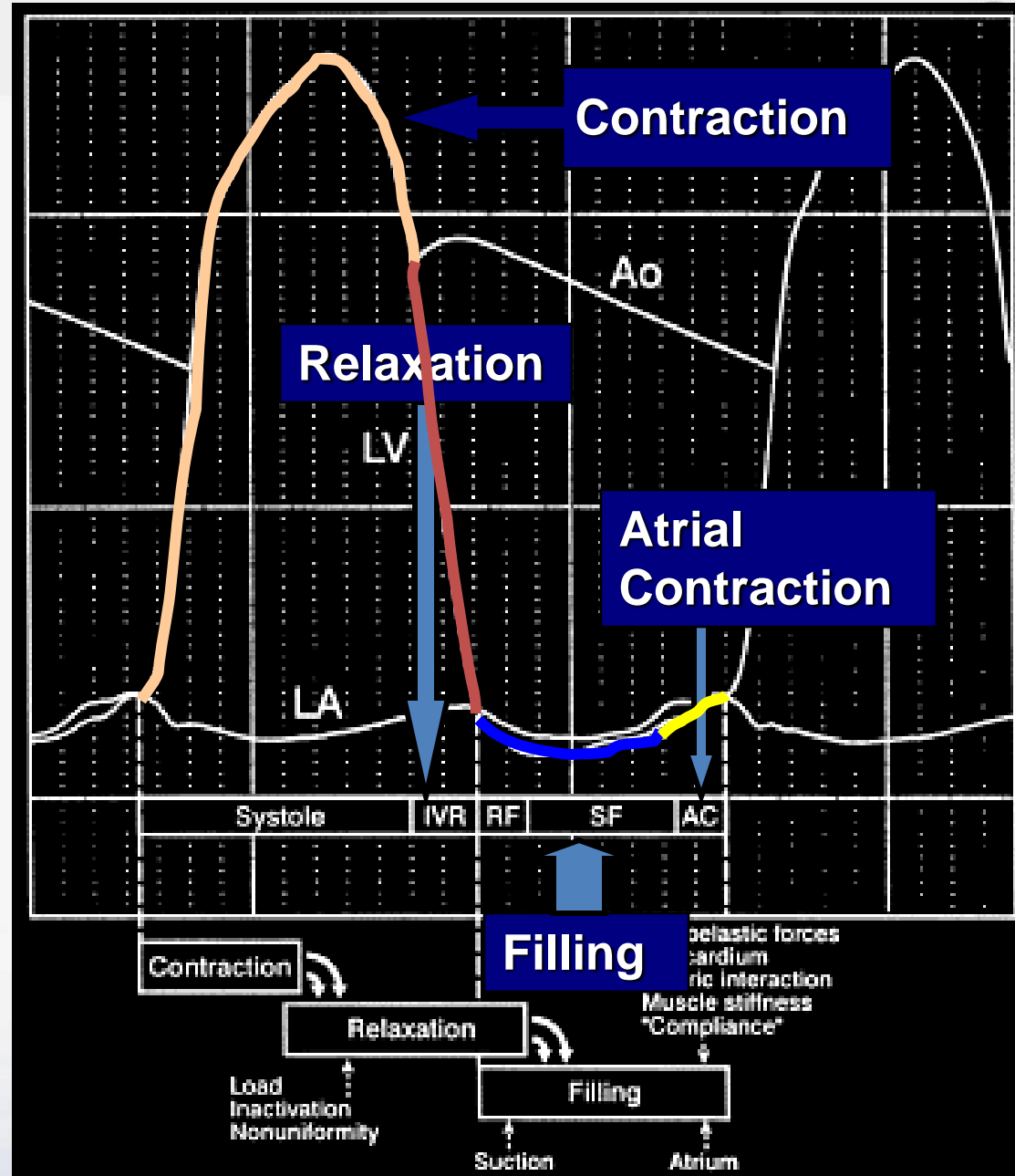


# Contents

- **What is heart failure ?**  
**: at the view point of HF physician**
- **CIED data in Severance CV Hospital**
- **Clinical HF Cases treated by CIED**
- **Indications of CIED in HF patients**
- **Major concerns of CIED treatment in HF patients**

# Cardiac cycle:

- Contraction
- Relaxation
- Filling
- Atrial Contraction



# Three Pathophysiological Causes of Heart Failure



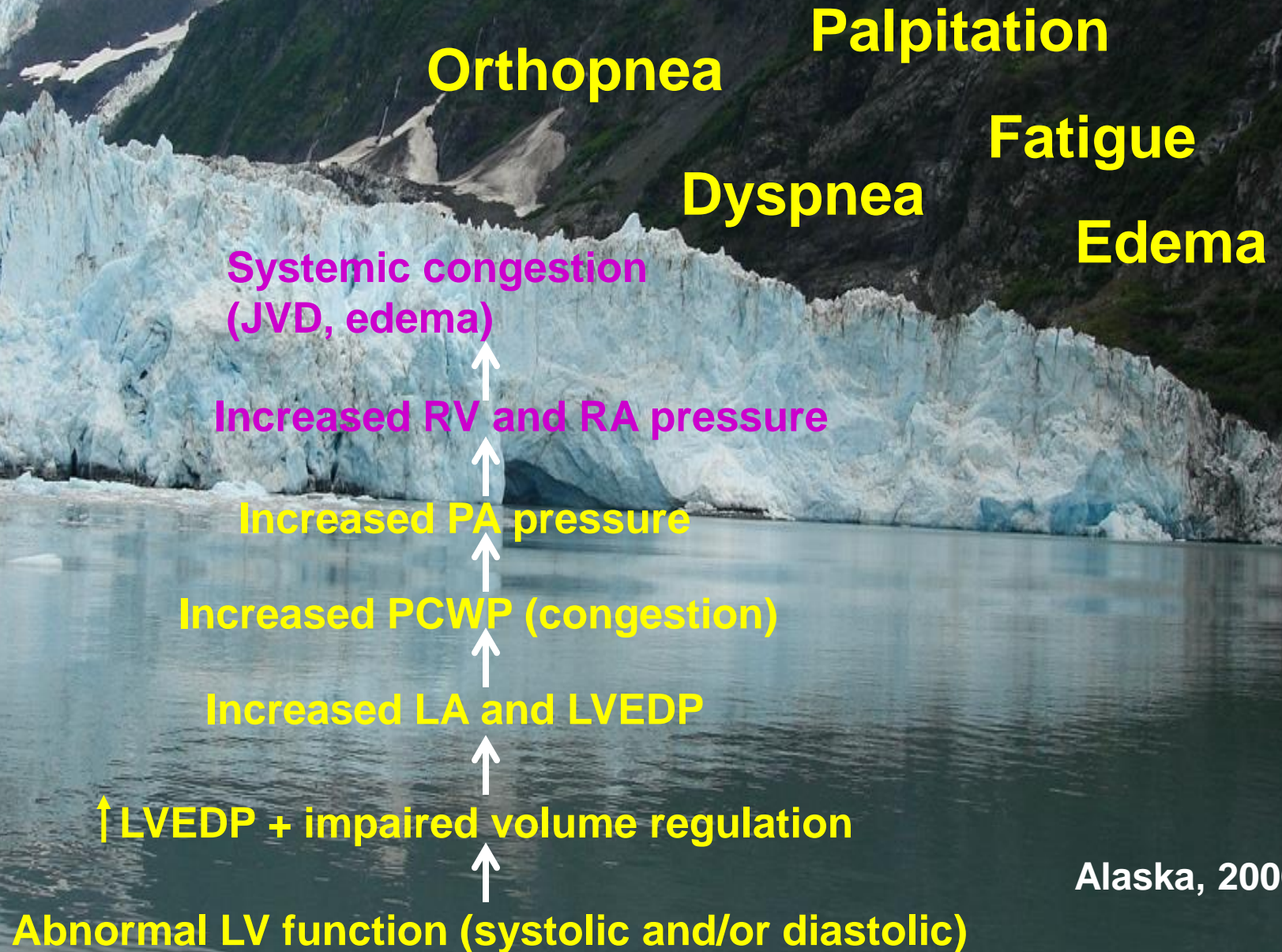
- Increased work load (pre & afterload)
- Myocardial Dysfunction (systolic and/or diastolic)
- Decreased Ventricular Filling



# Symptoms are Just the Tip of the Iceberg

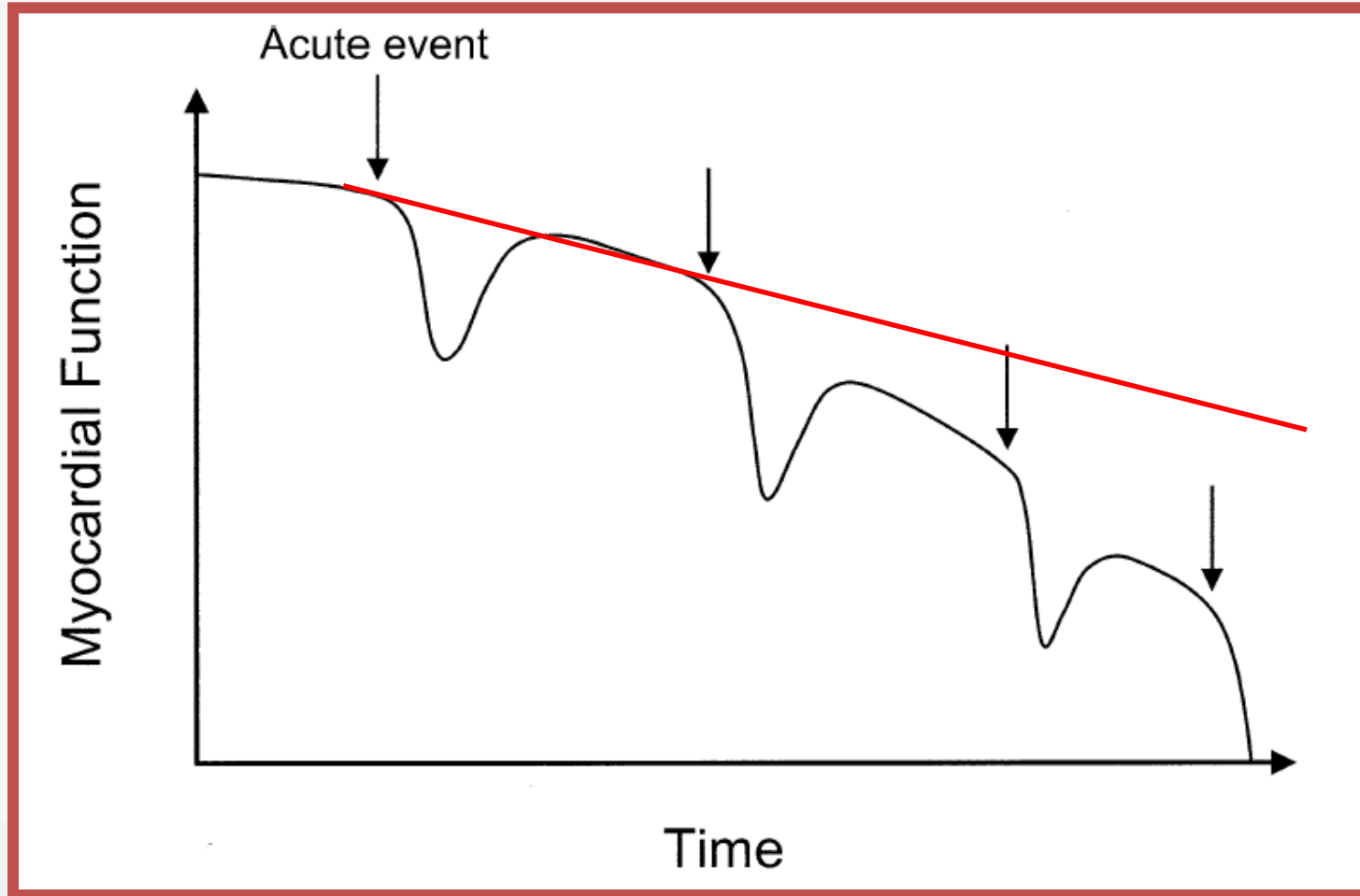
Symptoms

Events



Alaska, 2006

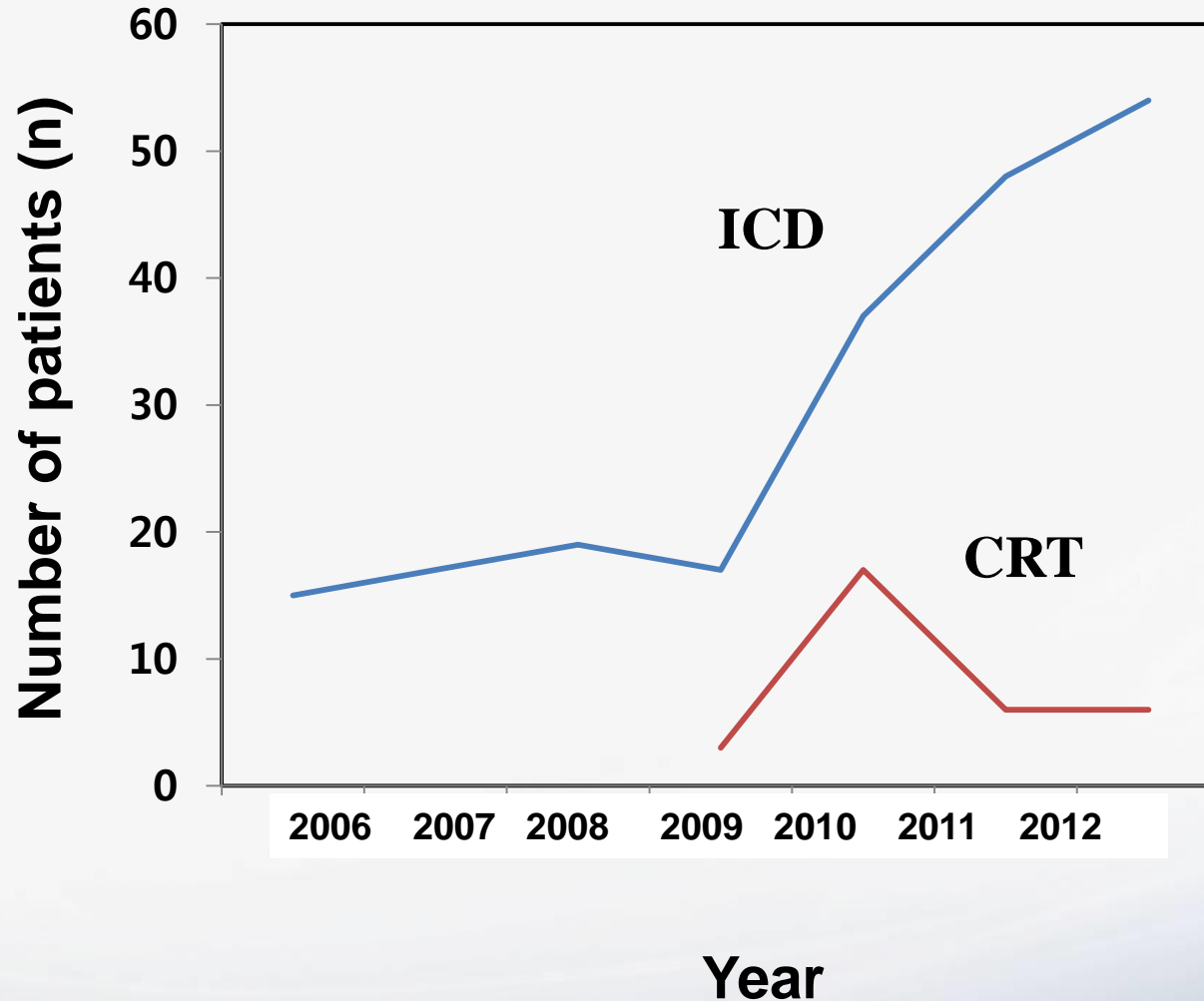
# Acute Exacerbations May Contribute to CHF Progression



*Gheorghide M, et al. Am J Cardiol. 2005;96:11G-17G.*



# Severance Cardiovascular Hospital



**ICD (n=207)**

2006-2012년  
 Age  $51.5 \pm 17.6$  years  
 M:F = 160:47

**CRT (n=32)**

2009-2012년  
 Age  $65.4 \pm 11.6$  years  
 M:F = 17:11

# F/64

## CC : Dyspnea on exertion, NYHA III

## PHx : HTN/DM (-)

64 yr  
Female Oriental  
Room:98W  
Loc:14

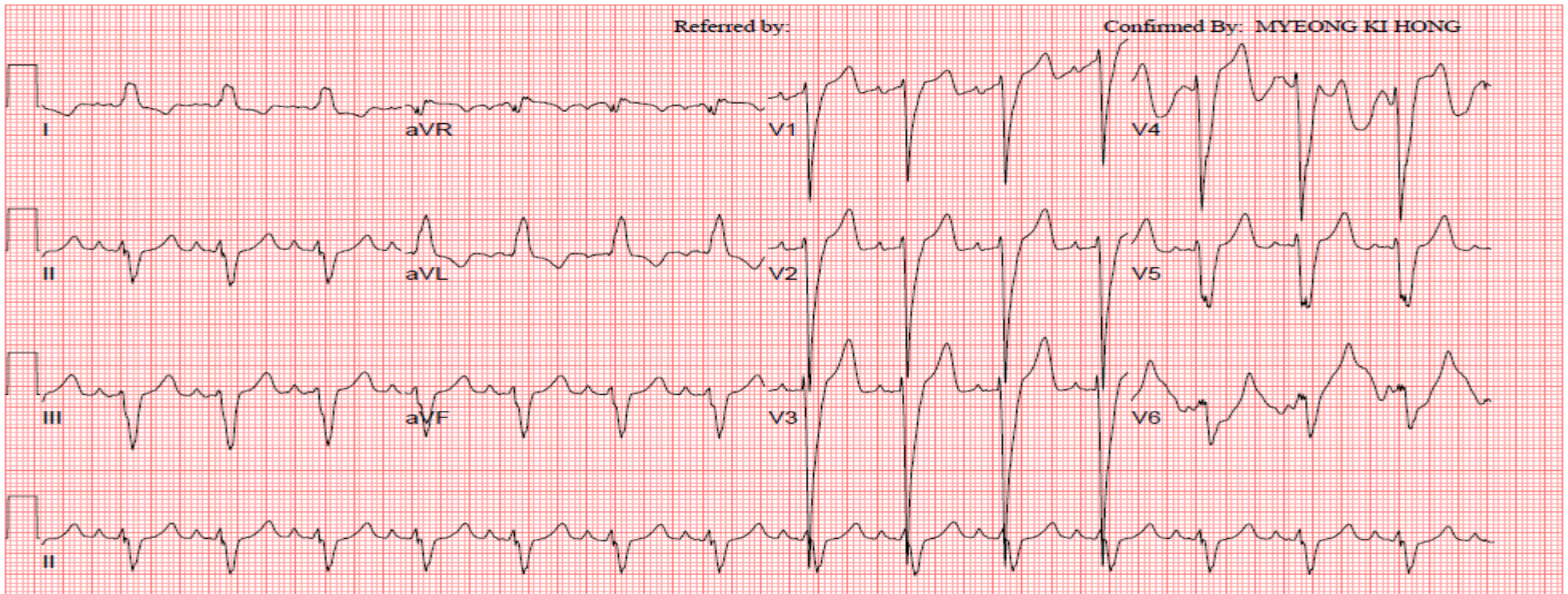
Vent. rate 89 BPM  
PR interval 168 ms  
QRS duration 170 ms  
QT/QTc 444/540 ms  
P-R-T axes 60 -62 106

Normal sinus rhythm  
Possible Left atrial enlargement  
Left axis deviation  
Left bundle branch block  
Abnormal ECG

Technician:  
Test ind:

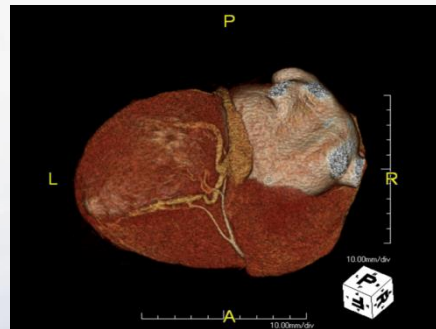
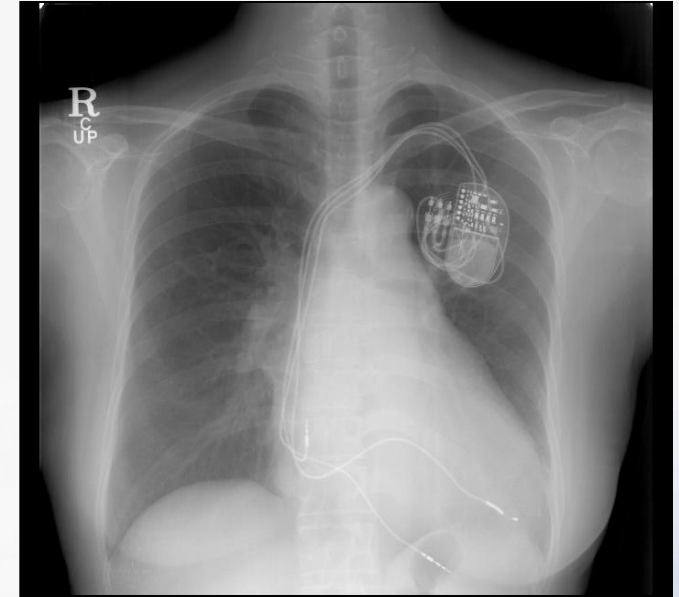
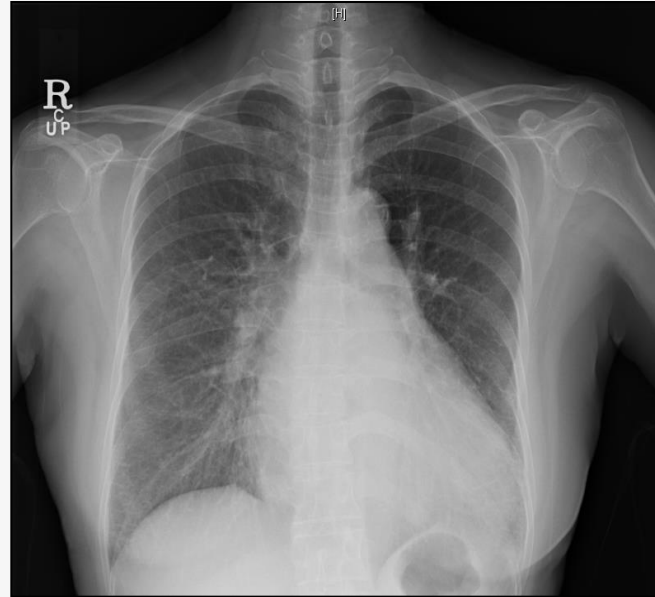
Referred by:

Confirmed By: MYEONG KI HONG



## Pre

## Post CRT-P



**ECHOCARDIOGRAPHY LABORATORY, YONSEI CARDIOVASCULAR CENTER**

YONSEI UNIVERSITY COLLEGE OF MEDICINE, SEOUL KOREA

Exam Date: 2010/02/04 16:29 Echo No.: 10 - 2503 Referring Dr.: 강석민

Patient ID: [REDACTED] Name: [REDACTED] Sex/Age: F 64

Location: Ward Referral Reason: Myocardial disease

Height: 159.0 cm Weight: 54 kg BSA: 1.54 m<sup>2</sup> BP: 100 / 60 mmHg

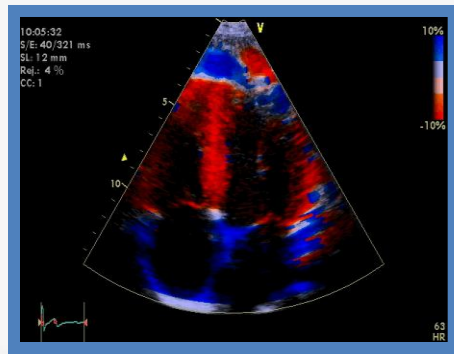
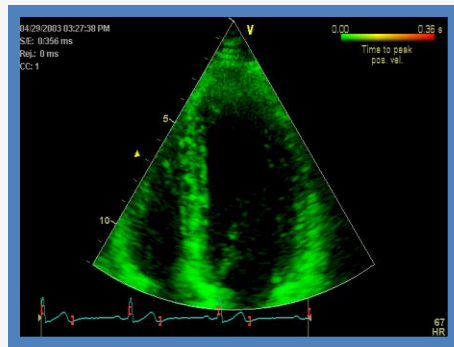
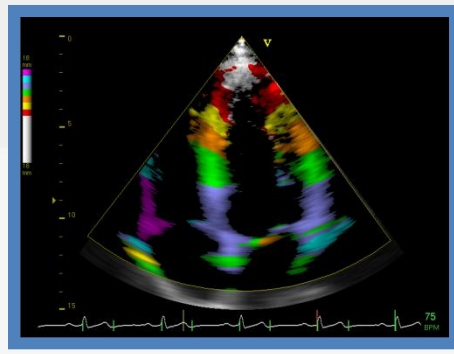
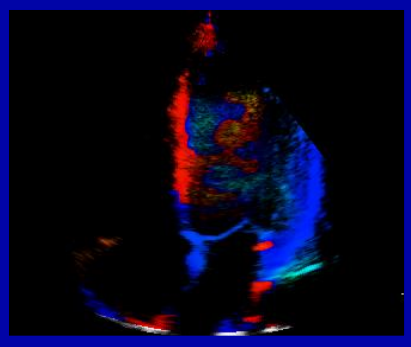
**1. Comments:**

\* Limited echo for CRT candidate evaluation \*

1. RWMA as described at next page without significant interval change.
2. Still enlarged LV (LVEDD: 73-->72mm) and still reduced global LV sys. Fx. (EF: 21-->18%).
3. Dyschrony index: septal to posterior wall motion delay - 144 ms (기준치 >130ms)  
TSI 12 SD - 46.1 (기준치 > 34.4)

# Meta-analysis of CRT in HF

- **Improve EF**
- **Improve QOL**
- **Improve functional status**
- **Reduce hospitalization**
- **Reduce all-cause mortality by 21 %**



# Heart Failure

## Results of the Predictors of Response to CRT (PROSPECT) Trial

Eugene S. Chung, MD; Angel R. Leon, MD; Luigi Tavazzi, MD; Jing-Ping Sun, MD; Petros Nihoyannopoulos, MD; John Merlino, MD; William T. Abraham, MD; Stefano Ghio, MD; Christophe Leclercq, MD; Jeroen J. Bax, MD; Cheuk-Man Yu, MD, FRCP; John Goresan III, MD; Martin St John Sutton, FRCP; Johan De Sutter, MD, PhD; Jaime Murillo, MD

**Background**—Data from single-center studies suggest that echocardiographic parameters of mechanical dyssynchrony may improve patient selection for cardiac resynchronization therapy (CRT). In a prospective, multicenter setting, the Predictors of Response to CRT (PROSPECT) study tested the performance of these parameters to predict CRT response.

**Methods and Results**—Fifty-three centers in Europe, Hong Kong, and the United States enrolled 498 patients with standard CRT indications (New York Heart Association class III or IV heart failure, left ventricular ejection fraction  $\leq 35\%$ , QRS  $\geq 130$  ms, stable medical regimen). Twelve echocardiographic parameters of dyssynchrony, based on both conventional and tissue Doppler–based methods, were evaluated after site training in acquisition methods and blinded core laboratory analysis. Indicators of positive CRT response were improved clinical composite score and  $\geq 15\%$  reduction in left ventricular end-systolic volume at 6 months. Clinical composite score was improved in 69% of 426 patients, whereas echocardiographic parameters to predict clinical composite score response varied widely, with sensitivity ranging from 6% to 74% and specificity ranging from 35% to 91%; for predicting left ventricular end-systolic volume response, sensitivity ranged from 9% to 77% and specificity from 31% to 93%. For all the parameters, the area under the operating characteristics curve for positive clinical or volume response to CRT was  $\leq 0.62$ . There was large

**No single echocardiographic measure of dyssynchrony may be recommended to improve patient selection for CRT in HF patients !**

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008;117:



# 자200 심박기거치술 [2008년 5월 1일 신설]

## 심장재동기화치료

### (CRT, Cardiac Resynchronization Therapy)의 인정기준

#### 1. 수기산정방법

좌심실 또는 양심실을 전극으로 자극하여 좌심실의 심박출량 및 심구출률을 증가시키는 심장재동기화치료 (CRT, Cardiac Resynchronization Therapy)는 CRT-P (CRT-Pacemaker)를 실시하는 경우에는 자200나 (1) 경정맥체내용심박기거치술로, CRT-D (CRT-Defibrillator)를 실시한 경우에는 자200-2 심율동 전환제세동기거치술 [경정맥로 산정함].

#### 2 인정기준

심장재동기화치료는 심실을 재동기화 함으로써 심부전을 개선시킬 수 있는 근거가 있는 경우에 시행함을 원칙으로 하되, 다음에 해당하는 경우에는 요양급여 (일부본인부담)를 인정하며, 동 기준 이외에 시행한 경우에는 시술료 및 치료재료 비용은 전액본인이 부담함

### 세부 인정 사항

#### 가. CRT-P (CRT-Pacemaker) :

3개월 이상의 적절한 약물치료에도 불구하고 증상이 지속되는 심부전 환자 중 아래의 사항에 모두 해당되는 경우

#### -아 래-

- (1) 심구혈률  $\leq$  35%
- (2) QRS 간격  $\geq$  120ms
- (3) Sinus Rhythm
- (4) NYHA class III 또는 거동이 가능한 class IV 환자
  - ※ 적절한 약물치료  
(ACE inhibitor/Angiotensin Receptor Blocker + Diuretics  $\pm$  Beta-blocker)

#### 나. CRT-D (CRT-Defibrillator) :

CRT-P와 ICD 기준에 모두 적합한 경우

# Non-responders to CRT

## : a view from HF physicians

### Non-cardiac issues

- Real CHF aggravation ?
- Medication change ?
- Evaluate co-morbidities
  - OSA, anemia
  - thyroid diseases
  - anemia
  - amiodarone toxicity (lung injury)
- Deconditioning

### Non-device issues

- Residual ischemia
- Hemodynamic VHD
- Right side HF
- Rhythm disturbance
  - A. fib
  - V. tachy



# Issues of CRT in HF patients : a view from HF physicians

- Ideal optimization method ?
  - Echo parameters ?
  - AV or VV optimization ?
- Optimization schedule ?
  - LV remodeling ?

# F/83

**CC : Dyspnea on exertion, NYHA III**

**PHx : HTN(+) on medication  
Old CVA(+) on medication**

**DM(-)**

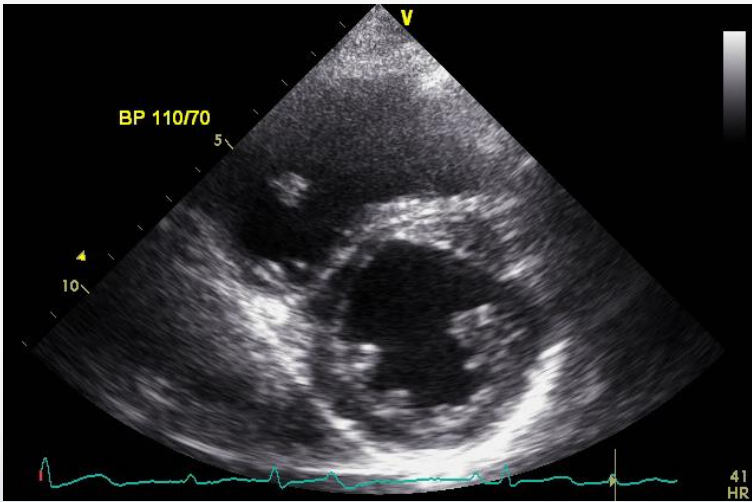
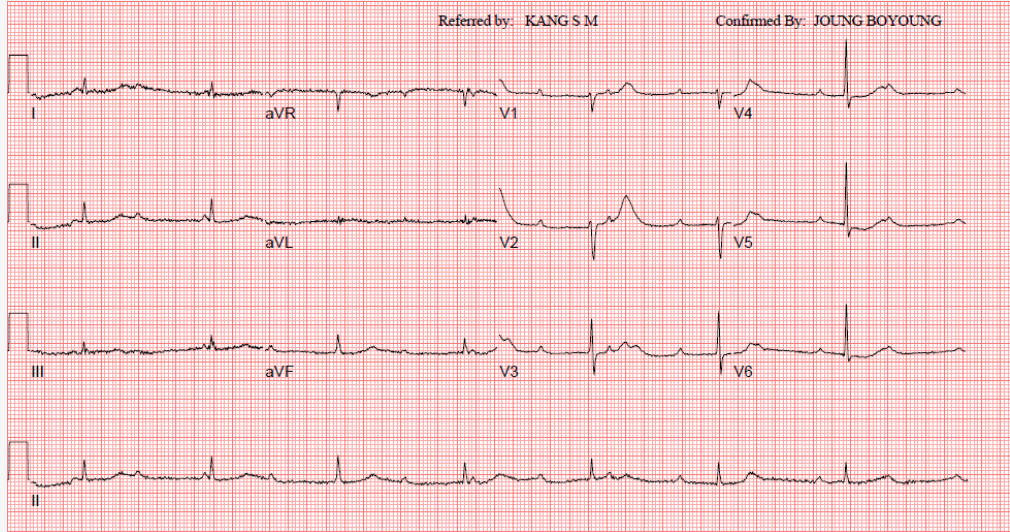
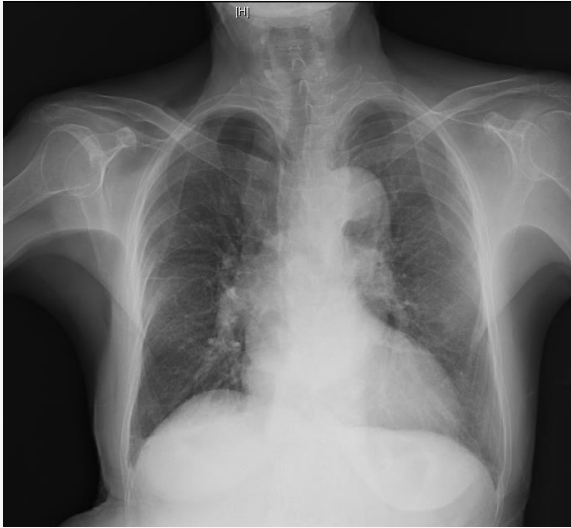
**Syncope(-)**

**Dizziness(-)**

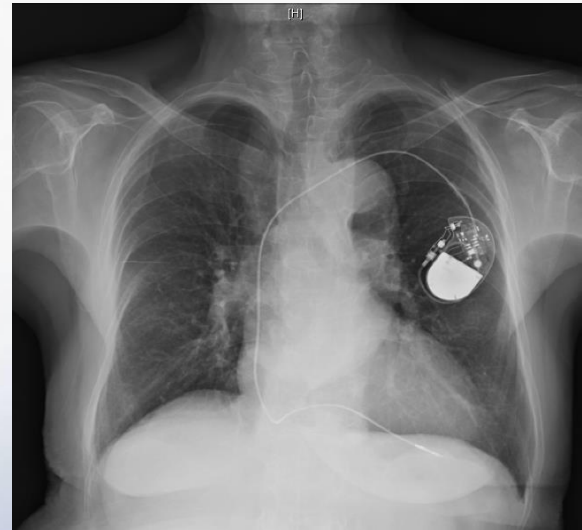
**Palpitation(-)**

**BP : 159/68**

**HR : 44/min**



s/p VVIR



3. 외래경과기록[C:공통][05.11.01~13.03.31](M3) x

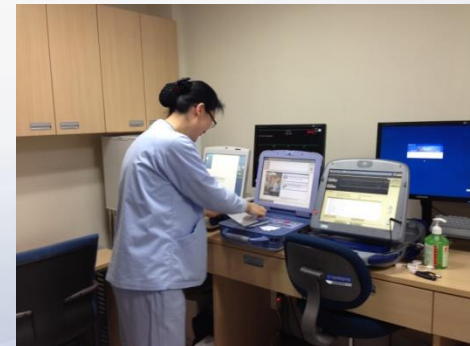
[2013-03-05]

[BF]외래재진기록- 부정맥 (최종저장일:2013-03-05 [redacted]) [전자서명]

|            |                                                                                      |
|------------|--------------------------------------------------------------------------------------|
| 진료과        | 심장내과                                                                                 |
| 주치의        | [redacted]                                                                           |
| BP(S)      | mmHg                                                                                 |
| BP(D)      | mmHg                                                                                 |
| HR         | /min                                                                                 |
| Subjective | 진도 - 병원 직원 어머니님                                                                      |
| Objective  | VP 60 bpm                                                                            |
| Assessment | ** Pacemaker insertion 2013-01-24<br>VVIR for CAVB                                   |
| Plan       | dichlozid 25 mg #1<br>diovan 80 mg #1<br>astrix 100 mg #1<br><br>x 95 days, EKG, 박동기 |
| 기록자명       | [redacted]                                                                           |



**No record and monitoring about performance measure !**



ACC

AC  
 for  
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Table

Perfo

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2. ACI
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## Treatment Performance Measures Affect Clinical Outcomes in Patients With Acute Systolic Heart Failure

— Report From the Korean Heart Failure Registry —

Young Jin Youn, MD; Byung-Su Yoo, MD, PhD; Jun-Won Lee, MD; Jang-Young Kim, MD, PhD;  
 Seong Woo Han, MD, PhD; Eun-Seok Jeon, MD, PhD; Myeong-Chan Cho, MD, PhD;  
 Jae-Joong Kim, MD, PhD; Seok-Min Kang, MD, PhD; Shung Chull Chae, MD, PhD;  
 Byung-Hee Oh, MD, PhD; Dong-Ju Choi, MD, PhD; Myung Mook Lee, MD, PhD;  
 Kyu-Hyung Ryu, MD, PhD on behalf of the KorHF Registry

**Background:** There is a paucity of data on the effects of adherence to treatment on outcomes for patients with acute heart failure (HF) in Korea. We used HF performance measures to evaluate overall adherence and whether this affects clinical outcomes.

**Methods and Results:** Among 3,466 patients in the Korean Heart Failure Registry, 1,527 patients with left ventricular systolic dysfunction (LVSD) who survived hospitalization were evaluated. Modified validated performance measures were defined as follows: use at discharge of angiotensin-converting enzyme inhibitor (ACEI), angiotensin-receptor II blocker (ARB),  $\beta$ -blocker or aldosterone receptor antagonist. Adherence to performance measures was as follows: ACEI or ARB at discharge, 68.0%;  $\beta$ -blocker at discharge, 40.9%; aldosterone receptor antagonist at discharge, 37.5%. On multivariate analysis, adherence to the measure of ACEI or ARB use at discharge was significantly associated with mortality (odds ratio (OR), 0.344; 95% confidence interval (CI), 0.123–0.964), readmission (OR, 0.180; 95%CI, 0.062–0.522) and mortality/readmission (OR, 0.297; 95%CI, 0.125–0.707) at 60 days and that for  $\beta$ -blocker with mortality (OR, 0.337; 95%CI, 0.147–0.774) at 1 year.

**Conclusions:** For patients with LVSD in Korea, adherence to treatment performance measures, including prescription of an ACEI/ARB and  $\beta$ -blocker use at discharge, is associated with improved clinical outcomes. (Circ J 2012; 76: 1151–1158)

**Key Words:** Left ventricular systolic dysfunction; Mortality; Performance measures

## PERFORMANCE MEASURES

### Performance Measures in Patients With Acute Systolic Heart Failure

Journal of the American College of Cardiology/American Heart Association  
 Writing Committee to Update the 2005 Performance Measures for Acute Systolic Heart Failure  
 American Heart Association

### Table 1. Inpatient Measure Description

Patients with documentation of acute heart failure during hospitalization, or is present in patients with LVSD and with documentation of ACEI or ARB at hospital discharge. Patients with chronic/recurrent heart failure at discharge. Patients discharged home at discharge or during hospitalization, follow-up medications, follow-up visits. Patients with a history of heart failure; hospital stay.

American College of Cardiology, American Heart Association, and Heart Failure Core Physician Performance Improvement Prospective Data Collection Flowsheet

Provider No. \_\_\_\_\_ Patient Name or Code \_\_\_\_\_ Birth Date (mm / dd / yyyy) \_\_\_\_\_ Gender M  F

Initial Laboratory Tests Performed: (select all that apply)

CBC  BUN  Blood glucose  Other \_\_\_\_\_

Serum electrolytes  Serum creatinine  Thyroid stimulating hormone

Left ventricular function assessed: \_\_\_\_\_  Left ventricular systolic dysfunction (LVEF < 40% or moderately or severely depressed left ventricular systolic function)

Results: \_\_\_\_\_

Date of Visit (mm / dd / yyyy) \_\_\_\_\_

|                                                          |                                                                      |                                          |                                          |                                          |
|----------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
| Weight (lb/kg)                                           | <input type="checkbox"/> Unable to weigh                             | <input type="checkbox"/> Unable to weigh | <input type="checkbox"/> Unable to weigh | <input type="checkbox"/> Unable to weigh |
| Heart Rate                                               |                                                                      |                                          |                                          |                                          |
| Blood Pressure                                           | L                                                                    | R                                        | L                                        | R                                        |
| Assessment of Clinical Signs of Volume Overload (Excess) | sitting                                                              | supine                                   | standing                                 |                                          |
|                                                          | Dyspnea                                                              | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
|                                                          | Fatigue*                                                             | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
|                                                          | Orthopnea                                                            | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| Standardized scale or assessment tool used*              | ___ Y ___ N                                                          | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| Level of Activity                                        | <input type="checkbox"/> Standardized scale or assessment tool used* |                                          |                                          |                                          |
| Assessment of Clinical Signs of Volume Overload (Excess) | Peripheral edema                                                     | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
|                                                          | Rales                                                                | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
|                                                          | Hepatomegaly                                                         | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
|                                                          | Ascites                                                              | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| Assessment of jugular venous pressure                    | ___ Y ___ N                                                          | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| S3 or S4 Gallop                                          | ___ Y ___ N                                                          | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| Other:                                                   | ___ Y ___ N                                                          | ___ Y ___ N                              | ___ Y ___ N                              | ___ Y ___ N                              |
| Patient Education                                        | <input type="checkbox"/> Patient education provided*                 |                                          |                                          |                                          |

Allergies \_\_\_\_\_

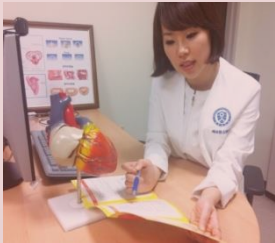
# Performance measures in CHF

만성 심부전 환자의 Medication Adherence  
(Medication Adherence in Patients with Chronic Heart Failure)

Only 30 % !

## Nurse-led ongoing Follow-Up Program

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Schedule</b> | OPD F/U schedule, 30-50 minutes                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Method</b>   | HF Guidebook                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Subjects</b> | HF patients and their families                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Contents</b> | <ul style="list-style-type: none"> <li>• Importance of medication adherence and regular follow up</li> <li>• Self-Care</li> <li>➤ Aggravation of HF symptom monitoring</li> <li>➤ Monitoring BW everyday</li> <li>➤ Restricted sodium diet</li> <li>➤ Non-smoking, Alcohol Moderation</li> <li>• Flu vaccination periodically</li> <li>• Comorbidity management</li> <li>• Emotional support</li> <li>• Telephone counseling</li> </ul> |



Control/Tracking Number: 2012-SS-A-15980-AHA  
Activity: Abstract  
Current Date/Time: 6/11/2012 6:21:57 AM

### Effectiveness Of Heart Failure Clinic On Clinical Outcomes After Discharge in Patients with Acute Decompensated Heart Failure

Author Block: Choung Ryou, Taewha Lee, Seok-Min Kang, JuHee Lee, Univ of Yonsei, Seoul, Korea, Republic of; EunKyeong Song, Univ of Ulsan, Ulsan, Korea, Republic of

#### Abstract:

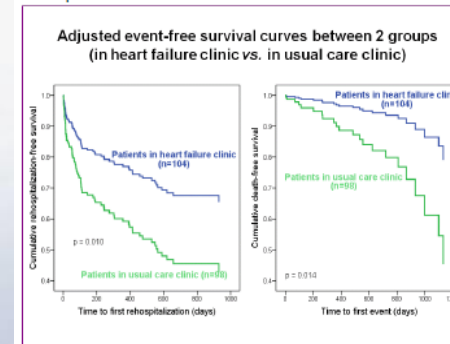
**Background.** Management of heart failure needs multidisciplinary approach to provide optimum quality of life. Previous researchers reported clinical outcomes of chronic ambulatory heart failure outpatients via heart failure clinic. However, there is a lack of evidence to support clinical effectiveness of heart failure clinic after discharge in patients with acute decompensated heart failure.

**Purpose.** We hypothesized that patients followed by heart failure clinic would have less rehospitalizations and mortality than those followed by the usual care clinic.

**Methods.** A total of 202 patients with acute decompensated heart failure consist of 104 patients (age 65±14 years, 39% female) with heart failure clinic and 98 patients (age 66±13 years, 39% female) with usual care clinic were investigated. The heart failure clinic provided comprehensive non-pharmacological interventions as well as pharmacological education by a nurse with expertise in heart failure. Cox proportional hazard regression model was used to compare the time to first event of rehospitalization and all-cause mortality between patients with heart failure clinic and those with usual care clinic.

**Results.** There were 68 heart failure rehospitalizations and 28 deaths in the heart failure clinic, as compared with 93 heart failure rehospitalizations and 34 deaths in the usual care clinic during the mean follow-up period of 420 days. Patients in usual care clinic had significantly higher rehospitalization rate (hazard ratio [HR] = 2.01, 95% CI 1.18-3.41,  $p = 0.010$ ) and all-cause mortality (HR = 3.37, 95% CI 1.28-8.87,  $p = 0.014$ ) after controlling for age, gender, body mass index, ejection fraction, etiology of heart failure, comorbidities, and medications.

**Conclusions.** Our study suggested a clinical usefulness of heart failure clinic after discharge in patients with acute decompensated heart failure. Further studies are in need incorporating evidence-based heart failure management program development.



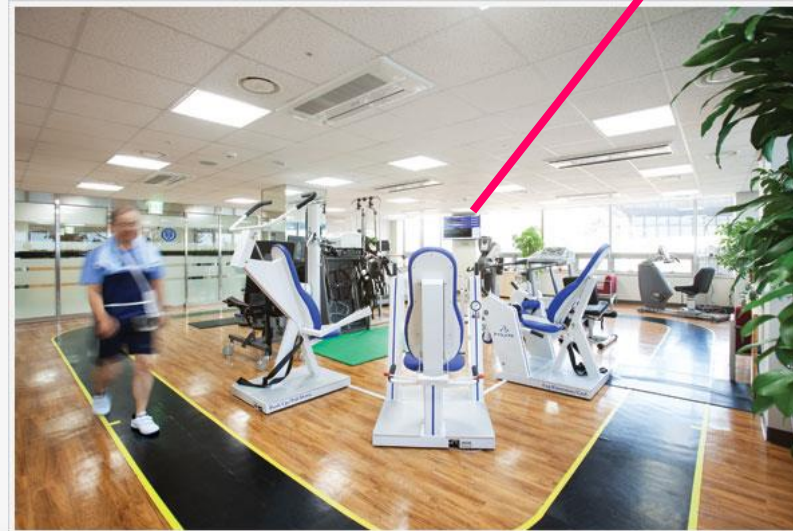
운동 전에 Telemetry 부착



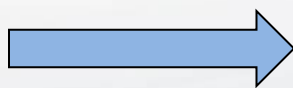
운동 전, 후에 인바디, 혈압, 혈당 측정



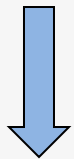
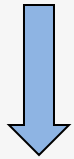
복약 및 영양 상담



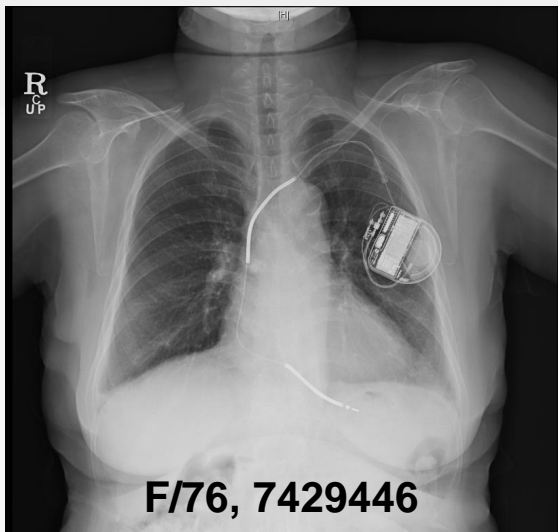
운동 교육/처방 및 상담



Warming-up



Cool-down



**02.2 dyspnea- TTE : EF38%, anteroseptal hypokinesia,**

**02.2.10 외부병원 내원- CAG :normal, TTE: 35%, Increased LV cavity and decreased LV contractility**

**08.9.20 syncope 발생 - 당시 ECG V-Tac**

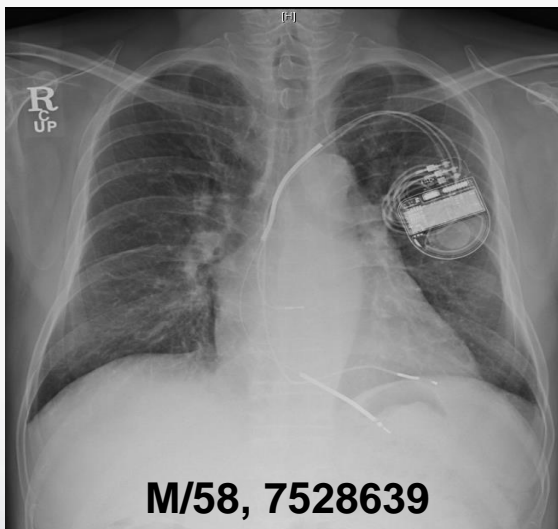
**→ DC cardioversion & IV cordarone**

**08.9.24 새벽 short run VT 10차례, K replace후 감소**

**08.9.25 7:30 12초동안 nonsustained VT 발생 저절로 멈춤**

**08.10.1 DCMP, (EF38%), sustained monomorphic VT**

**→ ICD insertion**



**2009.11 s/p AF ablation (외부)**

**2010.04.27 s/p redo AF ablation (외부)**

**2012.06.29 trido ablation 하려 했으나 LAA Thrombus 있어 시행못함.**

**2010.04.27 CRT-D insertion (외부) for HF (EF=30%)**

**2013.03.13 Echo : EF= 30% (본원), amiodarone 200 mg, NYHA II-III**



# 자200-2심율동전환제세동기삽입술 [경정맥]

## [2005년 1월 1일 신설] [2008년 5월 1일 개정 (붉은색)]

### 심율동전환제세동기삽입술(ICD) [경정맥의 인정기준]

돌연사 위험(Sudden death risk)이 있는 환자에서 심장돌연사(Sudden cardiac death)의 위험을 줄이면서 생존(Survival)을 증가시켰다는 근거가 있는 경우에 시행함을 원칙으로 하되, 다음에 해당되는 경우에는 요양급여 (일부본인부담)를 인정하며, 동 기준 이외 시행한 경우 시술료 및 치료재료 요양급여비용은 **전액 본인이 부담함**.

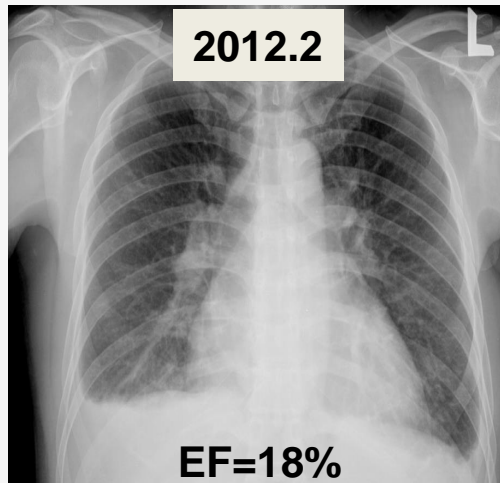
#### 세부 인정 사항

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>가. 일시적이거나 가역적인 원인에 의한 것이 아닌 심실세동이나 심실 빈맥에 의한 심정지</p> <p>나. 기질적 심질환이 있는 자발성 지속성 심실빈맥환자</p> <p>다. 기질적 심질환이 없는 자발성 지속성 심실빈맥환자에서 다른 치료 방법으로 조절되지 않는 경우</p> <p>라. 실신에 대한 충분한 평가(Evaluation)로도 원인을 알 수 없는 실신에서 임상적으로 연관되고 혈액동화적으로 의미 있는 심실빈맥이나 심실세동이 임상전기생리학적검사(EPS)에 의해 유발되고 약물치료는 효과가 없거나 복용을 못하는 경우</p> <p>마. 심부전 (Heart Failure)</p> <p>(1) 심근경색 발생 후 40일 경과한 허혈성 심부전으로 적절한 약물치료에도 불구하고 NYHA class II, III의 증상을 보이고 1년 이상 생존이 예상되는 환자의 경우</p> <p>(가) 심구혈률(EF) <math>\leq</math> 30%</p> <p>(나) 심구혈률(EF) 31~35%로 비지속성 심실빈맥이 있으며 임상전기생리학적검사(EPS)에서 지속성 심실빈맥이 유발되는 경우</p> <p>(2) 비허혈성 심부전으로 3개월 이상의 적절한 약물치료에도 불구하고 NYHA class II, III의 증상을 보이고 1년 이상 생존이 예상되는 환자의 경우</p> | <p>(가) 심구혈률(EF) <math>\leq</math> 30%</p> <p>(나) 심구혈률(EF) 31~35%로 비지속성 심실빈맥이 있으며 임상전기생리학적검사(EPS)에서 지속성 심실빈맥이 유발되는 경우</p> <p>바. 실신이 있는 Brugada syndrome 환자에서, 충분한 평가(Evaluation)로도 실신의 원인을 알 수 없거나, 임상전기생리학적검사(EPS)에서 심실세동 또는 심실빈맥이 유발되는 경우</p> <p>사. 비후성 심근병증 환자로서 아래의 ①~⑤ 중 두 가지 이상에 해당되는 경우</p> <p>① 실신의 증상</p> <p>② 급사의 가족력</p> <p>③ 좌심실중격의 과도한 비후 (<math>&gt;30\text{mm}</math>)</p> <p>④ 24시간 활동 중 심전도에서 나타난 비지속성 심실빈맥</p> <p>⑤ 운동부하검사 상 이상 혈압증가 반응이 없는 경우 (충분한 운동부하에도 혈압상승이 <math>&lt;20\text{mmHg}</math>인 경우)</p> <p>아. Long QT syndrome 환자로 실신에 대한 충분한 평가(Evaluation)로도 원인을 알 수 없는 실신의 경력이 있고 베타차단제 치료에도 재발하거나 약물치료를 지속할 수 없는 경우</p> |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

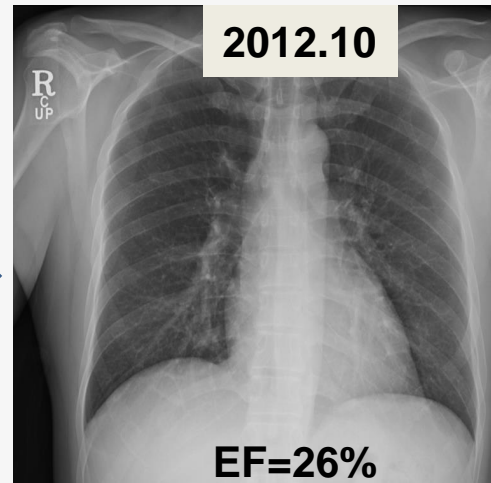
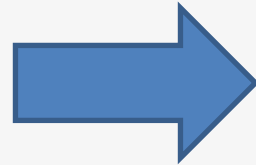
# Reversible LV dysfunction ?

- Hypertensive, alcoholic, transient myocarditis, idiopathic ?, etc...

## Case 1

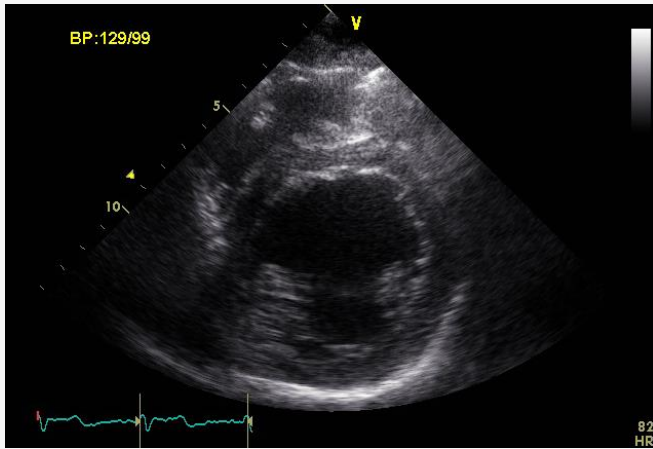


8 개월 후



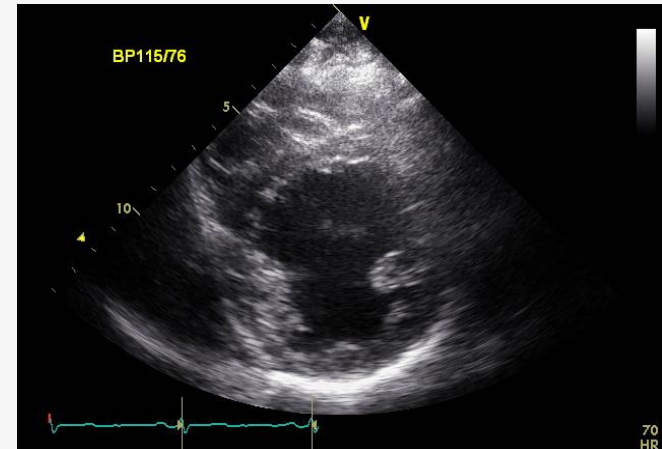
## Case 2

2007.8



EF= 15 - 20 %

2013.03



|                            | 측정 값                                     | % 예측값                                                                          |
|----------------------------|------------------------------------------|--------------------------------------------------------------------------------|
| 최대산소섭취량<br>운동 시간           | <b>40.03ml/kg/min</b><br><b>16분 40초</b>  | <b>103%</b><br>예측 값의 84%이상 정상인 체력                                              |
| 대 사 당 량                    | <b>11.4 METs</b>                         | 7 METs 이상 유병률/사망률 낮음                                                           |
| 무산소성(젖산) 역치<br>무산소성역치 도달시간 | <b>31.27 ml/kg/min</b><br><b>11분 20초</b> | 무산소성 역치 시간/전체 운동시간 X 100%<br>= <b>66.6%</b><br>40% 이상 일반 수준<br>60% 이상 상위 체력 수준 |
| VE/VCO2<br>(V-slope)       | <b>28.3</b>                              | 30 이하 정상<br>60 이상 비정상                                                          |
| Peak RER                   | <b>1.23</b>                              | 1.1 이상 최대 노력                                                                   |

## Cardiac MRI

**Cine:** Global moderate hypokinesia with LV enlargement. No evidence of regional wall motion abnormality.

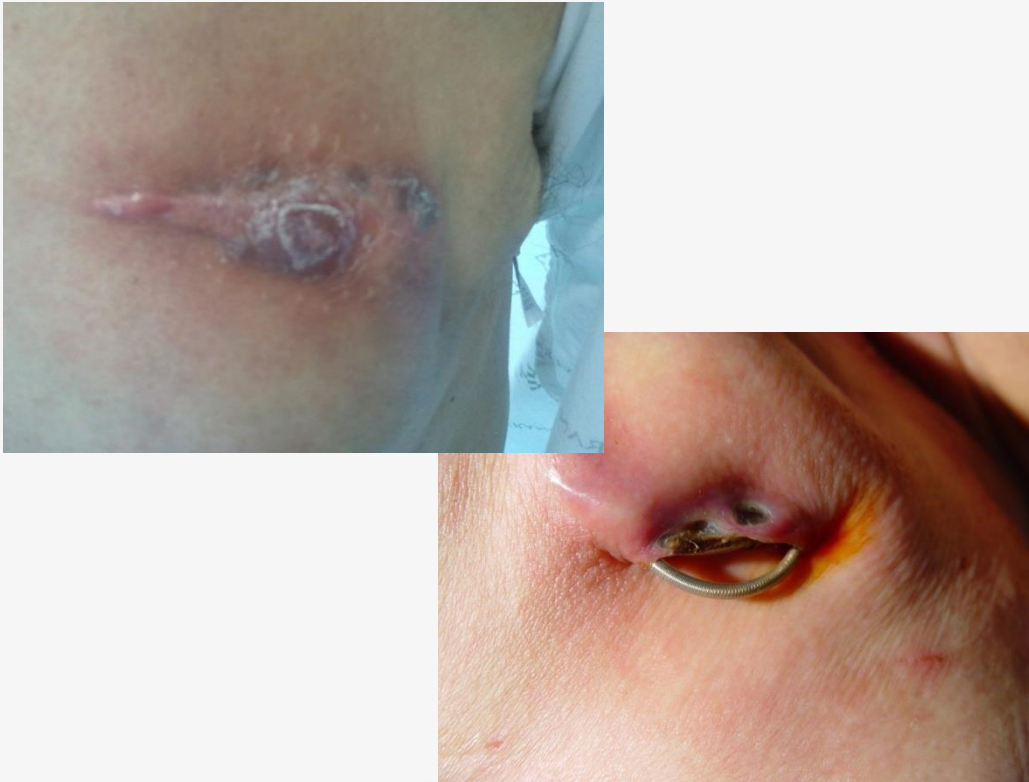
No RV dysfunction. Mild TR.

**Perfusion:** No evidence of resting perfusion defect in this study.

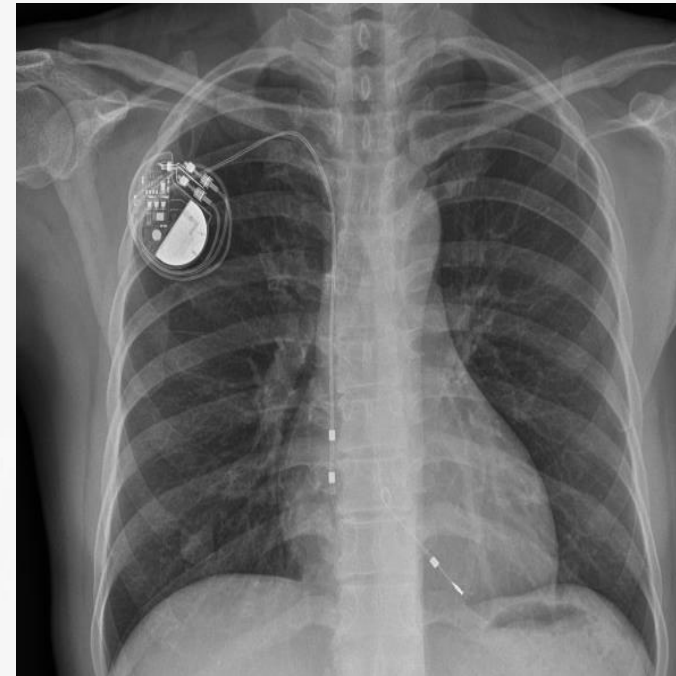
**Viability:** Subtle enhancement at basal septum.

# CIED related complications

## Infection



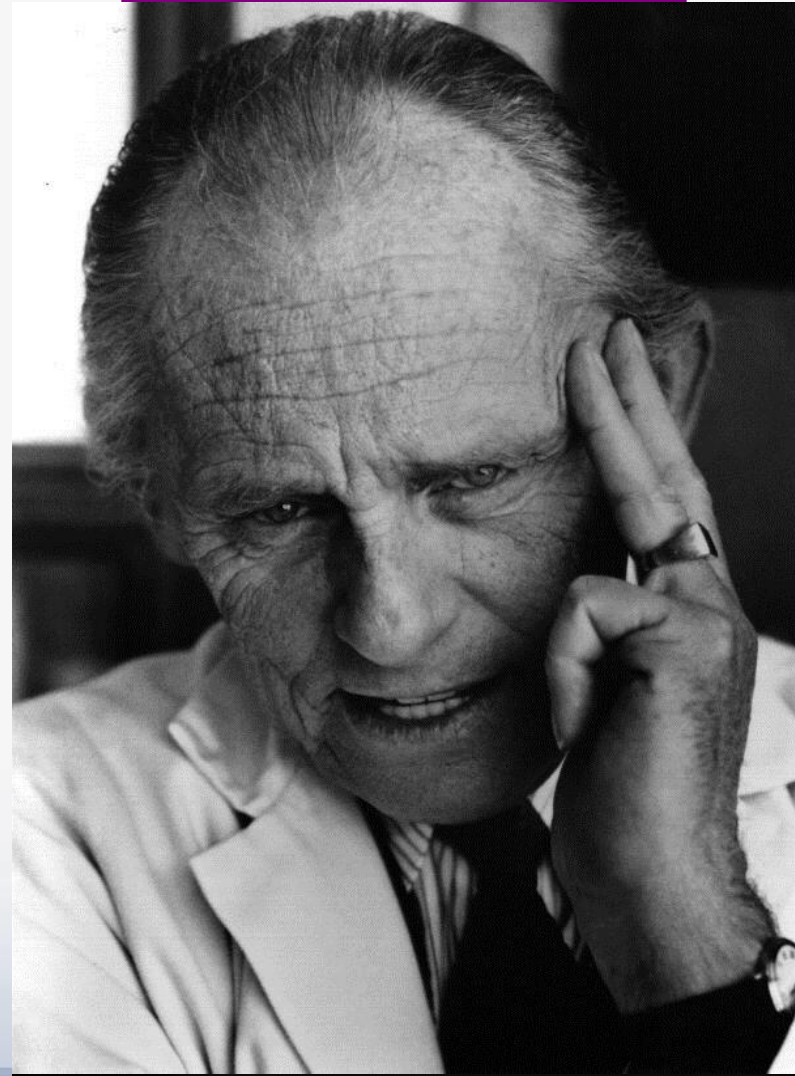
## Lead fracture



**Preoperative treatment with an antibiotic that has in vitro activity against *Staphylococci* is recommended for infection prophylaxis**

# When it comes to heart failure patients.. : at the view point of HF physicians

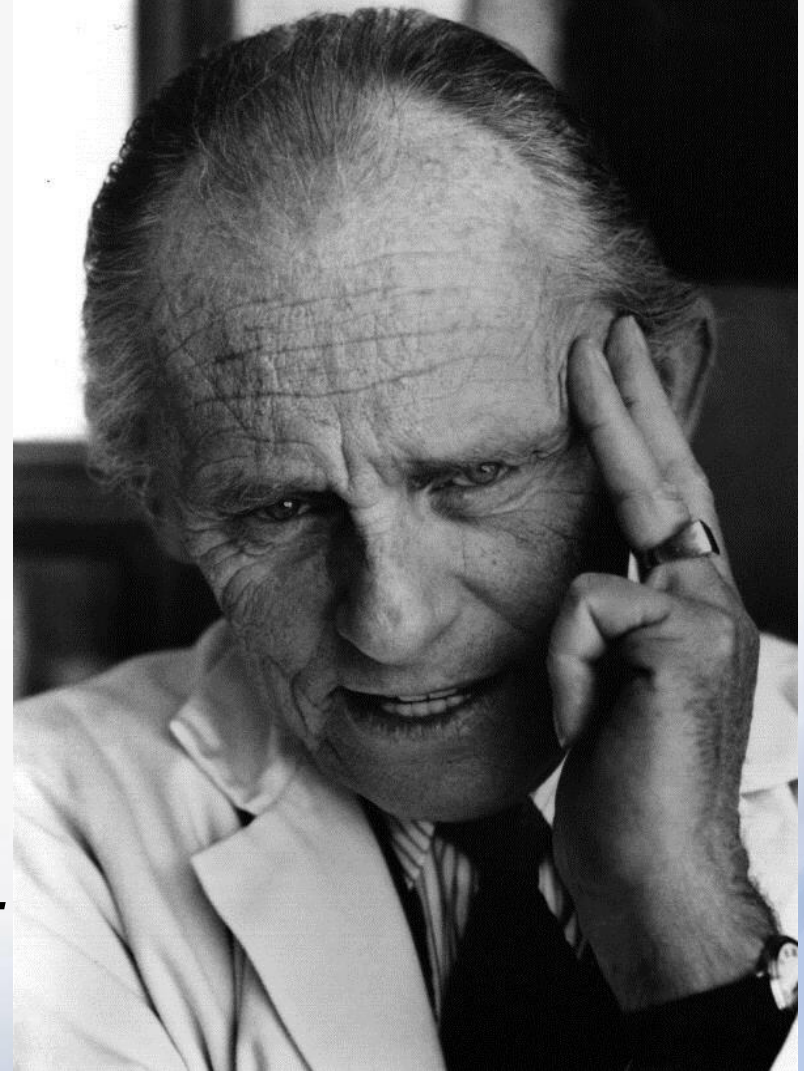
- ❖ *Etiology ?*
- ❖ *Aggravating factors ?*
- ❖ *Reversible ? vs.  
Irreversible ?*
- ❖ *Prognosis ?*
- ❖ *Treatment Modality ?*



# Major concerns of CIED treatment in HF patients

## : at the view point of HF physicians

- ❖ *When ?*
- ❖ *Responder ? vs. Nonresponder ?*
- ❖ *Prognosis ?*
- ❖ *Monitoring ?*  
*: Sx, Echo, VO<sub>2</sub> peak, biomarkers,...*



# GAP between EP and HF physicians





The 13th La Jolla-International  
 Cardiovascular Research Conference

# EMERGING MOLECULAR AND CELLULAR INSIGHTS INTO HEART FAILURE AND ARRHYTHMIAS

Presented by UC San Diego Sulpizio Cardiovascular Center, Institute of Engineering in  
 Medicine (IEM), and Cardiac Biomedical Science and Engineering Center (CBSEC)

**March 11-13, 2011**  
 Hilton La Jolla Torrey Pines Hotel - La Jolla, CA

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## PRELIMINARY PROGRAM

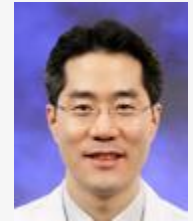
### Friday, March 11, 2011

|               |                                                                                        |
|---------------|----------------------------------------------------------------------------------------|
| 7:15AM - 7:50 | Registration and Continental Breakfast                                                 |
| 7:50 - 8:05   | Welcome, <i>Kirk U. Knowlton, MD, Kirk L. Peterson, MD and Shu Chien, MD, PhD</i>      |
| 8:05 - 8:35   | <b>KEYNOTE SPEAKER:</b><br>Neuronal Plasticity and Diversity, <i>Fred H. Gage, PhD</i> |

### INTERVENTIONS IN CALCIUM AND EC COUPLING IN HEART FAILURE

Moderators: Robert S. Ross, MD and Hemal Patel, PhD

|              |                                                                                                                 |
|--------------|-----------------------------------------------------------------------------------------------------------------|
| 8:35 - 8:55  | Fixing Leaky Ryanodine Receptors: A Novel Approach to Heart Failure and Arrhythmias, <i>Andrew R. Marks, MD</i> |
| 8:55 - 9:15  | Optimizing Coupling Fidelity to Improve Contractility in the Failing Heart, <i>Joshua I. Goldhaber, MD</i>      |
| 9:15 - 9:35  | The Marriage of Cardiac Chronotropy and Inotropy, <i>Edward G. Lakatta, MD</i>                                  |
| 9:35 - 9:55  | CaMKII Signaling in Heart Failure, <i>Donald M. Bers, PhD</i>                                                   |
| 9:55 - 10:10 | Break and Exhibits                                                                                              |





# Appreciate your attention ^^

