

2017 Annual Spring Scientific Conference of the KSC in conjunction with KHRS, KSIC, KSE, and KSoLA

**Stroke Summit: Stroke Prevention and Anticoagulation** 

### Hemorrhage Management and Antidote of NOAC

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INNOVATION

**EWHA** 

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### The Korean Society of Cardiology COI Disclosure

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#### ICH is the most feared complication of antithrombotic therapy

- ICH
  - >10% of patients with ICH are on antithrombotic therapy
- Can be life-threatening
- Increased ICH risk\* with traditional antithrombotics:
  - ~40% with ASA
  - ~200% with warfarin (INR 2.0–3.0; increases to 0.3–0.6%/year)

\*Compared with placebo ASA = acetyl salicylic acid; ICH = intracerebral haemorrhage; INR = international normalized ratio Hart RG et al. Stroke 2005;36:1588–93



#### Longer times in therapeutic range may not improve the rate of ICH in patients on VKAs

| cTTR<br>(%)   | Dabigatran<br>110 mg          | Dabigatran<br>150 mg          | Warfarin                      | Dabigatran 110 mg<br>vs warfarin |                           | Dabigatran 150 mg<br>vs warfarin |                           |
|---------------|-------------------------------|-------------------------------|-------------------------------|----------------------------------|---------------------------|----------------------------------|---------------------------|
|               | Rate per<br>100<br>person-yrs | Rate per<br>100<br>person-yrs | Rate per<br>100<br>person-yrs | HR<br>(95% CI)                   | P value*<br>(interaction) | HR<br>(95% CI)                   | P value*<br>(interaction) |
| <57.1         | 0.28                          | 0.34                          | 0.64                          | 0.43<br>(0.19–1.00)              |                           | 0.53<br>(0.25–1.15)              |                           |
| 57.1–<br>65.5 | 0.30                          | 0.42                          | 0.93                          | 0.31<br>(0.15–0.66)              |                           | 0.45<br>(0.24–0.88)              |                           |
| 65.5–<br>72.6 | 0.13                          | 0.24                          | 0.67                          | 0.20<br>(0.07–0.58)              |                           | 0.35<br>(0.15–0.82)              |                           |
| >72.6         | 0.21                          | 0.30                          | 0.77                          | 0.27<br>(0.11–0.66)              | 0.71                      | 0.39<br>(0.18–0.84)              | 0.89                      |

\*Interaction P value evaluated by a multivariate approach with centre-based TTR as a continuous variable cTTR = centre mean time in therapeutic range; HR = hazard ratio; ICH = intracranial haemorrhage; INR = international normalized ratio; TTR = time in therapeutic range; VKA = vitamin K antagonist Wallentin L et al. Lancet 2010;376:975–83

#### **Prognosis in VKA-associated ICH is poor** despite reversal

- Up to 60% of patients who suffer an ICH whilst receiving warfarin die<sup>1</sup>
- Prospective multicentre registry of patients with warfarin-associated ICH<sup>2</sup>
  - PCC reversed anticoagulation in 71.8% patients within 1 hour, yet outcomes remained poor

| ICH type         | n  | In-hospital<br>mortality*<br>n (%) | Discharge mRS<br>(Median IQR) <sup>†</sup> |
|------------------|----|------------------------------------|--|
| Intraparenchymal | 71 | 30 (42.3)                          | 5 (3) <sup>±</sup>                         |
| Subdural         | 61 | 21 (34.4)                          | 3 (4)§                                     |
| Epidural         | 1  | 0                                  | 3  |
| Subarachnoid     | 8  | 1 (12.5)                           | 3 (3)                                      |

\*P=0.3; \*P=0.012; \*mRS missing in 9; \*mRS missing in 2

ICH = intracranial haemorrhage; IQR = interguartile range; mRS = modified Rankin Scale;

PCC = prothrombin complex concentrate; VKA = vitamin K antagonist

- 1. Wiedermann CJ et al. Thrombosis Res 2008; 122(Suppl): S13–18;
- 2. Dowlatshahi WT et al. Stroke 2012;43:1812–17



#### VKAs can increase the likelihood of suffering an ICH, as well as the mortality associated with it



- ICH = intracerebral haemorrhage; RR = relative risk; VKA = vitamin K antagonist
- Fang MC et al. Stroke 2012;43:1795–9

#### **Safe Anticoagulation Management**

- Warfarin reversal
- Reversal agent of NOAC
- General managements
- Current guidance



### **ACCP Guidelines**

- For patients with VKA-associated major bleeding, we suggest rapid reversal of anticoagulation with
  - four-factor prothrombin complex concentrate (PCC) rather than with plasma (Grade 2C).
- We suggest the additional use of vitamin K 5 to 10 mg administered by slow IV injection rather than reversal with coagulation factors alone (Grade 2C).

ACCP guideline : American College of Chest Physician Evidence-Based Clinical Practice Guidelines

Holbrook A. Chest. 2012 Feb;141(2 Suppl). PMID: 22315259



| 4 Factor P                             | CC for Wa   | arfarin R            | elated Bleed                        | ing       |
|--|---|----------------------|-------------------------------------|-----------|
| Table 5.<br>Efficacy                   | ole 5. Hemostatic Efficacy (Intention-to-Treat<br>icacy Population) |                      |                                     |           |
|  | No. (%)   | of Patients [95% Cl] | _ Difference 4F-PCC                 |           |
| Table 7. Rapid I<br>Efficacy Populatio | NR Reduction<br>n)  | n (Intention         | -to-Treat                           |           |
|  | No. (%) of Patients [95% CI]  |                      |                                     |           |
|  | 4F-PCC<br>(n=98)  | Plasma<br>(n=104)    | Difference 4F-PCC<br>Plasma, % (95% |           |
| Rapid INR reduction*                   | 61 (62.2)   | 10 (9.6)             | 52.6†                               |           |
|  | [52.6 to 71.8]  | [3.9 to 15.3]        | (39.4 to 65.9                       | <u>})</u> |

Sarode R. Circulation. 2013 Sep 10;128(11): 1234-43



### **Case in current practice**

- CC: syncope and <sub>□</sub>
- F/63
- Symptomatic pare
  - CHA2DS2VASc=2
  - HASBLED = 1
- Medication : Dab
  EKG : NSR



➢ Brain CT

> Acute SAH at Rt parietal sulci, Acute SDH in the falx



#### **Reversal Agents in NOAC**

| Company                           | Agent  | Target   |  |
|-----------------------------------|--|--|--|
| Boehringer-Ingelheim              | <b>Idarucizumab:</b><br>Fully humanized Fab                  | Dabigatran only  |  |
| Portola Pharmaceutica<br>Is, Inc. | Andexanet alfa:<br>Recombinant, modified h<br>uman Factor Xa | Factor Xa Inhibitors<br>(Riva; Apix; Edox)                       |  |
| Perosphere Inc.                   | <b>Aripazine:</b><br>Di-arginine piperazine                  | All NOACs<br>(Dabi; Riva; Apix; Edox)<br>UFH, LMWH, fondaparinux |  |



### FDA Approval & Availability (Idarucizumab)

- Approved by the FDA in October 2015
- FDA labeling:
  - Reversal of dabigatran for emergency surgery/urgent procedures or in life-threatening or uncontrolled bleeding
- Supplied as 2.5g vials (5g total dose)



## Dabigatran Antibody Idarucizumab

- 46 male and female pa
- Dabigatran for 4 days
- Idarucizumab 2 hours
- 5 mg completed corre
  - Dilute thrombin time
  - Ecarin clotting time
  - aPTT
- Well tolerated and dat anticoagulation effect



#### **REVERSE-AD**



Primary Endpoint: Maximum % reversal of the anticoagulant effect of dabigatran within 4 hours, based on central laboratory determination of the dTT or ECT

% reversal = [pre-dose test result (seconds) - minimum post-dose test results (seconds)] / [pre-dose test result (seconds) - upper limit of normal] x 100



Circulation. 2015;132:2412-2422.

#### **REVERSE-AD:** Results (Primary Outcome) \* <u>Dilute Thrombin Time (dTT)</u>\*



N Engl J Med, 2015, 373: 511-520



#### **REVERSE-AD:** Results (Primary Outcome) \* <u>Ecarin Clotting Time (ECT)</u>\*



INNOVATION EWHA N Engl J Med, 2015, 373: 511-520

#### **REVERSE-AD:** Results (Secondary Outcome) \* <u>Unbound (free) dabigatran [ng/mL]</u> \*



N Engl J Med, 2015, 373: 511-520

#### **REVERSE-AD:** Results (Secondary Outcomes)

#### **\*\*** Time to cessation of bleeding (for Group A only)

•Median investigator-reported time to the cessation of bleeding for patients was 11.4 hours

## **Occurrence of major bleeding (for group B only) intraoperatively and up to 24 hours post-surgery**

- •Of the 36 patients who received a procedure:
  - Normal intraoperative hemostasis was reported in 33 (92%) patients
  - Mildly abnormal hemostasis during the procedure was reported in 2 patients
  - Moderately abnormal hemostasis reported in 1 patient

#### **REVERSE-AD:** Results (Adverse Events)

#### Deaths

- 18 total (9 in each group)
- 10 due to vascular causes (5 fatal bleeds)
- 9 deaths occurred > 96 hours after treatment and appear related to index event

#### **Thrombotic Events**

Occurred in five patients overall (none were on any anti-thrombotic agents at the time of these events)

| Event  |          | racteristics<br>ne Patients | Study Group* | Time from<br>Treatment<br>to Death |
|--|----------|-----------------------------|--------------|------------------------------------|
|  | Age      | Sex                         |              |                                    |
| Cardiac arrest                               | yr<br>82 | Female                      |              | days<br><1                         |
|  |          |                             | В            |                                    |
| Circulatory collapse                         | 93       | Male                        | В            | <1                                 |
| Hemodynamic collapse                         | 88       | Female                      | В            | <1                                 |
| Septic shock                                 | 87       | Female                      | В            | 1                                  |
| Sepsis, shock, and gastrointestinal bleeding | 60       | Male                        | в            | 1                                  |
| Progression of respiratory failure           | 60       | Male                        | Α            | 1                                  |
| New intracranial hemorrhage                  | 77       | Male                        | Α            | 1                                  |
| Progression of intracranial hemorrhage       | 69       | Male                        | Α            | 2                                  |
| Multiorgan failure                           | 87       | Male                        | В            | 2                                  |
| Progression of intracranial hemorrhage       | 69       | Male                        | Α            | 4                                  |
| Pulmonary edema                              | 83       | Female                      | Α            | 11                                 |
| Cardiac arrest                               | 78       | Female                      | в            | 21                                 |
| Ischemic stroke                              | 72       | Female                      | В            | 26                                 |
| Congestive heart failure                     | 73       | Male                        | А            | 30                                 |
| Parkinson's disease                          | 80       | Male                        | Α            | 43                                 |
| General health deterioration                 | 83       | Male                        | Α            | 42                                 |
| Pneumonia                                    | 86       | Female                      | Α            | 94                                 |
| Progression of cancer                        | 80       | Male                        | В            | 101                                |

N Engl J Med, 2015, 373: 511-520



### When and How, use reverse agent?

- Demonstrated that idarucizumab safely and efficaciously reverses anticoagulation induced by dabigatran administration
- Standardization of laboratory testing and monitoring will be necessary on an institution-to-institution basis
  - dTT vs. ECT vs. TT vs. aPTT
- Consideration must be given to time of last dabigatran dose and native renal function when deciding whether idarucizumab is appropriate
  - T<sup>1/2</sup>: 12-17 hours; Elderly: 14-17 hours; Mild/moderate: 15-18 hours; Severe: 28 hours
- Must be vigilant about perioperative NOAC use
  - $CrCl \ge 50 \text{ mL/min} = \underline{1-2 \text{ days}} | CrCl < 50 \text{ mL/min} = \underline{3-5 \text{ days}} |$
  - i.e. discontinuation at the appropriate time depending on renal function



#### **Andexanet Alpha**



https://my.americanheart.org/idc/groups/ahamah-public/@wcm/@sop/@scon/documents/downloadable/ucm\_469639.pdf

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https://my.americanheart.org/idc/groups/ahamah-public/@wcm/@sop/@scon/documents/downloadable/ucm\_469639.pdf

#### Looking Ahead.....

- Aripazine (PER977) universal reversal agent for oral direct thrombin and factor XA inhibitors, injectable UFH, LMWH, and fondaparinux
  - Synthetic molecule
  - IV administration
  - Stored at room temp
  - Currently only phase II trials underway



### **Effect of PER977 on Whole-Blood Clotting Time**



PER977 (Perosphere) is a small, synthetic, water-soluble, cationic molecule that is designed to bind specifically to unfractionated heparin and low-molecular-weight heparin through noncovalent hydrogen bonding and charge–charge interactions

Ansell JE. N Engl J Med. 2014 Nov 27;371(22):2141-2



#### **General managements**

- Charcoal absorption
- Dialysis
- Prothrombotic agents



### **Activated Charcoal**

- Dabigatran
  - Not mentioned
- Rivaroxaban
  - The use of activated charcoal to reduce absorption in case of XARELTO overdose may be considered.
- Apixaban
  - In healthy subjects, administration of activated charcoal 2 and 6 hours after ingestion of a 20-mg dose of apixaban reduced mean apixaban AUC by 50% and 27%, respectively.
  - Mean apparent half-life of apixaban decreased from 13.4 hours when apixaban was administered alone to 5.3 hours and 4.9 hours, respectively, when activated charcoal was administered 2 and 6 hours after apixaban, indicating that charcoal blocked the continued absorption of apixaban from the gut.
  - Thus, administration of **activated charcoal** may be useful in the management of apixaban overdose or accidental ingestion by leading to a more rapid fall in apixaban blood levels.
- Edoxan
  - Not mentioned

Pradaxa.com, Xarelto.com, Eliquis.com, Savaysa.com



### Dialysis

#### • Dabigatran

- Dabigatran is primarily eliminated by the kidneys with a low plasma protein binding of approximately 35%.
- **Hemodialysis** can remove dabigatran; however, data supporting this approach are limited.
- Upon cessation of hemodialysis, a redistribution effect of approximately 7% to 15% is seen. The effect of dialysis on dabigatran's plasma concentration would be expected to vary based on patient specific characteristics.
- Measurement of aPTT or ECT may help guide therapy
- Rivaroxaban
  - Because of high plasma protein binding, rivaroxaban is **not expected** to be dialyzable
- Apixaban
  - Because of high plasma protein binding, apixaban is **not expected** to be dialyzable
- Edoxaban
  - Hemodialysis does **not** significantly contribute to edoxaban clearance

Pradaxa.com, Xarelto.com, Eliquis.com, Savaysa.com



#### **Prothrombotic agents** -FDA Labeling

- Dabigatran
  - Activated prothrombin complex concentrates (aPCCs, e.g., FEIBA), or recombinant Factor VIIa, or concentrates of coagulation factors II, IX or X may be considered but their use has not been evaluated in clinical trials.
- Rivaroxaban
  - Partial reversal of prothrombin time prolongation has been seen after administration of prothrombin complex concentrates (PCCs) in healthy volunteers. The use of other procoagulant reversal agents like activated prothrombin complex concentrate (APCC) or recombinant factor VIIa (rFVIIa) has not been evaluated.
- Apixaban
  - Use of procoagulant reversal agents such as prothrombin complex concentrate, activated prothrombin complex concentrate, or recombinant factor VIIa may be considered but has not been evaluated in clinical studies.
- Edoxaban
  - A specific reversal agent for edoxaban is not available. Hemodialysis does not significantly contribute to edoxaban clearance. Protamine sulfate, vitamin K, and tranexamic acid are not expected to reverse the anticoagulant activity of SAVAYSA.



### **Final guidance**







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