

Biomarkers in Heart Failure

Inflammatory Markers in Heart Failure

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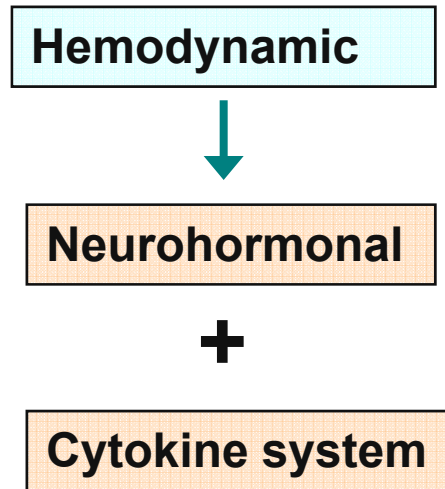
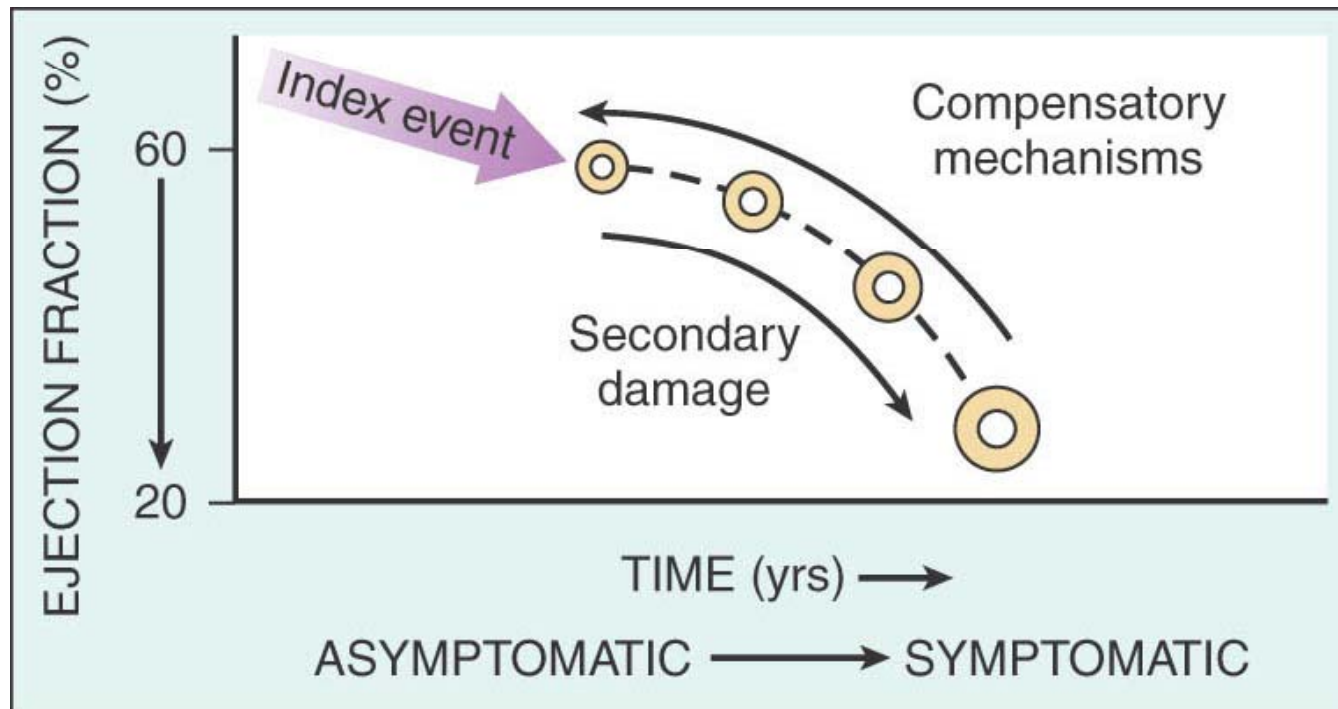
Overview

- **Evidence of cytokine hypothesis**
- **Characteristics of inflammatory markers in heart failure**
- **Immune modulation in heart failure**

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Pathogenesis of Heart Failure



Mechanisms and models in HF: A combinatorial approach. *Circulation* 100:99, 1999



Inflammatory cytokines in Heart Failure

- Inflammatory cytokines in patients with heart failure were first described in 1990
- Tumor Necrosis Factor (TNF) levels were measured in 33 patients with chronic heart failure, 33 age-matched healthy controls
- Results: Circulating levels of TNF are increased in patients with chronic heart failure and this elevation is associated with the marked activation of the renin-angiotensin system seen in patients with end-stage cardiac disease

Levine B, Kalman J et al. *N Engl J Med.* 1990;323(4):236-41

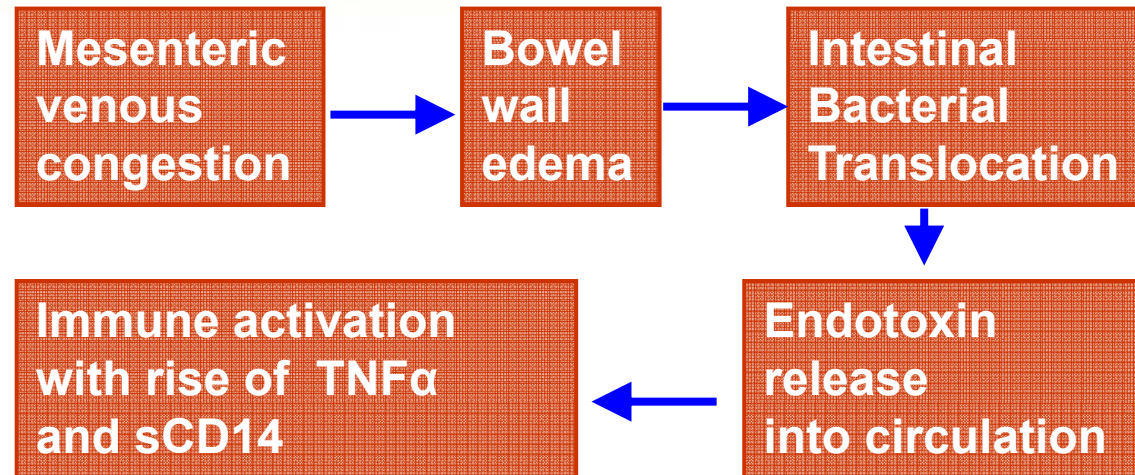


Cytokine Hypothesis

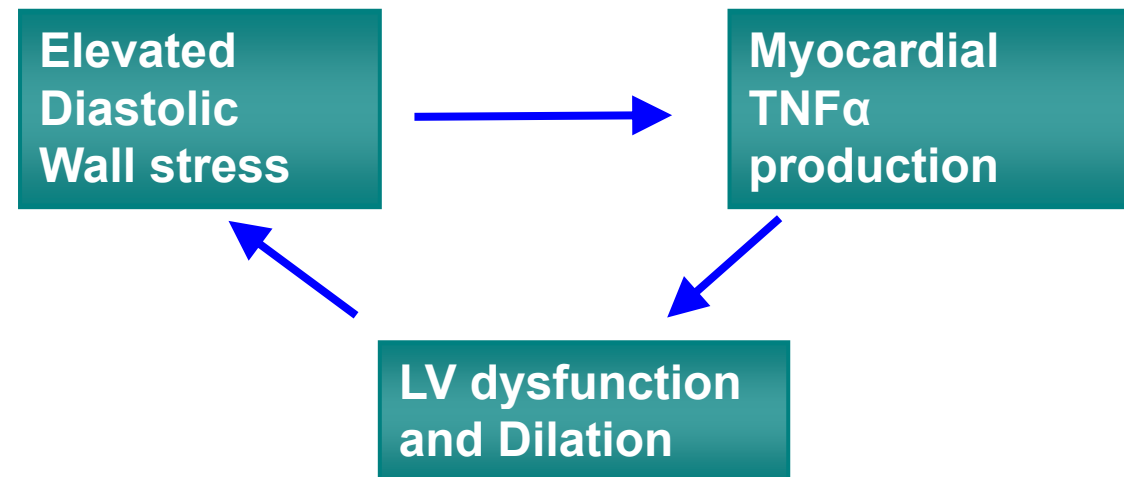
- Heart failure progresses, at least in part, as a result of the toxic effects exerted by endogenous cytokine cascades on the heart and the peripheral circulation

How are cytokines activated in heart failure?

- Endotoxin-induced cytokine production

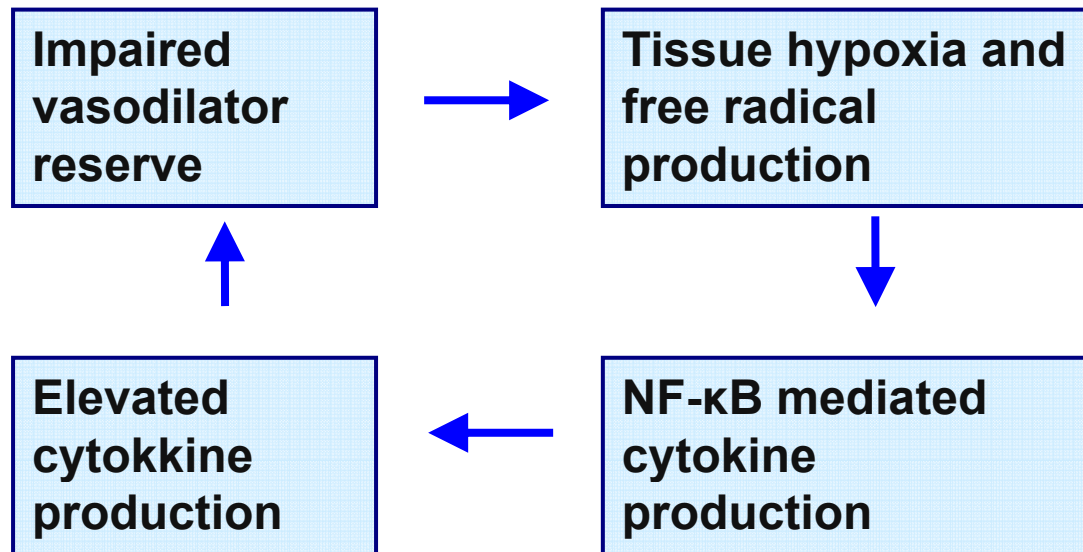


- Myocardial cytokine production

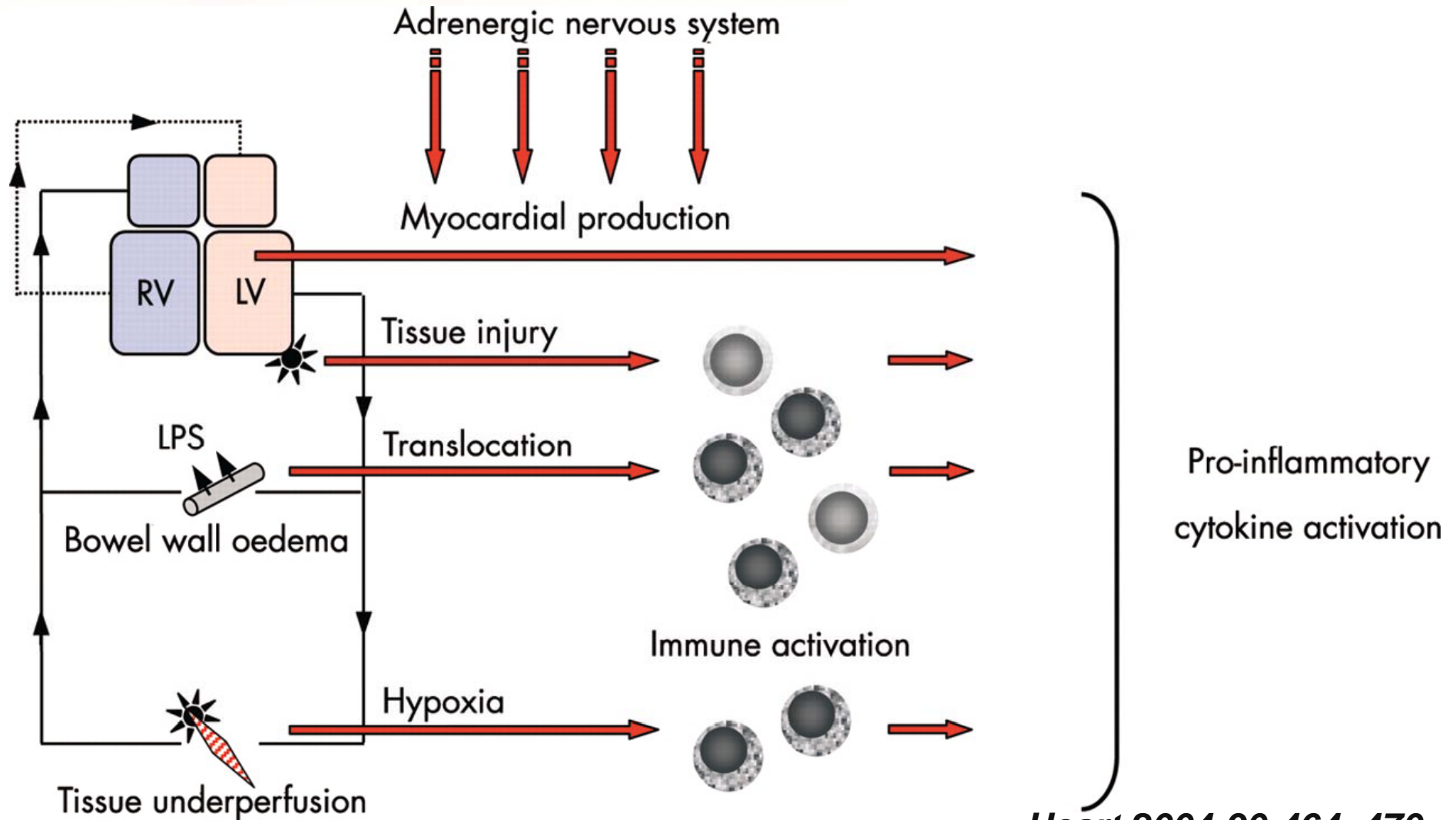


How are cytokines activated in heart failure?

- Extramyocardial cytokine production



How are cytokines activated in heart failure?



Heart 2004;90:464–470.

Cytokines as pathogenic mediators of chronic heart failure

Stimuli for cytokine production

- ✓ Infection/Endotoxin
- ✓ Mechanical overload
- ✓ Ischemia
- ✓ Oxidized LDL



Inflammatory Cytokines in CHF

- ✓ TNF- α
- ✓ IL-6
- ✓ IL-1 β
- ✓ Chemokines(MCP, IL-8)



Cardiac events

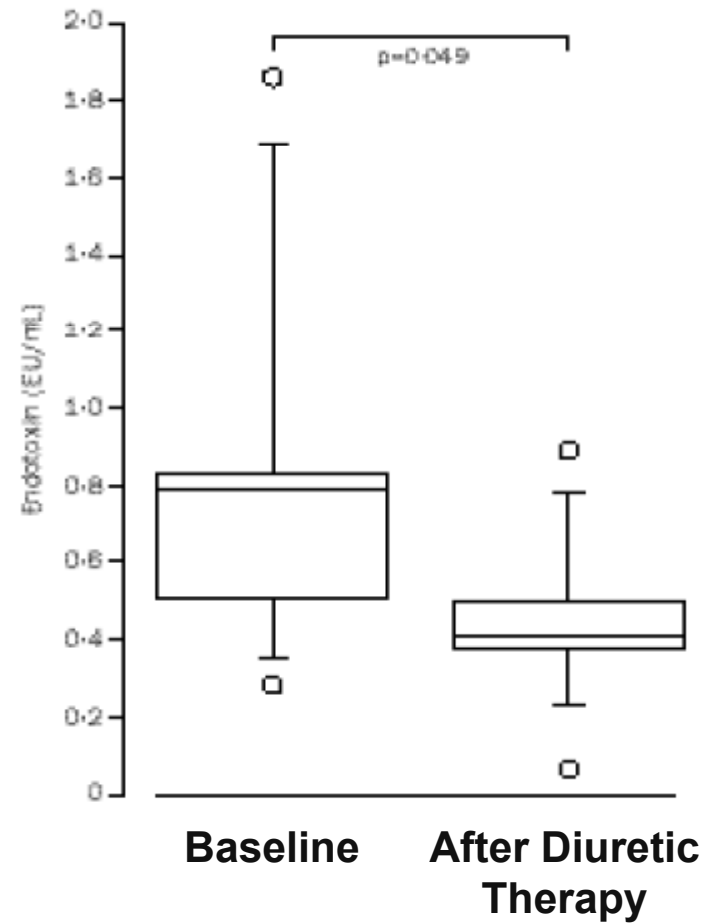
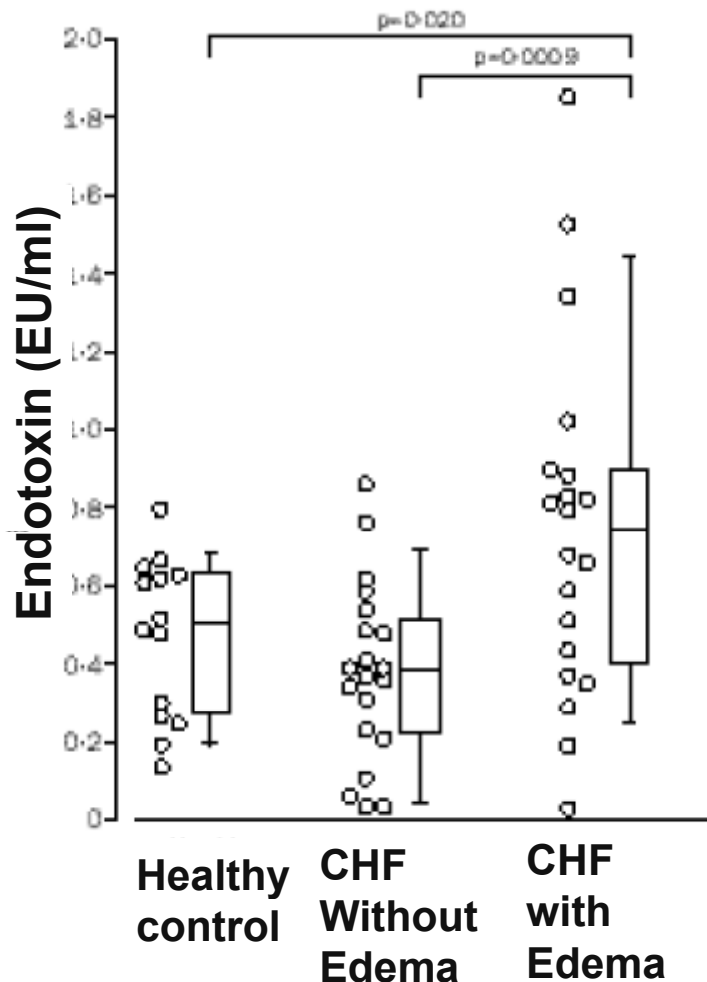
- ✓ LV remodeling
- ✓ Dilated cardiomyopathy
- ✓ Decompensation



Cellular events

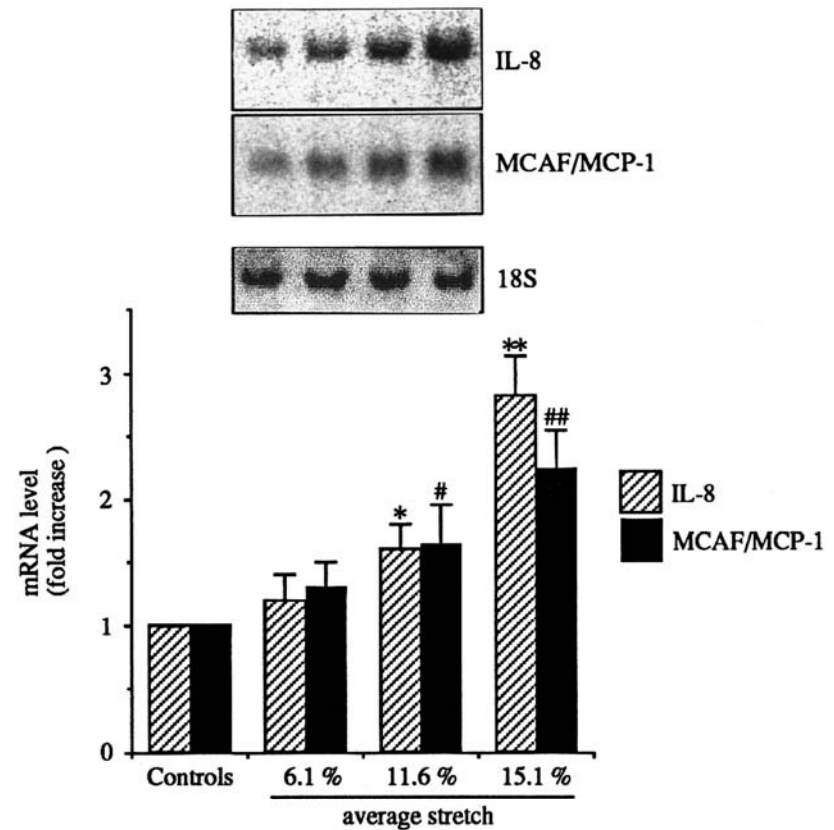
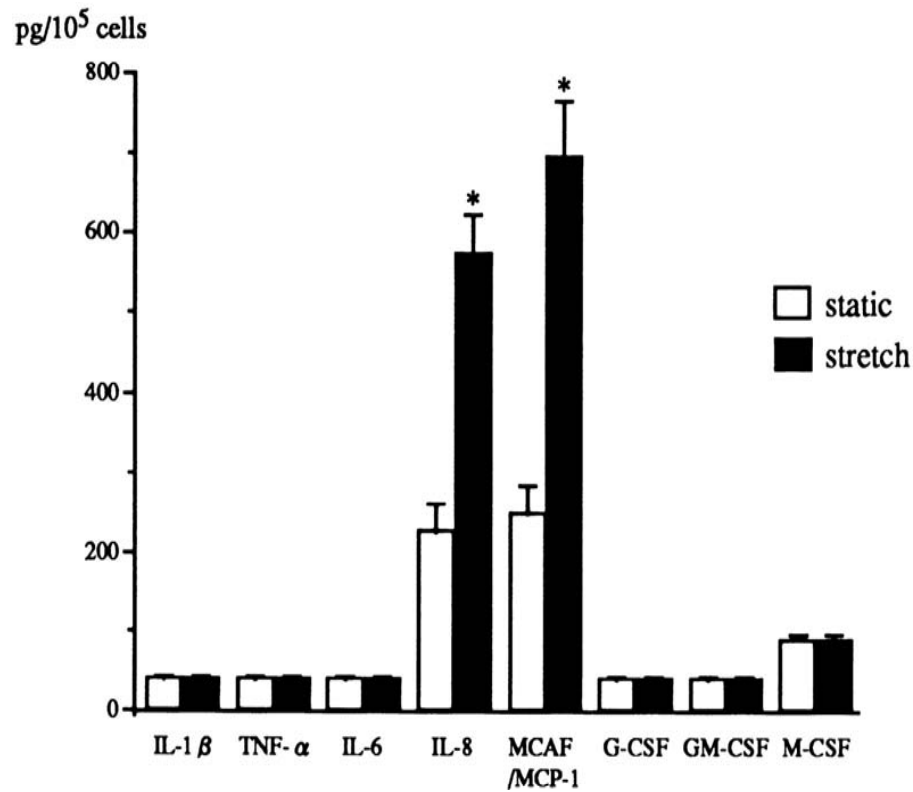
- ✓ Cardiomyocyte hypertrophy
- ✓ Cardiomyocyte apoptosis
- ✓ Change of ECM degradation
- ✓ Myocardial fibrosis

Endotoxin induced cytokine production in chronic heart failure



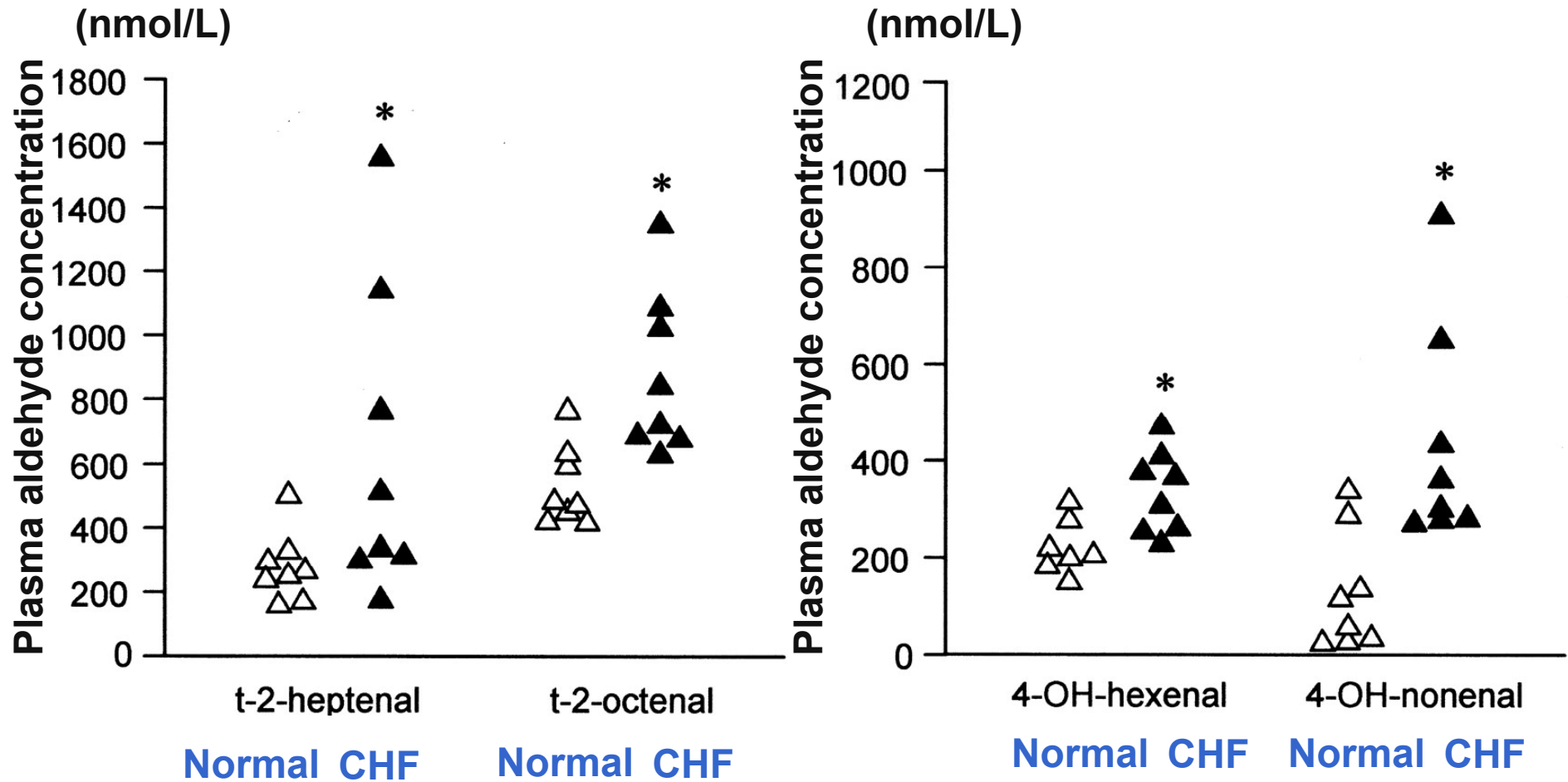
Lancet 1999; 353 : 1838 – 42

Cellular stretch stimuli induce upregulation of cytokine production



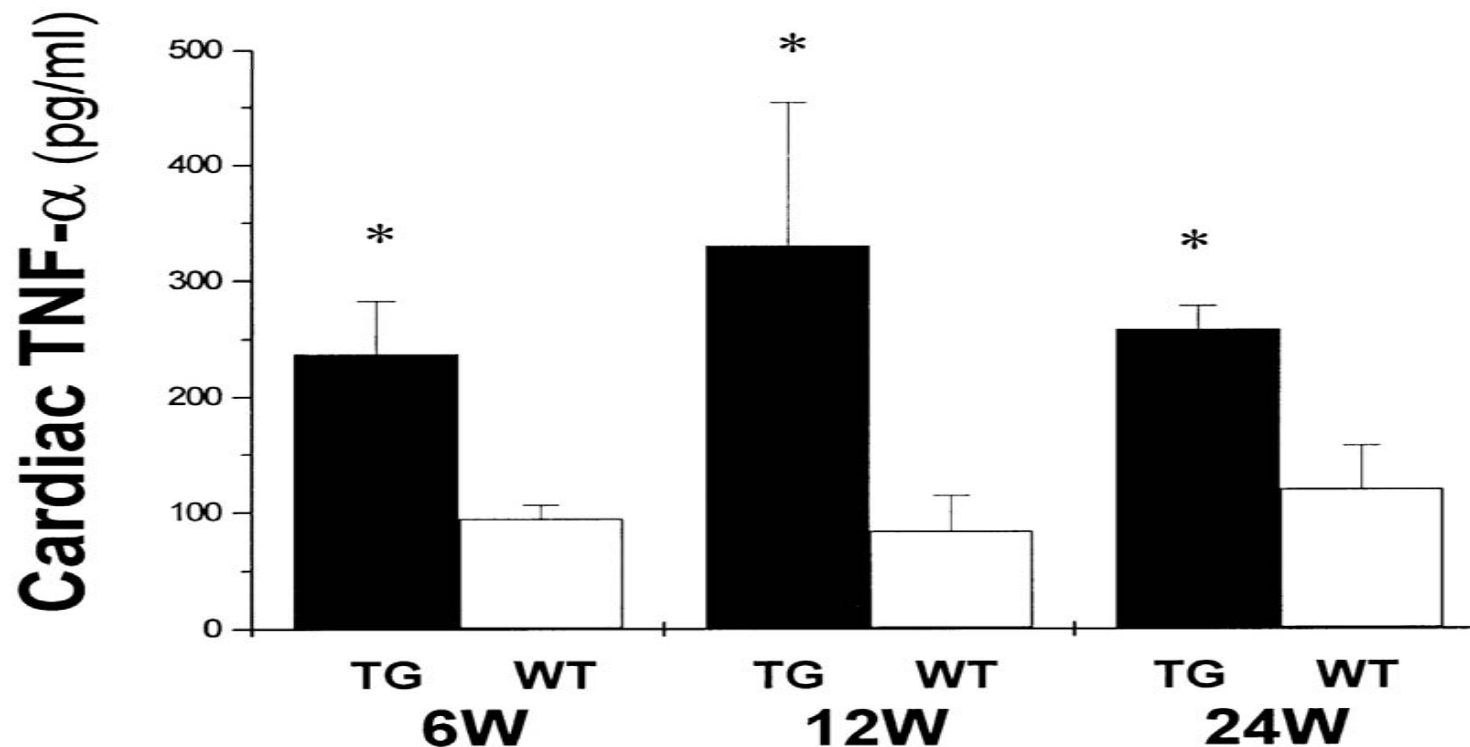
Arteriosclerosis, Thrombosis, and Vascular Biology. 1998;18:894-901

The Oxidative Stress Hypothesis of Congestive Heart Failure

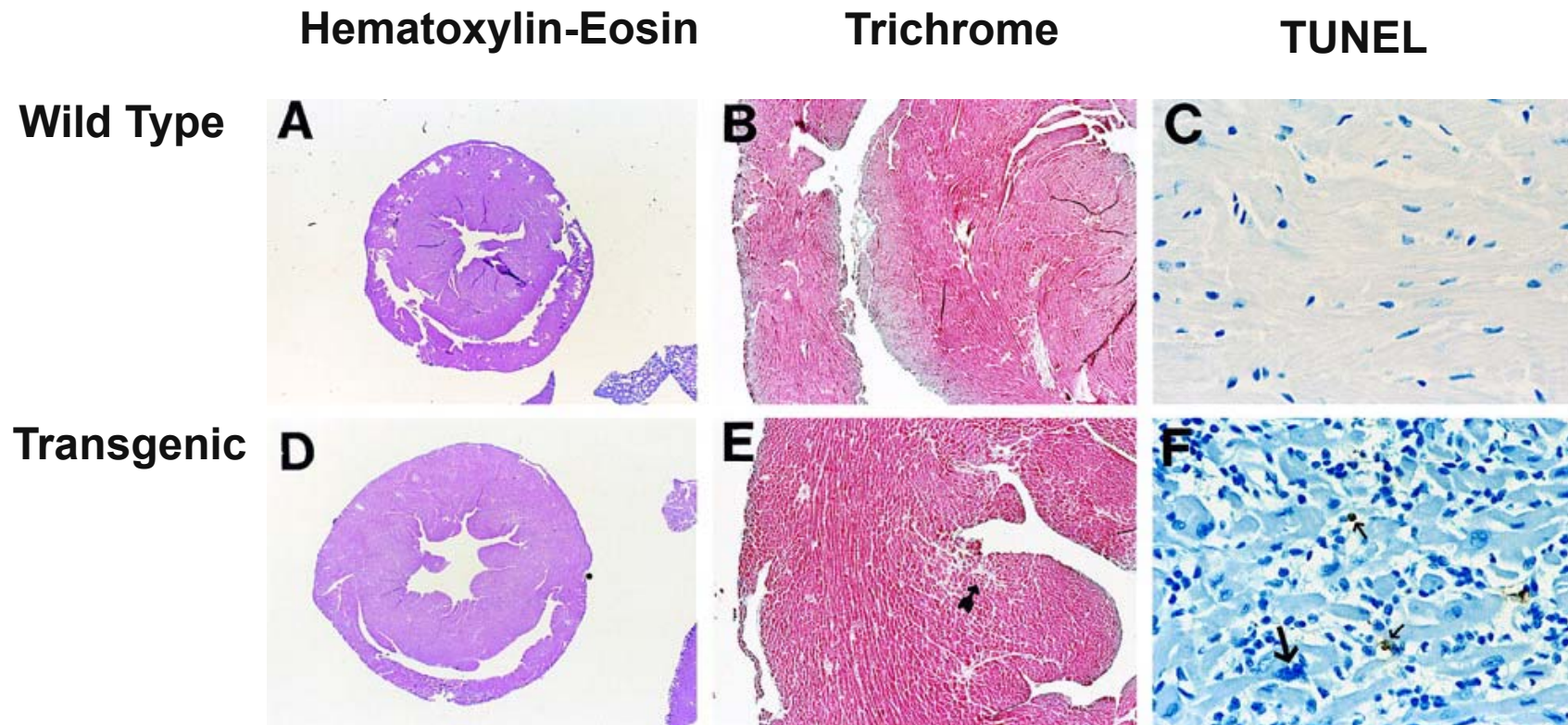


Chest. 2001;120:2035-2046.)

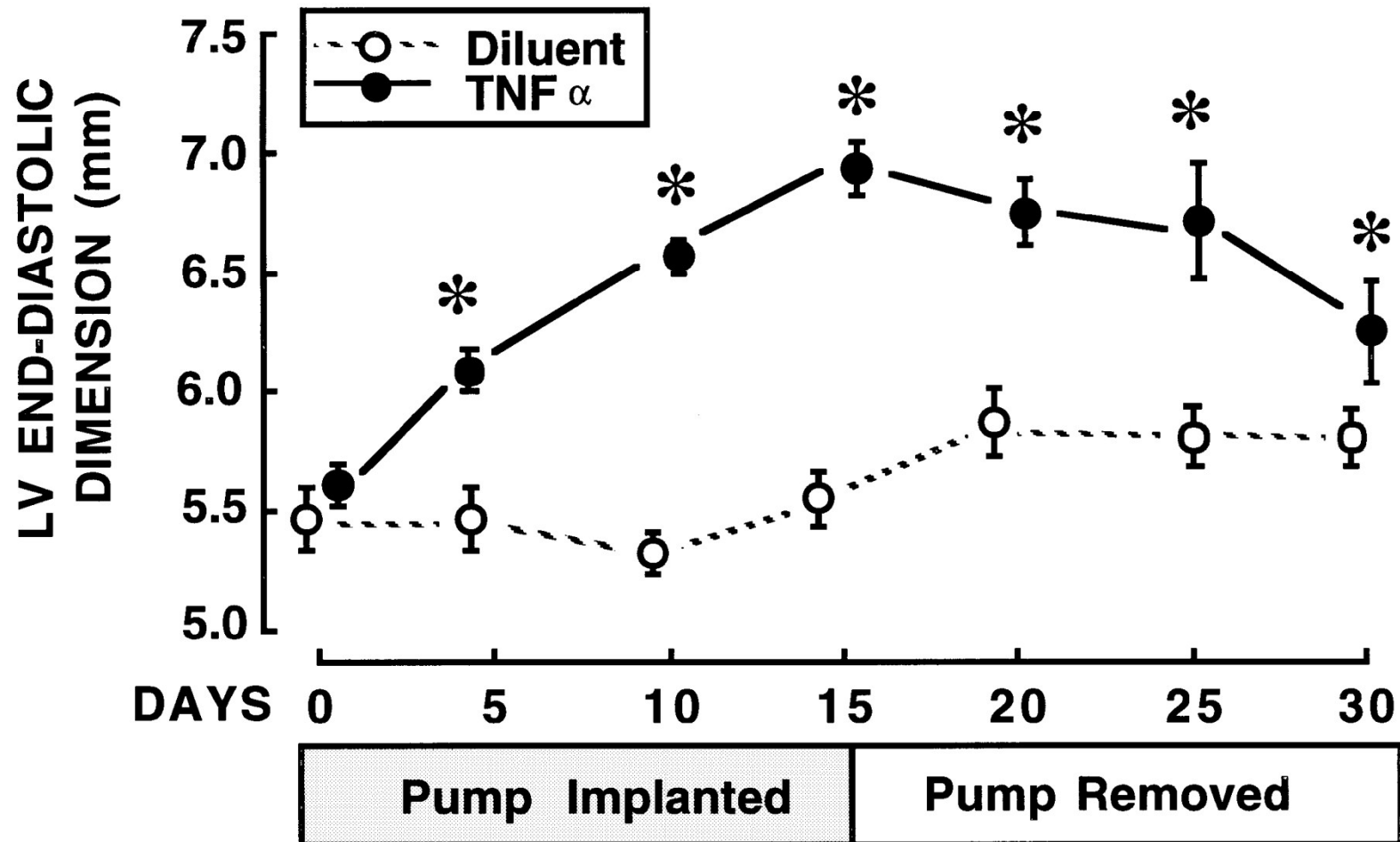
TNF- α levels in TNF- α transgenic mice (TG) and wild-type control mice (WT)



Histopathologic change in TNF- α transgenic mice



Effects of a Continuous Infusion of TNF- α on LV Structure



Evidence of cytokine hypothesis

- Myocardial wall stress, ischemia , oxidative stress, bacterial endotoxin promote inflammatory cytokine (TNF- α , IL-6, IL-1 β , MCP-1, IL-8) production in heart failure
- Inflammatory cytokines play a pathogenic role by effect on both myocyte and nonmyocyte.
- The relative importance of the stimuli for cytokine production in various forms of CHF is uncertain.

Overview

- Evidence of cytokine hypothesis
- **Characteristics of inflammatory markers in heart failure**
- Immune modulation in heart failure



Inflammatory Mediators in Heart Failure

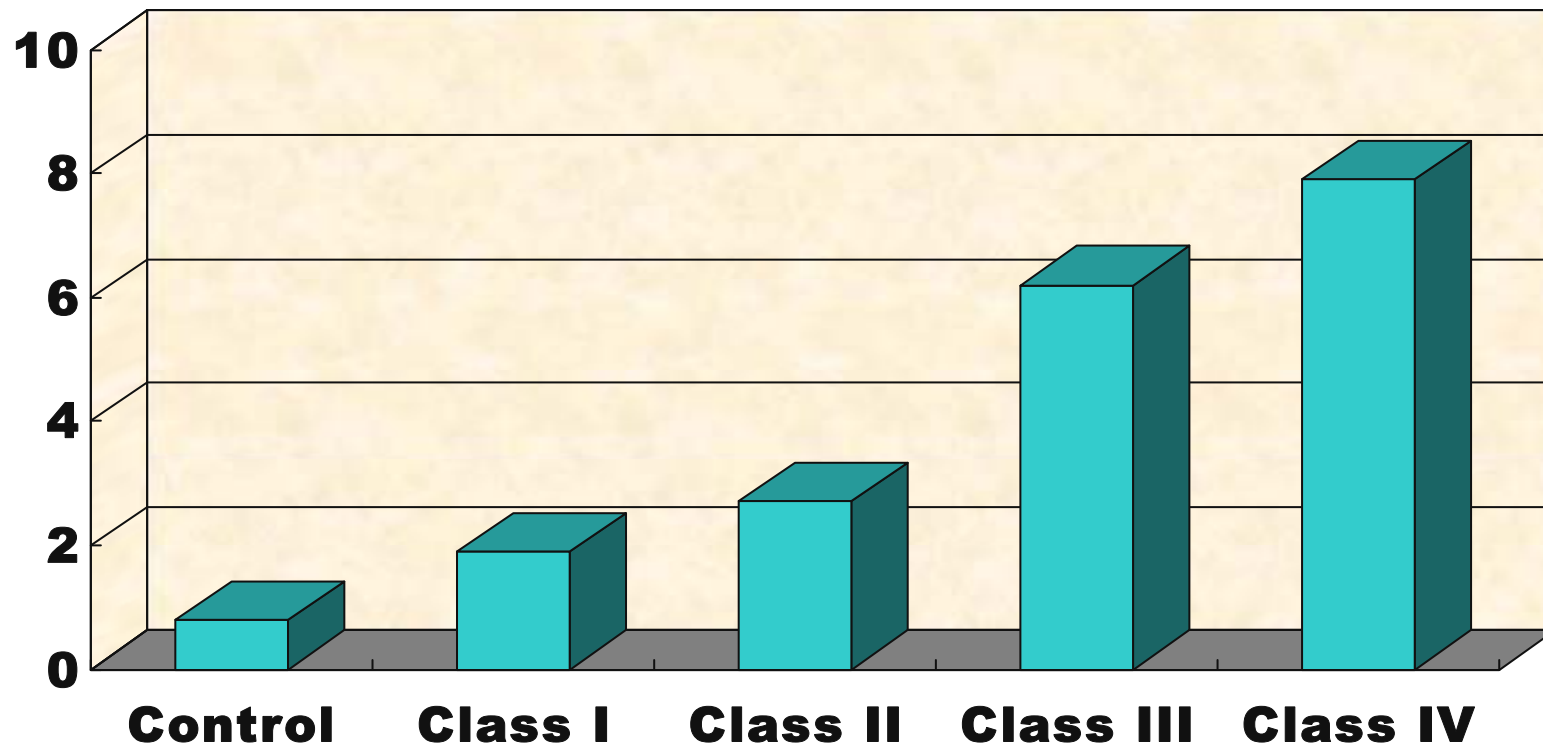
- Inflammatory Cytokines
 - ✓ TNF- α
 - ✓ IL-6, IL-1 β vs IL-10
 - ✓ Cardiotrophin
- C-reactive protein
- Adhesion molecule
 - ✓ ICAM, VCAM, Integrin, Selectin
- Nitric oxide
- Leukocyte subsets : CD3+, CD68+



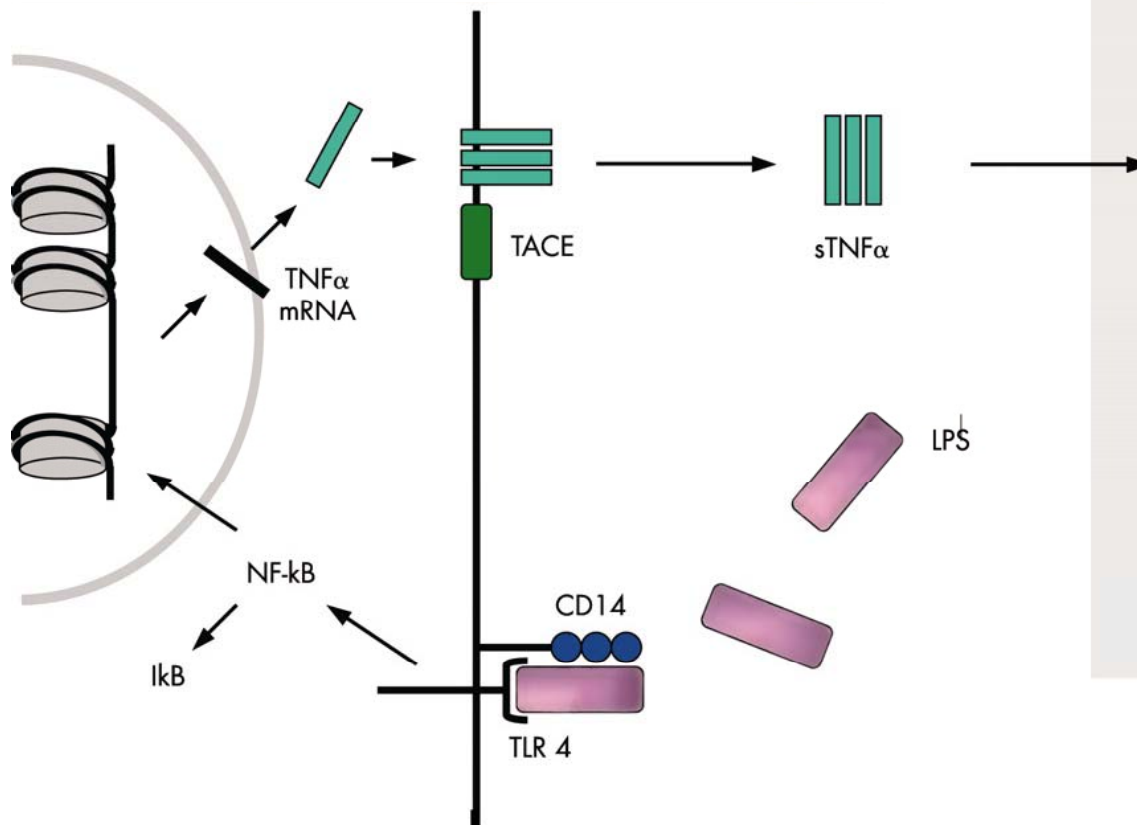
TNF- α

- First described in 1975,
- Cachectin
- 2 TNF- α receptors :
 - ✓ Expressed by almost all nucleated cells
 - ✓ TNFR1
 - main signalling receptor
 - deleterious effect
 - ✓ TNFR2
 - Appears to have protective role
- Soluble TNF receptors : predict prognosis better than TNF α

Levels of TNF- α according to NYHA functional clas



TNF- α signaling pathway and TNF- α mediated effects



- LV dysfunction
- LV remodelling
- Cardiomyopathy
- Myocyte apoptosis
- β Receptor uncoupling
- Endothelial dysfunction
- Pulmonary oedema
- Cachexia/anorexia
- Insulin resistance
- iNOS activation



Interleukin-6

- Released in direct response to **TNF α** : **linear correlation**
- **Induce hypertrophic response** of myocyte and block cardiac myocyte apoptosis
- While **increased concentrations of IL-6** were found to be associated with a **poorer prognosis** in CHF patients, those of the soluble IL-6 receptor (IL-6R) were not.



Interleukin-1

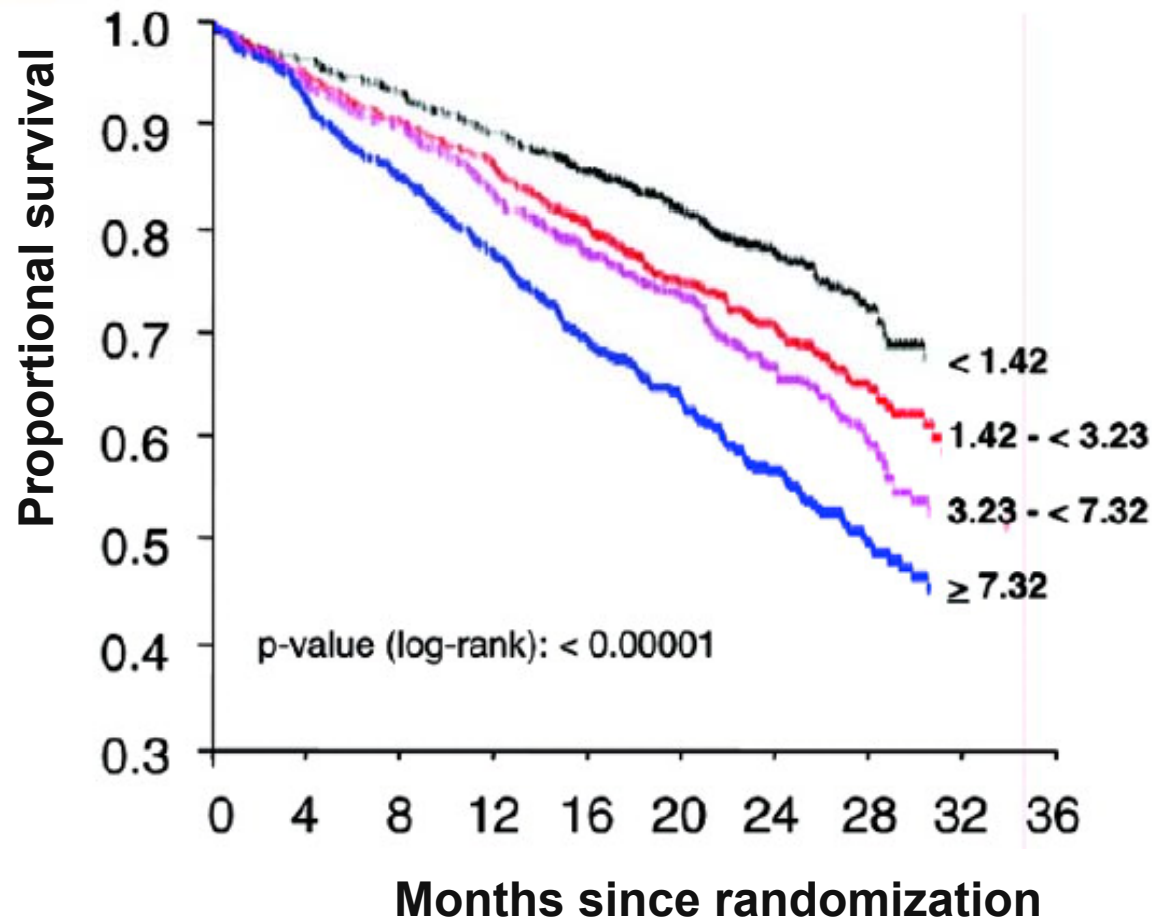
- Pro-inflammatory cytokines, not much known
- Demonstrated in patients with DCM and it depresses myocardial contractility in a dose dependent fashion.
- Being involved in myocardial apoptosis, hypertrophy, and arrhythmogenesis



C-reactive protein

- Found in 1930.
- Reacts with the **somatic C polysaccharide** of *Streptococcus pneumoniae*
- Activate **classical complement pathways**
- Exclusively produced in the liver
- Secreted in increased amounts **within six hours of an inflammatory stimulus** and is therefore regarded as a **marker of acute inflammation.**

Val-HeFT : Plasma CRP level and survival

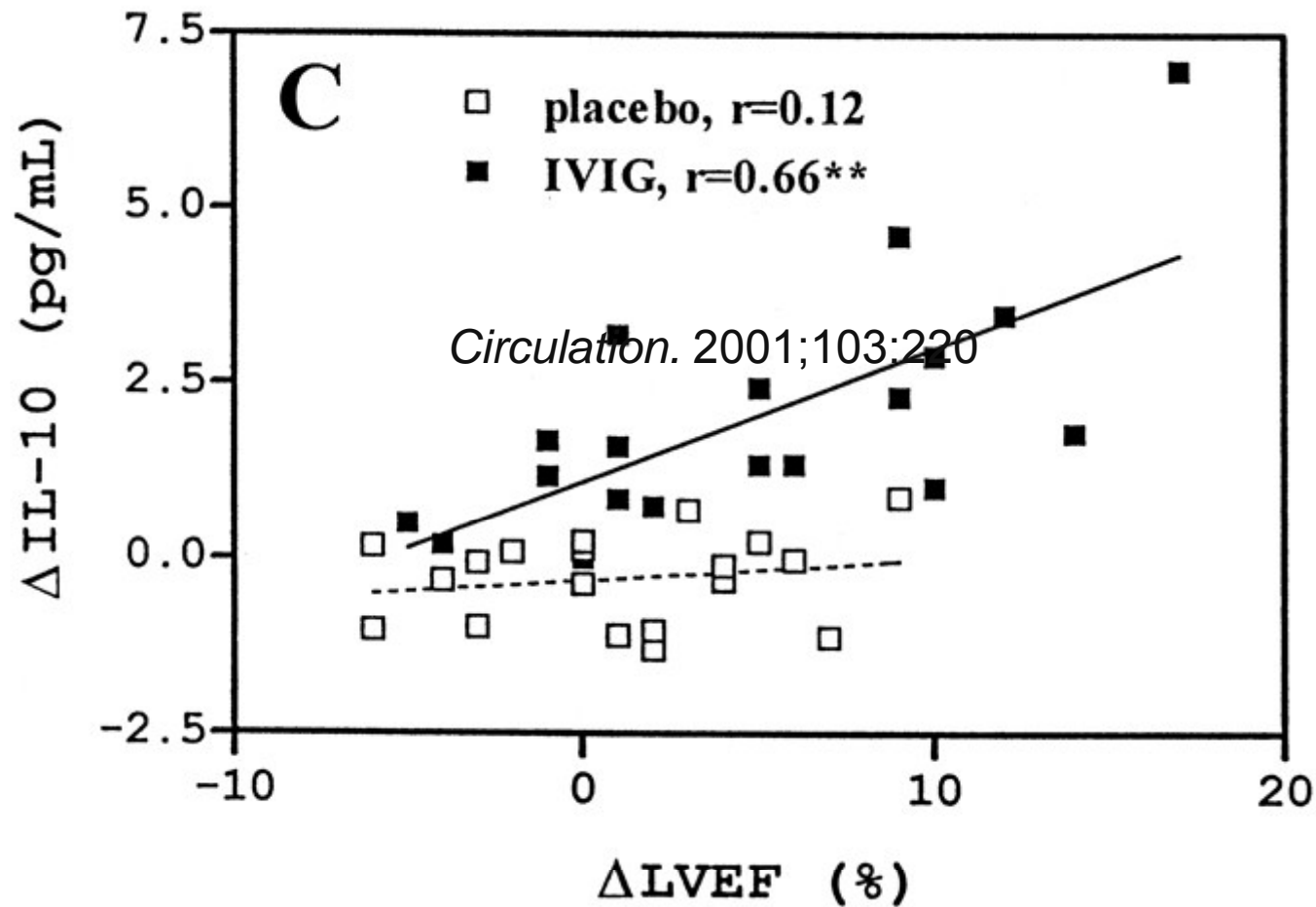


Anand IS, *Circulation* 2005; 112;148

Interleukin-10

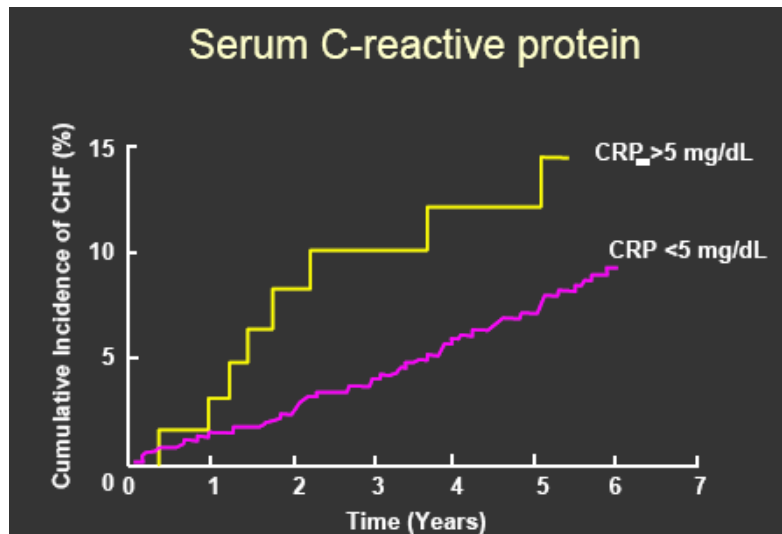
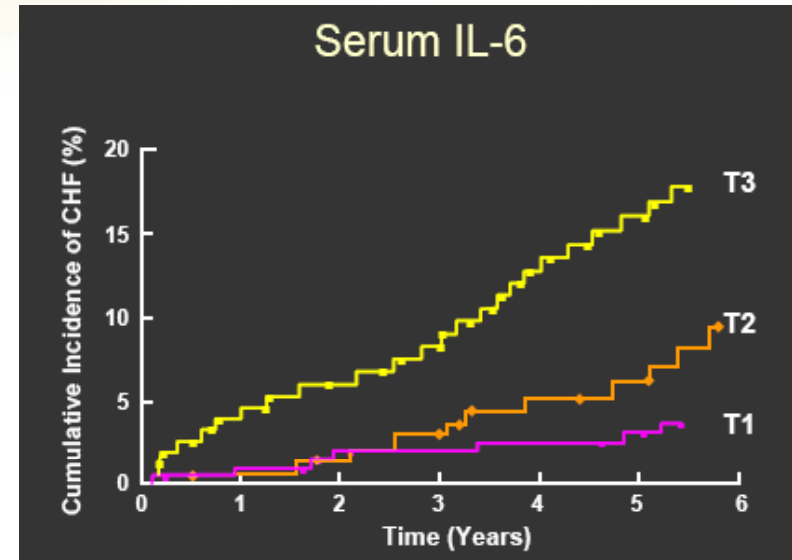
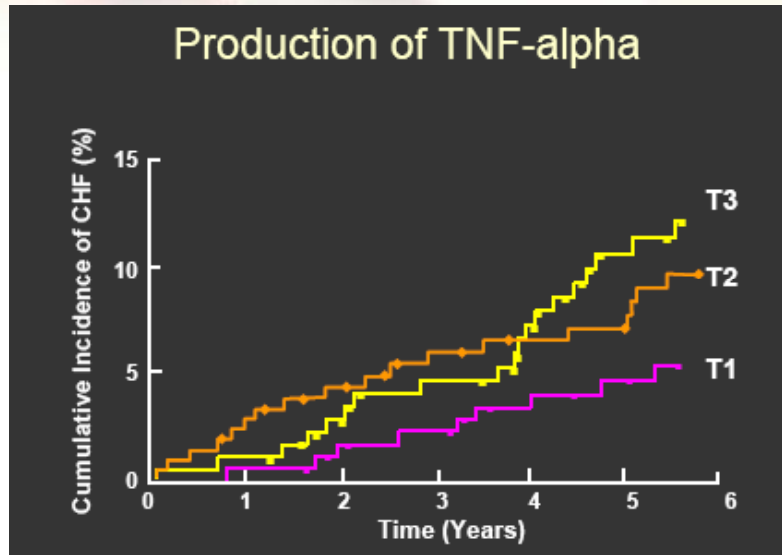
- IL-10 is one of the most important **anti-inflammatory cytokines** down regulating the production of TNF α , IL-1, and IL-6, respectively.
- IL-10 also enhances the release of soluble TNFR which contributes to the reduction of TNF α activity.
- **Increased** or **decreased** in CHF patients
- **IVIG \rightarrow Increase IL-10 \rightarrow improved LVEF**
: may offer therapeutic potentials in CHF

Correlations between absolute change in LVEF and IL-10 after use of IVIG



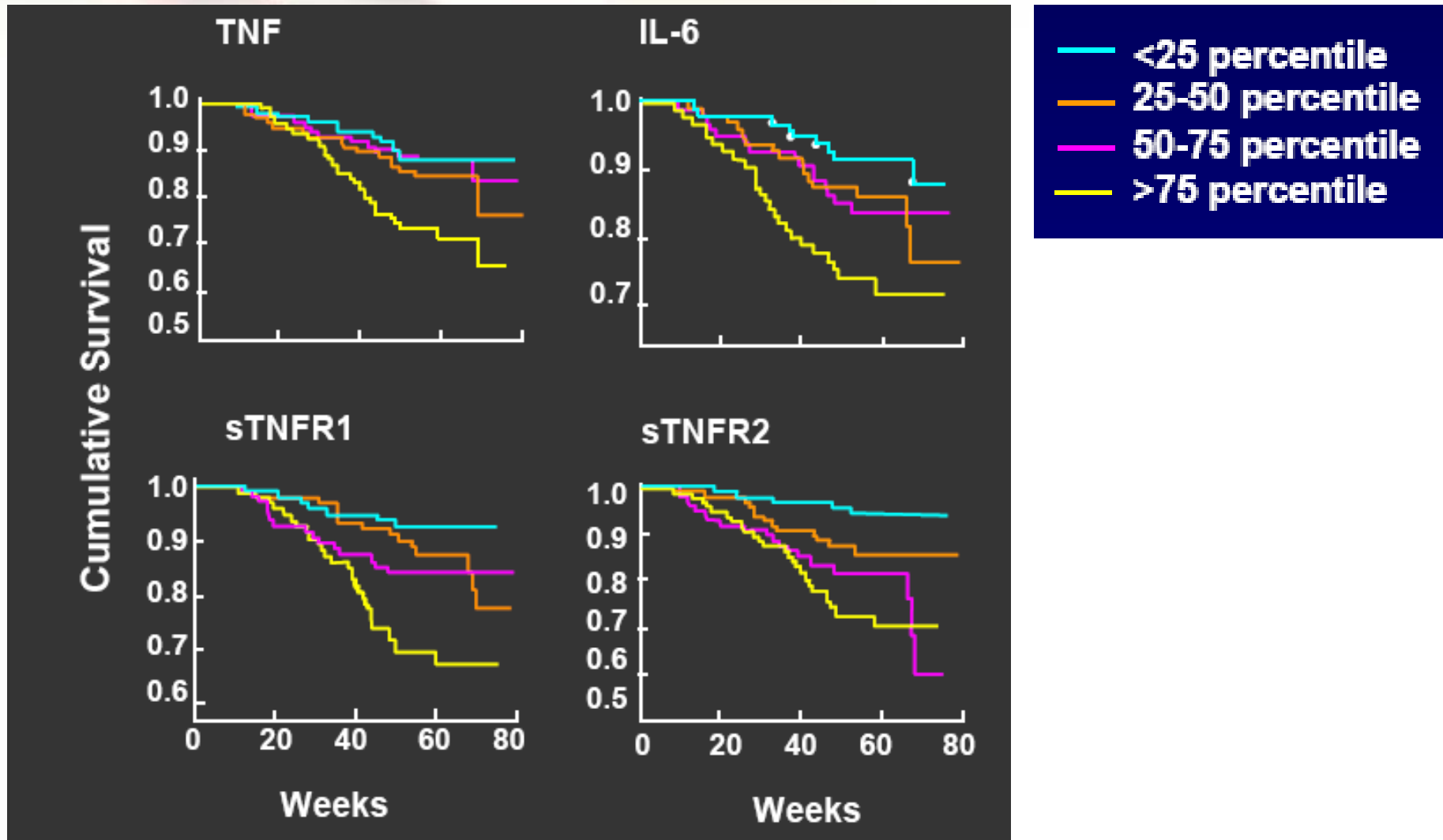
Lars Gullestad , *Circulation. 2001;103:220*

Framingham Heart Study : Inflammatory markers and risk of new onset heart failure



Vasan RS , Circulation 2003;107:1486

VEST : Plasma level of inflammatory mediator and survival



Characteristics of inflammatory markers in heart failure

- While unable to establish cause and effect relationship inflammatory markers appear to be elevated relatively **early in the disease process** NYHA class I or II → potential role of the use of such **markers to predict new-onset HF.**
- A variety of studies have demonstrated that inflammatory cytokines are elevated in patients with HF **in concordance with disease severity**
- TNF- α , IL-6, TNFR1, and TNFR2 were all significant independent predictors of long-term mortality. In this analysis, the **soluble TNF- α receptors, TNFR1 and TNFR2, were the most powerful predictors** of longterm mortality,

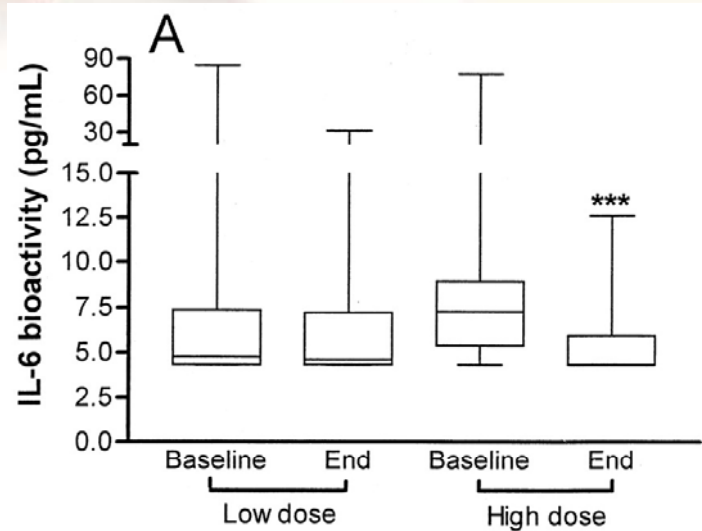
Overview

- Evidence of cytokine hypothesis
- Characteristics of inflammatory markers in heart failure
- **Immune modulation in heart failure**

Modulation of inflammation in CHF

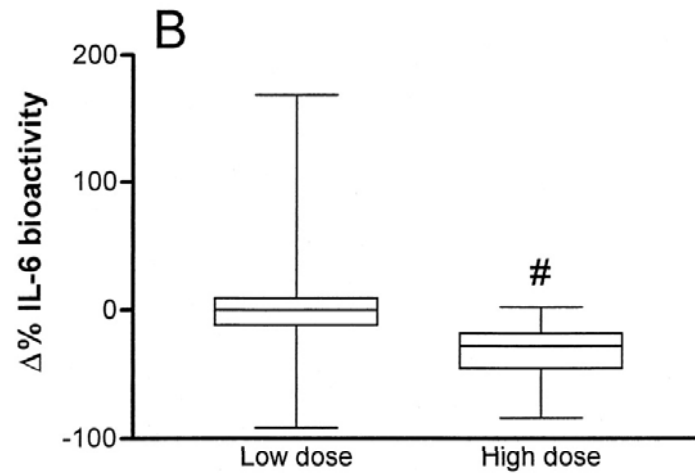
- B-blocker, ACE-I, Statins on inflammatory markers in HF
- Recombinant human soluble TNFR (etanercept)
- Monoclonal antibody to TNF α (infliximab)
- Pentoxifylline : inhibition of TNF α production
- Intravenous immunoglobulin (IVIg)
- Celacade TM : Immune Modulation Therapy

ACE inhibitors on inflammatory cytokines in CHF

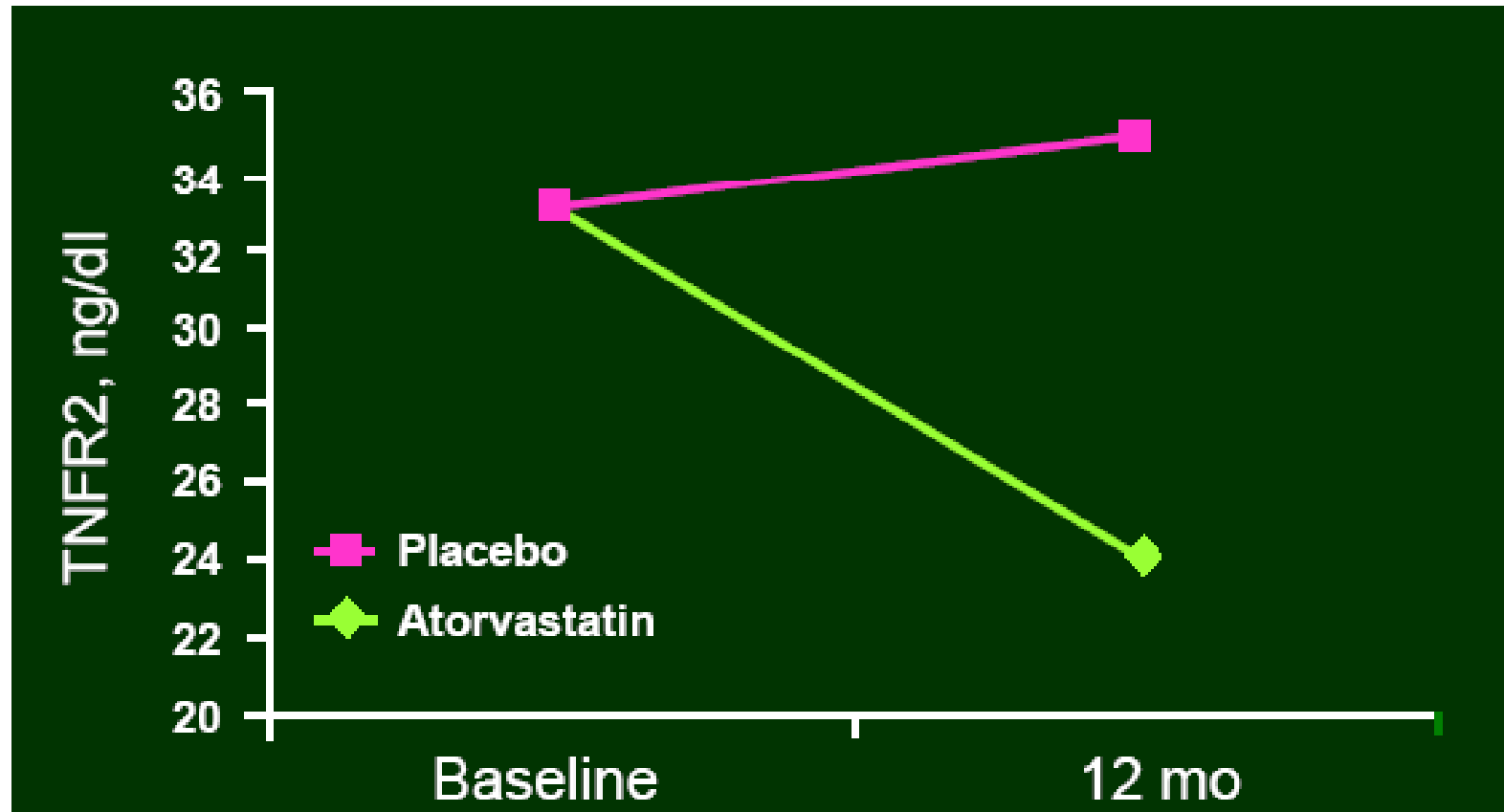


▪ n=75

▪ High dose ; Enalapril 40 mg
Low dose ; Enalapril 5 mg%

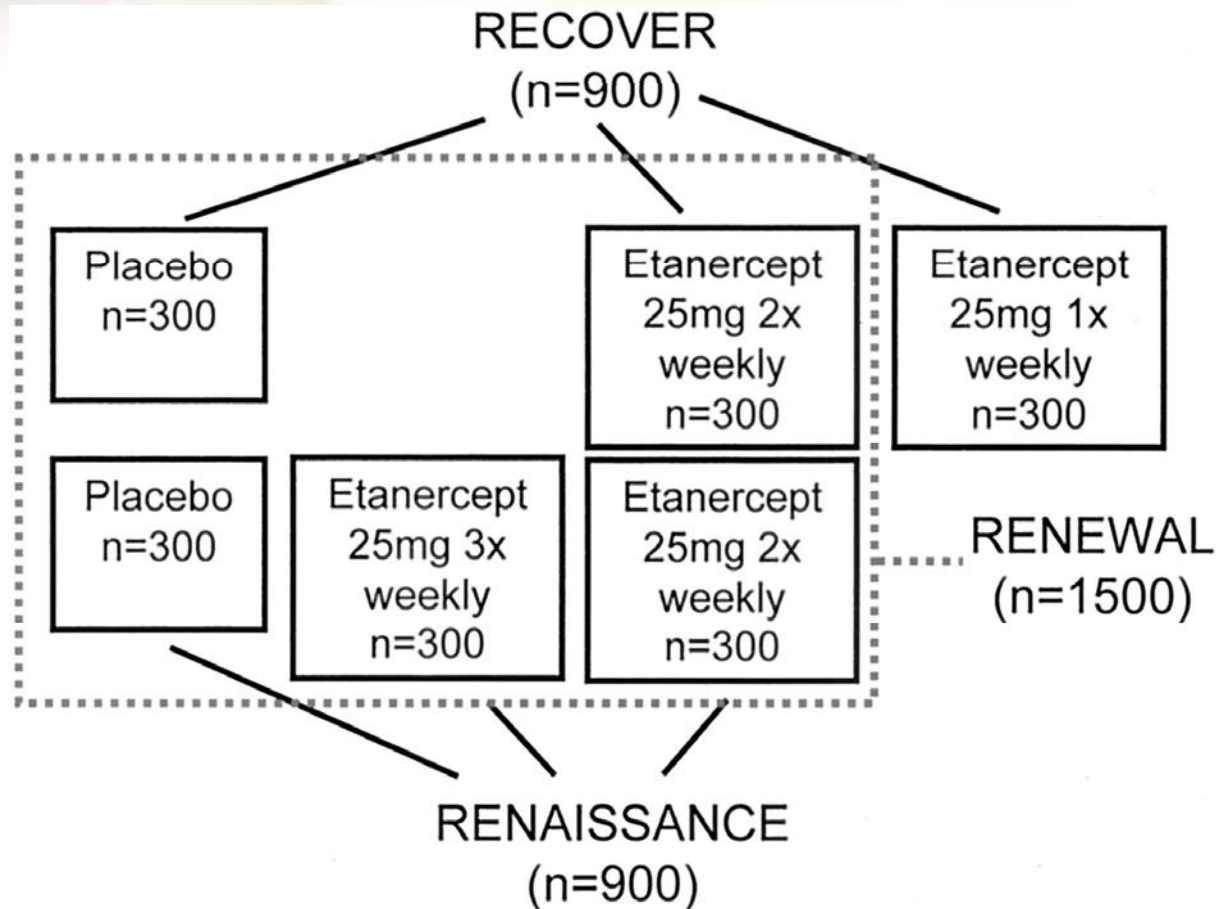


Statins on inflammatory cytokines in CHF



Sola S, JACC 2006;47:332

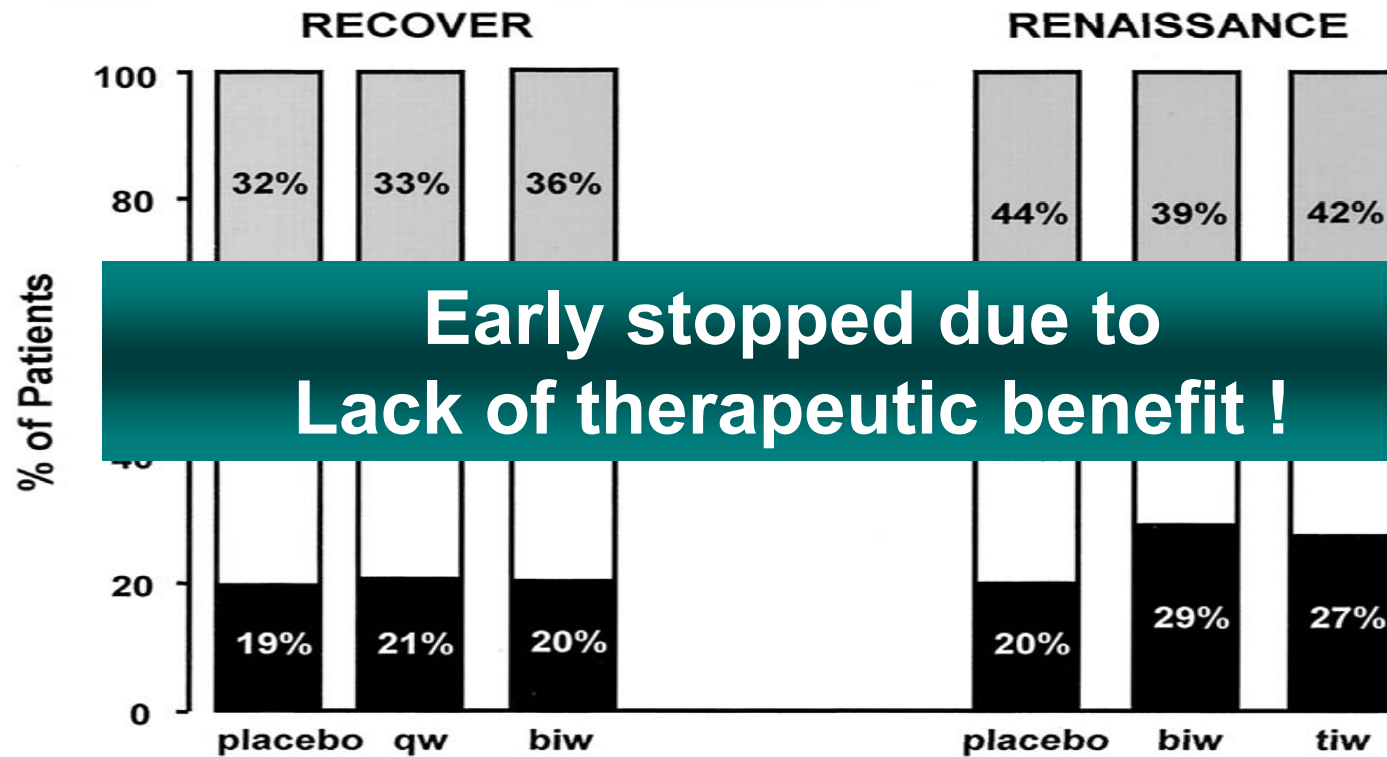
Recombinant human soluble TNF Receptor (etanercept)



Primary end point : clinical status after 24 week treatment

Mann DL , Circulation. 2004;109:1594–1602.

Recombinant human soluble TNF Receptor (etanercept)



**Early stopped due to
Lack of therapeutic benefit !**

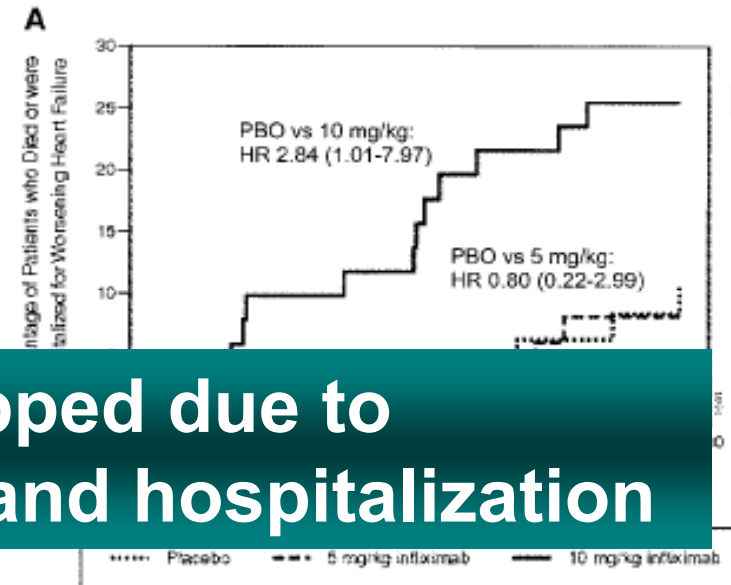
Monoclonal antibody to TNF α (infliximab)

- One hundred fifty patients with stable New York Heart Association class III or IV heart failure and left ventricular ejection fraction $\geq 25\%$

- randomized to placebo (n49), infliximab 5 mg/kg (n50), or infliximab 10 mg/kg (n51)

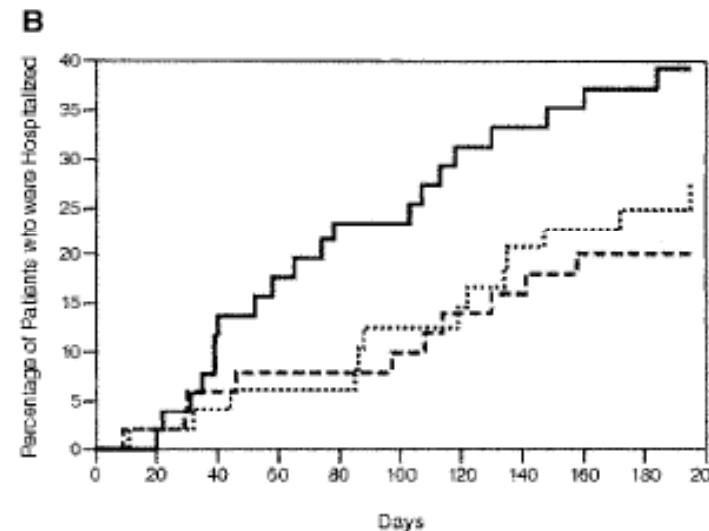
- at 0, 2, and 6 weeks after randomization and were followed-up prospectively for 28 weeks.

Early stopped due to increased death and hospitalization



Infliximab
10 mg/kg

Placebo



Infliximab
10 mg/kg

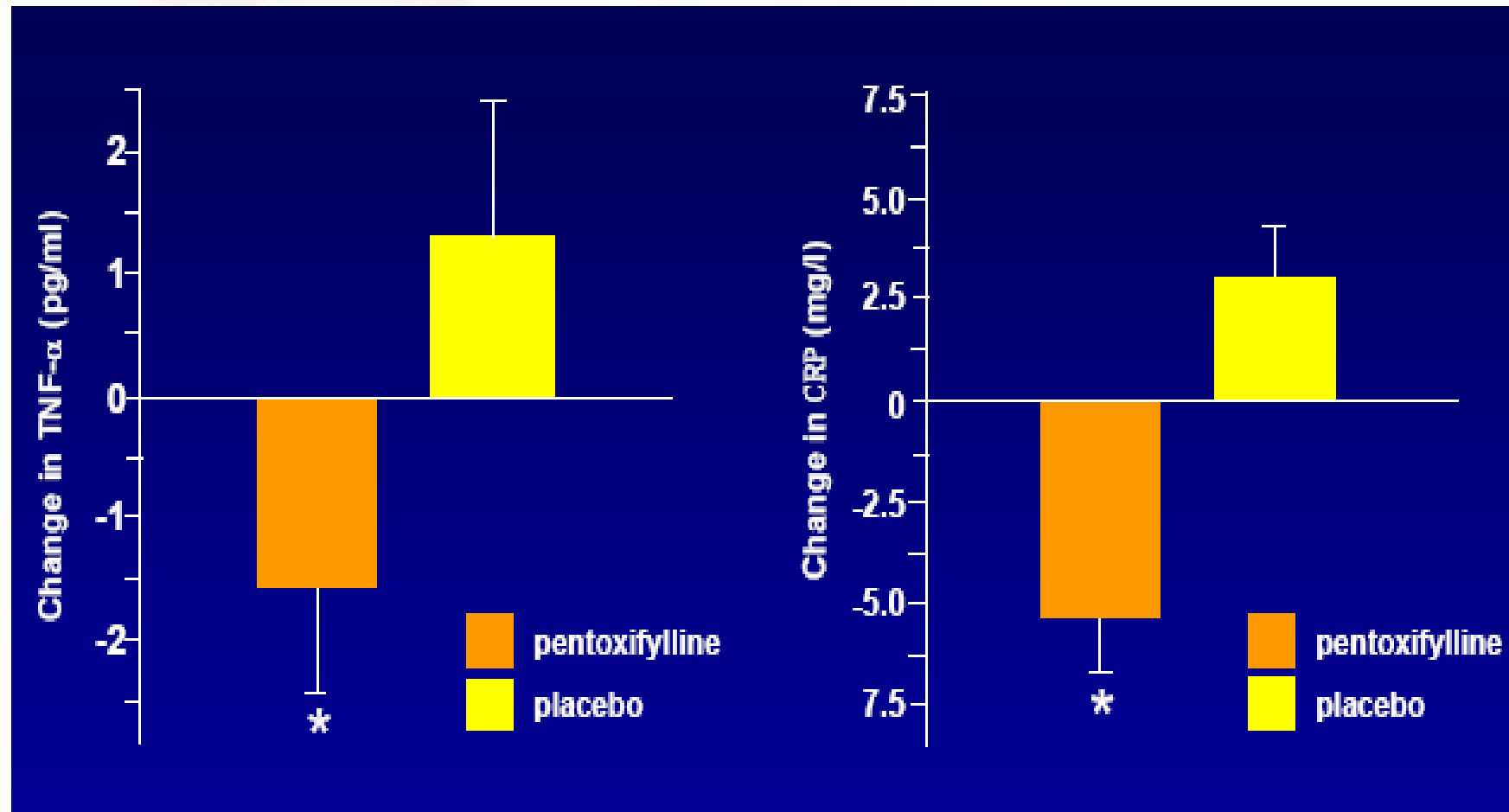
Placebo



Possible Causes of Failure

- In addition, due to the redundancy of the cytokine cascade, it is possible that **intervention on a single cytokine (such as TNF- α)** may be insufficient to favorably impact the progression of HF.
- specific groups of **patients with greater degrees of inflammation** may receive more benefit from immune-directed therapies.
- Specific biologic attributes of etanercept and infliximab may have **increased the biologic half-life of TNF- α** or resulted in the fixation of complement to cardiomyocytes

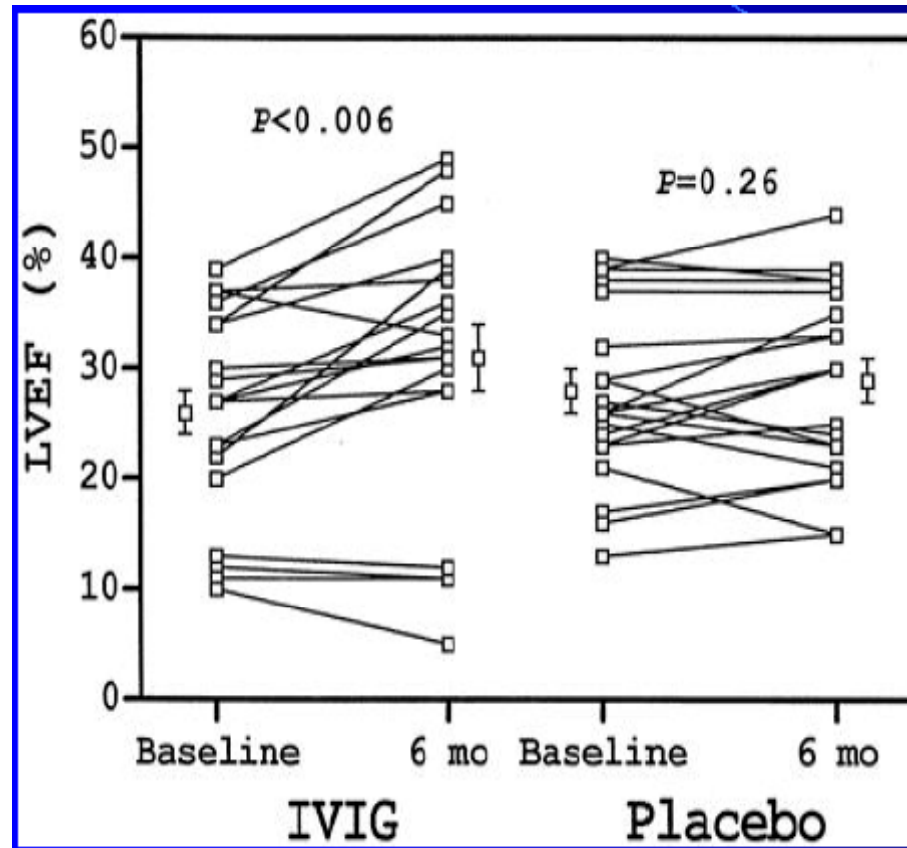
Pentoxifylline : inhibition agent of TNF production



SliwaK et al *Circulation*. 2004;109:750-755

Immunomodulatory Strategies IVIG

- Increase in LVEF ($p < 0.01$) independent of the cause of heart failure



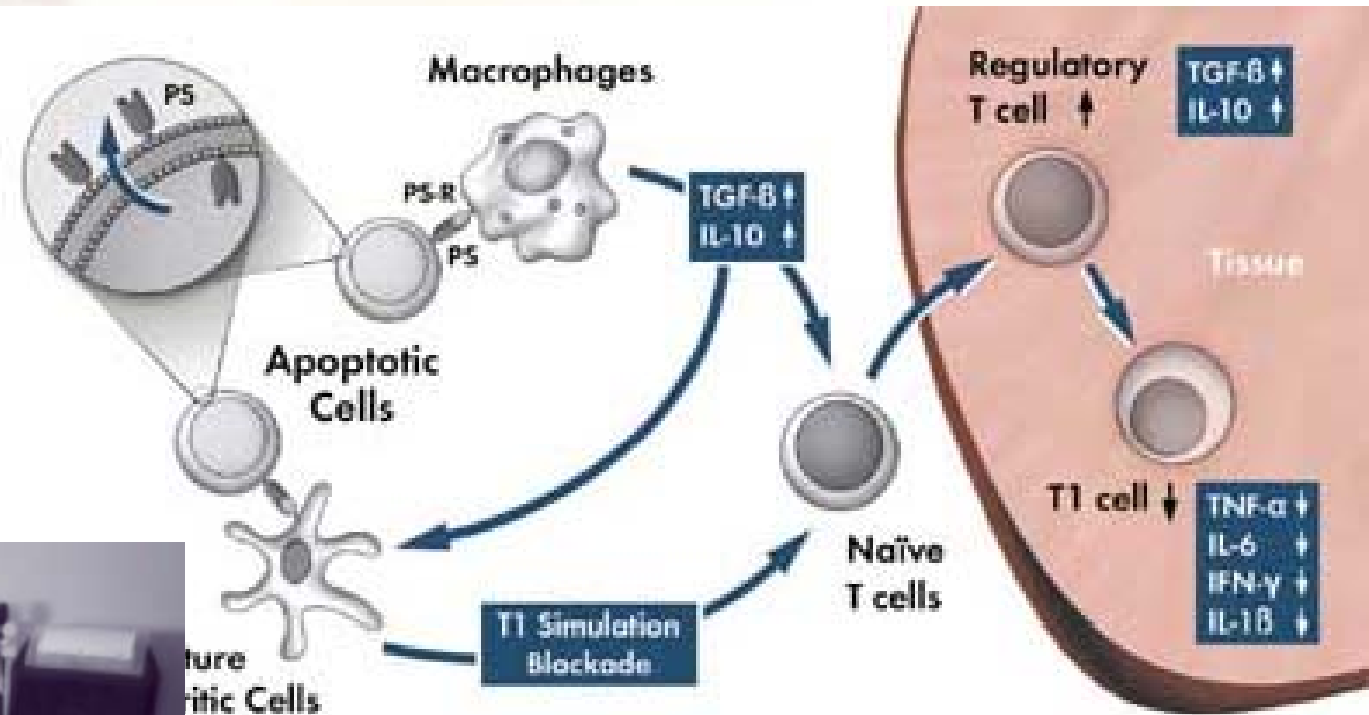
Immune Modulation Therapy : Celacade TM

Guillermo Torre-Amione , J Am Coll Cardiol, 2004; 44:1181-1186



- Immune Modulation Therapy uses a **medical device (VC7000 Blood Treatment System, Vasogen Inc)** to expose a sample of blood to a combination of physiochemical stressors ex-vivo
- Oxidative stress is known to **induce senescence of the white blood cells**
- The treated blood sample is **administered intramuscularly** into the same patient from whom the sample is obtained.
- Vasogen has completed a multi-center phase II clinical trial investigating the safety and efficacy of Celacade™ in chronic heart failure patients
- **73 patients**, randomized into two groups, each of which received either Celacade™ or placebo treatments
- Had a relatively advanced degree of heart failure as depicted by NYHA Class (III or IV), a low (22%) left ventricular ejection fraction (LVEF), and limited exercise capacity (<300m)

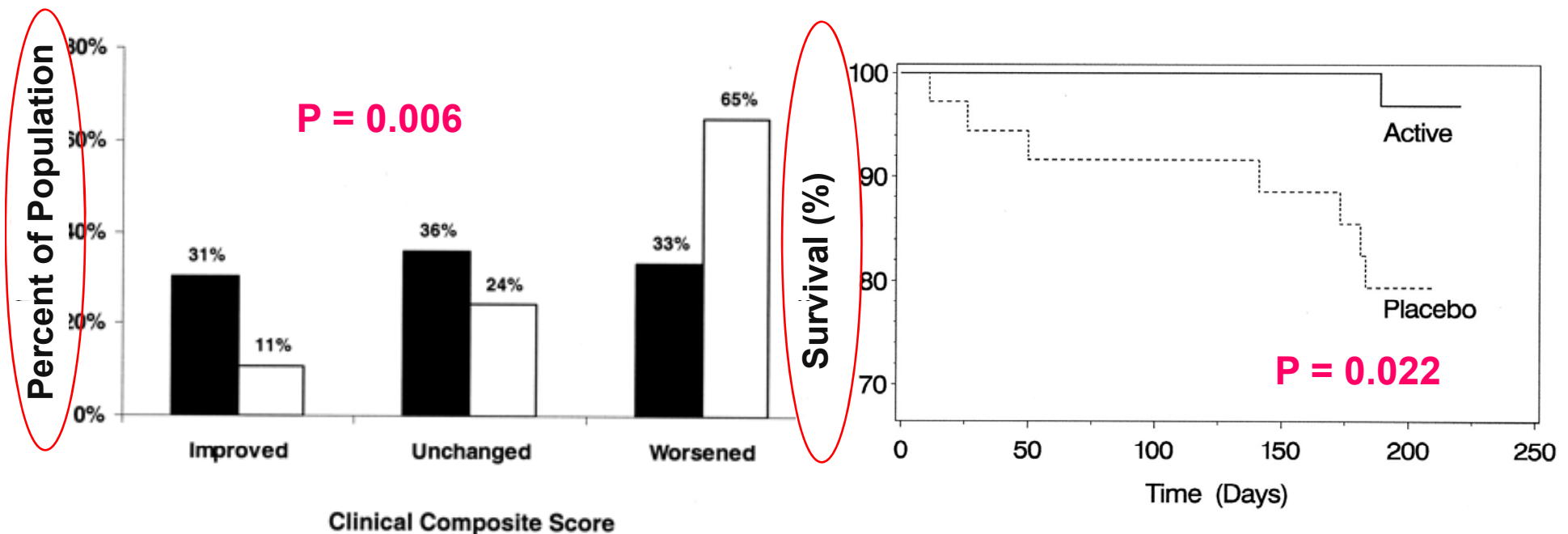
Immune response to apoptotic cell



From www.vasogen.com

Result of IMT with Celacade TM (pilot , n=78)

- ◆ There were no between-group differences in LVEF or circulating levels of interferon-gamma, TNF-alpha, interleukin-6, interleukin-10, brain natriuretic peptide, and C-reactive protein
- ◆ No safety concerns were apparent



ACCLAIM : Advanced Chronic Heart Failure Clinical Assessment of Immune Modulation Therapy

- Phase III double-blind, placebo-controlled clinical trial of Celastrol™/immune

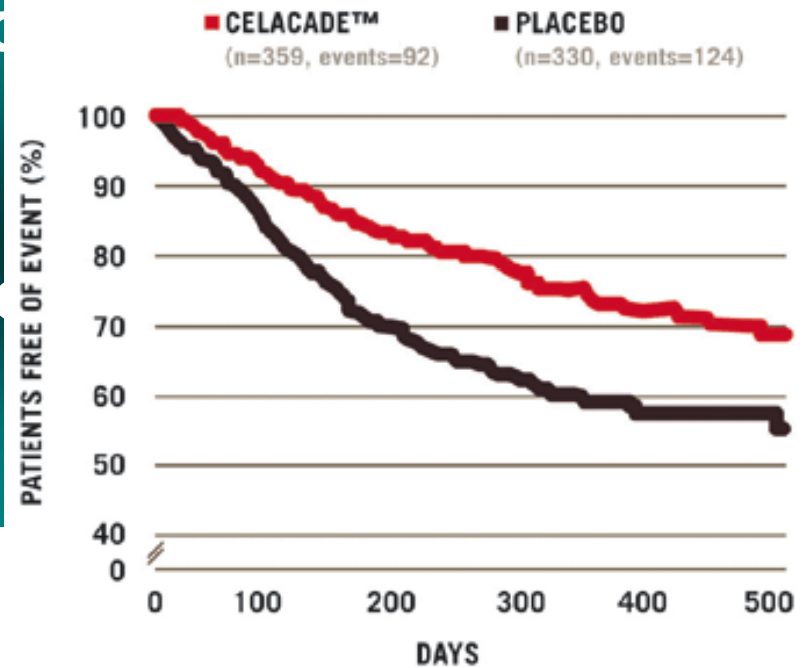
Primary endpoint: all cause mortality, NYHA class II-III chronic heart failure (LVEF < 40%)
Class II

Not significant difference in mortality
But .

- N=2,408

NYHA CLASS II / DEATH OR FIRST CV HOSPITALIZATION

39% DECREASE IN RISK
P=0.0003
Hazard Ratio=0.608



Immune modulation in heart failure

- Correction of cytokine network may represent a **new therapeutic strategy** approach in the management of CHF.
- However, results obtained from the first **clinical trials are discouraging**.
- **More knowledge on inflammatory cytokine** in heart failure will allow more effective therapeutic option

Summary

- Immune activation plays an important role in the **pathogenesis** of chronic heart failure (CHF)
- While unable to establish cause and effect relationship inflammatory markers appear to be elevated relatively **early in the disease process and correlated with disease severity**
- Recent **clinical trials** to inhibit TNF activity in CHF showed **disappointing results**.
- Although not necessarily the 'drugs of choice', recent studies of various anticytokine and immunomodulating agents in CHF clearly suggest a **potential role for such therapies in addition to the optimal medical regimens**.
- **Larger placebo-controlled randomized studies are needed to confirm the results in these small studies**



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심부전연구회 연수강좌

감사합니다



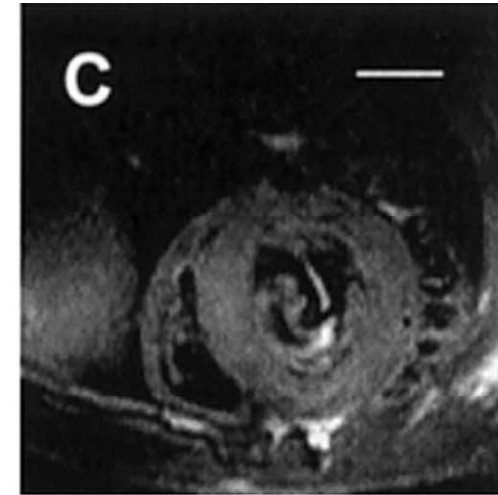
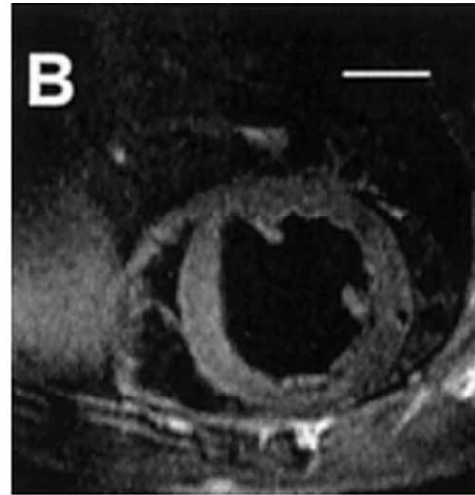
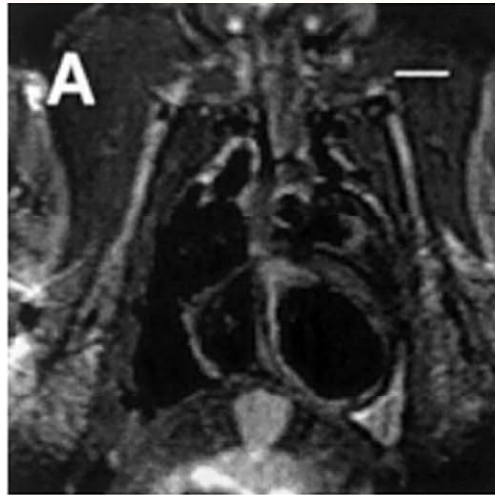
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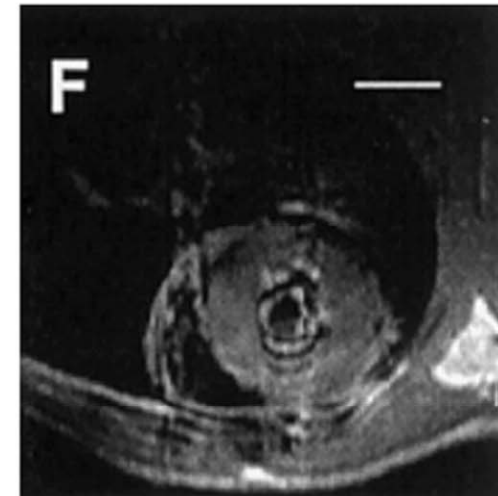
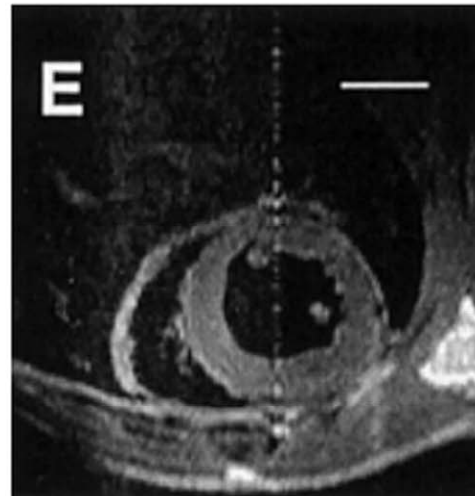
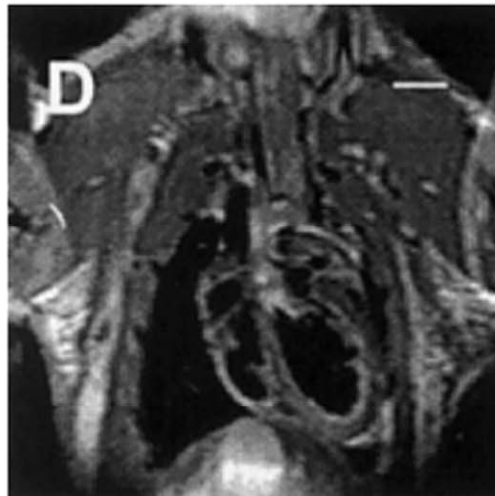
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류재근

MR cardiac images of TNF- α transgenic mouse : comparison with an age-matched wild-type mouse

TG



WT



Effect of inflammatory mediators in LV remodelling

Alterations in the Biology of the Myocyte

- Myocyte hypertrophy
- Fetal gene expression
- Negative inotropic effects
- Increased oxidative stress

Alterations in the Biology of the Nonmyocytes

- Conversion of fibroblasts to myofibroblasts
- Upregulation of AT₁ receptors on fibroblasts
- Increased matrix metalloproteinase secretion by fibroblasts
- Alterations in the extracellular matrix
- Degradation of the matrix
- Myocardial fibrosis

Progressive Myocyte Loss

- Necrosis
- Apoptosis