

From AV Sclerosis to AV Stenosis

: Is It Possible to Delay the
Progression?

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College of Medicine

University of Ulsan

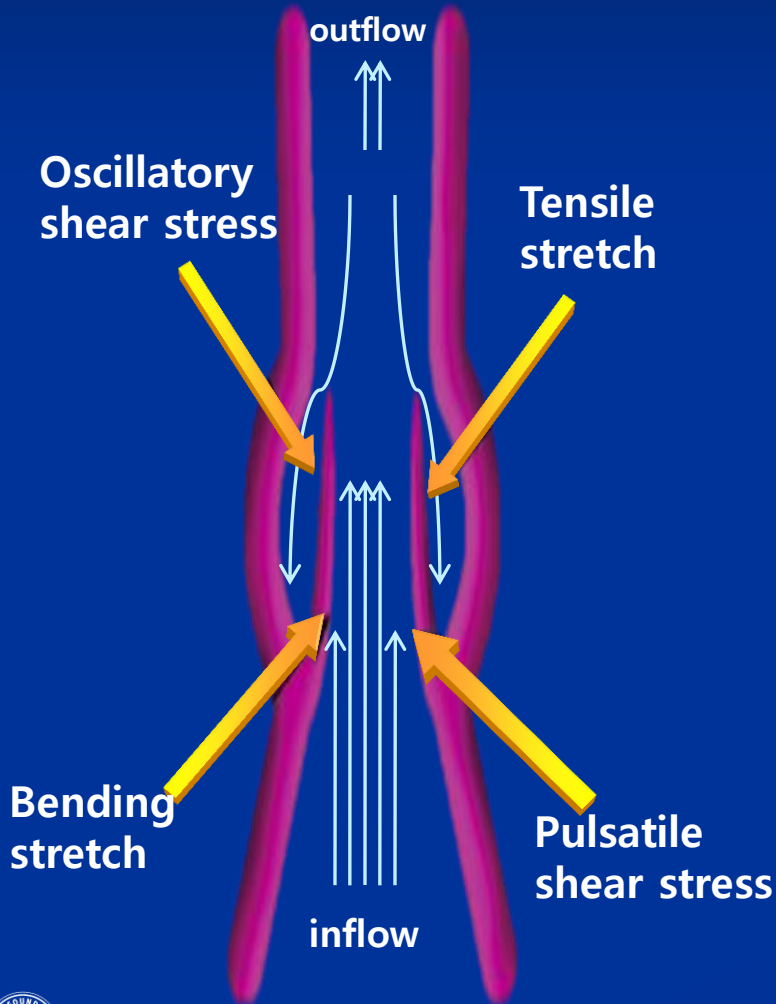
Asan Medical Center

Valve sclerosis

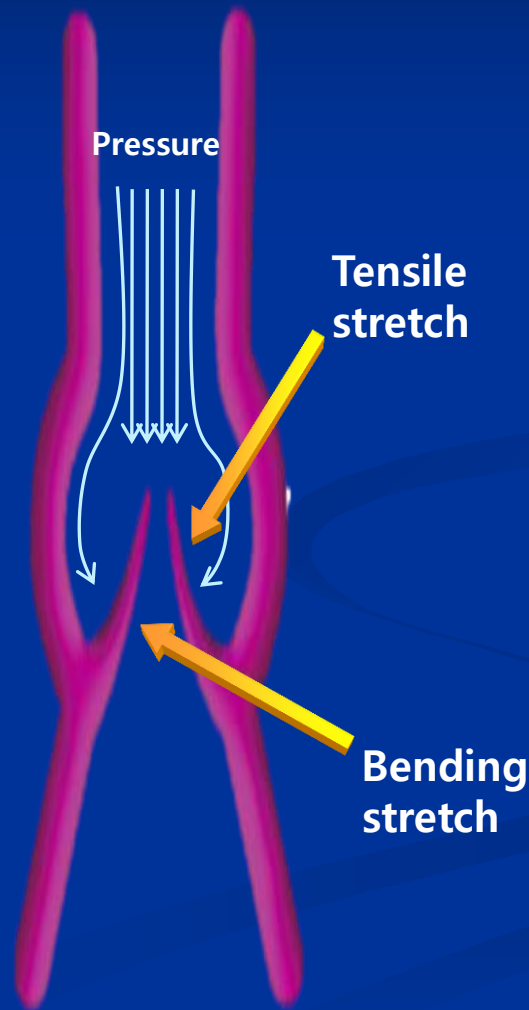
- **Aortic valve sclerosis (AVS) & Mitral annulus calcification (MAC)**
 - AVS related to thickening of the aortic cusps **without** obstruction to left ventricular outflow
 - MAC is a chronic degenerative non-inflammatory process characterized by calcification of the surrounding fibrous support of the mitral valve
 - Clinical precursors of atherosclerosis are also risk factors for MAC and AV sclerosis
 - 2 conditions often exist concurrently
- **Right side valve sclerosis ???**

Hemodynamic stress across AV

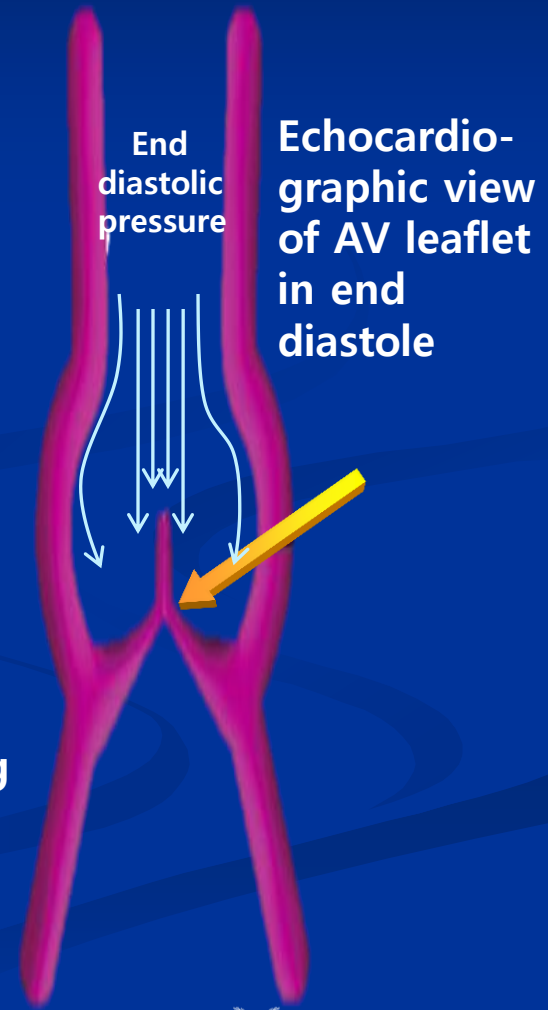
Systole

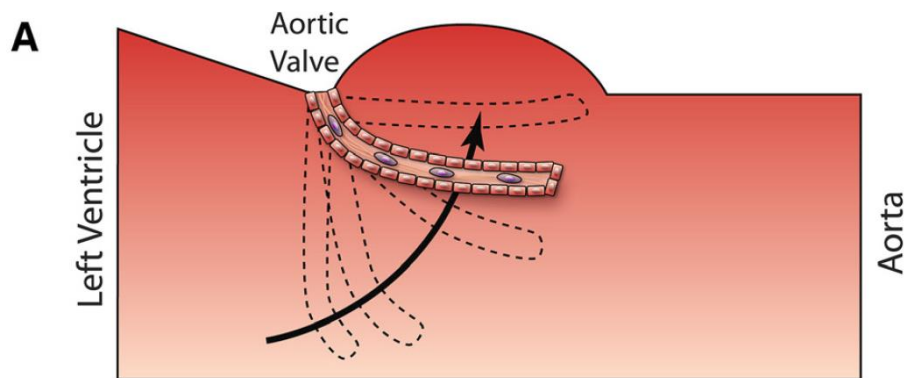


Aortic Valve Closure

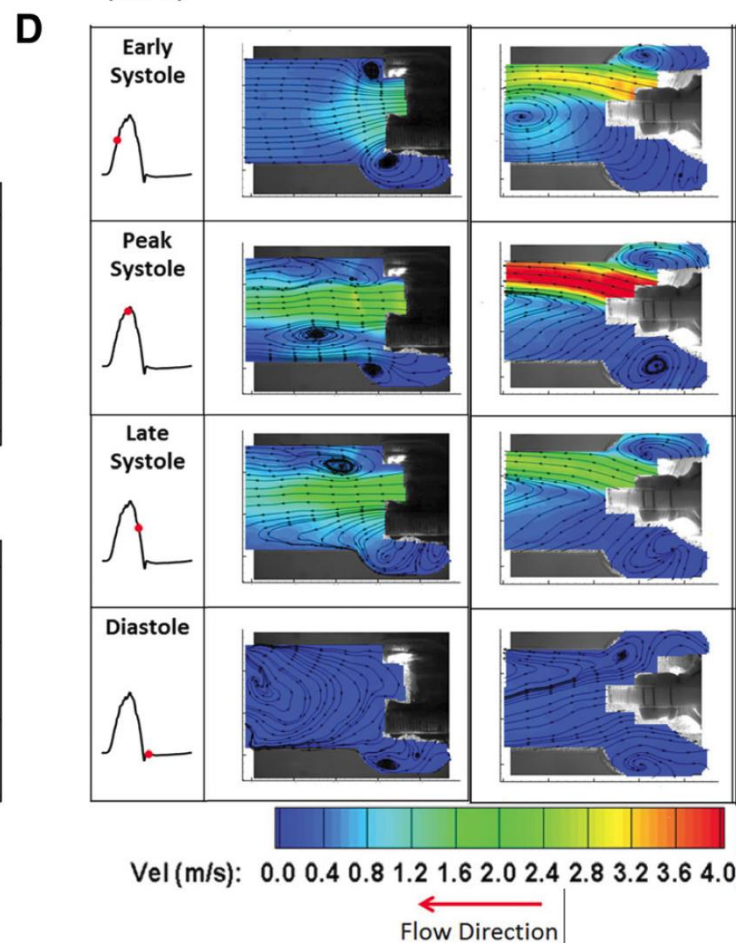
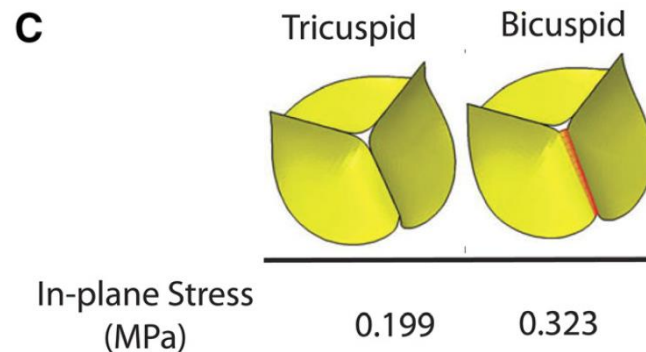
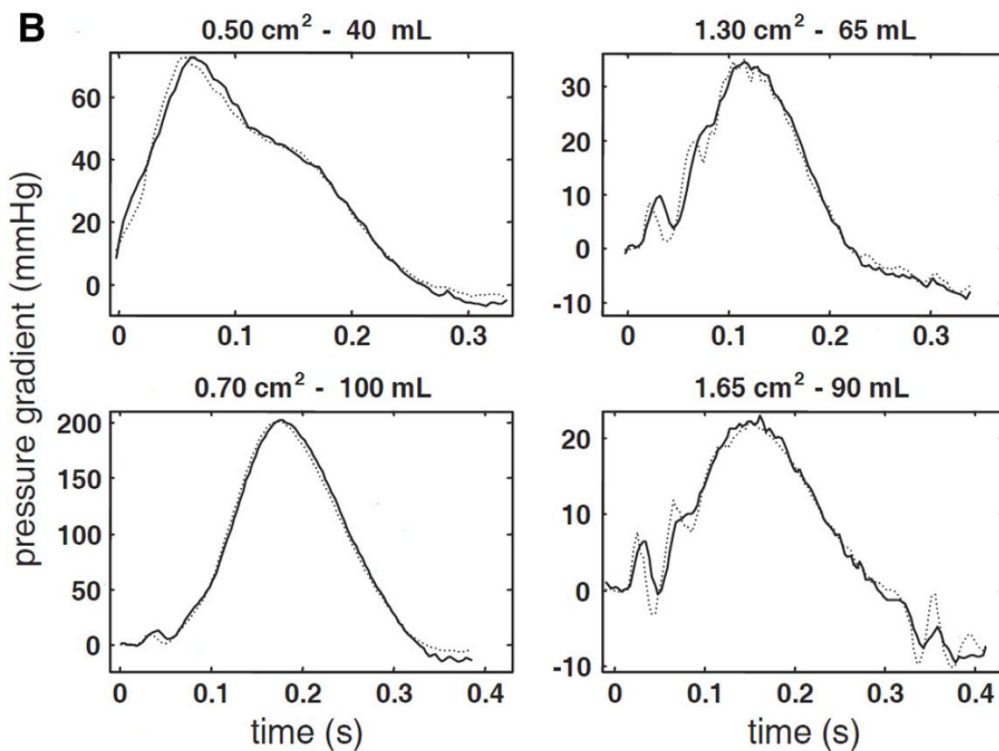


Diastole



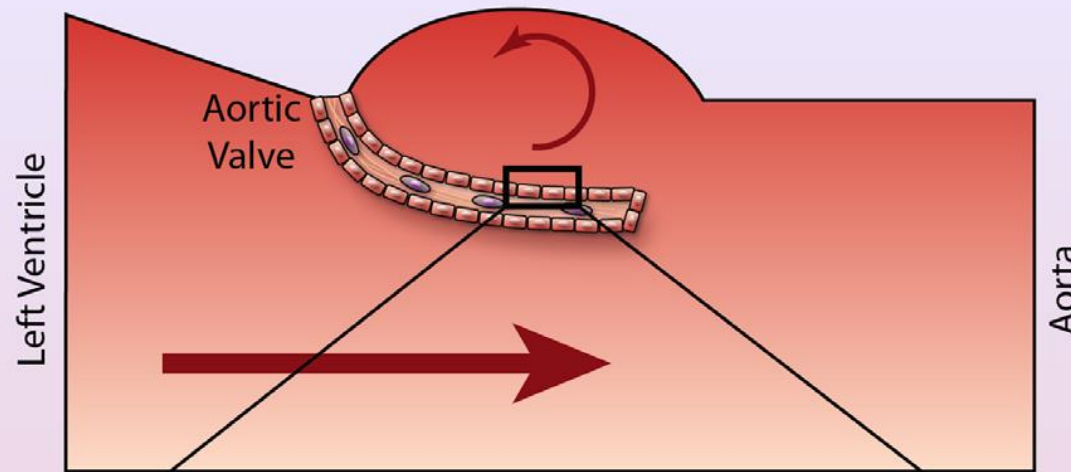


Legend:  Fibroblast VIC  Healthy VivEC

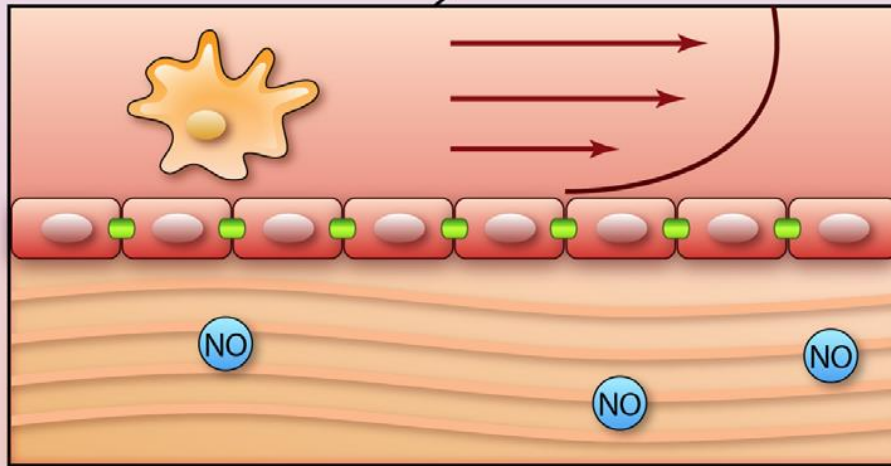


Circ Res. 2013;113:186-197

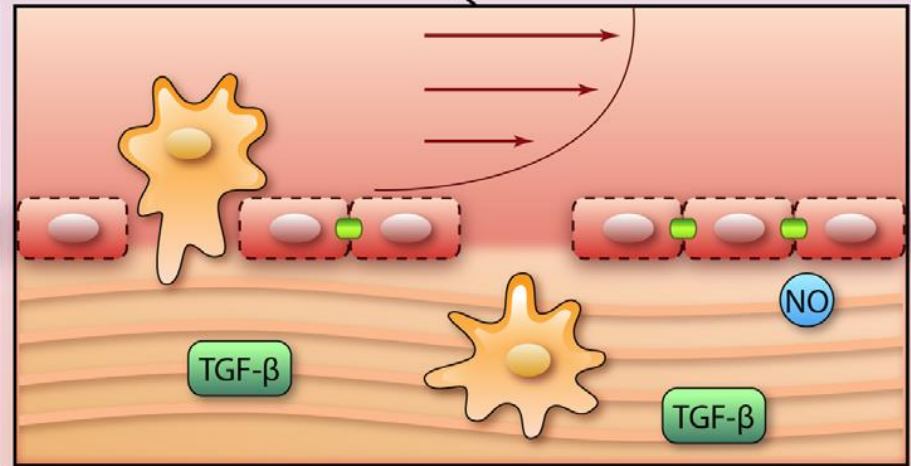
Blood / Endothelium Boundary Layer



Circ Res. 2013;113:186-197



Normal Shear Stress



Pathological Shear Stress

Legend:



Macrophage



Healthy V1vEC



Membrane-Compromised V1vEC



NO



Gap Junction



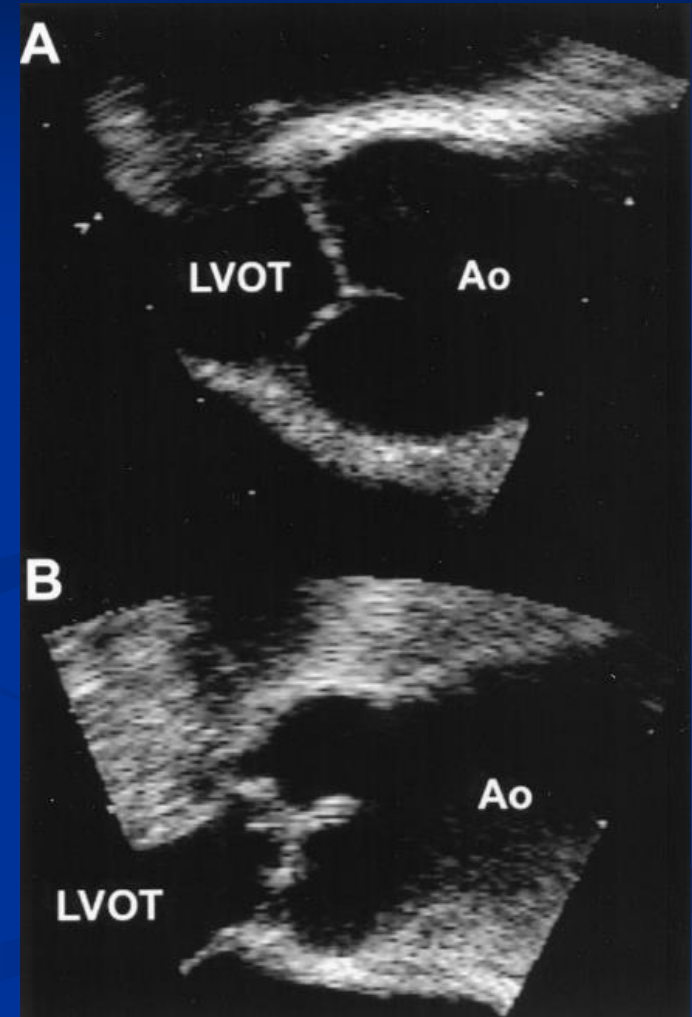
Active TGF-Beta



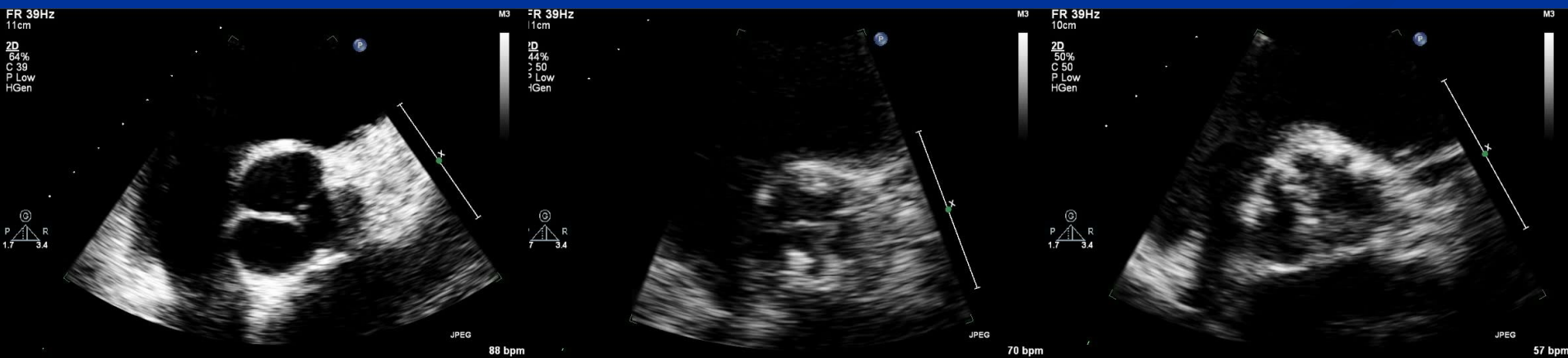
Blood Velocity

AV sclerosis

- Thickening of the aortic cusps without obstruction
: $AV V_{max} \leq 2.5\text{m/s}$
- 25%-30% : 65 years of age
- Up to 40% : 75 years of age



AV sclerosis



Mild

Moderate

Severe

AV sclerosis

EVENT	Normal (N=3919)	Aortic Sclerosis (N=1610)	Aortic stenosis (N=92)	P VALUE
Death from any cause	583 (14.9)	353 (21.9)*	38 (41.3)*	<0.001
Death from cardiovascular causes	238 (6.1)	162 (10.1)*	18 (19.6)*	<0.001
Myocardial infarction†	217 (6.0)	123 (8.6)‡	9 (11.3)‡	<0.001
Angina†	358 (11.0)	160 (13.0)	17 (24.3)*	0.001
Congestive heart failure†	337 (8.9)	192 (12.6)*	21 (24.7)*	<0.001
Stroke†	238 (6.3)	122 (8.0)§	10 (11.6)§	0.003

*P<0.001 for the comparison with the group with normal aortic valves.

†The rates were calculated for subjects at risk for new events.

‡P<0.01 for the comparison with the group with normal aortic valves.

§P=0.02 for the comparison with the group with normal aortic valves.

AV sclerosis

	VARIABLE	TOTAL NO. OF SUBJECTS	RATE/1000 PERSON-YR	RELATIVE RISK (95% CI)
CAD (-)	Death from any cause			1.42 (1.19.1.70)
	Normal aortic valves	2958	19	
	Aortic sclerosis	1115	37	
	Death from cardiovascular causes			1.66 (1.23.2.23)
	Normal aortic valves	2958	6	
	Aortic sclerosis	1115	14	
CAD(+)	Death from any cause			1.16 (0.94-1.43)
	Normal aortic valves	961	45	
	Aortic sclerosis	495	61	
	Death from cardiovascular causes			1.25 (0.94.1.65)
	Normal aortic valves	961	25	
	Aortic sclerosis	495	35	

Otto et al .NEJM 1999

AV sclerosis Progression

65 YO Male



■ May progress to moderate or greater AS in up to 6% of patients over a mean follow-up period of 7 years

J Am Coll Cardiol. 2004;43(2):169-175



2004

AV V max = 1.9 m/s

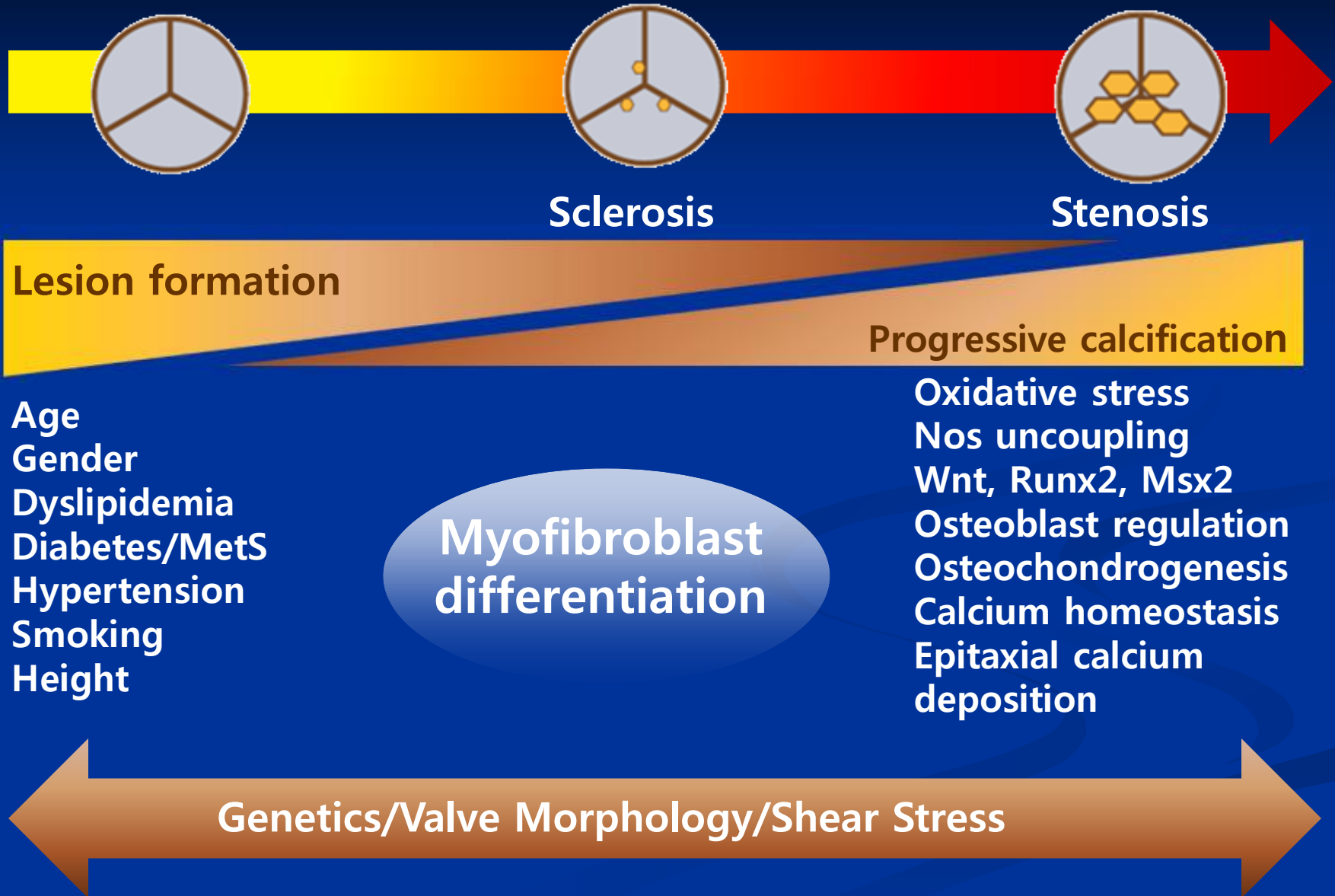
2008

AV V max = 2.3 m/s

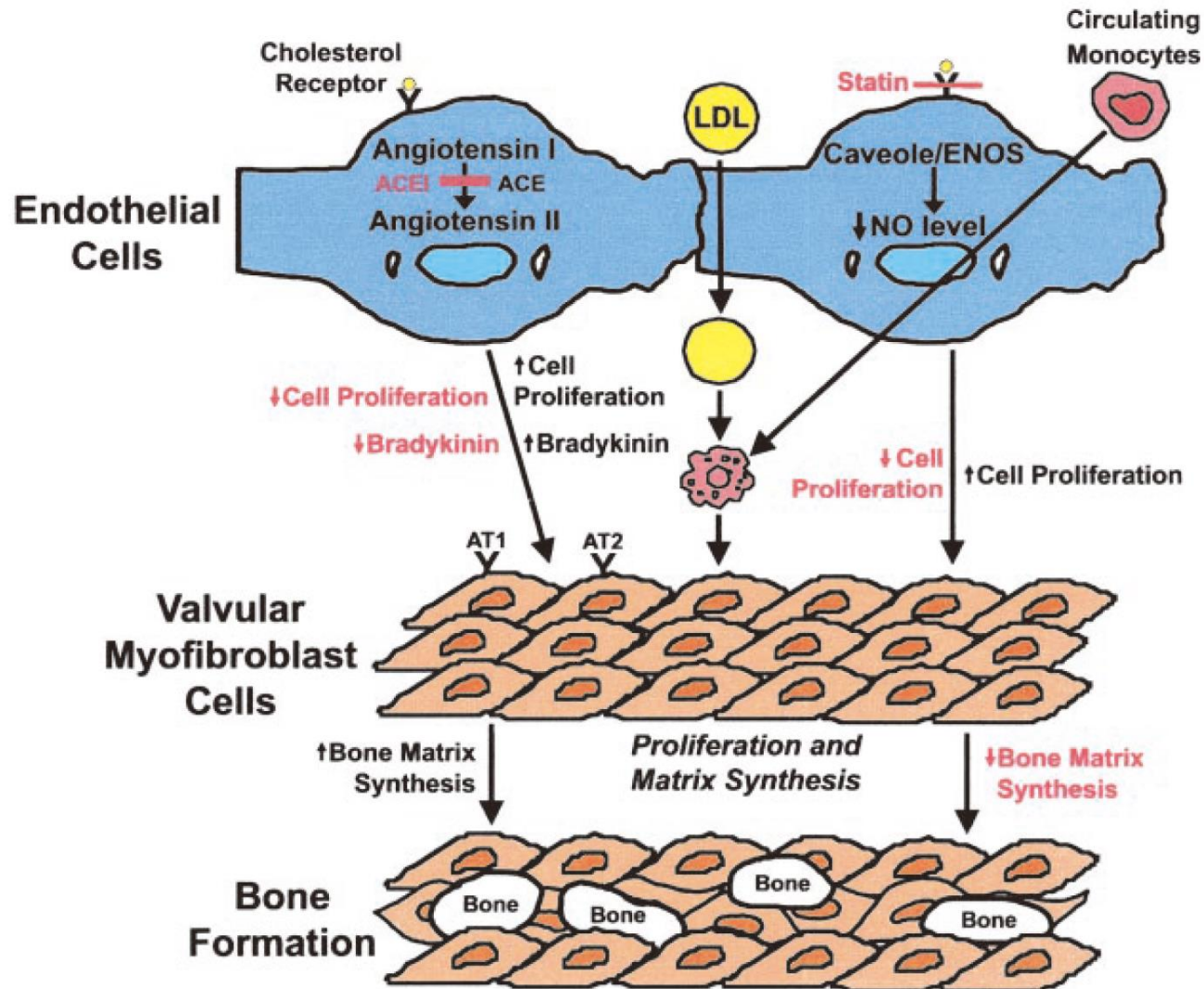
2011

AV V max = 3.4 m/s

Aortic Valve sclerosis



Important cellular pathway



Circulation. 2004;110:1180-1182

Factors associated with calcific AS progression

- ◆ Gene
- ◆ Age
- ◆ Aortic valve area
- ◆ Aortic valve calcification
- ◆ **C-reactive protein**
- ◆ Coronary artery disease
- ◆ Calcium: Elevated serum values
- ◆ Diabetes mellitus
- ◆ **Dyslipidemia**
- ◆ **Hypertension**
- ◆ Left ventricular mass index
- ◆ **Left ventricular outflow tract velocity**
- ◆ Mitral annular calcification
- ◆ **Obesity**
- ◆ Renal failure and elevated serum creatinine
- ◆ Sex (male)
- ◆ **Smoking**
- ◆ Valve structure

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Genetic Associations with Valvular Calcification and Aortic Stenosis

Table 1. Baseline Characteristics of Participants in the Discovery and Replication Cohorts.*

Characteristic	Discovery Cohorts			Replication Cohorts					
	FHS White European	AGES-RS White European	MESA White European	African American	MESA Hispanic American	Chinese American	HNR White European	MDCS White European	CCHS White European
Genotyping platform	Affymetrix, version 5.0	Illumina Hu370CNV	Affymetrix, version 6.0	Affymetrix, version 6.0	Affymetrix, version 6.0	Affymetrix, version 6.0	Illumina HumanOmni1- Quad	LifeSciences ABI 7900HT	LifeSciences ABI 7900HT
Imputation software	MACH	MACH, version 1.0.16	IMPUTE, version 2.1.1	IMPUTE, version 2.1.1	IMPUTE, version 2.1.1	IMPUTE, version 2.1.1	IMPUTE, version 2.1.2	NA	NA
Country of origin	United States	Iceland	United States	United States	United States	United States	Germany	Sweden	Denmark
No. of participants	1298	3120	2527	2497	2027	774	745	28,193	10,400
Age — yr	60±9	76±5	63±10	61±10	61±10	62±10	60±8	58±8	56±16
Female sex — no. (%)	616 (47)	1811 (58)	1321 (52)	1395 (56)	1094 (54)	394 (51)	379 (51)	17,008 (60)	5796 (56)
Presence of aortic-valve calcium — no. (%)	510 (39)	1338 (43)	397 (16)	263 (11)	243 (12)	67 (9)	91 (12)	308 (1)†	192 (2)†
Presence of mitral annular calcium — no. (%)	259 (20)	NA	309 (12)	175 (7)	197 (10)	37 (5)	18 (2)	NA	NA

* Plus-minus values are means ±SD. AGES-RS denotes Age, Gene/Environment Susceptibility–Reykjavik Study, CCHS Copenhagen City Heart Study, FHS Framingham Heart Study, HNR Heinz Nixdorf Recall Study, MDCS Malmö Diet and Cancer Study, MESA Multi-Ethnic Study of Atherosclerosis, and NA not applicable.

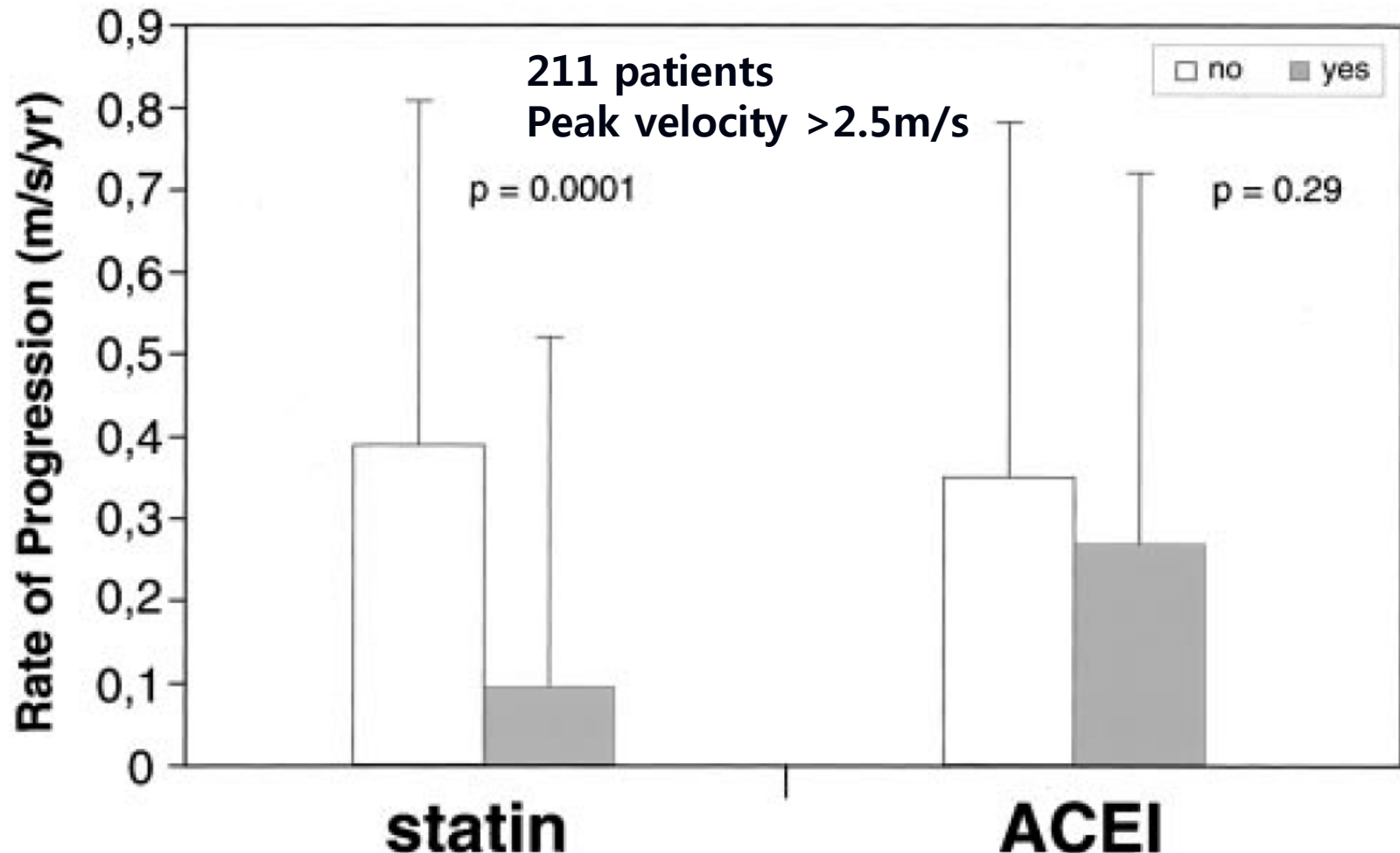
† Included are data from participants with incident aortic stenosis over a median follow-up period of 14 years in the MDCS and 17 years in the CCHS.

Genetics

SNP	Phenotype	Chr.	Minor Allele	MAF	OR (95% CI)	P Value	Nearest Gene
rs10455872	AV calcification	6	G	0.07	2.05 (1.63–2.57)	9.0×10^{-10}	LPA
rs17659543	MAC	2	T	0.16	1.66 (1.39–1.98)	1.5×10^{-8}	IL1F9
rs13415097	MAC	2	C	0.16	1.66 (1.39–1.98)	1.8×10^{-8}	IL1F9

N Engl J Med 2013;368:503-12.

Medical Treatment for AS Progression Delay



Nonrandomized Retrospective Studies

EBT calcium

Pohle 2001 ¹¹	104	65 y (86)	1.25 y	Increase in valve calcium (per year)
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Echocardiography

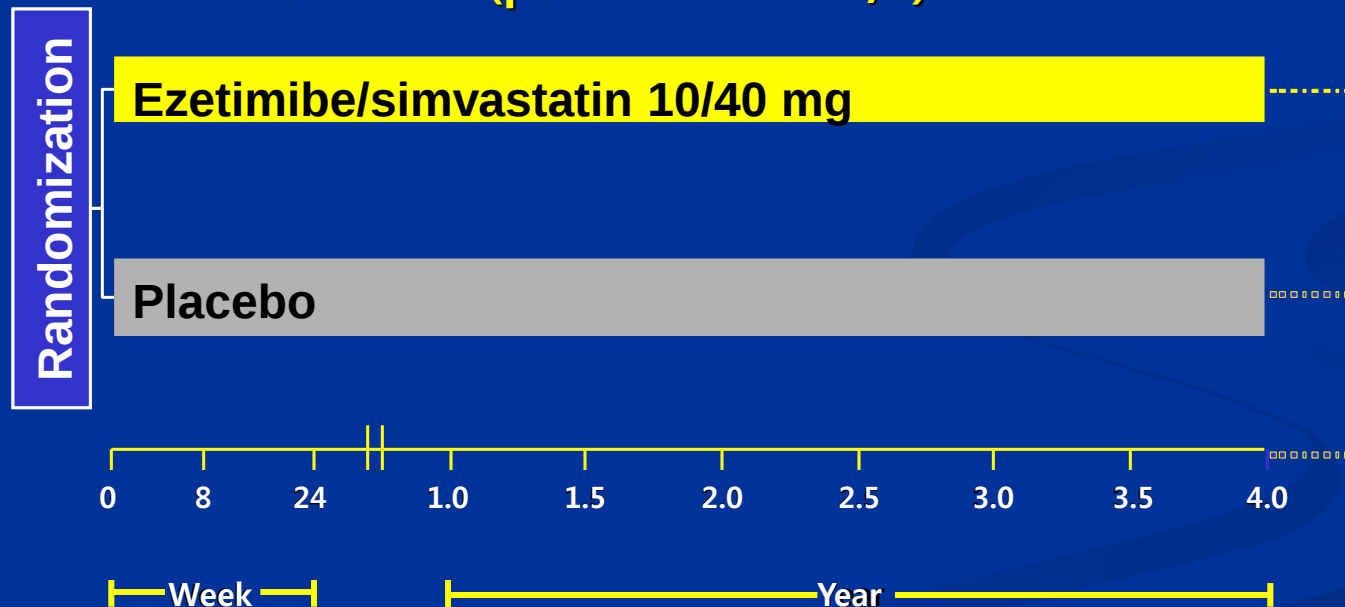
Aronow 2001 ¹⁴	180	82 y (31)	2.8 y	Increase in peak gradient (mm Hg/y)	
			LDL $\geq$ 125 mg/dL, not on statin	6.3 $\pm$ 1.4	<0.0001
			LDL $\geq$ 125 mg/dL, on statin	3.4 $\pm$ 1.0	
			LDL <125 mg/dL, not on statin	3.1 $\pm$ 1.1	
Novaro 2001 ¹⁵	174	68 y (44)	1.8 y	Decrease in valve area (cm ² /y)	0.03
			Statin therapy (33%)	0.06 $\pm$ 0.16	
			No statin therapy	0.11 $\pm$ 0.18	
Bellamy 2002 ¹³	156	77 y (58)	3.7 y	Decrease in valve area (cm ² /y)	0.04
			Statin therapy (24%)	0.04 $\pm$ 0.15	
			No statin therapy	0.09 $\pm$ 0.17	

Prospective Studies on Lipid Lowering in AS

	RAAVE*	SALTIRE	TASS	SEAS	ASTRONOMER
Sample size, n	121	155	47	1873	269
Active treatment, mg/d	Rosuvastatin 20	Atorvastatin 80	Atorvastatin 20	Simvastatin 40 plus ezetimibe 10	Rosuvastatin 40
Age, y	73.7±8.9	68±10	67±11	68±10	58.1±13.6
Men, n (%)	57 (47.1)	108 (70)	28 (60)	1150 (61)	167 (61)
Hypertension, n (%)	77 (64)	102 (66)	23 (49)	953 (51)	75 (28)
Diabetes, n (%)	39 (32)	7 (5)	6 (12)	0	0
Smoker, n (%)	4 (3)	43 (28)	5 (10)	360 (19)	28 (10)
Total cholesterol, mg/dL	212±50	220±38†	220±46‡	222±39	205±35
HDL-C, mg/dL	54±13		63±18‡	58±17	61±19
LDL-C, mg/dL	138±40	137±34†	140±39‡	139±36	131±39
Peak AS velocity	3.63±0.62	3.39±0.62	3.3±0.2‡	3.09±0.54	3.18±0.42
BAV, n (%)	0	5 (3)	?	85 (4.5)	133 (49)

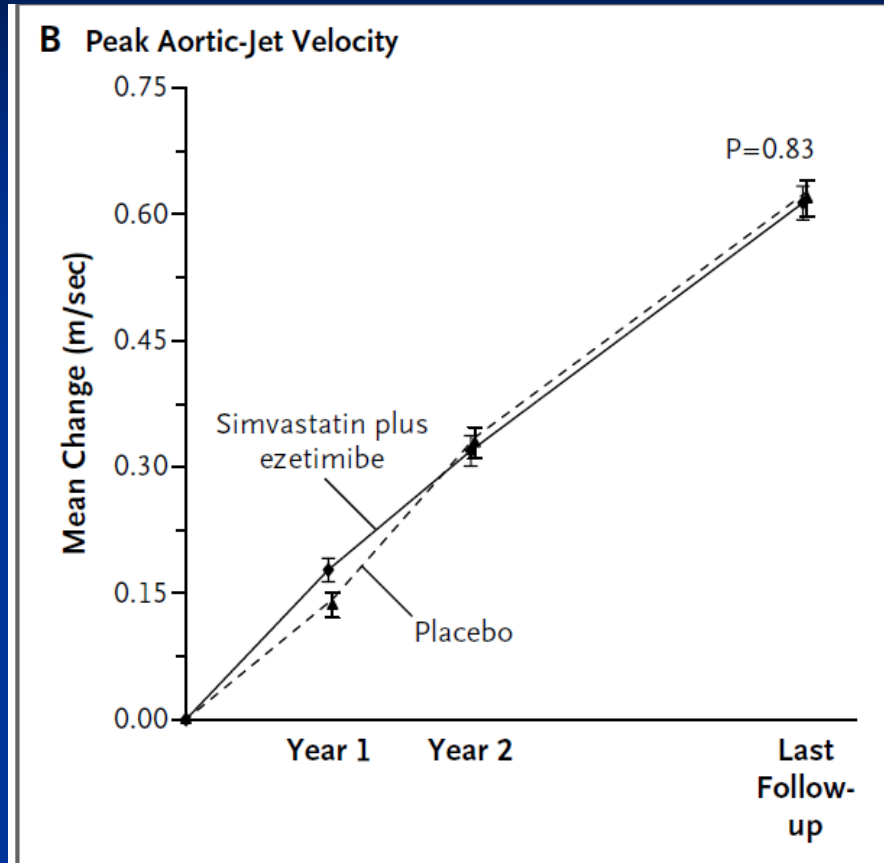
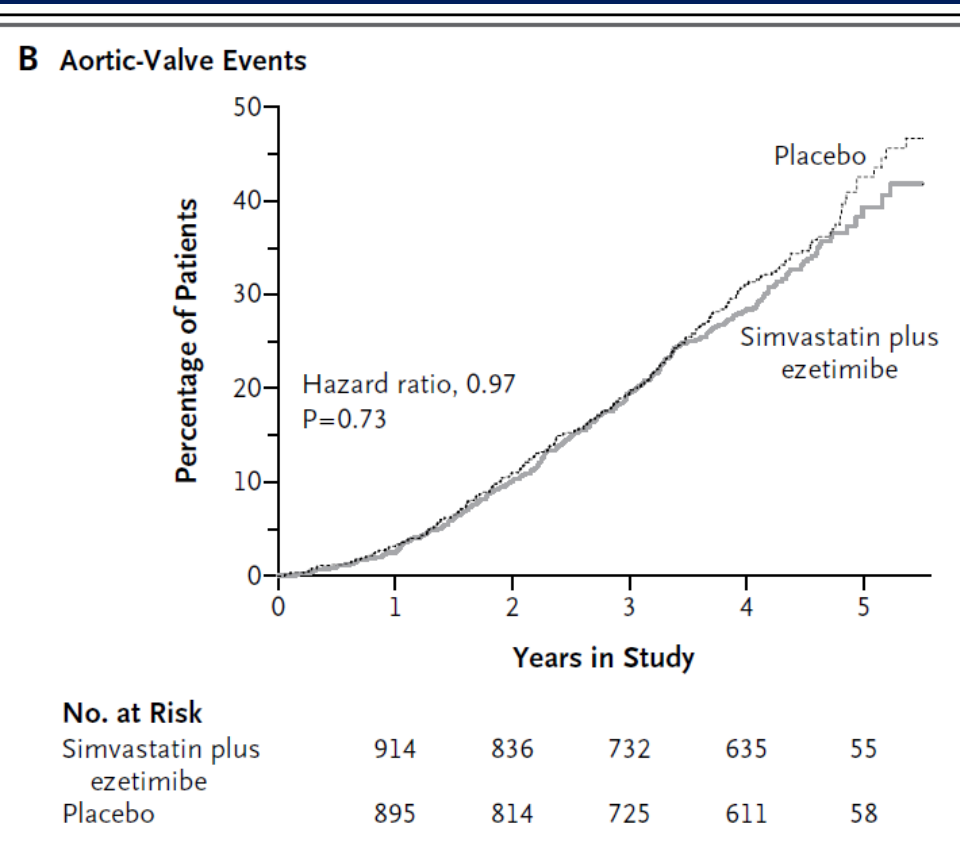
New Aspects From the SEAS Study

- Randomized, double blind, placebo controlled, multicenter
- 173 centers: Norway, Sweden, Denmark, Finland, Germany, UK, Ireland
- 4-Week placebo/diet run-in
- 1873 patients (Minimum follow-up: 4 years) with asymptomatic mild to moderate AS (peak V: 2.5 -4m/s)



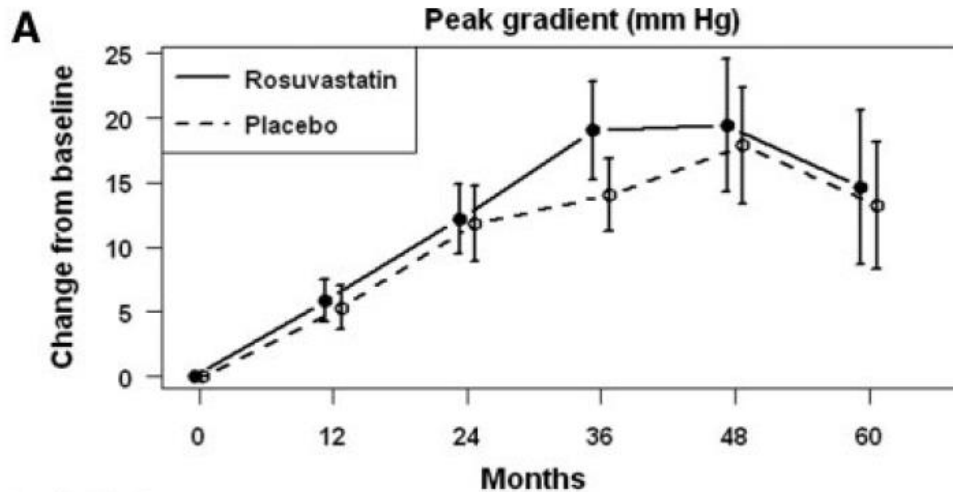
Rossebø AB et al. N Engl J Med. 2008;359(13):1343-56

New Aspects From the SEAS Study

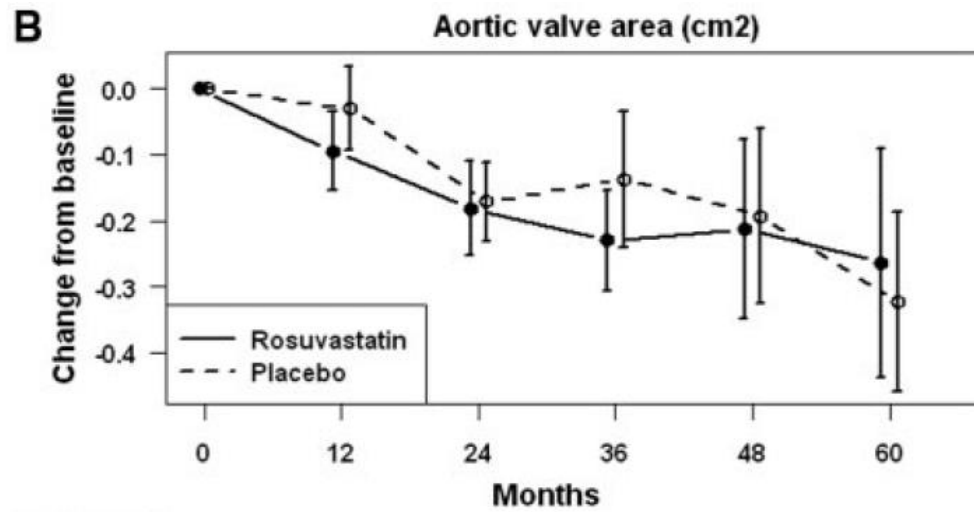


Rossebø AB et al. N Engl J Med. 2008;359(13):1343-56

ASTRONOMER study

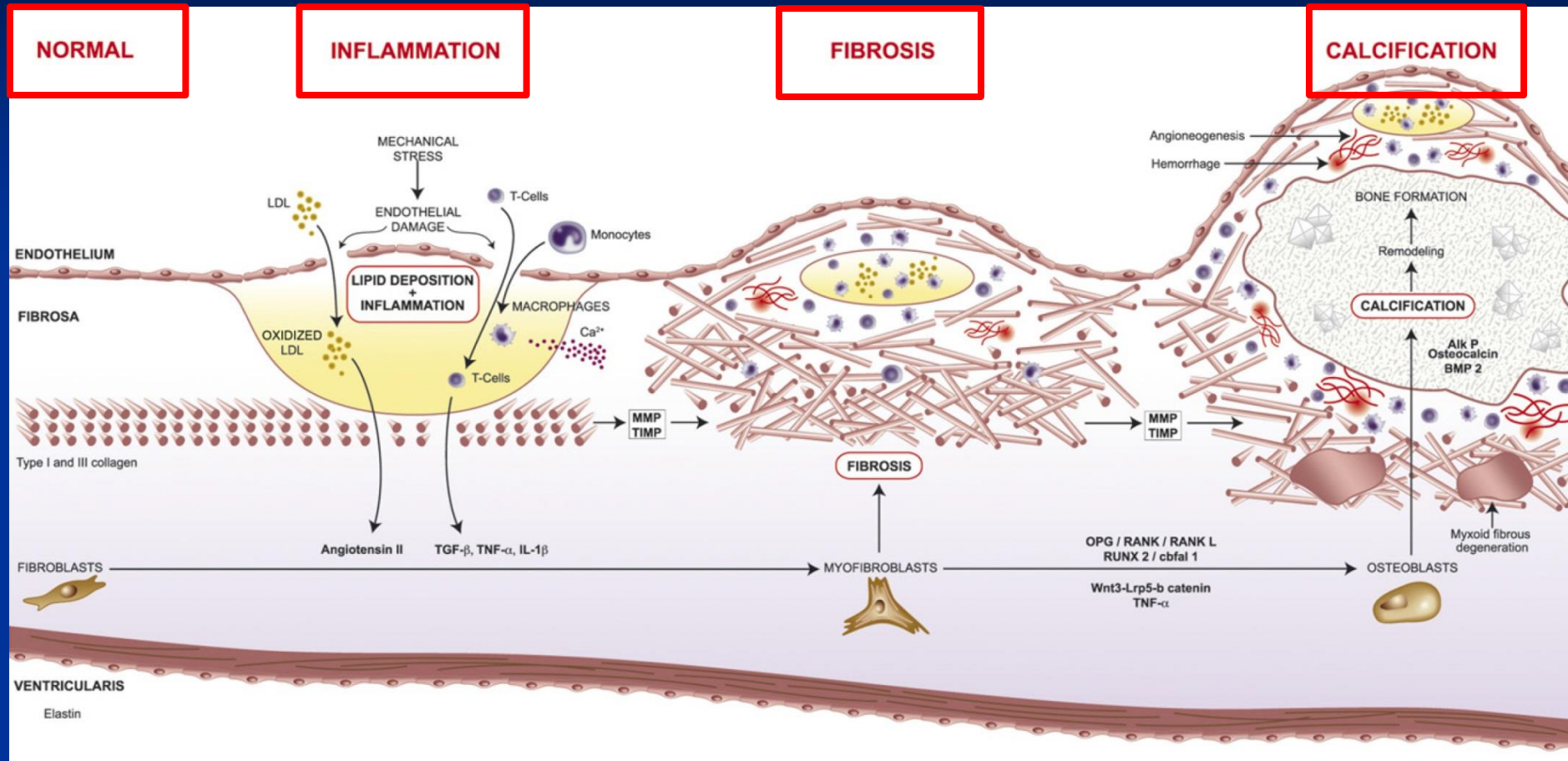


No. of subjects						
Rosuvastatin	134	128	106	99	69	34
Placebo	135	126	104	88	56	31



No. of subjects						
Rosuvastatin	130	118	98	92	62	34
Placebo	133	122	102	85	56	31

Calcific Aortic Stenosis



Fibroblast

Myofibroblast

Osteoblast

AV sclerosis

Progression

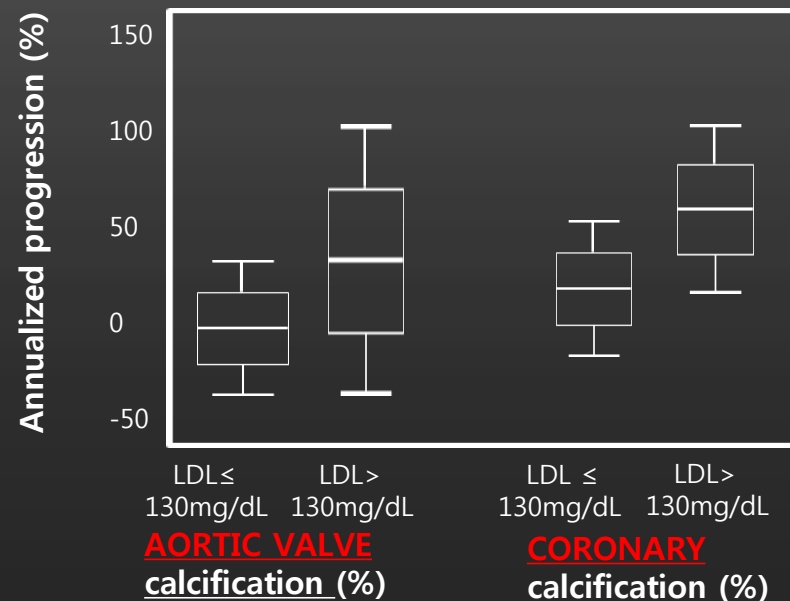
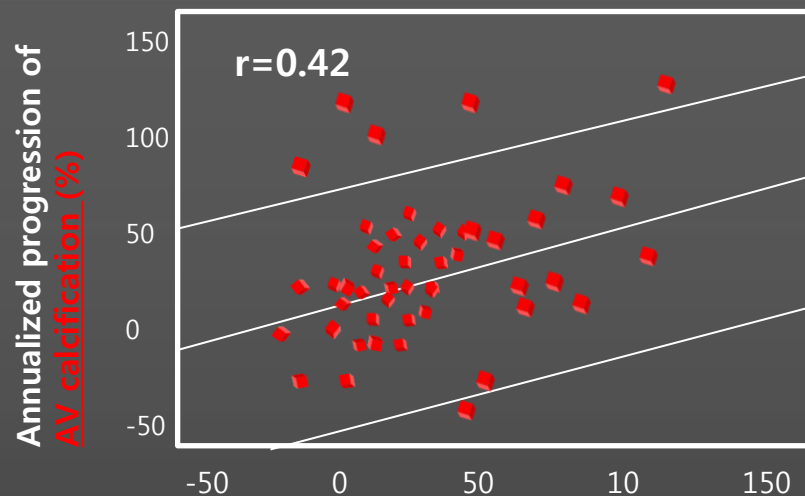
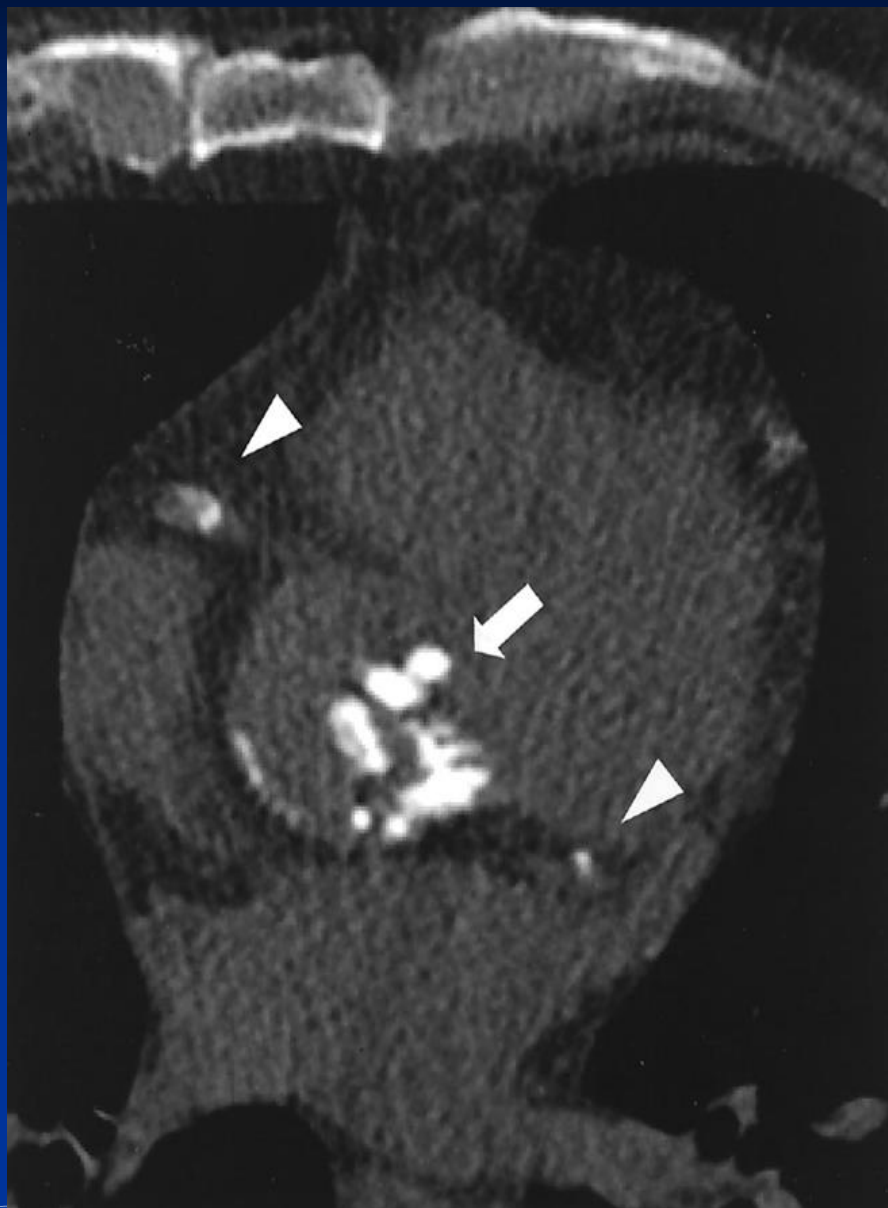
	Statin (+) (N=309)	Statin (-) (N=737)	P VALUE
AV sclerosis	0.04±0.09	0.07±0.10m/s/year	0.01
Mild AS	0.09±0.15	0.15±0.15m/s/year	0.001
Moderate AS	0.21±0.18	0.22±0.15	0.70

Am J Cardiol 2008;102:738 –742

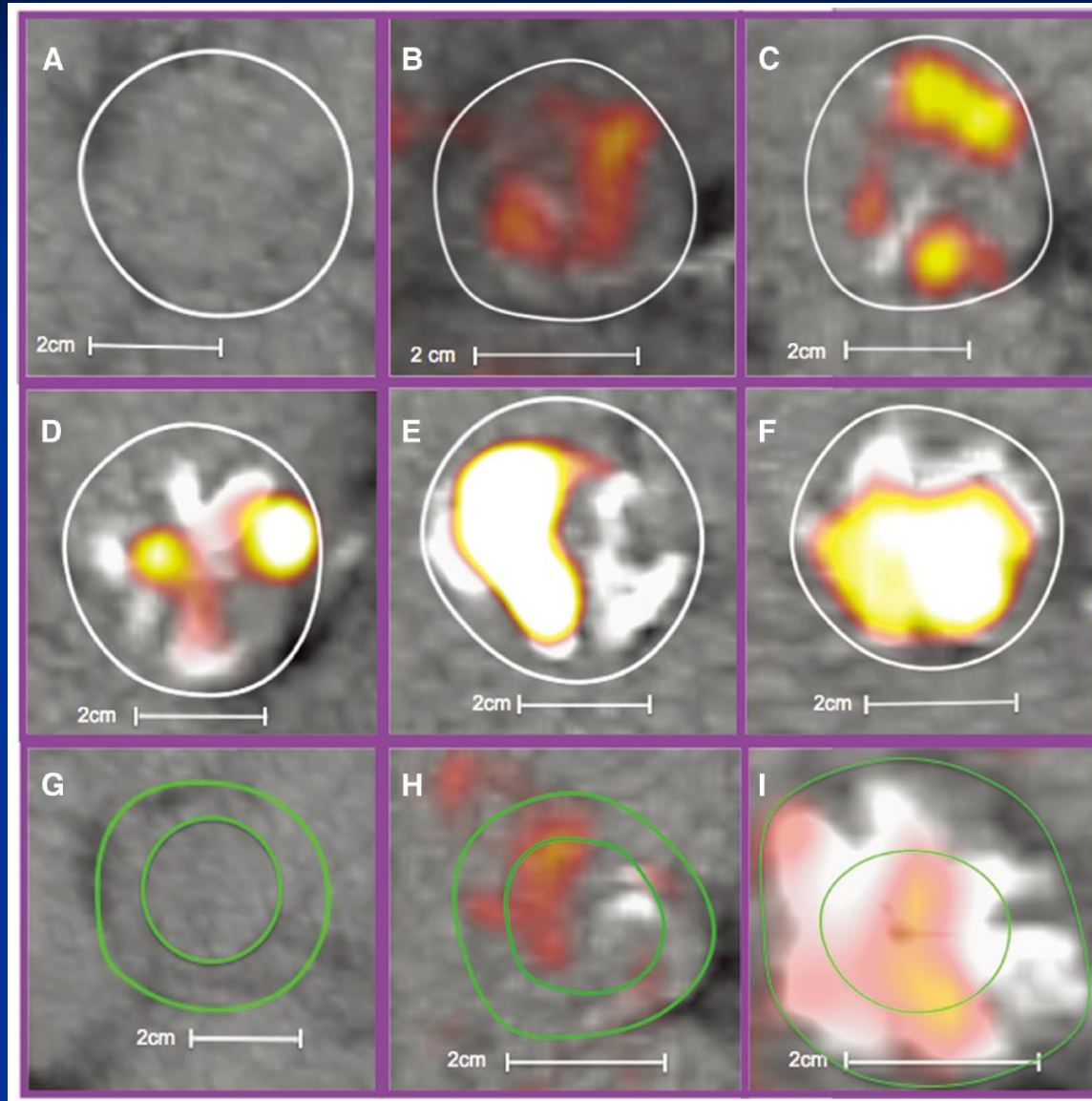
Method of Early Detection



AV sclerosis



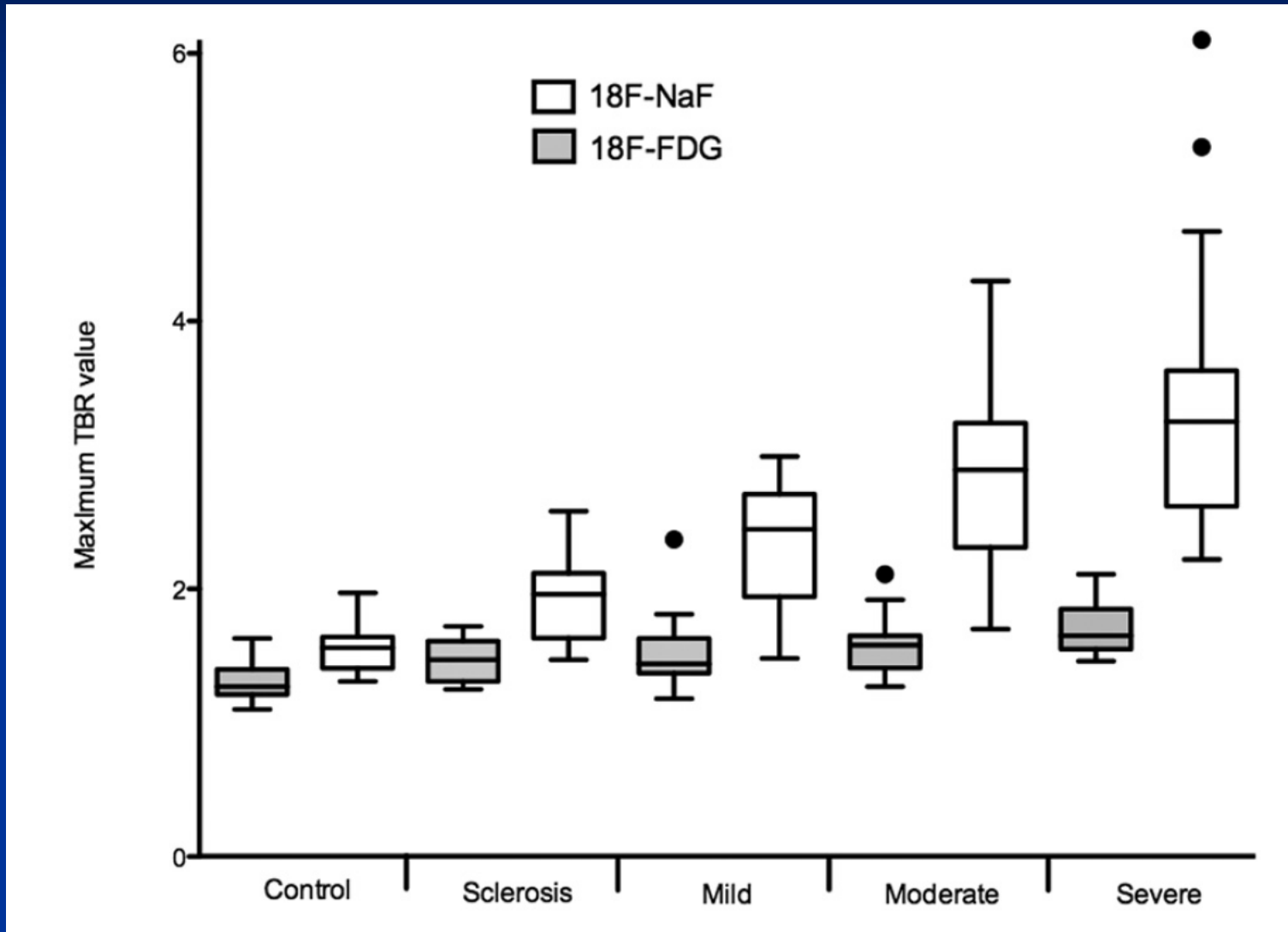
Assessment of Valvular Calcification and Inflammation



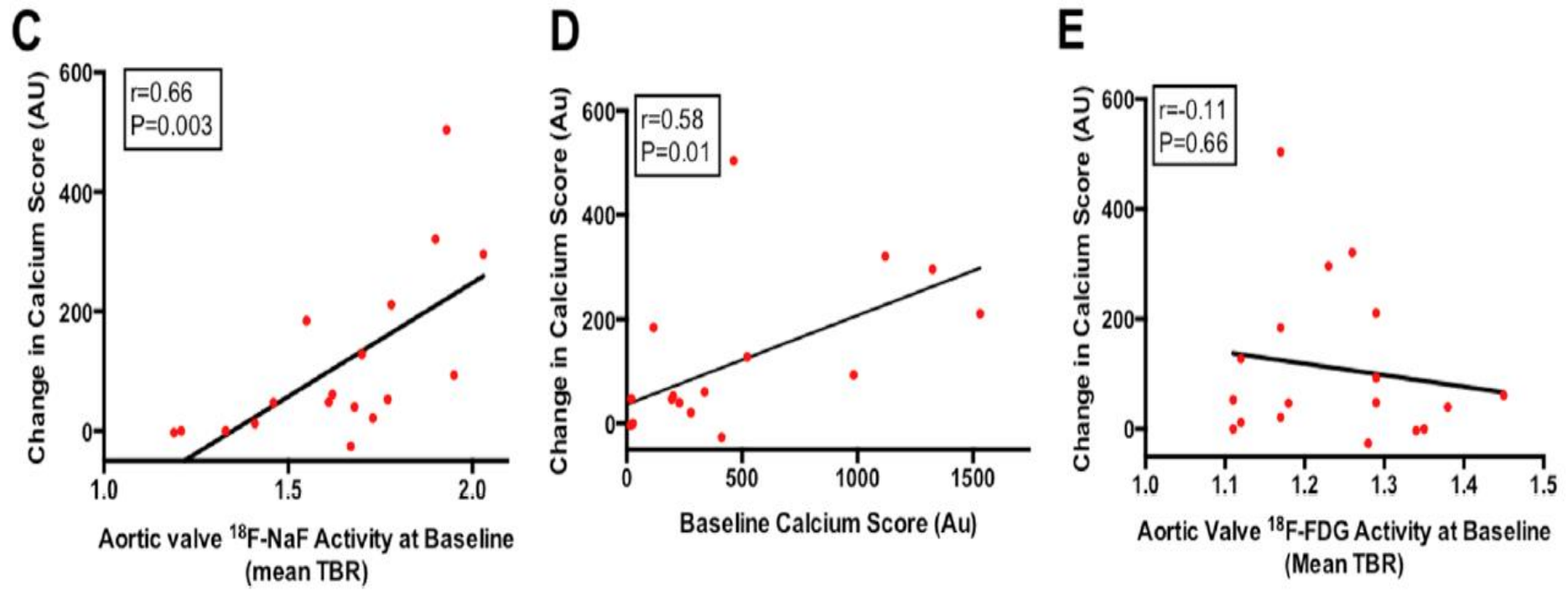
18F-NaF

18F-FDG

Assessment of Valvular Calcification and Inflammation



Progression of calcium score

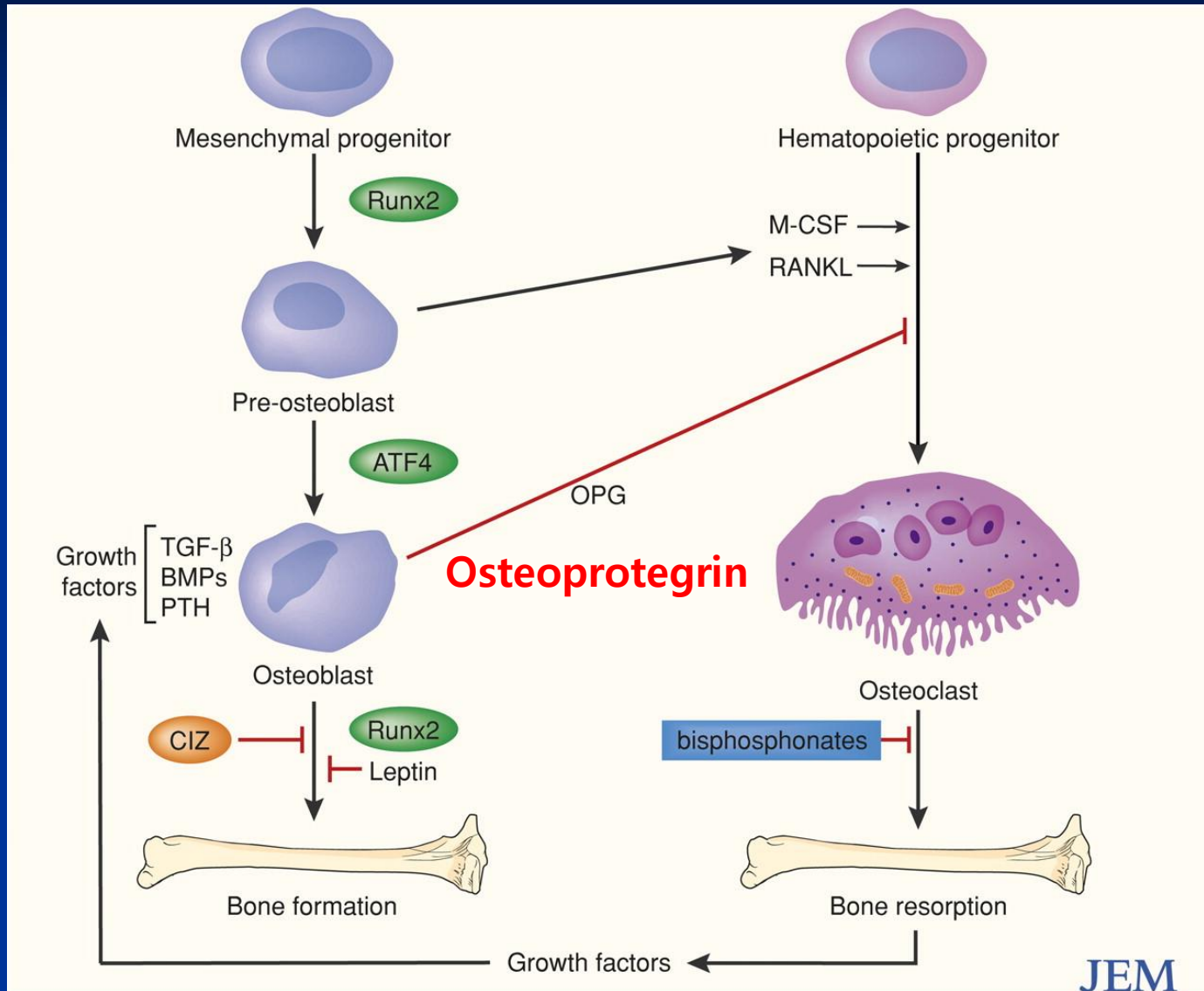


Dweck et al. Circ Cardiovasc Imaging. 2014;7:371-378

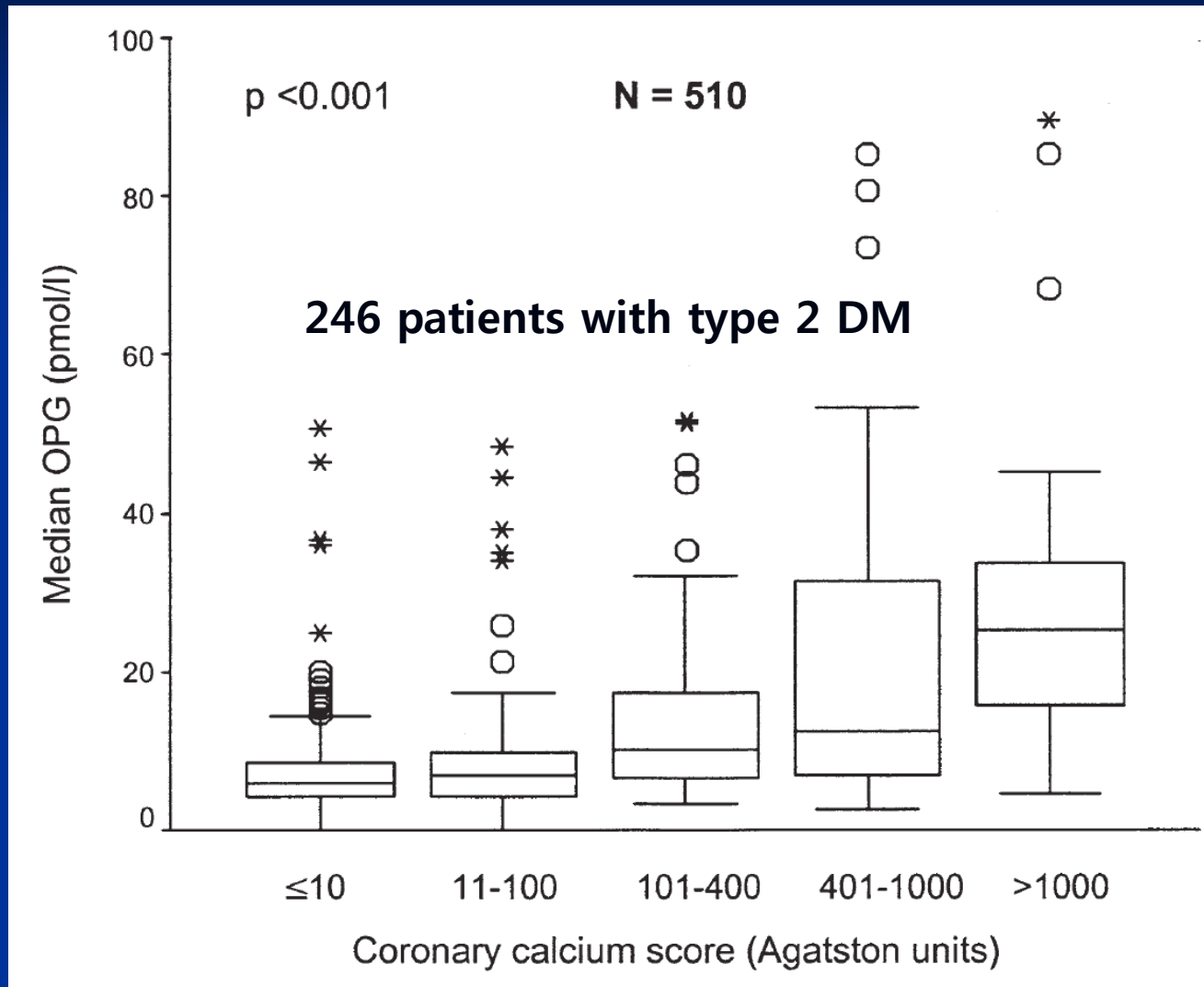
Imaging for early detection

- CT : calcium scoring
- PET imaging
 - ^{18}F -NaF – Osteoblastic activity
 - ^{18}F -FDG – Inflammation

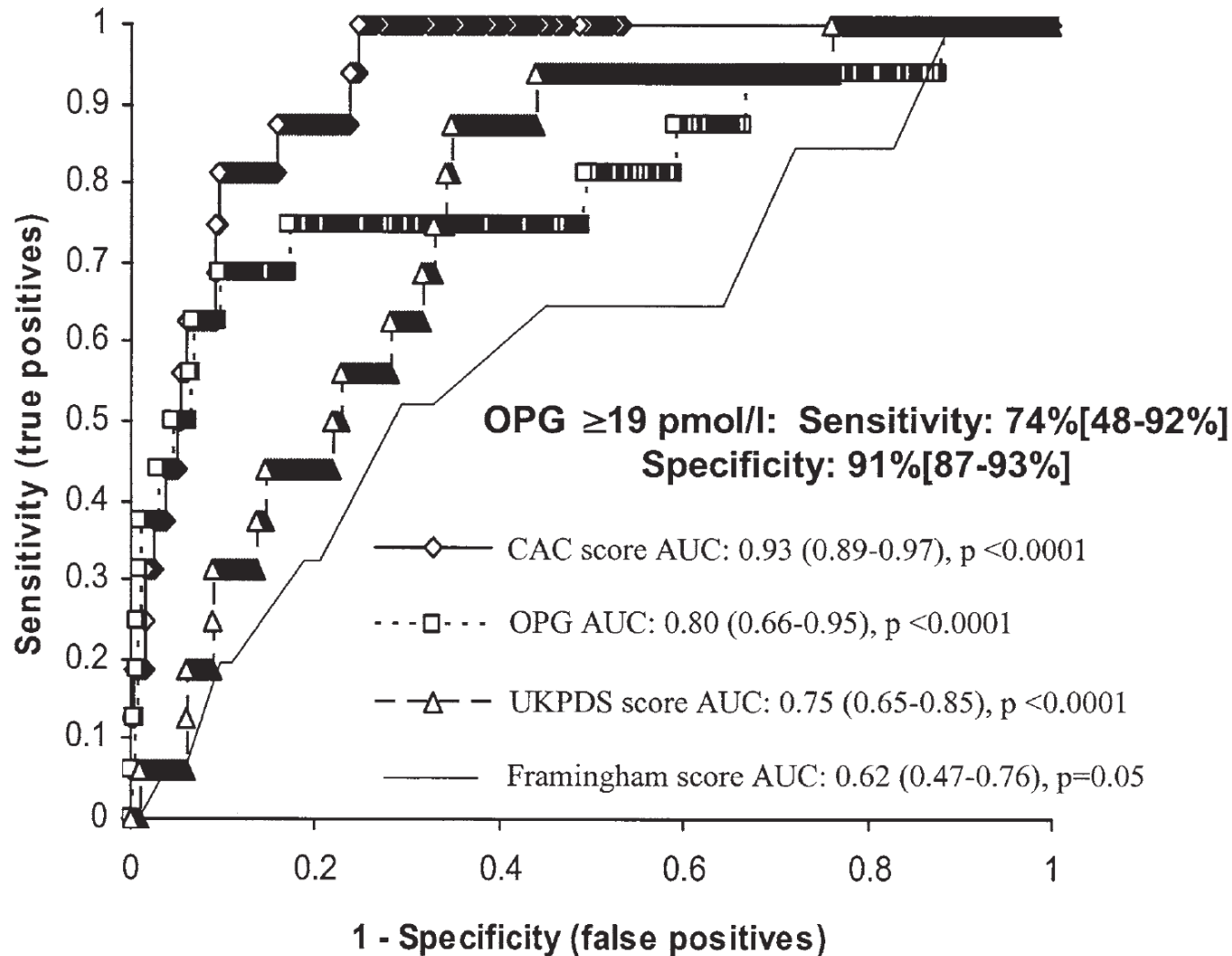
New Biomarker



Osteoprotegerin (OPG)

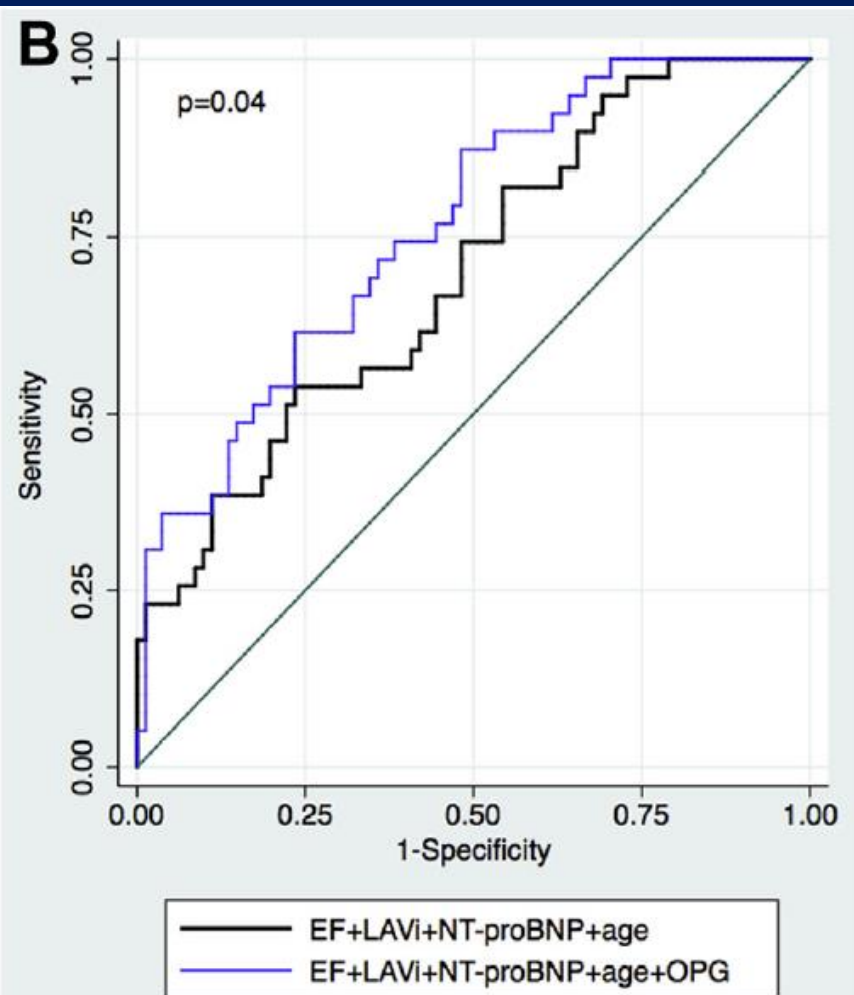
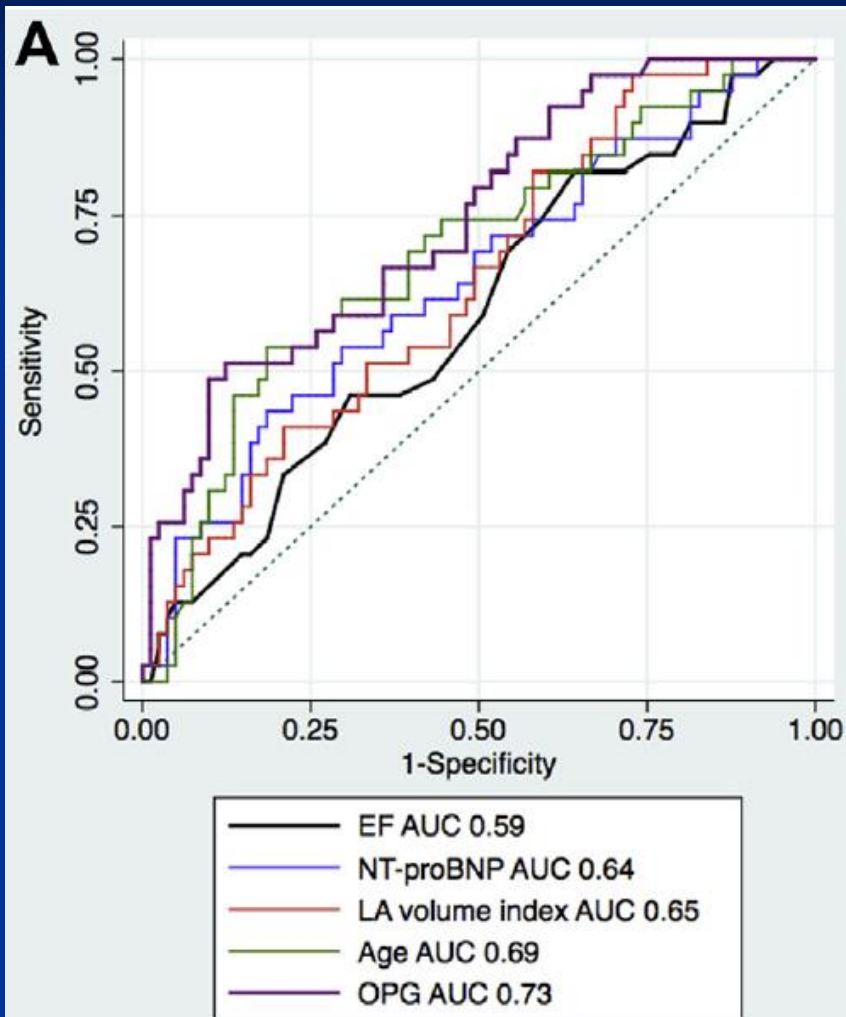


Osteoprotegerin (OPG)

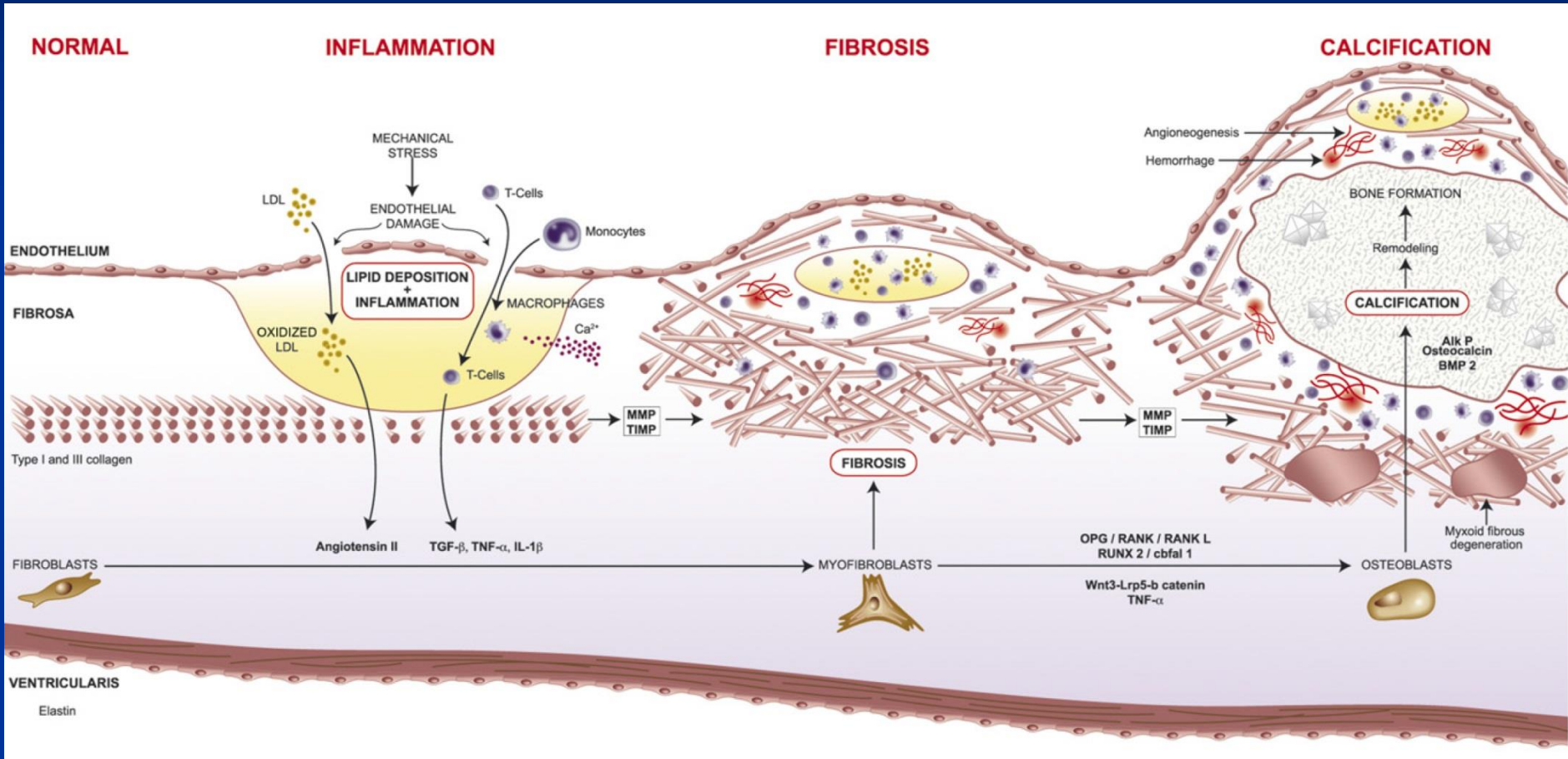


Osteoprotegrin (OPG)

Aortic stenosis



New Therapeutic Target

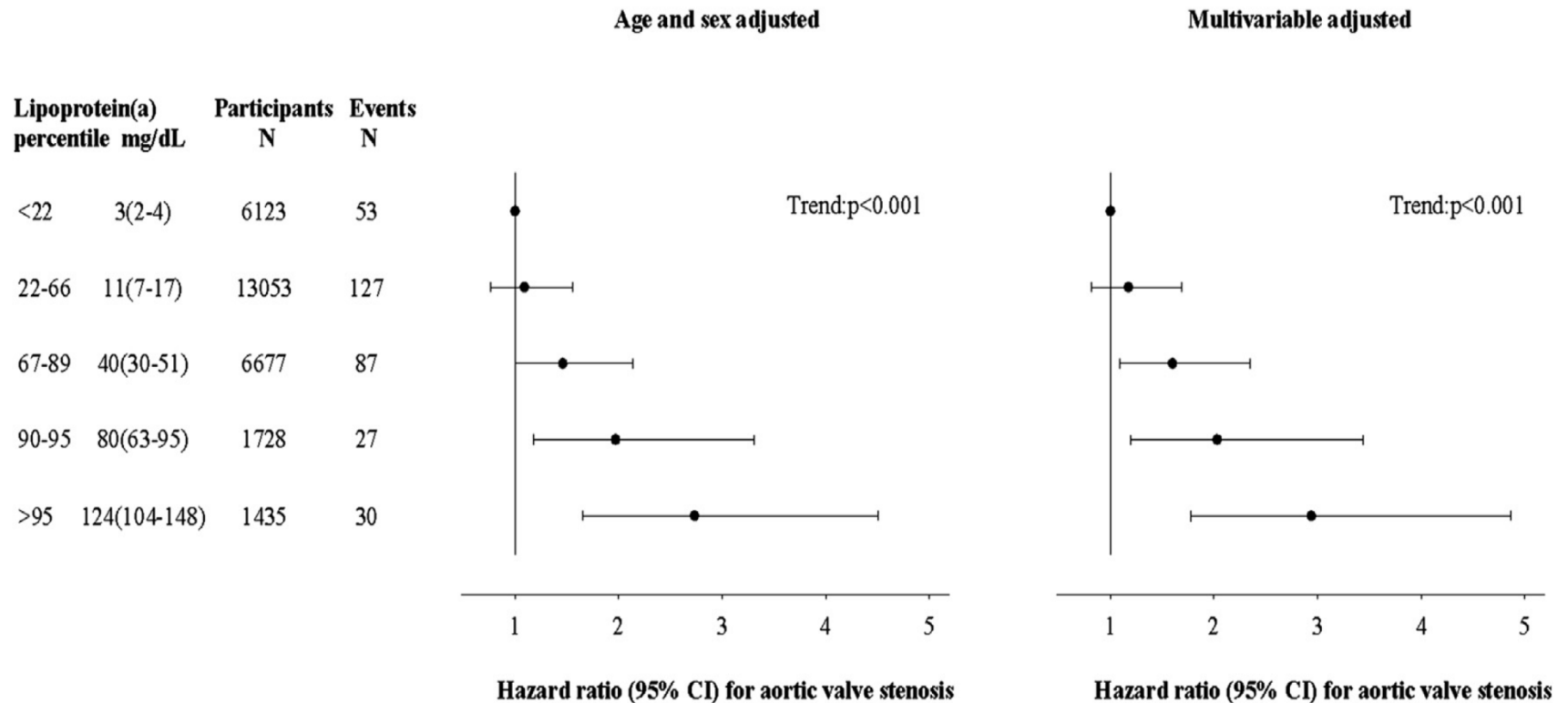


Genetics

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rs13415097	MAC	2	C	0.16	1.66 (1.39–1.98)	1.8×10^{-8}	IL1F9

N Engl J Med 2013;368:503-12.

Lipoprotein(a)



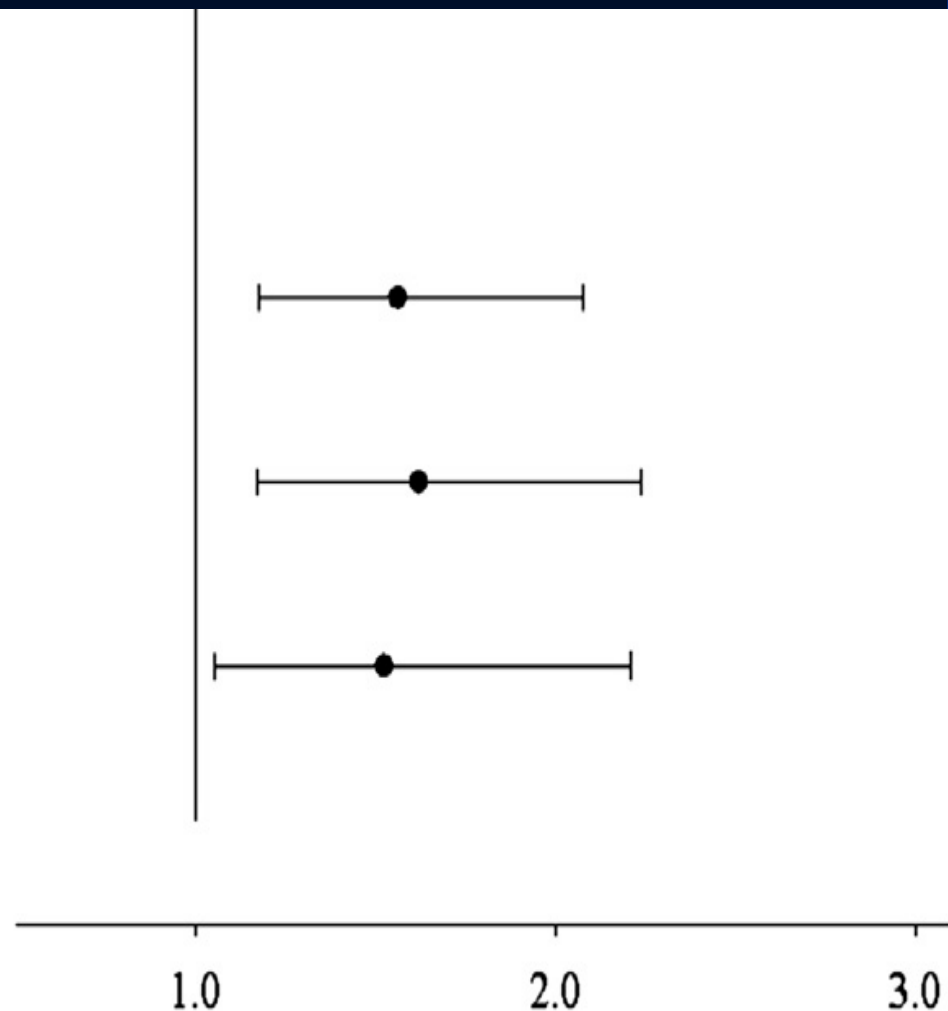
J Am Coll Cardiol 2014;63:470–7

Combined genotype

Individual participant data (N=28485)

Genotype score (N=28485)

Extreme genotype score (N=9286)



**Relative risk/hazard ratio (95% CI)
per 10-fold increase in lipoprotein(a) level**

Percentile

Elevated Expression of Lipoprotein-Associated Phospholipase A2 in Calcific Aortic Valve Disease

Implications for Valve Mineralization

Ablajan Mahmut, MD, MSc,* Marie-Chloé Boulanger, PhD,* Diala El Husseini, MS
Dominique Fournier, MSc,* Rihab Boucharak, PhD,* Jean Pierre Després, PhD,*

Together, these results demonstrated that Lp-PLA2 is highly expressed in the mineralization of valve interstitial cells. Further work is necessary to be considered as a novel target in CAVD. (J Am Coll Cardiol 2014;63:460-9) © 2014 by American College of Cardiology Foundation

Results

Transcriptomic analyses of CAVD and control nonmineralized aortic valves revealed that Lp-PLA2 expression was 4.2-fold higher in mineralized aortic valves. Higher expression of Lp-PLA2 in stenotic aortic valves was confirmed by quantitative polymerase chain reaction, immunohistochemistry, and enzymatic Lp-PLA2 activity. Lp-PLA2 transcripts correlated with several indexes of tissue remodeling. In vitro, lysophosphatidylcholine increased the expression of alkaline phosphatase, the ectonucleotide pyrophosphatase/phosphodiesterase 1, and sodium-dependent phosphate cotransporter 1 (encoded by the *SLC20A1* gene), and osteocalcin, suggesting that lysophosphatidylcholine-induced mineralization involved ectonucleotidase enzyme activity and a protein-kinase-A-dependent pathway.

Conclusions

Together, these results demonstrated that Lp-PLA2 is highly expressed in CAVD, and it may play a role in the mineralization of valve interstitial cells. Further work is necessary to document whether Lp-PLA2 inhibition can be considered as a novel target in CAVD. (J Am Coll Cardiol 2014;63:460-9) © 2014 by American College of Cardiology Foundation

Journal of the American College of Cardiology
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EDITORIAL COMMENT

New Therapeutic Targets for Calcific Aortic Valve Stenosis

The Lipoprotein(a)-Lipoprotein-Associated Phospholipase A₂-Oxidized Phospholipid Axis*

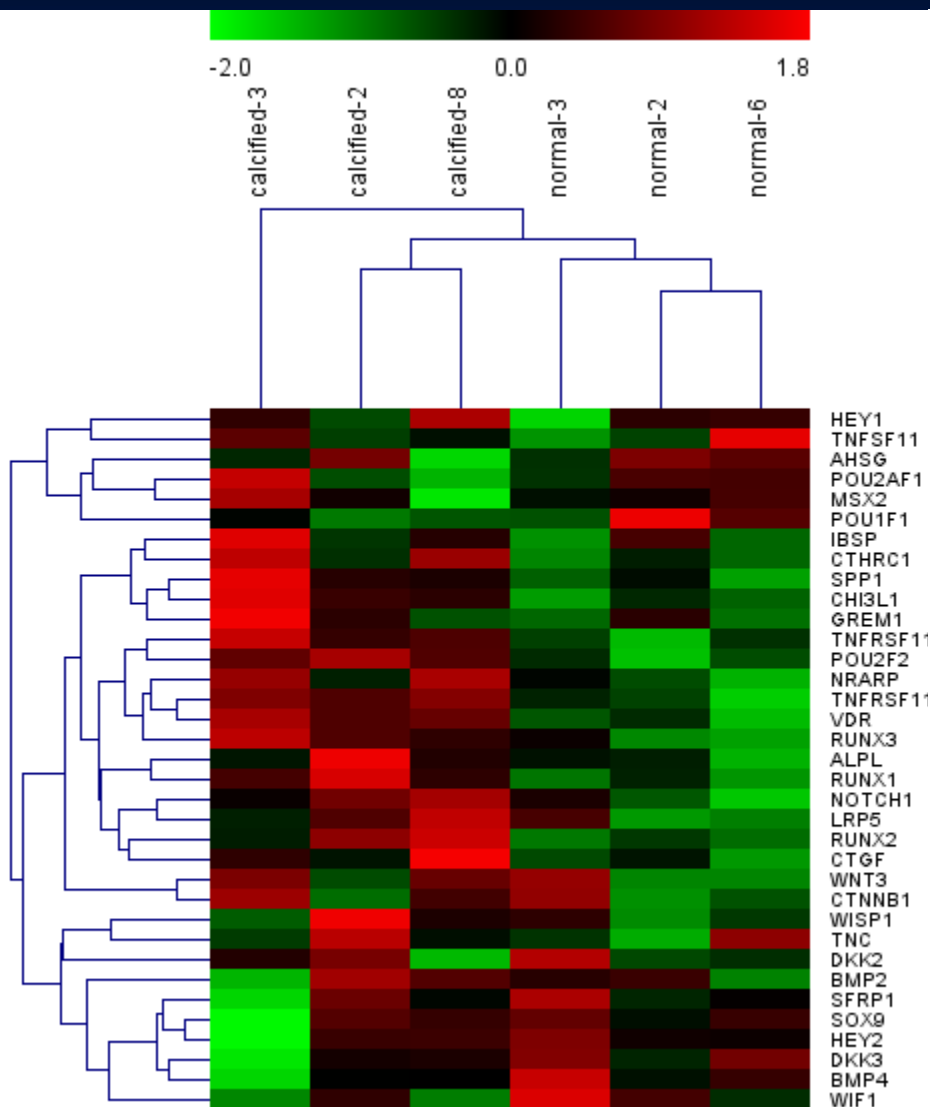
Ming-Yow Hung, MD,†‡§ Joseph L. Witztum, MD,§
Sotirios Tsimikas, MD§

New Taipei City and Taipei, Taiwan; and
La Jolla, California

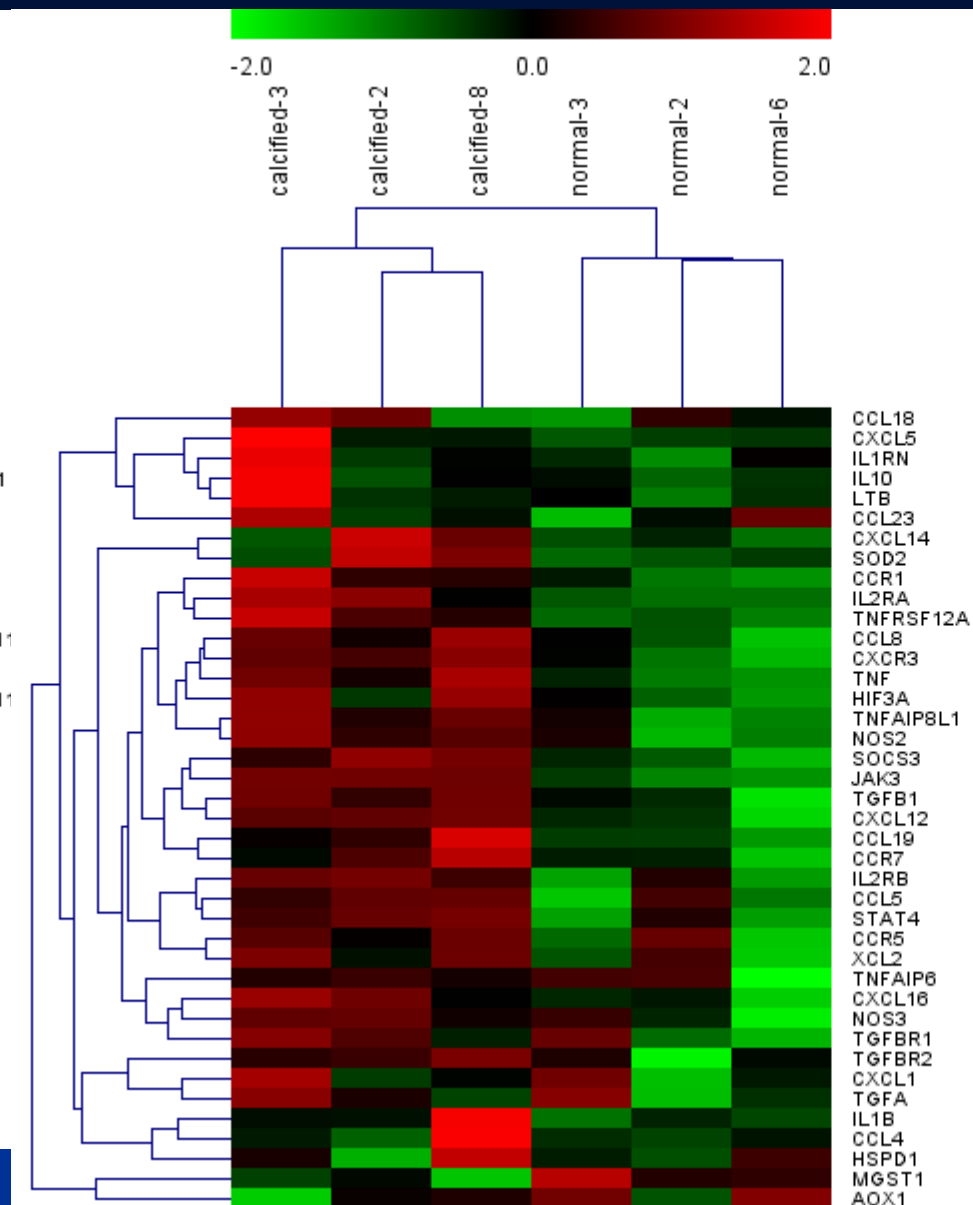
Calcific aortic valve stenosis (CAVS) is the most common form of acquired valvular heart disease, present in 3% of the population more than 75 years of age (1). Although risk factors are similar for CAVS and atherosclerosis, ~50% of patients with CAVS do not have clinically significant cardiovascular disease (CVD), suggesting related, but unique, pathophysiology (1). Although surgical aortic valve replacement remains the gold standard treatment for most patients, at least one-third of symptomatic patients with CAVS may not undergo surgical aortic valve replacement.

See pages 460 and 470

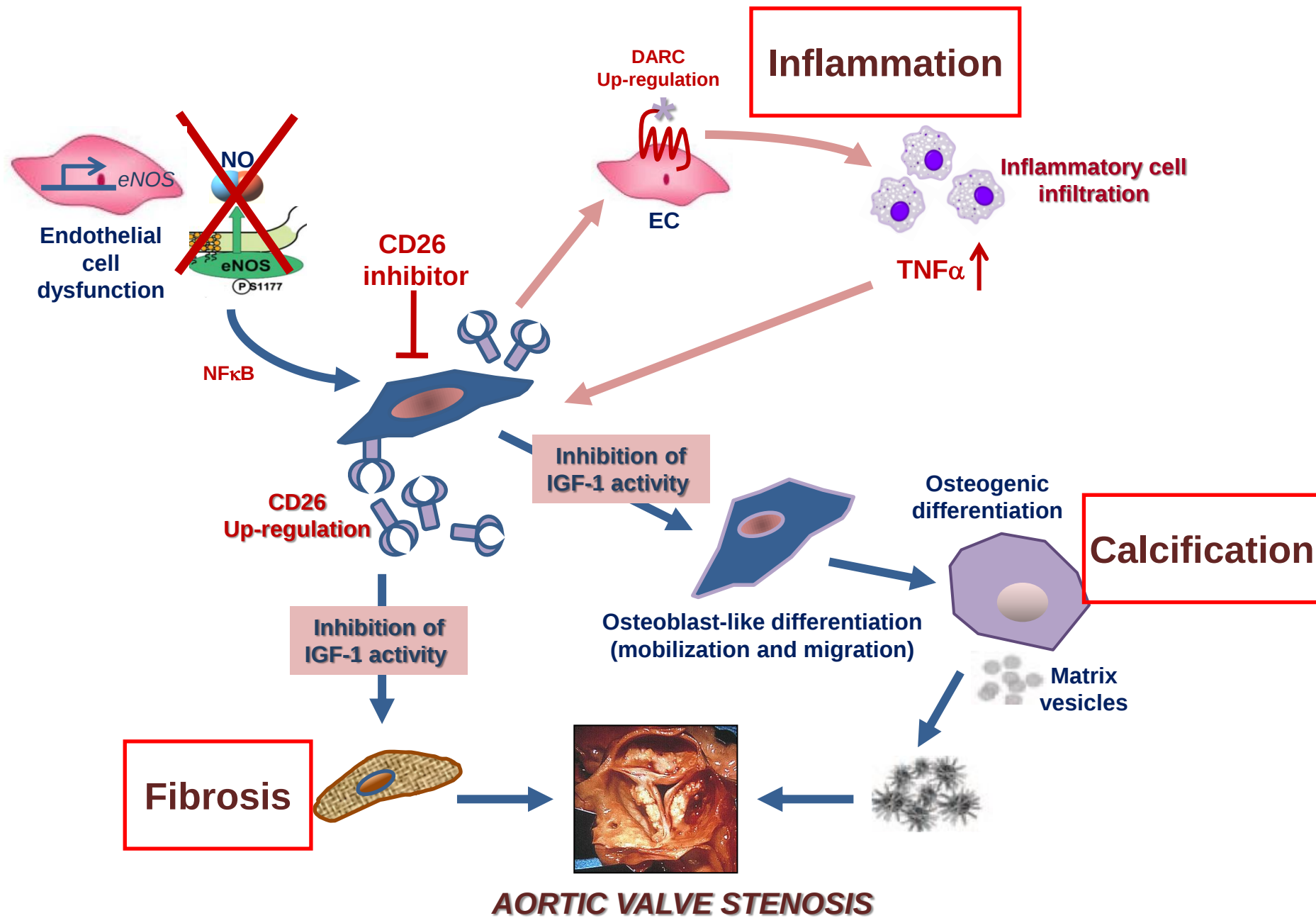
Calcification



Inflammation







**New Therapeutic
Target for
the Calcification
Would Be Enough ???**

62/F
4YA HTN on MX
10MA AVR
PreOP CAG: mild CAD

이
성
남

간 호 일 지 (응급실)

날짜	시간	혈압	맥박	호흡	체온	간 호 내 용	간호사 서명
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22:57



Name:

ID: 20130427205039 27 Apr 2013 2

▼Alarm HR > 1▼Alarm HR < 50

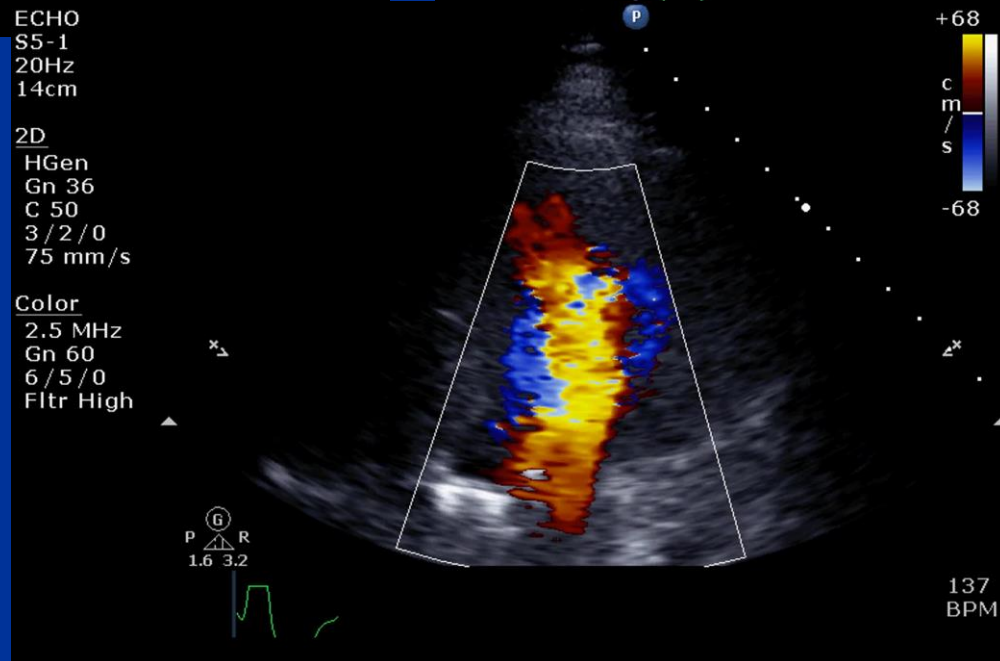
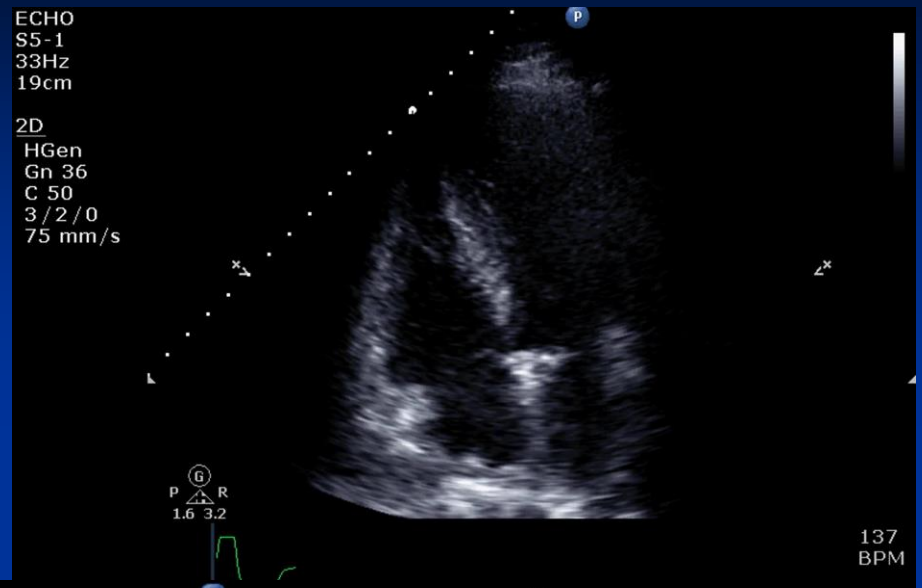
II x1 1-30Hz

25mm/sec

3201646-027 20G44B8KG3GG7R LP2033415367

MEDI-

Portable echocardiography

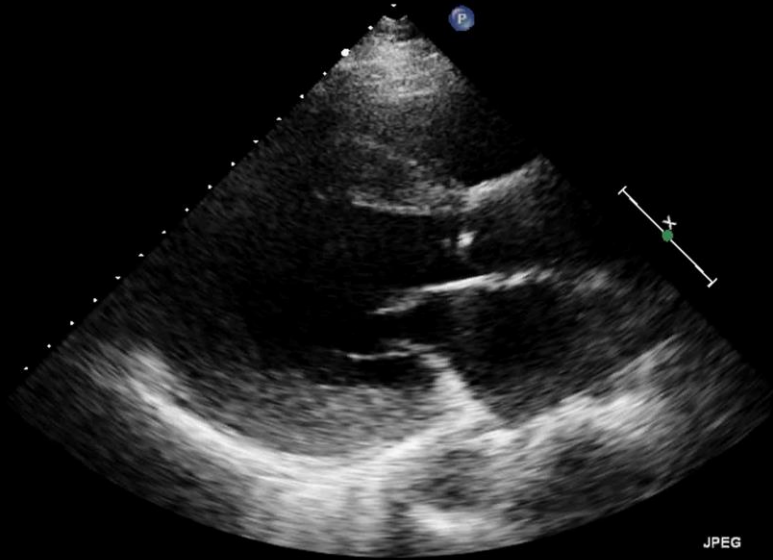


Echocardiography before OP

FR 47Hz
17cm

2D
62%
C 51
P Low
HGen

③
P R
1.7 3.4



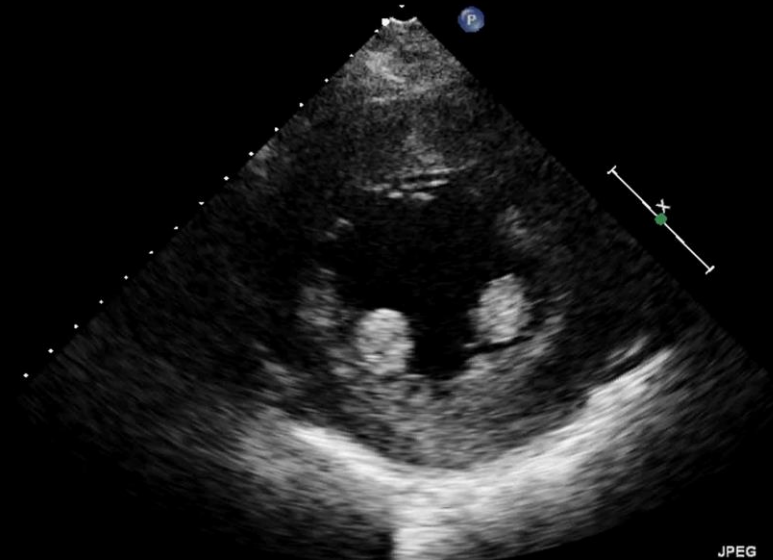
M FR 49Hz
16cm

2D
68%
C 51
P Low
HGen

③
P R
1.7 3.4

JPEG

87 |



M3

JPEG

83 bpm

FR 43Hz
19cm

2D
66%
C 51
P Low
HGen

③
P R
1.7 3.4



M3

JPEG

82 bpm

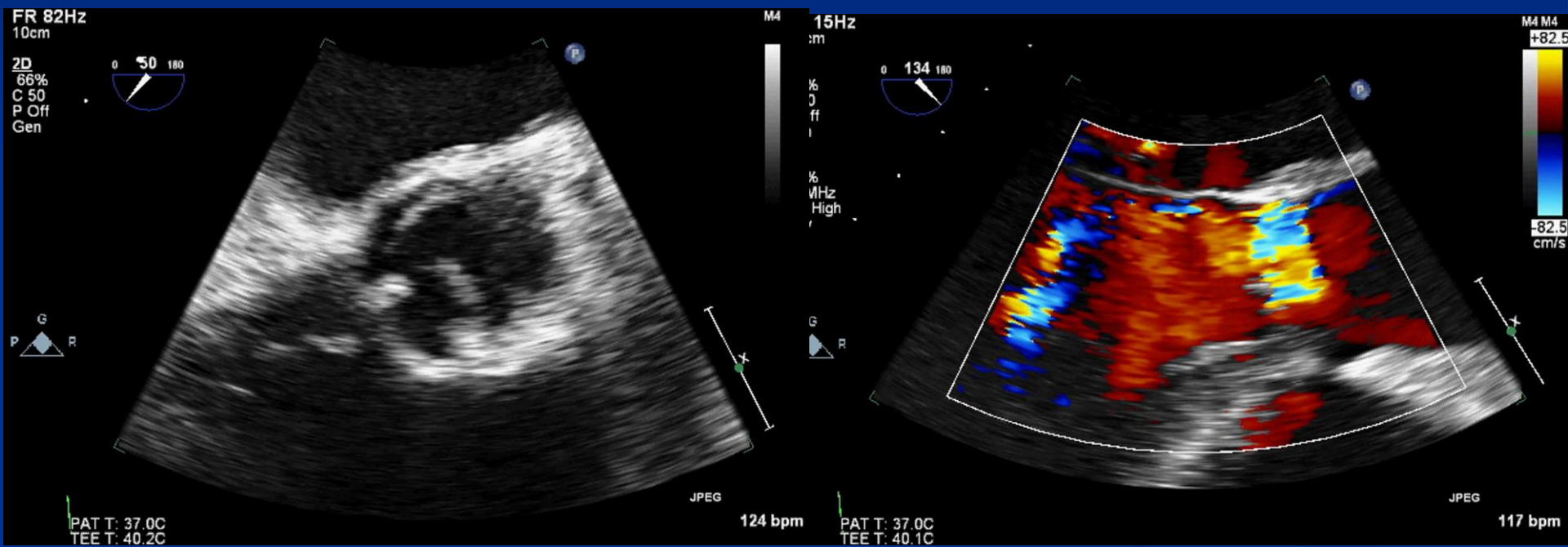


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Medical Center

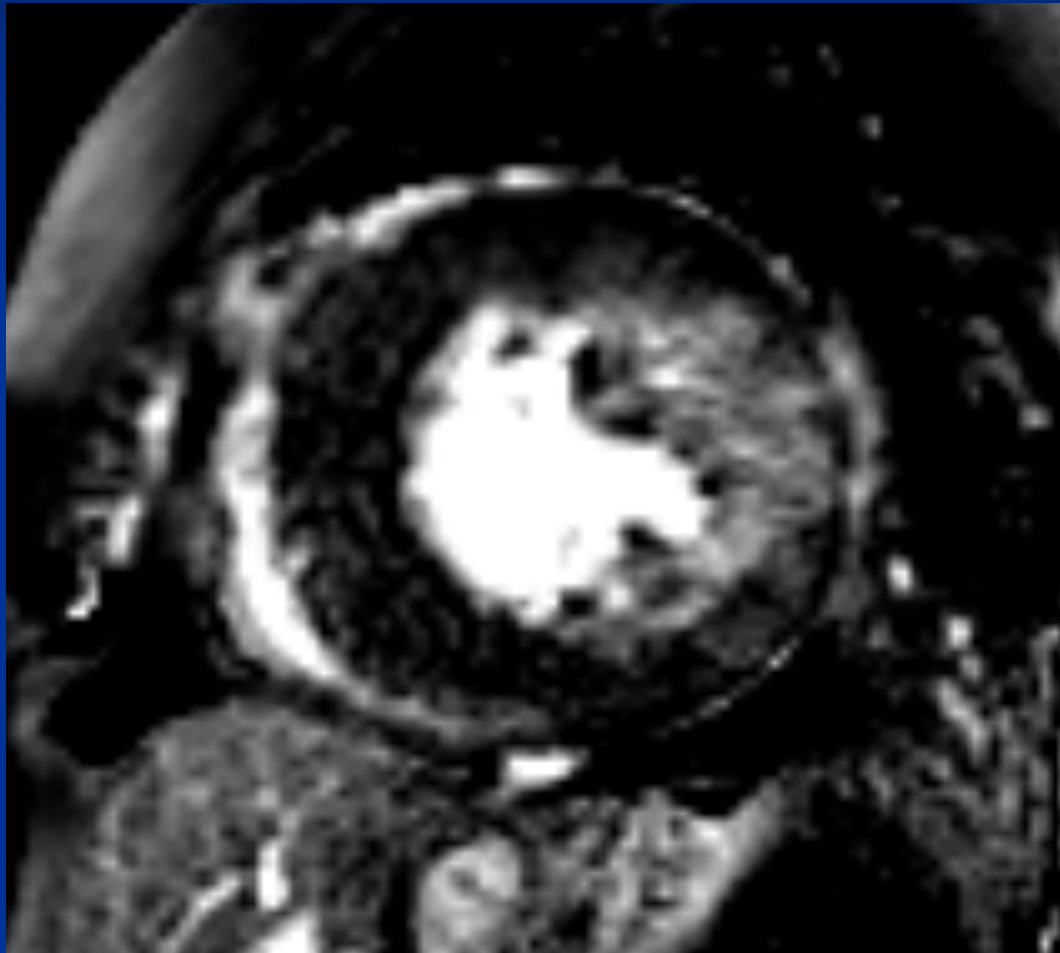


UNIVERSITY OF ULSAN
COLLEGE OF MEDICINE

Echocardiography before OP



Cardiac MRI before OP



Prognostic Significance of Myocardial Fibrosis Quantification by Histopathology and Magnetic Resonance Imaging in Patients With Severe Aortic Valve Disease

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Table 1 Pre-Operative Characteristics of the 54 Patients

	All (n = 54)	Aortic Regurgitation (n = 26)	Aortic Stenosis (n = 28)	p Value
Sex				
Male	42 (78%)	24 (92%)	18 (64%)	0.02
Female	12 (22%)	2 (8%)	10 (36%)	
Age (yrs)	46.8 ± 13.7	46.5 ± 14.2	47.2 ± 13.5	0.85
Etiology				
Rheumatic disease	27 (50%)	20 (77%)	7 (25%)	<0.001
Bicuspid aortic valve	18 (33%)	3 (11.5%)	15 (54%)	
Degenerative/calcification	6 (11%)	0	6 (21%)	
Other	3 (6%)	3 (11.5%)	0	
NYHA functional class				
I	3 (5%)	2 (8%)	1 (4%)	0.79
II	22 (41%)	10 (38%)	12 (43%)	
III	29 (54%)	14 (54%)	15 (53%)	
Angina	13 (24%)	3 (12%)	10 (36%)	0.04
Syncope	5 (9%)	1 (4%)	4 (14%)	0.18
Pressure gradient (mm Hg)				
Peak	—	—	97 ± 27	—
Mean	—	—	63 ± 20	—
Hypertension	0	0	0	—
Diabetes	0	0	0	—
Hypercholesterolemia	0	0	0	—
Smoking	2 (4%)	1 (4%)	1 (4%)	1.0
Family history of CAD	0	0	0	—
LV EDV (ml)	244 ± 92	318 ± 68	175 ± 43	<0.001
LV ESV (ml)	124 ± 67	169 ± 67	83 ± 30	<0.001
LV mass (g)	272 ± 47	280 ± 44	266 ± 50	0.27
LVEF (%)	51 ± 11	48 ± 11	53 ± 9	0.09
MF by histopathology (%)	24.6 ± 9.8	25.8 ± 10.3	23.4 ± 9.3	0.37
MF by ce-MRI (%)	3.72 ± 2.17	4.35 ± 2.32	3.15 ± 1.87	0.04
MF by qualitative analysis				
Present	35 (65%)	18 (69%)	17 (61%)	0.51
Absent	19 (35%)	8 (31%)	11 (39%)	

Midwall Fibrosis Is an Independent Predictor of Mortality in Patients With Aortic Stenosis

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Objectives

The goal of this study was to assess the prognostic significance of midwall and infarct patterns of late gadolinium enhancement (LGE) in aortic stenosis.

Background

Myocardial fibrosis occurs in aortic stenosis as part of the hypertrophic response. It can be detected by LGE, which is associated with an adverse prognosis in a range of other cardiac conditions.

Methods

Between January 2003 and October 2008, consecutive patients with moderate or severe aortic stenosis undergoing cardiovascular magnetic resonance with administration of gadolinium contrast were enrolled into a registry. Patients were categorized into absent, midwall, or infarct patterns of LGE by blinded independent observers. Patient follow-up was completed using patient questionnaires, source record data, and the National Strategic Tracing Service.

Results

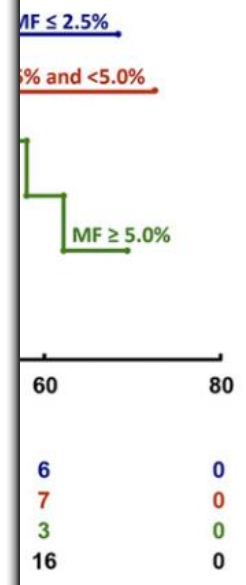
A total of 143 patients (age 68 ± 14 years; 97 male) were followed up for 2.0 ± 1.4 years. Seventy-two underwent aortic valve replacement, and 27 died (24 cardiac, 3 sudden cardiac deaths). Compared with those with no LGE ($n = 49$), univariate analysis revealed that patients with midwall fibrosis ($n = 54$) had an 8-fold increase in all-cause mortality despite similar aortic stenosis severity and coronary artery disease burden. Patients with an infarct pattern ($n = 40$) had a 6-fold increase. Midwall fibrosis (hazard ratio: 5.35; 95% confidence interval: 1.16 to 24.56; $p = 0.03$) and ejection fraction (hazard ratio: 0.96; 95% confidence interval: 0.94 to 0.99; $p = 0.01$) were independent predictors of all-cause mortality by multivariate analysis.

Conclusions

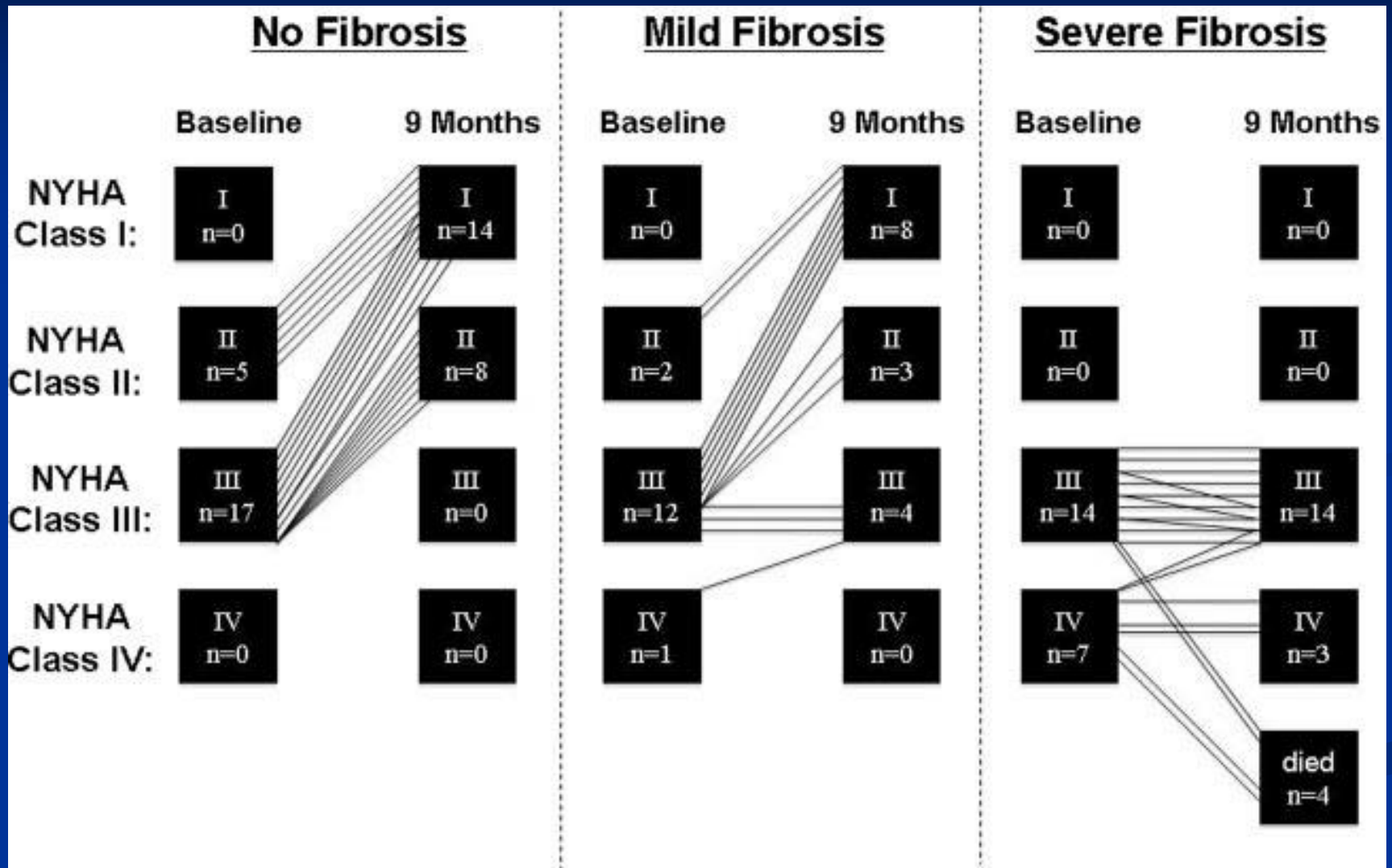
Midwall fibrosis was an independent predictor of mortality in patients with moderate and severe aortic stenosis. It has incremental prognostic value to ejection fraction and may provide a useful method of risk stratification. (The Prognostic Significance of Fibrosis Detection in Cardiomyopathy; [NCT00930735](#)) (J Am Coll Cardiol 2011; 58:1271-9) © 2011 by the American College of Cardiology Foundation

C
Survival Probability

Number
at risk
Group
Group
Group
Total



Functional capacity recovery after AVR



Circulation. 2009;120:577-584

Calcific aortic stenosis



A Disease of the Valve
and the Myocardium

Summary

■ Aortic valve sclerosis

- Clinical precursors of degenerative AS
- Related with cardiovascular mortality and morbidity

■ Calcific aortic stenosis

- Precursor
- Pathologic cellular mechanism
- Early detection & intervention
- New therapeutic target : calcification
- A disease of the valve and the myocardium

Dream Therapeutic Target

