

# Losartan의 항혈소판 효과

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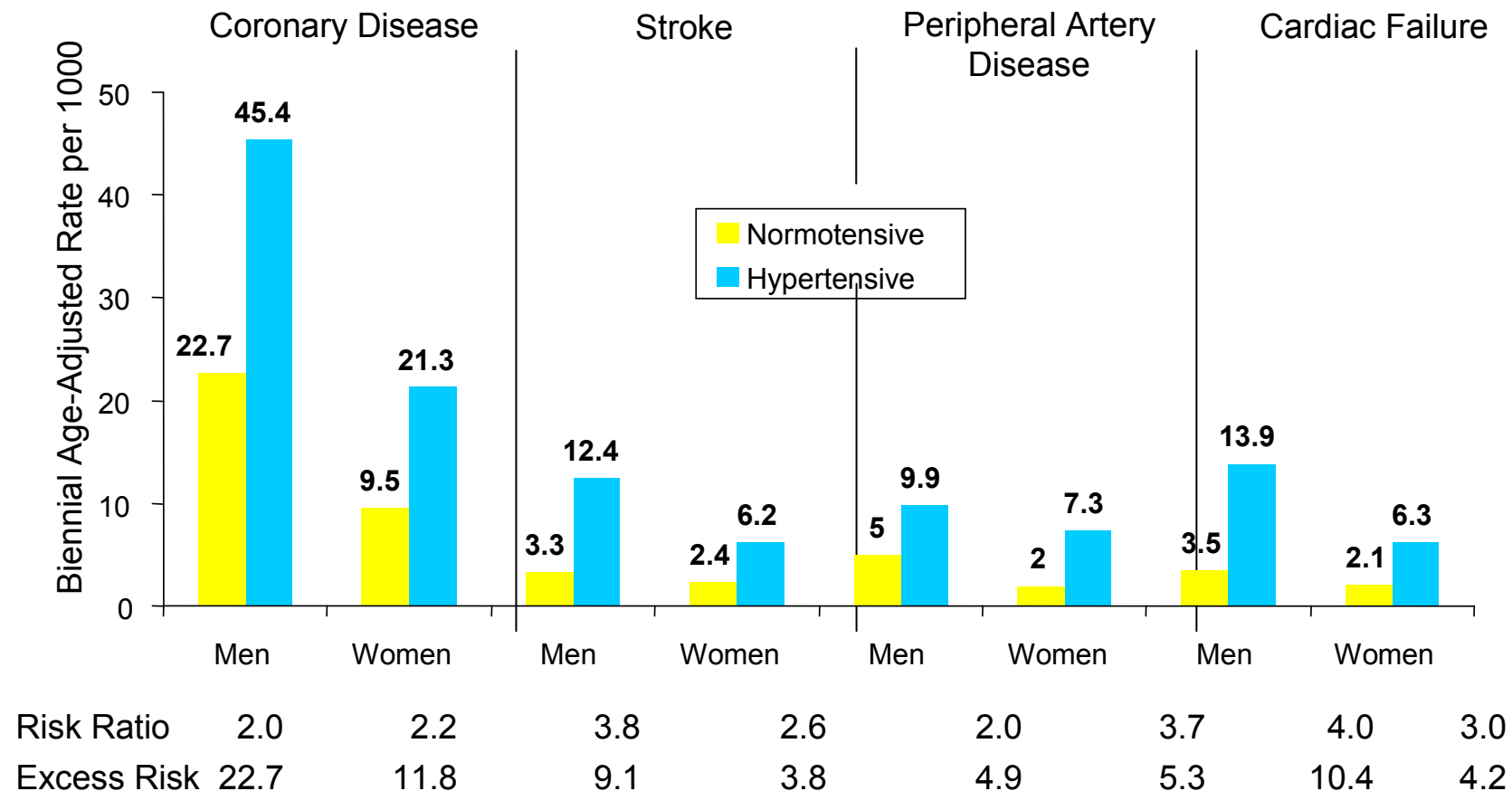
심혈관센터

서 홍 석

# Hypertensive Patients Are at Increased Risk for Cardiovascular Events

*Framingham Heart Study*

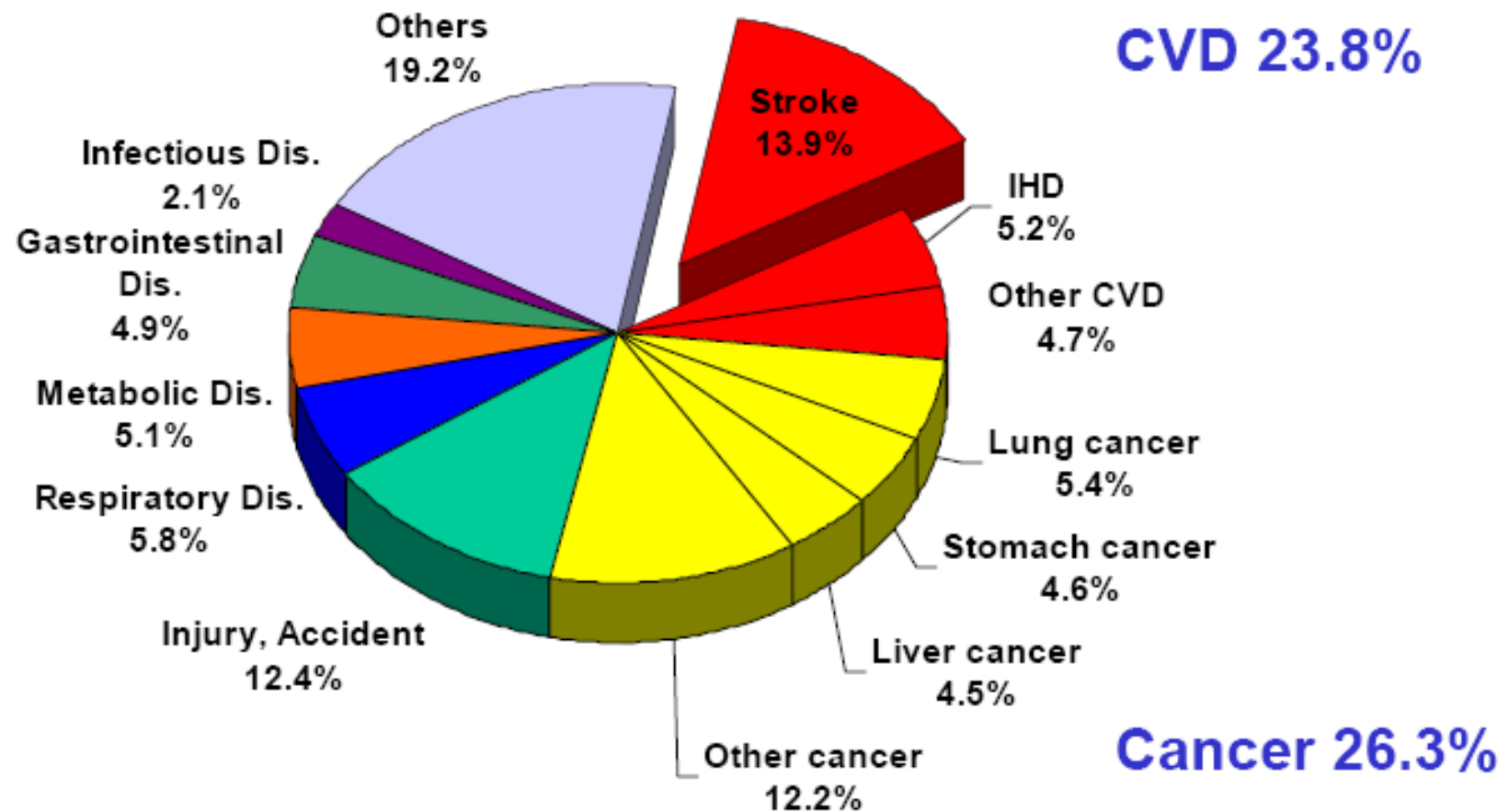
*- Risk of Cardiovascular Events by Hypertensive Status in Patients Aged 35-64 Years; 36-Year F-U*



# Benefits of Lowering BP

| <b>Average Percent Reduction</b> |        |
|----------------------------------|--------|
| Stroke incidence                 | 35–40% |
| Myocardial infarction            | 20–25% |
| Heart failure                    | 50%    |

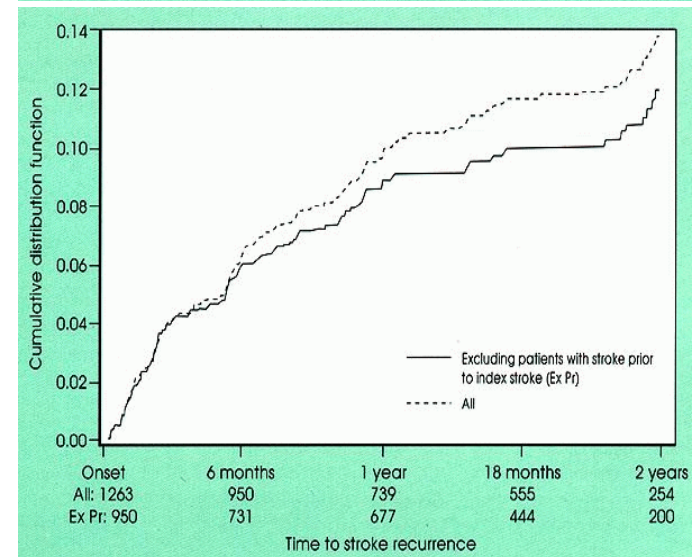
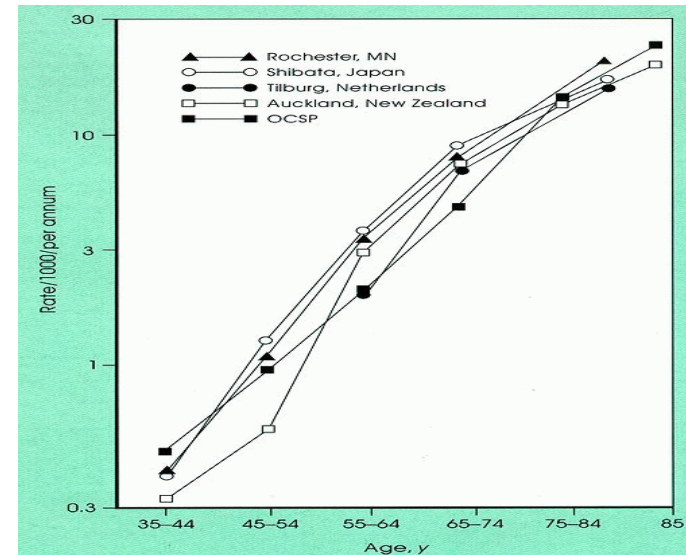
## Causes of deaths in Korea, 2004



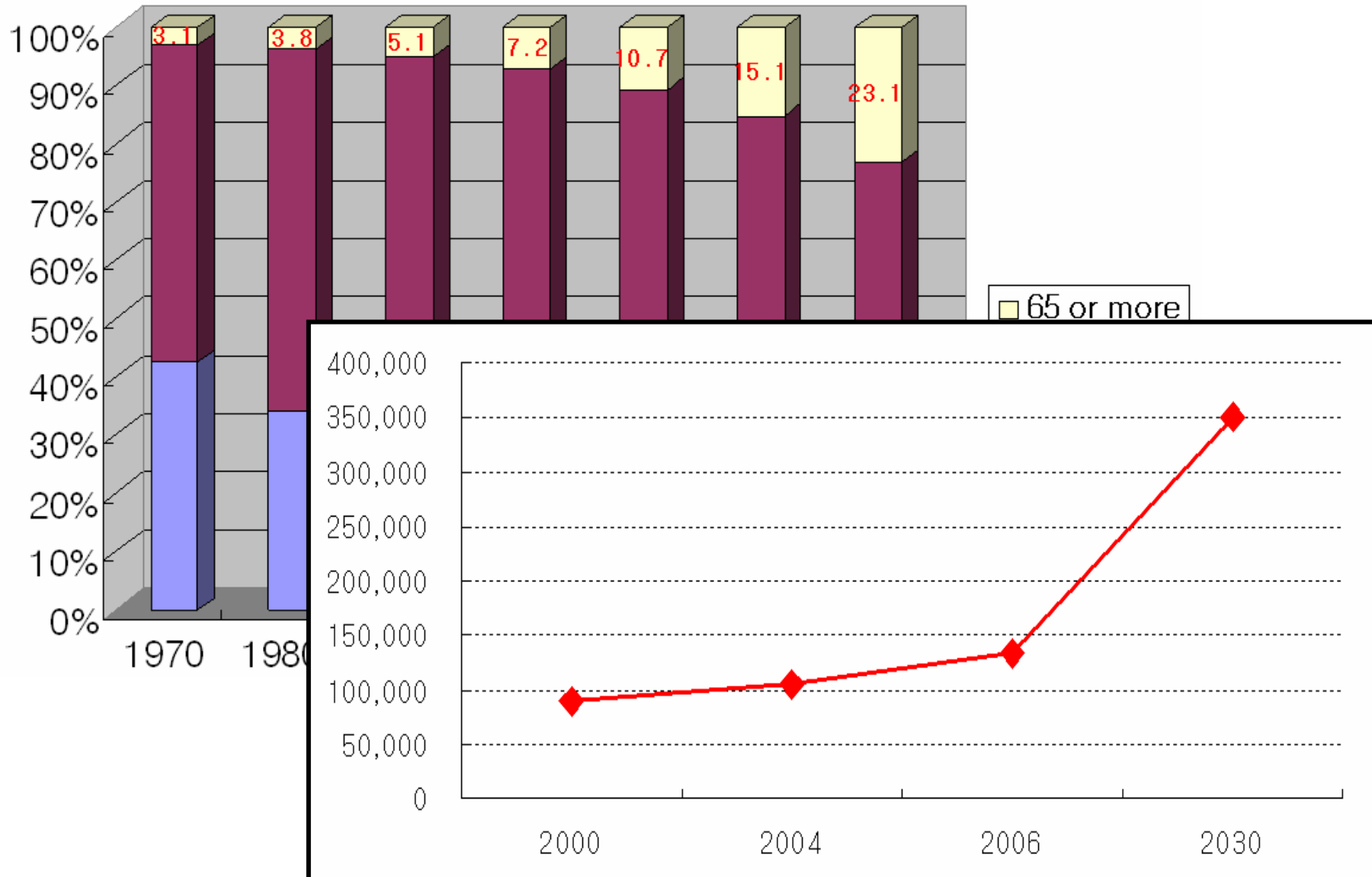
Data: National Statistical Office, Korea

# 뇌졸중의 역학적 특성

- 노령(>65세) 에서 흔히 발병
  - 100-300/100,000 per year
- 높은 사망률 (국내 2위)
  - 치명율 8-20% (<30 days)
- 빈번한 후유장애
- 높은 재발 위험
  - 1st 30 days: 3-10%
  - Long-term: 4-14% / yr
- \* 심각한 부담 (가족, 사회, 국가)



# 노령화와 뇌졸중의 발병률 (추정)



## 주요 위험인자의 유병률과 위험도

| Factor   | Prevalence, % | Relative Risk                  |
|--|---------------|--------------------------------|
| Hypertension   | 25-40         | 3-5                            |
| Elevated total cholesterol level<br>(>240 mg/dL [6.21 mmol/L]) | 6-40          | 1.8-2.6                        |
| Smoking  | 25            | 1.5                            |
| Physical inactivity  | 25            | 2.7                            |
| Obesity  | 18            | 1.8-2.4                        |
| Asymptomatic carotid stenosis (>50%)                           | 2-8           | 2                              |
| Alcohol consumption (>5 drinks/d)                              | 2-5           | 1.6                            |
| Atrial fibrillation  | 1             | 5 (nonvalvular); 17 (valvular) |



## The **L**osartan **I**ntervention **F**or **E**ndpoint Reduction in Hypertension Study

A multicenter, multinational, double-blind, randomized, parallel study to investigate the effect of losartan, compared to atenolol, on the reduction of cardiovascular morbidity and mortality in hypertensive patients with left ventricular hypertrophy.



# LIFE: Key Inclusion Criteria

- Age 55-80 years
- Elevated blood pressure
  - Systolic BP 160-200 mm Hg
  - or*
  - Diastolic BP 95-115 mm Hg
- ECG LVH
  - Cornell Voltage Duration Product
  - or*
  - Sokolow-Lyon Criterion

# LIFE: Baseline Characteristics (I)

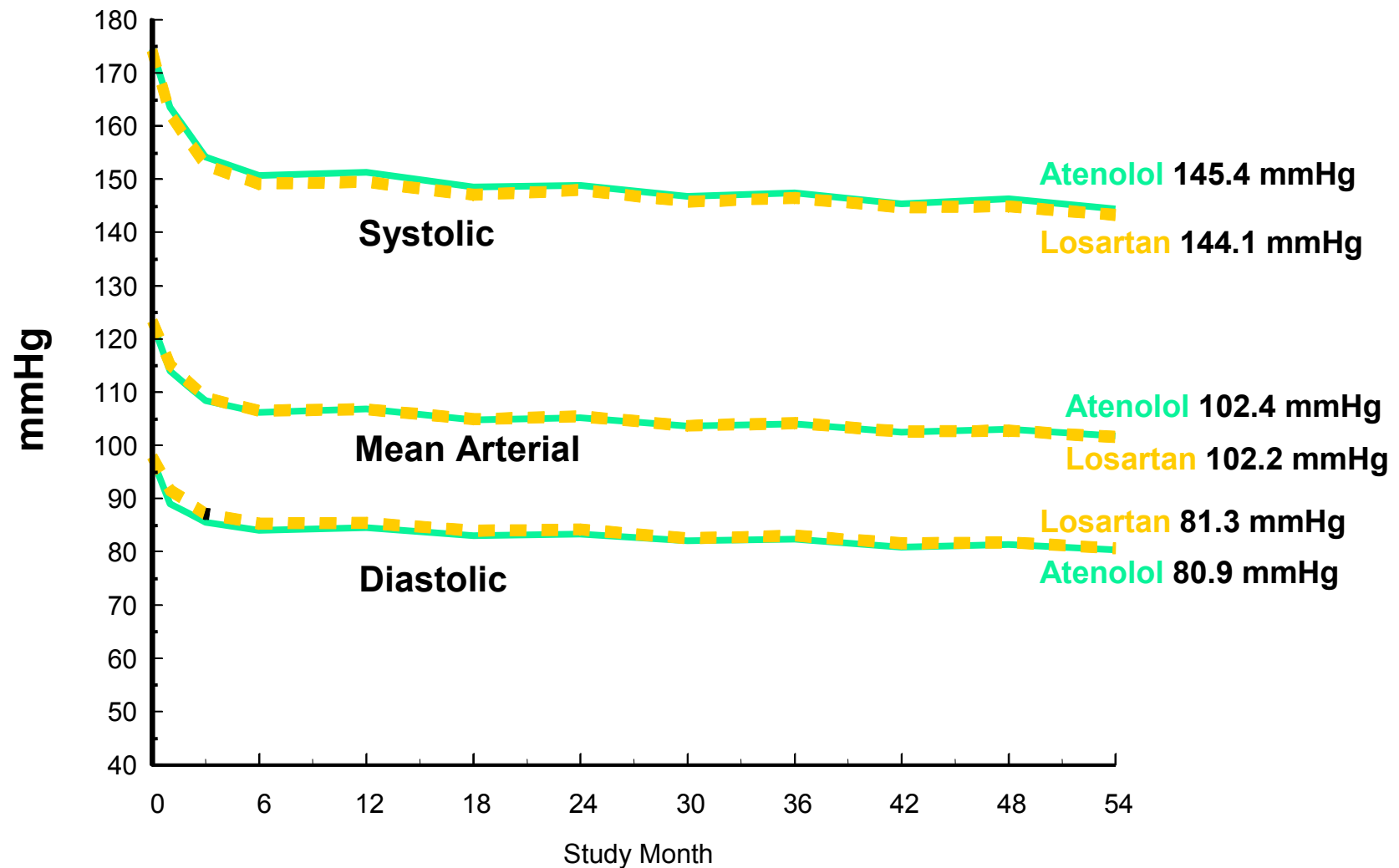
|                         | <u>Losartan<br/>(N=4605)</u> | <u>Atenolol<br/>(N=4588)</u> |
|-------------------------|------------------------------|------------------------------|
| Age (mean), years       | 66.9                         | 66.9                         |
| Gender, % female        | 54.0                         | 54.0                         |
| Systolic BP, mm Hg      | <u>174.3</u>                 | <u>174.5</u>                 |
| Diastolic BP, mm Hg     | <u>97.9</u>                  | <u>97.7</u>                  |
| Pulse rate, bpm         | 73.9                         | 73.7                         |
| BMI, kg/cm <sup>2</sup> | 28.0                         | 28.0                         |
| Smokers, %              | 15.8                         | 16.8                         |

# LIFE: Baseline Characteristics (II)

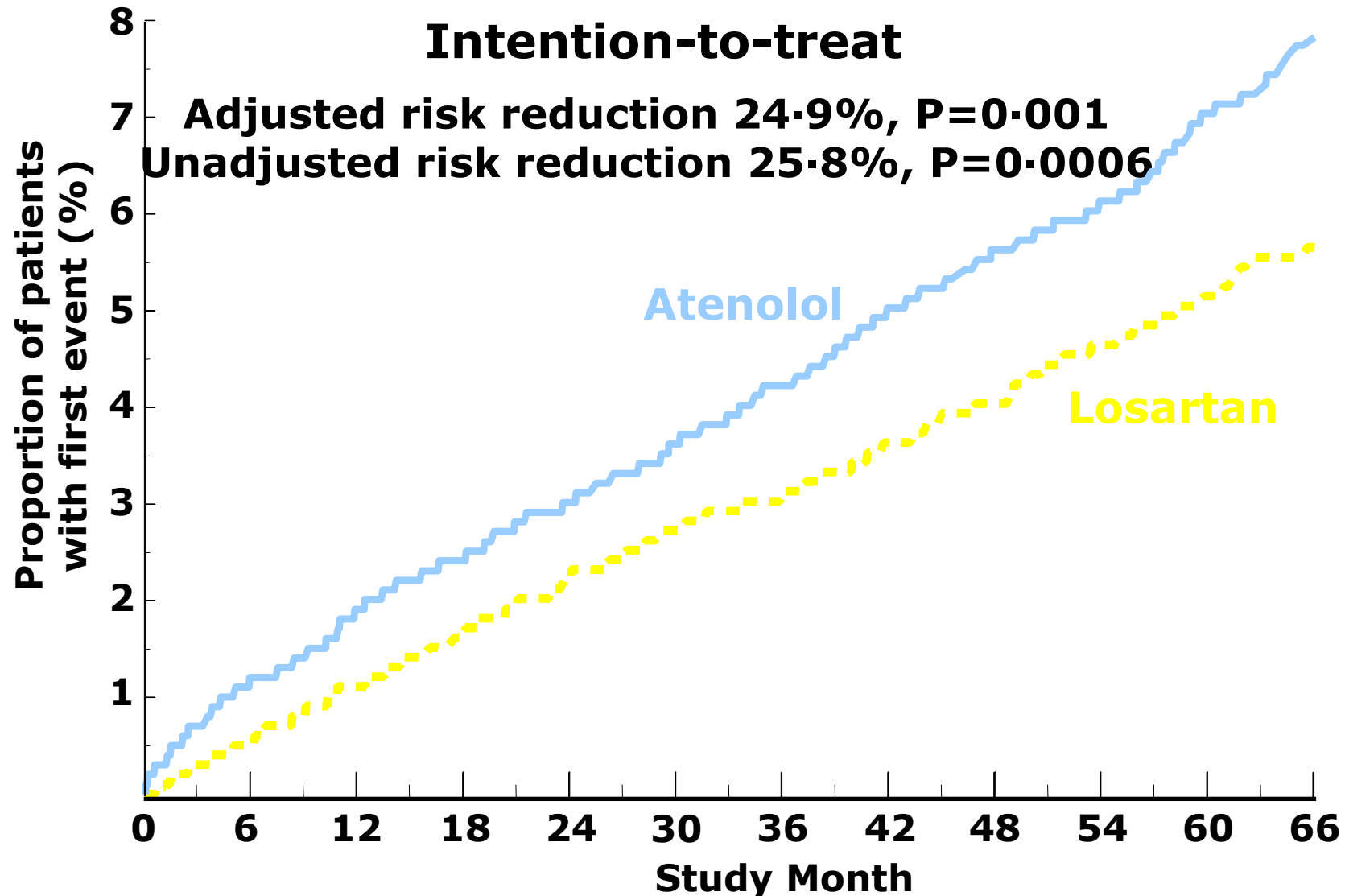
## Medical History

|                                  | Losartan %<br>(N=4605) | Atenolol %<br>(N=4588) |
|----------------------------------|------------------------|------------------------|
| Diabetes mellitus                | 12.7                   | 13.3                   |
| ISH ( $\geq 160$ / $< 90$ mm Hg) | 14.3                   | 14.5                   |
| Coronary heart disease           | 16.7                   | 15.2                   |
| Myocardial infarction            | 6.7                    | 5.7                    |
| Cerebrovascular disease          | 8.2                    | 8.0                    |
| Stroke                           | 4.1                    | 4.6                    |

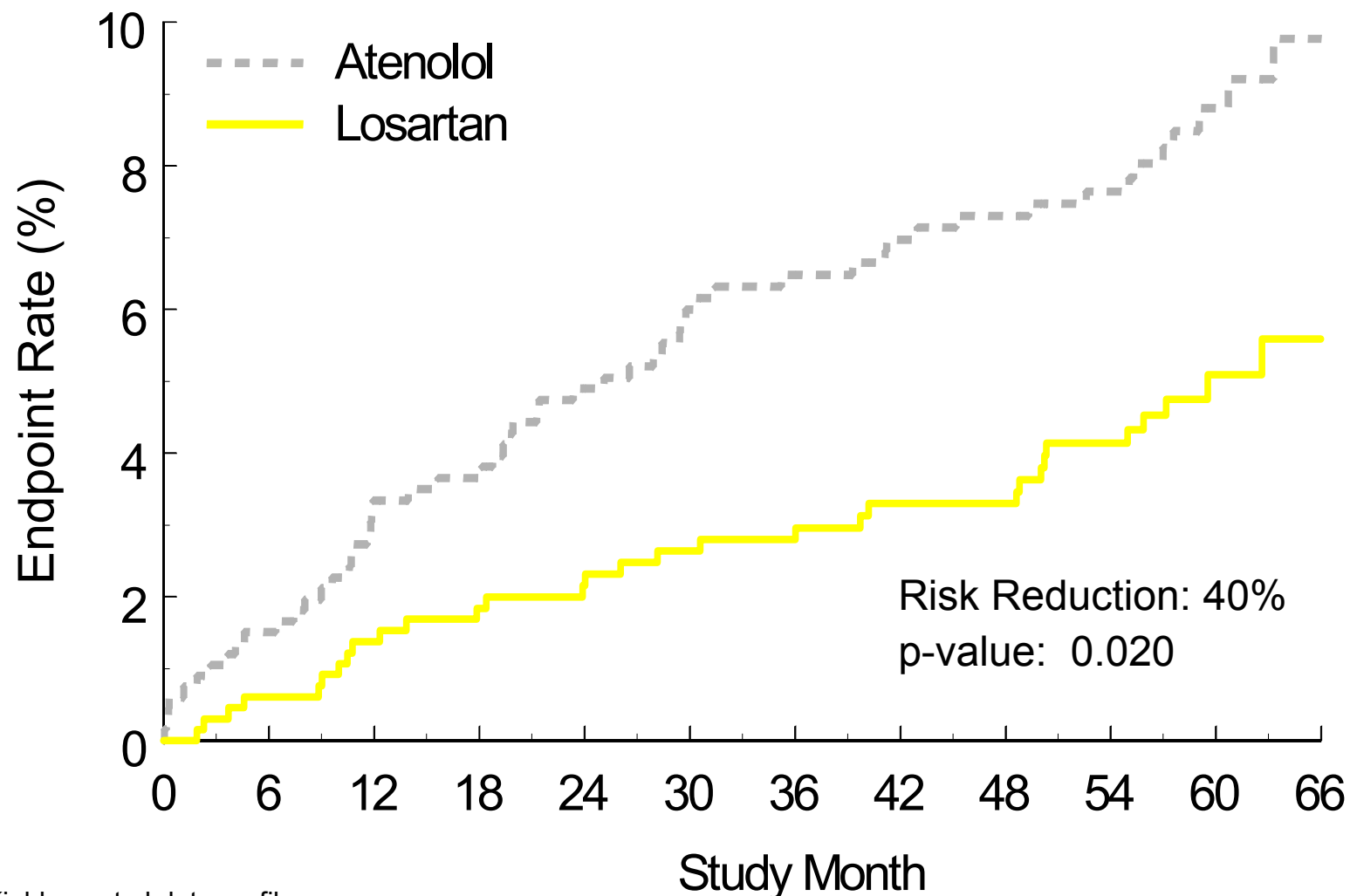
# LIFE: Comparable BP Reductions



# Fatal and Non-Fatal Stroke



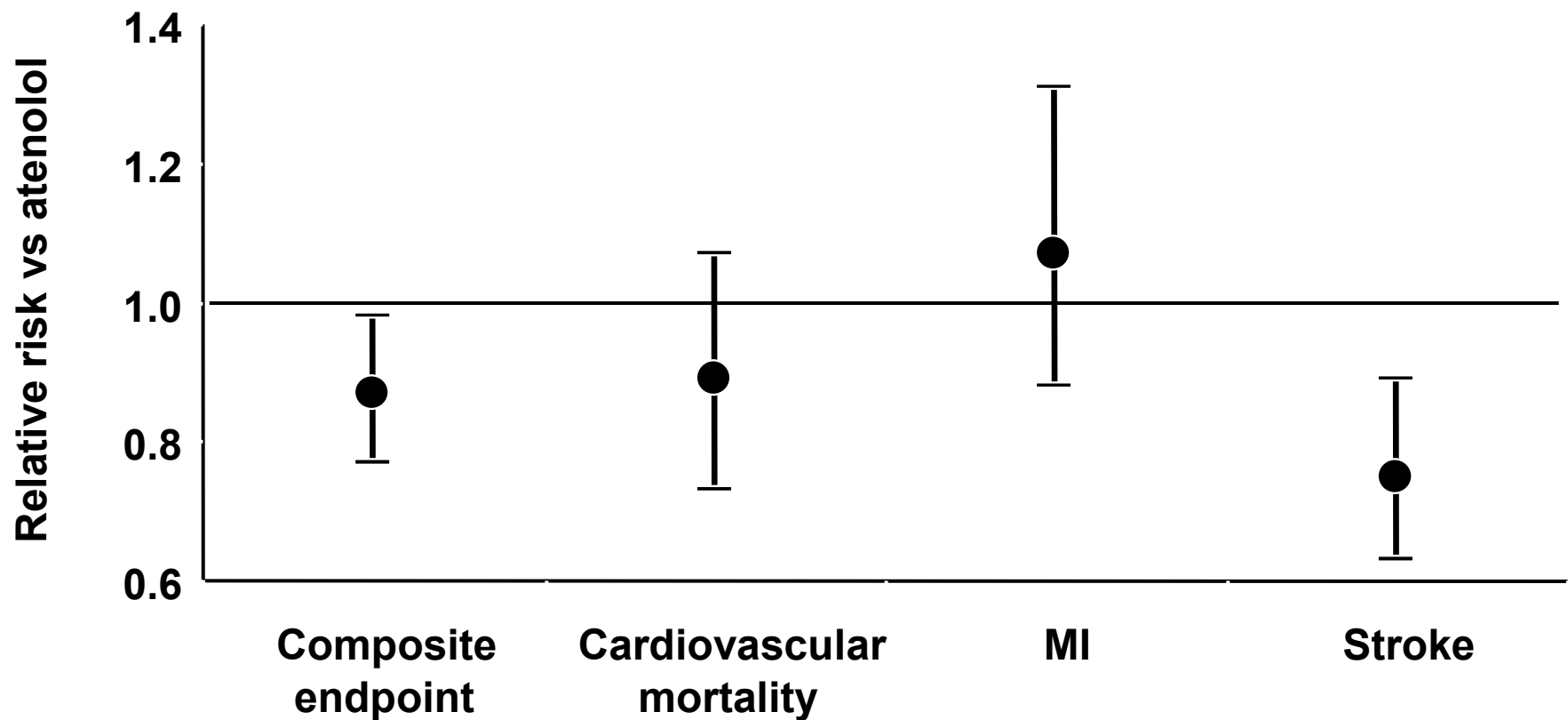
# LIFE: ISH – Fatal/Nonfatal Stroke



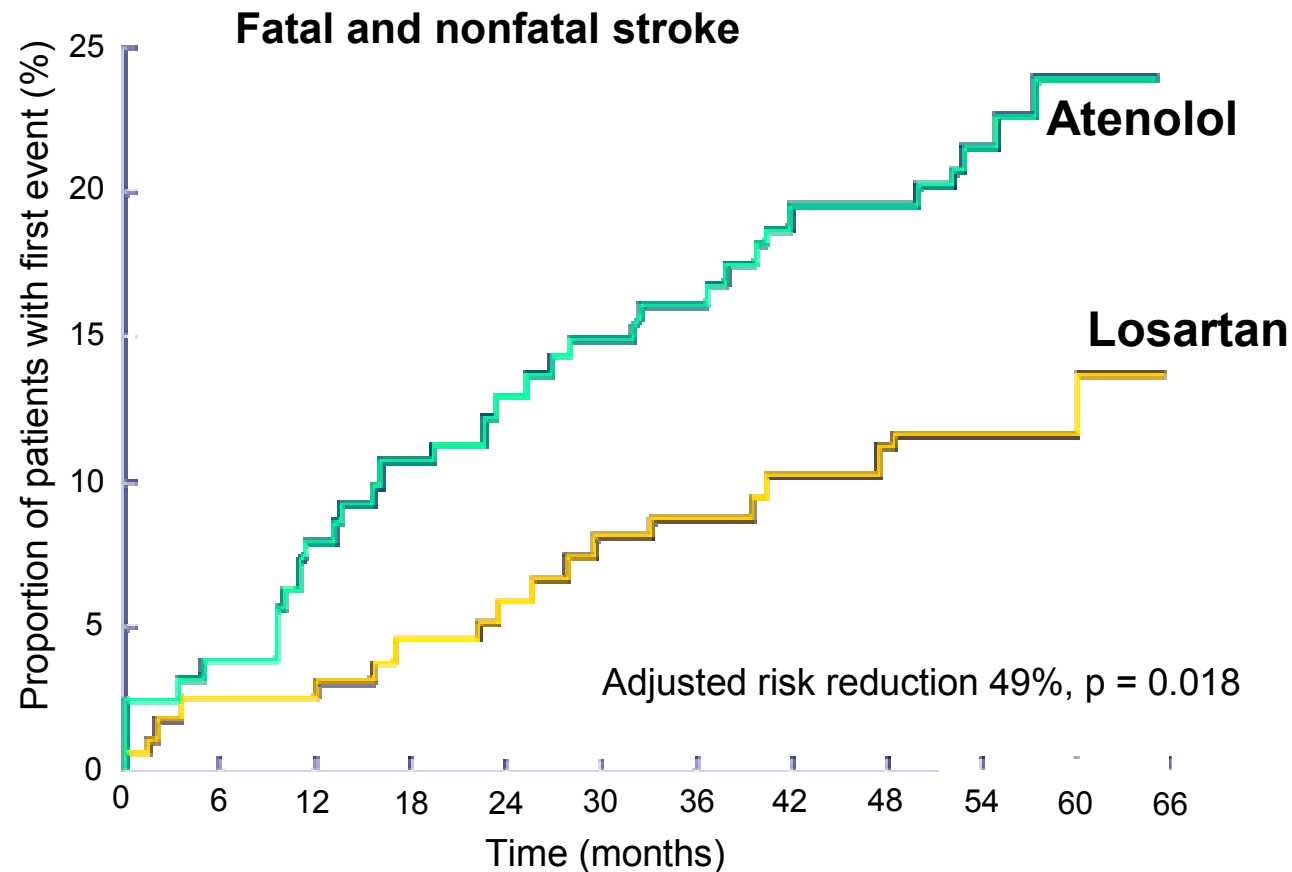
SE Kjeldsen et al data on file.

# Cardiovascular effects of losartan primarily due to stroke reduction

LIFE

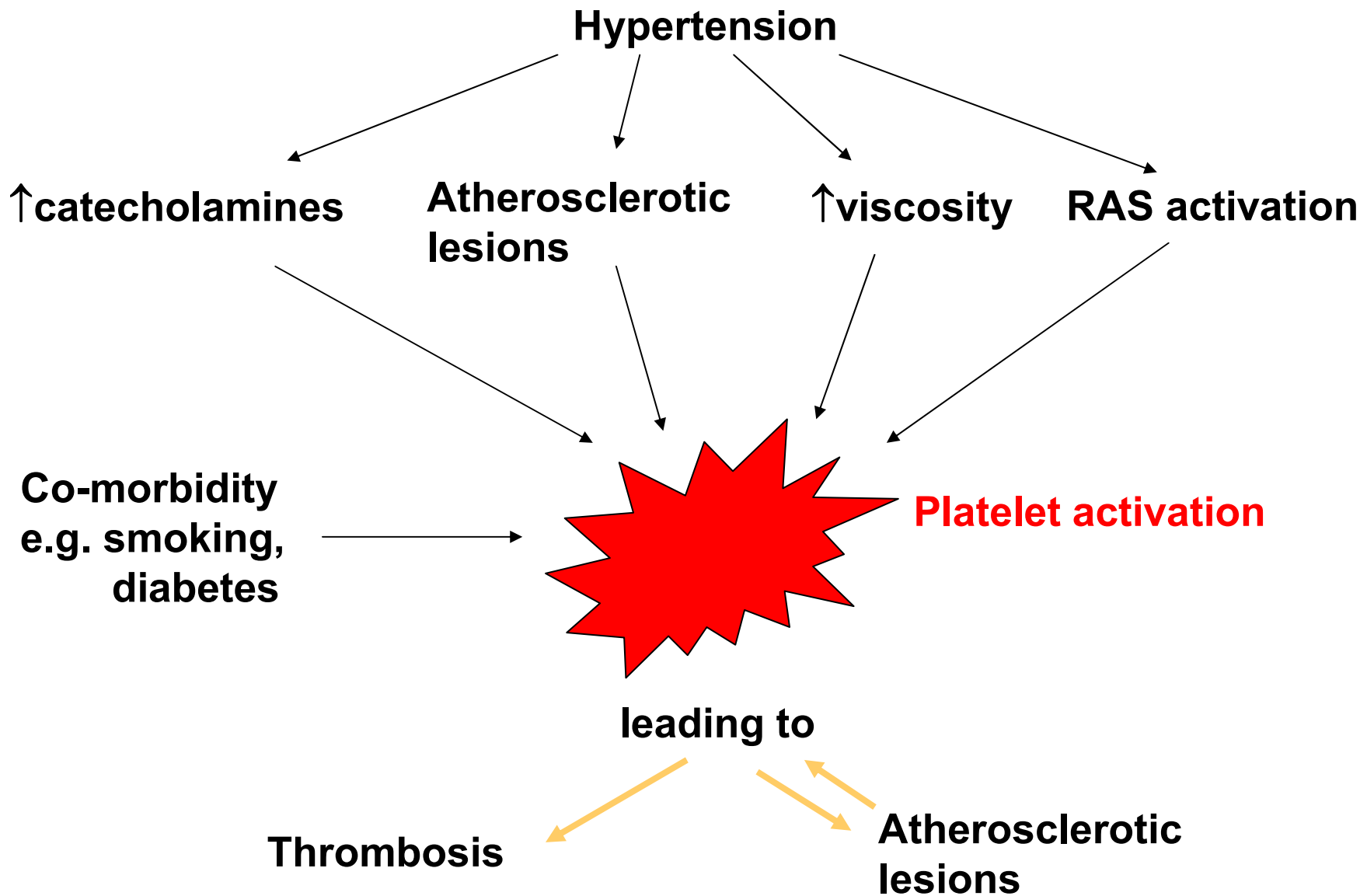


# Reduction in Risk of Stroke in Patients with AF

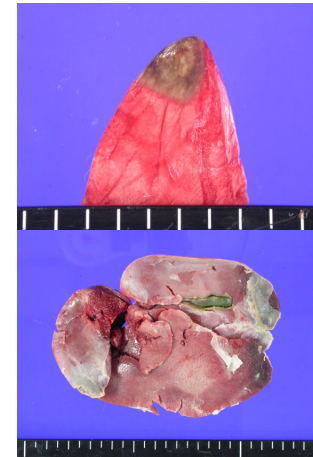
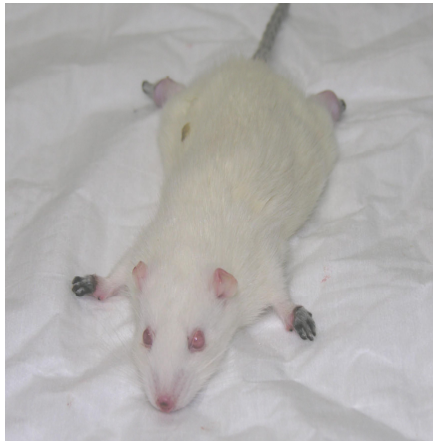




# Platelet activation in hypertension



# Induction of Inflammation & Arterial Thrombosis



# Changes Seen in Platelets With Hypertension

## Morphological changes

- Increased volume
- Change in shape
- Increased turnover

## Biochemical changes

- Increased intracellular free calcium
- Decreased calmodulin levels
- Increased sensitivity to catecholamines
- Higher density of adrenoceptors
- Decreased levels of intracellular catecholamines and serotonin

## Functional changes

- Increased aggregability to agonists such as collagen and ADP
- Increased adhesiveness to molecules such as vitronectin and fibrin
- Increased spontaneous aggregation
- Increased expression of membrane markers, such as P-selectin
- Increased release of soluble markers from granules, such as beta thromboglobulin

## **β-Blockers, α-Blockers, and Platelet Function**

| <b>β-Blockers</b>                    |                                |                                  |            |
|--------------------------------------|--------------------------------|----------------------------------|------------|
| Propranolol 80 mg BID                | Hansen et al <sup>61</sup>     | ADP-induced aggregation          | Increased  |
| Propranolol 40–120 mg                | Ding et al <sup>69</sup>       | β thromboglobulin                | Reduced    |
|                                      |                                | Multiple aggregations            | No effect  |
| Propranolol 80 mg BID                | Winther et al <sup>52</sup>    | ADP-induced aggregation          | Increased  |
| Propranolol                          | Larsson et al <sup>44</sup>    | Aggregability                    | No change  |
| Bopindolol 1 mg BID                  | Winther et al <sup>62</sup>    | ADP-induced aggregation          | No change  |
| Metoprolol 100 mg BID                | Winther et al <sup>63</sup>    | ADP-induced aggregation          | No change  |
| Atenolol 100 mg                      | Gleerup et al <sup>70</sup>    | β thromboglobulin                | Reduced    |
|                                      | Smith et al <sup>71</sup>      | β thromboglobulin                | Reduced    |
| Atenolol 80 mg                       |                                | Multiple aggregations            | No change  |
| Atenolol 50 mg                       | Knight et al <sup>72</sup>     | Aggregation                      | Increased  |
| <b>α-Blockers</b>                    |                                |                                  |            |
| Prazosin 2–8 mg                      | Okrucka et al <sup>64</sup>    | ADP-induced aggregation          | No change  |
| Urapidil                             | Spah et al <sup>65</sup>       | ADP-induced aggregation          | Decrease   |
| Terazosin 1–4 mg                     | Hernandez et al <sup>66</sup>  | ADP-induced aggregation          | No change  |
| Doxazosin                            | Hernandez et al <sup>67</sup>  | ADP-induced aggregation          | Decreased  |
| Doxazosin                            | Hernandez et al <sup>68</sup>  | ADP-induced aggregation          | Decreased  |
| Phentolamine                         | Kimura and Okuda <sup>59</sup> | Epinephrine-induced calcium flux | Inhibition |
| ADP indicates adenosine diphosphate. |                                |                                  |            |

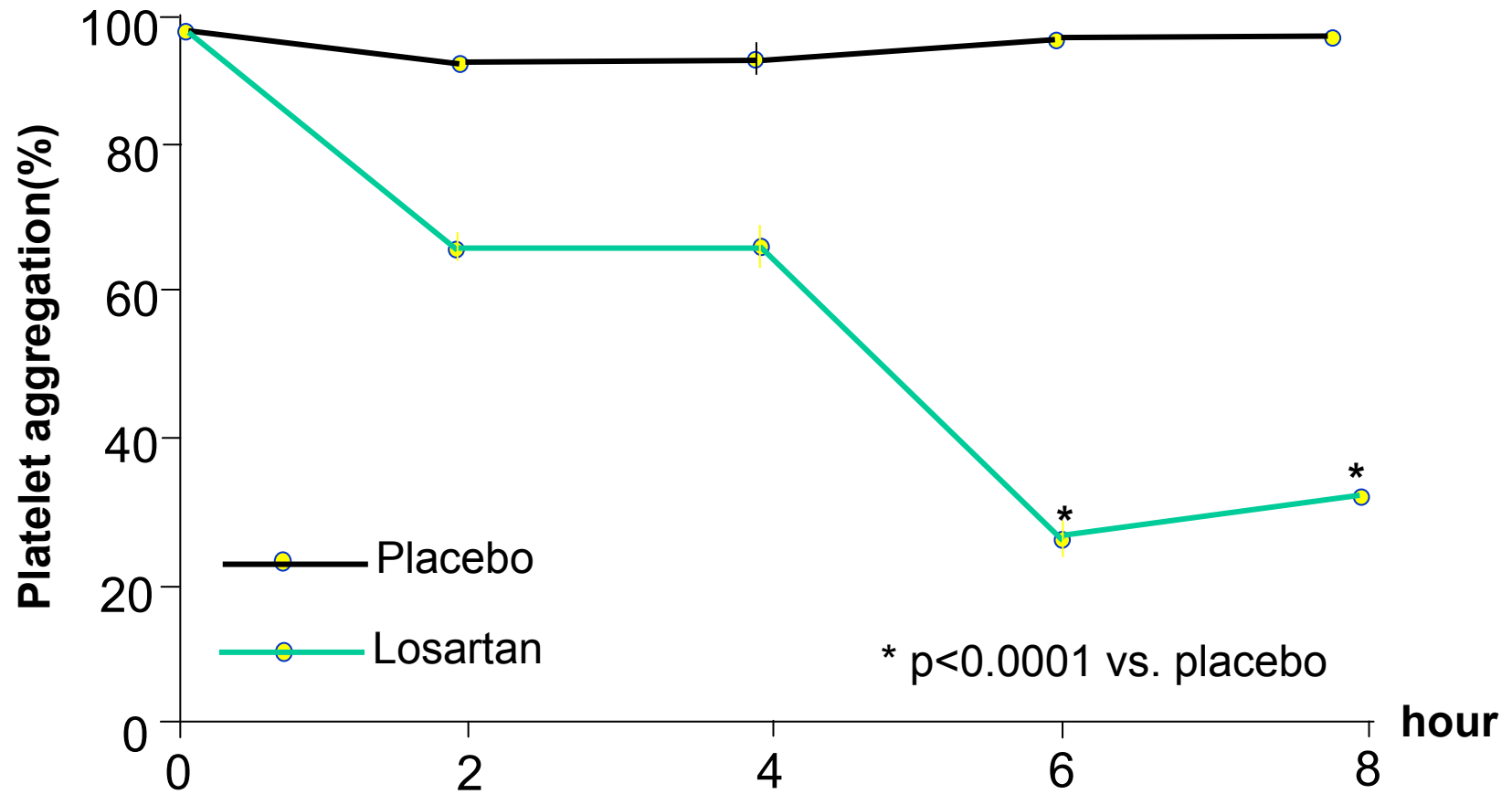
# Calcium Channel Antagonists and Platelet Function

|                            |  |   |                  |
|----------------------------|--|---|------------------|
| Nifedipine 20–40 mg<br>BID | Birkebaek et al <sup>79</sup>              | Platelet factor 4   | No change        |
| Isradipine 2.5 mg          | Gleerup et al <sup>15</sup>                | ADP-induced aggregation   | Decreased        |
|                            | Gleerup et al <sup>70</sup>                | $\beta$ thromboglobulin   | Decreased        |
|                            |  | Platelet factor 4   | Decreased        |
| Diltiazem 60–180 mg        | Pechan et al <sup>100</sup>                | ADP-induced aggregation   | Decreased        |
| Nitrendipine 10–20 mg      | Muller et al <sup>82</sup>                 | Platelet adrenoceptors  | No change        |
| Felodipine                 | Sengelov et al <sup>102</sup>              | Platelet factor 4   | Decreased        |
| Amlodipine 10 mg           | Hernandez-Hernandez<br>et al <sup>83</sup> | ADP-induced aggregation   | Decreased        |
| Verapamil 80–200 mg        | Ding et al <sup>69</sup>                   | $\beta$ thromboglobulin   | Decreased        |
|                            |  | Multiple aggregations   | No effect        |
| Verapamil                  | Addonizio et al <sup>103</sup>             | ADP-induced aggregation   | Decreased        |
| Efonidipine 40 mg          | Nomura et al <sup>21</sup>                 | Soluble P-selectin, CD62 <sup>+</sup> platelets, microparticles | All<br>decreased |

# ACE Inhibitors, Angiotensin II Antagonists, and Platelet Function

|  |   |                                  |           |
|--|---|----------------------------------|-----------|
| ACE inhibitors                                     |   |                                  |           |
| Captopril 25 mg BID                                | Someya et al <sup>78</sup>              | ADP-induced aggregation          | Decreased |
| Captopril 25–50 mg BID                             | Birkebaek et al <sup>79</sup>           | ADP-induced aggregation, PF4     | No change |
| Quinalapril 20 mg BID                              | Gupta et al <sup>80</sup>               | ADP-induced aggregation, PF4     | No change |
| Enalapril 10–20 mg                                 | Li-Saw-Hee et al <sup>81</sup>          | ADP-induced aggregation, PF4     | No change |
| Captopril 25–50 mg                                 | Muller et al <sup>82</sup>              | Platelet $\alpha$ -adrenoceptors | Decreased |
| Enalapril 20 mg                                    | Hernandez-Hernandez et al <sup>83</sup> | ADP-induced aggregation          | Increased |
| Angiotensin II antagonists                         |   |                                  |           |
| Losartan 50–100 mg                                 | Li-Saw-Hee et al <sup>81</sup>          | Soluble P-selectin               | No change |
| Losartan 50–100 mg                                 | Pathansali et al <sup>91</sup>          | Megakaryocyte size and ploidy    | Decreased |
|  |   | Bleeding time                    | Increased |
|  |   | Aggregation                      | No effect |
| Losartan 100 mg                                    | Levy et al <sup>84</sup>                | Platelet aggregation             | Decreased |
| Losartan and valsartan                             | Kalinowski et al <sup>77</sup>          | NO release in vitro              | Increased |
|  |   | Collagen-induced aggregation     | Decreased |
| PF4 indicates platelet factor 4; NO, nitric oxide. |   |                                  |           |

# Losartan-dependent Inhibition of Platelet Aggregation *in vivo*



Kremer C et al Circ Res 2002;90:770-76

## Effect of in vivo treatment of SHRSP with AT-1 antagonists on ex vivo platelet adhesion

| Platelets           | Platelet adhesion (%)    |
|---------------------|--------------------------|
| WKY                 | 4.1 ± 2.3                |
| SHRSP               | 22.7 ± 4.8 <sup>a</sup>  |
| SHRSP + losartan    | 8.1 ± 2.1 <sup>a,b</sup> |
| SHRSP + valsartan   | 18.3 ± 4.0 <sup>a</sup>  |
| SHRSP + candesartan | 21.0 ± 4.3 <sup>a</sup>  |

Platelets were obtained from normotensive Wistar-Kyoto rats (WKY), stroke-prone spontaneously hypertensive rats (SHRSP), losartan-treated SHRSP (SHRSP + LOS) rats, valsartan-treated SHRSP (SHRSP + VAL) rats, and candesartan-treated SHRSP (SHRSP + CAN) rats. Platelets ( $5 \times 10^8$  platelets/well) were then incubated at 37°C for 1 h on a synthetic surface. Results are represented as means ± SEM.

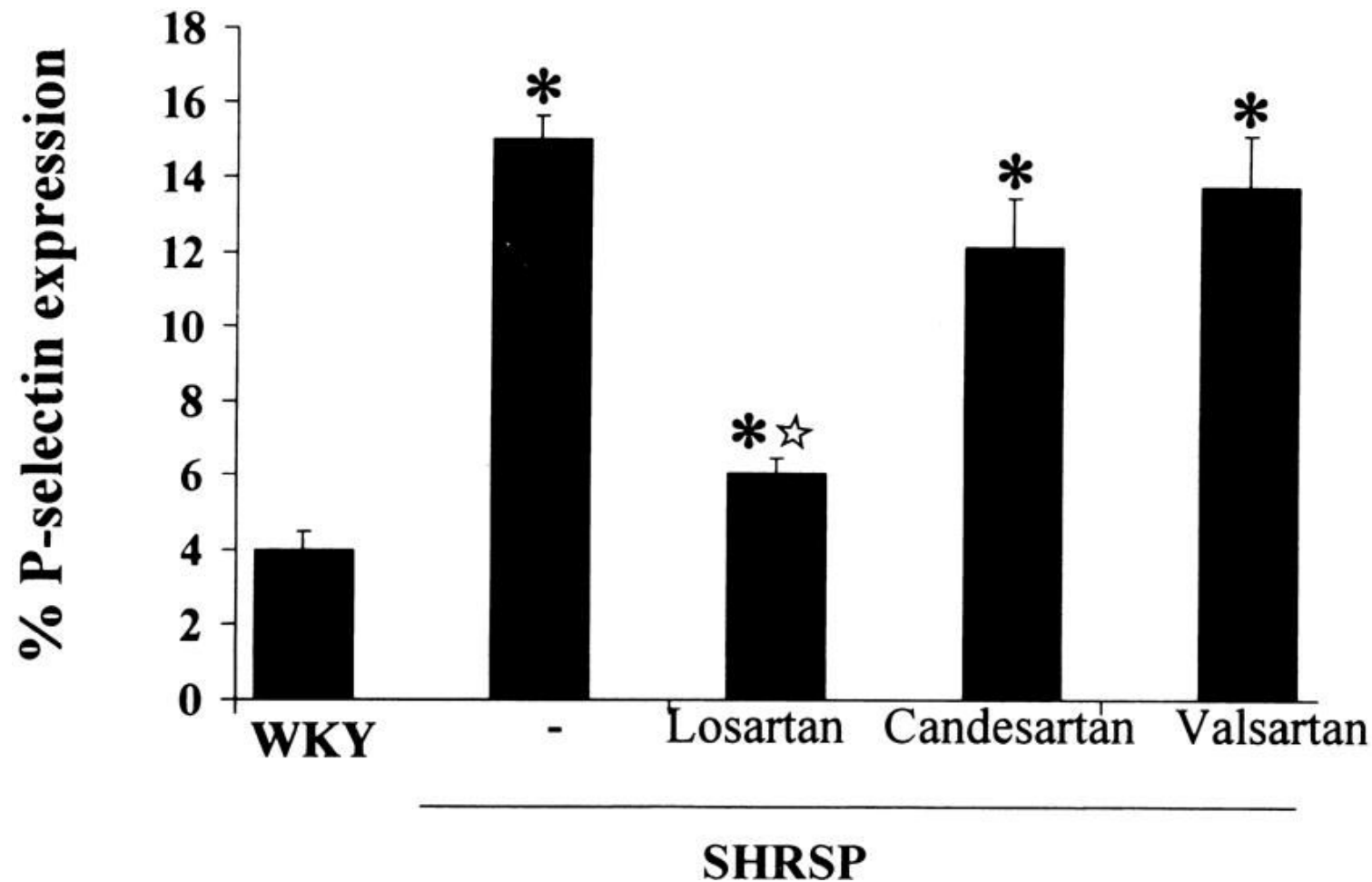
<sup>a</sup>p < 0.05 with respect to WKY.

<sup>b</sup>p < 0.05 with respect to untreated SHRSP.

AT-1, angiotensin II type 1.



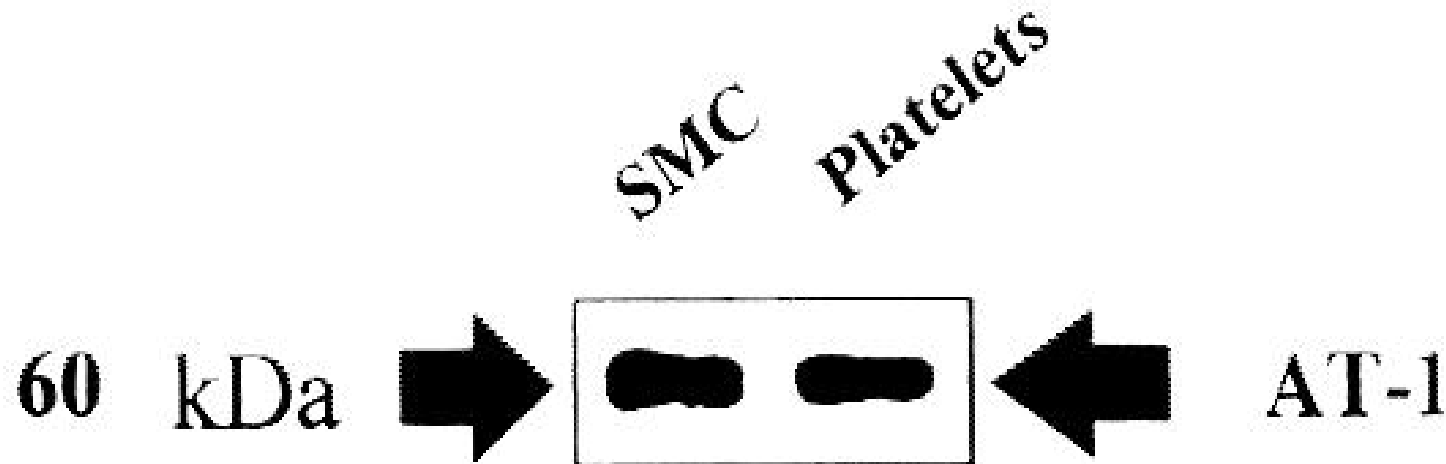
% of P-selectin expression in platelets obtained from Wistar–Kyoto rats, stroke-prone spontaneously hypertensive rats, and SHRSP treated with losartan, candesartan, and valsartan for 14 days.



right shadowed white star]p < 0.05 with respect to SHRSP.

# AT-1-induced Effect on Platelets

Western blot demonstrating the presence of AT-1-type receptors in human platelets.



## Effect of ANG II and the blockade of AT-1 and AT-2 receptors on the antiplatelet effect of irbesartan and losartan

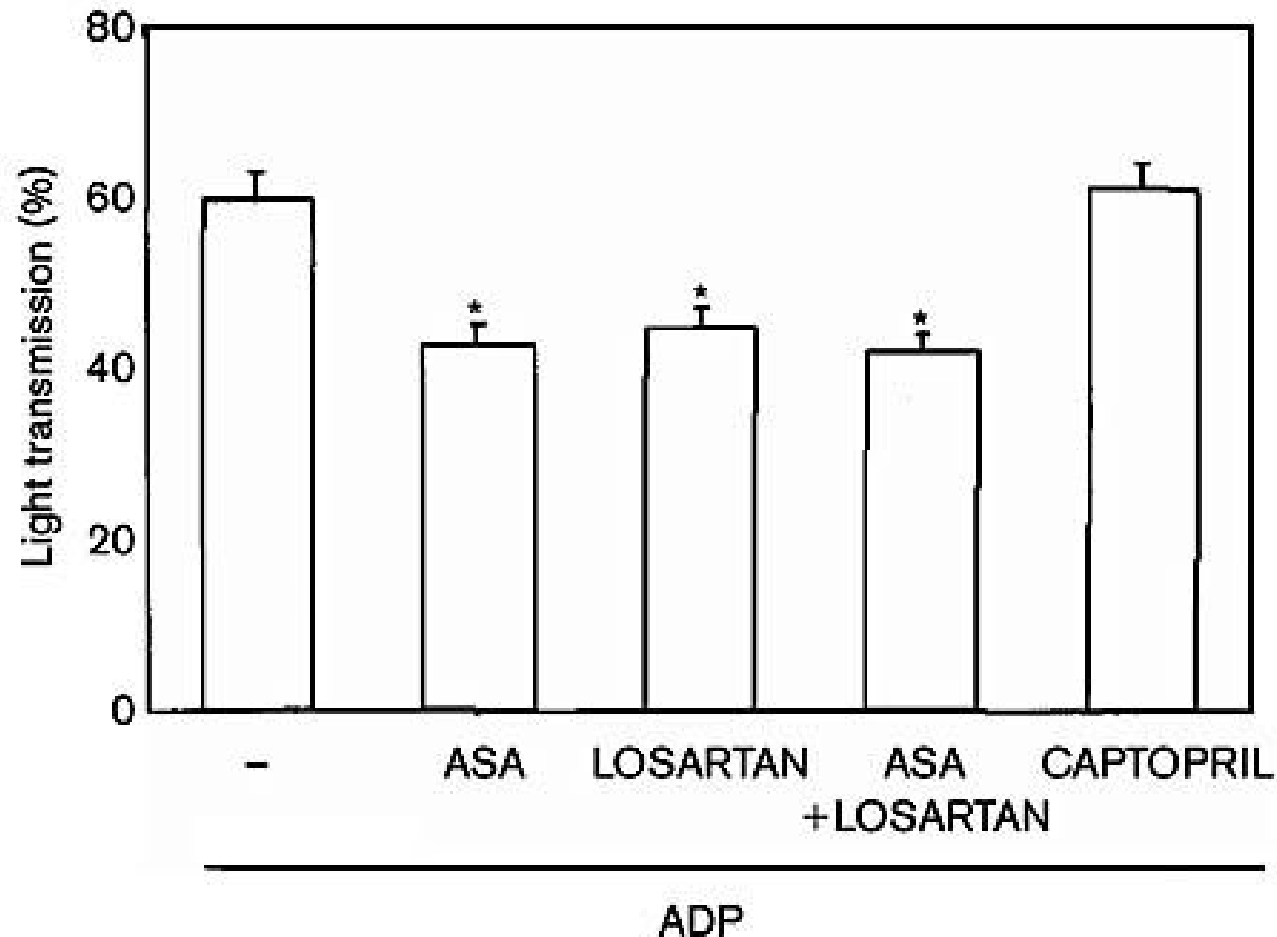
|                       | Light transmission (%) |
|-----------------------|------------------------|
| —                     | 72 ± 4 <sup>a</sup>    |
| Losartan              | 45 ± 3                 |
| Irbesartan            | 42 ± 3                 |
| PD123319              | 75 ± 3 <sup>a</sup>    |
| Losartan + PD123319   | 44 ± 3                 |
| Irbesartan + PD123319 | 41 ± 4                 |
| Ang II                | 74 ± 2 <sup>a</sup>    |
| Ang II + losartan     | 44 ± 2                 |
| Ang II + irbesartan   | 41 ± 2                 |
| EXP3174 + losartan    | 43 ± 3                 |
| EXP3174 + irbesartan  | 40 ± 4                 |

Platelets were activated with  $10^{-6}$  M U446619 in the presence and in the absence of losartan ( $5 \times 10^{-5}$  M), irbesartan ( $5 \times 10^{-5}$  M), PD123319 ( $10^{-8}$  M), angiotensin II (Ang II,  $10^{-7}$  M) and EXP3174 ( $5 \times 10^{-5}$  M). Data are represented as mean ± SEM of six different experiments.

<sup>a</sup>p < 0.05 with respect to losartan and irbesartan alone.

# ADP-induced Effect on Platelets

ADP-induced human platelet activation in the presence or absence of aspirin, losartan and captopril.



Spontaneous platelet activation ( $< 5\%$ ) was not changed by any of the three substances.

Data are means  $\pm$  SEM of 15 experiments.

\* $P < 0.05$ , versus ADP alone.

## Effect of AT-1-receptor antagonist on ADP-induced platelet activation

|             | Light transmission (%) |                     |
|-------------|------------------------|---------------------|
|             | -ASA                   | +ASA                |
| —           | 62 ± 3                 | 40 ± 3 <sup>a</sup> |
| Losartan    | 39 ± 2 <sup>a</sup>    | 38 ± 3 <sup>a</sup> |
| Irbesartan  | 38 ± 4 <sup>a</sup>    | 37 ± 5 <sup>a</sup> |
| Telmisartan | 48 ± 3 <sup>ab</sup>   | 40 ± 4 <sup>a</sup> |
| EXP3174     | 54 ± 1 <sup>ab</sup>   | 42 ± 3 <sup>a</sup> |
| Valsartan   | 53 ± 3 <sup>ab</sup>   | 42 ± 5 <sup>a</sup> |
| CV11974     | 60 ± 5 <sup>b</sup>    | 39 ± 3 <sup>a</sup> |

Platelets were activated with  $10^{-5}$  M ADP in the presence and in the absence of aspirin (ASA,  $3 \times 10^{-3}$  M), losartan ( $5 \times 10^{-5}$  M), irbesartan ( $5 \times 10^{-5}$  M), telmisartan ( $5 \times 10^{-5}$  M), EXP3174 ( $5 \times 10^{-5}$  M), valsartan ( $5 \times 10^{-5}$  M), and CV11974 ( $5 \times 10^{-5}$  M). Data expressed as mean ± SEM of six different experiments.

<sup>a</sup>p < 0.05 with respect to ADP alone.

<sup>b</sup>p < 0.05 with respect to losartan and irbesartan.

## TxB<sub>2</sub> released by ADP-stimulated platelets

|             | TxB <sub>2</sub> (ng)   |
|-------------|-------------------------|
| —           | 4.2 ± 0.3               |
| Aspirin     | 0.5 ± 0.02 <sup>a</sup> |
| Losartan    | 4.0 ± 0.2               |
| Irbesartan  | 4.2 ± 0.2               |
| Telmisartan | 4.1 ± 0.2               |
| EXP3174     | 4.0 ± 0.1               |
| Valsartan   | 3.9 ± 0.2               |
| CV11974     | 3.9 ± 0.3               |

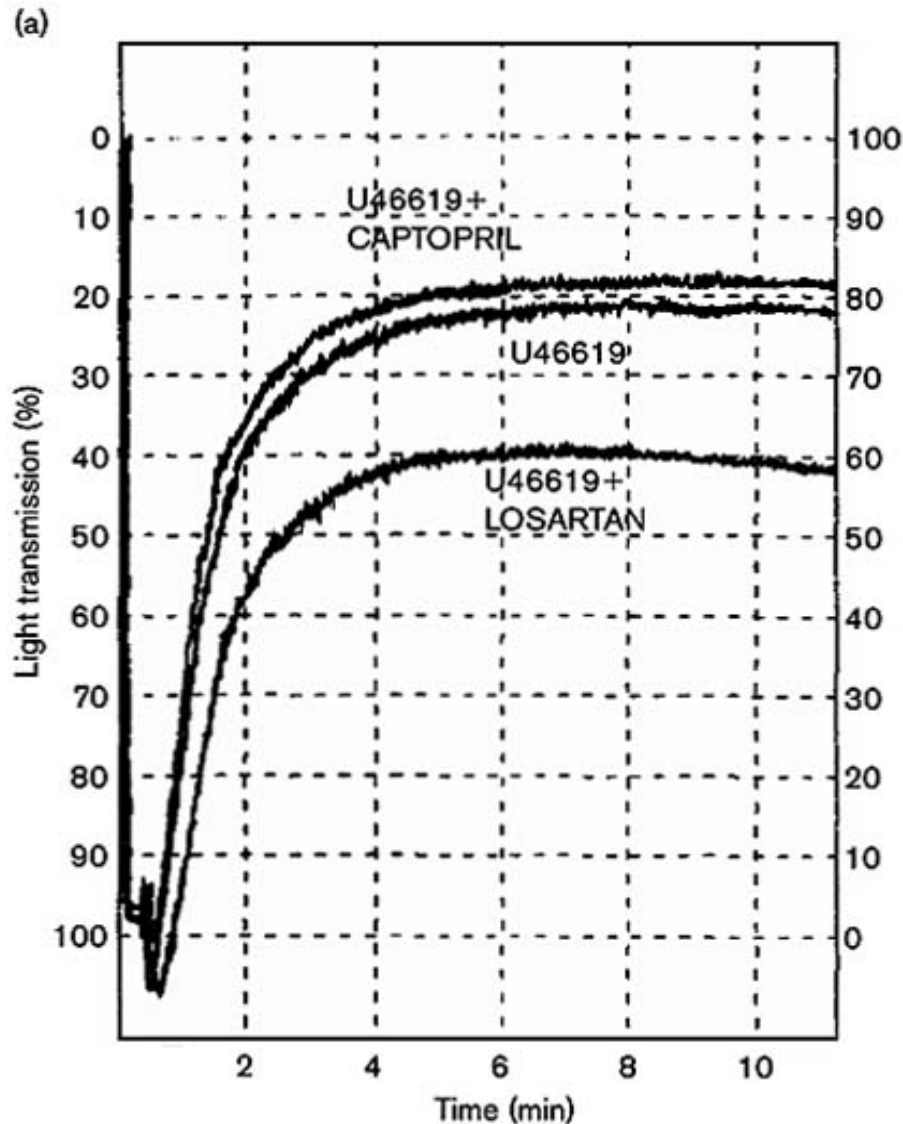
Platelets were activated with  $10^{-5}$  M ADP in the presence and in the absence of aspirin ( $3 \times 10^{-3}$  M) and the different AT-1-receptor antagonists. The concentration used for each AT-1 antagonist was  $5 \times 10^{-5}$  M. Data represent the mean  $\pm$  SEM of six different experiments.

<sup>a</sup>p < 0.05 with respect to ADP-stimulated platelets.

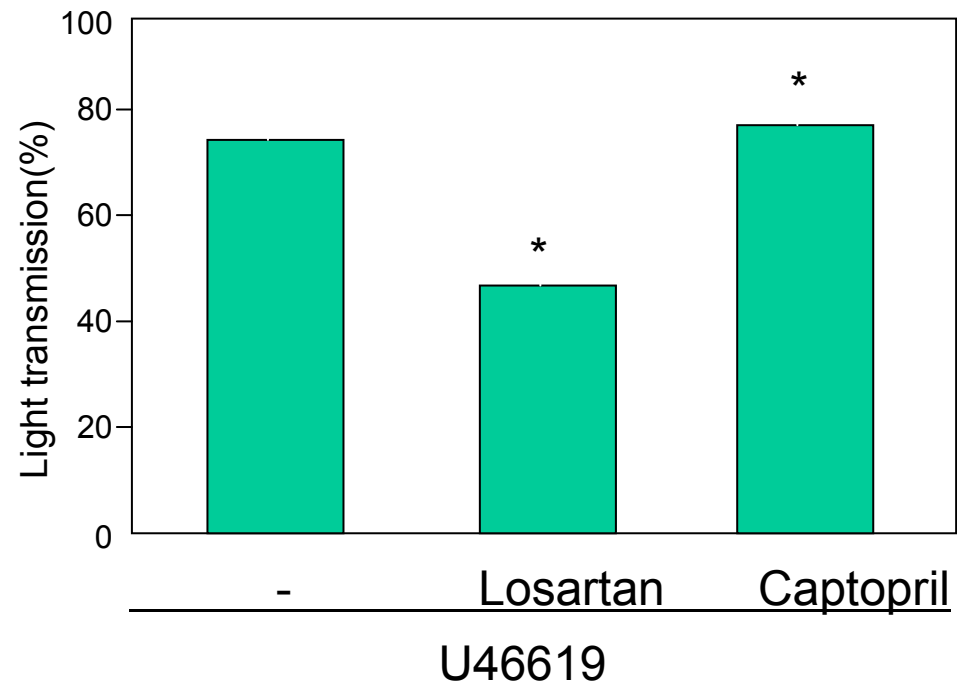


# TXA2 inhibition Effect on Platelets

# U46619 -induced platelet activation in the presence of captopril or losartan.

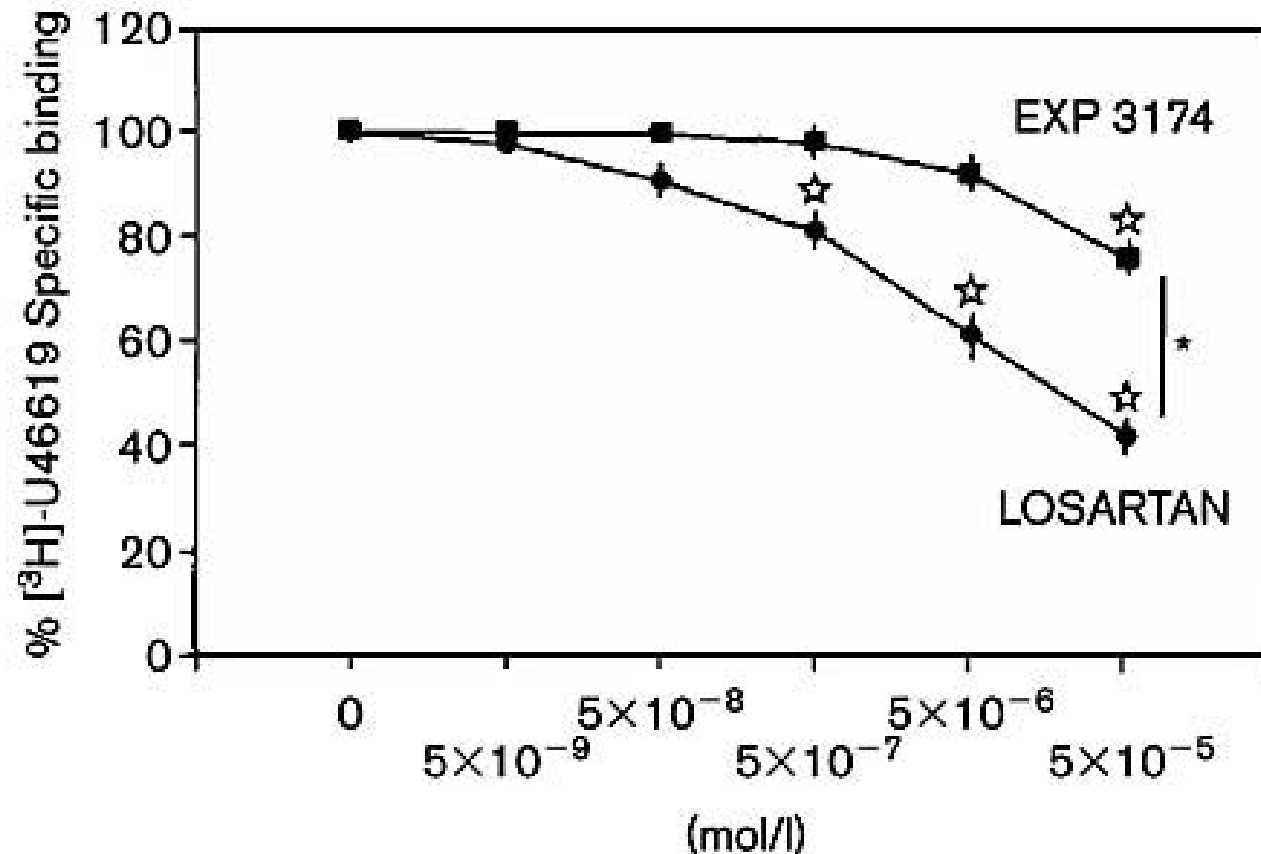


Inhibition of platelet activation  
by losartan or captopril 6 min  
after the addition of U46619



\* $P < 0.05$ , versus U46619 alone.

## Displacement of [3H]-U46619 by unlabelled losartan and EXP 3174.

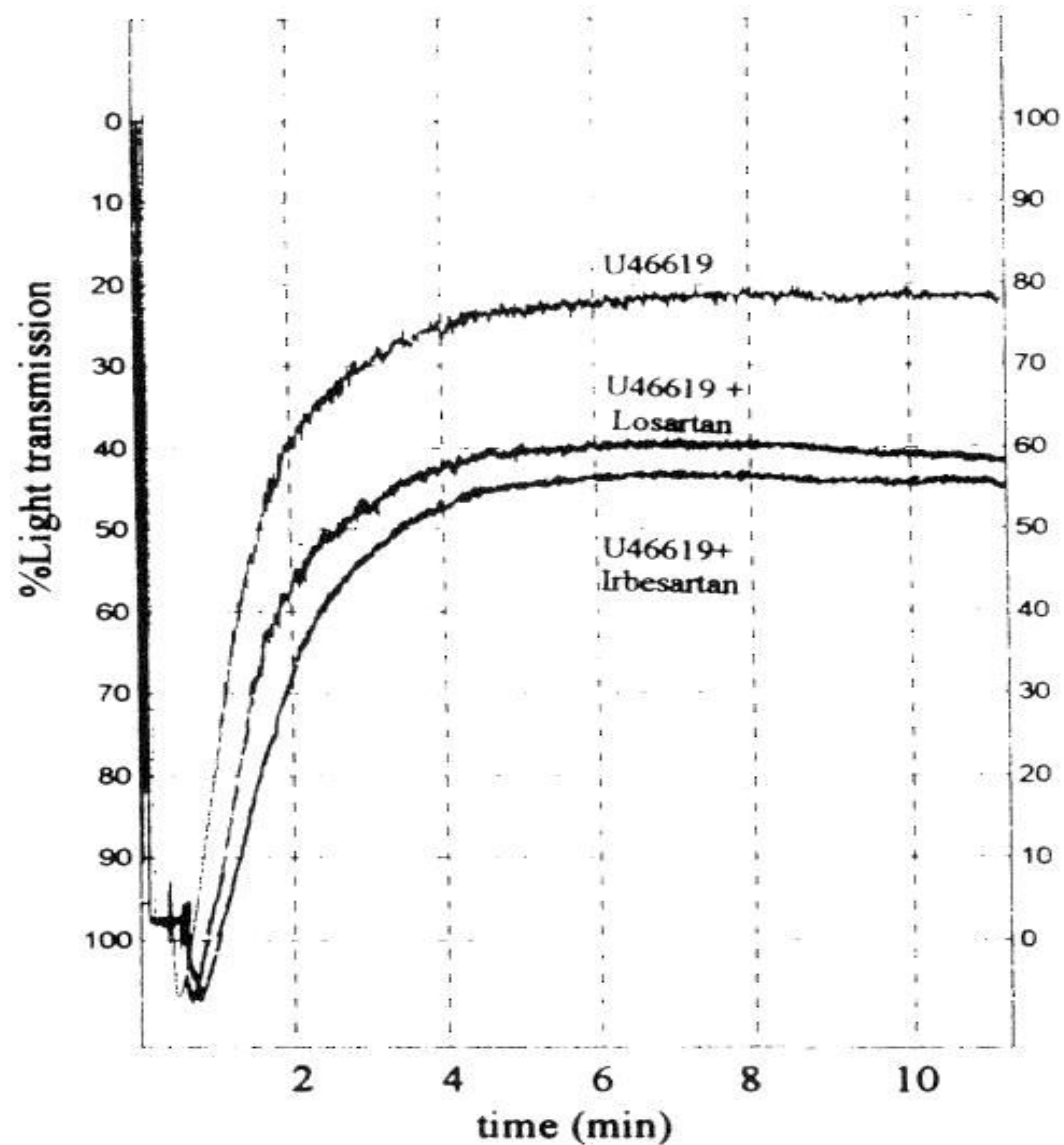


The platelet suspension was incubated with 4 nmol/l [3H]-U46619 in the presence or absence of increased concentrations of losartan and EXP 3174.

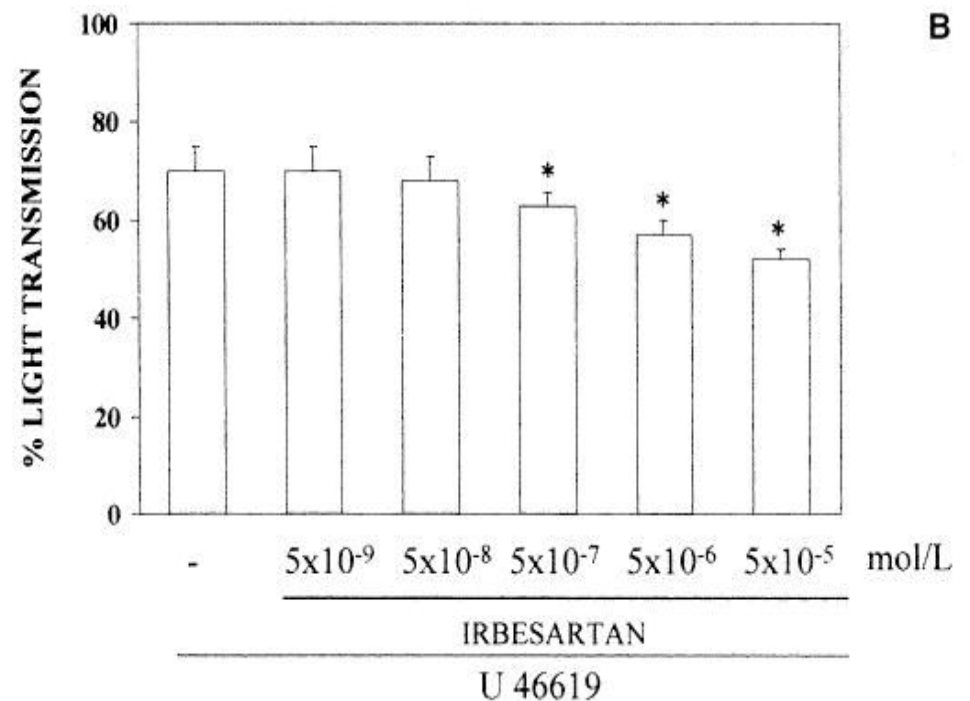
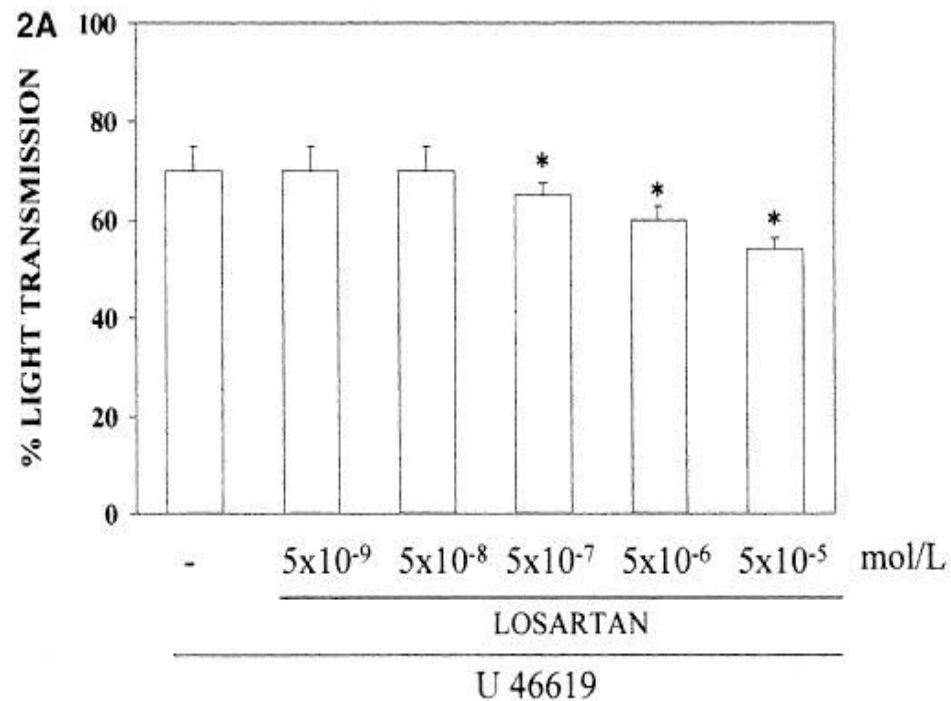
Specific binding was calculated using incubations with a 1000-fold excess of unlabeled U46619. Data are means  $\pm$  SEM of five experiments.

\* $P < 0.05$ , versus EXP 3174; [white star] $P < 0.05$ , versus no corresponding drug.

Representative trace showing U46619-induced platelet activation in the presence and in the absence of losartan and irbesartan .



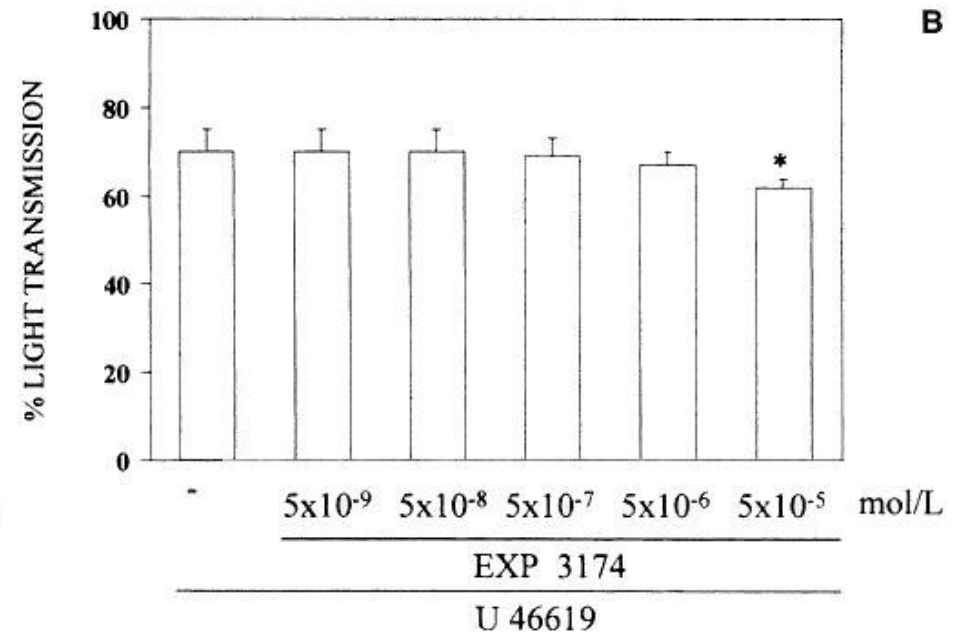
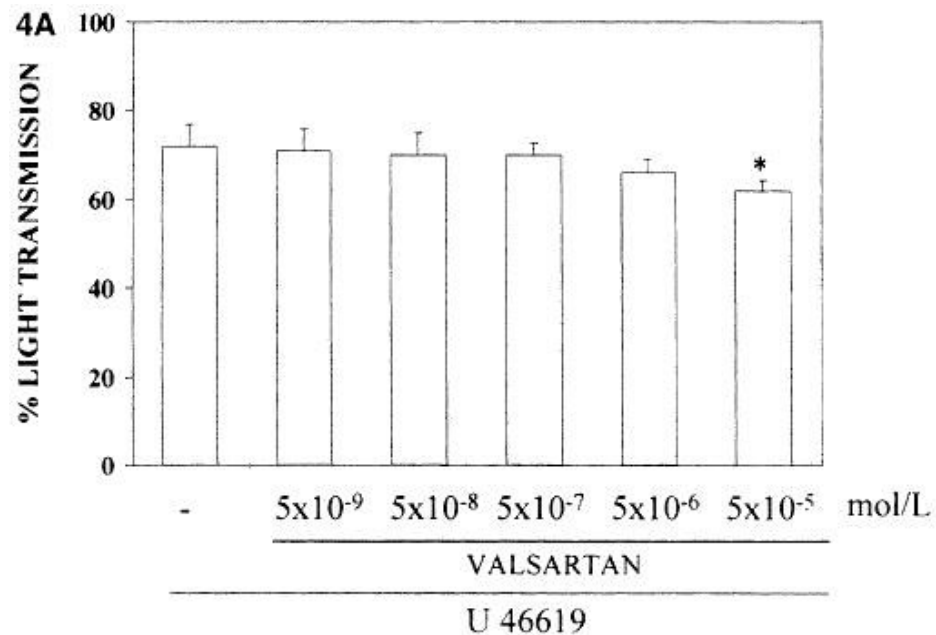
Effect of increasing concentrations of losartan (A) and irbesartan (B) on thromboxane A2 analogue U46619-induced platelet activation.



Platelet activation is plotted as percentage of light transmission 6 min after the addition of U46619. Data are expressed as mean  $\pm$  SEM of six different experiments.

\*p < 0.05 with respect to U46619 alone.

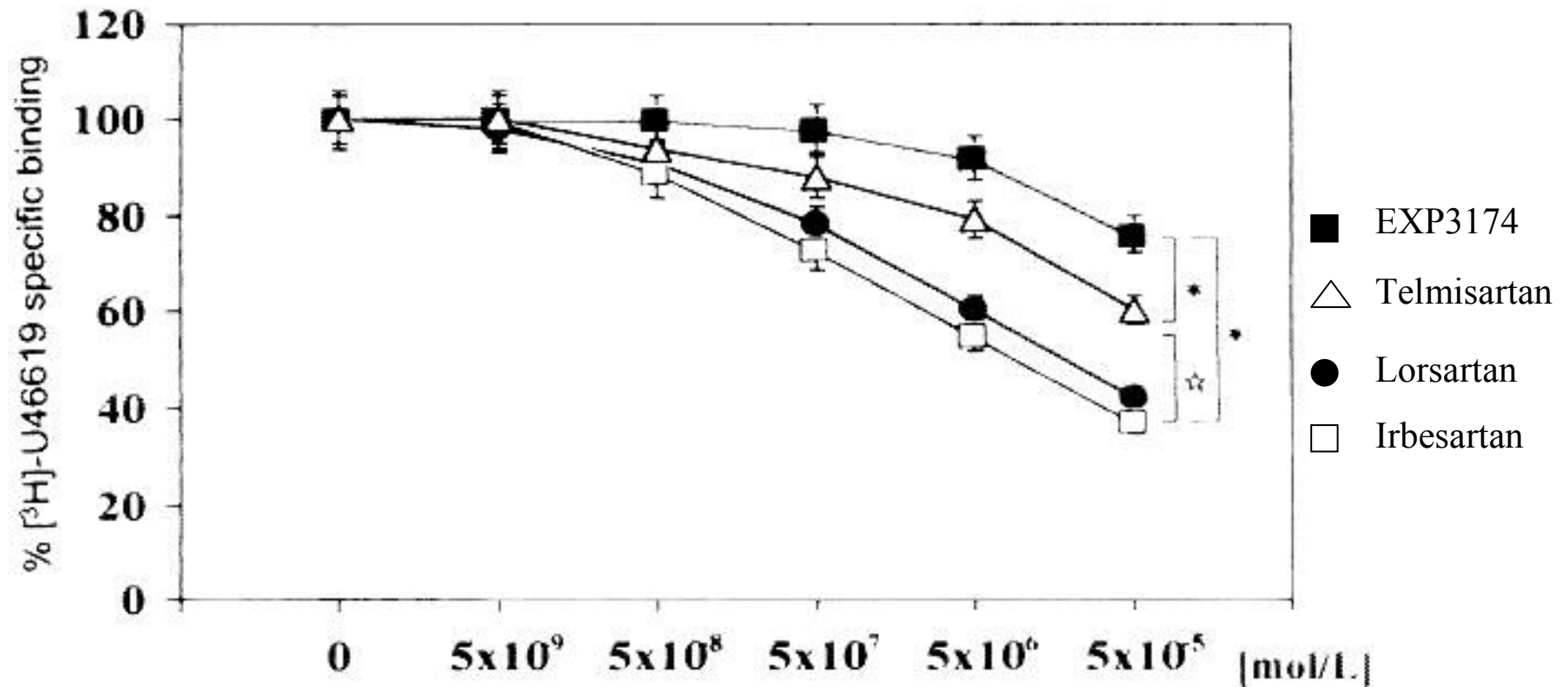
Effect of increasing concentrations of valsartan and the main hepatic Active metabolite of losartan, EXP3174, on thromboxane A2 analogue U46619-induced platelet activation.



Platelet activation is plotted as percentage of light transmission 6 min after the addition of U46619. Data are expressed as mean  $\pm$  SEM of six different experiments.

\* $p < 0.05$  with respect to U46619 alone.

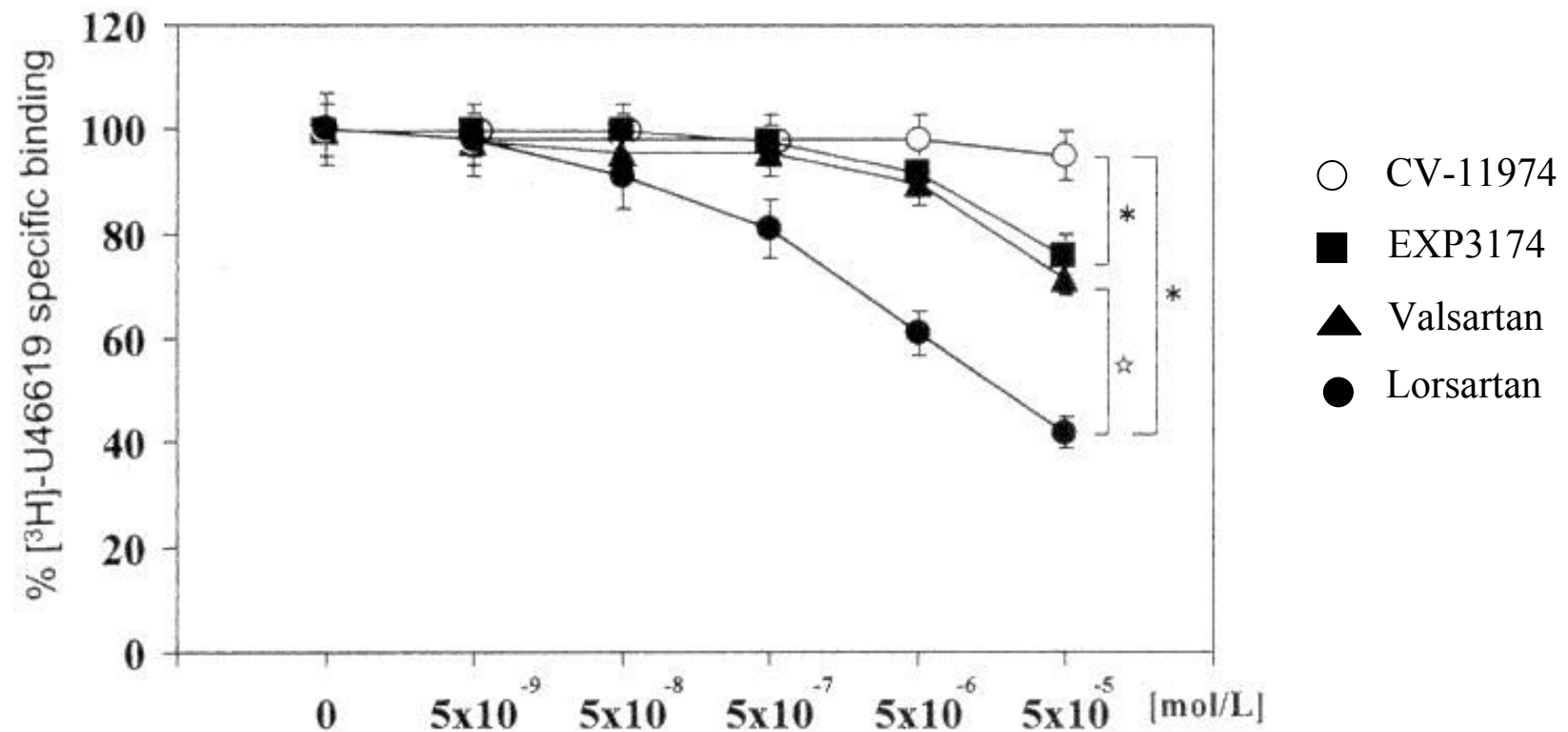
Displacement of [<sup>3</sup>H]-U46619 from platelets by unlabeled losartan, irbesartan, EXP3174, and telmisartan.



Data are expressed as mean  $\pm$  SEM of six different experiments.

\*p < 0.05 with respect to EXP3174. [white star]p < 0.05 with respect to losartan and irbesartan.

## Displacement of [<sup>3</sup>H]-U46619 from platelets by unlabeled losartan, EXP3174, valsartan, and CV-11974.



The platelet suspension was incubated with 4 nM [<sup>3</sup>H]-U46619 in the presence and in the absence of increasing concentrations of each AT-1 antagonist.

\*p < 0.05 with respect to CV-11974 antagonists. [white star]p < 0.05 with respect to EXP3174



## Effect of in vitro addition of different AT-1 antagonists on U46619-induced in vitro platelet activation

| Platelets            | Platelet adhesion (%)     |
|----------------------|---------------------------|
| Basal                | 4.0 ± 2.2                 |
| U46619               | 25.9 ± 1.9 <sup>a</sup>   |
| U46619 + losartan    | 13.7 ± 3.3 <sup>a,b</sup> |
| U46619 + valsartan   | 23.4 ± 2.1 <sup>a</sup>   |
| U46619 + candesartan | 24.8 ± 3.1 <sup>a</sup>   |

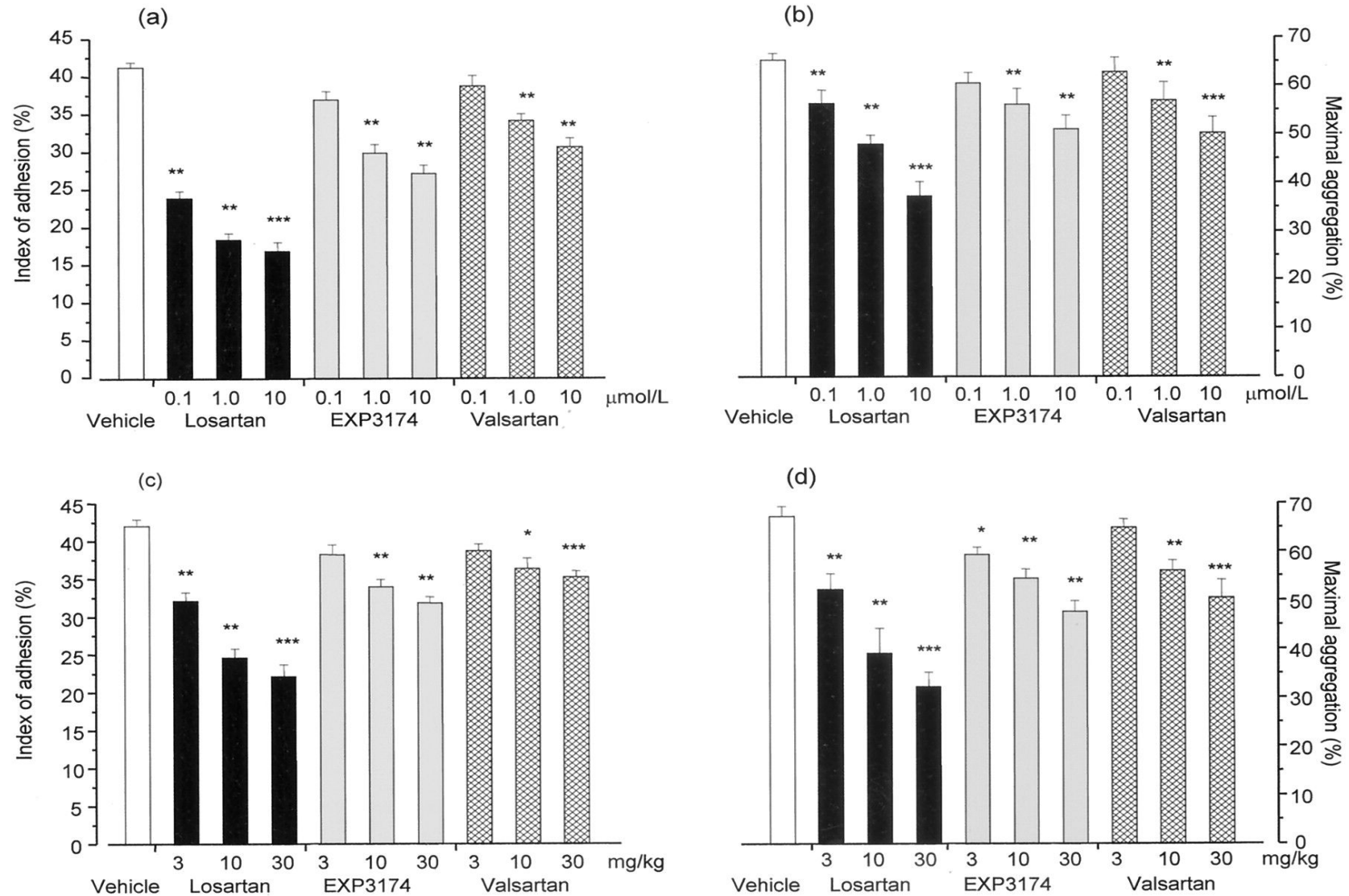
Platelets ( $5 \times 10^8$  platelets/well) from normotensive Wistar–Kyoto rats were isolated and incubated in the absence (basal) and in the presence of the thromboxane analogue, U46619 ( $10^{-6}$  M) on a synthetic surface at 37°C for 1 h. Additional experiments were performed in the presence of losartan ( $5 \times 10^{-6}$  M), valsartan ( $5 \times 10^{-6}$  M), and candesartan ( $5 \times 10^{-6}$  M). Results are represented as means ± SEM of six different experiments.

<sup>a</sup>p < 0.05 with respect to basal level.

<sup>b</sup>p < 0.05 with respect to U46619 in the absence of the angiotensin II type 1 (AT-1) antagonists.

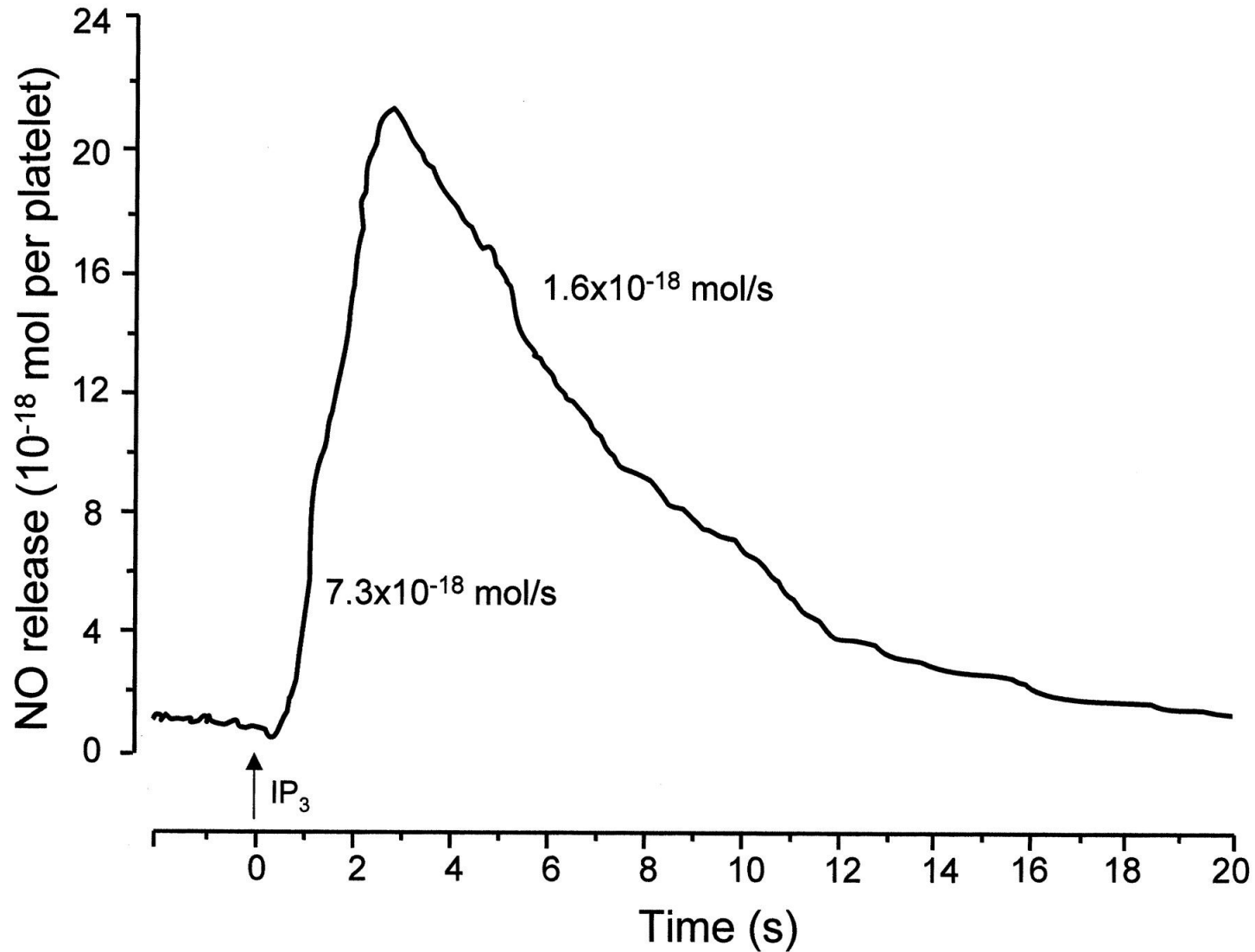
# Collagen-induced Effect on Platelets

# Dose-dependent effect of losartan, EXP3174, and valsartan on collagen-stimulated adhesion and U46619-stimulated aggregation of rat platelets in in vitro (a and b) and ex vivo (c and d) experiments

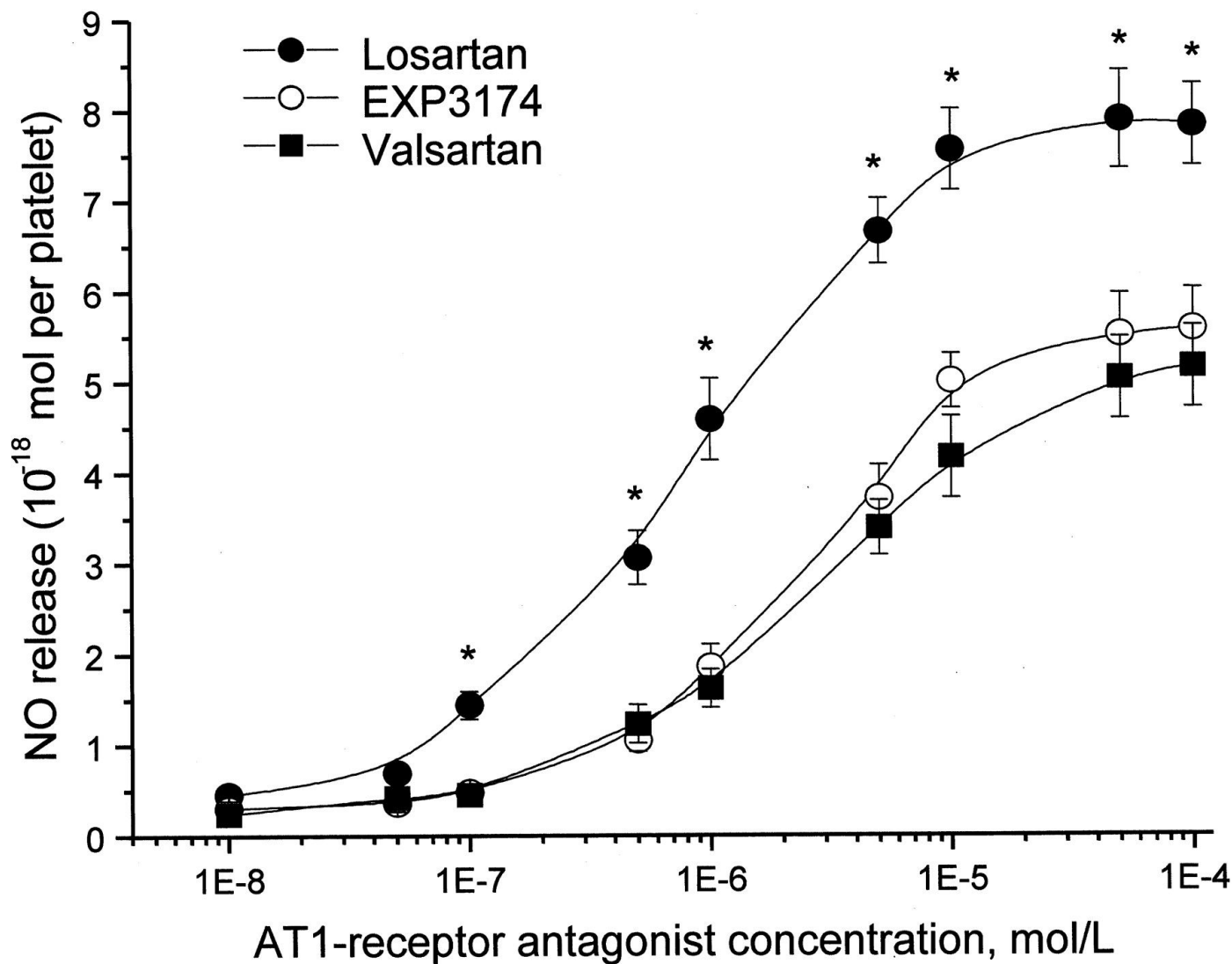


# Mechanism of anti-platelet action of Losartan

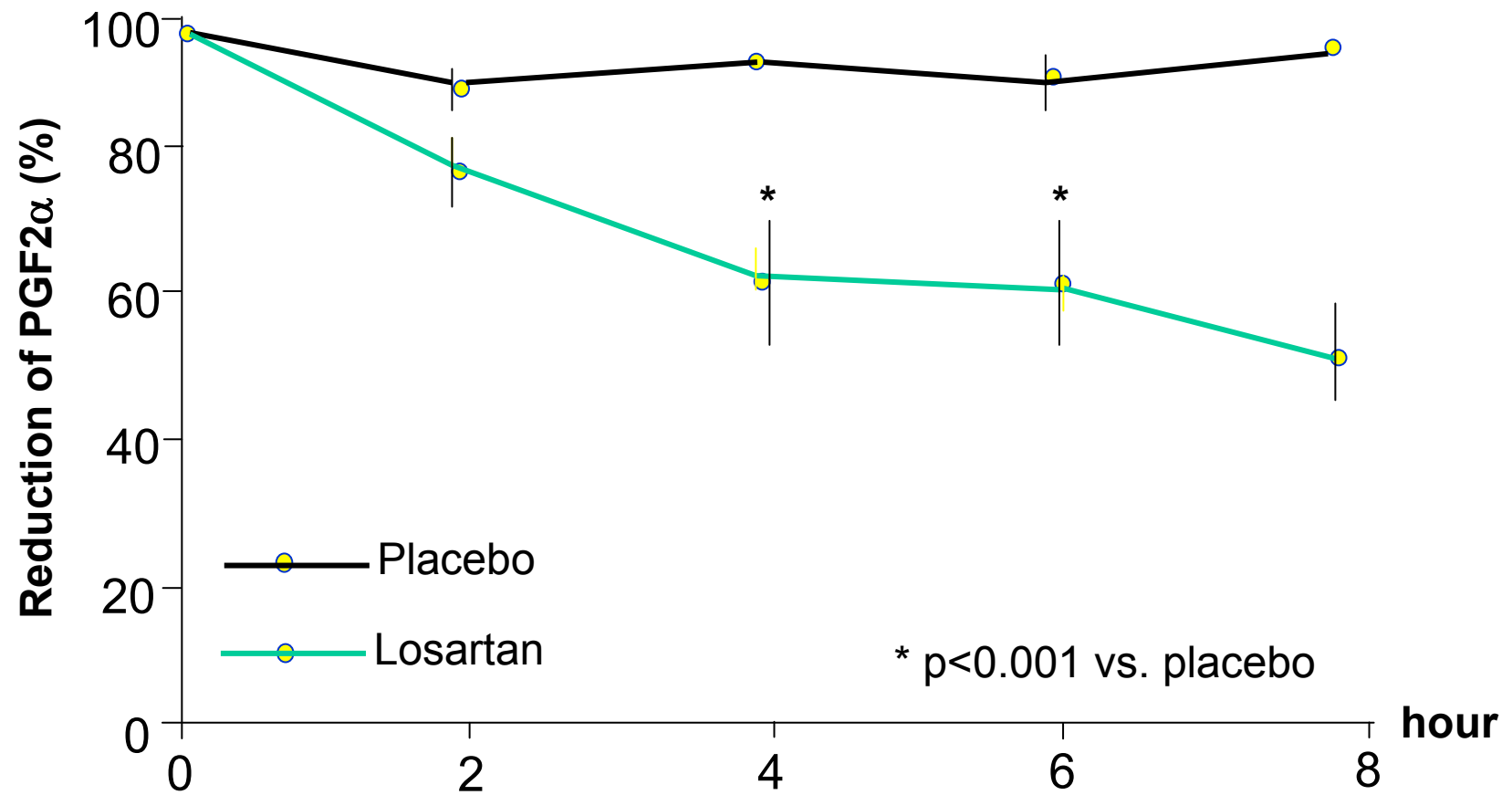
## NO release from platelets after stimulation with IP<sub>3</sub>



**NO release from platelets in dose-dependent response to the AT1 receptor antagonists: losartan, EXP3174, and valsartan (n=6)**

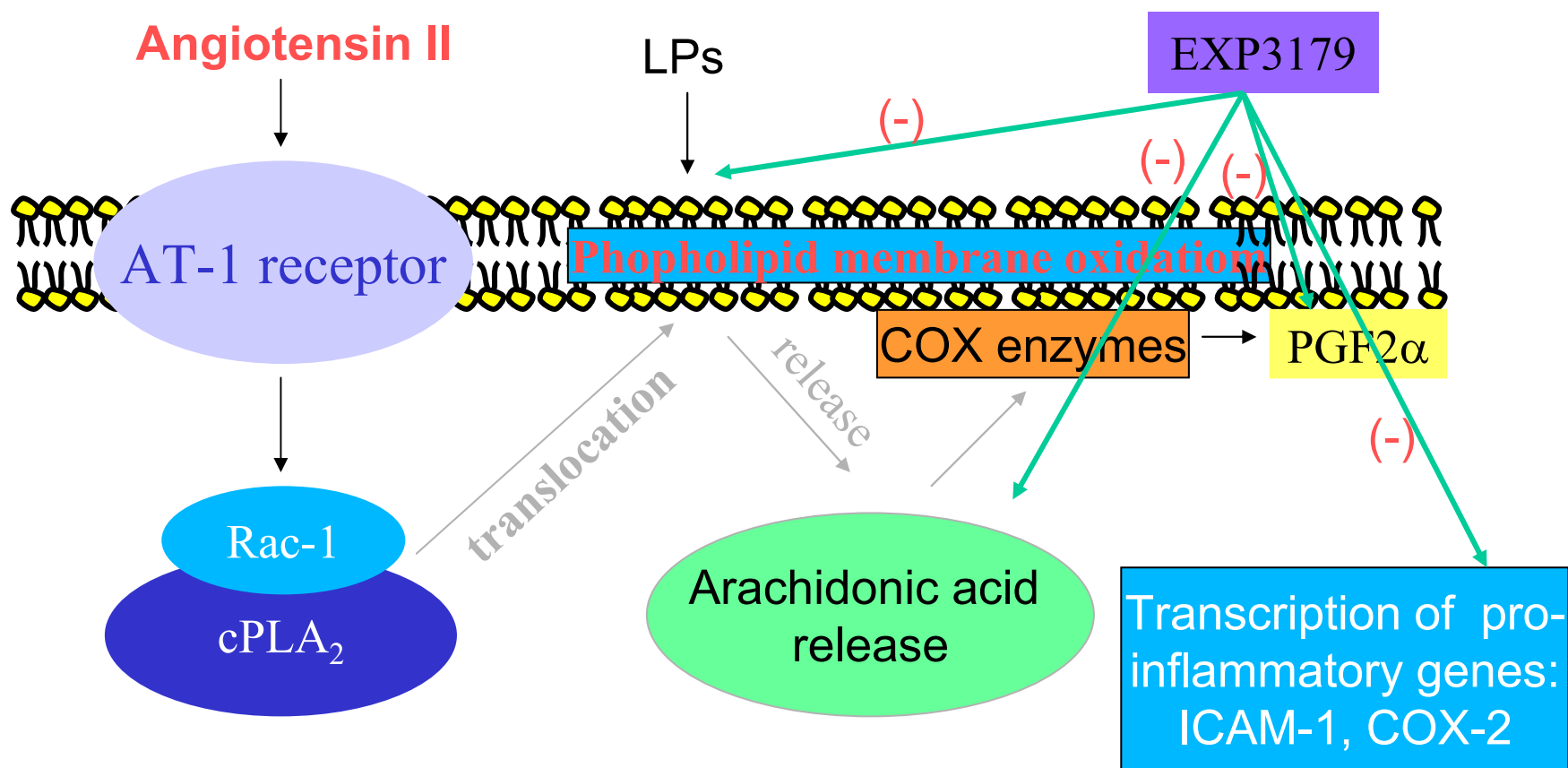


## Losartan-dependent Inhibition of $\text{PGF2}\alpha$ *in vivo*



Kremer C et al Circ Res 2002;90:770-76

# Hypothetical Model of EXP3179 antiinflammatory and antiaggregatory properties





개사합니다.