



Characteristics of NOAC

Wonkwang University Hospital

Kim, Nam-Ho

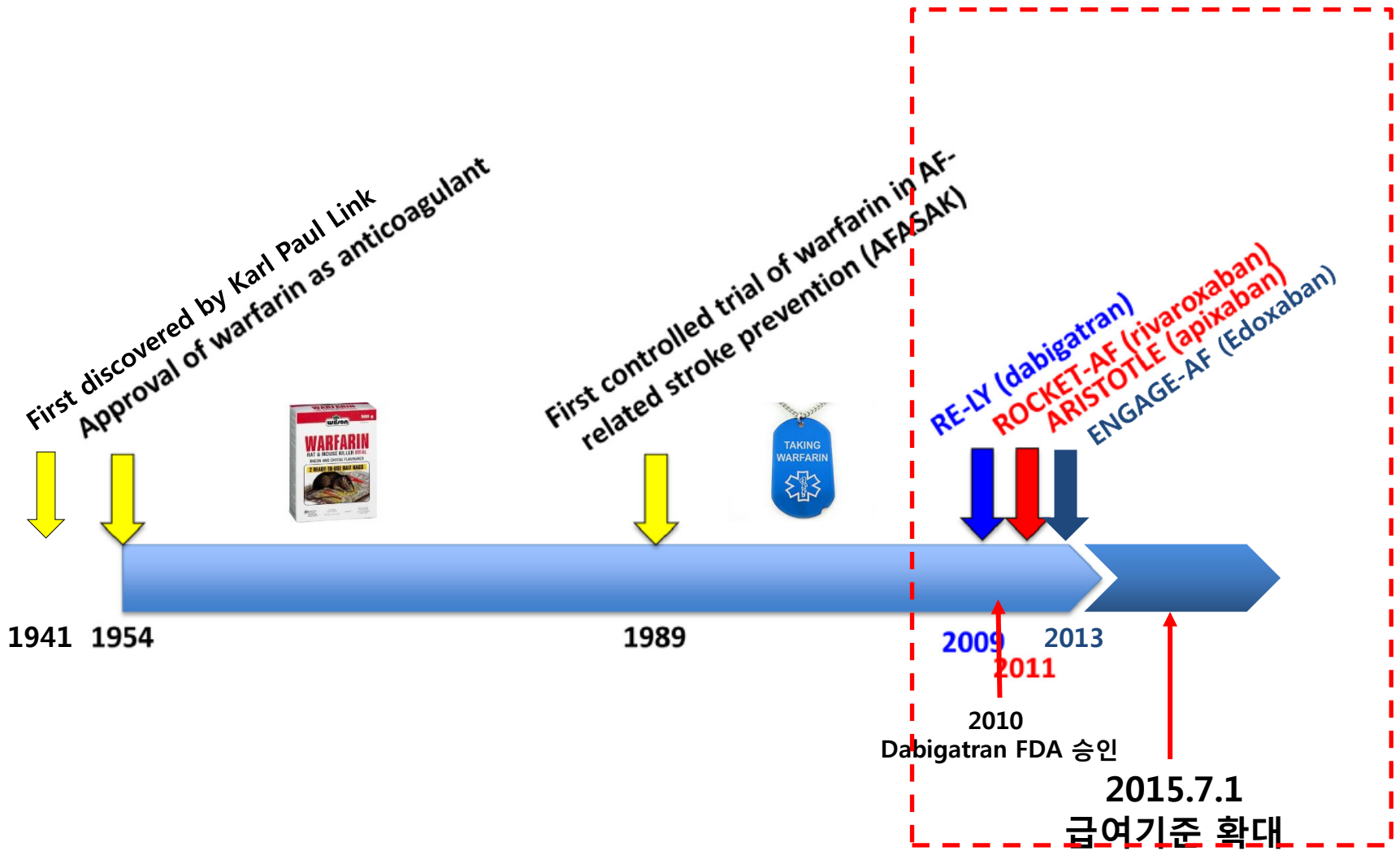
Difference



NOAC

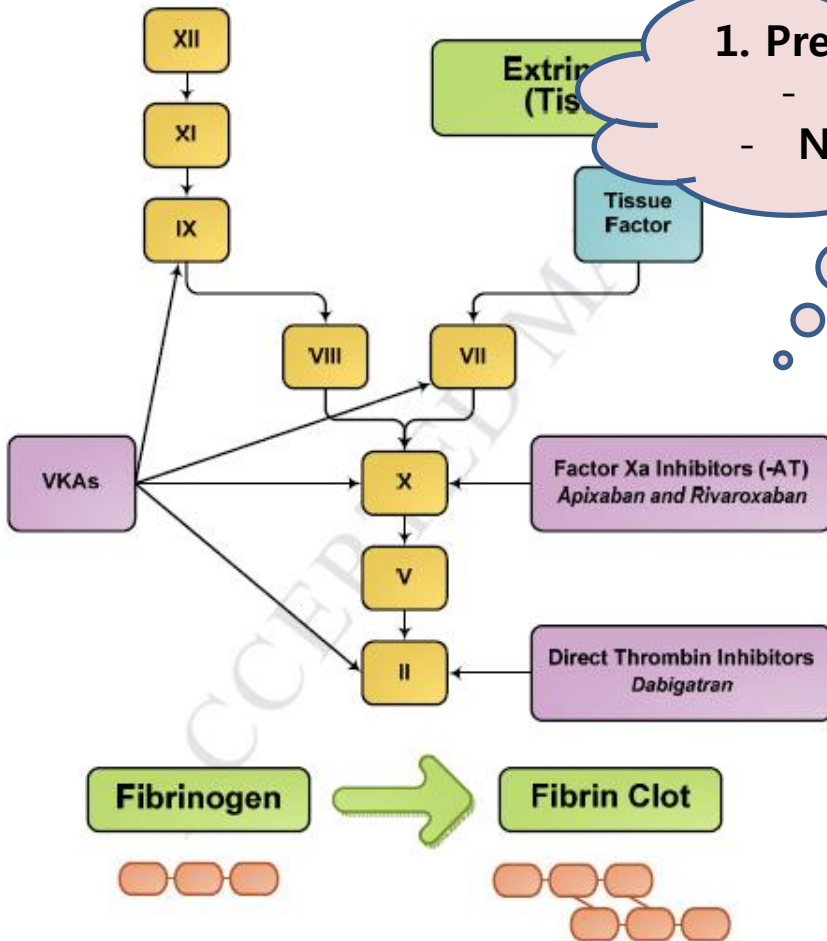
- Target specificity
- Absorption and metabolism
- Race difference

Oral Anticoagulants

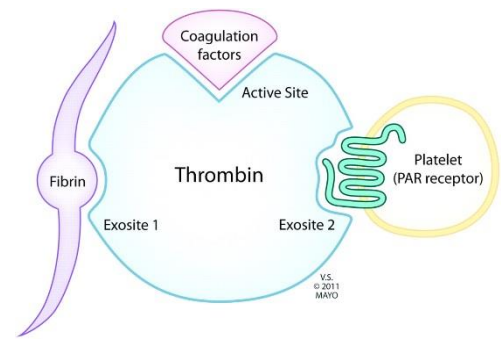
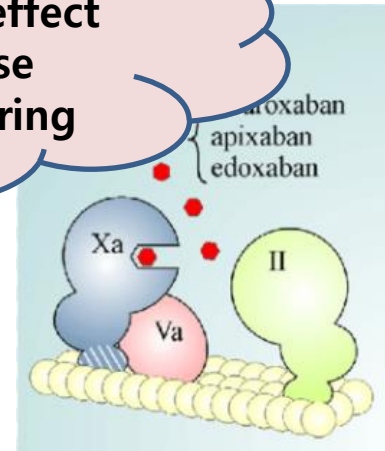


1. Target Specificity

**Intrinsic Pathway
(Contact Activation)**

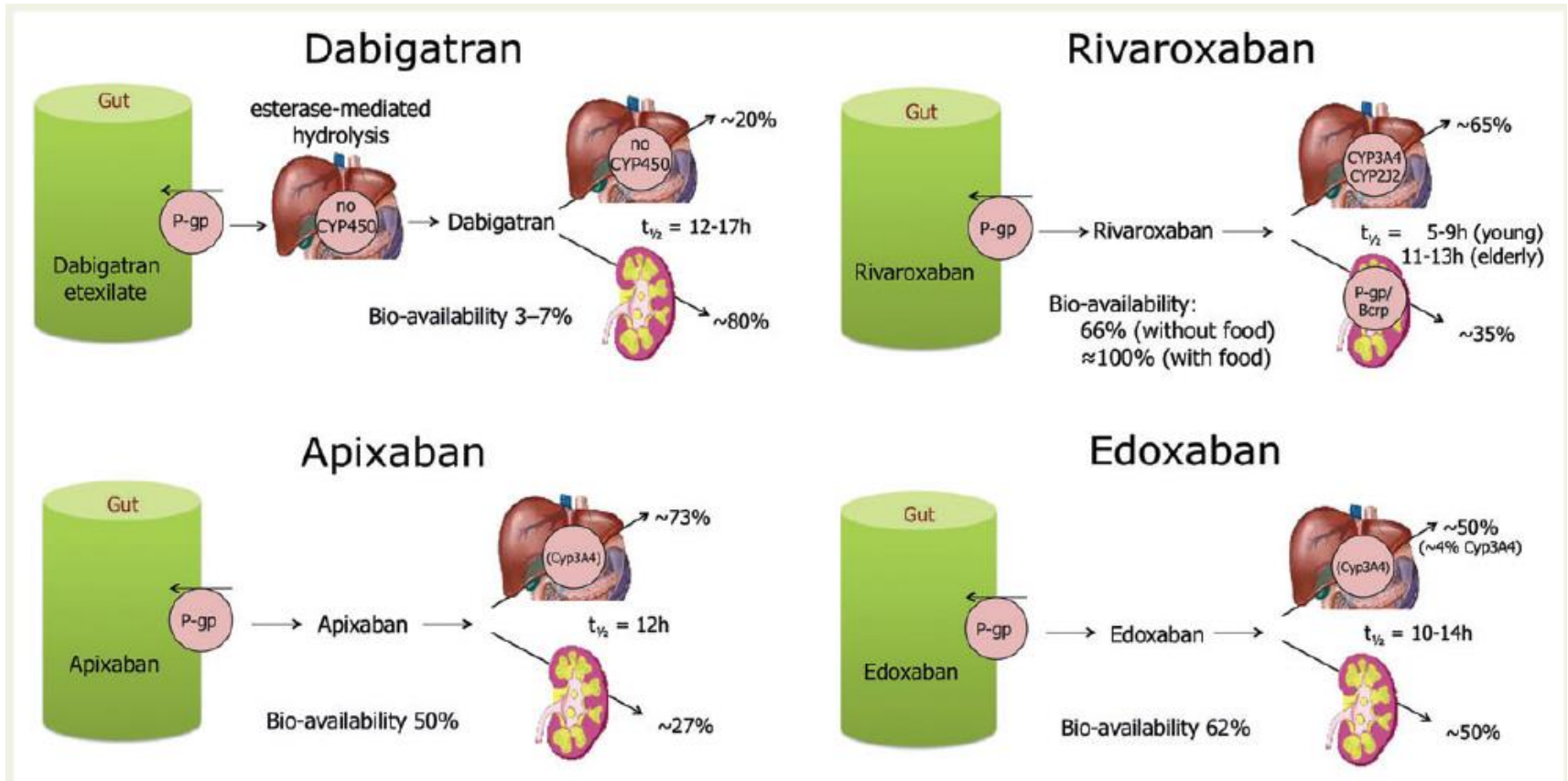


1. Predictable effect
 - Fixed dose
 - No monitoring



Nutescu EA, et al. Cleve Clin J Med 2005

2. Uptake, Metabolism, and Elimination

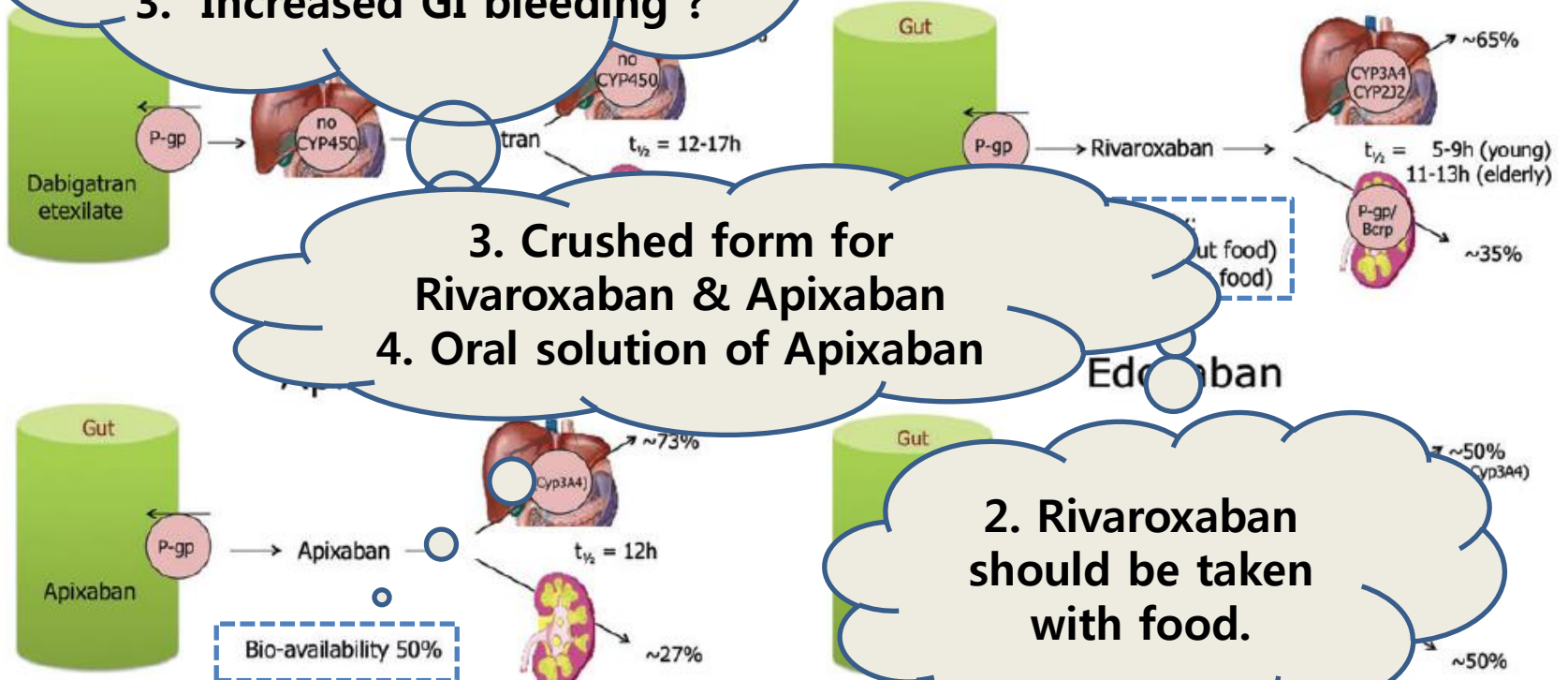


Concentration

2

1. Slight fluctuation in absorption >>> greater impact on plasma levels : PPI & H2B
2. Capsules should not be opened
3. Increased GI bleeding ?





Rivaroxaban



3. Crushed form for Rivaroxaban & Apixaban
4. Oral solution of Apixaban

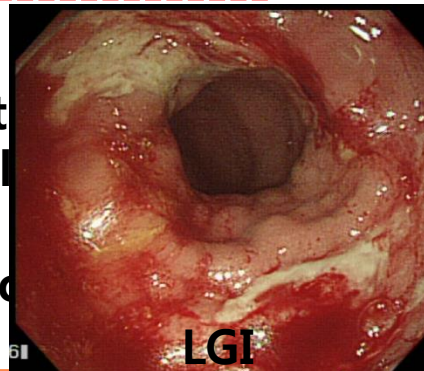
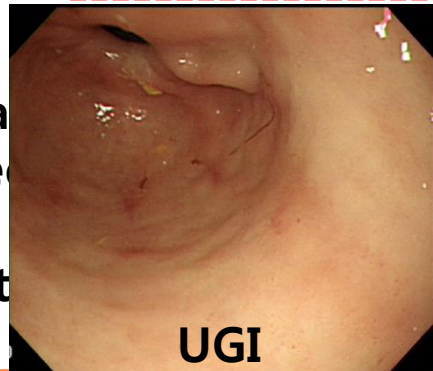
2. Rivaroxaban should be taken with food.

2.1.1. GI Bleeding

	Bioavailability	Active anticoagulant present in GI tract	Renal excretion	Hepatic metabolism
				
Warfarin	100%	None	None	High
Dabigatran	7%	High	High	Low
Rivaroxaban	66%	Moderate	Moderate	Moderate
Apixaban	50%	Moderate	Moderate	Moderate

Dabigatran

1. non-absorbed, and promotes GI bleeding (e.g., angiectasia)
2. The drugs directly

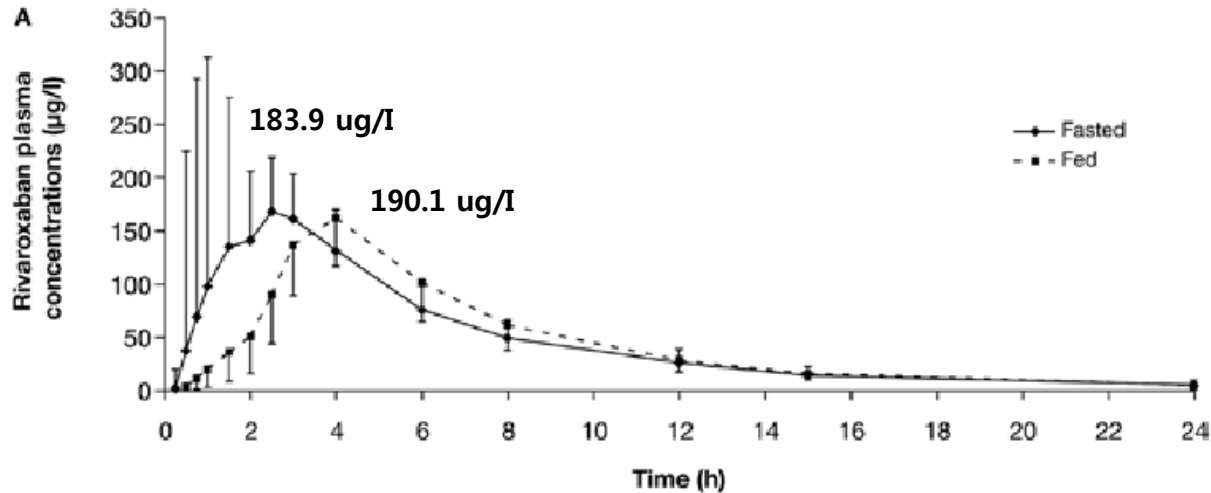


GI tract lumen
erosions or

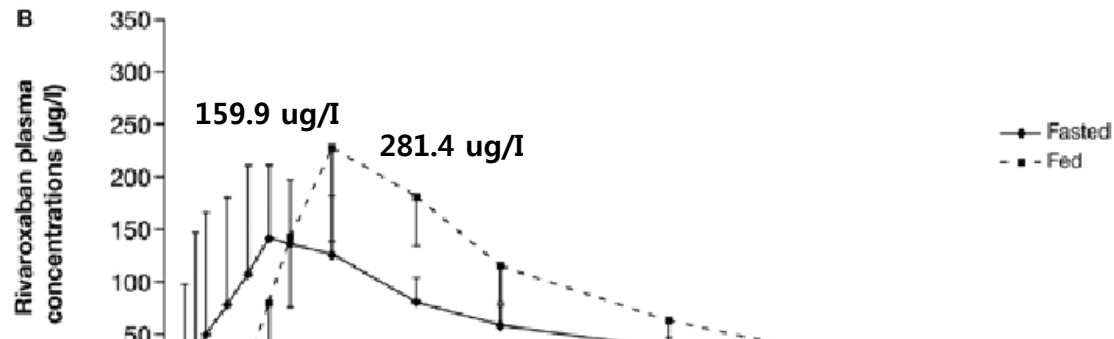
Gastroint Endoscopy 2013;78:227-239

2.1.2. Effect of Food on Rivaroxaban

10 mg



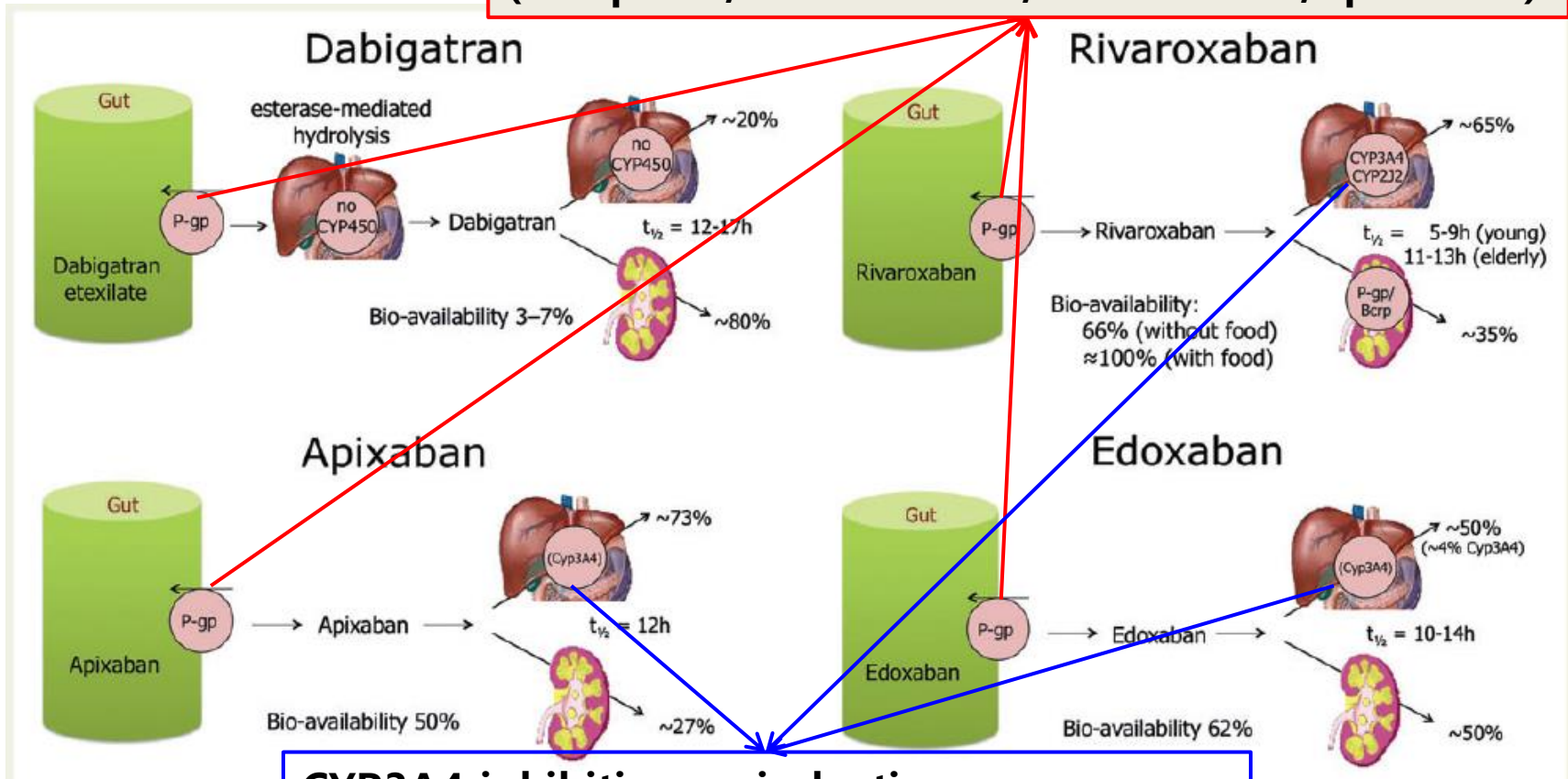
20 mg



High bioavailability ($\geq 80\%$) of 15 mg and 20 mg rivaroxaban was achieved when taken with food; therefore, these doses need to be taken with food.

2.2. Metabolism - Drug Interaction

**P-glycoprotein inhibitors
(verapamil, dronedarone, amiodarone, quinidine)**

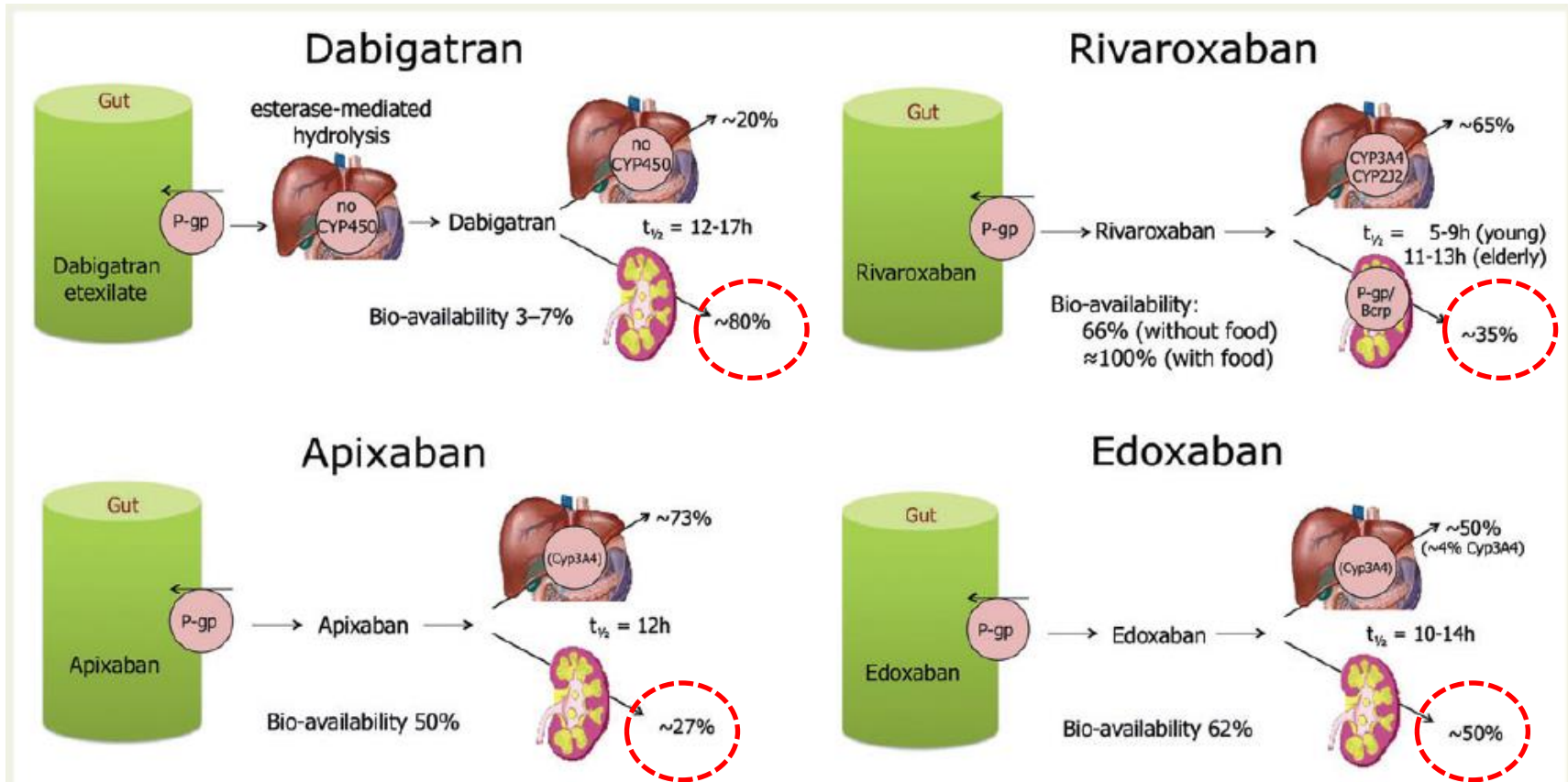


**CYP3A4 inhibition or induction
- Induction : rifampicin, carbamazepine etc**

2.2.1. Drug-Drug Interaction

			via	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Antiarrhythmic dru	Other cardiovascular drugs	Fungostatics					
Amiodarone		Fluconazole	Moderate CYP3A4 inhibition	No data yet	No data yet	No data yet	+42% (if systemically administered) ²⁴⁷
Digoxin	Atorvastatin	Itraconazole; Ketoconazole; Posaconazole; Voriconazole;	potent P-gp and BCRP competition; CYP3A4 inhibition	+140-150% (US: 2 x 75 mg if CrCl 30-50 ml/min)	+100% ⁶⁰	+87-95% ⁶⁴ (reduce NOAC dose by 50%)	Up to +160% ²⁴⁷
Diltiazem	Antibiotics						
	Clarithromycin; Erythromycin	Immunosuppressive					
		Cyclosporin; Tacrolimus	P-gp competition	Not recommended	No data yet	+73%	Extent of increase unknown
Dronedarone	Rifampicin ^{***}	Antiphlogistics					
Quinidine		Naproxen	P-gp competition	No data yet	+55% ²⁵⁴	No effect (but pharmacodynamically increased bleeding time)	No data yet
		Antacids					
	Antiviral drugs	H2B; PPI; Al-Mg-hydroxide	GI absorption	Minus 12-30% ^{45, 53, 58}	No effect ⁵⁵	No effect	No effect ^{241, 242}
Verapamil	HIV protease inhibitor (e.g. ritonavir)	Others					
		Carbamazepine ^{***} ; Phenobarbital ^{***} ; Phenytoin ^{***} ; St John's wort ^{***}	P-gp/ BCRP and CYP3A4/CYP2J 2 inducers	minus 66% ²⁵³	minus 54% ^{SmPC}	minus 35%	Up to minus 50%

2.3. Elimination - CKD



2.3.1 Estimated Drug Half-lives & Plasma Concentration in Different Stages of CKD

	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
CrCl >80 mL/min	12–17 h ⁶¹	12 h	10–14 h ^{51,65}	5–9 h (young) 11–13 h (elderly)
CrCl 50–80 mL/min CKD Stages I and II	~17 h ¹²² (+50%)	~14.6 h ¹²³ (+16%)	~8.6 h ¹²⁴ (+32%) ^{SmPC}	~8.7 h ¹²⁵ (+44%) ¹²⁶
CrCl 30–50 mL/min CKD Stage III	~19 h ¹²² (+320%)	~17.6 h (+29%)	~9.4 h ¹²⁴ (+74%) ^{SmPC}	~9.0 h (+52%) ¹²⁶
CrCl 15–30 mL/min CKD Stage IV	~28 h ¹²² (+530%)	~17.3 h (+44%)	~16.9 h ¹²⁴ (72%) ^{SmPC}	~9.5 h (+64%) ¹²⁶
CrCl ≤ 15 mL/min CKD Stage V; off-dialysis	No data	– (+36%)	– (+93%) ^{SmPC}	– (+70%) ¹²⁷

CKD, chronic kidney disease; CrCl, creatinine clearance.

2.3.2. Approved European Labels for NOACs and Their Dosing in CKD

	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Fraction renally excreted of absorbed dose	80%	27% ⁵²⁻⁵⁵	50% ³⁶	35%
Bioavailability	3-7%	50%	62% ⁵¹	66% without food Almost 100% with food
Fraction renally excreted of administered dose	4%	12-29% ⁵²⁻⁵⁵	37% ³⁶	33%
Approved for CrCl ≥ ...	≥ 30 mL/min	≥ 15 mL/min	≥ 15 mL/min	≥ 15 mL/min
Dosing recommendation	CrCl ≥ 50 mL/min: no adjustment (i.e. 150 mg BID)	Serum creatinine ≥ 1.5 mg/dL: no adjustment (i.e. 5 mg BID) ^a	CrCl ≥ 50 mL/min: no adjustment (i.e. 60 mg OD) ^b	CrCl ≥ 50 mL/min: no adjustment (i.e. 20 mg OD)
Dosing if CKD	When CrCl 30-49 mL/min, 150 mg BID is possible (SmPC) but 110 mg BID should be considered (as per ESC guidelines) ⁵ Note: 75 mg BID approved in US only ^c : if CrCl 15-30 mL/min if CrCl 30-49 mL/min and other orange factor Table 6 (e.g. verapamil)	CrCl 15-29 mL/min: 2.5 mg BID If two-out-of-three: serum creatinine ≥ 1.5 mg/dL, age ≥ 80 years, weight ≤ 60 kg: 2.5 mg BID	30 mg OD when CrCl 15-49 mL/min	15 mg OD when CrCl 15-49 mL/min
Not recommended if	CrCl < 30 mL/min	CrCl < 15 mL/min	CrCl < 15 mL/min	CrCl < 15 mL/min

Red: contra-indicated/not recommended. **Orange:** reduce dose as per label. **Yellow:** consider dose reduction if two or more 'yellow' factors are present (see also Table 6). CKD, chronic kidney disease; CrCl, creatinine clearance; BID, twice a day; OD, once daily; SmPC, summary of product characteristics.

^aThe SmPC specifies dose reduction from 5 to 2.5 mg BID if two of three criteria are fulfilled: age ≥ 80 years, weight ≤ 60 kg, serum creatinine > 1.5 mg/dL.

^bFDA provided a boxed warning that 'edoxaban should not be used in patients with CrCL > 95 mL/min'. EMA advised that 'edoxaban should only be used in patients with high CrCl after a careful evaluation of the individual thrombo-embolic and bleeding risk' because of a trend towards reduced benefit compared to VKA.

^cNo EMA indication. FDA recommendation based on PKs. Carefully weigh risks and benefits of this approach. Note that 75 mg capsules are not available on the European market for AF indication.

3. Race Difference

	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Bioavailability	3 to 7%	50%	62% ⁵¹	66% without food. Almost 100% with food
Prodrug	Yes	No	No	No
Clearance non-renal/renal of absorbed dose (if normal renal function; see also 'Patients with chronic kidney disease' section) ^a	20%/80%	73%/27% ⁵²⁻⁵⁵	50%/50% ^{36,51,56}	65%/35%
Liver metabolism: CYP3A4 involved	No	Yes (elimination, moderate contribution) ⁵⁷	Minimal (<4% of elimination)	Yes (elimination, moderate contribution)
Absorption with food	No effect	No effect	6-22% more; minimal effect on exposure ⁵⁸	+39% more ⁵⁹
Intake with food recommended?	No	No	No	Mandatory
Absorption with H2B/PPI	-12 to 30% (not clinically relevant) ⁶⁰⁻⁶²	No effect ⁶³	No effect	No effect ^{59,64}
Asian ethnicity	+25% ⁶²	No effect	No effect ⁵⁸	No effect
GI tolerability	Dyspepsia 5 to 10%	No problem	No problem	No problem
Elimination half-life	12 to 17 h ⁶¹	12 h	10-14 h ^{51,65}	5-9 h (young) 11-13 h (elderly)

H2B, H2-blocker; PPI, proton pump inhibitor; GI, Gastrointestinal.

^aFor clarity, data are presented as single values, which are the mid-point of ranges as determined in different studies.

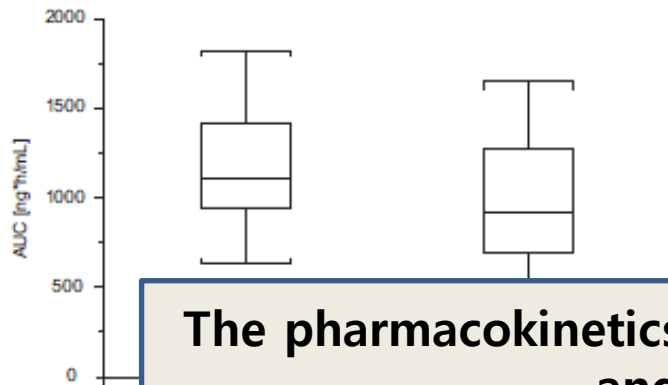
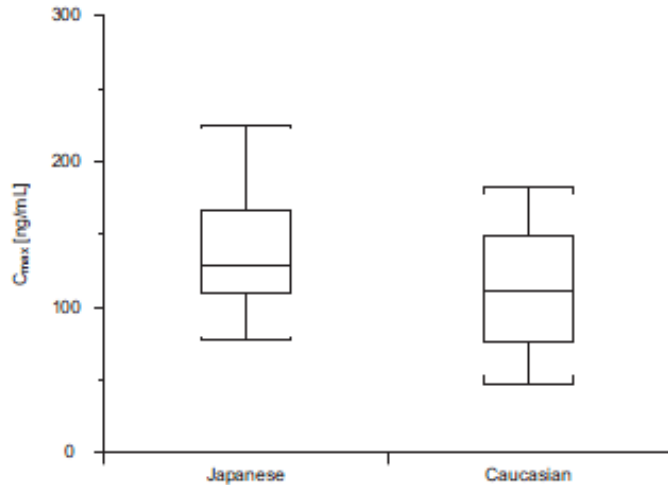
3.1. Effect of Race on Dabigatran - RE-LY trial -

Covariate	Effect on model parameters	Effect on AUC _{ss}
CRCL	Increase in CL/F according to an E_{\max} function with $E_{\max} = 124 \text{ L h}^{-1}$, $EC_{50} = 56.7 \text{ mL min}^{-1}$ and power = 1.29. CL/F increases with increasing CRCL	Patients with CRCL of 30 and 50 mL min^{-1} have a 1.8-fold and 1.2-fold increased AUC _{ss} , respectively, as compared with the median CRCL of 69 mL min^{-1}
Age	Decrease of 0.41% in CL/F per year older than the median of 72 years (and vice versa)	A 97-year-old patient has an approximately 11.5% increased AUC _{ss} as compared with a 72-year-old patient
Sex	Decrease of 8.3% in CL/F in female patients	Females have a 9.1% increased AUC _{ss} as compared with male patients
South Asian	Decrease of 20.3% in CL/F in the ethnic group of South Asian patients	AUC _{ss} is increased by 25.5% in South Asians as compared with other ethnicities
HF	Decrease of 6.7% in CL/F in patients with HF of class II, III, or IV	AUC _{ss} is increased by 7.2% in patients with HF of class II–IV as compared with patients without HF or with class I HF
Weight	Increase of 0.77% in V_2/F per 1-kg increase above the median weight of 80 kg (and vice versa)	Weight has no effect on AUC _{ss}
Hemoglobin	Decrease of 4.0% in V_2/F per 1 g dL^{-1} increase above the median hemoglobin concentration of 14.3 g dL^{-1} (and vice versa)	Hemoglobin has no impact on AUC _{ss}
Verapamil	Increase of 23% in bioavailability with coadministration of verapamil	Patients with coadministration of verapamil have 23% increased AUC _{ss}
Amiodarone	Increase of 12% in bioavailability with coadministration of amiodarone	Patients with coadministration of amiodarone have 12% increased AUC _{ss}
PPIs	Decrease of 12.5% in bioavailability with coadministration of PPI	Patients with coadministration of PPI have 12.5% decreased AUC _{ss}

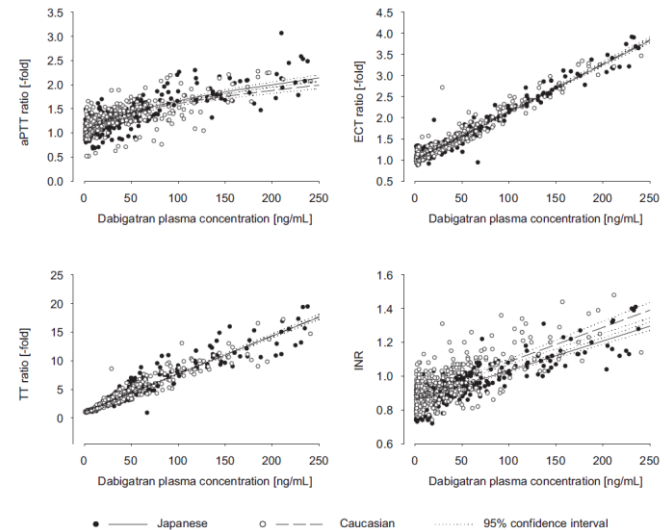
CRCL, creatinine clearance; HF, heart failure; PPI, proton-pump inhibitor. For the calculation of the effect of a particular covariate, all other covariates are assumed to have no effect (i.e. either at the median value or not present, e.g. in case of comedications).

3.2. Pharmacokinetic Effect of Dabigatran in Japanese and Caucasian

A. C_{max} and total AUC after oral administration of dabigatran etexilate 150 mg



B. Anti-coagulation parameters vs plasma concentration of dabigatran



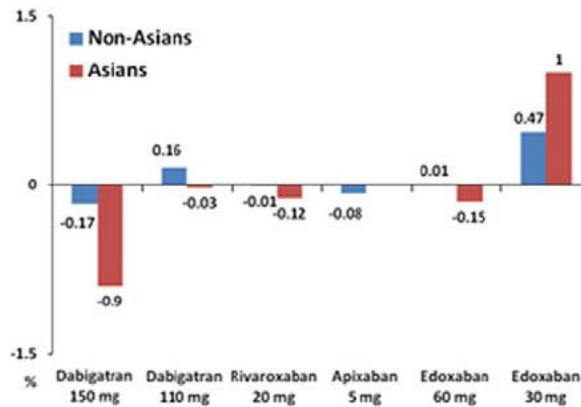
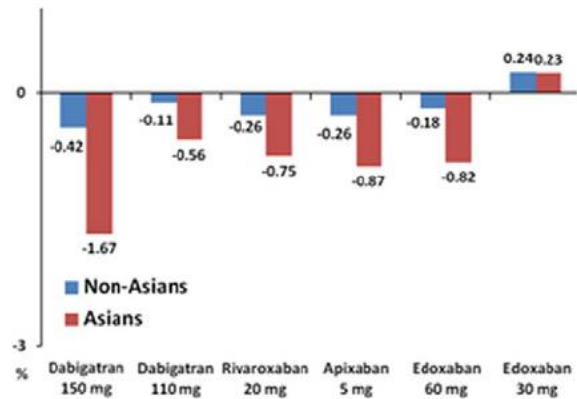
C. Correlation between trough plasma concentration and dabigatran dose



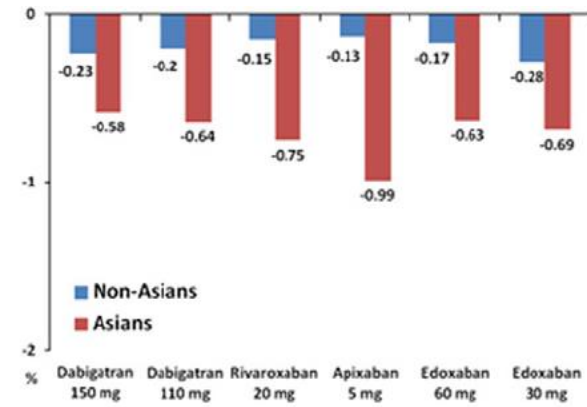
The pharmacokinetics of dabigatran are similar in Japanese and Caucasian subjects.

3.3. Absolute Risk Reduction in Efficacy with NOACs vs Warfarin

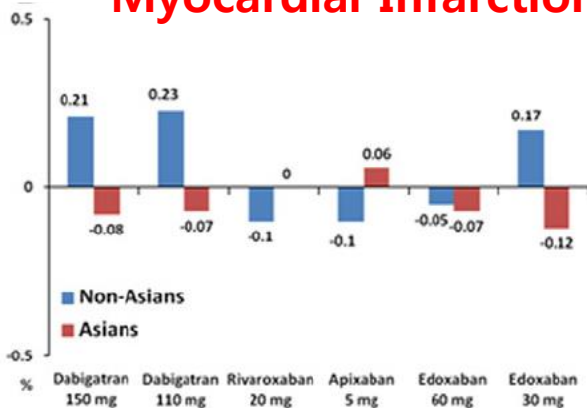
Stroke and Systemic Embolism Ischemic Stroke



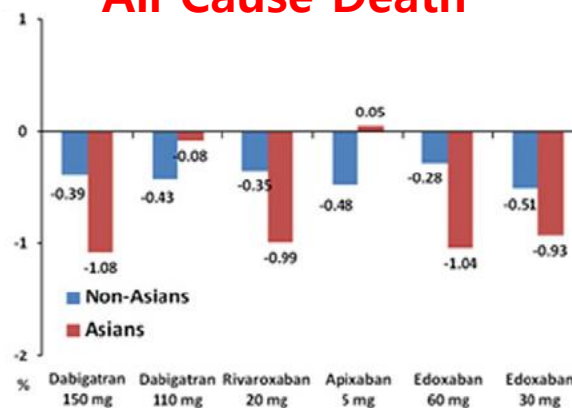
Hemorrhagic Stroke



Myocardial Infarction

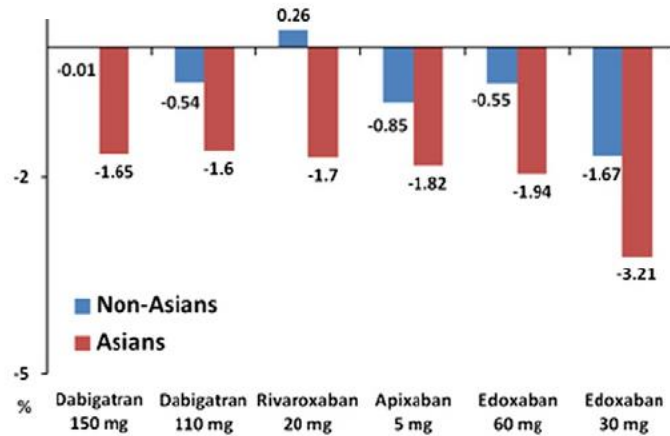


All Cause Death

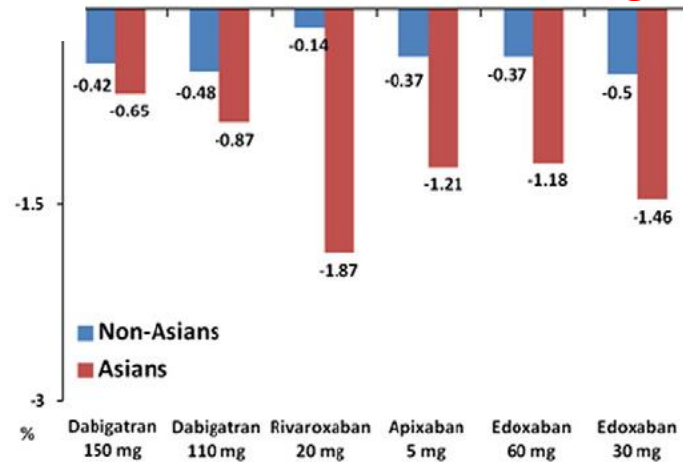


3.3. Absolute Risk Reduction in Safety with NOACs with Warfarin

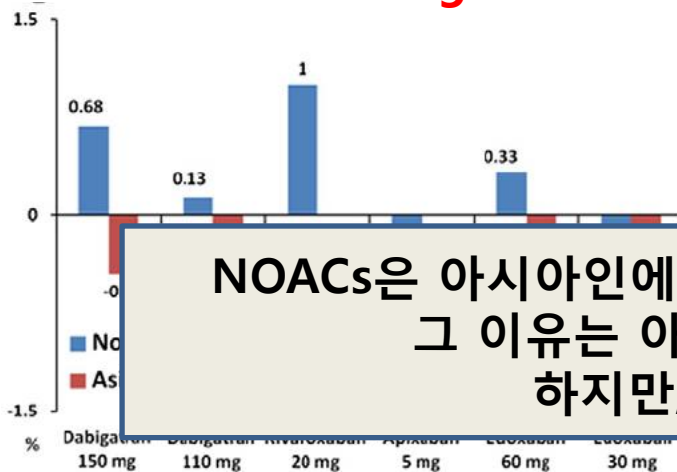
Major Bleeding



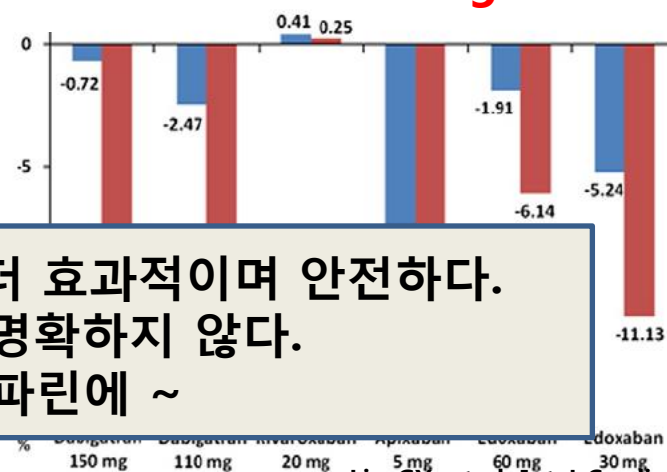
Intracranial Hemorrhage



GI Bleeding



All Bleeding



NOACs은 아시아인에서 더 효과적이며 안전하다.
 그 이유는 아직 명확하지 않다.
 하지만, 와파린에 ~



Summary

- NOACs은 specific target을 갖는 항응고제이다.
- NOACs은 비슷하면서도 각자 조금씩 다른 약리학적 성질을 갖고 있다. 그러므로 이를 잘 이해하여 약물을 선택하여야겠다.

감사합니다.

